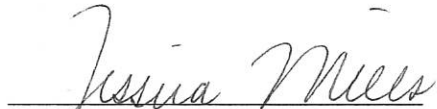


ISSUES AND PROGRAMS LIST
1st QUARTER 2017

Station WHFM 95.3 FM determined that the following were of significant concern to the Long Island, New York community during the first quarter of 2017.

1. Health
2. Public Safety
3. Education
4. Economy/Economic Development
5. Environment
6. Community/Charity Events/Organizations

Prepared by:



Jessica Mills
Office Manager
Cox Radio Long Island
WBAB-FM, WHFM-FM, WBLI-FM

Cox Radio Long Island Program Descriptions

Plugged In To Long Island - Plugged In To Long Island is a one-half hour, station produced interview program focusing on Long Island area issues. It is heard Sunday mornings at 6:00AM and 6:30AM. Plugged In To Long Island is produced by Cox Radio Long Island community affairs staff.

Radio Health Journal - Radio Health Journal is a one-half hour radio magazine produced by Media Tracks Communications that keeps tabs on the latest in the world of medicine- breakthroughs, what medical advances to look for, and eye opening news. The show airs on Sunday morning at 5AM.

The Best Of Our Knowledge/Legislative Gazette –The Best Of Our Knowledge/Legislative Gazette is a one-half hour New York State (WAMC) produced discussion program focusing on education and New York State political issues. It is heard Sunday mornings between 6:00am and 6:30am, inside Sunday morning public affairs programming.

Cox Radio 1st Quarter 2017 Issues & Programs

Issue- Health

Radio Health Journal 1/8/17 at 5:00AM (12 minutes)

Over the last decade, the number of women over age 30 seeking treatment for anorexia, bulimia and binge eating disorder has skyrocketed. Experts discuss the factors triggering eating disorders in midlife and the factors that bring women in for treatment for long standing disorders.

Radio Health Journal 1/8/17 at 5:13AM (8 minutes)

Dupuytren disease (pronounced DOO-pah-tren) is the most common disorder crippling hands that most people have never heard of. It is a genetic condition of the fascia beneath the skin of the palms, and it stubbornly resists treatment. An expert and a patient discuss the disorder.

Radio Health Journal 1/15/17 at 5:13AM (7 minutes)

Researchers have found that poor health and disabilities can be factors leading to prison. An expert discusses the life cycles that can make this occur.

Radio Health Journal 1/22/17 at 5:00AM (11 minutes)

Motorized, computer-controlled braces and frames are making the concept of the bionic human into reality. Experts discuss how these exoskeletons work and how they may be used in the future.

Radio Health Journal 1/22/17 at 5:13AM (8 minutes)

Public hospitals have a poor reputation, but in some fields, especially trauma, they are often among the best hospitals in the US. Two experts discuss reputation vs. reality and the threats public hospitals face.

Plugged Into Long Island 1/29/17 at 6-6:30AM (26 minutes)

Summary: Al Levine and Staci Leavitt, Nutrition and Eating Disorder Clinician and owner of Mind and Body, Inc, talk about ways to eat healthier (especially during the summer months) promote healthy eating with your family, and dealing with eating disorders.

Radio Health Journal 1/29/17 at 5:00AM (13 minutes)

Experts have believed that autism affects four times as many boys as girls, but the ratio may not actually be quite that high. Doctors are learning that autism shows up differently in girls' behavior as a result of brain differences. This leaves many girls with autism undiagnosed.

Radio Health Journal 1/29/17 at 5:13AM (7 minutes)

Most employers believe the workplace is no place to nap, but research increasingly shows that a short nap in the middle of the day carries many benefits in increased productivity.

Plugged Into Long Island 2/5/17 at 6:30-7AM (27 minutes)

Summary: JP meets with Dr. Anthony Cerabino from Healthcare Wellness Center. They discuss trading wisdom with Mayan healers, solving common health issues, and curing years of pain with Acupuncture and Eastern Medicine (without medication).

Radio Health Journal 2/5/17 at 5:00AM (12 minutes)

Today more than half of American adults are single. Many are still looking for love-- more than 40 million are members of online dating sites, which have their busiest time of the year between now and Valentine's Day. A noted psychologist explains research showing most users take the wrong approach when seeking a good match online, and discusses how they can better their odds of finding true love.

Radio Health Journal 2/5/17 at 5:13AM (8 minutes)

Injured NFL players are treated by doctors employed by teams, but a Harvard study claims there is an inherent conflict of interest in that arrangement, which might mean putting players on the field before they're recovered. One of the study's co-authors discusses.

Radio Health Journal 2/12/17 at 5:13AM (7 minutes)

Music thanatology is a specialized practice of playing harp music for the dying. A practitioner of the art explains how there is also science to it as well, and a woman whose family has used it describes her experience.

Radio Health Journal 2/26/17 at 5:13AM (6 minutes)

Eye transplants have long been attempted unsuccessfully. Doctors are taking what they've learned in hand transplants, especially in nerve regeneration, and applying it to eye transplant development. Experts discuss what need to be accomplished to make transplants a reality.

