

RZ Radio LLC Public Affairs Programming Log

Station Call Letters: KAVL
3rd Quarter 2016
Prepared By: Kenneth J. Guzman

Program Name/Segment - Issues & Programs Scheduled Programming	Date: Time:	Program Format/Content Description:
<p>Issue Addressed - View Points</p>	<p>07/03/2016 Between 6:00am & 9:00am Duration: 27:57</p>	<p>Segment 1 : I'm Right and You're an Idiot: Making public discourse less toxic</p> <p>Synopsis: The presidential primaries this year underlined the sorry state of public discourse in the U.S. Name-calling, bullying, shouting and misinformation took center stage along with the candidates and it makes you wonder if we'll ever get back to reasoned, polite discourse on important issues during this election cycle. Our guest wondered too, and he researched the topic of toxic public discourse and why it permeates our political and social communication these days. He also provides suggestions for advocates and candidates to get their points across without resorting to nastiness and acrimony.</p> <p>Host: Gary Price, Guests: James Hoggan, President, Hoggan & Associates, Vancouver, BC, author of the book, I'm Right and You're an Idiot: The toxic state of public discourse and how to clean it up.</p> <p>Links for more info: www.imrightandyoureanidiot.com</p> <p>Compliancy Issues Covered: politics, communication, media, social issues</p> <p>Segment 2: Healthier Eating: It doesn't have to be boring or bland.</p> <p>Synopsis: Eating healthy doesn't have to mean eating bland foods made with expensive ingredients that are hard to find. Our guests talk about how to introduce more fish and healthy fats, less gluten and less salt into your meals without a lot of fuss or fancy cooking techniques.</p> <p>Host: Marty Peterson. Guests: Diane Morgan, author of Salmon</p> <p>Links for more info: www.allysonkramer.com www.sodiumgirl.com</p> <p>Compliancy Issues Covered: health, agriculture & aquaculture, environment</p>

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	
<p>Date: 07/10/2016 Time: Between 6:00am & 9:00am Duration: 27:57</p>	
<p>Program Format/Content Description: SEGMENT 1: The Power of Introverts</p> <p>Synopsis: Wallflower, shy, anti-social. All negative words we've used to describe people who are "introverts." Our guest- an introvert herself- talks about just what an introvert is, and how they are actually very sociable in the right settings. She also discusses ways in which teachers and others can encourage introverts' participation in school and in other groups, and how "quiet ones" compliment the more gregarious and outgoing extroverts in their lives.</p> <p>Host: Gary Price. Guests: Susan Cain, author of Quiet Power: The secret strengths of introverts.</p> <p>Links for more info: www.quietrev.com</p> <p>Compliance Issues Covered: children & family issues, education, mental health</p> <p>SEGMENT 2: Men, Women and Equality</p> <p>Synopsis: Women have made great strides in our society, but they still lag behind men in pay and promotions to the corner office at work. Many young men, on the other hand, are finding that women are getting a lot of support from employers and advocacy groups while they're left out in the cold - and sometimes even ridiculed in the media. Our guests talk about these issues and offer suggestions for why they happen and how we can level the playing field for both women and men.</p> <p>Host: Marty Peterson. Guests: Jeffrey Tobias Halter is President of Women, a strategic consulting company and author of Why Women.</p> <p>Links for more info: www.ywomen.biz www.futureofmen.com</p>	

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	
<p>Date: 07/17/2016 Time: Between 6:00am & 9:00am Duration: 27:57</p>	
<p>Program Format/Content Description: SEGMENT 1: The End of Water as We Know It: Making water safe</p>	<p>Synopsis: Much of the world is without clean, potable water on a consistent basis, and even in developed countries where water is available, cleaning it for drinking and bathing and treating the wastewater is expensive and uses a lot of energy. We talk to a scientist who is working on new technology that will make filtering and sanitizing water more efficient, use less resources and provide clean drinking water to countries where waterborne diseases negatively affect the population at alarming rates.</p> <p>Host: Gary Price. Guests: Seth Darling, scientist from Argonne National Laboratory</p> <p>Links for more info: www.anl.gov http://ime.uchicago.edu</p> <p>Compliancy Issues Covered: public health, infrastructure, technology, water issues</p> <p>SEGMENT 2: People Skills: Getting what you want from others</p> <p>Synopsis: How do you get what you want from others? Our guests say that developing good "people skills" such as listening carefully and being authentic in your communications can go a long way toward persuading the other person that you're sincere. We discuss how to engage the person you want something from, how to "mirror" their behavior and how to prevent "vertigo" – that is being sucked into destructive, emotionally charged situations – to resolve conflicts and come to a mutual understanding.</p> <p>Host: Mary Peterson, Guests: Dave Kerpen is the founder and CEO of Likable Local, a social media software company</p> <p>Links for more info: www.davekerpen.com www.likeablelocal.com</p> <p>Compliancy Issues Covered: communication, politics, business, law enforcement</p>

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	
<p>Date: 07/24/2016 Time: Between 6:00am & 9:00am Duration: 27:57</p>	
<p>Program Format/Content Description: SEGMENT 1: Financial Anxiety: What it is and how to alleviate it</p> <p>Synopsis: A new survey shows that many Americans are suffering from “financial anxiety” and it’s affecting their health and happiness. What’s causing this anxiety and how can people alleviate it? Our guests address the issue, discuss the survey and offer ways to bring more financial security – and happiness – into our lives.</p> <p>Host: Gary Price. Guests: Rebekah Barsch, vice-president of financial planning for Northwestern Mutual</p> <p>Links for more info: www.northwesternmutual.com</p> <p>Compliancy Issues Covered: personal finance, education, mental health, consumerism</p> <p>SEGMENT 2: Measuring Animal Intelligence: How smart are they?</p> <p>Synopsis: How smart are animals? That’s a question that scientists – and pet owners – have been asking for decades. Our guest is a scientist who has studied animal intelligence and he discusses how neuroscience and biology are coming up with new definitions of what it means to be an intelligent animal, and using medical technology and unique experiments to better understand intelligence in non-humans.</p> <p>Host: Marty Peterson. Guests: Frans de Waal, professor in the psychology department at Emory University</p> <p>Links for more info: on Facebook at Frans de Waal Public Page</p> <p>Compliancy Issues Covered: science & technology, animals & health, medicine</p>	

Program Name/Segment - Issues & Programs Scheduled Programming	Date: 07/31/2016 Time: Between 6:00am & 9:00am Duration: 27:57	Program Format/Content Description:
Issue Addressed - View Points		<p>SEGMENT 1: Serious Play: Using tactical performance as protest</p> <p>Synopsis: We all love a good theater performance. It can make you laugh, move us to tears and convey important messages about life and culture. But are theater and performance good strategies to affect social change? To advocate for a better society? Our guest thinks so. He's a performer, writer and educator who uses serious play and theater to change people's minds and change society for the better.</p> <p>Host: Gary Price. Guests: Larry Bogad, professor at the University of California-Davis, founding Director of the Center for Tactical Performance.</p> <p>Links for more info: www.lmbogad.com</p> <p>Compliance Issues Covered: political activism, the arts, education, law enforcement, politics</p> <p>SEGMENT 2: News Magazines: A veteran reporters talks about his life at LIFE magazine</p> <p>Synopsis: News magazines have fallen on hard times. The big, photo-heavy publications such as Look and Life used to be part of the American landscape as they chronicled the important world events of the day. Our guest was a reporter and editor for one of these publications and talks about what it was like to work there, recalls some of the stories he covered and tells us why the magazines were pushed off the newsstands by modern technology and what we miss with their demise.</p> <p>Host: Marty Peterson. Guests: Gerald Moore, former reporter and editor for Life author of the book, Life Story: The education of an American journalist.</p> <p>Links for more info: www.authorgeraldmoore.com</p> <p>Compliance Issues Covered: journalism, military, prisons, communication, technology, drugs</p>

Program Name/Segment - Issues & Programs Scheduled Programming		Program Format/Content Description:
Issue Addressed – View Points	Date: 08/07/16 Time: Between 6:00am & 9:00am Duration: 27:57	<p>SEGMENT 1: Gun Violence and Gun Control</p> <p>Synopsis: It seems that every week there's another spate of shootings in America that makes headlines. How did things get so bad? Why can't we stop the violence? We talk to two guns specialists about the history of guns in the U.S., how many criminals get their hands on guns and hear a few suggestions on how to strengthen gun laws to promote safety and still guarantee American gun owners' constitutional rights.</p> <p>Host: Gary Price. Guests: Pamela Haag author of the book, <i>The Gunning of America</i>; Business and the making of American gun culture; Stephanie Soechtig, director and producer of the Sundance break-out documentary <i>Under the Gun</i>, executive produced and narrated by Katie Couric.</p> <p>Links for more info: www.pamelahaag.com www.UndertheGunmovie.com</p> <p>Compliance Issues Covered: gun laws, crime, commerce, politics, legislation</p> <p>SEGMENT 2: Philanthropy: Finding a good fit and making an impact</p> <p>Synopsis: The huge donations by billionaires such as Bill and Melissa Gates, Oprah, and Warren Buffett get a lot of press – and they help a lot of charities and people around the world. You might be surprised to know, though, that most of the money that non-profits receive is from small donors giving much less to deserving causes. We'll talk to a philanthropy specialist about how to give wisely and make sure your money is used in the way you intend.</p> <p>Host: Marty Peterson. Guests: Carrie Morgridge, Vice President of The Morgridge Family Foundation, author of <i>Every Gift Matters: How your passion can change the world</i>.</p> <p>Links for more info: www.carriemorgridge.com</p> <p>Compliance Issues Covered: philanthropy, business, personal finance, non-profits, government</p>

Program Name/Segment - Issues & Programs Scheduled Programming		Program Format/Content Description:
Issue Addressed – View Points	Date: 08/14/16 Time: Between 6:00am& 9:00am Duration: 27:57	<p>Program Format/Content Description:</p> <p>SEGMENT 1: The Boys in the Bunkhouse: Intellectually – challenged men in servitude</p> <p>Synopsis: If you came upon a rundown, roach-infested bunkhouse in the heartland of America, full of middle-aged and elderly men in poor health who worked all day at a job for little pay and had been for decades, you might think you had time traveled back to the 19th Century. We talk to an author who writes about this very situation where mentally challenged men had been pressed into servitude in 1974 and remained there until 2009 when some determined and caring social workers stepped in to help them.</p> <p>Host: Gary Price. Guests: Dan Barry, New York Times reporter and columnist, author of The Boys in the Bunkhouse: Servitude and salvation in the heartland.</p> <p>Links for more info: www.danbarryonline.com</p> <p>Compliancy Issues Covered: the intellectually disabled, commerce, poverty, agriculture, civil rights, law</p> <p>SEGMENT 2: A Young Boy Remembers the Holocaust</p> <p>Synopsis: Although their numbers are dwindling every year, there are still many people alive today who remember and lived through the Holocaust during World War II. One of these men spoke to us about his experience as a young boy in a Czechoslovakian work camp, and how his mother – through hard work. Quick thinking and just pure luck – managed to keep herself and her two children from the death camps in Poland. He also discusses the need for young people to learn about the Holocaust and the reasons why it happened.</p> <p>Host: Marty Peterson. Guest: Michael Gruenbaum, author with Todd Hasak-Lowy of Somewhere There Is Still a Sun.</p> <p>Links for more info: www.simonandschuster.com</p> <p>Compliancy Issues Covered: war, genocide, education, immigration</p>

Program Name/Segment - Issues & Programs Scheduled Programming	Date: 08/21/16 Time: Between 6:00am & 9:00am Duration: 27:57	Program Format/Content Description:
Issue Addressed – View Points	<p>SEGMENT 1: Trump Bubbles: High-conflict politicians</p> <p>Synopsis: Throughout American history we've had politicians who stir up controversy during their campaigns: Bernie Sanders, Pat Buchanan, Joe McCarthy and now Donald Trump, to name just a few. These candidates are what one of our guests calls "high-conflict politicians." What is the attraction some voters have for these candidates? Why are they so loyal to them? And what is the political climate that brings them to the fore? We discuss these issues with our guests who look at the politics and the psychology of high-conflict candidates.</p> <p>Host: Gary Price. Guests: Bill Eddy, president of the High Conflict Institute and author of, Trump Bubbles: the dramatic rise and fall of high-conflict politicians; Mark Smith, director of the Center for Political Studies at Cedarville University in Ohio; Lauren A. Wright, PhD, political scientist and author of the book On Behalf of the President: Presidential spouses and White House communications strategy today.</p> <p>Links for more info: www.unhookedbooks.com</p> <p>Compliancy Issues Covered: politics & campaigns, psychology, minorities. Media & communications</p> <p>SEGMENT 2: The Importance of Names</p> <p>Synopsis: One of the most important things new parents have to consider is what to name their child. A lot of history and tradition can go into the choosing of that moniker and our guest has researched how we pick names and why they are important. She also discusses the religious and ethnic considerations of naming and why some people decide to change their names.</p> <p>Host: Marty Peterson. Guests: Dr. Mavis Himes, psychoanalyst, clinical psychologist and author of the book, The Power of Names</p> <p>Links for more info: www.MavisHimes.com</p> <p>Compliancy Issues Covered: religion, ethnicity & culture, family issues, entertainment & media</p>	

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	<p>Date: 08/28/16 Time: Between 6:00am & 9:00am Duration: 27:57</p>	<p>Program Format/Content Description: SEGMENT 1: Women Running for President: We'll hear about four of the most prominent Synopsis: Hillary Clinton is running for president as the Democratic nominee this year, and for many people she's the first woman to ever seek that job. It might surprise you to know, however, that hundreds of women have run for president. One of our guests introduces three other prominent females who made progress in running for the White House. The other talks about the private side of Secretary Clinton and how, as First Lady, she tried to keep family life as normal as possible for the president and her daughter, Chelsea. Host: Gary Price. Guests: Ellen Fitzpatrick, professor of history at the University of New Hampshire and author of the book, The Highest Glass Ceiling: Women's quest for the American presidency; Cynthia Levinson, author of a book for eight to 12 year olds titled, Hillary Rodham Clinton; Do all the good you can. Links for more info: www.cynthialevinson.com Compliancy Issues Covered: politics, campaigns, women's issues, African-American issues SEGMENT 2: Kids and Nutrition: Getting them to eat more healthy foods Synopsis: It's tough for many parents to make sure that their kids eat nutritious meals, what with all of the advertising for less than healthy fast foods on the market. We talk to a nutritionist and a chef about strategies and foods that parents can use to help their kids make better choices at mealtime and in between. Host: Marty Peterson. Guests: Allison Childress, instructor and director of the Didactic Program in Dietetics at Texas Tech University; Sonoko Sakai, author of the cookbook, Rice Craft. Links for more info: www.choosemyplate.gov www.cooktellastry.com Compliancy Issues Covered: children & family issues, nutrition, health and wellness</p>
---	---	--

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	
<p>Date: 09/04/16 Time: Between 6:00am & 9:00am Duration: 27:57</p>	<p>Program Format/Content Description: SEGMENT 1: The Climate Change Mindset</p> <p>Synopsis: We've heard a lot about climate change and global warming over the past 20 years or so, but ironically people care about it less now than they did a decade ago! We talk to a researcher and author about how the framing of climate change can skew the message and create attitudes that affect how we think of global warming and how we become motivated — or not — to do something about it.</p> <p>Host: Gary Price. Guest: Per Espen Stokenes, psychologist, economist, author of <i>What We Think About When We Try Not To Think About Global Warming: Toward a new psychology of climate action.</i></p> <p>Links for more info: www.stoknes.com</p> <p>Compliance Issues Covered: climate change, economy, technology, community action, government</p> <p>SEGMENT 2: Fashion: How It Affects Body Image, Health, and the Environment</p> <p>Synopsis: It seems that everywhere you go, fashion surrounds you — in ads for clothing and makeup, a billboard, the cover of a magazine, or virtually anything featuring a model. These images provide us with the idea of what makes a perfect person: If you wear this color lipstick and this kind of dress, you're considered beautiful. The fashion industry has been doing this for ages, but over time it has increasingly raised issues about confidence, self-esteem and body image. Our guest discusses why it's important to look beyond the advertisements and find the fashions that are right for you, how cheap clothing is hurting developing countries and the environment, and why designers and manufacturers need to change how they create clothing for and market to older men and women.</p> <p>Host: Marty Peterson. Guests: Dr. Carolyn Mair, Chartered Scientist</p> <p>Links for more info: www.cazweb.info</p> <p>Compliance Issues Covered: consumerism, women's issues, health and well-being, manufacturing</p>

Program Name/Segment - Issues & Programs Scheduled Programming		Program Format/Content Description:
Issue Addressed - View Points	Date: 09/11/16 Time: Between 6:00am & 9:00am Duration: 27:57	<p>Program Format/Content Description:</p> <p>SEGMENT 1: Cyber Security and Restoring Reputations</p> <p>Synopsis: With all of the rumor mills and out there online, how do you fight back if your name is smeared? And who are these people who take great pleasure — and often make money — out of spreading rumors about others? Our guests discuss how gossip websites operate and how to protect yourself and your family from false and/or embarrassing information that appears online.</p> <p>Host: Gary Price. Guests: Adam Levin, chairman and founder of Identity Theft 911 and author of the book Swiped; Joseph Finder, author of the new novel. Guilty Minds.</p> <p>Links for more info: www.SwipedBook.com www.IDT911.com www.josephfinder.com</p> <p>Compliance Issues Covered: technology, privacy issues, law, crime, media</p> <p>SEGMENT 2: The Benefits of Forest Fires</p> <p>Synopsis: There have been news stories all summer about wildfires destroying thousands of acres of forest in the West and elsewhere. Most of the time we hear about the devastation, but our guests says that fires actually help forests stay healthy and can even bring them back to their natural states by removing non-native plants.</p> <p>Host: Marty Peterson. Guests: Dr. Nancy French, is a senior scientist at the Michigan Tech Research Institute in Ann Arbor, part of Michigan Technological University; Dominick DellaSala is chief scientist at the Geos Institute in Ashland, Oregon, and author of the book, The Ecological Importance of Mixed-Severity Fires: Nature's phoenix.</p> <p>Links for more info: www.mtri.org www.geoinstitute.org www.forestlegacies.org</p> <p>Compliance Issues Covered: natural resources, emergency response, science, agriculture</p>

