

Cape Cod Broadcasting Public File

3rd Quarter 2017

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

July 2, - Sunday Journal Program

Program Title: Housing Institute

Program Description: A series of workshops begins in October to educate municipal leaders and town staff across the Cape to better tackle affordable housing crisis. Housing Assistance Corporation and the Community Development Partnership have partnered to start the Cape-wide Housing Institute. The institute is a six-week program designed to provide support, training and technical assistance to town and regional leaders to help them make better decisions about land use policy and the development of housing. "I think a lot of folks kind of get into these positions where they are wanting to contribute, make a difference and set important local land use policy but really kind of lack the skills and experience and knowledge," said Jay Coburn, the executive director of the Community Development Partnership, who joins the program to talk about the effort.

Program Title: Pawpalooza

Program Description: Cape Cod will be home to the largest pet festival the peninsula has ever seen when the 2nd Annual "Agway of Cape Cod Paw Palooza" pops up in July at Dennis-Yarmouth High School. The extravaganza is expected to fetch some serious dough for the Cape's two largest animal shelters — the MSPCA in Centerville and the Animal Rescue League of Boston's shelter in Brewster. Highlighting the two-day event will be the Cape's first-ever DockDogs® tournament. DockDogs® is the fastest growing water sport for dogs with sanctioned tournaments taking place from Coast to Coast. In an awe-inspiring display of canine athleticism, dogs jump from a platform into a 45-foot pool, competing for distance, height and speed. While veteran teams will be traveling from all over New England to compete, novices are also welcome and practice sessions will be available to all registered dogs in between competitions. You can register your dog to participate online at www.pawpaloozacapecod.com or on-site at the event. Event organizers join the program.

Program Title: July 4th Travel Trends

Program Description: A record number of travelers are expected for the 4th of July holiday in Massachusetts and across the country. AAA estimates that 44.2 million Americans will travel more than 50 miles from home between Friday and Tuesday, including more than 1.1 million Bay Staters. More than 1 million people are expected to travel by car in Massachusetts and AAA Northeast Director of Public and Legislative Affairs Mary Maguire expects the “escape to the Cape” to begin Thursday night. “I think Friday is going to be jam-packed as well,” Maguire said. “People are probably well advised to try to travel very early Saturday morning if they are able to do so.” Maguire joins the program to talk about the latest travel trends.

July 9 - Sunday Journal Program

Program Title: Independence House

Program Description: A new shelter is opening up on Cape Cod this fall to provide services for survivors of domestic and sexual abuse. Independence House is expanding its programming to provide the 24/7 residential services at an undisclosed location on Cape Cod for residents in need locally and beyond, according to the organization’s executive director Lysetta Hurge-Putnam. “It will also include individuals from across the state just to provide a resource, a service, for survivors of domestic violence in need who need an emergency residence while they figure out their next step,” Hurge-Putnam said. The residential program will be 24 hours a day all year round and will be staffed at all times, according to Hurge-Putnam, who joins the program.

Program Title: Housing With Love Walk

Program Description: The 25th annual Bob Murray Housing with Love walk kicks off this 4month in Provincetown. The seven-day walk spans the length of Cape Cod, from Provincetown to Falmouth and has raised more than \$4.7 million since its inception in 1993. “This is an important thing and hopefully when people see us in our yellow t-shirts out on the road, they’ll know we’re walking for a good cause,” said event volunteer Don Jenkins, who joins the program.

July 16 - Sunday Journal Program

Program Title: Cape League Softball

Program Description: The Cape Cod Baseball League will put on a celebrity softball game this summer to raise money for a good cause. The Cape Cod Celebrity Softball Game will be held on Friday, July 21 at 6 p.m. at McKeon Park as the league kicks off their All-Star weekend festivities. The game will serve as a fundraiser for Spaulding Rehabilitation Hospital Cape Cod. The league has announced a number of committed celebrities that will play in the fundraiser, including Red Sox great and former Hyannis Met Jason Varitek, Olympic medalist Nancy Kerrigan, and former Patriots quarterback Scott Zolak. John Garner from the Cape League and officials from Spaulding join the program.