Radio Health Journal 3/5/17 at 5:13AM (7 minutes)

Many people have questions about their bodies that seem so silly, they never bring them up with their doctors. While the answers are sometimes humorous, often they are more complicated and important than we imagine. An expert physician/writer discusses.

Radio Health Journal 3/19/17 at 5:00AM (12 minutes)

Since the introduction of antibiotics in World War II, doctors have prescribed courses of treatment that typically ran longer than necessary. Bacterial resistance is forcing a reevaluation, shortening courses sometimes to just a few days and even prompting doctors to advise not using all pills if patients feel better.

Radio Health Journal 3/19/17 at 5:13AM (8 minutes)

Anxiety is normal, but too much can be crippling. An author and anxiety sufferer discusses the nature of crippling anxiety and what people can do about it.

Radio Health Journal 3/26/17 at 5:00AM (11 minutes)

Patients used to accept doctors' orders without question. Today, more are asking questions and challenging their doctors' opinions. However, even those who do it politely are likely to be labeled "difficult." A doctor whose late wife nearly made a career of being a difficult patient discusses how patients can do it respectfully and fruitfully.

Radio Health Journal 3/26/17 at 5:13AM (8 minutes)

Studies show a rudeness epidemic in the US, and that people are profoundly affected when they experience or even witness it occurring to someone else. Two experts discuss.

Issue – Public Safety

Radio Health Journal 1/1/17 at 5:00AM (12 minutes)

With monitors surveying every part of patients' bodies, hospital intensive care units appear to be a model of high tech. But systems engineers say ICU's are actually models of inefficiency because few of those high tech devices talk to each other. Experts discuss how ICU's could be improved to save lives.

Plugged Into Long Island 1/8/17 at 6-6:30AM (27 minutes)

Summary: Ted Lindner and guest talk about the Suffolk County Police Department Lock It or Lose It campaign. Items are stolen from an average of 312 cars each month in Suffolk County. Many of these thefts are from unlocked vehicles. They urge listeners to always lock their vehicles, take their keys, close the windows, keep valuables out of sight and report suspicious activity.

Radio Health Journal 1/15/17 at 5:00AM (12 minutes)

With recreational marijuana use legal in eight states and 29 permitting medical pot use, there will be more drivers on the road who are potentially under the influence of marijuana. However, police have no way to determine who is dangerous and who is not, as blood levels of marijuana's active ingredient are often meaningless. Experts discuss the problem and new scientific discoveries about marijuana impairment.

The Legislative Gazette 1/15/17 at 5:30-6am (25 minutes)

The Governor delivers his six regional state of the state addresses, our political observer Alan Chartock will share his thoughts on the Governor's speeches and national appeal, and there may be progress in a call to overhaul the state's juvenile justice system.

The Legislative Gazette 2/5/17 at 5:30-6am (25 minutes)

Governor Cuomo tells a rally of Planned Parenthood advocates he's proposing a constitutional amendment to put the protections of Roe v Wade into the state's constitution, our political observer Alan Chartock shares his thoughts on the Governor's remarks, and leaders of religious and civil rights organizations react to President Trump's executive order barring citizens from 7 muslim countries from entering the U.S. and blocking refugees for 120 days.

Radio Health Journal 2/12/17 at 5:00AM (13 minutes)

Peanut allergies in children have skyrocketed to the point that many schools ban foods containing them. Now studies show previous advice is wrong. Rather than keeping kids away from peanuts to protect them, parents should give most infants peanuts from an early age. An allergy expert who is co-author of new guidelines explains.

Radio Health Journal 2/19/17 at 5:00AM (12 minutes)

Antibiotic resistance may mean some infections are untreatable in the future. To combat this bacterial evolution, new federal rules went into effect on January 1 that restrict use of antibiotics in food animals, where the majority of US antibiotics are consumed. Critics worry the rules don't go far enough. Experts on both sides of the issue discuss.

Radio Health Journal 2/19/17 at 5:13AM (7 minutes)

A major new study shows hearing loss is decreasing in the US. This has surprised some experts who've feared greater use of ear buds would lead to greater hearing loss in young people. Experts discuss why hearing loss is declining and caution against complacency.

Radio Health Journal 2/26/17 at 5:00AM (13 minutes)

Primary care doctors such as family physicians and internists can treat opioid addiction in their offices using drug substitution therapy. This could potentially erase the stigma of getting treatment. However, few doctors have been trained in this therapy. Experts discuss opioid addiction, & potential treatments.

The Legislative Gazette 2/26/17 at 5:30-6am (25 minutes)

The legislature has the week off, but an unusual amount of protests and arrests are already part of this year's legislative session, our political observer Alan Chartock shares his thoughts on New York U.S. Senator Gillibrand saying Governor Cuomo would be a great candidate to face President Trump in 2020, and New York State ranks fourth in the nation for the number of active hate groups.

