

Coxswain Media LLC
WPXC-WHYA-WFRQ-WKIFY
Quarterly Issues and Programs List
Q1 2023: January 1- March 31, 2023

SECTION 1: QUARTERLY PROBLEMS AND ISSUES

- 1. Economy – Infrastructure:** Plans to replace the antiquated and obsolete Sagamore and Bourne bridges have begun!
- 2. Health - Breast Cancer:** Interviews with The Massachusetts Breast Cancer Coalition that offer programs and information on a solving breast cancer once and for all in Barnstable County.
- 3. Poverty – Hunger:** There is an ongoing need to provide food and services to families across Cape Cod who live paycheck to paycheck, or who are challenged with work limitations. This quarter we'll discuss several campaigns that help feed and provide local families during the most demanding time of the year.
- 4. Health – Suicide/Mental Health/Dependency:** Thousands of Cape Codders are currently living with various mental health challenges. We addressed the overall Mental health of Cape Codders numerous times during this quarter, seeking solutions and answers to improve daily lives.
- 5. The Environment – Health Effects- Drinking Water:** As a coastal community, we frequently address conservation, scientific research, and public safety as we analyze the drinking water delivered to Cape Cod.
- 6. Veterans Affairs-** During these challenging times, members of the armed services have met challenges we address in Q4 of 2022.
- 7. Economy – Housing Affordability:** Summer 2023 is fast approaching, and on Cape Cod this year housing and tourism will be affected by the recent combination of economics, war in Ukraine, and the after affects of Covid.

SECTIONS TWO: PROGRAMS:

CATEGORY / ISSUE: HEALTH - DRINKING WATER (5)

DATE OF SHOW: 1/8/23

LENGTH OF SHOW: 18:45

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION ♦ Dr. Laurel Shraider - Silent Spring Institute

SUBJECT MATTER: Mina Greene interviews Dr. Laurel Shraider of The Silent Spring Institute, as they update the listening audience about the ongoing study in Hyannis where subjects are being solicited to measure PFAS that have been found in the drinking water, and what measures can be taken to remove PFAS from drinking water, preventing the potential risks of health problems including breast cancer.

CATEGORY / ISSUE: HEALTH - CANCER - RADON GAS (2)

DATE OF SHOW: 1/15/23

LENGTH OF SHOW: 15:21

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION:

Stephanie Paventy - SVP Director of Americore and Elder Services of Cape Cod

SUBJECT MATTER: Radon Gas is one of the leading causes of lung cancer among non-smokers. Stephanie Paventy represents an organization that offers testing of Radon Gas in homes on Cape Cod, and offers solutions if this deadly gas is present. The EPA recommends these tests every two years.

CATEGORY / ISSUE: VETERANS AFFAIRS/MENTAL HEALTH (6)

DATE OF SHOW: 1/22/23

LENGTH OF SHOW: 19:53

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Heroes In Transition's Nicole Briggs and Nancy Jones

SUBJECT MATTER: Heroes In Transition began in 2010. The organization assists veterans and military families for transitional support from Active Military deployment back to normal society. This particular segment focused on the stress men feel, a program called "Re-Group".

CATEGORY / ISSUE: ECONOMY, TRAFFIC & INFRASTRUCTURE (1)

DATE OF SHOW: 2/5/22

LENGTH OF SHOW: 18:36

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Matt Pitta, with Cape Cod Chamber Of Commerce director Paul Niedzwiecki
SUBJECT MATTER: The latest information on the replacement of the Sagamore and Bourne bridges!!

CATEGORY / ISSUE: LOCAL ECONOMY (7)

DATE OF SHOW: 2/12/22

LENGTH OF SHOW: 18:11

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Matt Pitta - Davenport Companies and Marty Breummel - President of the Hyannis Area Chamber of Commerce

SUBJECT MATTER: The state of the Chamber is discussed, including highlights of the recent economic forecast summit. Inflation, traffic, cost of living, and the continued effects of the aftermath of Covid are discussed.

CATEGORY / ISSUE: LOCAL ECONOMY - AFFORDABLE HOUSING (7)

DATE OF SHOW: 2/19/22

LENGTH OF SHOW: 19:34

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Dave Hegner, a volunteer for Habitat For Humanity

SUBJECT MATTER: Affordable Housing is one of the most pressing issues facing Barnstable County, and Dave Hegner is a volunteer for Habitat For Humanity, who actually takes part in the process of building houses for this non profit organization. He discusses the process how qualified applicants can find the housing they desperately can't afford.

