

Life Changing Radio



Issues/Programs List

WARV-AM, Warwick, RI

Period covered: 1st Quarter, January through March, 2019

Issue: Health

Program: In the Market with Janet Parshall

Description: Certified nutritional counselor Laura Harris Smith, author of "The Healthy Living Handbook: Simple, Everyday Habits for Your Body, Mind and Spirit," talked about how to make positive changes in food choices.

Date: January 1

Time: 6:00 p.m.

Duration: 55:00

Issue: Children

Program: Focus on the Family

Description: Popular finance expert and best-selling author Dave Ramsey offered parents practical help on teaching young children how to handle money wisely, establishing a solid foundation for doing so when they become adults. Dave covered topics including teaching kids how to earn and save money, and the importance of giving.

Date: January 2 and 3

Airtime: 8:00 a.m. and 8:30 p.m.

Duration: 25:00

Issue: Dysfunctional Families

Program: Focus on the Family

Description: Dr. David Clarke offered hope for troubled marriages as he outlined a practical plan for breaking destructive habits and rebuilding the relationship, even if only one spouse is committed to doing so. This discussion was based on his book *I Don't Want a Divorce: A 90-Day Guide to Saving Your Marriage*.

Date: January 8 and 9

Airtime: 8:00 a.m. and 8:30 p.m.

Duration: 25:00

Issue: Finances

Program: In the Market with Janet Parshall

Description: Financial coach Chris Hogan, author of "Everyday Millionaires: How Ordinary People Built Extraordinary Wealth and How You Can Too," shared advice on becoming financially independent, using the results of a survey of American millionaires.

Date: January 9

Time: 6:00 p.m.

Duration: 55:00

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Issue: Aging

Program: Focus on the Family

Description: Speaker Ken Davis shared some of the life lessons he learned and encouraged listeners to live their lives to the fullest through exercise, good nutrition and enjoying their family.

Date: January 10 and 11 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Divorce

Program: Family Life Today

Description: Author Jonathon Edwards gives insight and advice to families who are facing or have already gone through a divorce in the area of helping their children. Edwards told of his own experiences when his father left the family after his own parents' divorce.

Date: January 11, 2019 Airtime: 5:30 a.m. and 11:30 a.m. Duration: 25:00

Issue: Youth

Program: Focus on the Family

Description: Dr. Kenneth Wilgus offered parents practical help for navigating the challenges that come with guiding their teens into young adulthood in a discussion based on his book *Feeding the Mouth That Bites You: A Complete Guide to Parenting Adolescents and Launching Them Into the World*.

Date: January 16 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Mental Illness

Program: Program: WARV Weekend Magazine

Description: Holly Fenn, co-founder of "Reach One, Teach One, Love One," an organization she founded following the suicide death of her 14 year old son in 2008. The organization aims to help young people develop coping skills while dealing with depression and other mental illnesses in order to prevent suicide.

Date: January 19, 2019 Time: 4:00 PM Duration: 21:00

Issue: Health

Program: Best of In the Market with Janet Parshall

Description: Childhood cancer advocate and professional athlete Devon Still, author of "Still in the Game: Finding the Faith to Tackle Life's Biggest Challenges," talked about his daughter's fight against cancer and how obstacles of all kinds can be overcome.

Date: January 19 Time: 6:00 p.m. Duration: 55:00
January 20 Time: 4:00 p.m. Duration: 55:00

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Issue: Poverty

Program: Focus on the Family

Description: Author Lorie Newman described how serving those less fortunate than ourselves can become a regular part of our everyday lives in a discussion based on her book, *A Cup of Cold Water in His Name: 60 Ways to Care for the Needy*.

Date: January 21 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Youth

Program: Focus on the Family

Description: Amy Ford and Joanna Brown talked about the struggles they experienced as a result of being pregnant and unmarried during their teen years, and offered hope to young women facing similar challenges today.

