

3rd Quarter Report
July– September 2021



WHIO-FM Pleasant Hill, Ohio
Camelot Radio Buyer, LLC

WHIO-FM

This report contains information that was broadcast on each of the following topics:

COVID-19 Pandemic

Culture/Ethics

Economy

Education/Science

Healthcare/Mental Health Issues

Public Safety/Benefits

Civic

WHIO-FM Shows Listed in Report
7/1/2021 – 9/30/2021
All durations listed within report are approximate.
Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

In 3rd quarter of 2021, the shows aired during the following dates and times:

7/1/2021 – 7/4/2021:

Radio Health Journal 8 AM, 10:30 AM, 11:30 AM, 1:30 PM (Sunday)

Viewpoints 10 AM, 11 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:30 – 9 PM

7/05/21 – 8/1/2021:

Radio Health Journal 9:30 AM, 1:30 PM (Sunday)

Viewpoints 9 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:30 – 9 PM

8/02/21 – 8/8/2021:

Radio Health Journal 9:30 AM, 1:30 PM (Sunday)

Viewpoints 9 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:00 – 8 PM

WHIO-FM Shows Listed in Report
7/1/2021 – 9/30/2021
All durations listed within report are approximate.
Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

In 3rd quarter of 2021, the shows aired during the following dates and times (continued):

8/09/21 - 8/15/2021:

Radio Health Journal 9:30 AM, 1:30 PM (Sunday)

Viewpoints 9 AM, 10:30 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:00 – 8 PM

8/16/2021 – 8/22/2021:

Radio Health Journal 9:30 AM (Sunday)

Viewpoints 9 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:00 – 8 PM

8/23/21 - 9/6/21:

Radio Health Journal 9:30 AM (Sunday)

Viewpoints 9 AM, 10:30 AM (Sunday)

WHIO Reports 8:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:00 – 8 PM

WHIO-FM Shows Listed in Report
7/1/2021 – 9/30/2021
All durations listed within report are approximate.
Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

In 3rd quarter of 2021, the shows aired during the following dates and times (continued):

9/7/2021 - 9/30/2021:

Radio Health Journal 9:30 AM (Sunday)

Viewpoints 9 AM (Sunday)

Radio Health Journal 9:30 AM (Sunday)

Evening Edge with Todd Hollst (Monday-Friday), 6:00 – 8 PM

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021**July 1 - September 30, 2021**

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
COVID-19 PANDEMIC			
EVENING EDGE WITH TODD HOLLST: Discussing how Dayton should spend \$138 million in COVID Relief money?	7/15/2021	6:00 PM	01:55:00
RADIO HEALTH JOURNAL, SEGMENT 1, "WE ARE NOT OK": Where COVID-19 vaccination is high, it's a getting-back-to-normal world after the pandemic. But even some vaccinated people won't return to normal for months or years because of the psychological effects. As the rest of the world, Dayton, OH is not an exception. Experts discuss why this occurs and how people can help themselves return to mental health.	7/25/2021	9:30 AM, 1:30 PM	00:12:43
VIEWPOINTS, SEGMENT 1, "THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC": Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.	8/1/2021	9:00 AM	00:11:13
EVENING EDGE WITH TODD HOLLST: Discussing employer mandated COVID vaccination.	8/5/2021	6:00 PM	00:40:00

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
COVID-19 PANDEMIC			
RADIO HEALTH JOURNAL, SEGMENT 1, "BACK TO SCHOOL WITH COVID": Schools that just a couple of months ago imagined opening free of great pandemic worry are now facing a Delta variant that's even more contagious than the original. Yet last year's experience is telling experts and administrators that school can be held safely if masking and other protocols are followed. Two pediatricians who are experts in how infectious disease affects schools discuss reopening for the school year. With the DMA school districts still being divided on the mask mandates, this topic would be of great interest for the local audience.	9/5/2021	9:30 AM	00:12:19

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021**July 1 - September 30, 2021**