Radio Health Journal 3/5/17 at 5:00AM (13 minutes)

The Trump Administration has signaled it intends to revamp the Food and Drug Administration to speed the approval of drugs. Some FDA commissioner candidates have proposed radical reform, including an end to the requirement that drugs must be effective to be approved. Experts discuss what reform might look like and what the FDA needs to better succeed

Plugged Into Long Island 3/12/17 at 6-6:30AM (24 minutes)

Summary: Joe Rock interviews Lee Westerlind, from National Grid. They discuss the importance of gas safety and the public being informed. They utilize Public Awareness Liaisons that are responsible for the outreach and education to their customers and communities. This education helps drive awareness around the presence and purpose of natural gas facilities, the importance of damage prevention, safe excavation practices and steps to take in the event of a natural gas emergency.

Radio Health Journal 3/12/17 at 5:13AM (7 minutes)

As St. Patrick's Day approaches—one of the biggest drinking holidays of the year—an expert discusses why hangovers occur and what might work to prevent them and recover from them.

Plugged Into Long Island 3/19/17 at 6-6:30AM (27 minutes)

Summary: Ted Lindner meets with Suffolk County Police Commissioner Sini to discuss gang violence throughout the community and the number of arrests associated with activity, particularly with MS13.

The Legislative Gazette 3/19/17 at 5:30-6am (25 minutes)

A Blizzard hits the Northeast and the Mohawk Valley and Southern Tier were ground zero, a report from Great Lakes Radio on this deadly winter for snowmobilers, and our political observer Alan Chartock share's his thoughts on President Trump firing 46 U.S. Attorney's, including NY's Preet Bharara.

Issue- Education

Radio Health Journal 1/1/17 at 5:13AM (7 minutes)

Most people rely on their primary care doctors first when they need health care. But a shortage in primary care doctors is only getting worse. Some medical schools have been successful in keeping their grads in primary care. We talk to an expert from one of them to see how it's done and if other schools can replicate their success.

The Legislative Gazette 1/8/17 at 5:30-6am (25 minutes)

As a new minimum wage takes effect in New York, A 200 member enforcement agency will make sure wage workers are paid properly, our political observer Alan Chartock shares his thoughts on Governor Cuomo's free SUNY college tuition proposal, and a pipeline company planning an Orange County plant says a handful of residents face eminent domain proceedings.

Radio Health Journal 3/12/17 at 5:00AM (12 minutes)

Many people sing badly and think they're tone deaf, but a surprisingly low proportion of them truly can't tell one note from another. They not only can't sing, they also can't enjoy music, may have trouble with certain forms of language, and may be unable to communicate emotion in their speech. Experts discuss.

Issue- Economy/Economic Development

The Legislative Gazette 1/29/17 at 5:30-6am (25 minutes)

The Senate Republican leader says he's not happy with what he says is over \$800 million dollars in new taxes and fees in the Governor's budget, our political observer Alan Chartock shares his thoughts on the Governor's plan, and steps are being taken at state and local levels to stay fears of roundups and mass deportations under the Trump administration.

The Legislative Gazette 2/12/17 at 5:30-6am (25 minutes)

A hearing at the capitol was interrupted by protesters who want higher taxes on millionaires, our political observer Alan Chartock shares his thoughts on the so-called millionaire's tax, and NY US Sen Kirsten Gillibrand joins Ct. Congresswoman Rosa Delauro to reintroduce the Family and Medical Insurance Leave Act.

Plugged Into Long Island 2/19/17 at 6:30-7AM (26 minutes)

Summary: Ted Linder and Melissa Negrin-Wiener discuss elder care issues. Adult children often experience serious disputes with their siblings regarding their parents' care and misunderstandings over inheritance issues. Elder mediation can be the best solution to keep families together and save money.

The Legislative Gazette 2/19/17 at 5:30-6am (25 minutes)

A group of upstate lawmakers are asking the state to step in and fund refugee resettlement programs caught up in President Trump's travel ban, our political observer Alan Chartock shares his thoughts on a change in the power balance in the NYS Senate, and a state Assemblywoman introduces legislation on carbon farming she says is the first of its kind.

Plugged Into Long Island 2/26/17 at 6-6:30AM (26 minutes)

Summary: Ted Lindner meets with representatives from Economic Opportunity of Long Island to discuss their Charitable Bail Fund Program, which helps low-income defendants accused of a misdemeanor and where bail is set at \$2,000 or less and lack the funds to secure their own release. The program aims to keep families intact and promote self-sufficiency and economic justice.

The Legislative Gazette 3/5/17 at 5:30-6am (25 minutes)

With just a month before the state budget is due, numerous interest groups are converging on the capitol, our political observer Alan Chartock shares his thoughts on President Trump's impact on the New York Stock Exchange, and Congressman Maloney will reintroduce legislation to require a federal study on long-term health effects of PFOS and PFOA exposure.

The Legislative Gazette 3/12/17 at 5:30-6am (25 minutes)

Democrats propose an alternative plan for NY, as the Republican Congress works on replacing the ACA or so-called Obamacare, our political observer Alan Chartock share's his thoughts on a possible pay raise for lawmakers in exchange for an on-time budget, and we take a look at what it's like to be an immigrant in New York..

