2019 FOURTH QUARTERLY REPORT KHTP 103.7 HD CH-2 SEATTLE, WASHINGTON

QUARTERLY ISSUES/PROGRAMMING REPORT FOR THE FOURTH QUARTER, OCTOBER 1 – DECEMBER 31, 2019:

KHTP 103.7 HD CH-2 PUBLIC AFFAIRS PROGRAMMING:

"CONVERSATIONS" is a 30 minute interview show airing on Sundays between 6:00 – 7:00am. It's hosted and produced by Entercom's Public Affairs hosts Deanna Lee and Greg Shishman, which focuses on a wide variety of issues that affect people in the greater Puget Sound area. Their guests include individuals from business, medicine, government, environmental and education groups. Two 'Conversations' shows air back-to-back for a total of 60 minutes. Contact: Alek Halverson, 206-577-8600.

KHTP 103.7 HD CH-2 PUBLIC AFFAIRS PROGRAMMING ALPHABETICALLY SORTED

BY ISSUE AS DETERMINED THROUGH INTERVIEWS DONE WITH

INDIVIDUALS AND LOCAL RESIDENTS ON A QUARTERLY BASIS.

ASCERTAINED COMMUNITY ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY

- 2. COMMUNITY ACTIVITIES/FAMILIES/YOUTH
- 3. CRIME/DRUG ABUSE/VIOLENCE
- 4. EDUCATION/CULTURE/COMMUNICATION
- 5. ENVIRONMENT/TRANSPORTATION
- 6. GOVERNMENT/TERRORISM
- 7. HEALTH
- 8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY

DESCRIPTION OF ASCERTAINED ISSUES:

1. BUSINESS/ECONOMY/LABOR/TECHNOLOGY – INCLUDING ISSUES AFFECTING THE ECONOMIC CONDITION OF THE PUGET SOUND REGION, THE OUTLOOK FOR EMPLOYMENT AND IT'S RAMIFICATIONS, INFLATION, JOB TRAINING, LABOR RELATIONS, FOREIGN TRADE, THE INTERNET AND INTERNET ISSUES, TECHNOLOGY, CONSUMER ISSUES AND ISSUES AFFECTING ENTREPRENEURS.

2. COMMUNITY ACTIVITIES/ FAMILIES/ YOUTH – INCLUDING ISSUES REGARDING NEIGHBORHOODS, FAMILIES, YOUNG PEOPLE, COMMUNITY ORGANIZING, NEIGHBORHOOD ASSOCIATIONS, PARENTING SKILLS, CHILD SUPPORT, MARRIAGE, DIVORCE, ABUSE, NEGLECT, CHILD SUPPORT, AND OTHER ISSUES.

3. CRIME/DRUG ABUSE/VIOLENCE – INCLUDING POLICE/COMMUNITY RELATIONS, GANG ACTIVITIES, GUN CONTROL, LAW ENFORCEMENT, THE CRIMINAL JUSTICE SYSTEM, THE CORRECTIONAL SYSTEM, REHABILITATION, DRUNK DRIVING, RECOVERY, ILLEGAL DRUGS, SUBSTANCE ABUSE REHABILITATION, FIRE FIGHTING, AND OTHER ISSUES INVOVLING VIOLENCE.

4. EDUCATION/ARTS/CULTURE– INCLUDING CHILDHOOD EDUCATION, PUBLIC EDUCATION, REFORM EFFORTS, SCHOOL BUSING, SCHOOL VIOLENCE, HIGHER EDUCATION, THE ADULT ROLE IN CHILDREN'S EDUCATION, ADULT EDUCATION, THE IMPORTANCE OF CREATIVE ENDEAVORS INCLUDING THE ARTS, LITERATURE, POETRY, AND COMPUTER, INTERNET, AND RELATED ISSUES SUCH AS ACCESS, LIABILITY AND CENSORSHIP ISSUES, AND CULTURAL ISSUES.

5. ENVIRONMENT/TRANSPORTATION – INCLUDING AIR AND WATER POLLUTION, FOREST ISSUES, SOLID WASTE DISPOSAL, RECYCLING, ALTERNATIVE ENERGY, ENDANGERED AND THREATENED SPECIES, ANIMAL RIGHTS, CONSERVATION, SCIENCE AND SCIENCE ISSUES, TRANSPORTATION, FOOD SYSTEM SUSTAINABILITY ISSUES, WEATHER PHENOMENON AND NATURAL DISASTERS.

