

**WNDZ-AM 750**

**2018**

**4<sup>th</sup> Quarter Issues/Programs List**

**From October 1, 2018**

**to**

**December 31, 2018**

## WNDZ-AM Quarterly Issues/Programs List

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Elder Issues; Retirement; Aging; Self-Help; (Ethics; Prisons; Criminal Justice; American Issues; Crime)	Viewpoints/Segment 1 (Segment 2)	10/07/18	3:01pm-3:10pm 3:12pm-3:22pm	09 minutes 10 minutes

**Narration:** Retirement can be bittersweet. On one hand, it's something you build toward your whole life, but it can also be intimidating to lose your purpose in the workplace. Helen Wilkes, author of *The Aging of Aquarius: Igniting Passion and Purpose as an Elder*, talks to us about how she found a new passion in her retirement. We also hear about how she's helping others make their retirements more fulfilling.

**(Segment 2)** There are millions incarcerated in American prisons, even many juveniles who were sentenced to long terms alongside adults. Peter K. Enns, Associate Professor at the Department of Government at Cornell University, and Jean Trounstein, Professor at Middlesex Community College, talk to us about how and why this happens. They also discuss whether it should continue, and what life is like for young people behind bars.

Health Care; Economics; Employment & Unemployment; Insurance; Consumerism; (Consumerism; Nutrition)	Radio Health Journal/Segment 1 (Segment 2)	10/07/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** Medical bills have long been labeled the number one cause of bankruptcy in the U.S. A recent study has examined how medical crises produce personal financial disaster. Researchers say for the uninsured, medical bills are, indeed, a heavy burden. But for both insured and uninsured, illness or injury can cause disruption of employment that may linger for years, and from which family finances may never recover. Dr. David Himmelstein, Distinguished Professor of Public Health from the City University of New York at Hunter College, and Dr. Matthew Notowidigdo, Associate Professor of Economics & Strategy at Northwestern University, discuss causes and possible solutions to the problem.

**(Segment 2)** Researchers have discovered a variety of components in foods that are essential to health but are low in quantity in most diets. One of these is a set of compounds called polyamines. Rick Bendera, President and CEO of Nokomis Research, and Dr. Brazos Menshew of Naturepath in Austin, Texas, explain what they are, and how polyamines work. We also hear how people can replace those that are needed in the diet.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Education; History; Science; Public Viewpoints/Segment 1		10/14/18	3:01pm-3:10pm	09 minutes
Issues; Speech; (Poverty; America; (Segment 2)			3:13pm-3:23pm	10 minutes
Domestic Issues; Family; History; Policy-Making)				

**Narration:** If you've had to speak in public, you know the nerves that come with public speaking. So, you probably also know the pain of umming, uhing, or misspeaking. Michael Erard, author of *Um: Slips, Stumbles, and Verbal Blunders, and What they Mean*, explores where these vocal blunders come from and what they might mean.

**(Segment 2)** Sarah Smarsh, a journalist and author of *Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth*, who grew up poor on a farm in Kansas discusses life in rural America, and how our culture treats people living in poverty. We also hear about the causes she attributes to America's wage gap.

Health Care; Women's Issues; Aging; Elderly & Senior Citizens; (Mental Health; American Society & Culture)	Radio Health Journal/Segment 1 (Segment 2)	10/14/18	3:32pm-3:44pm	12 minutes
			3:45pm-3:52pm	07 minutes

**Narration:** About two-thirds of people with dementia in the United States are women, and researchers are discovering it's not just because they live longer. Reproductive history also plays a role. Dr. Rachel Whitmer, Professor of Epidemiology at the University of California-Davis, Dr. Heather Snyder, Senior Director of Medical and Scientific Operations of the Alzheimer's Association, and Dr. Pauline Maki, Professor of Psychiatry and Psychology at the University of Illinois at Chicago, who are focusing on the role of estrogen as a potential protective factor against Alzheimer's disease, explain this research.