Issue- Environment

Plugged Into Long Island 1/15/17 at 6-6:30AM (27 minutes)

Summary: Ted Lindner meets with Adrienne Esposito, Executive Director of the Citizens Campaign for the Environment. They discuss the Long Island Clean Water Partnership, which is a group of leading conservation organizations who are bringing together scientists, planners, advocates, public officials, and concerned community members, to address the issues related to declining water quality on Long Island.

The Legislative Gazette 1/22/17 at 5:30-6am (25 minutes)

Governor Cuomo rolls out a 152 billion dollar budget proposal, our political observer Alan Chartock shares his thoughts on the governor's proposal, and a new report finds the regional greenhouse gas initiative has had a positive impact on the health of residents in the northeast.

The Legislative Gazette 3/26/15 at 5:30-6am (25 minutes)

Proponents of raising taxes on New York's wealthiest cite the continued bad news from Washington about deep federal cuts to health care and other areas, our political observer Alan Chartock will share his thoughts on that and Former U.S. Attorney Preet Bharara's new job, and NY's Lt. Governor makes a clean energy announcement.

Issue - Community/Charity Events/Organizations

Plugged Into Long Island 1/1/17 at 6-6:30AM (28 minutes)

Summary: Al Levine speaks with Roger Lynn, founder of Angels for Warriors. Angels for Warriors is a not-for-profit volunteer organization providing information and guidance about the essential resources available to America's returning warriors and their families.

Plugged Into Long Island 1/1/17 at 6:30-7AM (29 minutes)

Summary: Sandy Brewster meets with guests from Long Island Cares, which brings together all available resources for the benefit of the hungry and food insecure on Long Island and, to the best of their ability, provides for the humanitarian needs of the community. Their goals are to improve food security for families, sponsor programs that help families achieve self-sufficiency, and educate the general public about the causes and consequences of hunger on Long Island.

Plugged Into Long Island 1/8/17 at 6:30-7AM (27 minutes)

Summary: Sandy Brewster meets with Jennifer Albanese, from Almost Home Animal Rescue. Almost Home is a non-profit organization based on Long Island and is comprised of many dedicated and compassionate volunteers with the common goal of rescuing and re-homing unwanted and abandoned animals from private homes and municipal shelters. They are committed to assisting families with their pet needs, preventing unnecessary surrenders to local municipal shelters, made possible through their Training Wheels program.

Plugged Into Long Island 1/15/17 at 6:30-7AM (27 minutes)

Summary: Donna Donna and guest discuss Community Solidarity. Their goal is to fight the social, economic and environmental oppressions that are inflicted upon our community and planet. They provide groceries, fresh produce and warm vegan meals to low-income communities. They also collect and distribute clothing, books, toiletries and toys, and provide gardening programs.

Plugged Into Long Island 1/22/17 at 6-6:30AM (28 minutes)

Summary: Donna Donna meets with representatives from Imperfectly Perfect, a non-profit geared towards improving the quality of life by extending the outlet of support. This encompasses educational, emotional, financial, spiritual, inspirational, as well as any additional support needed. They discuss their upcoming fundraiser, benefiting the Children in the Pediatric Cardiology Unit at Cohen's Children's Medical Center.

Plugged Into Long Island 1/22/17 at 6:30-7AM (28 minutes)

Summary: Ted Lindner speaks with the American Heart Association about their upcoming Long Island Go Red for Women Luncheon. The event is dedicated to expanding the focus of their national Go Red for Women movement. It has a strong educational component seeking to increase public awareness of cardiovascular disease and risk factors, particularly as they apply to women.

Plugged Into Long Island 1/29/17 at 6:30-7AM (28 minutes)

Summary: Sandy Brewster speaks with Nancy Taylor from Bideawee, Inc. Bideawee is a leading pet welfare organization serving metropolitan New York and Long Island. Through a vast array of services they cultivate and support the life-long relationships between pets and the people who love them.

Plugged Into Long Island 2/5/17 6-6:30AM (25 minutes)

Summary: Cooper, Anthony and guest discuss 1 in 9's Hewlett House, a not-for-profit community resource center open to the public. Hewlett House provides patients and their families a free, warm and welcoming place to obtain resources and education and a safe haven for those whose lives have been touched by cancer.

Plugged Into Long Island 2/12/17 at 6-6:30AM (26 minutes)

Summary: Al Levine talks with representatives from Adelphi Breast Cancer Program about Creative Cups. The Creative Cups project encourages artistic expression in celebration of the lives of those living with breast cancer and those who have lost family members and friends to this terrible disease.

Plugged Into Long Island 2/12/16 at 6:30-7AM (28 minutes)

Summary: Sandy Brewster and guests speak about No Kid Hungry Campaign. Using proven, practical solutions, No Kid Hungry strives to end childhood hunger by ensuring that kids start the day with a nutritious breakfast, are able to get the nutrition they need during the summertime, and families learn the skills they need to shop and cook on a budget.