Program Title: Children's Cove Teen TASK Force

Program Description: A first-of-its-kind program on Cape Cod is underway at Dennis-Yarmouth High School with the goal of getting abuse victims to open up to volunteers their own age. The Teen TASK (Taking a Stand for Kids) Force is a collaboration between the school district and Children's Cove, a facility for child abuse intervention. Director of Pupil Services for D-Y schools Jamie Curley says children who have been abused are often afraid to speak out. Discussion for the program began last year when Children's Cove Director Stacy Gallagher approached the district about a possible program. A group of volunteer students have come together to participate in the program. "It just started," Curley said. "I want to say they've had maybe two sessions now." The volunteers, which are sophomores at D-Y High School, meet monthly. "They are going over to the Children's Cove area and are learning about the different phases children go through when they are involved in these types of situations," Curley said. The goal of the program is to get TASK Force members to let victims know about the available resources, including those provided by Children's Cove, and to just make it easier for victims to come forward with their experiences.

July 23, - Sunday Journal Program

Program Title: Heritage Museums and Gardens

Program Description: Visitors will be able to experience Heritage Museums & Gardens in Sandwich in a whole new way this summer with two new programs. The Premium Heritage Experience provides a personal concierge-led tour of the gardens and exhibits and Rides in Cars

will allow guests the opportunity to ride in classic vehicles from the museum's collection. The Premium Experience is offered twice each day at 11 a.m. and 1:30 p.m.

The 90-minute tour of the museum is customized to provide visitors with a personalized visit matched to areas of interest. Visitors will get to go where the general public is allowed, receive inside information and have conversations with experts in the fields of gardening, history, and art. Heritage Museums & Gardens is also enrolling for its Summer Vacation Programs, focused on STEM (Science, Technology, Engineering, Math) learning, outdoor adventure, and fun at The Hundred Acre School. Through August 25, The Hundred Acre School at Heritage opens its doors to children ages 4 to 8 for summer fun and adventure that engages them with all that Heritage offers: 100 acres of nature trails and woodlands, daily excursions that explore Heritage's exhibits filled with art, history, and autos, rides on the vintage carousel, live performances, and more. Executive Director Ellen Spear joins the program.

Program Title: Against the Tide

Program Description: A fundraising event for the Massachusetts Breast Cancer Coalition comes to Brewster later this summer. The 18th annual statewide Against the Tide Swim, Kayak, Walk, Run and/or Aquathon event will be held at Nickerson State Park on August 19. Proceeds benefit the coalition, which works to understand the causes of breast cancer and find ways to prevent the disease. "We are very fortunate to have such tremendous support from citizens of Massachusetts demanding greater protection of their children's future health in our effort to stop breast cancer before it starts," said Cheryl Osimo, the Executive Director of the MBCC. "MBCC often is overshadowed by larger, national breast cancer organizations and messages of early detection, treatment, and finding a cure. We depend on our generous media and supporters to continue our unique goal of breast cancer prevention." Osimo joins the program to talk about the upcoming event.

Program Title: Recovering Champions has announced the hiring of veteran behavioral health manager Nicole Costa as their new Executive Director. In her new role, Costa will manage daily operations, enhancing current program offerings with an additional focus on expansion opportunities. Prior to joining Recovering Champions, Costa served as the Executive Director at Spectrum Health Systems in Westboro, MA, where she managed and oversaw the operations of eight inpatient substance abuse treatment programs in Massachusetts. She was also the Division Director for South Bay Mental Health and held supervisory positions at the Suffolk County House of Corrections in Boston and Bridging the Gap in Worcester. Costa joins the program to talk her new position and the future of the organization.