6. GOVERNMENT/TERRORISM – INCLUDING GOVERNMENT SPENDING, GOVERNMENT SERVICES, GOVERNMENT ABUSES, TERRORISM AGAINST THE GOVERNMENT/OR COUNTRY, ANTI-TERRORISM MEASURES, PEOPLES' REACTIONS TO TERRORISM, TAXES, ELECTIONS, CAMPAIGN FINANCE REFORM AND OTHER REFORM EFFORTS, THIRD PARTY ACTIVITIES, AND GENERAL POLITICAL DEBATE.

7. HEALTH (WELLNESS) – INCLUDING NUTRITION, PHYSICAL FITNESS, MENTAL HEALTH, PREVENTIVE HEALTH CARE, GOVERNMENT HEALTH CARE POLICY, NATIONAL AND LOCAL REFORM EFFORTS AND ALTERNATIVE MEDICAL PRACTICES, AND TOTAL WELLNESS AMONG OTHER ISSUES.

8. AGING/GENDER-SPECIFIC/MINORITIES/POVERTY ISSUES – INCLUDING DISCRIMINATION AND OTHER PROBLEMS SPECIFIC TO RACIAL OR ETHNIC MINORITIES, IMMIGRATION ISSUES, PEOPLE WHO ARE DISABLED, WOMEN, MEN, SENIOR CITIZENS, GAYS AND LESBIANS, RELIGIOUS GROUPS, COVERAGE OF ISSUES REGARDING SPIRITUALITY, AND ISSUES AFFECTING PEOPLE WHO ARE HOMELESS, AND PEOPLE WHO GO WITHOUT REGULAR MEALS LOCALLY AND GLOBALLY.

KNDD 107.7 HD CH-2 PUBLIC AFFAIRS PROGRAMMING SORTED BY PROGRAM IN ALPHABETICAL ORDER FOR: OCTOBER 1 – DECEMBER 31, 2019:

CONVERSATIONS:

Program: 'Conversations' Part: 1 Guest: Jay Young Contact: Dave Purdy 727-443-7115 (209) Link: kingoperating.com Air Date: 9-22-19 Time Aired: Category: Public Awareness Description: The upside of oil and gas investing and how attacks on Saudi Arabia affect Seattle gas prices. Compliancy issues covered: GOVERNMENT/TERRORISM

Program: 'Conversations' Part: 2 Guest: Dr. Steven Mintz Contact: Dave Purdy 727-443-7115 (209) Link: stevenmintzethics.com Air Date: 9-22-19 Time Aired: Category: Public Awareness Description: Bringing workplace ethics back into focus and transforming your life through ethical behavior. Compliancy issues covered: EDUCATION/ARTS/CULTURE

Program: 'Conversations' Part: 1 Guest: Timeri Tolnay – Ed Curation Contact: Timeri Tolnay – EdCuration 303-916-2392 Link: <u>timeri@edcuration.com</u> Air Date: 9-29-19 Time Aired: Category: Public help Description: Edcuration helps offer authentic learning opportunities for kids improving teaching and learning in the US. Compliancy issues covered: Education/Arts/Communication/Culture

Program: 'Conversations' Part: 2 Guest: Andres Pira – Homeless to Billionaire Contact: Dave Purdy 727-443-7115 (209) Link: andrespira.com Air Date: 9-29-19 Time Aired: Category: Self-Help Description: A homeless man who gave up on life somehow turns things around and becomes a successful businessman, obtaining both wealth and happiness. But for **Andres Pira**, the rags-toriches fairytale wasn't just a Hollywood melodrama – it was real life. Andres, the author of *"Homeless to Billionaire: The 18 Principles of Wealth Attraction and Creating Unlimited Opportunity"*, once said, "When I was a teenager, I didn't have the confidence that I could amount to anything that my parents would be proud of, so I lived my life without specific goals." Compliancy issues covered: Crime, Government, Youth, Culture

Program 'Conversations' Part: 1 Guest: Shawn Burcham Contact: Dave Purdy 727-443-7115 (209) Link: shawnburcham.com Air Date: 10-6-19 Time Aired: Category: Business help Description: **Shawn Burcham** (www.shawnburcham.com), founder and CEO of PFSbrands and author of *Keeping Score with GRITT: Straight Talk Strategies for Success*, can discuss for your listeners how small steps can make a monumental difference in business success. Compliancy issues covered: Spirituality/Culture

Program: 'Conversations' Part: 2 Guest: Dr. Dennis Schimpf Contact: Dave Purdy 727-443-7115 (209) Link: sweetgrassplasticsurgery.com Air Date: 10-6-19 Time Aired: Category: Self- improvement Description: **Dr. Dennis Schimpf** (www.sweetgrassplasticsurgery.com), founder of Sweetgrass Plastic Surgery and author of *Finding Beauty: Think, See and Feel Beautiful*, can discuss for your listeners the cosmetic procedures that some celebrities have undergone and factors the listeners should consider if they want to do the same. Compliancy issues covered: Community/Family/Health

Program: 'Conversations' Part: 1 Guest: John Taylor Contact: Dave Purdy 727-443-7115 (209) Air Date: 10-13-19 Time Aired: Link: nwcnaturals.com Category: Health

Description: **John Taylor**, the founder and CEO of NWC Naturals Inc., can discuss for your listeners how more pet owners are turning to CBD oil to support optimal health throughout all life stages of their furry friends.