Date: January 22 and 23 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Sexual Abuse

Program: Janet Mefferd Today

Description: Wayne Springer, an investigator from Medina County, Ohio appeared on the show to talk about the effects that sexual abusers have not only on their victims but others around them as well. He also talked about sexual abuse in the church, saying church officials must take all incidents seriously making it much more difficult for those flagged to work with kids or vulnerable adults.

Date: February 13, 2019 Airtime: 1:00 PM Duration: 25:00

Issue: Youth

Program: Focus on the Family

Description: In a discussion based on her book *Strong Fathers, Strong Daughters*, Dr. Meg Meeker described the heroic impact a father can have on his daughter as he helps protect her from the negative influences of our culture. She encouraged the listening dad to model the kind of honorable character traits that he'd like to see his daughter be attracted to in a future husband.

Date: February 18 and 19 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Domestic Abuse

Program: In the Market with Janet Parshall

Description: Psychologist Dr. David Clarke, author of "Enough is Enough: How to Leave and Abusive Relationship," talked about how to recognize domestic abuse and move on from abusive relationships.

Date: February 26 Time: 6:00 p.m. Duration: 55:00

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Issue: Health

Program: In the Market with Janet Parshall

Description: Danna Demetre RN, author of "Eat, Live, Thrive Diet: A Lifestyle Plan to Rev Up Your Midlife," talked about losing weight and excess body fat by minimizing sugar intake, resulting in better brain function, resistance to disease and a higher energy level.

Date: February 27

Time: 6:00 p.m.

Duration: 55:00

Issue: Pornography

Program: Focus on the Family

Description: Nick Stumbo and his wife, Michelle, described how their marriage was restored after he found freedom from a long-time addiction to pornography and the overwhelming guilt and shame that accompanied it. They offered encouragement and hope to troubled couples who were struggling with the impact of pornography and infidelity on their marriage.

Date: February 27 and 28 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Health

Program: In the Market with Janet Parshall

Description: Dr. Linda Mintle, author of "Press Pause Before You Eat: The Cure to Your Relationship with Food," shared strategies for changing eating habits and other destructive behavior.

Date: March 12

Time: 6:00 p.m.

Duration: 55:00

Issue: Abortion

Program: Focus on the Family

Description: Former abortion clinic worker Kathy Sparks Lesnoff recounted how she got involved in the abortion industry, the toll it took on her personal life, and how today she helps women choose life for their pre-born babies.

Date: March 12 and 13 Airtime: 8:00 a.m. and 8:30 p.m. Duration: 25:00

Issue: Special Needs

Program: Focus on the Family

Description: Robert Hendershot discussed the amazing impact individuals with Down syndrome have upon the world as he highlighted the inspiring story of his son Trevor, a young man with Down syndrome who is a team store greeter for the Los Angeles Angels and the Anaheim Ducks.

Date: March 21

Airtime: 8:00 a.m. and 8:30 p.m.

Duration: 25:00

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Issue: Sexual Abuse

Program: In the Market with Janet Parshall

Description: Counselor Dan Allender, author of "Healing the Wounded Heart: The Heartache of Sexual Abuse and the Hope of Transformation," talked about how healing is possible for every victim of sexual abuse.

Date: March 22

Time: 6:00 p.m.

Duration: 55:00

Issue: Abortion

Program: Focus on the Family

Description: Former Planned Parenthood clinic director Abby Johnson explains why she resigned from the organization after witnessing an abortion on ultrasound.

Date: March 28 and 29

Airtime: 8:00 a.m. and 8:30 p.m.

Duration: 25:00

Issue: Infertility

Program: Family Life Today

Description: Dr. Matthew Arbo, Assistant Professor of Theological Studies and Director of the Center for Faith and Public Life at Oklahoma Baptist University, talked about the emotional topic of infertility; offering hope and advice to couples trying unsuccessfully to start a family.

Date: March 28 and 29

Airtime: 5:30 a.m. and 11:30 a.m.

Duration: 25:00

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