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE/ETHICS			
VIEWPOINTS, SEGMENT 1, "FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS": Unions, which are organized labor groups, are prevalent across the U.S. You've probably heard of the term in the media or may know someone who's part of a union. But have you ever heard of a worker center? It operates in similar functions as unions; however, this resource is much more community-based and is more of a guiding advocate in responsive situations where the worker is facing harassment, unpaid wages or other issues. We speak with two labor experts this week to highlight how vital worker centers are to low-wage workers who often don't have a voice. With Central Ohio Worker Center being the closest institution of its kind to Dayton, this topic might be of great interest for the local audience.	7/4/2021	10 AM, 11 AM	00:11:25
WHIO REPORTS, "SPRINGFIELD ARTS": This edition of WHIO Reports will focus on the arts community in Springfield and about their upcoming events.	7/4/2021	8:30 AM	00:24:30
EVENING EDGE WITH TODD HOLLST: This episode talks about the Montgomery County Fair return after COVID cancelation last year.	7/8/2021	6:00 PM	00:15)00

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021**July 1 - September 30, 2021**

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE/ETHICS			
VIEWPOINTS, SEGMENT 2, "LONG-TERM YOUTH INCARCERATION": The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be ‘unfixable’. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13. With Dayton being home of a number of prisons and jails, including the Montgomery County Juvenile Detention, this topic is relevant for the local audience.	7/11/2021	9:00 AM	00:09:00
EVENING EDGE WITH TODD HOLLST: Discussing the bar banning people who are under the age of 25.	7/21/2021	6:00 PM	00:10:00
EVENING EDGE WITH TODD HOLLST: Talking about The Cleveland Indians changing their name to Guardians.	7/24/2021	6:00 PM	00:15:00
EVENING EDGE WITH TODD HOLLST: Discussing the Olympics and why people aren’t watching.	7/27/2021	6:00 PM	00:15:00

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE/ETHICS			
VIEWPOINTS, SEGMENT 2, "FOREVER FASHION: THE HISTORY OF TIMELESS TRENDS": There are some items of clothing that truly never go out of style. Whether it's a pair of jeans or a classic black dress, these pieces transform with the vibe and trends of each decade. Fashion writer and author of The Ten Lauren Cochrane joins us this week to highlight some of the most iconic clothes in fashion history.	8/1/2021	9:00 AM	00:08:23
VIEWPOINTS, SEGMENT 2, "THE WOMEN OF THE OLD WEST": When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser-known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.	8/8/2021	9:00 AM	00:11:20
WHIO REPORTS, "HAALO PROGRAM": This edition of WHIO Reports focuses on the people behind the amazing murals in Dayton. They are from the HAALO Program (Helping Adolescents Achieves Long-Term Objectives). The program is run by the Montgomery County Juvenile Court and local artists. They team up with kids who come through the court system to make something beautiful.	8/22/2021	8:30 AM	00:24:30

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE/ETHICS			
VIEWPOINTS, SEGMENT 2, "THE MANY SIDES OF BALLERINO, JAMES WHITESIDE": Ballet requires athleticism, artistry and decades of grueling practice. It's an extremely competitive field and few dancers manage to become principal dancers at major theatres. This week on Viewpoints – James Whiteside, a principal dancer at the American Ballet Theatre, shares his professional ballet journey and what he's learned about himself along the way. With Dayton Ballet being the second oldest regional ballet company in the United States, this topic would be of great interest for the Daytonians.	9/5/2021	9 AM, 10:30 AM	00:07:54
VIEWPOINTS, SEGMENT 2, "DIVERSITY DILEMMAS IN OPERA": Opera is a beloved art form, but its racial history is as flawed as the rest of our culture. We talk to Naomi Andre, a professor at the University of Michigan, about the history of race in opera and how this traditional art form is evolving with the times.	9/26/2021	9:00 AM	00:08:52

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021**July 1 - September 30, 2021**

