

| DESCRIPTION<br>ISSUE                       | PROGRAM<br>SEGMENT       | START<br>DATE | END<br>DATE | TIME<br>SLOT | # of<br>SPOTS<br>8 PER DAY | DURATION<br>OF SPOT | Narration of Type and Description<br>of Program/ Segment        |
|--|--------------------------|---------------|-------------|--------------|----------------------------|---------------------|---|
|  |                          |               |             |              |                            |                     |   |
| Community events and Charitable activities | Beachland Comm Spotlight | 4-Jan-23      | 31-June 25  | 6:00A-12:00M |                            | :60                 | Daily Program highlighting Community events & activities        |
| COMMUNITY FUNDRAISER                       | "                        | 1-Apr-23      | 7-Apr-23    | "            | 56                         | "                   | GREEN GABLES OPEN HOUSES - APRIL CH/LIVES MATTER ADOPTION EVENT |
| COMMUNITY PET ADOPTIC                      | "                        | "             | "           | "            | "                          | "                   | AMER LEGION VETS POKER RIDE                                     |
| COMMUNITY FUNDRASIER                       | "                        | 6-Apr-23      | 14-Apr-23   | "            | 64                         | "                   | ST.LUKES CATH. CHURCH CRAFT FAIR                                |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | "                          | "                   | GREEN GABLES MOTORCYCLE SHOW                                    |
| COMMUNITY FUNDRASIER                       | "                        | "             | "           | "            | "                          | "                   | ROTARY CLUB CHAIRITY GALA                                       |
| COMMUNITY FUNDRAISER                       | "                        | 15-Apr-23     | 20-Apr-23   | "            | 40                         | "                   | CENTRAL FL WINDS SPRING CONCERT                                 |
| COMMUNITY CONCERT                          | "                        | "             | "           | "            | "                          | "                   | 3 ANGELS BALL POKER RUN   |
| COMMUNITY CONCERT                          | "                        | "             | "           | "            | "                          | "                   | SPACE COAST SYMPHONY CONCERT                                    |
| COMMUNITY FUNDRAISER                       | "                        | 21-Apr-23     | 26-Apr-23   | "            | 48                         | "                   | COCOA BEACH HIGH LIFT-A-THON                                    |
| COMMUNITY FUNDRAISER                       | "                        | "             | "           | "            | "                          | "                   | ROCKLEDGE ROTARY DRBY DAY EVE!                                  |
| COMMUNITY ART EVENT                        | "                        | "             | "           | "            | "                          | "                   | CENT BREV ART ASSOC. SPRING SHOW                                |
| COMMUNITY EVENT                            | "                        | 27-Apr-23     | 4-May-23    | "            | 72                         | "                   | BREV ZOO 25% OFF FLA RESIDENTS                                  |
| COMMUNITY FUNDRAISER                       | "                        | "             | "           | "            | "                          | "                   | ROCKLEDGE ROTARY DRBY DAY EVE!                                  |
| COMMUNITY ANNOUNCEN                        | "                        | "             | "           | "            | "                          | "                   | BREVARD. ANTIQUES CLUB MEETING                                  |
| COMMUNITY EVENT                            | "                        | 5-May-23      | 14-May-23   | "            | 112                        | "                   | BREV.ZOO MOMS GET IN FREE                                       |
| COMMUNITY FUNRDRASIE                       | "                        | "             | "           | "            | "                          | "                   | GREEN GABLES OPEN HOUSES - MAY                                  |
| COMMUNITY ART EVENT                        | "                        | "             | "           | "            | "                          | "                   | CITY CAPE CANV. NEW ARTS CENTER                                 |
| COMMUNITY EMPLOYM                          | "                        | 15-May-23     | 22-May-23   | "            | 64                         | "                   | CAREERSOURCEBREVARD 50 + JOB FA                                 |
| COMMUNITY AWARENESS                        | "                        | "             | "           | "            | "                          | "                   | NAT'L CANCER CARE AWARENESS                                     |
| COMMUNITY HOLIDAY EV.                      | "                        | 05/23/23/     | 28-May-23   | "            | 40                         | "                   | HONOR AMERICA MEM DAY PRGM.                                     |
| COMMUNITY CONCERT                          | "                        | "             | "           | "            | "                          | "                   | FL WINDS PATRIOTIC MATCH CONCR                                  |
| COMMUNITY FUNDRAISER                       | "                        | 29-May-23     | 3-Jun-23    | "            | "                          | "                   | GREEN GABLES OPEN HOUSE   |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | 48                         | "                   | ROTARY CLUB U/S/A TRIATHLON                                     |
| COMMUNITY ANNOUNCEN                        | "                        | "             | "           | "            | "                          | "                   | CAMERA CLUB BREVARD MEETING                                     |
| COMMUNITY CONCERT                          | "                        | "             | "           | "            | "                          | "                   | COMMUNITY BAND SUMMER CONCR                                     |
| COMMUNITY EVENT                            | "                        | 4-Jun-23      | 9-Jun-23    | "            | 40                         | "                   | BREVARD ZOO FATHERS DAY DISCOU                                  |
| COMMUNITY FUNDRAISER                       | "                        | "             | "           | "            | "                          | "                   | ZACHARY MARTIN RUN WALK 5-K                                     |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | "                          | "                   | EAAP CHAPTER 724 MONTHLY MTG.                                   |
| COMMUNITY EVENT                            | "                        | 10-Jun-23     | 16-Jun-23   | "            | 56                         | "                   | BREVARD ZOO DADS DAY DISCOUNT                                   |
| COMMUNITY CONCERT                          | "                        | "             | "           | "            | "                          | "                   | SPACE COAST SYMPHONY CONCERT                                    |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | "                          | "                   | GREEN GABLES 4TH OF JULY VIEWING                                |
| COMMUNITY EVENT                            | "                        | 17-Jun-23     | 1-Jul-23    | "            | 112                        | "                   | SUNTREE UNTD.METHD. 4TH OF JULY                                 |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | "                          | "                   | JESUS IS LIFE 4TH OF JULY PICNIC                                |
| COMMUNITY EVENT                            | "                        | "             | "           | "            | "                          | "                   | GREEN GABLES 4TH OF JULY VIEWING                                |

WSBH 98.5 FM "The Beach" Quarterly Issues Programs List- Q2- APRIL, MAY JUNE 2023

|                         |     |           |           |         |     |     |                              |
|-------------------------|-----|-----------|-----------|---------|-----|-----|------------------------------|
| EARLY LEARNING COALITI  | PSA | 28-Mar-23 | 26-Apr-23 | 6A-12M  | 20  | :30 | WORKING FAMILIES EDUCATION   |
| CAREER SOURCE BREVARD   | PSA | 4-Apr-23  | 28-Apr-23 | 11A-12N | 19  | :60 | HOT JOBS NOW- APRIL          |
| STAND-UP 2 CANCER       | PSA | 1-Apr-23  | 30-Apr-23 | 4A-12M  | 43  | :30 | STAND -UP 2 CANCER           |
| BREVARD ZOO             | PSA | 10-Apr-23 | 23-Apr-23 | 6A-12M  | 42  | :30 | BREVARD ZOO APRIL            |
| FL RESTAURANT & LDG AS  | PSA | 6-Apr-23  | 0/4/19/23 | 6A-12M  | 127 | :30 | FRLA ANNUAL LUNCHEON ANNC.   |
| BREVARD HUMANE SOCIETY  | PSA | 04-1/232  | 0/4/08/23 | 6A-12M  | 63  | :30 | EASTER DOG SURFING FESTIVAL  |
| ALL VETERANS REUNION    | PSA | 1-Apr-23  | 6-May-23  | 6A-12M  | 359 | :30 | ALL VETERANS RE-UNION 2023   |
| MARC RADIO EEO COMP     | PSA | 29-May-23 | 29-May-23 | 12P-2P  | 2   | :30 | MARC RADIO EEO ANNOUNCEMENT  |
| CAREER SOURCE BREVARD   | PSA | 29-May-23 | 31-May-23 | 6A-12M  | 24  | :30 | CSB ANNUAL VETERANS JOB FAIR |
| STAND-UP 2 CANCER       | PSA | 1-May-23  | 31-May-23 | 5A-12M  | 45  | :30 | STAND -UP 2 CANCER- MAY      |
| CAREER SOURCE BREVARD   | PSA | 1-May-23  | 0/5/31    | 11A-12N | 23  | :60 | HOT JOBS NOW- MAY            |
| EARLY LEARNING COALITI  | PSA | 1-May-23  | 6-Jun-23  | 6A-12M  | 16  | :30 | WORKING FAMILIES EDUCATION   |
| SENIORS HELPING SENIORS | PSA | 21-Jun-23 | 30-Jun-23 | 6A-12M  | 80  | :60 | OCT AUTO AUCTION FUND RAISER |

