

From Section 13 - Bigbook III - FORM #6

ISSUES AND PROGRAMS LIST - COMPLETE EACH QUARTER

PURPOSE: On this form, summarize a list of several issues which confront your community and the programs you ran to address each. See 73.3526(a)(9) or 73.3527(a)(7). Do not rely on PSAs to satisfy this requirement. While an FCC inspector may not object, PSAs mean virtually nothing if your license renewal is challenged!

STATION: KOPJ 89.3 FM Sebeka, MN

DATE: October 1, 2018
(retain for seven years from above)

During the past quarter, the issues shown below were significant to our community. We ran the programs indicated to address them

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ISSUE: Cyber Bullying

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title):

Family Life Today

Date: 8/8/18

Time of day: 8:00 AM + 9:00 PM

Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

40% of teens admit to being the victim of cyber bullying. Bryan Housman, author of the book *Tech-Savvy Parents*, gave tips for helping children to handle cyber bullying safely. His book and other resources are available at: www.familylifetoday.com

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ISSUE: Finances: Borrowing Money Wisely

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title):

Moneywise

Date: 9/5/18

Time of day: 2:30 PM

Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Program hosts talked with Ron Blue, financial advisor, about wise rules for borrowing money. They also answered questions about paying off loans, retirement planning, saving, and investing. Resources available on www.kingdomadvisors.org, www.moneywise.org or by calling 1-800-525-7000.

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ISSUE: Mental Health/Brain Disorders

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title):

American Indian Living

Date: 8/21/18

Time of day: 4:00 PM

Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Guest Dr. Ed Carlton, DC, founder of the Carlton Neurofeedback Center, shared how neurofeedback can effectively treat ADD and ADHD, Bipolar Disorder, Anxiety, Depression, Epilepsy and other mental health conditions. For the free book *The Answer*, and more information, visit: <https://carltonneurofeedbackcenter.com>. See www.bcia.org to find a provider in your state who performs biofeedback and/or neurofeedback.

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ISSUE: Heart Health

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title):

HeartWise

Date: 7/22/18

Time of day: 4:00 PM

Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Heart disease is the #1 killer. Cardiologist James Marcum, M.D., author of *The Heart of Health: Avoiding Deception*, answered questions with hope about preventing and treating heart disease. For example: Move often throughout the day, drink water, eat more plant foods, get rest, reduce stress, choose to forgive. Resources at: www.heartwiseministries.org