CodComm Inc WPXC-WHYA-WFRQ-WKFY Quarterly Issues and Programs List Q4 2019 October 1-December 30, 2019

SECTION 1: QUARTERLY PROBLEMS AND ISSUES

1. Mental Health - Suicide: Thousands of Cape Codders are currently living with a mental illness, yet nearly two thirds of people with a known mental illness never seek treatment. We addressed this subject in Q4 and attempt to increase awareness and seek answers.

2. Affordable HealthCare: Cape Cod is one of the most expensive places in all of America to purchase health insurance. In this quarter, we dive deep into this issue for the very first time!

3. Substance Abuse – Opiate Addiction: Barnstable County leaders have identified opiate abuse as an epidemic across the Cape. A recent County assessment of substance abuse said the same, and also called alcoholism an endemic problem. The issue affects those of all genders, ages, races, and socio-economic status.

4. Poverty & Hunger: Cape Cod may be the home to some of the wealthiest Americans. At the other end of that spectrum, there are many who live day to day, and paycheck to paycheck. There are many organizations who are helping to bridge this gap.

5. Community Infrastructure: As Cape Cod enters the 2020s, various local leaders and developing plans to help the youth have avenues to grow learn and stay out of trouble. We meet one of these local champions this quarter and discuss plans for new locations and buildings to solve these issues!

6. Veterans Affairs: Many Cape Codders in our military and emergency services still face post-traumatic issues from their duties. We meet "Battle Buddies" who are located locally to help these vets in need!

SECTIONS TWO: PROGRAMS CATEGORY / ISSUE – Community Infrastructure DATE OF SHOW – October 6, 2019 LENGTH OF SHOW – 19:54

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Ben Diamantopoulos

SUBJECT MATTER – Inside Cape Cod sits down with Ben Diamantopoulos to discuss the 2019 Boston Bruins Alumni game in support of opening a new athletic center in the Dennis/Yarmouth area. Ben breaks down plans for the center and how it will help benefit the youth in the community by giving them a recreational center to get them out of the house and away from drugs.

CATEGORY / ISSUE – Mental Health / Suicide DATE OF SHOW – October 13 and 20, 2019 LENGTH OF SHOW – 22:42 GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – David O'Leary – Board Chair of the Greater Boston Chapter of the American Foundation for Suicide Prevention.

SUBJECT MATTER – Inside Cape Cod went out in the field to track down David O' Leary from The American Foundation for Suicide Prevention to discuss the stigma behind suicide and what we can do to help prevent more people from taking their own lives. David O' Leary gives the details of the AFSP's Out of the Darkness Walk and how the event will help raise awareness on the subject of suicide. CATEGORY / ISSUE – Affordable Healthcare DATE OF SHOW – October 27, 2019 LENGTH OF SHOW – 22:39

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Christopher Ellis, Public Affairs Director / Community Health Center of Cape Cod

SUBJECT MATTER – In this edition of Inside Cape Cod, we travel to Mashpee to the Community Health Center of Cape Cod to discuss the need for affordable healthcare. Christopher Ellis talks about how the health center has landed in the top 10% of healthcare centers in the country.

CATEGORY / ISSUE – Education / Arts DATE OF SHOW – November 3, 2019 LENGTH OF SHOW – 24:57

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Alex Pendleton, D.Y. Band Director / The Dolphin Run for D.Y.

SUBJECT MATTER – Inside Cape Cod goes to the Dolphin Motorcycle Run to raise funds for local arts in our high schools. We meet with Alex Pendleton to discuss the importance of arts in our schools and why it is a worthy venture to not cut funds to the arts.

CATEGORY / ISSUE – Mental Health DATE OF SHOW – November 10, 2019 LENGTH OF SHOW – 22:51

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Tom Couhig / Baybridge Clubhouse

SUBJECT MATTER – Inside Cape Cod takes a trip down Main St. Hyannis

to revisit our friends over a Baybridge Clubhouse. Tom Couhig talks about his coming to the head of Baybridge and revisits the mission statement of the little corner where people can find a sense of belonging to those with special needs, mental health issues or poverty.

CATEGORY / ISSUE – Community / Special Needs DATE OF SHOW – November 17, 2019 LENGTH OF SHOW – 26:35

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Andrew Totoroph, Kelvin Ing / Cape Cod Challenger Club

SUBJECT MATTER – Inside Cape Cod returns to our home studio as we receive a visit from the Cape Cod Challengers Club. Kelvin gets into the issues the special needs community faces as well as what we can do to assist this underserved population. Andrew talks about how they are producing jobs for people with special needs with their compost program that takes food waste from the community and turns it into fertilizer to be sold.

CATEGORY / ISSUE – Community Issues / Poverty DATE OF SHOW – November 24, 2019 and December 1, 2019 LENGTH OF SHOW – 21:48

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – The Staff of Homeless For The Holidays

SUBJECT MATTER – Inside Cape Cod travels to Buzzards Bay to the Porier household to meet up with the crew behind Homeless for the Holidays. The staff come together to discuss the past, present and future to Homeless as well as the whole reason they do this every year: to give back to the community and help those who are in need this holiday season.

CATEGORY / ISSUE – Community Issues / Poverty DATE OF SHOW – December 8, 2019 LENGTH OF SHOW – 24:57

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION –

Firefighters working the 2019 Homeless For The Holidays Event

SUBJECT MATTER – Inside Cape Cod travels to all of the Homeless for the Holidays locations to meet the firefighters behind the cause. Richard D. Peters interviews a few key characters from Yarmouth, Dennis, Truro and Mashpee Fire about the importance of being involved in the community and giving back to those in need in each town.

CATEGORY / ISSUE – Veterans Affairs DATE OF SHOW – December 15 and 22, 2019 LENGTH OF SHOW – 20:50

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Robynn Elayne Irwin – Battle Buddy with 22Kill.

SUBJECT MATTER – Inside Cape Cod sits down with Robynn Elayne Irwin, a "Battle Buddy" for the veterans and emergency services support organization 22Kill. Robynn sheds some light on the issues and stigma that people in our military and emergency services faces and shares a strong message of advocacy and hope for those who suffer post-traumatic issues from their duties.

CATEGORY / ISSUE – Substance Abuse – Opiate Addiction DATE OF SHOW – December 29, 2019 LENGTH OF SHOW – 24:01 GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION – Anonymous members of Narcotics Anonymous

SUBJECT MATTER – Inside Cape Cod revisits Narcotics Anonymous to address the stigma behind addicts and the disease of drug addiction that they suffer. Anonymous members of NA give their take on the stigma that surrounds drug addiction and what we can do to end these assumptions that are made about people in recovery.