# Sales Order

Date: 6/27/23

Station: WSBH-FM Contract Name: Beachland Spotlight-03 Buyer:

Contract#: 9365 Tax Schedule: (None)

Start Date: 2/01/23 End Date: 12/31/23 Agency Commission %: 0

Revenue Type: Local Direct Billing Cycle: Calendar

Advertiser: Mac 5 Services Salesperson: 1201sbra Comm %: 18

Address: Attn: Steve McAnally Makegood Policy: Within Contract Dates

City: Melbourne State: FL Zip: 32904

Product Name: Beachland Spotlight

Comp. Code: Air and Heating

Sec. Comp.: Plumbing - Heating - A/C

| No              | DATES   |          | All | TIMES   |          | LEN | DISTRIBUTION |   |   |   |   |   |   | RATE | SPOTS | TOTALS | PTV  |      |      |        |    |
|-----------------|---------|----------|-----|---------|----------|-----|--------------|---|---|---|---|---|---|------|-------|--------|------|------|------|--------|----|
|                 | START   | END      |     | wks     | START    |     | END          | M | T | W | T | F | S |      |       |        |      | S    | U    | Per Wk | DW |
| 1               | 2/01/23 | 12/31/23 |     | 5:00 AM | 12:00 AM | 60  | 8            | 8 | 8 | 8 | 8 | 8 | 8 | 8    | 8     | 56     | 0.00 | 2672 | 0.00 | 3      |    |
| ADDED VALUE     |         |          |     |         |          |     |              |   |   |   |   |   |   |      |       |        |      |      |      |        |    |
| -1              | 3/13/23 | 3/19/23  |     | 5:00 AM | 12:00 AM | 60  | 1            |   |   |   |   |   |   |      |       | 1      | 0.00 | 1    | 0.00 | 3      |    |
| MG from line: 1 |         |          |     |         |          |     |              |   |   |   |   |   |   |      |       |        |      |      |      |        |    |
| -2              | 5/24/23 | 5/30/23  |     | 5:00 AM | 12:00 AM | 60  | 1            | 1 | 2 | 1 | 1 | 1 | 1 | 1    | 1     | 8      | 0.00 | 8    | 0.00 | 3      |    |
| MG from line: 1 |         |          |     |         |          |     |              |   |   |   |   |   |   |      |       |        |      |      |      |        |    |
| -3              | 5/22/23 | 5/28/23  |     | 5:00 AM | 12:00 AM | 60  |              |   |   |   |   |   |   |      |       | 5      | 0.00 | 5    | 0.00 | 3      |    |
| MG from line: 1 |         |          |     |         |          |     |              |   |   |   |   |   |   |      |       |        |      |      |      |        |    |

Billing Projections: By Month

| Month                    | CA          | ST          | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
|--------------------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Feb 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Mar 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Apr 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| May 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Jun 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Jul 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Aug 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Sep 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Oct 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Nov 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| Dec 23                   | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        | 0.00        |
| <b>TOTAL SPOTS</b>       | <b>2672</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> |
| <b>GROSS TOTAL \$</b>    | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> |
| <b>ADJUSTED SPOTS</b>    | <b>2672</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> |
| <b>ADJUSTED TOTAL \$</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> | <b>0.00</b> |

Print Spot Prices

APPROVE  DECLINE

Station Manager  Sales Manager  Sales Assistant

1201sass, 01/12/23 @ 11:31AM



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**6/17/23 thru 7/01/23 CONTRACT #9365 THRU 12/31/23**

**SUNTREE UNITED METHODIST CHURCH PRESENTS A FREE  
COMMUNITY PICNIC AND PATRIOTIC CONCERT STARTING AT 4:30  
SUNDAY JULY 2<sup>ND</sup> AT THE CHURCH. "SUNTREE STARS & STRIPES  
INCLUDES GAMES FOOD AND CONCERT. MORE INFO AT SUNTREE  
U/M/C/ DOT ORG.**

**JESUS IS THE KEY CHURCH MINISTRIES IS HOSTING A JULY 4<sup>TH</sup>  
CELEBRATION "LIFTING UP GOD & COUNTRY, TUESDAY JULY 4<sup>TH</sup> AT  
THE WICKHAM PARK AMPITHEATER 11 A.M. TO 4 P.M. IT'S FREE  
FAMILY FUN. JOIN IN THE PARADE OF FLAGS, ENJOY JUMP CASTLES,  
RAFFLES, DRINKS AND ALL AMERICAN HOT DOGS & SNOW CONES.  
MORE INFO AT 773-14/98.**

**GREEN GABLES OFFERS THE "BEST SEAT IN THE HOUSE" TO WATCH  
THE MELBOURNE FIREWORKS OVER THE INDIAN RIVER LAGOON JULY  
4<sup>TH</sup> 7 TO 10 P.M. \$10 PER CAR, TICKETS AT EVENT BRITE OR GREEN  
GABLES DOT ORG. \$15 AT THE DOOR.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES  
AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5  
SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT  
COM. CLICK ON BEACHLAND PSA'S**



## **PUBLIC AFFAIRS BEACHLAND COMMUNITY SPOTLIGHT**

**6/10/23 thru 6/16/23 CONTRACT #9365 THRU 12/31/23**

**BREVARD ZOO AND TREETOP TREK SALUTES DAD'S WITH SPECIAL DEALS ON FATHERS DAY. SUNDAY, JUNE 18<sup>TH</sup>, DAD'S WILL BE TREATED WITH FREE ADMISSION TO THE ZOO WHEN ACCOMPANIED BY A PAYING CHILD OF ANY AGE. TICKETS ONLINE OR AT THE ZOO AND TREETOP TREK HAS 50% OFF TICKETS ON SELECTED COURSES. MORE AT BREVARD ZOO DOT ORG.**

**THE SPACE COAST SYMPHONY ORCHESTRA OPENS THE 15<sup>TH</sup> ANNIVERSARY SEASON WITH MUSICALS AND DISCO WITH A RIDE THROUGH 70'S AND 80'S BROADWAY, SATURDAY JUNE 17<sup>TH</sup> 7 P.M. AT THE SCOTT CENTER IN MELBOURNE. TICKETS AND CONCERY INFORMATION AT SPACE COAST SYMPHONY DOT ORG.**

**GREEN GABLES OFFERS THE "BEST SEAT IN THE HOUSE" TO WATCH THE MELBOURNE FIREWORKS OVER THE INDIAN RIVER LAGOON JULY 4<sup>TH</sup> 7 TO 10 P.M. \$10 PER CAR, TICKETS AT EVENT BRITE OR GREEN GABLES DOT ORG. \$15 AT THE DOOR.**

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**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**6/4/23 thru 6/9/23 CONTRACT #9365 THRU 12/31/23**

**BREWARD ZOO AND TREETOP TREK SALUTES DAD'S WITH SPECIAL DEALS ON FATHERS DAY. SUNDAY, JUNE 18<sup>TH</sup>, DAD'S WILL BE TREATED WITH FREE ADMISSION TO THE ZOO WHEN ACCOMPANIED BY A PAYING CHILD OF ANY AGE TICKETS ONLINE OR AT THE ZOO AND TREETOP TREK HAS 50% OFF TICKETS ON SELECTED COURSES. MORE AT BREWARD ZOO DOT ORG.**