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
ECONOMY			
VIEWPOINTS, SEGMENT 2, "A BETTER WAY TO GET AWAY": It seems like lately almost everyone is heading to the airport. Whether you're flying, driving or taking a train, vacations are a highly anticipated time to get away from everyday life. Everyone deserves relaxation, but is there a way to make sure that you're traveling more consciously? Are you booking excursions with local, independent companies? Supporting small shops? Does the place you're staying at or traveling with use sustainable practices? With Dayton's rich history and a number of significant landmarks, this topic could be of great interest for the local audience.	7/11/2021	9:00 AM	00:10:26
VIEWPOINTS, SEGMENT 2, "THE ENTREPRENEUR INSIDE THE MUSICIAN": There's much more to being a professional musician than the practice and performance aspect of the career. For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights the challenges and rewards of carving out a career in the competitive classical music space.	7/25/2021	9:00 AM	00:08:30
WHIO REPORTS, "INFRASTRUCTURE FUNDING": This edition of WHIO Reports will focus on the spending on infrastructure in Ohio and the Miami Valley.	7/25/2021	8:30 AM	00:24:30

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ECONOMY			
RADIO HEALTH JOURNAL, SEGMENT 1, "HOSPITAL PRICE TRANSPARENCY": Hospitals are now required to post prices for many procedures on their websites, including cash prices and what insurers pay. The intent of the federal rule is to allow patients to shop around, putting pressure on hospitals to compete on price. However, many hospitals have yet to follow the rule. Experts discuss the rule, its likely outcome, and how patients can use it to their advantage. With 17 hospitals and two major health care systems in the area, these questions are not new to the Dayton, OH population.	8/1/2021	9:30 AM, 1:30 PM	00:11:41
WHIO REPORTS, "MIAMI VALLEY JOB GROWTH": This edition of WHIO Reports will focus on a new project of the Dayton Area Chamber of Commerce and the Dayton Development Coalition to jointly promote the Miami Valley as a good place for companies to relocate and bring jobs to the area.	8/1/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "THE PRIVATE SECTOR SPACE RACE": The cryptocurrency that started it all, Bitcoin, is now valued at around 1.6 trillion dollars. And in just the last month, another, newer form of crypto, Dogecoin has skyrocketed in popularity across the Internet, sharply driving up the price per token. We explore the fascinating and fast-evolving world of cryptocurrency and the future of traditional financial systems as digital currency gains ground across the globe.	8/8/2021	9:00 AM	00:09:32

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021

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ISSUE & DESCRIPTION	DATE	TIME	LENGTH
ECONOMY			
WHIO REPORTS, "THE HUB @ THE ARCADE": This edition of WHIO Reports will focus on the rebirth of The Dayton Arcade. The University of Dayton and its many partners at The Arcade have launched The Hub. It's a collection of learning spaces and space for private businesses and it's all in the newly renovated history Dayton Arcade.	9/12/2021	8:30 AM	00:24:30

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION/SCIENCE			
VIEWPOINTS, SEGMENT 2, "HOW TO MAKE YOUR KID MONEY-SAVVY": All parents want their kids to succeed and live good lives, and part of accomplishing that is raising them to understand the value of a dollar. We talk to Beth Kobliner, a financial expert and author of the book Make Your Kid A Money Genius (Even if you're not) about tips and tricks to help our kids, from toddlers to post-grads, handle money responsibly.	7/4/2021	10 AM, 11 AM	00:08:26
RADIO HEALTH JOURNAL, SEGMENT 2, "POOR AND RURAL KIDS IN CRISIS": A study by Save the Children shows on a county-by-county basis that children in poor and rural counties, especially in the south, are much less likely to survive into adulthood, and when they do, they're often forced to become adults too soon by poverty, pregnancy, and lack of education. A Save the Children expert discusses factors that hurt children and ways they might be alleviated.	7/18/2021	9:30 AM, 1:30 PM	00:07:06
VIEWPOINTS, SEGMENT 1, "PUBLISHING 101: BEHIND EVERY WRITER IS A GREAT EDITOR": In 2019, the book publishing industry in the U.S. generated more than \$25 billion dollars in revenue and employed close to 70,000 people. It's a massive industry that publishes and generates publicity for many thousands of physical and e-books each year. Literary editor Peter Ginna joins us this week to breakdown the business and the crucial role that editors play in crafting a successful book.	7/25/2021	9:00 AM	00:10:20

