Station Call Sign: KXRQ
Station Location: 29 SOUTH VERNAL AVE #2 VERNAL UTAH 84078
Quarter: 4TH
Year: 2023

Quarterly
Programs Responsive to Community Issues and Problems

Date	Duration	Program Title	Issues Addressed	Guests
10/01/23	30MINS	Gambling addiction	He discussed gambling addiction, who is most at risk and how to recognize it, particularly in teenagers	Timothy W. fong
10/08/23	30mins	Personal health	Influences are being paid to post videos that promote diet soda, sugar and supplement on Instagram and tik tok. She offered suggestions to help viewers recognize these paid messages	Marlene schwartz
10/15/23	30mins	Housing	Shared his research that Americans who pay more than 30% of their income toward rent are forced to make trade-offs in other areas of their lives that can last for years and contribute to many social ills.	Gary Painter
10/22/23	30mins	Personal health	Getting enough sleep has never been more difficult. Women who struggled with getting enough sleep were at a greater risk of developing hypertension or high blood pressure.	Shahab Haghayegh

10/29/23	30 mins	Finances	She explained the psychology that influences how we spend and save money, and how to change those ingrained habits	Rachel Cruze
11/05/23	30mins	Time change	He dispelled the myth that farmers are the main proponents of DST. He explained where efforts stand to end the annual time change, and outlined the possible options that congress would choose from	David S. Prerau
11/12/23	30mins	Electric vehicles	7.9% of cars sold in the us in the 3rd quarter of 2023 were electric vehicles. He outlined what they need to know about the 3 levels of EV charging, and the pluses and minuses of each	Tom Appel
11/19/23	30mins	Education	She talked about the revolutionary effect that technological advances have had on education and the development of the human mind.	Hilarie Gamm
11/26/23	30mins	Parenting	Parents crave a greater sense of happiness in their daily lives. She discussed the most common problem areas that cause parents the most grief and suggested steps parents can take to make them better	KJ Dell'antonia
12/03/23	30mins	Energy	He explained why green jobs will span across different skill levels and sectors, but they are not well aligned with the current locations of fossil fuel workers	Morgan Frank
12/10/23	30mins	Education	She suggested allowing children to learn through projects rather than strict curriculum and explained why teaching kids of differing ages as a group, rather than segregating them in conventional grades and ages, can have major benefits	Ana Lorena Fabrega
12/17/23	30mins	School violence	He said teachers believe that removing or expelling students from school after a violent	Andrew Perry

			incident is the least effective response, because it may increase the risk of violence against teachers as the student may come back bitter or angry.	
12/24/23	30mins	Personal health	Adding highly refined fiber to processed foods could have negative effects on human health. What ingredients consumers need to watch for on processed food labels. He said the simplest solution is to eat fruits and vegetables	Andrew Gewirtz
12/31/23	30mins	Human trafficking	Discussed the issue of human trafficking in the U.S. She said 5 main factors contribute to the problem. Poverty, abuse and isolation. The shocking role that the foster child system plays in the issue, and she offered suggestions for individuals to make a difference in preventing and stopping human trafficking	Jennifer Bradley

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1/1/09	20min	Sample Title	Issues Addressed	Guest 1, Guest2

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