Compliancy issues covered: Gender-Specific, Arts/Culture, Technology

Program: 'Conversations' Part: 2 Guest: Joseph Belmonte Contact: Dave Purdy 727-443-7115 (209) Link: buffetandbeyond.com Air Date: 10-13-19 Time Aired: Category: Finance Description: Dr. Joseph Belmonte, author of *Buffett and Beyond: Uncovering the Secret Ratio for Superior Stock Selection* (www.buffettandbeyond.com), is an investment strategist and stock market consultant. He is fond of saying, "If you want to live on the beach like Jimmy Buffett, you've got to learn how to invest like Warren Buffett." Compliancy issues covered: Education, Health/Wellness

Program: 'Conversations' Part: 1

Guest: David Yeskel Contact: Dave Purdy 727-443-7115 (209) Link: thevegas.guru Air Date: 10-20-19 Time Aired: Category: Travel

Description: **David Yeskel**, a long-time travel journalist, can discuss for your listeners how they can find luxury without paying exorbitant prices for their next vacation – if they know where and how to look for the best values. "If people think that a cruise or travel destination is out of their price range, they should dig deeper to look at some of the options before ruling it out completely," says Yeskel (<u>www.thevegas.guru</u>), known as The Vegas Guru® and The Cruise Guru because of his travel industry experience and expertise. "For example, timing is important, but other significant factors – that aren't always obvious – also come into play. Knowing these tips and tricks can be invaluable in saving money on your next vacation." Compliancy issues covered: Community/Families

Program: 'Conversations' Part: 2 Guest: Elaine Eisenman Contact: Dave Purdy 727-443-7115 (209) Link: bouncefrombetrayal.com Air Date: 10-20-19 Time Aired: Category: Self-help Description: **Elaine Eisenman,** co-author with Susan Stautberg of *Betrayed: A Survivor's Guide* to Lying, Cheating, & Double-Dealing (www.bouncefrombetrayal.com), can discuss for your listeners how to get their lives back on track after a trusted person has betrayed them. "While you can't erase a betrayal from your life, it's important to recognize it and learn from it," Eisenman says. "Personal growth is one benefit you can gain out of the chaos." Compliancy issues covered: Community/Families

Program: 'Conversations' Part: 1 Guest: Dr. Arianna Shoules- Douglas Contact: Dave Purdy 727-443-7115 (209) Link: drarianna.com Air Date: 10-27-19 Time Aired: Category: Women's health

Description: **Dr. Arianna Sholes-Douglas** (<u>https://drarianna.com</u>), author of *The Menopause Myth: What Your Mother, Doctor, And Friends Haven't Told You About Life After 35*, can discuss for your listeners why women need not fear the change of life and can explain new therapies that may enhance their quality of life. Sholes-Douglas thinks menopause and its heavy impact, physically and mentally, is a topic largely neglected by most of the medical community. Compliancy issues covered: Business/Economy/Labor, Aging

Program: 'Conversations' Part: 2 Guest: Timeri Tolnay – Ed Curation Contact: Timeri Tolnay – EdCuration 303-916-2392 Link: <u>timeri@edcuration.com</u> Air Date: 10-27-19 Time Aired: Category: Public help Description: Edcuration helps offer authentic learning opportunities for kids improving teaching and learning in the US. Compliancy issues covered: Health/Wellness, Culture

Program: 'Conversations' Part: 1 Guest: Laura Prisc Contact: Dave Purdy 727-443-7115 (209) Link: consciouosleadershippartners.como Air Date: 11-3-19 Time Aired: Category: Business Description: **Laura Prisc**, a leadership coach for global companies and author of *Conscious Leadership: Are Your Leaders Wide Awake?*, can discuss for your listeners why many employees are unmotivated and what company leaders can do about it to save their companies Compliancy issues covered: Health/Wellness Program: 'Conversations' Part: 2 Guest: Bob Fisch Contact: Dave Purdy 727-443-7115 (209) Link:millinealbabyboomer.com Air Date: 11-10-19 Time Aired: Category: Business Description: **Bob Fisch**, former rue21 CEO and featured ForbesBooks author of *Fisch Tales: The Making of a Millennial Baby Boomer* (www.millennialbabyboomer.com), can discuss for your listeners the importance of "tribal knowledge" in their businesses and how mutual mentoring between millennials and baby boomers can improve everyone's work. Compliancy issues covered: Business/Education

