Prepared by: M.Scheidly Date: 12/19/22			ISSU		ROGRAMS FILE ter 4, 2022	WALC - 100.5 Charleston, SC WCFJ - 92.1 Irmo, SC WGFJ - 94.1 Cross Hill, SC WLFA - 91.3 Asheville, NC WLFH - 88.9 Claxton, GA WLFJ-FM - 89.3 Greenville, SC WLFS - 91.9 Port Wentworth, GA WMBJ - 88.3 Murrells Inlet, SC WPFJ - 1480 Franklin, NC WRAF - 90.9 Toccoa Falls, GA WZLC - 88.9 Summerville, SC
Issue Category	Date Range		Day Part	Time	Topic/Focus Group	Program Content
Health/Nutrition/Fitness	10/3/2022	10/3/2022	Mid-days with Joe Polek	30 secs.	Volunteering and health.	Shared that if you volunteer with good motivates, then you could increase your life expectancy.
Economy	10/3/2022	10/3/2022	Lunch with Brian	60 secs.	Hefty adds share new trash bag line.	Talked about Hefty adding new trash bags for the fall in a Pumpkin Spice scent.
Health/Nutrition/Fitness	10/4/2022	10/4/2022	Mid-days with Joe Polek	30 secs.	Being generous.	Shared that if you are generous and "give joyfully" it will produce oxytocin which encourages compassion and happiness.
Media	10/4/2022	10/4/2022	Lunch with Brian	60 secs.	Oldest living dog dies.	Talked about a SC toy fox terrier that died just 5 months shy of her 23rd birthday.
Health/Nutrition/Fitness	10/6/2022	10/6/2022	Mid-days with Joe Polek	30 secs.	Posture matters.	Shared how your posture affects how fast the contents of medicine will absorb into your body.
Economy	10/7/2022	10/7/2022	Lunch with Brian	60 secs.	Tupperware at Target.	Talked about Tupperware reinventing their busienss model and now selling items at Target stores and online.
Family Values/Parenting/Children	10/10/2022	10/10/2022	Mid-days with Joe Polek	30 secs.	Attending church matters.	Shared how a study found that people who attend church services regularly are less likely to be depressed.
Family Values/Parenting/Children	10/10/2022	10/10/2022	Mid-days with Joe Polek	30 secs.	Forgiveness is important	Shared how forgiving people and teaching your children how to forgive others is important.
Senior Citizens	10/11/2022	10/11/2022	Lunch with Brian	60 secs.	Senior donating hand made hats.	Talked about an 82 year old woman who crocheted and donated 170 hats to the SC School for the Deaf and Blind.
Health/Nutrition/Fitness	10/12/2022	10/12/2022	Mid-days with Joe Polek	30 secs.	Music is Medicine	Shared how scientists have evidence that music makes you smarter, and increases your happinses.
Media	10/12/2022	10/12/2022	Harilyn in the Afternoon	60 sec	Popular icon dies.	Shared the story about Angela Lansbury, Legendary Star of 'Murder, She Wrote,' 'Beauty and the Beast'. She died at 96.
Family Values/Parenting/Children	10/19/2022	10/19/2022	Lunch with Brian	60 secs.	Carowinds extending hours.	Talked about Carowinds expanding to year round operations beginning in 2023.
Environment	10/21/2022	10/21/2022	Harilyn in the Afternoon	60 sec	The benefits of leaves.	Talked about how fallen leaves can actually benefit lawns and even wildlife.
Media	10/21/2022	10/21/2022	Lunch with Brian	60 secs.	College students name best tailgate foods.	Talked about a recent AOL study that asked college students to name the best foods for tailgating at football games.

Consumer	10/21/2022	10/21/2022	Lunch with Brian	60 secs.	Price of stamps going up.	Taled about the USPS raising the rates for the Forever Stamp in January to 63 cents.