Plugged Into Long Island 2/19/16 at 6-6:30AM (25 minutes)

Summary: Al Levine speaks with Roger Lynn, founder of Angels for Warriors. Angels for Warriors is a not-for-profit volunteer organization providing information and guidance about the essential resources available to America's returning warriors and their families.

Plugged Into Long Island 2/26/17 at 6:30-7AM (26 minutes)

Summary: Al Levine and Dr. Andrew Jacono discuss Face-To-Face, which provides pro bono consultations and surgery to domestic violence survivors who have suffered injuries to the face, head and neck. They also provide free surgery to children with facial disfigurement due to birth defects, burns, trauma, facial tumors and war.

Plugged Into Long Island 3/5/17 at 6-6:30AM (26 minutes)

Summary: Al Levine talks with representatives from Adelphi Breast Cancer Program about Creative Cups. The Creative Cups project encourages artistic expression in celebration of the lives of those living with breast cancer and those who have lost family members and friends to this terrible disease.

Plugged Into Long Island 3/5/17 at 6:30-7AM (28 minutes)

Summary: Donna Donna meets with United Cerebral Palsy of Long Island to discuss Developmental Disabilities Awareness Month, the UCP of Long Island programs available and their upcoming fundraiser, A Night in Monte Carlo Event, taking place in April.

Plugged Into Long Island 3/12/17 at 6:30-7AM (26 minutes)

Summary: Joe Rock and guests discuss Paws of War. Paws of War trains and places rescued dogs to serve and provide independence to our United States military veterans who suffer the emotional effects of war. Every dog is trained for a specific veteran to fulfill his or her needs.

Plugged Into Long Island 3/19/17 at 6:30-7AM (28 minutes)

Summary: Ted Lindner speaks with John Theissen about John Theissen Children's Foundation's upcoming Spring Poker Showdown. The Showdown is a 100 player poker tournament that directly benefits the foundation. The entry fee includes dinner, beverages and chip stack. The event takes place on March 30th at the Knights of Columbus in Wantagh.

Plugged Into Long Island 3/26/17 at 6-6:30AM (28 minutes)

Summary: Donna Donna and guests discuss the Long Island Imagine Awards, a gala event created to offer formal acknowledgment to some of Long Island's most effective and innovative nonprofit organizations. They feel it is important to recognize the impactful work that nonprofits are doing every day to change lives and showcase the top nonprofits on Long Island to foster collaboration and support, not only in the nonprofit sector, but in all sectors.

Plugged Into Long Island 3/26/17 at 6:30-7AM (28 minutes)

Summary: Ted Lindner and Dr. Jeffrey Reynolds talk about Family and Children's Association, a non-for-profit organization that is dedicated to providing help and hope to Long Island's most vulnerable children, families, seniors and their communities. They provide many programs and services, such as addiction treatment and behavioral health services, educational opportunities and life skills for youth and strategies for building family success.



WBAB COMMUNITY CALENDAR

The WBAB Community Calendar is a listing of Public Service Announcements and community events throughout Long Island. The WBAB Community Calendar runs once per daypart daily, (seven times a day), seven days a week. Events are also listed on www.wbab.com. The following are the public service announcements which ran during the 1st Quarter of 2017.

#8054

Start: 1/1

End: 1/6

HERE'S YOUR BAB COMMUNITY CALENDAR...

Kids Need More is a nonprofit charitable organization dedicated to enhancing the lives of children, families & young adults coping with cancer and life-threatening illness. One of the most special Kids Need More programs is Camp Adventure, a sleep-away camp on Shelter Island that offers children fighting cancer and their siblings the opportunity to celebrate life in a safe and positive environment while providing respite for their families and caregivers. Kids Need More believe that children and families coping with life threatening illness and trauma deserve to do more than just survive. They deserve to thrive! For details on Kids Need More visit [kids need more dot org](http://kidsneedmore.org).

WEDNESDAY, JANUARY 18TH, JOIN LAST CHANCE ANIMAL RESCUE FOR A COMEDY NIGHT FUNDRAISER AT MCGUIRE'S COMEDY CLUB IN BOHEMIA. DOORS OPEN AT 6:30PM FOR DINNER WHICH IS AVAILABLE FOR PURCHASE. YOUR \$20 DONATION HELPS LAST CHANCE ANIMAL RESCUE SAVE ANIMALS FROM HIGH KILL SHELTERS AND PLACES THEM IN FOSTER HOMES UNTIL THEY ARE ADOPTED. NO TICKETS WILL BE AVAILABLE AT THE DOOR. FOR MORE INFORMATION VISIT [L C A RESCUE DOR ORG](http://LCARescueDor.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/1

End: 1/6

HERE'S YOUR BAB COMMUNITY CALENDAR...

Since 1992, the John Theissen Children's Foundation has collected over one million new toys and have donated them to sick and underprivileged children in hospitals and child-care facilities throughout Long Island. Donations have enabled them to provide therapeutic and recreational equipment, televisions, video game systems, electronics, arts & crafts supplies and more and help families with medical expenses and fulfill wishes.

Go to JTCF dot org to find out how to donate toys or make a financial contribution that will help brighten the holidays for a sick or underprivileged Long Island child and their family.