**THE ZACHARY M. MARTIN MEMORIAL RUN/WALK IS SATURDAY JUNE 10<sup>TH</sup> STARTING AT 8A.M. REGISTER AT RACE ROSTER DOT COM JUST TYPE IN ZACHARY MARTIN. PROCEEDS BENEFIT "STOP SOLDIER SUICIDE AND PTSD".**

**THE MONTHLY MEETING OF EXPERIMENTAL AIRCRAFT ASSOCIATION CHAPTER 7/24 IS WEDNESDAY JUNE 14<sup>TH</sup> AT 7:30 P.M. AT THE CLUBHOUSE AT MERRIT ISLAND AIRPORT. THE MEETING IS OPEN TO PEOPLE WHO ARE INTERESTED IN AVIATION. EVERYONE IS WELCOME. MORE AT E/A/A7/2/4/ DOT ORG.**

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**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**5/29/23 thru 6/3/23 CONTRACT #9365 THRU 12/31/23**

**THE ROTARY CLUB OF MELBOURNE BEACH IS HOSTING THE OLDEST U/S/A TRIATHLON SANCTIONED RACE IN FLORIDA ON SUNDAY JUNE 4<sup>TH</sup>. OVER 400 PARTICIPANTS ARE EXPECTED FOR SWIM, BIKING AND A 5K FOLLOWED BY AN AWARDS CEREMONY AND BREAKFAST, ALL THE INFO AND REGISTRATION AT: RUN SIGN UP DOT COM FORWARD SLASH RACE F/L MELBOURNE/ PINEAPPLE MAN T/R/I.**

**CAMERA CLUB OF BREVARD MEMBERSHIP MEETING IS TUESDAY JUNE 6<sup>TH</sup> 6 P.M. AT THE EAU GALIE COMMUNITY CENTER HIGHLAND AVENUE, MELBOURNE THE PUBLIC IS INVITED.**

**COMMUNITY BAND OF BREVARD PRESENTS A "SUMMER CONCERT" COOKING UP THE PERFECT CLOSING PERFORMANCE OF THE SEASON, AT MERRITT ISLAND HIGH SCHOOL AUDITORIUM 3 P.M. SUNDAY JUNE 4<sup>TH</sup>. THE CONCERT IS FREE AND NO TICKETS REQUIRE. MORE AT COMMUNITY BAND OF BREVARD DOT COM.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSAs.**



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

*Handwritten initials and date: 5/25*

**5/25/23 thru 5/28/23 CONTRACT #9365 THRU 12/31/23**

**HONOR AMERICA, INC WHICH OPERATES THE "MELBOURNE LIBERTY**

**BELL MUSEUM" IN MELBOURNE WILL HOLD A MEMORIAL DAY**

**PROGRAM ON MAY 29<sup>TH</sup> 11A TO 12 NOON AT THE MUSEUM 16/01**

**OAK STREET. OPENING WITH A PRESENTATION OF THE COLORS AND**

**PATRIOTIC MUSIC BY MEMBERS OF MELBOURNE MUNICIPAL BAND**

**AND DISTINGUISHED SPEAKERS.. THE EVENT IS FREE AND OPEN TO**

**THE PUBLIC. MORE INFOR BY CALLING 3/7/3-23/11.**

**THE FLORIDA WINDS ORCHESTRA PRESENTS "MARCH ON" A**

**PATRIOTIC CONCERT OF FAVORITE MARCHES. SUNDAY MAY 28<sup>TH</sup>**

**3P.M. AT THE SUNTREE UNITED METHODIST CHURCH IN SUNTREE.**

**WHILE THE CONCERT IS FREE A \$10 DONATION IS SUGGESTED. MORE**

**IN ON LINE AT C/F/WINDS DOR ORG.**

**GREEN GABLES AT HISTORIC RIVERVIEW VILLAGE IN MELBOURNE IS**

**HOSTING "OPEN HOUSE" EACH SATURDAY IN JUNE 10a to 2p ALL THE**

**INFO AT GREEN GABLES DOT ORG.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES**

**YOUR LOCALLY OWNED & OPERATED, PLUMBING, AIR CONDITIONING**  
**AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5**

**SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT**  
**COM. CLICK ON BEACHLAND PSA'S**





**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

5/15/23 thru 5/23/23 CONTRACT #9365 THRU 12/31/23

CAREER SOURCE BREWARD IS HOSTING A "BACK TO WORK-50 PLUS" JOB FAIR WEDNESDAY MAY 24<sup>TH</sup> 10 TO 1 AT THE TONY ROSA COMMUNITY CENTER, 15/02 PORT MALABAR ROAD, PALM BAY. THE EVENT IS DESIGNED TO CONNECT OLDER JOB SEEKERS TO IN-DEMAND EMPLOYMENT OPPORTUNITIES. THERE WILL BE 30 PLUS MULTI INDUSTRY EMPLOYERS FOR ON THE SPOT INTERVIEWS AND FREE COMPLIMENTARY "HEADSHOTS WILL BE AVAILABLE. REGISTER AT BACK TO WORK50PLUSMAY2023 DOT EVENT BRITE DOT COM.

NON PROFIT COMPLIMENTARY CANCER CARE IS RECOGNIZING "NATIONAL CANCER SURVIVORS MONTH WITH EVENTS TO SUPPORT, EDUCATE AND EMPOWER BREWARD COUNTY RESIDENTS AFFECTED BY CANCER, SUBMIT A 1000 WORD ESSAY ABOUT "YOUR CANCER STORY" TO BE DISPLAYED ON THE CANCER CARE WEBSITE IN JUNE. AND ON WEDNESDAY MAY 23<sup>RD</sup> YOU ARE INVITED TO A SEMINAR AND SOCIAL ON "HEREDITARY CANCER AND ON JUNE 23<sup>RD</sup> ALL ARE WELCOMED TO ATTEND A RECEPTION FUNDRAISER IN COCOA VILLAGE. ALL THE DETAILS VISIT COMP-CANCER CARE DOT ORG. OR CALL 2/6-6-05/64.

THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM

INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSA'S



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**5/05/23 thru 5/14/23 CONTRACT #9365 THRU 12/31/23**

**BREWARD ZOO AND TREETOP TREK ARE OFFERING SOME SPECIAL DISCOUNTS ON MOTHERS DAY! MOM'S WILL BE TREATED TO FREE ADMISSION TO THE ZOO WHEN ACCOMPANIED BY A PAYING CHILD OF ANY AGE. TICKETS ON -LINE AT BREWARD ZOO DOT ORG OR AT THE ZOO ON MOTHERS DAY. OVER AT TREE TOP TREK, MOMS WILL BE ABLE TO ENJOY 50 PERCENT OFF OF A COURSE OF THEIR CHOOSING, EXCLUDING "CHUTES & LADDERS", TICKETS CAN BE BOOKED IN PERSON ON MOTHERS DAY.**

**GREEN GABLES AT HISTORIC RIVERVIEW VILLAGE, MELBOURNE IS HOLDING OPEN HOUSE EVERY SATURDAY IN MAY, 10A TO 2P. THE COST IS \$10 FOR A COMPLETE TOUR AND KIDS 12 AND UNDER ARE FREE. MORE AT GREEN GABLES DOT ORG.**

**CITY OF CAPE CANAVERAL'S NEW ARTS CENTER IS ISSUING THE FIRST CALL FOR ART! INVITING FLORIDA BASED VISUAL ARTISTS IN AN ARRAY OF MEDIUMS. IF YOU'D LIKE TO SHOWCASE YOUR WORK FIND OUT MORE AT CITY OF CAPECANAVERAL DOT ORG SLASH CAPE CENTER.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSAs.**



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

4/27/23 thru ~~4/26/23~~ <sup>5/4/23</sup> CONTRACT #9365 THRU 12/31/23

TREE TOP TREK BREVARD ZOO'S AERIAL OBSTACLE COURSE IS OFFERING FLORIDA RESIDENTS 25 % OFF ANY COURSE, EXCLUDING "CHUTES & LADDERS" FROM MAY 1<sup>ST</sup> TO JULY 31<sup>ST</sup>. BOOK YOUR TREE TOP ADVENTURE ON LINE AT TREE TOP TREK DOT COM AND USE CODE 23-F/L.