CATEGORY / ISSUE: HEALTH (4)

DATE OF SHOW: 2/26/22

LENGTH OF SHOW: 19:30

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Kat King of Reliable RN

SUBJECT MATTER: Mina Greene interviews Kat King of Reliable RN, a new company on Cape Cod that looks towards wellness instead of illness. They teach patients that have illnesses such as hypertension how to stay out of hospitals and nursing homes. They don't replace health providers, but help gaining access to the system and methods of maintaining home health. Another mission of Reliable RN is empowering patients to open communication with health care providers to maximize the level of care and increase the patient knowledge of their condition.

CATEGORY / Environment – WASTEWATER (5)

DATE OF SHOW: 3/5/23

LENGTH OF SHOW: 30:49

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Matt Pitta, with Cape Cod Chamber Of Commerce director Paul Niedzwiecki & Andrew Gottlieb from the Association for the Preservation of Cape Cod

SUBJECT MATTER: The issue of how Cape Cod will address increasing wastewater and nitrogen loading concerns continues to grow, with many towns in different stages of planning and implementation. Adding a new wrinkle to the debate is a draft regulation being floated by the Massachusetts Department of Environmental Protection that could put homeowners across Cape Cod on the hook for costly upgrades to their existing Title 5 systems through so-called Innovative/Alternative Septic Systems. On this edition of the Policy Pod, we take a deep dive into the issue with a discussion on how it may be possible to avoid the implementation of new regulations as towns work on their wastewater management plans. Andrew Gottlieb from the Association for the Preservation of Cape Cod is the guest with co-hosts Matt Pitta and Paul Niedzwiecki.

CATEGORY / ISSUE: HEALTH - DRINKING WATER (5)

DATE OF SHOW: 3/12/23

LENGTH OF SHOW: 18:30

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Dr. Laurel Shraider - Silent Spring Institute

SUBJECT MATTER: Mina Greene interviews Dr. Laurel Shraider of The Silent Spring Institute, as they update the listening audience about an event going on March 25 at The Sturgis Community Space in Hyannis featuring local panelists that includes politicians and experts, to educate Cape Codders about the ongoing research and developments to remove PFAS from drinking water. In recent years, a class of toxic chemicals called PFAS have been detected in drinking water supplies across Barnstable County. Epidemiological studies have reported negative effects on children's immune systems from exposure to PFAS, and suggest that current drinking water guidelines may not be adequately protective. To address concerns about health effects from PFAS in drinking water and to develop tools and materials to support impacted communities, PFAS-REACH was launched (Research, Education, and Action for Community Health)--a five-year project funded by the National Institute of Environmental Health Sciences. The project is being led by Silent Spring in collaboration with Northeastern

University and Michigan State University. The main community partner organizations are Testing for Pease, Massachusetts Breast Cancer Coalition, and Community Action Works. The foam used by the Barnstable Fire Department has been found to contain PFAS.

CATEGORY / ISSUE: ECONOMY & HEALTH - HUNGER & NUTRITION (3)

DATE OF SHOW: 3/19/23

LENGTH OF SHOW: 18:30

GUESTS ON THE SHOW  **NAMES / TITLES / ORGANIZATION:** Lou Eppers from Meals on Wheels

SUBJECT MATTER: Mina Greene interviews Lou Eppers who represents the 12 local Meals on Wheels branches in Barnstable County. He discusses "March on Wheels" which is a nationwide celebration of the Meals on Wheels program. Meals on wheels is much more than a food delivery program but a well being check for seniors, as well as being a social program, as some recipients only communication is with a Meals on Wheels representative. "March on Wheels" takes place the week of March 20 and will be represented by local politicians during the week long celebration of events and fundraising activities.

Approximately 327,000 meals were served for over 900 seniors over the past year!!

CATEGORY / ISSUE - HEALTH – CANCER (2)

DATE OF SHOW: 3/26/23

LENGTH OF SHOW: 19:02

GUESTS ON THE SHOW: NAMES / TITLES / ORGANIZATION: Abigail Field of Cape Wellness Collaborative

SUBJECT MATTER: The Second Chance prom is happening at the Pelham House in Dennis on March 31 to raise funds and awareness for Cape Wellness Collaborative. Abby joins Mina to discuss the event and talk about the services available on Cape Cod provided by Cape Wellness Collaborative. The Cape Wellness Collaborative provides integrated medicine including rake and message that help treat the side effects of traditional cancer treatments.