The Animal Rescue Fund of the Hamptons, Inc. 2017 Pet Calendar is available for sale now. This calendar, featuring photographs of pets and their owners, makes a great holiday gift at just \$25. Funds raised from the calendar go directly to the support of cats and dogs at the ARF Adoption Center. Purchase the calendar online at [www dot a-r-f hamptons dot org](http://www.a-r-f-hamptons.org) or at the Adoption Center in Wainscott.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 1/6

End: 1/20

HERE'S YOUR WBAB COMMUNITY CALENDAR...

HONOR FLIGHT, A NON PROFIT ORGANIZATION CREATED SOLELY TO HONOR AMERICA'S VETERANS FOR ALL THEIR SACRIFICES, FLIES OUR NATION'S HEROES TO WASHINGTON, DC TO VISIT AND REFLECT AT THEIR MEMORIALS. IT IS THE INTENTION OF HONOR FLIGHT LONG ISLAND TO HONOR AS MANY OF THESE SELFLESS, "ORDINARY PEOPLE WHO SAVED THE WORLD", AS THEY CAN BY PROVIDING THEM A FREE TRIP TO VISIT THEIR MEMORIAL. PLANNING FOR THE SPRING FLIGHT IS HAPPENING NOW SO THERE'S STILL TIME TO SIGN UP. FOR MORE INFORMATION VISIT HONOR FLIGHT LONG ISLAND DOT ORG.

DANCE FOR A CAUSE! SUNDAY, JANUARY 22ND FROM 11AM TO 1PM JOIN MEDITERRANEAN MANOR IN PATCHOGUE FOR A ZUMBATHON TO BENEFIT THE MICHAEL MAGRO FOUNDATION. SUPPORTING CHILDREN WITH CANCER AND OTHER PEDIATRIC ILLNESSES. TICKETS ARE \$20 PER PERSON. ENJOY VENDORS, RAFFLES, FOOD AND DRINK PLUS TWO HOURS OF ZUMBA! PLEASE BRING ONE UNWRAPPED TOY TO BE DONATED TO ANGELS OF LI. TO RESERVE YOUR TICKET CALL 631-525-2814.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/6

End: 1/20

HERE'S YOUR BAB COMMUNITY CALENDAR...

ACCORDING TO THE AMERICAN HEART ASSOCIATION, EACH YEAR, 1 IN 3 WOMEN DIE OF HEART DISEASE AND STROKE. THAT'S ONE WOMAN EVERY MINUTE. BUT WE CAN CHANGE THAT BECAUSE 80 PERCENT OF CARDIAC EVENTS CAN BE PREVENTED WITH EDUCATION AND LIFESTYLE CHANGES. UNFORTUNATELY, THE KILLER ISN'T AS EASY TO SEE. PARTICIPATE IN A FUNDRAISING CAMPAIGN AS PART OF THE AMERICAN HEART ASSOCIATION'S NATIONAL WEAR RED DAY ON FRIDAY, FEBRUARY 3rd, TO CELEBRATE THE WOMEN IN YOUR LIFE! CALL 516-962-0794 TO SIGN UP TODAY.

The Brookhaven Division of Women's Services is once again seeking nominations for outstanding women of Brookhaven. This year they will be celebrating their 31st Annual Women's Recognition during Women's History Month with a special celebration to be held in March. They are asking community groups, businesses and individuals to nominate women they believe are deserving of special recognition for these outstanding efforts. All candidates must live or work in Brookhaven. Nominees must be submitted no later than Friday, January 20th.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 1/20

End: 2/3

HERE'S YOUR WBAB COMMUNITY CALENDAR...

IT'S NOT JUST A MAN'S DISEASE. EACH YEAR, 1 IN 3 WOMEN DIE OF HEART DISEASE AND STROKE. BUT WE CAN CHANGE THAT BECAUSE 80 PERCENT OF CARDIAC EVENTS CAN BE PREVENTED WITH EDUCATION AND LIFESTYLE CHANGES.

PARTICIPATE IN THE AMERICAN HEART ASSOCIATION'S 16TH ANNUAL GO RED FOR WOMEN LUNCHEON ON FEBRUARY 15TH AND HELP JOIN US IN OUR MISSION TO FIGHT HEART DISEASE IN WOMEN BY CHOOSING TO GO RED. FOR INFORMATION VISIT LONG ISLAND GO RED LUNCHEON DOT HEART DOT ORG.

Cycle for Survival is the movement to beat rare cancers. Every dollar raised goes to rare cancer research led by Memorial Sloan Kettering Cancer Center, which owns and operates Cycle for Survival. Together with the movement's founding partner, Equinox, more than \$105 million has been raised since 2007. The high energy, indoor, team cycling events are a meaningful way to fight back against cancer. Join the Battle. For more info visit www dot cycle for survival dot org.

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 1/20

End: 2/3

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60 sec. airs

#8054

Start: 2/3

End: 2/17

HERE'S YOUR WBAB COMMUNITY CALENDAR...