Program: 'Conversations' Part: 1 Guest: Meredith Jordan Contact: Dave Purdy 727-443-7115 (209) Link: belowthelinebook.com Air Date: 11-10-19 Time Aired: Category: Public interest Description: Meredith Jordan (http://www.belowthelinebook.com) is the author of Below The Line: Anatomy of a Successful Movie. Jordan, who had the rare experience of being an embedded journalist for an entire Hollywood feature, chronicled the behind-the-scenes happenings in the making of Last Vegas. An award-winning reporter, Jordan worked for East Coast news organizations for 25 years, including Dow Jones & Co., Cox Communications and National Geographic. Compliancy issues covered: Business/Labor, Community Activities, Education/Arts, Government

Program: 'Conversations' Part: 2 Guest: Greg Kozera Contact: Dave Purdy 727-443-7115 (209) Link: GregKozera.com Air Date: 11-24-19 Time Aired: Category: Public Interest/ Fracking

Description: **Greg Kozera**, director of marketing for Shale Crescent USA a professional engineer and author of *Just the Fracks Ma'am*, can discuss for your listeners how the large natural gas supply unearthed in the U.S. has led to big savings for consumers. A recent <u>report</u> showed over \$1 trillion in energy savings nationwide during the past decade due to the increased domestic production of natural gas.

Compliancy issues covered: Technology, Spirituality, Education/Communication

Program: 'Conversations' Part: 1 Guest: Stephen Hyduchak Contact: Dave Purdy 727-443-7115 9) Link: goaver.com Air Date: 11-24-19 Time Aired: Category: Public Interest Description: **Stephen Hyduchak**, CEO of Aver, an identity-verification service, can discuss for your listeners how synthetic identity fraud has become the fastest-growing financial crime, with thieves using bits and pieces of different people's identities to pull off their crimes "One example of how it works is when a thief will take your Social Security number and blend it with someone else's address and a fake name to create a fictitious identity," Hyduchak says. Compliancy issues covered: Violence/Community

Program: 'Conversations' Part: 2 Guest: Dr. Catherine Sanderson Contact: Dave Purdy 727-443-7115 9) Link: <u>The Positive Shift purchase link</u> Air Date: 12-1-19 Time Aired: Category: Self-help Description: Mastering the mindset to improve happiness, health, and longevity through positive thinking. Compliancy issues covered: Community/Health/Wellness

Program: 'Conversations' Part: 1 Guest: Hu Dalconzo Contact: Dave Purdy 727-443-7115 (209) 888-452-0878 Ext. 110 Link: holisticlearningcenter.com Air Date: 12-1-19 Time Aired: Category: Self-Help Description: Hu Dalconzo, author of 2 of Helistia Learning Conters Inc. who

Description: Hu Dalconzo, author of *The Awakening: A Transformational Love Story*, is founder of Holistic Learning Centers Inc., which is the oldest Spiritual Life Coaching Certification school in North America. He has written 14 "How To" professional coaching textbooks based on what he learned while facilitating over 20,000 coaching sessions since 1993. Through researching the work of psycho-spiritual self-help authors, gurus, leaders and saints, he developed an educational learning system for spiritual-life coaches called the HuMethod.TM Category: Education/Arts/Communication/Culture, Business, Youth, Government Compliancy issues covered: Community/Families Program: 'Conversations' Part: 2 Guest: Hillary Allen Up to Us Contact: Justin Goldstein 212-879-2871 Link: ItsUpToUs.org Air Date: 12-8-19 Time Aired: Description: Hilary Allen Hilary's involvement in Up to Us began as a Team Leader representing the University of Illinois-Urbana Champaign, after which she began working as an intern at Net Impact, and subsequently the Community Manager of the national campaign. Hilary leads the weekly training sessions for the campaign leaders and supports 125 teams with their campaign strategy and execution over the course of the year. Hilary holds a bachelor's degree in Global Studies and Portuguese. Up to Us is a movement of a generation, for a generation that lets policymakers know that young Americans are committed to addressing the nation's fiscal challenges. Since 2012, Up to Us has created a groundswell of student leaders who've engaged and empowered more than 230,000 of their peers towards a more prosperous fiscal future. Compliancy issues covered: Environment, Government, Health, Business/Technology