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION/SCIENCE			
RADIO HEALTH JOURNAL, SEGMENT 2, "SYNESTHESIA: THE COLOR OF SOUNDS AND OTHER STRANGE PERCEPTIONS": Some people have an unusual merging of senses, where they routinely see colors in sounds or numbers, see time visually, or have other perception differences. Artists sometimes have synesthesia, and researchers are beginning to study it to see how it might be tapped to help the rest of us. Experts explain.	8/8/2021	9:30 AM, 1:30 PM	00:07:39
WHIO REPORTS, "BACK TO SCHOOL: LOCAL SCHOOL DISTRICTS": This edition of WHIO Reports focusing on getting kids back to the classroom. Miami Valley school districts are beginning to head back to class this week. Some start in a few days, while others start next week. Either way, the push is on to get back to the classroom.	8/8/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "THE LESSONS LEARNED FROM THE PANDEMIC": It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year. A great episode for the Daytonians with school and college-aged kinds.	8/15/2021	9 AM, 10:30 AM	00:10:16

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION/SCIENCE			
WHIO REPORTS , “BACK TO SCHOOL: COLLEGES AND UNIVERSITIES”: This edition of WHIO Reports will continue to focus on our Back-to-School coverage with a look at local colleges and universities as they get students back on campus and into the classroom.	8/15/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "SLUMBERING IN SPACE": Have you ever had trouble falling or staying asleep? If you have, you’ll know that not getting good rest can have a big impact on how you feel physically and mentally. For astronauts in space, sleeping in a zero-gravity environment surrounded by loud fans, bright lights and cramped quarters can be an issue. We talk through some of the bodily systems behind sleep and how astronauts in space for months on end deal with these challenges.	8/22/2021	9:00 AM	00:08:39
VIEWPOINTS, SEGMENT 2, "REVISITING THE DEMISE OF THE DINOSAURS”: There’s something special about dinosaurs. These majestic creatures walked the Earth more than 230 million years ago, yet, even today, they capture our wildest imaginations. Most us have heard the familiar narrative that an asteroid collided with Earth and this catastrophic event led to their downfall...but is there more to the story? Would dinosaurs still be around today if the asteroid flew past Earth? This week on Viewpoints.	8/29/2021	9 AM, 10:30 AM	00:09:27

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION/SCIENCE			
RADIO HEALTH JOURNAL, SEGMENT 2, "3D PRINTING OF REPLACEMENT ORGANS": Scientists are developing 3D printing technology using human cells to build human organs. The technique could be used to grow organs for transplant, relieving the long waitlist. Experts discuss.	9/5/2021	9:30 AM	00:07:37
WHIO REPORTS, "SCHOOLS RETURNING TO CLASS IN SEPTEMBER": This edition of WHIO Reports focuses on a few of the districts that will begin class right after Labor Day. For districts that have already started, there have been some COVID-related adjustments. And, for those who have yet to start, it's an exciting time.	9/5/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "CANDID CONVERSATIONS WITH KIDS: GETTING BACK TO SCHOOL": The 2021-2022 school year is officially in full swing. But it's not the return that many were hoping for as COVID-19 cases spread, and outbreaks pop up in classrooms across the U.S. While there are barriers and challenges just like last year, school must go on. We speak with education expert, Julie King, to get some tips on how to navigate the hectic back to school season and how parents can communicate with their kids, so they feel heard and supported.	9/12/2021	9:00 AM	00:10:08

WHIO-FM ISSUES & PROGRAMS – 3RD QTR 2021**July 1 - September 30, 2021**

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EDUCATION/SCIENCE			
VIEWPOINTS, SEGMENT 2, "THE 20 YEAR ANNIVERSARY OF 9/11": Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.	9/12/2021	9:00 AM	00:07:55
VIEWPOINTS, SEGMENT 2, "DESIGNING A GREENER BUILDING LANDSCAPE": Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.	9/19/2021	9:00 AM	00:09:37
WHIO REPORTS, "THE VICTORY PROJECT": This edition of WHIO Reports will focus on a great local non-profit organization that works with kids in Dayton. The Victory Project is privately funded entirely and provide much needed structure, education and life skills for young men in Dayton. The Victory Project is also looking to expand.	9/19/2021	8:30 AM	00:24:30
EVENING EDGE WITH TODD HOLLST: Discussing the controversial Writing Prompt at Ohio High school.	9/22/2021	6:00 PM	00:20:00