July 30, - Sunday Journal Program

Program Title: Quahog Challenge

Program Description: For the third straight year Housing Assistance Corporation is on the hunt for the best stuffed quahog on Cape Cod as part of its Quahog Challenge. The event, which takes place on Sunday, August 6, from 1-4 pm, at Trader Ed's in Hyannis, will pit eight restaurants, from Falmouth to Truro, competing for the right to be crowned with the title of the tastiest stuffie on Cape Cod. "It's one of my favorite events of the year as everyone who attends has a smile on their face while enjoying some delicious stuffed quahogs and ultimately helping those in need on the Cape," said HAC's Event Coordinator Deanna Bussiere, who joins the program. Two-time champion Arnold's Lobster and Clam Bar in Eastham, will be returning to defend their title. They will face competition from Cape Tip Seafood Market in Truro; Doggz & Hoggz in Falmouth; Fresh Ketch in Hyannis; Portside Tavern in Hyannis; Spanky's Clam Shack in Hyannis; Trader Ed's; and Wicked Good Seafood, a food truck out of East Falmouth, which will be competing in the upcoming season of "The Great Food Truck Race" on the Food Network.

Program Title: National Night Out

Program Description: A handful of Cape Cod police departments will once again participate in National Night Out on Tuesday. The initiative strives to build relationships between the public and the police departments who serve them to make neighborhoods and communities safer. Events are scheduled in several towns, including Dennis, Yarmouth and Falmouth. In Dennis, the equipment from several federal, state and local agencies will be on display, along with food and a concert. "It's community building," said Ryan Carr, a community police officer with the Dennis Police Department. "The cops come out and meet the community we serve. It's stress-free – hang out and talk, hopefully talk civilly, and just share thoughts and ideas on how can we all work together." National Night Out events provide several activities for children. "We reach out to the kids too," Carr said. "Try to get them to see that we are not the boogeyman and let them sit in the car and take pictures."

August 6, - Sunday Journal Program

Program Title: Hope Music Festival

Program Description: A new music festival is coming to the Cape Cod Melody Tent this month to raise funds for Cape Cod Healthcare. The inaugural Hope Music Festival, organized by Brian Serpone Productions and presented by Cape Cod Broadcasting Media, features rock artists from the 60s, 70s, 80s and today. The festival includes award winning artists who have performed for Aerosmith, the Rolling Stones, Boston, The Cars, B52s, the J. Geils Band and more. “It’s a one of a kind charitable event bringing a legendary lineup of rock n’ roll artists to the Cape – something that hasn’t been done,” said Brian Serpone. He expects the event to raise \$250,000 or more for the healthcare organization, which operates Cape Cod Hospital in Hyannis and Falmouth Hospital. Cape Cod Healthcare CEO Michael Lauf said the funds will be used to enhance healthcare across the region, along with fighting the opioid epidemic and substance abuse. Lauf and Serpone join the program to talk about the music festival.

Program Title: Operation Backpack

Program Description: The Cape Cod Military Support Foundation has announced the return of Operation Backpack to Support Massachusetts Military Families. The local non-profit has led the annual campaign with a goal of providing backpacks filled with school supplies and distributing them to the children of active duty members of the military, National Guard and Coast Guard. “The reality is that back to school time can be a burden on many families – especially those who have to provide school supplies and clothing for more than one child in their household,” explained Cape Cod Military Support Foundation President and CEO Don Cox, “These children face a lot in their young lives, from moving multiple times, to dealing with the deployment of a parent, or knowing that a parent is risking their life to do their jobs every day.” Last year alone the foundation, with support from members of the community, was able to dispense more than 2,800 backpacks and have proclaimed a goal this year to surpass that by providing at least 4,000. Cox joins the program to talk about their efforts.

August 13, - Sunday Journal Program

Program Title: Jung Ho Pak

Program Description: The Cape Symphony and Artistic Director and Conductor Jung-Ho Pak have reached an agreement on a five-year contract extension. Pak has developed and lead the orchestra in hundreds of performances since he joined the Cape Symphony in 2007. “In Jung-Ho, we have an inspirational leader who brings focus and commitment to his conducting duties,” said Douglas MacDonald, chair of Cape Arts & Entertainment Board of Trustees. “Beyond that, Jung-Ho has a special commitment to youth and arts education. We are fortunate to have his continued leadership.” Pak said he is delighted to continue his role at the Cape Symphony. Pak joins the program to talk his contract extension.