IT'S NOT JUST A MAN'S DISEASE. EACH YEAR, 1 IN 3 WOMEN DIE OF HEART DISEASE AND STROKE. BUT WE CAN CHANGE THAT BECAUSE 80 PERCENT OF CARDIAC EVENTS CAN BE PREVENTED WITH EDUCATION AND LIFESTYLE CHANGES.

PARTICIPATE IN THE AMERICAN HEART ASSOCIATION'S 16TH ANNUAL GO RED FOR WOMEN LUNCHEON ON FEBRUARY 15TH AND HELP JOIN US IN OUR MISSION TO FIGHT HEART DISEASE IN WOMEN BY CHOOSING TO GO RED. FOR INFORMATION VISIT [LONG ISLAND GO RED LUNCHEON DOT HEART DOT ORG](http://LONGISLANDGOREDLUNCHEON.DOTHEART.DOTORG).

FEBRUARY IS NATIONAL CONDOM MONTH, AN AWARENESS EVENT INTENDED TO PROMOTE DISCUSSION ABOUT THE CORRECT USE OF CONDOMS. ACCORDING TO THE CENTERS FOR DISEASE CONTROL AND PREVENTION, CONSISTENT AND CORRECT USE OF THE MALE LATEX CONDOM REDUCES THE RISK OF STD AND HIV TRANSMISSION. IN OBSERVANCE OF NATIONAL CONDOM DAY, THE LONG ISLAND ASSOCIATION FOR AIDS CARE WILL BE PROVIDING FREE AND CONFIDENTIAL MOBILE TESTING. FOR MORE INFORMATION ABOUT SAFER SEX, CALL OUR TOLL FREE HOTLINE AT 1-866-236-3448.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 2/3

End: 2/17

HERE'S YOUR BAB COMMUNITY CALENDAR...

GRAB YOUR BIKE AND EXPERIENCE NEW YORK STATE LIKE NEVER BEFORE BY JOINING THE 2017 EMPIRE STATE RIDE - A SEVEN-DAY CYCLING ADVENTURE FROM THE HEART OF MANHATTAN TO THE MIGHTY NIAGARA FALLS. IT'S AN EXPERIENCE OF A LIFETIME AS YOU CYCLE UPSTATE ALONG THE HUDSON AND THROUGH BREATHTAKING SCENIC ROUTES. THE EMPIRE STATE RIDE IS FULLY SUPPORTED WITH OPTIONS FOR ALL CYCLING EXPERIENCE LEVELS. YOUR ADVENTURE BEGINS JULY 30TH AND BEST OF ALL, PROCEEDS SUPPORT CANCER RESEARCH. LEARN MORE AT EMPIRE STATE RIDE DOT COM.

The Long Island Housing Partnership, Inc., with the help of Nassau County, announces applications for the 2017 Nassau County HOME Down Payment Assistance Program. This program offers, for first-time homebuyers, \$25,000 towards down payment or closing costs for the purchase of a Nassau County approved single-family home. Applications will be accepted on a first come, first served basis through March 3rd, based on availability of funds. For more information or to obtain an application, please contact the LIHP at [www dot LIHP dot org](http://www.lihp.org).

THAT'S YOUR BAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8054

Start: 2/17

End: 3/3

HERE'S YOUR BAB COMMUNITY CALENDAR...

It's Time for Your Teddy Bear's Checkup! On March 4th at the Grossman Imaging Center in Manorville, show children that medical visits don't have to be scary as their Teddy Bear becomes the patient to undergo various imaging and screening procedures. Knowing we are here to make them feel better and what they will experience if they need medical care is important and will help them grow-up to become healthy adults. Each child will receive a complimentary Teddy Bear. Once Teddy has been given a clean-bill-of-health, a Teddy Bear Certificate will be presented to each child. To RSVP call 631-405-3240.

Picture a ballroom full of bras on mannequins—each transformed into a unique work of art expressing the desire for an end to breast cancer. That's Creative Cups, an auction at Adelphi University in Garden City on March 16th at 7 pm to benefit the Adelphi NY Breast Cancer Hotline. Bid on Grateful Bride, Mardi Bra, Downton Abbey and 134 others. Purchase tickets at creativecups.adelphi.edu. Or call 800-877-8077.

THAT'S YOUR WBAB COMMUNITY CALENDAR. FOR MORE COMMUNITY EVENTS GO TO WBAB.COM.

60 sec. airs

#8636

Start: 2/17

End: 3/3

HERE'S YOUR BAB COMMUNITY CALENDAR...

JOIN WBAB'S JOE ROCK FOR THE 13TH ANNUAL TOWN OF NORTH HEMPSTEAD POLAR PLUNGE SATURDAY, MARCH 4TH IN PORT WASHINGTON. HELP RAISE MONEY FOR THE ATHLETES OF SPECIAL OLYMPICS NEW YORK BY ASKING YOUR FRIENDS, FAMILY, OR CO-WORKERS TO SUPPORT YOU IN TAKING THE PLUNGE! THEN, TAKE A DIP OR SLOW CRAWL INTO THE CHILLY WATERS OF HEMPSTEAD HARBOR. EVERY PLUNGER THAT RAISES \$150 RECEIVES AN OFFICIAL PLUNGE SWEATSHIRT, RAISE MORE MONEY AND RECEIVE MORE GREAT PRIZES! FOR MORE INFO CALL 631-254-1465.

The Long Island Housing Partnership, Inc., with the help of Nassau County, announces applications for the 2017 Nassau County HOME Down Payment Assistance Program. This program offers, for first-time homebuyers, \$25,000 towards down payment or closing costs for the purchase of a Nassau County approved single-family home. Applications will be accepted on a first come, first served basis through March 3rd, based on availability of funds. For more information or to obtain an application, please contact the LIHP at [www dot LIHP dot org](http://www.dot.LIHP.dot.org).

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60 sec. airs

#8054

Start: 3/3

End: 3/17

HERE'S YOUR BAB COMMUNITY CALENDAR...

JOIN BLI'S SYKE FOR THE 4TH ANNUAL TOWN OF OYSTER BAY POLAR PLUNGE SATURDAY, MARCH 18TH AT TOBAY BEACH. HELP RAISE MONEY FOR THE ATHLETES OF SPECIAL OLYMPICS NEW YORK BY ASKING YOUR FRIENDS, FAMILY, OR CO-WORKERS TO SUPPORT YOU IN TAKING THE PLUNGE! THEN, TAKE A DIP OR SLOW CRAWL INTO THE CHILLY WATERS OF TOBAY BEACH. EVERY PLUNGER THAT RAISES \$150 RECEIVES AN OFFICIAL PLUNGE SWEATSHIRT, RAISE MORE MONEY AND RECEIVE MORE GREAT PRIZES! FOR MORE INFO CALL 631-254-1465.

Pets4Luv is an all breed dog and cat rescue with their primary focus being on the rescue, rehabilitation and re-homing of those animals that are injured, ill, disabled, and other types of special need. They are 100% volunteer based with no paid employees or board members. All of their funding comes from private donations and they are a no-kill rescue. Visit them in The Mall at the Source. For more information or to become a part this organization please email Pets4Luv at info@pets4luv.org.

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60 sec. airs

#8636

Start: 3/3

End: 3/17

HERE'S YOUR BAB COMMUNITY CALENDAR...

DID YOU KNOW THAT PEOPLE WITH DISABILITIES HAVE MADE MAJOR CONTRIBUTIONS TO SOCIETY THROUGH THE ARTS, ADVOCACY AND LEADERSHIP? SOME OF THOSE AMAZING INDIVIDUALS INCLUDE WRITER AND PAINTER CHRISTY BROWN, COMEDIAN GERI JEWELL AND MODEL MADELINE STUART. JOIN UNITED CEREBRAL PALSY OF LONG ISLAND IN CELEBRATING DEVELOPMENTAL DISABILITIES AWARENESS MONTH IN MARCH BY LEARNING ABOUT THE MANY ACCOMPLISHMENTS OF PEOPLE WITH DISABILITIES. FOR MORE INFORMATION VISIT UCP-LI.ORG.

Three popular Long Island cover bands will come together in a benefit concert on Sunday, April 30th to support Long Island Cares and to remember Scott Martella. The concert takes place at The Emporium in Patchogue at 1:00 PM and features: The Dear Prudence Band, Street Fighter, and Amber Ferrari of Joplin's Pearl. \$50 per person in advance and \$65 per person at the door. This includes a buffet and two complimentary drinks for guests over 21 years of age. To purchase tickets in advance visit www.l-icare.org/scottmartellaconcert.

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60 sec. airs

#8054

Start: 3/17

End: 3/30

HERE'S YOUR BAB COMMUNITY CALENDAR...

Join the John Theissen Children's Foundation for their Spring Poker Showdown on Thursday, March 30th at the Knights of Columbus on Wantagh Avenue in Wantagh. \$150 per person includes beer, wine, soda, dinner and the poker tournament. Everyone who registers receives a \$10,000 chip starting stack for game play. All proceeds benefit the John Theissen Children's Foundation. For more information or to purchase tickets call 516-679-5098, go to JTCF dot org or visit them at their headquarters on Wantagh Ave in Wantagh.

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60 sec. airs

Cox Radio's WBAB/WHFM 1st Quarter 2017 Community Affairs Promotions

During the first quarter of 2017, WBAB/WHFM took part in many fundraising events for local charities.

January:

- 12th Annual Tribute to James McNaughton – Mulcahy's, Wantagh
- Boots on the Ground – Emporium, Patchogue

February:

- Fire, Rescue and EMS Mega Show – Suffolk Community College, Brentwood

March:

- Long Island Blood Services Blood Drive – Bay Shore Fire Department, Bay Shore
- Polar Plunge – North Hempstead Beach Park, North Hempstead
- Long Island Blood Services Blood Drive – West Babylon Fire Department, West Babylon
- Paws of War – Suffolk Harley, Oakdale
- Full Throttle Toy Run for Stony Brook Children's Hospital – Smithtown FD, Smithtown