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
RADIO HEALTH JOURNAL, SEGMENT 1, "WHEN LAW ENFORCEMENT AND TRAUMA CARE COLLIDE": Many patients arrive in the emergency room as a result of violence or car crashes—events in which police have an investigative interest. Sometimes, police needs clash with trauma care, and priorities are hashed out case by case. Experts discuss which priorities come first and when, and the procedures needed to smooth out sometimes contentious interaction. A relevant topic for the Dayton, OH audience.	7/4/2021	8 AM, 10:30 AM, 11:30 AM, 1:30 PM	00:12:43
RADIO HEALTH JOURNAL, SEGMENT 2, "THE PSYCHOLOGY OF PROCRASTINATION": Most people procrastinate at least now and then. But when we put something off, we're usually facing not a time management problem, but an emotion management problem. Experts discuss what's going on in our heads when we procrastinate.	7/4/2021	8 AM, 10:30 AM, 11:30 AM, 1:30 PM	00:07:08
RADIO HEALTH JOURNAL, SEGMENT 2, "RETHINKING DEMENTIA": Dementia has a much wider range than most people think, and people with dementia are usually functional for years. An expert discusses the course of the disease and how life can still be positive for years before it reaches the late, debilitating stage most people think of when they hear the word "dementia." With the Dayton population with dementia and related deceases projected to grow in the next five years, this topic could be relevant for the local audience.	7/11/2021	9:30 AM, 1:30 PM	00:08:03

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
RADIO HEALTH JOURNAL, SEGMENT 2, "ADVANCES AGAINST LUNG CANCER": More people die of lung cancer than breast, prostate, and colon cancer combined. A decade ago, a lung cancer diagnosis was often a death sentence. But now treatments are being developed that mean it can often be treated, especially if screening detects it early. A patient/advocate and researcher discuss.	7/18/2021	9:30 AM, 1:30 PM	00:11:27
VIEWPOINTS, SEGMENT 1, "NEGOTIATING THE HIGH COST OF HEALTHCARE": Millions of Americans put off going to a doctor or hospital because they're afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency room can mean thousands of dollars in charges that people can't afford to pay. So, what's driving these sky-high prices? How can people negotiate down these hefty bills? With an estimated 37,700 people in Dayton have incomes below the federal poverty level, this topic is critical for the local audience.	7/18/2021	9:00 AM	00:11:48
VIEWPOINTS, SEGMENT 2, "THE DATED TRADITION OF DAYLIGHT-SAVING TIME": Each year, as the flowers bloom and the days turn warmer, we spring forward and adjust our clocks one hour forward. The routine of 'springing forward' can feel like a nuisance and for some, it can severely throw off their internal body clocks for days or weeks on end. Why do we still practice daylight saving time today? Dr. Beth Malow, a neurologist and sleep expert, joins us this week on Viewpoints.	7/18/2021	9:00 AM	00:07:12

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
RADIO HEALTH JOURNAL, SEGMENT 2, "ELDERLY INJURIES": A new study shows that people over age 70 are three times more likely than younger people to die when they fall. Older people also take more medications with a fall risk, and which pose a risk themselves when someone taking them falls. Experts discuss these complications and why it's important to prevent falls and other injuries.	7/25/2021	9:30 AM, 1:30 PM	00:07:08
EVENING EDGE WITH TODD HOLLST: Talking about spanking children and crossing the line of abuse.	7/27/2021	6:00 PM	00:10:00
RADIO HEALTH JOURNAL, SEGMENT 1, "PSYCHOLOGY OF ADOPTION: BIRTH MOTHERS": Adoption and how it is carried out have well-studied psychological effects on adoptees. However, how birth mothers are affected by giving up their child is less well studied. Birth mothers have historically been shunned and stigmatized, and often still do not receive the grief counseling and mental health services they need. Open vs. closed adoptions also differ. An expert psychologist and birth mother-author discuss.	8/15/2021	9:30 AM, 1:30 PM	00:13:51
RADIO HEALTH JOURNAL, SEGMENT 2, "THE DANGER OF SYMPTOM SEARCHING ON THE INTERNET": One of the most popular searches on Google is for symptoms and what they mean. It's created a much more well-informed patient population, but one that may panic at the least pain or discomfort. Two experts discuss how to think of symptoms and how to search for them.	8/15/2021	9:30 AM, 1:30 PM	00:06:13