THE ANNUAL SPACE COAST DERBY DAY IS SATURDAY MAY 6<sup>TH</sup>, 4 TO 9 AT THE TWISTED BIRCH AT TURTLE CREEK GOLF CLUB IN ROCKLEDGE. LIVE KENTUCKY DERBY CHARITY WAGERING, MINT JULEPS, HAT CONTEST AND MORE. PROCEEDS BENEFIT ROCKLEDGE ROTARY COMMUNITY PROJECTS. MORE AT SPACE COAST DERBY DAY DOT COM.

THE BREVARD ANTIQUES AND COLLECTIBLES CLUB IS HOLDING IT'S MONTHLY MEETING AT THE SUNTREE/VIERA LIBRARY FRIDAY MAY 5<sup>TH</sup> AT 10 A.M. THIS MONTHS SUBJECT IS "ANYTHING GOES". CALL GEORGE AT 2/5/4-58/31 FOR MORE INFORMATION.

THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM

INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSAS



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**4/21/23 thru 4/26/23 CONTRACT #9365 THRU 4/30/23**

**COCOA BEACH HIGH HOSTS THE 3<sup>RD</sup> ANNUAL COCOA BEACH MINUTEMEN LIFT-A-TON FUNDRAISER, THURSDAY APRIL 27<sup>TH</sup> 5:30 P.M. AT CROSSFIT COCOA BEACH, 1/18 N. BREVARD AVE. MORE INFO AT COCOA BEACH FOOTBALL DOT COM SLASH DONATE.**

**THE ANNUAL SPACE COAST DERBY DAY IS SATURDAY MAY 6<sup>TH</sup>, 4 TO 9 AT THE TWISTED BIRCH AT TURTLE CREEK GOLF CLUB IN ROCKLEDGE. LIVE KENTUCKY DERBY CHARITY WAGERING, MINT JULEPS, HAT CONTEST AND MORE. PROCEEDS BENEFIT ROCKLEDGE ROTARY COMMUNITY PROJECTS. MORE AT SPACE COAST DERBY DAY DOT COM.**

**THE CENTRAL BREVARD ART ASSOCIATION, ROCKLEDGE HOSTS THE ANNUAL COCOA CENTRAL LIBRARY SPRING ART SHOW AND SALE AT THE COCOA CENTRAL LIBRARY FRIDAY, SATURDAY APRIL 28<sup>TH</sup> & 29<sup>TH</sup>, 9 TO 5 AND SUNDAY APRIL 30<sup>TH</sup> 1 TO 4, & SUNDAY, LOCAL ARTISTS WILL BE SHOWCASING AND SELLING THEIR CUSTOM FINE ART AND MORE. PROCEEDS BENEFIT CENTRAL BREVARD ART ASSOCIATION.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY, PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSA'S**



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

4/15/23 thru 4/16/23 CONTRACT #9365 THRU 4/30/23

THE CENTRAL FLORIDA WINDS PRESENTS "SPRING MIX" A MUSICAL BOUQUET. ENJOY AN AFTERNOON OF FREE BERNSTEIN, GERSHWIN MUSIC AND MORE SUNDAY APRIL 23<sup>RD</sup> 3 P.M. AT UNITED CHURCH OF CHRIST 7400 N. WICKHAM RD IN SUNTREE. A DONATION OF \$10 IS SUGGESTED. VISIT C/F WINDS DOT ORG.

THE 3 ANGELS BALL FOR ALL HOSTS THE 8<sup>TH</sup> ANNUAL POKER RUNS SATURDAY APRIL 22<sup>ND</sup> AT AMERICAN LEGION POST 117 IN PALM BAY. REGISTRATION BEGINS AT 9 AND KICKSTANDS UP AT 10. ENTERTAINMENT BY DO HOLIDAY AND LIVE MUSIC BY SHOVELHEAD. MORE INFO BY CALLING 2/7/2-37/84.

SPACE COAST SYMPHONY CHAMBER ORCHESTRA PRESENTS THE "WORKS OF ARTISTIC DIRECTOR AND COMPOSITION STUDENTS-MUSIC BY AARON & FRIENDS" SATURDAY APRIL 22<sup>ND</sup> AT EASTMINSTER PRESBYTERIAN CHURCH IN DIALANTIC. TICKETS AND INFO AT SPACE COAST SYMPHONY DOT ORG.

THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM

INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSA'S



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**4/8/23 thru 4/14/23 CONTRACT #9365 THRU 4/30/23**

**ST. LUKES CATHOLIC CHURCH IS HOSTING A CRAFT FAIR AND FLEA MARKET SATURDAY APRIL 15<sup>TH</sup> 8A TO 1 P . IF YOU'D LIKE TO BE A VENDOR, CALL THE CHURCH OFFICE AT 772-6/6/4-93/10.**

**GREEN GABLES AT HISTORIC RIVERVIEW VILLAGE IN MELBOURNE IS HOSTING AN ANTIQUE MOTORCYCLE INVITATIONAL ON SATURDAY APRIL 15<sup>TH</sup> FROM 10 TO 3. \$10 REGISTRATION PER ENTRY WITH 3 TOP PEOPLES CHOICE AWARDS. REGISTER ON LINE AT GREEN GABLES DOT ORG.**

**THE ROTARY CLUB OF INDIANTIC IS HOLDING A CHARITY GALA TO HELP ALLEVIATE HOMELESSNESS OF VETERANS AND FAMILIES WITH SCHOOL AGE CHILDREN IN BREVARD COUNTY APRIL 28<sup>TH</sup> AT THE AMERICAN MUSCLE CAR MUSEUM. GET MORE INFORMATION ON TICKETS AND SPONSORSHIPS AT AMERICAN MUSCLE CAR MUSEUM DOT COM.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSAs**



**PUBLIC AFFAIRS**  
**BEACHLAND COMMUNITY SPOTLIGHT**

**4/1/23 thru 4/7/23 CONTRACT #9365 THRU 4/30/23**

**GREEN GABLES IN HISTORIC RIVERVIEW VILLAGE - MELBOURNE IS HOSTING "OPEN HOUSE" EACH SATURDAY IN APRIL 10A TO 2P. ENJOY A TOUR OF THIS 126 YEAR OLD HISTORIC HOME FOR JUST \$10.00. MORE INFORMATION AT GREEN GABLES DOT ORG,**

**C/H LIVES MATTER IS HOSTING A "CAT-N K9 CUDDLEFEST" SATURDAY APRIL 8<sup>TH</sup> FROM 9A TO 5P.M. AT FRED POPPE REGIONAL PARK IN PALM BAY. FOR A DONATION YOU'LL HAVE THE OPPORTUNITY TO ENJOY 15 MINUTES OF QUALITY ONE ON ONE, FACE TO FACE AND HANDS ON CAT OR DOG TIME WITH ONE OF THE "RESCUES". BOOK YOUR "CUDDLE SESSION" NOW AT C/H-LIVES-MATTER RESCUE DOT COM.**

**AMERICAN LEGION RIDERS CHAPTER 117 PALM BAY INVITES YOU TO RIDE IN THE "PROJECT: VET RELIEF " RIDESATURDAY APRIL 8<sup>TH</sup>. KICK STANDS UP AT 10:30. THERE WILL BE 50/50 RAFFLE, HUGE AUCTION, RAFFLE BASKETS AND MORE WITH LIVE ENTERTAINMENT 1P TO 6P. MORE INFO AT - 7/2/9- 80/89.**

**THE BEACHLAND SPOTLIGHT IS SPONSORED BY MAC 5 SERVICES AND ELECTRIC COMPANY. PROGRAMMED TO MAKE YOU SMILE. MAC 5 SERVICES DOT COM**