Program: 'Conversations' Part: 1 Guest: John Collopy Contact: Dave Purdy 727-443-7115 (209) Link: JohnCollopy.com Air Date: 12-8-19 Time Aired: Category: Self-Help Description: Author of "The Reward of Knowing" A functioning alcoholic may not drink on the job, but drinking in excess during the week can significantly impact job performance, causing a variety of issues, Collopy says. Compliancy issues covered: Health/Wellness

Program: 'Conversations' Part: 2 Guest: Dr. Catherine Sanderson Contact: Dave Purdy 727-443-71159) Link: <u>The Positive Shift purchase link</u> Air Date: 12-15-19 Time Aired: Category: Self-help Description: Mastering the mindset to improve happiness, health, and longevity through positive thinking. Compliancy issues covered: Business/Education

Program: 'Conversations' Part: 1 Guest: Brent R. Tilson Contact: Dave Purdy 727-443-7115 (209) Link: BrentRTilson.com Air Date: 12-15-19 Time Aired: Category: Self-Help Description: *Go Slow to Grow Fast: How to Keep Your Company Driving and Thriving in a Fast-Paced Competitive Business World*, is the founder and CEO of Tilson HR, a national professional employer organization providing a comprehensive suite of business solutions to help businesses grow and thrive. Tilson is a nationally recognized entrepreneur, industry leader, and civic advocate. From his start as a CPA, he has been a champion for small businesses and entrepreneurs.

Compliancy issues covered: Government, Health/Wellness, Business

Program: 'Conversations' Part: 2 Guest: Steve Palmer Contact: Dave Purdy 727-443-7115 (209) Link: bensfriendshope.com Air Date: 12-22-19 Time Aired: Category: Additction and Self Help

Description: Steve Palmer, author of *Say Grace: How the Restaurant Business Saved My Life*, a new title from ForbesBooks, is the managing partner and founder of the Indigo Road Hospitality Group. He formerly served as vice president of food and beverage for Ginn Clubs and Resorts and has worked in the hospitality industry in various capacities since the age of 13. Palmer has been recognized by the New York Times, L.A. Times, NPR, Southern Living, Food & Wine, and Forbes Small Giants for his growing presence in the hospitality industry, as well as for his charitable and community efforts. In 2016, Palmer co-founded Ben's Friends, a nonprofit support group for food-and-beverage industry professionals struggling with substance abuse and addiction.

Compliancy issues covered: Government, Health/Wellness, Business, Families, Culture

Program: 'Conversations' Part: 1 Guest: Dr. Ami Barakat Contact: Dave Purdy 727-443-7115 (209) Link: <u>www.villanovadental.com</u> Air Date: 12-22-19 Time Aired: Category: Self-Help Description: *Perfecting Smiles, Cha*

Description: *Perfecting Smiles, Changing Lives* (www.villanovadental.com). "Think of all the times you need a good first impression – applying for a job, going on a first date or any time you are trying to impress someone." Psychologists have noted that someone's smile is the first thing that elicits the most immediate and positive reaction from others and gets the most reaction from

others. Plus, medical conditions such as COPD, diabetes, heart disease and stroke can be caused by poor dental care. Compliancy issues covered: Spirituality/Health

Program: 'Conversations' Part: 2 Guest: Hu Dalconzo Contact: Dave Purdy 727-443-7115 (209) 888-452-0878 Ext. 110 Link: holisticlearningcenter.com Air Date: 12-29-19 Time Aired: Category: Self-Help Description: Hu Dalconzo, author of The Awakening: A Transformational Love Story, is founder of Holistic Learning Centers Inc., which is the oldest Spiritual Life Coaching Certification school in North America. He has written 14 "How To" professional coaching textbooks based on what he learned while facilitating over 20,000 coaching sessions since 1993. Through researching the work of psycho-spiritual self-help authors, gurus, leaders and saints, he developed an educational learning system for spiritual-life coaches called the HuMethod.™ Compliancy issues covered: Community Activities/Families/Youth

Program: 'Conversations' Part: 1 Guest: Meredith Jordan Contact: Dave Purdy 727-443-7115 (209) Link: belowthelinebook.com Air Date: 12-29-19 Time Aired: Category: Public interest Description: Meredith Jordan (<u>http://www.belowthelinebook.com</u>) is the author of *Below The Line: Anatomy of a Successful Movie.* Jordan, who had the rare experience of being an embedded journalist for an entire Hollywood feature, chronicled the behind-the-scenes happenings in the making of *Last Vegas.* An award-winning reporter, Jordan worked for East Coast news organizations for 25 years, including Dow Jones & Co., Cox Communications and National Geographic. Compliancy issues covered: Health/Wellness

Program: 'Conversations' Part: 2 Guest: Katherine Boury Contact: Katherine Boury Communications Manager | Goodwill® T (206) 860-5733| C (206) 535-5315| www.seattlegoodwill.org Link: www.seattlegoodwill.org Airdate: 10/06/19 Category: Community Activities, Labor/Technology, Education, Environment Description: It's become an annual tradition, Seattle Goodwill's glitter sale and this year the tradition comes to a big conclusion. Today we'll talk to Katherine about the sale and Seattle Goodwill in general.