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
VIEWPOINTS, SEGMENT 2, "WHY DOES KETO CONTINUE TO PERSIST": Every year it seems like there's a new diet or health trend that captures people's attention. The keto diet, which mainly cuts out carbohydrates, has seen a sustained rise in popularity. Originally used as a treatment for kids with epilepsy, today, thousands of ordinary people follow this regimen as well. This week – we're joined by registered dietician, Kristen Sedler, and two people who tried the keto diet and both had entirely different experiences. Great topic for the weight-conscious Daytonians.	8/15/2021	9 AM, 10:30 AM	00:08:27
RADIO HEALTH JOURNAL, SEGMENT 1, "VETERINARIAN STRESS AND SUICIDE": A new CDC report shows that suicide among veterinarians is much higher than in the general population. Experts discuss the unique stresses that affect these professionals, including financial, compassion fatigue, euthanasia, and online harassment. They also discuss measures being taken to prevent mental health struggles and suicide.	8/22/2021	9:30 AM	00:12:39
RADIO HEALTH JOURNAL, SEGMENT 2, "'NURSEMAID'S ELBOW': Swinging small children around by their arms may be fun, but it can lead to a very common injury, "nursemaid's elbow," an elbow dislocation, and each instance makes the next more likely. Physicians who treat it—and have experienced it in their own children—discuss the injury, its treatment and prevention.	8/22/2021	9:30 AM	00:07:24

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
RADIO HEALTH JOURNAL, SEGMENT 2, "THE DIFFICULT-TO-FOLLOW PLANT-BASED ANTI-HEART DISEASE DIET": Heart disease is the number one killer in the US, but a well-known cardiologist says if everyone would follow a plant-based, oil-free diet, heart disease could be eradicated. Yet many cardiologists won't prescribe such a diet, fearing it's so difficult to follow that it's a prescription for defeat. Experts discuss. Is it something attainable for the Daytonians?	8/29/2021	9:30 AM	00:07:34
WHIO REPORTS, "SCHOOL STRESS: HELPING PARENTS AND KIDS": This edition of WHIO Reports will focus on kids and parents dealing with stress and the school season is officially back in full swing.	8/29/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "ARE YOU ADDICTED TO YOUR PHONE?": The average American checks their phone about 90 times a day, according to a 2019 survey from tech research firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic when your phone isn't right next to you? This 'attached at the hip' mentality is severely affecting happiness and quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr. Anna Lembke joins us to break down the widespread problem and offer up some solutions.	9/5/2021	9 AM, 10:30 AM	0:10:07
RADIO HEALTH JOURNAL, SEGMENT 2, "NAIL BITING": Nail biting is an extremely common habit, but some people bite their nails so badly and so often that they suffer damage to their hands. Experts discuss why so many of us are driven to bite our nails, what can be done to stop it, and the damage that can occur when we can't stop.	9/12/2021	9:30 AM	00:07:21

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
HEALTHCARE/MENTAL HEALTH ISSUES			
RADIO HEALTH JOURNAL, SEGMENT 2, "WHY WE DON'T STOP PREVENTABLE HEART ATTACKS": Heart disease is often preventable, but how people look at it often keeps them from doing as much about it as they could. Often this is a result of myth and misinformation. An expert physician discusses some of the most harmful of these myths.	9/19/2021	9:30 AM	00:06:47
RADIO HEALTH JOURNAL, SEGMENT 1, "THE LONELINESS EPIDEMIC": Loneliness has been increasing across all ages even before the pandemic. It's especially noteworthy among seniors, and it can dramatically affect health. An expert geriatrician who has studied the effects of loneliness and the leader of an organization that provides friendly visitors to the isolated elderly discuss causes of increasing loneliness, its impact, and the effectiveness of visitor programs.	9/26/2021	9:30 AM	00:12:47
RADIO HEALTH JOURNAL, SEGMENT 2, "AN ODD BUT COMMON FEAR: TRYPOPHOBIA, THE FEAR OF CLUSTERED HOLES": As much as 16 percent of the population suffers from trypophobia, which makes them uneasy at the sight of holes clustered together, as in a honeycomb. Two experts and a sufferer discuss this phobia, which can be remarkably debilitating.	9/26/2021	9:30 AM	00:06:37
VIEWPOINTS, SEGMENT 1, "A DEEPER EXPLANATION OF OCD": Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	9/26/2021	9:00 AM	0:09:55

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC SAFETY/BENEFITS			
RADIO HEALTH JOURNAL, SEGMENT 1, "HOW TO SPEED UP YOUR DRIVE: DON'T TURN LEFT": Traffic engineers are learning that they can increase road efficiency and safety by eliminating left turns at many busy intersections, even those that have left turn arrows. This increases distance traveled for some people--some may have to make three right turns instead--but virtually everyone benefits in travel time, as package carrier UPS has learned. A traffic engineer and UPS official discuss how it could work. Will Dayton, OH benefit from this study?	7/11/2021	9:30 AM, 1:30 PM	00:11:41
WHIO REPORTS, "FOOD BANKS": This edition of WHIO Reports will focus on taking a closer look at the role of food banks in the Miami Valley, providing the most basic safety net for families in need- that's nutritious food. During the pandemic, the Ohio National Guard helped food banks with distribution and warehousing. And, that mission ended at the beginning of July. Now, food banks in the Miami Valley are not only grateful for their work, but now looking for volunteers to pick up where the Guard left off.	7/18/2021	8:30 AM	00:24:30
RADIO HEALTH JOURNAL, SEGMENT 2, "SOMETIMES NOT MAN'S BEST FRIEND: DOG BITES": Nearly 40 percent of American homes have a dog, and while dogs may be "man's best friend," sometimes they bite, and sometimes with serious consequences. An expert who has studied dog bites discusses the reality of breed temperament, especially when children are around, how to prevent bites, and whether breeds with dangerous reputations deserve them. Great episode for the Dayton dog lovers.	8/1/2021	9:30 AM, 1:30 PM	00:08:03

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ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC SAFETY/BENEFITS			
EVENING EDGE WITH TODD HOLLST: Talking about trampoline dangers.	8/2/2021	6:00 PM	00:15:00
EVENING EDGE WITH TODD HOLLST: The dangers of eating e-coli laced cake mix.	8/2/2021	6:00 PM	00:05:00
RADIO HEALTH JOURNAL, SEGMENT 1, "DANGER SIGNS IN THE INCREASE IN EXTREME WEATHER": Climate change has been discussed as a serious issue impacting future generations. However, the recent rash of extreme weather worldwide, which has killed hundreds, is making scientists wonder if we have reached a turning point more quickly than we thought. Experts explain how climate change results in droughts, floods, and other severe weather and the signals it provides of danger immediately ahead.	8/8/2021	9:30 AM, 1:30 PM	00:12:29
EVENING EDGE WITH TODD HOLLST: Talking about the warning on GoFundMe scams.	8/12/2021	6:00 PM	00:05:00
EVENING EDGE WITH TODD HOLLST: Discussing the airlines that duct tape the unruly people to their seats.	8/19/2021	6:00 PM	00:15:00

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VIEWPOINTS, SEGMENT 2, "FIGHTING FOR THE FUTURE OF CLEAN WATER": Gold mining has been a lucrative business for many generations. Today, it's still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.	8/22/2021	9:00 AM	00:10:07
RADIO HEALTH JOURNAL, SEGMENT 2,"PRISONS AND THE MENTALLY ILL": