

Call Letters: KBKK

QUARTERLY ISSUES REPORT, APRIL-JUNE, 2021

Health

Mayo Clinic Radio, weekend of 04/04-05

Date aired: 04/05/2020 Time Aired: 6:00 AM

30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic.

On this week's program, Dr. Abinash Virk, a Mayo Clinic infectious diseases specialist, discussed travel during the COVID-19 pandemic. Also on the program, Caroline Poland, a licensed mental health counselor and certified clinical trauma professional, discussed mental health and anxiety amid the pandemic. And, Dr. Michael Ackerman, a Mayo Clinic genetic cardiologist and director of the Windland Smith Rice Sudden Death Genomics Laboratory, explained the cardiac risks of using off-label drugs to treat COVID-19. And Dr. Joseph Sirven, a Mayo Clinic neurologist, shared important thoughts for patients with neurologic conditions like epilepsy, seizures and migraine headaches.

Mayo Clinic Radio, weekend of 04/11-12

Date aired: 04/12/2020 Time Aired: 6:00 AM

30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. Dr. Stacey Rizza, a Mayo Clinic infectious diseases specialist, gave a view from the front lines of the fight against the disease. And Dr. Jessica Lancaster, a Mayo Clinic immunology researcher, explained how aging affects the immune system.

Then, Dr. Dale Ekbohm, a Mayo Clinic otolaryngologist and head and neck surgeon, explained treatment options for vocal cord paralysis. And Dr. Abdallah El Sabbagh, a Mayo Clinic cardiologist, discussed mitral valve regurgitation, a heart condition.

Mayo Clinic Radio, weekend of 04/18-19

Date aired: 04/19/2020 Time Aired: 6:00 AM

30:00

The pandemic has forced changes to daily life, and disrupted normal routines at work, at school, and at home. Physical isolation can negatively affect mental health, and constant news coverage can bring fear and anxiety about the disease. How can we best cope in these uncertain times?

This week, Dr. Craig Sawchuk, chair of the Division of Integrated Behavioral Health at Mayo Clinic, shared helpful tips and strategies on managing stress and anxiety during the pandemic.

Then, Dr. Bruce Pollock, a Mayo Clinic neurologic surgeon, explained gamma knife stereotactic radiosurgery — surgery without a scalpel. And Dr. Maisha Robinson discussed palliative care.

Mayo Clinic Radio, weekend of 04/25-26
Date aired: 04/26/2020 Time Aired: 6:00 AM
30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. On Mayo Clinic Radio, Dr. Gregory Poland, an infectious diseases expert and head of Mayo Clinic's Vaccine Research Group, discussed the steps needed to reopen businesses, schools and other activities as the fight to control COVID-19 continues. Also on the program, Dr. Tina Ardon, a Mayo Clinic primary care physician, discussed routine vaccines and masking for children.

Then, Dr. Matthew Carlson, a Mayo Clinic ear, nose and throat surgeon, explained vestibular schwannomas, a benign brain tumor that forms on the nerve cells leading from your inner ear to your brain. And Dr. Dawn Davis, a Mayo Clinic dermatologist, discussed genital skin diseases in men

Mayo Clinic Radio, weekend of 05/02-03
Date aired: 05/03/2020 Time Aired: 6:00 AM
30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. On the Mayo Clinic Radio podcast, Dr. Gregory Poland, an infectious diseases expert and head of Mayo Clinic's Vaccine Research Group, shared the latest news on the coronavirus pandemic. Also on the program, Dr. Donald Hensrud, director of the Mayo Clinic Healthy Living Program, discussed the "Quarantine 15" - how to avoid weight gain, eat healthy, and stay active during stay at home orders.

Then, Dr. Todd Miller, a Mayo Clinic cardiologist, explained how exercise affects the heart. And Dr. Beth Robertson, a Mayo Clinic neurologist, discussed headaches and treatment for migraines.

Mayo Clinic Radio, weekend of 05/09-10
Date aired: 05/10/2020 Time Aired: 6:00 AM
30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. Your best defense against the spread of coronavirus is hand-washing, but frequent hand-washing can deplete the skin of its natural moisture and oils, causing dry and cracked skin. Recommendations to wear face masks also are taking a toll on the skin. Face masks may rub across the nose and behind the ears, which can irritate the skin. What should you do if your skin is becoming dry or sensitive? On the Mayo Clinic Radio podcast, Dr. Dawn Davis, a Mayo Clinic dermatologist, shared tips to care for your skin affected by frequent hand-washing or face masks.

Then, Dr. Amanika Kumar, a Mayo Clinic gynecologic surgeon, explained how thorough assessment of a patient can help direct the treatment for ovarian cancer. And Dr. James Li, a Mayo Clinic allergist and immunologist, discussed adult asthma.

Mayo Clinic Radio, weekend of 05/16-17
Date aired: 05/17/2020 Time Aired: 6:00 AM
30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. Dr. Conor Loftus, chair of outpatient practice at Mayo Clinic, explained how Mayo Clinic is protecting patients and staff by using enhanced screening, testing, cleaning and masking protocols during the COVID-19 pandemic. Then, Dr. Jamie Van Gompel, a Mayo Clinic neurologic surgeon, and Dr. Garret Choby, a Mayo Clinic otolaryngologist — head and neck surgeon, explained minimally invasive surgery for skull base tumors. And Dr. Reade Quinton, a Mayo Clinic pathologist, discussed the shortage of pathologists and his forensic work in anatomic pathology.

Mayo Clinic Radio, weekend of 05/23-24
Date aired: 05/24/2020 Time Aired: 6:00 AM
30:00

May is National Stroke Awareness Month. On this Mayo Clinic Radio program, Dr. Robert D. Brown Jr., a Mayo Clinic neurologist and stroke expert, discussed stroke and stroke prevention. Also on the program, Dr. Paul McKie, a Mayo Clinic cardiologist, explained when and why you might need a cardiac stress test. And Dr. Craig Sawchuk, a psychologist and co-chair of Mayo Clinic's Division of Integrated Behavioral Health, offered tips for being a good mental health consumer.

Mayo Clinic Radio, weekend of 05/30-31
Date aired: 05/31/2020 Time Aired: 6:00 AM
30:00

The Mayo Clinic Radio program shared the latest information on the COVID-19 (coronavirus) pandemic. On the Mayo Clinic Radio podcast, Dr. Bobbi Pritt, chair of the Division of Clinical Microbiology at Mayo Clinic, explained testing options for COVID-19. Also on the program, Dr. Gregory Poland, an infectious diseases expert and head of Mayo Clinic's Vaccine Research Group, reviews the latest literature on COVID-19, discussed vaccine trials and explained some unique symptoms of COVID-19.

Then, Dr. Matthew Robertson III, chair of Obstetrics and Gynecology at Mayo Clinic in Florida, explained hyperthermic intraperitoneal chemotherapy, which uses heated chemotherapy during surgery to treat ovarian cancer. And Dr. Christopher Boes, chair of Mayo Clinic's Division of Neurology Education, and Dr. Bruce Pollock, a Mayo Clinic neurologic surgeon, discussed diagnosing and treating the chronic pain condition known as trigeminal neuralgia.

Mayo Clinic Radio, weekend of 06/06-07
Date aired: 06/07/2020 Time Aired: 6:00 AM
30:00

On this Mayo Clinic Radio program, Dr. Grant Hamilton, division chair of Facial and Plastic Reconstructive Surgery in the Department of Otorhinolaryngology at the Mayo Clinic, discussed common cosmetic surgical procedures including rhinoplasty to change the shape of the nose, face-lift (rhytidectomy), and eyelid surgery (blepharoplasty).

Also on the program, Dr. Kejal Kantarci, a Mayo Clinic neuroradiologist, discussed menopause, hormones and dementia. And Ava Weitzl, a first grader who was born with hypoplastic left heart syndrome, and Dr. Timothy Nelson, director of the Todd and Karen Wanek Family Program for Hypoplastic Left Heart Syndrome at Mayo Clinic, shared Ava's story.

Mayo Clinic Radio, weekend of 06/13-14
Date aired: 06/14/2020 Time Aired: 6:00 AM
30:00

On this Mayo Clinic Radio program, Dr. Andrea Huebner, a Mayo Clinic neuropsychologist, discussed autism spectrum disorder. Also on the program Erin Mason, a Mayo Clinic physician assistant, and Dr. Christopher Russi, a Mayo Clinic emergency medicine physician, explain how tele-medicine is used in emergency departments. And Dr. Victoria Zambito, a Mayo Clinic pharmacist, shared the many roles a pharmacist can play in health care.

Mayo Clinic Radio, weekend of 06/20-21
Date aired: 06/21/2020 Time Aired: 6:00 AM
30:00

On this Mayo Clinic Radio program, Dr. Shakila Khan, a Mayo Clinic pediatric hematologist/oncologist, discussed childhood leukemia. Also on the program, Dr. Kaiser Lim, a Mayo Clinic pulmonary and critical care physician, explained chronic cough and how it can be treated. And Jeri Lensing and Angela Young discussed the important role of patient navigators at the Mayo Clinic Cancer Center.

Mayo Clinic Radio, weekend of 06/27-28
Date aired: 06/28/2020 Time Aired: 6:00 AM
30:00

A bone marrow transplant is a procedure that infuses healthy blood-forming stem cells into your body to replace your damaged or diseased bone marrow. Bone marrow transplants may use cells from your own body (autologous transplant) or from a donor (allogeneic transplant). Bone marrow transplants can benefit people with a variety of both cancerous (malignant) and noncancerous (benign) diseases.

On this Mayo Clinic Radio program, Dr. William Hogan, director of the Mayo Clinic Bone Marrow Transplant program, discussed bone marrow transplant. Also on the program, Dr. Lauren Dalvin, a Mayo Clinic ophthalmologist, and Dr. Waleed Brinjikji, a Mayo Clinic radiologist, explained treatment for retinoblastoma, the most common form of eye cancer in children. And Adam Shultz, a Mayo Clinic cardio-oncology rehabilitation specialist, explained how cardio-oncology rehab can help cancer patients recover and deal with treatment side effects.