Consumer	10/26/2022	10/26/2022	Lunch with Brian	60 secs.	Hearing aids available over the counter.	Talked about hearing aids being able to be purchased for adults OTC withour a prescription.
Welfare/Safety	10/26/2022	10/26/2022	Lunch with Brian	60 secs.	Western NC mail carrier possibly saves a life.	Talked about a WNC mail carrier who noticed a man's mail not picked up for several days and how he called and requested a welfare check that may have saved the man's life.
Education	10/27/2022	10/27/2022	Harilyn in the Afternoon	60 sec	Facts about goldfish.	Talked about how goldfish not only have good memories, but are even among the smarter fish in the ocean.
Family Values/Parenting/Children	10/27/2022	10/27/2022	Harilyn in the Afternoon	60 sec	Punishments in parenting.	Talked about how sometimes parents/grandparents have to think outside the box when it comes to punishing our kids.
Environment	10/27/2022	10/27/2022	Mid-days with Joe Polek	30 secs.	Leave the leaves.	Shared how National Wildlife Federation is encouraging people to leave the leaves where they fall.
Economy	10/28/2022	10/28/2022	Harilyn in the Afternoon	60 sec	Billionaire in economy.	Twitter has officially been purchased by Elon Musk. It was a \$44 billion deal on Thursday night, after traveling to the company's San Francisco headquarters.
Education	10/28/2022	10/28/2022	Harilyn in the Afternoon	60 sec	School field trip to an amusement park.	Asked the question, "how is a field trip to an amusment park educational"?
Family Values/Parenting/Children	10/28/2022	10/28/2022	Harilyn in the Afternoon	60 sec	Eating habits of kids.	Explained some crazy eating habits that kids/children have.
Crime & Drugs	10/28/2022	10/28/2022	Mid-days with Joe Polek	30 secs.	National Drug Take Back Day	Shared about Saturday being National Drug Take Back Day and how they can get involved.
Consumer	10/31/2022	10/31/2022	Lunch with Brian	60 secs.	How our favorite candy was named.	Talked about how some of our favorite candy bars where named and the stories behind the names.
Education	11/1/2022	11/1/2022	Lunch with Brian	60 secs.	84 year old overdue library book.	Talked about a man returning a library book his grandfather checked out 84 years ago. He paid the accumulated late fee used in 1938, \$21.14.
Government	11/2/2022	11/2/2022	Mid-days with Joe Polek	30 secs.	Election updates.	Shared about the Election and shared a resource to help pople find a voter's guide.
Government	11/3/2022	11/3/2022	Mid-days with Joe Polek	30 secs.	Election updates.	Shared about the Election and shared a resource to help pople find a voter's guide.
Family Values/Parenting/Children	11/3/2022	11/3/2022	Lunch with Brian	60 secs.	8 year old successfully climbs El Capitan in Yosemite.	Talked about 8 year old Sam Baker climbing the 3,000 foot El Cap in Yosemite becoming the youngest to ever do it. He climbed it with his dad.
Economy	11/3/2022	11/3/2022	Lunch with Brian	60 secs.	Cost of turkeys going up.	Talked about how the cost of a turkey is going up 50% this Thanksgiving and how the entire meal will cost on average \$15 more than last year.
Environment	11/3/2022	11/3/2022	Lunch with Brian	60 secs.	The US Capitol Tree is from Western NC.	Talked about the US Capitol Christmas Tree being harvested locally from Pisgah Nationl Forest in WNC and it's trip to Washington DC.
Family Values/Parenting/Children	11/3/2022	11/3/2022	Rob and Lizz in the morning	90 secs.	Sick children.	Talked about how RSV is sending more kids to the hospital.
Health/Nutrition/Fitness	11/7/2022	11/7/2022	Rob and Lizz in the morning	90 secs.	Daylight Savings problems.	Shared stories about how daylight savings could be bad for our health.

Health/Nutrition/Fitness	11/9/2022	11/9/2022	Rob and Lizz in the morning	90 secs.	Don't lick frogs.	Told the story about the government said to stop licking frogs.
