PSA: CYBERSECURITY :30 SECS.

IF YOU'RE LIKE MOST AMERICANS YOU ARE BECOMING MORE AND MORE CONCERNED ABOUT CYBERSECURITY. ONE MEMBER OF THE SENATE INTELLIGENCE COMMITTEE HAS A SIMPLE TWO STEP METHOD TO THWART HACKERS. STEP ONE: TURN OFF YOUR CELL PHONE. STEP TWO: TURN IT BACK ON. THAT'S RIGHT. IT TURNS OUT THAT THE OLDEST AND SIMPLEST COMPUTER FIX THERE IS-TURNING A DEVICE OFF THEN BACK ON AGAIN-CAN DETER HACKERS FROM STEALING INFORMATION. IT'S NOT A CURE-ALL BUT IT CAN MAKE IT MUCH HARDER FOR CRIMINALS AND SPY-FOR-HIRE COMPANIES TO GET SENSITIVE PERSONAL DETAILS FROM YOUR DEVICE.

USED: MAY 2021 June " July " Aug "

PSA: CAMPING SAFETY :30 SECS.

IF YOU'RE HEADED TO A CAMPGROUND THIS SUMMER ESPECIALLY ONE THAT'S IN A REMOTE AREA THE NATIONAL PARK SERVICE SAYS THERE ARE SEVERAL THINGS YOU SHOULD KEEP IN MIND. FIRST, MAKE SURE YOU TAKE ALONG A MAP, COMPASS OR GPS DEVICE TO KEEP FROM GETTING LOST. PACK SUNGLASSES AND SUNSCREEN. BE PREPARED FOR SUDDEN WEATHER CHANGES BY TAKING WARM AND RAIN REPELLENT CLOTHING. ALSO, DON'T FORGET A FLASHLIGHT, FIRST AID SUPPLIES, FIRE-STARTING MATERIALS, A SIMPLE REPAIR KIT AND ADEQUATE FOOD AND WATER. ALSO, PACK A SMALL TENT OR TARP OR SOMETHING YOU CAN USE FOR AN EMERGENCY SHELTER. ENJOY YOUR TIME OUTDOORS BUT MAKE SURE YOU ARE PREPARED FOR ANY CONTINGENCY.

22-28 ROD SUMMED

life jacket on and made sure it fit," a 59-year-old man told the DNR after being "It changed me so much that when I picked up my boat, I immediately put my ✓ National Safe Boating Week is May 22-28

rescued last month from Foote Pond, located in Oscoda County.

working tegether to encourage all boaters, particularly youth boaters, to This summer, Michigan DNR conservation officers and Management of the Conservation of wear their life jackets while boating

and lost his balance when he stood up to stretch, and fell into the cold water. The man, whose name was not released by the DNR, was fishing Foote Pond Weighed down by his thick coat, he knew he wouldn't be able to swim, despite considering himself an average swimmer.

capsized boat any longer and decided he was going to give up - until he heard After several minutes in the cold water, the man couldn't hold onto the rescue boats in the distance.

"It changed my life 180 degrees, there are certain things I remember – your officer reached out and said, "give me your hand, I won't let go," he said. $/\!\!/$ Drowning is the cause of death in 79 percent of all boating-related fatalities, according to the U.S. Coast Guard.

(over 1

202 "144 202 5um " 5um "

PSA: HOT WEATHER SAFETY :30 SECS.

Uses: May 2021 July " July "

THE WARM WEATHER MEANS SUMMER FUN BUT ALSO THE POSSIBILITY OF HEAT STROKE IF YOU OVERDO IT. HERE ARE SOME TIPS TO STAY SAFE. FIRST, LIMIT YOUR ACTIVITY WHEN THE SUN IS THE HOTTEST. NEXT, WEAR AND REAPPLY SUNSCREEN AS NEEDED. THIRD, PACE YOUR ACTIVITY. START SLOW AND INCREASE GRADUALLY. FOURTH, STAY HYDRATED. FINALLY, WEAR LIGHTWEIGHT, LIGHT-COLORED CLOTHING, WEAR SUNGLASSES AND TAKE FREQUENT BREAKS FROM THE SUN IN SHADE OR AN AIR-CONDITIONED LOCATION.