**(Segment 2)** What we now call "homesickness" used to be a medical diagnosis called "nostalgia," and it was considered life-threatening. Today many people consider homesickness to be a childish emotion. However, Dr. Susan Matt, Professor of History at Weber State University, and Dr. Chris Willard, Lecturer in Psychology at Harvard Medical School, say it's nothing to be ashamed of. They explain how we all suffer from it sometime, and we need to know how to cope.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Business; Culture; Technology; Media; Art; (Sociology; History; Communications)	Viewpoints/Segment 1 (Segment 2)	10/21/18	3:01pm-3:09pm 3:12pm-3:22pm	08 minutes 10 minutes

**Narration:** Video games are often considered child’s play, or at least something below “real” art. Author of *Bit by Bit: How Video Games Transformed Our World*, Andrew Ervin argues that’s not true. He also tells us how video games are now big-business for TV networks and advertiser, as well as a source of true artfulness.

**(Segment 2)** Lists are a part of our everyday. Often, they are a forgotten part of our everyday. However, Shaun Usher tells us of the countless lists he has read to compile a stunning collection of lists throughout time that shed light on the times, our collective history, and the list makers themselves.

Health Care; Public Health; Dis- crimination; Obesity; Education; (Health Care; Consumerism)	Radio Health Journal/Segment 1 (Segment 2)	10/21/18	3:32pm-3:45pm 3:46pm-3:52pm	13 minutes 07 minutes
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**Narration:** Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor. Dr. Rebecca Puhl, Professor of Human Development and Family Studies at the University of Connecticut and Dr. David Katz, Director of Yale-Griffin Prevention Research Center at Yale University, explain the problem, results, and what might be done about it.

**(Segment 2)** Surveys show that hospital gowns are one of the things that most makes a hospital stay unpleasant. Finally, hospitals may be moving to get rid of the old-style gowns toward a less revealing, more dignified design that is still functional for healthcare workers. Chat Razdan, co-founder and CEO of Care and Wear garment maker and Dr. Deborah Mullen, Associate Professor of Health Care Administration at the University of Tennessee-Chattanooga, discuss this issue.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
History; Science; Holidays; Animals; Nature; (Psychology; Traditions; Holidays; History)	Viewpoints/Segment 1 (Segment 2)	10/28/18	3:01pm-3:11pm	10 minutes
			3:14pm-3:24pm	10 minutes

**Narration:** Spiders and bats are two of the most indelible symbols of Halloween fear across the country. Nancy Troyano, Entomologist & Director of Technical Education & Training for Rentokil North America, and Merlin Tuttle, Ecologist, Wildlife Photographer, Conservationist, and author of the book, *The Secret Lives of Bats: My Adventures with the World's Most Misunderstood Mammals*, tell us the truth behind these traditionally scary creatures. We also hear why neither of them are nearly as scary as we've been made to believe.

**(Segment 2)** It's the time of year when we dress up in costumes, head to haunted houses, and shell out candy to trick-or-treaters. But why do we do those things? Ben Armstrong, co-owner of Netherwood Haunted House and President of America Haunts, and Dr. Janina Scarlet a clinical psychologist, take a look at the traditions of Halloween and what makes being scared so fun.

Health Care; Public Health; In- fectious Disease; Youth At Risk; Senior Citizens; (Health Care; Consumerism)	Radio Health Journal/Segment 1 (Segment 2)	10/28/18	3:32pm-3:44pm	12 minutes
			3:45pm-3:53pm	08 minutes

**Narration:** About forty percent of eligible people have been vaccinated against the flu in recent years, but many more might do so were it not for persistent myths about the disease and its vaccine. For example, a new survey shows that more than half of parents believe the flu shot can cause the flu. Dr. William Schaffner, Professor of Preventative Medicine and Infectious Diseases at Vanderbilt University School of Medicine, and Dr. Jean Moorjani, Pediatric Hospitalist at the Arnold Palmer Children's Hospital in Orlando, Florida, explain why those myths aren't true and set the record straight.

**(Segment 2)** Sleep disorders can be difficult to diagnose and treat. Henry Nicholls, author of *Sleepyhead: The Neuroscience of a Good Night's Sleep*, discusses his efforts to overcome narcolepsy, which produces extreme daytime sleepiness, and cataplexy, which produces instant sleep-like paralysis, as well as the science behind sleep disorders.

<b><u>Description of Issue</u></b>	<b><u>Program/Segment</u></b>	<b><u>Date</u></b>	<b><u>Time</u></b>	<b><u>Duration</u></b>
Science; Psychology; Health; (Body Image; Obesity; Health; Social Issues)	Viewpoints/Segment 1 (Segment 2)	11/04/18	3:01pm-3:09pm 3:12pm-3:22pm	08 minutes 10 minutes

**Narration:** There are all sorts of myths about how we can avoid dementia or how to best brainstorm a new idea. Bob Duke, professor at the University of Texas-Austin, gives us the inside scoop on how our minds really work. We also learn about why we just can't resist the urge to watch cute animal videos online.