Program Title: Pops By The Sea

Program Description: Dr. Greg Skomal with the state Division of Marine Fisheries will be the guest conductor of this year’s Citizens Bank Pops by the Seas concert. The 32nd annual event will be held on August 13 on the Hyannis Village Green. Skomal will join Keith Lockhart and the Boston Symphony Orchestra in a show that celebrates the Cape and the music of film composer John Williams. Coinciding with Williams’ 85th birthday, the concert will perform scores from “Harry Potter”, “Star Wars” and “Jaws.” “We started thinking about how we could build upon this awesome music and the history and we were thinking about Cape Cod and then we were thinking about jaws, and sharks and Greg Skomal came to mind,” said Arts Foundation of Cape Cod Executive Director Julie Wake, who joins the program.

Program Title: Community Health Centers

Program Description: Community Health Center Week is underway across the nation and Barnstable County. Community health centers have provided healthcare to residents on the Cape and Islands since the 1960 and there are currently five non-profit organizations providing services on the Cape and Martha’s Vineyard. Local organizations include: Community Health Center of Cape Cod, which serves the Upper Cape at locations in Mashpee, Bourne and Falmouth; Harbor Community Health Center, which serves the Mid Cape in Hyannis; Outer Cape Health Services, which serves the Lower and Outer Cape with sites in Harwich, Wellfleet and Provincetown; Island Health Care on Martha’s Vineyard; and Duffy Health Center, which serves the homeless and those at risk of being homeless across the county. In 2016, more than 50,000 people on the Cape and Islands received services through 200,000 visits. “We serve

somewhere between 20 and 25 percent of the population of Barnstable County, which is pretty impressive,” said Heidi Nelson, the CEO of Duffy Health Center. More than 25 million patients are served at more than 9,000 community health center locations across the county. Nelson joins the program.

August 20, - Sunday Journal Program

Program Title: Cape Tech Project

Program Description: Cape Cod Regional Technical High School officials will host seven information sessions over the next month to educate voters about their plan for a new school building. Superintendent Robert Sanborn says they will travel across the Cape to present plans for the \$127 million facility leading up to a districtwide vote on October 24. “Eighty-six million of that would be spread across the 12 towns by enrollment percentage if this vote were to go through,” Sanborn said. The remaining amount would be funded through the Massachusetts School Building Authority. “Obviously this is not an everyday expenditure that our district is used to,” Sanborn said. “It’s been a four or five year process of apprising local officials about this and now it’s time to bring it to the voters.” The current building was constructed over 40 years ago and has outlived its usefulness. “It’s a beautiful building and it’s been well kept over 43 years,” Sanborn said. “The original design and the building envelop and the demands of 21st century education have made the building, unfortunately, [obsolete].” Sanborn joins the program to talk about their school plan.

Program Title: Immunization Program

Program Description: The Barnstable County Immunization Program is once again offering a variety of immunizations and vaccines to county residents. The county recommends adults receive not only a flu shot, but also a Tdap shot, which is replacing the traditional tetanus shot, which is administered every 10 years. “Tdap is tetanus, diphtheria, and acellular pertussis,” said Dierdre Arvidson, Barnstable County Nurse. “The CDC recommends that all adults 18 and older be given a one-time dose of Tdap in place of their regular tetanus.” Most medical insurance providers including MassHealth and Medicare cover the costs for these immunizations, and county residents can receive services every Tuesday and Thursday at the Barnstable County Complex on Route 6A in Barnstable Village.