**INFORMATION ON THESE EVENTS AND OTHERS AT BEACH 9 8 5 DOT COM. CLICK ON BEACHLAND PSAS**

## Quarterly Report of Compliancy Issues & Programs List 2023-Q2 (April - June) Radio Health Journal

- Active Lifestyle
- Addiction
- Adrenal Dysfunction
- Adrenal Glands
- Aging
- Alcohol Consumption
- Ambulance
- Anxiety
- Artificial Flavors
- Artificial Intelligence
- Artificial Sweeteners
- Autoimmune Disease
- Beauty Industry
- Behavioral Science
- Bereaved Parents
- Bereavement
- Bereavement Support
- Biochemistry
- Bone Structure
- Brain Disease
- Brain Fog
- Brain Function
- Breast Cancer
- Burnout
- Caffeine
- Cancer
- Caregivers
- Chemistry
- Childhood Obesity
- Children and Youth at Risk
- Children's Hospital
- Chronic Conditions
- Chronic Disease
- Chronic Symptoms
- Chronic Tics
- Consumerism
- Cortisol
- Cosmetic Botox
- Covid-19
- Death
- Deformity
- Depression
- Diabetes
- Diagnoses
- Diet
- Donation
- Early Pregnancy Loss
- Economy
- Education
- Emergency Medicine
- Employment
- Environment
- Estrogen
- Evolution
- Exercise
- Explosion
- Father's Day
- FDA
- FDA Regulations
- Federal Law
- Female Athletes
- Fine Arts
- First Aid
- First Responders
- Flat Head Syndrome
- Flavor
- Food Marketing
- Functional Neurologic Disorder
- Gaslighting
- Gender Bias
- Gender Issues
- Gender Research Bias
- Governmental Organizations
- Grief
- Gun Violence
- Gut Health
- Health
- Health Insurance
- Healthcare
- Healthy Food
- Heart Disease
- Hobbies
- Hormone Therapy
- Hormones
- Hot Flashes
- Human Physiology
- Immunodeficiency
- Incest
- Incontinence
- Individuality
- Infant Health
- Inflammation
- Ingredients
- Loss of a Child
- Loss of a Parent
- Lupus
- Mass Murder
- Mass Shootings
- Mass Violence
- Medicaid
- Medical Myths
- Medical Records
- Medical Research
- Medical School
- Medical Student
- Medical Technology
- Medicare
- Men's Health
- Menopause
- Mental Health
- Mental Illness
- Minorities
- Miscarriage
- Motherhood
- Muscle Strength
- Music
- Natural Flavors
- Neurology
- Non-hormonal Therapy
- Non-profit
- Nutrition
- Nutrition Labels
- Obesity
- Older Populations
- Ophthalmology
- Overuse Injury
- Ozempic
- Pandemic
- Paramedics
- Parenting
- Patient Safety
- Pickleball
- Pre-hospital Care
- Pregnancy Loss
- Private Hospitals
- Protein
- Psychiatry
- Psychology
- Puberty
- Public Health
- Public Health System
- Rape
- Safety Net Hospitals
- Scientific Research
- Sexual Abuse
- Sexual Assault
- Sexual Trauma
- Snacks
- Social Media
- Socializing
- Sports Injuries
- Sports Science
- State and Federal Regulations
- State Government
- Stress
- Sugar
- Supplements
- Therapy
- Vitamins
- Vulnerable Populations
- Weight Gain
- Women's Health





**Program 23-14**

**Air Week:** 04/02/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: SAVING YOURSELF: WHAT TO DO IN AN EMERGENCY SITUATION**

**Time:** 1:50

**Duration:** 11:18

**Synopsis:** When Rebecca Fogg's toilet exploded, she knew she had to do two things: call 911 and stop the bleeding from her arm. But how would you react in her situation? An expert explains the most important steps to take when you're in a crisis that will give you the best chances of survival.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Rebecca Fogg, Author, Beautiful Trauma; Dr. Claire Park, Consultant in Pre-Hospital Emergency Medicine, London's Air Ambulance Charity

**Compliance issues:** Ambulance, Emergency Medicine, Explosion, First Aid, First Responders, Healthcare, Patient Safety, Public Health, Paramedics, Pre-hospital Care, Trauma Victims

**Links for more info:**

[LinkedIn: Dr. Claire Park](#)

[twitter: @RebFogg](#)

[Penguin Random House: Beautiful Trauma](#)

[London's Air Ambulance Charity](#)

**SEGMENT 2: HAPPY ACCIDENTS IN SCIENCE THAT CREATED THE PRODUCTS WE USE EVERY DAY**

**Time:** 14:10

**Duration:** 8:21

**Synopsis:** Not all scientific discovery is on purpose. In fact, many important breakthroughs were by accident, like insulin and X-rays. Our experts discuss why we should look at failures as a starting point rather than the end of the road.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Erin Heath, Director of Federal Relations, The American Association for the Advancement of Science; Dr. Jean Carruthers, Clinical Professor of Ophthalmology, University of British Columbia, Pioneer of Cosmetic Botox

**Compliance issues:** Beauty Industry, Consumerism, Cosmetic Botox, Patient Safety, Ophthalmology

**Links for more info:**

[The American Association for the Advancement of Science](#)

[Dr. Jean Carruthers Cosmetics](#)

[The Golden Goose Award](#)

[Instagram: @carrutherscosmetic](#)

[twitter: @PublicHeath](#)

[AAAS.org: Erin Heath](#)

[Jean Carruthers LinkedIn](#)



**Program 23-15**

**Air Week:** 04/09/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: TIKTOK TICS: CAN SOCIAL MEDIA CAUSE NEUROLOGIC DISORDERS?**

**Time:** 1:50

**Duration:** 12:29

**Synopsis:** Cases of functional tic-like disorder skyrocketed during the pandemic across the world, and experts believe the culprit is social media. Though classic tic disorders are mostly diagnosed in boys, this condition mainly affects women aged 18 to 21. Our experts explain the cause and how to successfully recover from the disorder.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Danielle Larson, Movement Disorder Specialist, Northwestern Medicine; Dr. Nicole Zahka, Pediatric Psychologist, Cincinnati Children's Hospital Medical Center

**Compliance issues:** Anxiety, Chronic Tics, Covid-19, Depression, Pandemic, Psychology, Social Media, Therapy, Vulnerable Populations, Functional Neurologic Disorder, Modeling, Tourette Syndrome

**Links for more info:**

[Wiley Online Library: The spectrum of functional tic-like behaviours: Data from an international registry](#)

[Northwestern Medicine: Dr. Danielle Larson](#)

[Cincinnati Children's Hospital Medical Center: Dr. Nicole Zahka](#)

[twitter: @dLarsonMD4](#)

**SEGMENT 2: BREAKING THE SILENCE ON INCEST AND SEXUAL TRAUMA**

**Time:** 15:21

**Duration:** 7:04

**Synopsis:** Dr. Patti Feuereisen says incest is one of the most common forms of sexual assault, but is almost never talked about. For the survivors, this silence can lead to more events of trauma down the road. Feuereisen explains how to support victims of sexual abuse and why starting the conversation is necessary.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Patti Feuereisen, Psychotherapist, Author, Invisible Girls; Speaking the Truth about Sexual Abuse

**Compliance issues:** Incest, Psychology, Rape, Sexual Abuse, Sexual Assault, Therapy, Sexual Trauma

**Links for more info:**

[GirlThrive Inc.](#)

[Seal Press: Invisible Girls](#)

**Program 23-16**

**Air Week:** 04/16/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: HOW SAFETY NET HOSPITALS INCREASE ACCESS TO HEALTH CARE**

**Time:** 1:49

**Duration:** 10:46

**Synopsis:** Health insurance has long been connected with a person's employment – leaving many without coverage. Safety net hospitals help ensure that anyone who needs medical care can get access to it, no matter their insurance status. Dr. Ricardo Nuila discusses why this model may be more effective than the standard, privatized healthcare.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Ricardo Nuila, Associate Professor of Medicine, Baylor College of Medicine, Author, The People's Hospital

**Compliance issues:** Emergency Medicine, Health Insurance, Healthcare, Patient Safety, Vulnerable Populations, Medicaid, Medicare, Private Hospitals, Public Health System, Safety Net Hospitals