**(Segment 2)** Body image, food addiction, societal pressure and obesity can be tricky problems to talk about. Kristan Higgins, author of *Good Luck With That*, tries to do just that in her novel. We hear about her experiences, her research, and how we can approach discussing these pressing, but difficult, issues.

Youth At Risk; Parenting Issues; Adoption; Human Development; (Science & Culture; Human De- velopment)	Radio Health Journal/Segment 1 (Segment 2)	11/04/18	3:32pm-3:44pm 3:44pm-3:51pm	12 minutes 07 minutes
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**Narration:** People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths. Experts, Dr. Stephen Betchen, Clinical Assistant Professor of Psychology at Thomas Jefferson University, and Dr. Joyce Maguire Pavao, Adoption Consultant and Lecturer in Psychiatry at Harvard Medical School, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up.

**(Segment 2)** Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts, Dr. David Linden, Professor of Neuroscience at John Hopkins University School of Medicine, and Dr. Robert Provine, Professor of Psychology & Neuroscience at the University of Maryland at Baltimore County, discuss the science and sociology of tickling.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
History; Public Safety; (Culture; History; Music; Family Issues; Parenting)	Viewpoints/Segment 1 (Segment 2)	11/11/18	3:01pm-3:10pm 3:13pm-3:23pm	09 minutes 10 minutes

**Narration:** Over ninety-five years ago, New York City was the target of a terrorist attack that has yet to be solved. No suspects have ever been named in the attack that killed or injured over four hundred Wall Street bystanders. In contrast to the attacks of September 11<sup>th</sup>, which occurred just around the corner from the 1920 bombing, this deadly event has been all but erased from the collective American consciousness. Jed Rubenfeld, author of *The Death Instinct* explains.

**(Segment 2)** Ann Hood, author of *She Loves You (Yeah, Yeah, Yeah)*, was a Beatles fan all her life. Then, tragedy struck and she found herself unable to listen to the band at all. She tells the true story of how she regained her love for the iconic group, and how she channeled her story into a work of fiction pleasing multiple generations of readers.

Veteran's Issues; Disability; Mental Health; Drug Abuse & Enforcement; (Health Care; Public Health)	Radio Health Journal/Segment 1 (Segment 2)	11/11/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** People suffering from post-traumatic stress disorder often can't face their trauma, which is necessary for psychotherapy to work. It is a big reason PTSD is so difficult to treat. Dr. Michael Mithoefer, Clinical Assistant Professor of Psychiatry at the Medical University of South Carolina, and Charlotte Harrison, Senior Clinical Research Associate at MAPS Public Benefit Corporation, are leading clinical trials into the used of the banned drug MDMA in connection with therapy to help break this hurdle. They also explain how the results so far have been outstanding in curing PTSD.

**(Segment 2)** Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. Dr. David Scollard, Director of the National Hansen's Disease Program, discusses this disease.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
History; Culture; Business; (Education; Parenting; Family Issues)	Viewpoints/Segment 1 (Segment 2)	11/18/18	3:01pm-3:11pm 3:14pm-3:22pm	10 minutes 08 minutes

**Narration:** For decades, choosing what beer to drink was really just a decision between a few big players. Now, there are thousands of breweries across the country. Josh Noel, beer writer for the Chicago Tribune, and Fal Allen, brewmaster for Anderson Valley Brewing Company, talk to us about how and why craft beer came to the forefront. We also hear about how they recommend novices to jump into the world of beer.

**(Segment 2)** From the moment a child is born, parents are working to get them off on the best possible foot in everything from sports to academics. Dr. Suzanne Bouffard, author of *The Most Important Year: Pre-Kindergarten and the Future of Our Children*, tells us how families can best evaluate good pre-kindergarten programs for children, and how those programs can set kids up for success.

Youth At Risk; Child Abuse & Neglect; Child Welfare System; Police & Justice System, Child Safety & Public Safety; Family Issues; (Disabilities; Mental Health Issues; Pets & People; Housing Issues)	Radio Health Journal/Segment 1 (Segment 2)	11/18/18	3:32pm-3:45pm 3:46pm-3:53pm	13 minutes 07 minutes
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**Narration:** Just about anyone can report a parent to a child abuse hotline. It's meant to protect children, but all too often, parents are reported when no abuse or neglect exists in order to retaliate for a divorce or some other grievance. And though the world is actually safer for children than it used to be, some parents are reported for merely letting children play outside or walk to school without an adult in attendance, what was once thought of as normal. Some activists say this robs children of independence. An expert, Rachel Ruttenberg, Executive Director of Family Defense Center in Chicago, and Corey Widen, a woman who went through an unjustified child abuse investigation, discuss these issues.

**(Segment 2)** A woman who suffered abuse as a child, Julie Barton, author of *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*, describes the mental health benefits of owning a dog. We also hear from an expert on the American with Disabilities Act, Vinh Nguyen, Project Director of the Southwest ADA Center at TIRR Memorial Hermann in Houston, Texas, who discusses the requirements for emotional support animals.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Family Issues; School Issues; Bullying; Individual Issues; (World (Segment 2) Issues; Self-Help; Philosophy)	Viewpoints/Segment 1	11/25/18	3:01pm-3:11pm 3:13pm-3:22pm	10 minutes 09 minutes

**Narration:** Bullying is nothing new, but that doesn't make it any easier to deal with. Plus, in the social media era, the techniques are getting more public and crueler. Dr. Frank Farley, Professor of Educational Psychology at Temple University, and Liz Taylor, author of *Look At You Now: My Journey from Shame to Strength*, take a look at bullying, the shame it can cause, and how it can stick with us for life.

**(Segment 2)** It can be easy to get the blues, especially with all of the division and turmoil in the world. Kate Davis, author of *Intrinsic Hope: Living Courageously in Troubled Times*, has a different way of looking at the world. She sees one that can make us more hopeful, positive, and willing to pitch and help. Kate calls intrinsic hope, and it may be just what we all need this holiday season.

Youth At Risk; Education; Mental Health; (Employment & Workplace(Segment 2) Issues)	Radio Health Journal/Segment 1	11/25/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** Schools would be a good place for programs to screen for mental health issues in students, and to educate about mental health to lessen the pervasive stigma. Some states are making programs mandatory, but elsewhere schools and personnel may resist, seeing mental health as outside the normal role of teachers. Dr. Kimberly Kendziora, Managing Researcher at the American Institutes for Research, and Dr. Michael Murphy, Psychologist at the Massachusetts General Hospital and Associate Professor of Psychology at Harvard Medical School, discuss how inventive programs are overcoming obstacles.

**(Segment 2)** Companies instituting open offices without walls often claim they improve collaboration and interaction. Studies now show that the opposite is true, that workers put on headphones and interact via email rather than in person in order to shut out distractions and stress. Dr. Ethan Bernstein, Associate Professor of Leadership and Organizational Behavior at Harvard Business School, and Ashley Dunn, Director of Workplace at Dyer Brown Architects in Boston, discuss these issues.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Education; Mathematics; Calculus; (Sleep; Mental Health; Health; Science)	Viewpoints/Segment 1 (Segment 2)	12/02/18	3:01pm-3:10pm 3:13pm-3:22pm	09 minutes 09 minutes

**Narration:** It's no secret that American students are way down the international list when it comes to math scores. Why is this? Is there something we could be doing to make learning math a simpler task? Bob Sun, inventor of *The 24 Game and First in Math*, and Jason Wilkes, author of *Bum Math Class: and Reinvent Mathematics for Yourself*, say yes, and they have suggestions for kids and adults struggling to master mathematics.

**(Segment 2)** We all sleep, it's human evolution. But the amount of sleep we get and the quality of that sleep can vary greatly. Matthew Walker, a professor at California-Berkeley, says sleep is the single biggest thing we can do to help our physical and mental health both in the short and long-term.

Consumerism; Health Care; Air Pollution & Environment; (Employment Discrimination; Employment & Workplace Issues)	Radio Health Journal/Segment 1 (Segment 2)	12/02/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Erin Porter, fungal sinusitis patient and founder of EatPrayGetWell.com, and Dr. Donald Dennis, ENT Surgeon in Atlanta, and Dr. Joseph Han, Professor of Otolaryngology-Head & Neck Surgeon at Eastern Virginia Medical School, explain these issues.