Program: 'Conversations' Part: 1

Guest: David Schiller Contact: Terry Cater 917-723-7596 terry@playbackproducers.com www.playbackproducers.com Airdate: 10/06/19 Category: Minorities, Education/Arts/Communication/Culture Description: The guitar is the people's instrument. A music instrument that has defined entire century of American culture. But how does the history of this instrument play a role in underserved communities including its origin in our own African American culture? David Schiller dug deep into the history of music to find how the guitar has long served an otherwise challenged community.

Program: 'Conversations' Part: 2 Aberdeen Scottish Terrier Rescue Guest: Heidi Norman Contact: Heidi Norman Link: https://www.adoptapet.com/savethescotties/ Airdate: 10/13/19 Category: Families, Culture Description: What started as a group looking to help re-home Scottish Terriers, turned into a group dedicated to finding homes for dogs struggling around the world. From the greater Puget Sound region to as far away as the now abolished Korean dog meat factories. The effort necessary to make it work relies on our support as a community.

Program: 'Conversations' Part: 1 Guest: Celisa Hopkins Contact: Celisa Hopkins (509) 248-5065 Link: https://www.cowichecanyon.org/ Airdate: 10/13/19 Category: Environment, Business/Economy Description:

While we enjoy the watery side of life along the puget sound, our state lends itself to scenery, adventure, agriculture and industry across its vastness including the far side of the Cascade mMountains. A significantly more arid region, today we'll learn about an area where farming makes a specific beverage industry boom. Today we'll learn about the Cowiche Canyon and the Cowiche Canyon Conservancy.

Program: 'Conversations' Part: 2

Guest: Katherine Boury Contact: Katherine Boury Communications Manager | Goodwill® T (206) 860-5733| C (206) 535-5315| www.seattlegoodwill.org Link: www.seattlegoodwill.org Airdate: 10/20/19 Category: Community Activities, Labor/Technology, Education, Environment Description: It's become an annual tradition, Seattle Goodwill's glitter sale and this year the tradition comes to a big conclusion. Today we'll talk to Katherine about the sale and Seattle Goodwill in general.

Program: 'Conversations' Part: 1 Guest: Jennifer Fischer Contact: Jennifer Fischer Link: https://www.bellevuelifespring.org/ Airdate: 10/20/19 Category: Families/Youth, Crime/Drug Abuse/Violence Description: In well to do communities, it can be hard to understand where our own shortfalls lie and the underserved may indeed find it more difficult to get the resources needed to survive than area obviously more challenged but with abundant resources. The team at Bellevue Lifespring help swoop in for those on the Eastside being left behind.

Program: 'Conversations' Part: 2 Guest: Dr. Jaqueline Worth Contact: Terry Cater 917-723-7596 terry@playbackproducers.com Link: www.playbackproducers.com Airdate: 10/27/19 Category: Health/Wellness, Gender-specific, Families/Youth Description: Childbirth is one of the most basic functions of humans on an animal level. While the basic principle remains largely unchanged, the perception of the experience surrounding it changes constantly. Dr. Worth helps us understand the current cultural conditions.

Program: 'Conversations' Part: 1 Guest: Shaun Sears Contact: Shaun Sears Link: canopycatrescue.com Airdate: 10/27/19 Category: Environment/Transportation, Business/Labor Description: When your kitty climbs a tree and won't come down, it can mean many things in the Evergreen State. Is it up one branch and you just need a ladder? Is it up 170 feet above Earth?!? Is it even your cat? When Fluffins the tabby gets stuck high above, the Canopy Cat Rescue gang is who to call. They're a non-profit and will even rescue your cat for free!

Program: 'Conversations' Part: 2 Contact: Peter Marchese 646-290-7523 (o) peter@playbackproducers.com www.playbackproducers.com Link: http://gottman.com Airdate: 11/03/14 Category: Families/Youth, Communication/Culture Description: This time of year, love is in the air. It can mean many in love, others endlessly longing, still others in a relation

This time of year, love is in the air. It can mean many things for different people: some happily in love, others endlessly longing, still others in a relationship that just feels like something's off or not working, or any combination of those things. Dr Gottman has spent decades studying what causes people to breakup and uses that info to help!