**Links for more info:**

[Simon And Schuster: The People's Hospital](#)

[RicardoNuila.com](#)

[Baylor College of Medicine: Ricardo Nuila](#)

**SEGMENT 2: KITCHEN CHEMISTRY: NATURAL FLAVORS – HOW NATURAL ARE THEY?**

**Time:** 13:38

**Duration:** 9:13

**Synopsis:** We see natural flavor listed as an ingredient in many of our products, but what does that mean? Dr. David Andrews explains the process of creating natural flavors, the FDA guidelines, and how safe they are for consumption.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. David Andrews, Senior Scientist, Environmental Working Group

**Compliance issues:** Addiction, Artificial Flavors, Chemistry, Consumerism, Diet, FDA Regulations, Flavor, Ingredients, Natural Flavors, Nutrition Labels, Organic, Processed Foods

**Links for more info:**

[Environmental Working Group](#)

[EWG: Synthetic ingredients in Natural Flavors and Natural Flavors in Artificial flavors](#)

[EWG: Food Scores](#)

[twitter: @dqasci](#)

**Program 23-17**

**Air Week:** 04/23/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: IS MENTAL HEALTH A SCAPEGOAT FOR MASS VIOLENCE?**

**Time:** 1:50

**Duration:** 10:38

**Synopsis:** Unfortunately, mass violence has become a common topic. And though many perpetrators we see on the news have been diagnosed with a mental illness, that attribute may be blinding us to the real issue. Experts explain what the statistics point to as the underlying cause of mass violence.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Joseph Parks, Medical Director, National Council for Mental Wellbeing; Dr. Jeffrey Lieberman, Professor of Psychiatry, Columbia University

**Compliance issues:** Education, Federal Law, Mass Shootings, Mental Health, Mental Illness, State and Federal Regulations, Gun Violence, Mass Murder, Mass Violence, State Government

**Links for more info:**

[National Council for Mental Wellbeing](#)

[Columbia University Department of Psychiatry](#)

[LinkedIn: Dr. Joseph Parks](#)

**SEGMENT 2: KITCHEN CHEMISTRY: SWEET PROTEINS MAY BE THE FUTURE OF SUGAR**

**Time:** 13:30

**Duration:** 8:44

**Synopsis:** Dr. Jason Ryder, an adjunct professor of chemical and biomedical engineering, says humans weren't designed to eat this much sugar every day. Many alternative sweeteners have tried to solve this sugar dilemma, but Ryder believes the best solution can be found in plant proteins.   
Host: Nancy Benson. Producer: Kristen Farrah.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Jason Ryder, Adjunct Professor of Chemical and Biomolecular Engineering, University of California, Berkeley, Co-Founder, Oobli

**Compliance issues:** Artificial Sweeteners, Chemistry, Consumerism, Diet, Evolution, Health, Public Health, Protein, Snacks, Sugar, Sugar Alternatives

**Links for more info:**

[Berkeley College of Chemistry](#)

[Oobli.com](#)

[Sage Journals: Safety evaluation of oobli fruit sweet protein \(brazzein\) derived from Komagataella phaffii, intended for use as a sweetener in food and beverages](#)

[LinkedIn: Dr. Jason Ryder](#)

**Program 23-18**

**Air Week:** 04/30/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: "I'M NOT DYING, BUT IS THAT GOOD ENOUGH?": IMPROVING LUPUS RESEARCH**

**Time:** 1:50

**Duration:** 10:31

**Synopsis:** Lupus ABC is the first of its kind public-private partnership with the FDA. It will allow researchers and patients to work together, hopefully leading to breakthroughs in lupus treatments. Experts explain why the patient perspective is so important for successful outcomes.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Teodora Staeva, Vice President of Research and Chief Scientific Officer, Lupus Research Alliance; Veronica Vargas Lupo, Co-Lead of the Lupus Voices Council, Lupus ABC

**Compliance issues:** Autoimmune Disease, FDA, Governmental Organizations, Non-profit, Patient Safety, Scientific Research, Lupus

**Links for more info:**

[Lupus Research Alliance](#)

[FDA launches Lupus Treatment Consortium in partnership with the Lupus Research Alliance | FDA](#)  
[Veronica Vargas Lupo - Business Development Leader | Adobe Strategic Partnership - IBM | LinkedIn](#)  
[Dr. Teodora Staeva](#)

**SEGMENT 2: REWIRING YOUR BRAIN TO CREATE HEALTHIER HABITS**

**Time:** 13:22

**Duration:** 9:02

**Synopsis:** Dr. Greg Hammer believes our health is a big piece of overall happiness. Unfortunately, it can be hard to break bad habits and be motivated to create healthier ones. Hammer offers tips and tools that can help us be more intentional with our health.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Greg Hammer, Professor of Anesthesiology, Perioperative and Pain Medicine, and of Pediatrics, Stanford University

**Compliance issues:** Brain Function, Caffeine, Chronic Conditions, Diabetes, Diet, Exercise, Nutrition, Obesity, Public Health, Alcohol Consumption, Heart Disease, Sleep Health, Sugar, Whole Foods

**Links for more info:**

[GregHammerMD.com](#)

[Stanford University: Dr. Greg Hammer](#)

[Instagram: @grehammermd](#)



**Program 23-19**

**Air Week:** 05/07/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: HOW AI IS THRUSTING US INTO THE FUTURE OF MEDICINE**

**Time:** 1:50

**Duration:** 12:36

**Synopsis:** From improving the patient experience to speeding up protein evolution, artificial intelligence is rocketing the field of medicine into the future. Our experts discuss the many different applications of AI and how we can expect to interact with the technology in the years to come.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. David Liebovitz, Co-Director, Institute for Augmented Intelligence in Medicine, Associate Professor of Medicine, Northwestern University; Dr. David Baker, Professor, University of Washington, Director, Institute for Protein Design

**Compliance issues:** Artificial Intelligence, Biochemistry, Consumerism, Environment, Evolution, Medical Records, Medical Technology, Patient Safety, Public Health, Protein, Viruses

**Links for more info:**

[David M Liebovitz : Faculty Profile](#)

[David L. - Associate Vice-chair, Department of Medicine - Northwestern Medicine | LinkedIn](#)

[David Baker | UW Biochemistry](#)

[Baker Lab](#)

[Institute for Protein Design](#)

**SEGMENT 2: WHAT YOU NEED TO KNOW ABOUT YOUR BABY'S FLAT HEAD**

**Time:** 15:28

**Duration:** 6:56

**Synopsis:** Flat head syndrome occurs when a baby's head develops a long-lasting flat spot. However, Dr. Peter Taub, a professor of pediatrics, says the deformity isn't a syndrome at all and doesn't cause any neurologic symptoms. He explains what causes it and successful treatments to reshape your child's head.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Peter Taub, Professor of Pediatrics and Neurosurgery, Icahn School of Medicine at Mount Sinai, New York

**Compliance issues:** Bone Structure, Children and Youth at Risk, Consumerism, Deformity, Flat Head Syndrome, Neurology, Patient Safety, Infant Health

**Links for more info:**

[Peter Taub - Plastic and Reconstructive Surgery | Mount Sinai - New York](#)

[Peter J. Taub - Professor of Medical Education - Icahn School of Medicine at Mount Sinai | LinkedIn](#)  
[Flat Head Syndrome \(Deformational Plagiocephaly\)](#)

**Program 23-20**

**Air Week:** 05/14/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: HONORING THE MOTHERS WHO NEVER GOT TO MEET THEIR CHILDREN**

**Time:** 1:49

**Duration:** 11:54

**Synopsis:** Miscarriage is the most common form of pregnancy loss – so why aren't we talking about it? Dr. Jessica Zucker says this silence promotes a societal stigma of shame and isolation. This week, we open the conversation around miscarriage in an effort to normalize this common experience.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Jessica Zucker, Psychologist, Expert in Reproductive Health, author of *I Had A Miscarriage*; Wendy Dwyer, Mother