Disaster Relief	11/9/2022	11/9/2022	Rob and Lizz in the morning	90 secs.	Affects of a tropical storm.	Talked about tropical storm Nicole.
Consumer	11/10/2022	11/10/2022	Harilyn in the Afternoon	60 sec	Where are you getting your news from?	Asked the question, "do you get your news from social media"?
Education	11/10/2022	11/10/2022	Harilyn in the Afternoon	60 sec	Research about aging.	Shared the story about how researchers from Columbia University in New York published a study that brains age more rapidly in parents of sons
Consumer	11/10/2022	11/10/2022	Lunch with Brian	60 secs.	Thanksgiving timeline.	Talked about the Tahnksgiving timeline and the process to get prepared for the big day. From getting your items to thawing out the turkey.
Economy	11/10/2022	11/10/2022	Rob and Lizz in the morning	90 secs.	Airline strike.	Shared stories about an airline strike that is looming.
Economy	11/10/2022	11/10/2022	Rob and Lizz in the morning	90 secs.	Recall of Tesla cars.	Explained that Tesla is recalling 40k cars.
Health/Nutrition/Fitness	11/10/2022	11/10/2022	Rob and Lizz in the morning	90 secs.	Sleep deprivation.	Talked about getting enough sleep is difficult for 1 in 3.
Family Values/Parenting/Children	11/10/2022	11/10/2022	Rob and Lizz in the morning	90 secs.	Aging quicker.	Shared a story about how having sons could make you age faster.
Senior Citizens	11/10/2022	11/10/2022	Rob and Lizz in the morning	90 secs.	Dementia facitiliy.	Talked about a town that was built for those with dementia.
Disaster Relief	11/11/2022	11/11/2022	Mid-days with Joe Polek	30 secs.	Hurricane Nicole	Shared about Hurricane Nicole and ways to help those affected.
Finances	11/12/2022	11/12/2022	Lunch with Brian	60 secs.	Aldi Thanksgiving Price Rewind.	Talked about the grocery chain Aldi discounting Thanksgiving grocery staples to match pre-inflation prices of 2019.
Disaster Relief	11/13/2022	11/13/2022	Mid-days with Joe Polek	30 secs.	Hurricane Nicole	Shared about Hurricane Nicole and ways to help those affected.
Health/Nutrition/Fitness	11/14/2022	11/14/2022	Mid-days with Joe Polek	30 secs.	Having a bad day?	Shared how to help fix your mindset when having a bad day.
Family Values/Parenting/Children	11/16/2022	11/16/2022	Lunch with Brian	60 secs.	Friendsgiving over Thanksgiving.	Talked about how 18-38 year olds prefer a Friendsgiving gathering over a traditional Thanksgiving with their family.
Crime & Drugs	11/16/2022	11/16/2022	Rob and Lizz in the morning	90 secs.	Crime at UVA.	Shared story about the University of VA murders.
Health/Nutrition/Fitness	11/16/2022	11/16/2022	Rob and Lizz in the morning	90 secs.	Healthy snacks.	Shared snacks that will boost brain function.
Media	11/17/2022	11/17/2022	Rob and Lizz in the morning	90 secs.	Animal welfare.	Told story about how shelters are beyond capacity.
Senior Citizens	11/18/2022	11/18/2022	Rob and Lizz in the morning	90 secs.	Geriatric health.	Geriatrics are staying younger with physical activity.
Welfare/Safety	11/22/2022	11/22/2022	Rob and Lizz in the morning	90 secs.	Child safety.	Shared tips that kids will need to know when traveling alone.

Health/Nutrition/Fitness	11/23/2022	11/23/2022	Harilyn in the Afternoon	60 sec	Hearing loss in young people.	Discussed how a new study shows that more than 1 billion young people could be at risk of hearing loss.