August 27, - Sunday Journal Program

Program Title: Alzheimer's Walk

Program Title: The annual Walk to End Alzheimer's Disease takes place this weekend on Cape Cod, with more than 600 people expected to take to the streets of Hyannis to raise money for crucial medical research. The event is planned for Sunday at Veterans Park Beach. More than 600 communities across the country hold similar walks each year. This marks the second year the walk has been held on Cape Cod, and organizers say they are expecting an increase in participants. 417 walkers took part last year and raised \$110,000. The event features two walking routes, 1-mile and 3-miles. Registration begins at 8 a.m., with opening ceremonies starting at 9 a.m. All money raised benefits the Alzheimer's Association, the largest non-profit funder of Alzheimer's research in the world. Event organizers join the program.

Program Title: Leo Cakounes – County Finances

Program Description: Standard & Poor's has issued a AA bond rating for Barnstable County, which will help keep borrowing costs low. The rating is the second highest possible and will allow the county to get more favorable interest rates. According to Standard & Poor's, which considers itself the foremost source of independent credit ratings, the county has a very strong capacity to meet financial commitments. Leo Cakounes, the chairman of the Barnstable County Commissioners, said getting the high rating is the best news anyone in his position could hear. "The S&P not only stated that we are currently doing things to improve the government but we have plans for the future, and that is the most important part," Cakounes said. Cakounes said the rating is also good news for the county because it didn't have a rating prior to S&P's report. "Instead of borrowing at 4.5 percent we might be looking at somewhere a little over 2 [percent]," he said.

Program Title: Atty. Jay McMahon

Program Description: Bourne resident and attorney James "Jay" McMahon has thrown his hat in the ring to replace Massachusetts Attorney General Maura Healey. The long-time republican made the announcement at an event last week in Westport where passionately he questioned Healey's record on a number of issues including immigration, the opiate crisis, civil liberties, and second amendment rights. In her two and a half years in office Healey has built up a record that has made her popular among Democrats but reviled with conservative circles. In January, Healey joined Washington State in filing suit against the Trump administration to block the

enforcement of the president's proposed travel ban. She has worked hard to limit gun ownership, specifically assault weapons, and has drawn lawsuits from Christian churches for what they say are violations of their religious liberties. McMahon joins the program to talk about his campaign.

September 3, Sunday Journal

Program Title: Cape Cod Scallop Fest

Program Description: One of the biggest annual autumn events on Cape Cod is the Scallop Fest at the Cape Cod Fairgrounds in East Falmouth. The three-day event draws thousands from near and far for a weekend of live music, kids activities, classic car displays, arts and crafts shows, fried chicken, chowder, lobster rolls, ice cream, and, of course, plenty of fried scallops. Special presentations this year include a comedy act by Lenny Clarke, nationally known as a comedian and actor who starred on his own self-titled sitcom on CBS, FX's *Rescue Me*, *There's Something About Mary*. Our very own Cat Wilson will be introducing Lenny on 9/22. Comedian Christine Hurley be first on stage Friday, September 22nd at 6:30pm, followed by Clarke. There will be a single-elimination Corn Hole from 1 until 4 on Sunday, featuring up to 32 teams and a grand prize trip for two to Nantucket. At the end of the day however, Scallop Fest is about the food. Dozens of vendors, food trucks, and beverage stands will form the crux of the festival offering patrons a taste of the best in everything from seafood to snacks. Nearly five decades in, the festival was re-branded last year from simply "Scallop Fest" to the "Cape Cod Scallop Fest." Chamber Executive Director Marie Oliva joins the program.

Program Title: Seaside LeMans

Program Description: Participants in the upcoming Seaside LeMans took to the practice course this week as they get ready to put the pedal to the metal for charity. This year marks the 17th year the race has been held and organized by The Davenport Companies. The Seaside LeMans pits up to 20 teams of drivers against each other in a four-hour European-style Formula 1 go-kart race. Drivers honed their skills behind the wheel on the F1 Outdoor Track in East Bridgewater to prepare for the September 9 race at Mashpee Commons. Participants familiarized themselves with the high-speed go-karts, practicing around tight corners and on straightaways. The go-karts can reach speeds of up to 55 miles per hour. The teams are made up of drivers from local business sponsors. "It's really a unique type of fundraiser," said Beth Patkoske, the Director of Communications for the Davenport Companies. "A lot of folks participate in bikes and runs and walks, but this is the only kart-racing event on the Cape." Patkoske joins the program to talk about the Seaside LeMans.