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	
<p>Issue Addressed - View Points</p>	
<p>Date: 09/18/16 Time: Between 6:00am & 9:00am Duration: 27:57</p>	
<p>Program Format/Content Description:</p> <p>SEGMENT 1: Emotional Agility: The key to getting things done</p> <p>Synopsis: When something happens that weighs on your mind and affects your relationships, your work and your life, how do you escape from the feeling/ what can you do if you are working toward a goal, but your emotions get in the way of achieving it? Or you can't quite get out of a rut you're in with your job or a relationship? Our guests talk about how to develop "emotional agility": to deal with the thoughts, emotions and the stories we have in our lives, so we can attain the goals we set for ourselves, and live a more fulfilling life.</p> <p>Host: Gary Price. Guests: Dr. Susan David is the co-founder of the Harvard-affiliated Institute of Coaching at McLean Hospital, a psychologist on the faculty of Harvard University Medical School, and author of the book, Emotional Agility: Get unstuck, embrace change and thrive in work and life.</p> <p>Links for more info: www.susandavid.com/learn</p> <p>Compliance Issues Covered: mental & physical health, employment, family issues</p> <p>SEGMENT 2: Eldercare: Who will take care of all the boomers?</p> <p>Synopsis: With the baby boomers transitioning into retirement in record numbers, and their parents living longer, we're facing an eldercare challenge that's bigger than we've ever seen before in this country. Who will take care of all of the older Americans who will need medical and end-of-life assistance in the coming decades? And how will we ensure that elder citizens will be able to live in comfort and dignity during their senior years? We talk to an activist about her own experiences with the system, and learn about strategies for dealing with the eldercare challenges that face us.</p> <p>Host: Marty Peterson. Guests: Ai-Jen Poo, co-director of Caring Across Generations, author of the book, The Age of Dignity: Preparing for the elder boom in a changing America.</p> <p>Links for more info: www.caringacross.org</p> <p>Compliance Issues Covered: elderly, healthcare, labor & employment</p>	

<p>Program Name/Segment - Issues & Programs Scheduled Programming</p>	<p>Date: 09/25/16 Time: Between 6:00am & 9:00am Duration: 27:57</p>	<p>Program Format/Content Description:</p> <p>SEGMENT 1: Robert Kennedy: Remembering a fallen icon</p> <p>Synopsis: Although he never became president, Bobby Kennedy spearheaded a great deal of change in America with his work in civil rights, crime fighting and by combating corruption. Our guest remembers this icon and talks about his more personal side, how he helped his brother John become president, and how his legacy inspires liberals and conservatives to this day.</p> <p>Host: Gary Price. Guests: Larry Tye, author of Bobby Kennedy: The making of a liberal icon.</p> <p>Links for more info: www.larrytye.com</p> <p>Compliance Issues Covered: politics, civil rights, government, crime, organized labor</p> <p>SEGMENT 2: Disaster Response: Strategies for an emergency</p> <p>Synopsis: We've had quite a number of natural disasters this year, and many Americans have been killed or injured in the chaos, not to mention losing all of their possessions. Could they have been better prepared for disaster? Our guests are emergency response experts and they lay out some strategies for weathering big storms and fires to keep yourself and your family safe during an emergency.</p> <p>Host: Marty Peterson. Guests: Peter Duncanson, Director of Systems Development for Service Master Restore; Dr. Joseph Alton, fellow in the American College of Surgeons, a medical preparedness writer and author of The Survival Medicine Handbook.</p> <p>Links for more info: www.doomandbloom.net www.servicemasterrestore.com</p> <p>Compliance Issues Covered: natural disasters, families, health & well being, infrastructure</p>
---	---	--