**Compliance issues:** Bereavement, Death, Depression, Healthcare, Parenting, Psychology, Early Pregnancy Loss, Miscarriage, Motherhood, Pregnancy Loss, Stigma

**Links for more info:**

[Dr. Jessica Zucker](#)

[Jessica Zucker, Ph.D. \(@ihadamiscarriage\) • Instagram photos and videos](#)

[Jessica Zucker, PhD \(@DrZucker\) / Twitter](#)

**SEGMENT 2: HAS THE FOOD MARKETING INDUSTRY CONTRIBUTED TO CHILDHOOD OBESITY?**

**Time:** 14:46

**Duration:** 7:38

**Synopsis:** Childhood obesity is one of the most common chronic diseases for children in the US. Experts say that the marketing of ultra-processed foods to kids has grown exponentially in recent years – promoting unhealthy diets. These experts break down the marketing strategies used to get product attention in grocery stores and online.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Frances Fleming-Milici, Director of Marketing Initiatives, Rudd Center for Food Policy and Health, University of Connecticut; Dr. Ashley Gearhardt, Associate Professor of Psychology, Director of the Food and Addiction Science and Treatment Lab, University of Michigan

**Compliance issues:** Addiction, Childhood Obesity, Children and Youth at Risk, Chronic Conditions, Consumerism, Diabetes, Diet, Food Marketing, Obesity, Heart Disease, Ultra-processed Food

**Links for more info:**

[Frances Fleming-Milici | UConn Rudd Center for Food Policy and Health](#)

[Fran Fleming-Milici \(@franflemingPhD\) / Twitter](#)

[Ashley Gearhardt | U-M LSA Department of Psychology](#)

**Program 23-21**

**Air Week:** 05/21/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: IT'S JUST EASIER TO NOT INCLUDE WOMEN': THE GENDER BIAS IN HEALTH CARE**

**Time:** 1:50

**Duration:** 12:15

**Synopsis:** Why are male bodies the standard for human health? Why did researchers refuse to conduct studies on female mice? Why don't we have widespread information on puberty, the menstrual cycle, and menopause? Experts discuss the dangerous reality of gender bias in health care.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Nieca Goldberg, Cardiologist, Clinical Associate Professor of Medicine, New York University School of Medicine, Medical Director, Atria New York City; Christine Yu, Award-Winning Journalist, Author, "Up To Speed"

**Compliance issues:** Gender Bias, Healthcare, Vulnerable Populations, Female Athletes, Heart Disease, Medical Research, Men's Health, Puberty, Sports Science, Women's Health

**Links for more info:**

[Nieca Goldberg, MD | NYU Langone Health](#)

[Dr. Nieca Goldberg](#)

[Christine Yu](#)

[Christine Yu \(@cyu888\) • Instagram photos and videos](#)

[Christine Yu \(@cyu888\) / Twitter](#)

**SEGMENT 2: FOOD MARKETING TO CHILDREN PART 2: HOW TO MAKE HEALTHIER CHOICES**

**Time:** 15:07

**Duration:** 7:18

**Synopsis:** Last week we discussed how food marketers spend billions to get kids to eat unhealthy food. Today, we're giving you some tips on how to add more nutritious options back into your family's diet. Experts reveal small actions that can make a big difference in the health of America's children.

**Host:** Nancy Benson

**Producer:** Polly Hansen

**Guests:** Meryl Fury, Registered Nurse, President and CEO, Plant Based Nutrition Movement; Sheriza Hernandez, Student; Dr. Ashley Gearhardt, Associate Professor of Psychology, University of Michigan, Director, Food and Addiction Science and Treatment Lab

**Compliance issues:** Addiction, Childhood Obesity, Children and Youth at Risk, Diet, Food Marketing, Gut Health, Obesity, Vulnerable Populations, Healthy Food, Heart Disease, Ultra Processed Food

**Links for more info:**

[Meryl Fury - President, CEO - Plant Based Nutrition Movement | LinkedIn](#)

[Meryl Fury](#)

[Ashley Gearhardt | U-M LSA Department of Psychology](#)



**Program 23-22**

**Air Week:** 05/28/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: ADRENAL DYSFUNCTION MAY BE CAUSING YOUR BRAIN FOG AND WEIGHT GAIN**

**Time:** 1:50

**Duration:** 11:49

**Synopsis:** Our adrenal glands produce numerous hormones that help us regulate stress. Unfortunately, these glands can easily be disrupted and make us feel tired and forgetful. Dr. Izabella Wentz, a thyroid expert, explains the lifestyle changes you can make to fix your hormone imbalance.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Izabella Wentz, Thyroid Specialist, author, Adrenal Transformation Protocol

**Compliance issues:** Depression, Weight Gain, Adrenal Dysfunction, Adrenal Glands, Brain Fog, Cortisol, Heart Disease, Hormones, Inflammation, Stress, Survival, Undiagnosed Diseases

**Links for more info:**

[Thyroid Pharmacist](#)

[Dr. Izabella Wentz- Thyroid Pharmacist \(@izabellawentzpharmd\) • Instagram photos and videos](#)

**SEGMENT 2: OZEMPIC: A LOOK INTO HOLLYWOOD'S MAGIC WEIGHT LOSS PILL**

**Time:** 14:41

**Duration:** 7:57

**Synopsis:** Ozempic is an anti-obesity and anti-diabetic drug that's being touted as a miracle weight loss drug on social media. But is there such a thing as a magic pill? Dr. Disha Narang, an obesity medicine expert, says there's no fast track to healthy and sustainable weight loss. Instead, Dr. Disha Narang explains how these types of therapies need to be paired with long-term, strict daily routines in order to be effective.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Disha Narang, Endocrinologist and Director of Obesity Medicine, Northwestern Medicine Lake Forest Hospital

**Compliance issues:** Consumerism, Diet, Exercise, Mental Health, Obesity, Ozempic, Patient Safety, Public Health, Social Media, Weight Gain, Heart Health, Medical Weight Loss

**Links for more info:**

[Disha Narang, MD | Northwestern Medicine](#)

[Twitter: @DishaKumarMD](#)

[Instagram: @dishanarangmd](#)



**Program 23-23**

**Air Week:** 06/04/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: HELPING PATIENTS FEEL LIKE KIDS AGAIN: THE MAGIC OF CHILDREN'S HOSPITALS**

**Time:** 1:50

**Duration:** 12:26

**Synopsis:** Children's hospitals do a lot more than cure diseases. For many long-term, young patients, these institutions become their entire world and not just the place where they receive treatment. Learn how some of these hospitals go above and beyond to help our sick kids every day.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Amar Bryant, Lead Inpatient Social Worker, Boston Children's Hospital; Marie Osmond, Co-Founder, Children's Miracle Network Hospitals; Camryn Kellam, Ambassador, Maria Fareri Children's Hospital; April Kellam, Mother

**Compliance issues:** Consumerism, Healthcare, Non-profit, Patient Safety, Vulnerable Populations, Caregivers, Children's Hospital, Chronic Disease, Donation, Immunodeficiency, Rare Disease, Sickle Cell

**Links for more info:**

[Children's Miracle Network Hospitals](#)

[Marie Osmond](#)

[After Undergoing Stem Cell Transplant to Combat Sickle Cell Disease Girl, 7, Named Maria Fareri](#)

[Children's Hospital Ambassador | News and Announcements](#)

[Amar Khalsa, MSW, LICSW | Boston Children's Hospital](#)

**SEGMENT 2: DON'T LET AN INJURY KEEP YOU FROM PLAYING THE GAME**

**Time:** 15:19

**Duration:** 7:04

**Synopsis:** Pickleball is quickly becoming America's favorite pastime. It's a low-impact sport that's great for people of all ages, but like any activity, it comes with its own injury risks. Dr. Fotios Tjoumakaris has some tips to keep you healthy on and off the court.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Fotios Tjoumakaris, Associate Professor of Orthopedic Surgery, Rothman Orthopedics at AtlantiCare

**Compliance issues:** Patient Safety, Public Health, Active Lifestyle, Aging, Muscle Strength, Older Populations, Overuse Injury, Pickleball, Socializing, Sports Injuries, Sports Medicine