Family Values/Parenting/Children	11/24/2022	11/24/2022	Lunch with Brian	60 secs.	Toys R Us Hottest Christmas toys.	Talked about Geoffrey's Hot Toy List and some of the toys making this year's Toys R Us list.
Consumer	11/25/2022	11/25/2022	Harilyn in the Afternoon	60 sec	Sweater with a scent.	Talked about the "Scented Swiss Miss ugly Christmas sweater". It will make you the ultimate holiday party guest.
Health/Nutrition/Fitness	12/2/2022	12/2/2022	Mid-days with Joe Polek	30 secs.	Red is stressful.	Shared how red is a stressful color and during this season of red and green, it can cause anxiety.
Media	12/10/2022	12/10/2022	Lunch with Brian	60 secs.	German family Christmas trees.	Talked about a German family who set a World Record last year by having 44 fully decorated Christmas trees in their flat.
Health/Nutrition/Fitness	12/10/2022	12/10/2022	Lunch with Brian	60 secs.	Spam has a version Figgy Pudding.	Talked about Spam unveiling their take on the English Christmas classic Figgy Pudding made popular in the song "We Wish You A Merry Christmas".
Health/Nutrition/Fitness	12/12/2022	12/12/2022	Lunch with Brian	60 secs.	Top of American Adults Christmas Wish List.	Talked about a survey of 2,000 Americans and what they wanted most this Christmas. Two-thirds surveyed said a decent night's sleep.
Senior Citizens	12/12/2022	12/12/2022	Lunch with Brian	60 secs.	Ms Lorene's birthday wish.	Talked about Ms Lorene turning 105 and wanting that many cards for her birthday. Instead she got a big party and over 1200 birthday cards.
Consumer	12/12/2022	12/12/2022	Rob and Lizz in the morning	90 secs.	Animal welfare.	Gave tips on pets at airports. Don't send pets through security/ xray.
Family Values/Parenting/Children	12/13/2022	12/13/2022	Mid-days with Joe Polek	30 secs.	Wrap with tissue paper.	Shared how wrapping child presents in tissue paper is better than wrapping paper.
Media	12/13/2022	12/13/2022	Rob and Lizz in the morning	90 secs.	Chrisitan television show.	The Chosen series is to be translated into 600 languages.
Consumer	12/13/2022	12/13/2022	Rob and Lizz in the morning	90 secs.	Shopping online tip.	Shared a way to save money while online by using incognito mode.
Health/Nutrition/Fitness	12/14/2022	12/14/2022	Mid-days with Joe Polek	30 secs.	Christmas music is good for you.	Shared how Christmas music has positive effects on your body and mind.
Media	12/14/2022	12/14/2022	Lunch with Brian	60 secs.	Most Googled words of 2022.	Talked about the most searched words on Google this year. The list included Queen Elizabeth and Betty White but Wordle topped the list.
Consumer	12/14/2022	12/14/2022	Rob and Lizz in the morning	90 secs.	Saving money.	Told a story of a woman who made 50k and also saved 30k over 3 years.
Family Values/Parenting/Children	12/15/2022	12/15/2022	Lunch with Brian	60 secs.	her daughter.	Talked about a mom who allows her 5 year old to pick a stranger and put a smile on their face with a random act of kindness. It's a tradition she began with her own mom when she was a girl.
Health/Nutrition/Fitness	12/15/2022	12/15/2022	Lunch with Brian	60 secs.	Christmas in a can.	Talked about a new UK soup from Heinz that includes everything you would expect from an English Christmas meal. The soup was so popular it sold out last year.
Economy	12/15/2022	12/15/2022	Rob and Lizz in the morning	90 secs.	Lower gas prices.	Talked about gas prices going down before Christmas.

Media	12/17/2022	12/17/2022	Lunch with Brian	60 secs.	Top Christmas movies.	Talked about a collection from Wishlisted of the most watched Christmas
						movies. The 1989 film "Christmas Vacation" topped the list followed by "It's a
						Wonderful Life".