Program: 'Conversations' Part: 1 Guest: Melanie Rushforth of Northwest Spay and Neuter Contact: Melanie Rushforth Phone: (253) 627-7729 (SPAY) Email: info@nwspayneuter.org Link: https://nwspayneuter.org/ Airdate: 11/03/19 Category: Families, Culture Description: It's an evolution term that's melly taken flight in the last de

It's an exciting term that's really taken flight in the last decade the concept of the Rescue - a cat or dog from your local shelter that otherwise would go on to face an uncertain future in less than ideal conditions. Now rescue pets are a point of pride - how excellent bc the population of pets in need of homes will always be a challenge. It also makes it so clear why we need to be proactive and stay focused on keeping the numbers more manageable via spay and neutering.

Program: 'Conversations' Part: 2

Guest: Troy Carter Contact: Troy Carter Link: https://sanctuaryartcenter.org/ Airdate: 11/10/19 Category: Crime/Drug Abuse/Violence, Families/Youth, Economy/Labor Description: When kids live through traumatic experiences like abuse, homelessness, or worse, they need an outlet to release the emotions associated with the trauma. Art as therapy has long been one avenue, and the kind folks at Sanctuary Art Center specialize in creating that opportunity.

Program: 'Conversations' Part: 1 Guest: AJ Garcia Contact: AJ Garcia Link: https://www.wertacoma.com/ Airdate: 11/10/19 Category: Environment, Community Activities, Education/Arts/Communication/Culture, Government Description: R City R Hat is a lovely way to support a local team in order to help raise money for one Tacoma school looking to install solar panels to power the school. The kids came up with the concept and found the means to make it happen - now they just need the funding.

Program: 'Conversations' Part: 2 Guest: Ian Moore Contact: Link: https://smashseattle.org/ Airdate: 11/17/19 Category: Arts/Communication/Culture, Business/Labor, Health/Wellness Description: Seattle is one of America's great musical communities but the people who make the music are artists that often find themselves underserved for healthcare and other benefits. Seattle Musicians Access to Sustainable Healthcare (SMASH) are a small team of people looking to fill the gap for these artists.

Program: 'Conversations' Part: 1
Guest: Fire Chief Randy Krause
Link: https://www.portseattle.org/news/sea-tac-airport-travelers-can-learn-lifesaving-skill-hands-only-cpr
Airdate: 11/17/2019
Category: Technology, Education, Transportation, Health/Wellness
Description:
The Port of Seattle introduced a new technology to SEATAC International Airport that will help travels learn the basics of CPR in the short (or long) time waiting for flights during the holiday season and beyond. Fire Chief Ranch Krause helped us understand the program as well as the larger operation of fire services at one of the busiest airports in the country.

Program: 'Conversations' Part: 2 Guest: Abigail Cooley Contact: Abigail W. Cooley Director | Everett Public Library 425.257.8022 | 2702 Hoyt Avenue, Everett, WA 98201 Link: epls.org Airdate: 11/24/19 Category: Education/Arts/Community/Culture, Community Activities/Family/Youth, Government Description: An institution for 125 years, the Everett Public Library has a simple and lovely beginning and thanks to the efforts of people like Abigail Cooley, the connection the library makes to people learning and growing is as strong as ever.

Program: 'Conversations' Part: 1 Guest: Luke Minor Link: https://wastate529.wa.gov/ Airdate: 11/24/19 Category: Education, Economy, Government, Families/Youth Description: Saving for college may be the last thing we want to worry about but probably one of the things that needs to move to the front of our family economics mental cues. These things can be so tricky, luckily, there are people in this community who specialize in making this not only more straight forward but also successful.

Program: 'Conversations' Part: 2 Guest: Levi Ware Contact: Levi Ware Link: melodiccaring.org Airdate: 12/01/19 Category: Technology, Community Activities/Families/Youth, Arts/Communication, Health/Wellness Description: It's hard to imagine any kid so sick that they can't leave the hospital and the feelings they must feel while trying to recover. Levi found a simple way to help with the power of musical performance streamed straight to the hospital rooms of the children that need it the most.

Program: 'Conversations' Part: 1 Guest: Kevin Hoffberg Contact: Kevin Hoffberg | Executive Director Vashon Center for the Arts 206-259-3003 (office) Link: http://vashoncenterforthearts.org Airdate: 12/01/19 Category: Education/Arts/Communication/Culture, Community Activities/Families/Youth Description: It might take a little pre-planning to get there for the mainlanders - but Vashon Island is a wonderful place to experience and it's just a ferry ride away. Art culture thrives on the island and Kevin Hoffberg is a major reason behind that.