**(Segment 2)** Most people think of science as fact-based and not as subject to bias as the rest of the world. However, studies show that gender bias is rampant in science, and that women are not taken as seriously as men, even with identical qualifications. Dr. Hannah Valentine, Chief Officer for Scientific Workforce Diversity at the National Institutes of Health, and Dr. Nancy Hopkins, Professor of Biology Emeritus at the Massachusetts Institute of Technology, discuss the problem and possible solutions.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
History; Journalism; Democracy; Government; Business; (Literature; (Segment 2) History; Gift Ideas)	Viewpoints/Segment 1	12/09/18	3:01pm-3:09pm	08 minutes
			3:12pm-3:22pm	10 minutes

**Narration:** Investigative journalism is a necessity in a democracy. Independent journalists putting in long hours to serve as watch-dogs for our government can have long-lasting ramifications, just look at the impact Woodward and Bernstein made with their Watergate investigations. James Hamilton, Hearst Professor of Communications at Stanford University, talks to us about the current state of investigative journalism in American. He also explains what can be done to ensure the watchdogs stay in business.

**(Segment 2)** It's getting cold outside, which means, it's time to cuddle up with some good books to pass the time. Or, maybe you're just on the prowl for some holiday gifts for the reader in your life. Ellen Keith, author of *The Dutch Wife*, explains how we have some options for what to read this winter.

Health Care; Technology; Science & Engineering; Economics; Business & Industry; (Public Health; Food Safety)	Radio Health Journal/Segment 1 (Segment 2)	12/09/18	3:32pm-3:44pm	12 minutes
			3:45pm-3:52pm	07 minutes

**Narration:** With monitors surveying every part of patients' bodies, hospital intensive care units appear to be a model of high tech. However, system engineers say ICU's are actually models of inefficiency because few of those high-tech devices talk to each other. Dr. Peter Pronovost, Senior Vice President for Patient Safety and Quality at Johns Hopkins Medicine, and Dr. Brian Pickering an Intensive Care Anesthesiologist at Mayo Clinic in Rochester, Minnesota, discuss how ICU's could be improved to save lives.

**(Segment 2)** During the holidays, party foods are a prime source of food-borne illness. Dr. Brian Sheldon, Professor Emeritus of Food Microbiology at North Carolina State University, and Dr. Paul Dawson, Professor of Food, Nutrition, and Packaging Sciences at Clemson University, discuss common ways foods become contaminated. We also hear about some of the myths of food contamination, and ways to keep foods safe when you have guests to protect.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Science; Technology; Space Exploration; Education; (Holidays; Cooking; Food)	Viewpoints/Segment 1 (Segment 2)	12/16/18	3:01pm-3:09pm 3:14pm-3:24pm	08 minutes 10 minutes

**Narration:** We know about the planets within the Milky Way galaxy, but what about planets outside of our neighborhood? Dr. Donald Goldsmith, author of *Exoplanets: Hidden Worlds and the Quest for Extraterrestrial Life*, talks to us about “exoplanets,” and where science stands on the issues of life thriving somewhere else in the universe.

**(Segment 2)** Cooking for holiday parties can be a major source of stress. We have big groups at our house for hours at a time, and you want to impress them with your culinary skills. However, some of us don’t really have many culinary skills. Julia Turshen, author of *Small Victories: Recipes, Advice + Hundreds of Ideas for Home Cooking Triumphs*, gives us some insight into how to impress with our holiday cooking this season.

Health Care; Consumerism; Consumer Protection; Online Fraud; Federal Government & Regulation; (Public Health; Food Safety; Environment; Consumerism)	Radio Health Journal/Segment 1 (Segment 2)	12/16/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** Medical campaigns account for a third of monies raised on crowdfunding sites like GoFundMe, and many people who’ve fallen through the holes of the safety net have been helped this way. However, new studies show that fraud is rampant in crowdfunding, with fake patients and medical providers who are all too eager to take money for worthless treatment. Dr. Jeremy Snyder, Professor of Health Sciences at Simon Fraser University, and Dr. Art Caplan, Head of the Division of Medical Ethics at New York University School of Medicine, and Dr. Nora Kenworthy, Assistant Professor of Nursing and Health Studies at the University of Washington-Bothell, discuss these issues and the need for regulation.

