

ISSUES AND PROGRAMS LIST - COMPLETE EACH QUARTER

PURPOSE: On this form, summarize a list of several issues which confront your community and the programs you ran to address each. See 73.3526(a)(9) or 73.3527(a)(7). Do not rely on PSAs to satisfy this requirement. While an FCC inspector may not object, PSAs mean virtually nothing if your license renewal is challenged!

STATION: KOPJ 89.3 FM Sebeka, MN

DATE: July 1, 2018
(retain for seven years from above)

During the past quarter, the issues shown below were significant to our community. We ran the programs indicated to address them.

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ISSUE: Kids at Risk & Sexual Predators

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): Family Life Today

Date: 4/24/18 + 5/8/18 Time of day: 8:00 AM + 9:00 PM Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

4/24/18: Hosts talked with 2 high school teachers about strategies for helping teens to be safe, including guidelines for cell phones and social media usage.
5/8/18: Hosts talked with radio guest about how to protect children from sexual predators. Resources available at: www.familylifetoday.com

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ISSUE: Finances & Retirement

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): Moneywise

Date: 4/17/18 Time of day: 2:30 PM Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Program hosts gave how-to's for planning for retirement including preparing a retirement budget, getting out of debt, saving, and etc. Also answered questions about investing. Resources available on www.Compass1.org or by calling 1-800-525-7000.

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ISSUE: Addictions - Recovery

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): American Indian Living

Date: 5/15/18 Time of day: 4:00 PM Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Guest Linda Royer, Phd, RN, MPH, and the President of Living Smart, told about a website to help people overcome addictions and achieve healthy lifestyle goals. The website includes a free service "Taking Control" to help people break free of addictive commercial tobacco products. Resources at: www.livingsmart.live.

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ISSUE: Genocide

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): HeartWise

Date: 5/31/18 Time of day: 4:00 PM Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

The world's growing obsession with fast, processed foods is killing more people than any war. Dr. Joel Fuhrman, M.D., author of *Fast Food Genocide: How Processed Food is Killing Us and What We Can Do About It*, discussed how we can learn from the past and help to shape the future for everyone in our community. Resources at: www.drjoelfuhrman.com or www.heartwiseministries.org

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ISSUE: Disease Prevention/Survival

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title): Health & Longevity

Date: 6/15/18 Time of day: 4:00 PM Duration: 28 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Dr. Michael Greger, M.D., speaker, author, and founder of nutritionfacts.org, told about the free science-based research information and resources available on the website, including short videos and articles. All of the information is based on proven research and is offered for the purpose of improving health and the quality of life.

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ISSUE: Brain Health

WE RAN THE FOLLOWING PROGRAM TO ADDRESS IT (Title):

American Indian Living

Date: 5/23/18

Time of day: 4:00 PM

Duration: 58 Minutes

Brief Description of Program: (Format, participants, content, etc.):

Vascular surgeon and author of the book *Defeating Dementia*, Dr. Richard Furman, shared his own family's journey with dementia and his amazing discoveries from the medical research literature that reveal how all of us can help "defeat dementia" using simple lifestyle strategies. For further information: www.richardfurman.com

Signature of licensee
BBO3/13F6/0595

July 1, 2018
Date