Program: 'Conversations' Part: 2 Guest: Tim Owens, Washington Foundation for the Environment Contact: Tim Owens Link: http://wffe.org/ Airdate: 12/08/19 Category: Environment, Education, Community Activities, Youth Description: Somehow, over the last decade talking about the environment has become a polarizing and touchy subject... The people who have to deal with current choices we make are the youth who will inherit our decisions as history has always dictated. Today we'll find out how Washington Foundation for the Environment spends its time engaging those very young people who will make our future decisions based on our choices today.

Program: 'Conversations' Part: 1

Guest: Luke Minor Link: https://wastate529.wa.gov/ Airdate: 12/08/19 Category: Education, Economy, Government, Families/Youth Description: Saving for college may be the last thing we want to worry about but probably one of the things that needs to move to the front of our family economics mental cues. These things can be so tricky, luckily, there are people in this community who specialize in making this not only more straight forward but also successful.

Program: 'Conversations' Part: 2

Sky Valley Youth Coalition Guest: Ruth Shapovalov Contact: Ruth Shapovalov Link: https://www.facebook.com/SkyValleyYouthCoalition/ Airdate: 12/15/19 Category: Families/Youth, Health/Wellness, Crime/Drug Abuse/Violence Description: The notion of kids not having enough to eat is troubling to say the least. Within most communities there lives a population that goes underserved and relies on the support of the big hearted amongst them. In Sultan, Washington, that group is large but well served by Sky Valley Youth Coalition. It's a big task and they need our help.

Program: 'Conversations' Part: 1 Guest: Abigail Cooley Contact: Abigail W. Cooley Director | Everett Public Library 425.257.8022 | 2702 Hoyt Avenue, Everett, WA 98201 Link: epls.org Airdate: 12/15/19 Category: Education/Arts/Community/Culture, Community Activities/Family/Youth, Government Description:

An institution for 125 years, the Everett Public Library has a simple and lovely beginning and thanks to the efforts of people like Abigail Cooley, the connection the library makes to people learning and growing is as strong as ever.

Program: 'Conversations' Part: 2 Guest: Rich Karlgaard Contact: Peter Marchese 646-290-7523 (o) peter@playbackproducers.com www.playbackproducers.com Link: https://www.forbes.com/sites/richkarlgaard/#438f5aad2acd Airdate: 12/22/19 Category: Education/Culture, Business/Economy, Youth Description: As the cost of education rises the pressure to immediately begin delivering a return on the educational investment matches pace. How does this increase in intensity affect the people bearing its burden? Rich Karlgaard, publisher of *Forbes*, helps us understand the change being forced upon on young.

Program: 'Conversations' Part: 1 Guest: Dr. Shab Krish Contact: Dave Purdy Radio and TV Campaign Manager Tel: 727-443-7115 Ext. 209 DPurdy@newsandexperts.com www.newsandexperts.com Link: www.krish.com Airdate: 12/22/19 Category: Health/Wellness Description: If we spend a third of our lives idea

If we spend a third of our lives ideally sleeping, why do we do so little typically to understand how to maximize its potential and thus our own health? It turns out that major health problems and concerns happen in that third of our lives when we're snoozing - what those problems are and how they affect us - Dr Krish will help us understand that today.

Program: 'Conversations' Part: 2 Guest: Captain Dale Pederson // Virginia V Foundation Contact: Caitlin Spence Communications and Membership Manager The Steamer Virginia V Foundation 206-624-9119
Link: virginiav.org
Airdate: 12/29/19
Category: Technology, Community Activities, Culture, Transportation
Description:
For almost 100 years, one single ship has been in the waters of Puget Sound, Lake Union and beyond - the Virginia V is part of a long history of Washington's ferry system to the reaches of our lovely region. Today we'll learn about the ship, why it is still important today, and how we can be part of its future.

Guest: Meredith Wenger Contact: Meredith Wenger Link: bigbrainedsuperheroes.org Airdate: 12/29/19 Category: Minorities, Education/Arts/Communication, Community Activities/Families/Youth Description: STEM is a super great buzzword we hear a lot of in the greater Seattle region. It's an acronym for Science Technology Engineering and Math - skills for students to build a future based in

for Science Technology Engineering and Math - skills for students to build a future based in critical thinking. As with many things, there's a shortcoming for STEM students in minority and impoverished communities. The Big-Brained Superheroes Club are helping immigrant and refugee kids keep up!