**(Segment 2)** During the holidays, leftovers from gatherings and parties may threaten to take over the refrigerator. Keren Bakies, a registered dietitian and Vice President of Nutrition Affairs at the American Dairy Association Mideast, discusses consumer-friendly how-to’s, including how to read labels, that can lengthen food life, and help avoid food waste.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Friendship; Mortality; Illness; Literature; Academics; (War; History; (Segment 2) America; Holiday)	Viewpoints/Segment 1	12/23/18	3:01pm-3:13pm 3:15pm-3:22pm	12 minutes 07 minutes

**Narration:** Sarah Ruhl, co-author of *Letters to Max*, a MacArthur Fellowship, and a famed playwright, met Max Ritvo, who went on to become a published poet, when she was a professor. We hear the story of their friendship, and how they used letters to make a connection and comfort one another while Ritvo faced the end of his life.

**(Segment 2)** Christmas 1941 came just weeks after the devastating attack on Pearl Harbor dragged the U.S. into World War II. Stanley Weintraub, a historian and author of *Pearl Harbor Christmas: A World at War 1941*, was getting ready for war while trying to celebrate the holiday season.

Health Care; Family Issues; Pop Culture; (Health Care; Disabilities; Youth At Risk; Parenting Issues; Discrimination)	Radio Health Journal/Segment 1	12/23/18	3:32pm-3:44pm 3:45pm-3:52pm	12 minutes 07 minutes
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**Narration:** It's a rare thing for people to lose their memory of past events. Naomi Jacobs, an amnesia victim and author of *Forgotten Girl*, and Dr. Jason Brandt, Professor of Psychiatry and Neurology at Johns Hopkins University School of Medicine, discuss why doctors believe it may occur, and Naomi recounts her experience.

**(Segment 2)** Many people with dwarfism also face skeletal abnormalities which can lead to disability. Dr. Jennifer Arnold, co-star of TLC's *The Little Couple*, Erika Okenfuss, licensed genetic counselor at Kaiser Permanente at Sacramento, California, and Gary Arnold, President of Little People of America and Public Affairs Manager of Access Living in Chicago, discuss major causes of dwarfism, the hurdles they create, and the struggle for respect. We also hear about the prospect of treatments that could one day make little people much more rare.

<u>Description of Issue</u>	<u>Program/Segment</u>	<u>Date</u>	<u>Time</u>	<u>Duration</u>
Resolutions; Self-Help; Creativity; Viewpoints/Segment 1		12/30/18	3:01pm-3:12pm	11 minutes
Art; Literature; (Holiday; Cooking; (Segment 2) Drinks)			3:15pm-3:22pm	06 minutes

**Narration:** We're about to enter the season of New Year's resolutions. Maybe you want to write a book, make a short film, or paint your masterpiece. Two published authors, Danielle Krysa and David W. Berner, talk to us about silencing your inner critic, breaking through any artistic funks, and finally putting pen to paper in 2019.

**(Segment 2)** New Year's Eve is a huge night for bars, but what if you'd rather not brave the elements and pay big cover charges? Tim Federle, author of *Gone with the Gin: Cocktails with a Hollywood Twist*, and Christian DeBenedetti, co-author of *Beer Bites: Tasty Recipes and Perfect Pairings for Brew Lovers*, discuss ways to ring in the new year on your couch with festive drinks, snacks, and maybe a movie.

Technology; Traffic Safety; Public Safety & Police; Economics; (Health Care; Disabilities; Discrimination)	Radio Health Journal/Segment 1 (Segment 2)	12/30/18	3:32pm-3:45pm	13 minutes
			3:46pm-3:53pm	07 minutes

**Narration:** In the near future, cars will be able to provide data as well as receive it, and a variety of methods are being researched to tap into this. Andrew Bremer, Managing Director of Local Affairs at Drive Ohio, and Tim Sylvester, Founder and CEO of Integrated Roadways Company, explain how cars can communicate with roads, traffic signals and central computers, and how roads themselves may collect data on the cars they carry. In the future, autonomous cars may use these links to greatly increase speed travel and make it much safer.

**(Segment 2)** Epilepsy affects 3.5 million Americans, yet stigma prevents many from speaking out, which in turn prolongs the stigma. An award-winning writer who has epilepsy, Kurt Eichenwald, author of *A Mind Unraveled*, describes the discrimination faced by people with seizure disorders and dispels the many myths many people hold about them.

