

**WBTZ RADIO STATION**  
**QUARTERLY ISSUES/PROGRAM LIST**  
**JANUARY 1, 2023 THROUGH MARCH 31, 2023**

AGING

EDUCATION/SAFETY

EMPLOYMENT/RECRUITMENT

FUND RAISING/VOLUNTEERISM

HEALTH

The following pages list the programs aired on WBTZ during the first quarter of 2023. The 15-minute programs, *In Touch, Health Source and Aging Matters*, address a variety of issues of concern in our listening area. They ran on Sundays for a half hour from 6:30am to 7am.

GINNY McGEHEE  
WBTZ RADIO  
HALL COMMUNICATIONS  
MARCH 31, 2023

## ***AGING***

**PROGRAM:** Aging Matters

**DATE:** 1/8/23

**GUESTS:** Volunteers Diane, Diane, Jenny & Joel

**DESCRIPTION:** a discussion about volunteering and what they enjoy about helping seniors and others

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 1/22/23

**GUEST:** Kate Gardner, director of RSVPT, Retired Volunteers and Tax season

**DESCRIPTION:** a discussion about the help seniors get from the program in helping prepare taxes

**HOST:** Maria Alexander, SCCC

**PROGRAM:** Aging Matters

**DATE:** 2/5/23

**GUEST:** Rachel, program director at the Senior Citizens Senior Center in Clinton County

**DESCRIPTION:** a discussion about their program and the upcoming Cabin Fever Fundraiser March 21<sup>st</sup>

**HOST:** Maria Alexander, SCCC

**PROGRAM:** Aging Matters

**DATE:** 2/19/23

**GUESTS:** Kathy Snow, director of the United Way of the Adirondacks, and the Business Development Manager for the organization, Jerry Manor

**DESCRIPTION:** a discussion about free tax preparation available to individuals and businesses with low income

**HOST:** Maria Alexander, SCCC

**PROGRAM:** Aging Matters

**DATE:** 3/5/23

**GUEST:** Nicky Knockland, senior director for Meals on Wheels in Clinton County

**DESCRIPTION:** a discussion about the importance of this program providing nutritional meals to seniors and personal contact as well as the volunteers who make the home deliveries

**HOST:** Maria Alexander, SCCC

**PROGRAM:** Aging Matters

**DATE:** 3/19/23

**GUEST:** Kathy Snow and Jerry Manor of the United Way

**DESCRIPTION:** a repeat of the 2/19/23 program

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** In Touch

**DATE:** 3/26/23

**GUEST:** Tracey Shamberger, director of business development and communications for Age Well

**DESCRIPTION:** a discussion about the many services they provide for much of northern Vermont to include Meal on Wheels, tax preparation, helping seniors and their loved ones connect to services and the need for volunteers

**HOST:** Ginny McGehee

## ***ECONOMY***

**PROGRAM:** In Touch

**DATE:** 1/15/23

**GUEST:** Allison Hope, executive director of Vermont Sugar Makers

**DESCRIPTION:** a discussion about the maple industry, its history in Vermont, new technology and its importance to farmers and small sugar makers

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 3/12/23

**GUEST:** Allison Hope, executive director of Vermont Maple Sugar Makers

**DESCRIPTION:** a repeat of the 1/15/23 program

**HOST:** Ginny McGehee

## ***EMPLOYMENT***

**PROGRAM:** In Touch

**DATE:** 2/12/23

**GUEST:** Rhoni Basden, executive director for Vermont Works for Women

**DESCRIPTION:** a discussion about the organization, its mission to celebrate women and girls and to get them into the trades and other professions that are traditionally dominated by men

**HOST:** Ginny McGehee

## ***HEALTH***

**PROGRAM:** Health Source

**DATE:** 1/8/23

**GUEST:** Dr. Steven Leffler

**DESCRIPTION:** a discussion about how Vermont is working to address the opioid crisis

**HOST:** Annie Macken, UVMMC

**PROGRAM:** Health Source

**DATE:** 1/15/23

**GUEST:** Dr. David Lyle

**DESCRIPTION:** a discussion about tendon injuries. How they are treated with medicine, physical therapy and platelet-rich plasma to speed up the process

**HOST:** Michael Carrese, UVMMCs

**PROGRAM:** Health Source

**DATE:** 1/22/23

**GUEST:** Dr. Dickerson

**DESCRIPTION:** a discussion about the rise in rates of autism, now one in 45 children, impacting learning, social interaction and family relations

**HOST:** Michael Carrese, UVMMC

**PROGRAM:** Health Source

**DATE:** 1/29/23

**GUEST:** Dr. Straighter

**DESCRIPTION:** a discussion about Hep C, that there are no symptoms until it has progressed too far and its diagnosis through blood testing can guide individuals toward treatment and prevention

**HOST:** Michael Carrsese. UVMMC

**PROGRAM:** Health Source

**DATE:** 2/5/23/23

**GUEST:** Dr. Gueillermo Laneress

**DESCRIPTION:** a discussion about strokes, the signs and where to get help

**HOST:** Annie Macken, UVMMC

**PROGRAM:** Health Source

**DATE:** 2/12/23

**GUEST:** Bridget Shea, registered dietician at UVMMC

**DESCRIPTION:** a discussion about the psychology of eating and eating disorders

**HOST:** Alex Tiersey, UVMMC

**PROGRAM:** Health Source

**DATE:** 2/19/23

**GUEST:** Dr. Jennifer Galway

**DESCRIPTION:** a discussion about primary care explaining General and Geriatric medicine and how primary care helps patients aged 18 and over

**HOST:** Neil Gaswme, UVMMC

**PROGRAM:** Health Source

**DATE:** 2/26/23

**GUEST:** Dr. Jesse Moore

**DESCRIPTION:** a discussion about colorectal cancer, its risks and preventative treatments

**HOST:** Annie Macken, UVMMC

**PROGRAM:** Health Source

**DATE:** 3/5/23

**GUEST:** Dr. James Wallace

**DESCRIPTION:** a discussion about men over 50 should see a doctor for prostate cancer screening and how it grows slowly and doesn't show symptoms

**HOST:** Michael Carrrese, UVMMC

**PROGRAM:** Health Source

**DATE:** 3/12/23

**GUEST:** Bridget Shea, registered dietician at UVMMC

**DESCRIPTION:** a discussion about fasting and whether it is a safe effective way to lose weight

**HOST:** Alex Tiersey, UVMMC

**PROGRAM:** Health Source

**DATE:** 3/19/23

**GUEST:** Emily Claremont. Registered dietician at UVMMC

**DESCRIPTION:** a discussion about food management when it comes to pain and how what you eat can impact that pain or the lack of it

**HOST:** Geriann Higgins, UVMMC

**PROGRAM:** Health Source

**DATE:** 3/26/23

**GUEST:** Dr. Jeremiah Dickerson

**DESCRIPTION:** a repeat of the 1/22/23 program

**HOST:** Michael Carrese, UVMMC

## ***SAFETY***

**PROGRAM:** In Touch

**DATE:** 1/29/23

**GUEST:** John Montes, the Northern New England Regional Disaster Officer for the American Red Cross

**DESCRIPTION:** a discussion about Montes' background and training and how it prepared him for training and response in our region with the Red Cross

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 2/26/23

**GUEST:** Elizabeth Gilman, executive director for Vermont 2-1-1

**DESCRIPTION:** a discussion about the United Way hotline available 24/7 helping Vermonters connect to services and information throughout the state and its increase in calls during the thick of Covid

**HOST:** Ginny McGehee