**Links for more info:**

[Fotios P. Tjoumakaris, M.D. | Rothman Orthopaedic Institute](#)

[Fotios Tjoumakaris | LinkedIn](#)

**Program 23-24**

**Air Week:** 06/11/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: WHY DOCTORS SHOULD HAVE CREATIVE PASSIONS OUTSIDE OF MEDICINE**

**Time:** 1:50

**Duration:** 11:32

**Synopsis:** Hannah Boone entered medical school with a degree in music instead of having a typical science background. While this may seem unwise, some experts think it may be the best prerequisite for a career in medicine. Find out why this educational path is thought to create more involved and empathetic physicians.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Barton Thiessen, Associate Professor of Anesthesiology & Assistant Dean of Admissions for the Faculty of Medicine; Memorial University of Newfoundland; Dr. Danielle Ofri, Primary Care Physician & Clinical Professor of Medicine, New York University, Editor, Bellevue Literary Review; Hannah Boone, Senior Medical Student, Memorial University of Newfoundland

**Compliance issues:** Healthcare, Music, Burnout, Fine Arts, Hobbies, Medical School, Medical Student

**Links for more info:**

[Dr. Danielle Ofri](#)

[Danielle Ofri | NYU](#)

[Dr. Barton Thiessen](#)

[Hannah BOONE | Memorial University of Newfoundland, St. John's | Discipline of Medicine | Research profile](#)

**SEGMENT 2: MEDICAL GASLIGHTING: WHAT TO DO WHEN DOCTORS STOP LISTENING TO YOU**

**Time:** 14:24

**Duration:** 8:00

**Synopsis:** Doctors told Karen DeBonis that her son's concerning tics were normal, and he'd grow out of them. But when she got a second opinion, an MRI scan showed that he had a large brain tumor. This week - DeBonis shares how she was forced to advocate for herself when doctors didn't listen or take her seriously.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Karen DeBonis, Author, Growth; Dr. Stacey Rosen, Senior Vice President, The Katz Institute of Women's Health, Partners Council Professor of Cardiology and Women's Health, Donald and Barbara Zucker School of Medicine

**Compliance issues:** Cancer, Healthcare, Patient Safety, Public Health, Brain Disease, Chronic Symptoms, Gaslighting, Minorities

**Links for more info:**

[Karen DeBonis](#)

[Stacey Rosen Profile | Zucker School of Medicine](#)

[twitter: @KarenDeBonis](#)

[Stacey E. Rosen, MD, FACC, FACP, FAHA - Partners Council Professor of Women's Health - Hofstra North Shore-LIJ School of Medicine at Hofstra University | LinkedIn](#)

[Stacey Rosen, M.D. \(@drstaceyrosen\) / Twitter](#)

**Program 23-25**

**Air Week:** 06/18/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: THE PSYCHOLOGICAL TRENDS OF THE EVER-GROWING GIG ECONOMY**

**Time:** 1:49

**Duration:** 12:14

**Synopsis:** The gig economy seems to only be growing, especially with the boom of businesses like Uber and Grubhub. Workers now get to choose their own hours, but is the freedom worth the lack of regulation, protections, and benefits like health insurance? Experts explain the societal perception and personal psychology of gig workers.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah, Reed Pence

**Guests:** Dr. David Liebovitz, Co-Director, Institute for Augmented Intelligence in Medicine, Associate Professor of Medicine, Northwestern University; Dr. David Baker, Professor, University of Washington, Director, Institute for Protein Design

**Compliance issues:** Consumerism, Economy, Mental Health, Psychology, Public Health, Behavioral Science, Employment, Individuality

**Links for more info:**

[Jeff Kreisler](#)

[Twitter: @jeffkreisler](#)

[Jeff Kreisler - Managing Director, Head of Behavioral Science - JPMorgan Chase & Co. | LinkedIn](#)

[Caza, Brianna | Bryan School of Business and Economics](#)

[Brianna Caza](#)

[Brianna Caza | LinkedIn](#)

**SEGMENT 2: DEALING WITH LOSS THIS FATHER'S DAY**

**Time:** 15:05

**Duration:** 7:52

**Synopsis:** Whether you lost your father ten days ago or ten years ago, Father's Day can be a hard time of the month. Dr. Sanam Hafeez, a clinical neuropsychologist, says it doesn't have to be something to dread. Dr. Sanam Hafeez offers advice on how to turn this time of year into an experience of healing and growth.

**Host:** Nancy Benson

**Producer:** Kristen Farrah

**Guests:** Dr. Sanam Hafeez, Clinical Neuropsychologist, Founder, Comprehensive Consultation Psychology, Professor, Teachers College Columbia University

**Compliance issues:** Mental Health, Psychology, Public Health, Bereaved Parents, Bereavement Support, Father's Day, Grief, Loss of a Child, Loss of a Parent

**Links for more info:**

[Dr. Sanam Hafeez - Comprehensive Consultation Psychological Services](#)

[Sanam Hafeez - Faculty, Ph.D program - Teachers College, Columbia University | LinkedIn](#)

[Sanam Hafeez \(@drsanamhafeez\) | Instagram](#)

[Sanam Hafeez \(@ComprehendMind\) / Twitter](#)



**Program 23-26**

**Air Week:** 06/25/2023

**Executive Producer:** Amirah Zaveri

**Production Manager:** Jason Dickey

**SEGMENT 1: MENOPAUSE: WHAT TO EXPECT WHEN YOU'RE FINISHED EXPECTING**

**Time:** 1:51

**Duration:** 12:51

**Synopsis:** Every female on earth will eventually go through menopause, so why don't women know more about the process? If you've been suffering with menopausal symptoms or are confused about this life transition, our experts are here to help. They discuss how you can stay in control of your body and feel like yourself again during this time.

**Host:** Elizabeth Westfield

**Producer:** Kristen Farrah

**Guests:** Dr. Mary Jane Minkin, Clinical Professor, Yale School of Medicine, Podcast Host, Madame Ovary; Jancee Dunn, Author, Hot and Bothered

**Compliance issues:** Diagnoses, Neurology, Patient Safety, Psychiatry, Psychology, Public Health, Supplements, Human Physiology, Medical Myths, Vitamins

**Links for more info:**

[Mary Jane Minkin, MD](#)

[Madame Ovary About Dr. Minkin](#)

[Jancee Dunn](#)

[Jancee Dunn \(@janceedunn\) • Instagram photos and videos](#)

**SEGMENT 2: HAVE YOU BEEN FOOLED BY THESE COMMON MEDICAL MYTHS?**

**Time:** 15:44

**Duration:** 6:46

**Synopsis:** Can you take too many vitamins? Does everyone need eight hours of sleep? Dr. James Hamblin answers these common questions and many more on this week's segment. He explains how to tell if a persistent itch or bothersome joint pain has a simple fix or needs to be checked by a professional.

**Host:** Nancy Benson

**Producer:** Kristen Farrah, Reed Pence

**Guests:** Dr. James Hamblin, Lecturer in Public Health, Yale School of Public Health, Author, If Our Bodies Could Talk

**Compliance issues:** Breast Cancer, Gender Issues, Patient Safety, Estrogen, Gender Research Bias, Hormone Therapy, Hot Flashes, Incontinence, Menopause, Non-hormonal Therapy, Perimenopause, Progestin, Vaginal Dryness

**Links for more info:**

[James Hamblin, MD, MPH](#)

[James Hamblin \(@jameshamblin\) • Instagram photos and videos](#)

[James Hamblin \(@jameshamblin\) / Twitter](#)

[If Our Bodies Could Talk: A Guide to Operating and Maintaining a Human Body: Hamblin, James](#)



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Radio Health Journal Performance Affidavit –QTR 2 2023

I hereby Certify that Radio Health Journal Aired every Sunday morning 5a to 5:30a in QTR 2 2023 on  
WSBH-FM 98.5 The Beach .

A handwritten signature in black ink that reads 'David W. Poore'.

David W. Poore

Station Manager