**WNDZ-AM 750**  
**Radio Health Journal and Viewpoints**  
**Most Significant Treatment of Issues:**  
**10/01/18 to 12/31/18**

**Radio Health Journal**

- Adoption	12 minutes
- Aging	12 minutes
- Air Pollution & Environment	12 minutes
- American Society	07 minutes
- Business & Industry	12 minutes
- Child Abuse & Neglect	13 minutes
- Child & Public Safety	13 minutes
- Child Welfare System	13 minutes
- Consumerism	65 minutes
- Consumer Protection	12 minutes
- Culture	07 minutes
- Disability	33 minutes
- Discrimination	27 minutes
- Drug Abuse & Enforcement	12 minutes

- Economics	37 minutes
- Education	25 minutes
- Elderly & Senior Citizens	12 minutes
- Employment Discrimination	07 minutes
- Employment & Unemployment	12 minutes
- Employment & Workplace Issues	14 minutes
- Environment	07 minutes
- Family Issues	25 minutes
- Federal Government & Regulation	12 minutes
- Food Safety	14 minutes
- Health Care	133 minutes
- Housing Issues	07 minutes
- Human Development	19 minutes
- Infectious Disease	12 minutes
- Insurance	12 minutes
- Mental Health	38 minutes
- Nutrition	09 minutes
- Obesity	13 minutes
- Online Fraud	12 minutes
- Parenting Issues	19 minutes
- Pets & People	07 minutes
- Police & Justice System	13 minutes
- Pop Culture	12 minutes

- Public Health	46 minutes
- Public Safety & Police	13 minutes
- Science & Culture	07 minutes
- Science & Engineering	12 minutes
- Senior Citizens	12 minutes
- Technology	25 minutes
- Traffic Safety	13 minutes
- Veteran's Issues	12 minutes
- Women's Issues	12 minutes
- Youth At Risk	56 minutes

### **Viewpoints**

- Academics	12 minutes
- Aging	09 minutes
- America	17 minutes
- American Issues	10 minutes
- Animals	10 minutes
- Art	19 minutes
- Body Image	10 minutes
- Bullying	10 minutes
- Business	26 minutes
- Calculus	09 minutes

- Communications	10 minutes
- Cooking	16 minutes
- Creativity	11 minutes
- Crime	10 minutes
- Criminal Justice	10 minutes
- Culture	28 minutes
- Democracy	08 minutes
- Domestic Issues	10 minutes
- Drinks	06 minutes
- Education	34 minutes
- Elder Issues	09 minutes
- Ethics	10 minutes
- Family	38 minutes
- Food	10 minutes
- Friendship	12 minutes
- Gift Ideas	10 minutes
- Government	08 minutes
- Health	27 minutes
- History	103 minutes
- Holidays	43 minutes
- Illness	12 minutes
- Individual Issues	10 minutes
- Journalism	08 minutes

- Literature	33 minutes
- Mathematics	09 minutes
- Media	08 minutes
- Mental Health	09 minutes
- Mortality	12 minutes
- Music	10 minutes
- Nature	10 minutes
- Obesity	10 minutes
- Parenting	18 minutes
- Philosophy	09 minutes
- Policy-Making	10 minutes
- Poverty	10 minutes
- Prisons	10 minutes
- Psychology	17 minutes
- Public Issues	09 minutes
- Public Safety	09 minutes
- Resolutions	11 minutes
- Retirement	09 minutes
- School Issues	10 minutes
- Science	44 minutes
- Self-Help	29 minutes
- Sleep	09 minutes
- Social Issues	10 minutes

- Sociology	10 minutes
- Space Exploration	08 minutes
- Speech	09 minutes
- Technology	16 minutes
- Terrorism	09 minutes
- Traditions	09 minutes
- War	07 minutes
- World Issues	09 minutes

**WNDZ-AM 750**  
**Public Affairs Schedule**  
**10/01/18-12/31/18**

<b>Sunday, October 07, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, October 14, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, October 21, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, October 28, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, November 04, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, November 11, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, November 18, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, November 25, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, December 02, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, December 09, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, December 16, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, December 23, 2018</b>	<b>3pm-4pm</b>
<b>Sunday, December 30, 2018</b>	<b>3pm-4pm</b>