September 10, - Sunday Journal Program

Program Title – Cape Cod Arts Expo

Program Description - Cape Cod Community College’s Multicultural Festival is expanding to become the Cape Cod Arts & Culture Expo. The event, which had been held in March, will now be held in September for its 17th year. The expo on September 16 showcases the histories, lifestyles and cultures of people from around the world who call Cape Cod their home. “This is not just multicultural but, in fact, some of it will actually be Cape Cod focused because certainly we are Cape Cod’s community college as well,” said Michael Gross, a college spokesman. Like in previous years, the event features an International Marketplace and Exhibitor Area, along with performances in the Tilden Arts Center. This year will also see the utilization of outdoor spaces for attendees to experience while walking around campus. “They’ll be a number of new exhibitors, new things that people will see from organizations that are involved in culture and the arts,” Gross said.

Program Title – Hyannis Open Streets

Program Description - Open Streets will return to Hyannis this weekend for a day of walking, dancing, biking and socializing along Main Street as traffic is closed to and thousands of pedestrians flock to one of the Cape’s busiest roadways. The semi-annual event is sponsored by the Greater Hyannis Civic Association, the Hyannis Main Street Business Improvement District, the Greater Hyannis Chamber of Commerce, as well as local business owners and residents. The festivities get underway on Sunday from 12 to 5 p.m. on Main Street in Hyannis. The local event is one of a hundred similar Open Streets to transform busy towns across America. The purpose is not only to spur local business and keep money in the community, but also to foster increased usage of self-powered transportation.

September 17 - Sunday Journal

Program Title – Pier to Plate

Program Description - The Cape Cod Commercial Fishermen’s Alliance says its new Pier to Plate program over the summer was a success. The program was created to create demand of two locally caught fish species which have been underutilized but are abundant, dogfish and skate. Saltonstall-Kennedy grant funding through NOAA paid local fishermen and processors between Memorial and Labor Day to provide fish to local restaurants. Director of the Cape Cod Fisheries

Trust Seth Rolbein said about 14 million pounds of dogfish was landed in Chatham last year, which is a large percentage of the Northeast catch. The fish is usually processed and frozen before being shipped overseas to Europe and Asia. “Obviously our hope is that we begin to build a local market that changes that,” Rolbein said. Rolbein said the local community is not used to thinking that dogfish and skate as top of the plate dinners.

Program Title: Mass Maritime New Class

Program Description: Massachusetts Maritime Academy in Buzzards Bay has welcomes its newest class to campus. The incoming freshman class includes 465 cadets bringing the total regiment up to 1,700 – the most in the school’s history. Admiral Fran McDonald says interest in maritime education is at an all-time high and that total enrollment has increased by 60 percent over the last decade. “We have artificial caps on our majors because we are looking for some space to grow,” McDonald said. “[We] haven’t figured that out just yet with some help from the state.” McDonald joins the program to talk about the new class and what’s ahead this year for the Buzzards Bay school.

September 24, - Sunday Journal Program

Program Title – Art Westfall Foundation

Program Description: A local organization which has been raising money for two decades to help hospitality industry workers is holding one of its largest fundraisers this weekend. The Art Westfall Foundation is hosting its second Best of Cape Cod “Masquerade” Bartender’s Ball Sunday at 7:30 at the Resort and Conference Center in Hyannis. Board member Ed Miles says the foundation just tries to help people out. “We are not able to pay all their medical bills or all of their bills but we try to help them out a little bit to get them through whatever crisis they are in,” Miles said. “It could be rent. It could be a car payment. It could be whatever.” The foundation started 21 years ago when Arthur Westfall, the general manager of the former Pufferbellies, was diagnosed with terminal cancer at the age of 49.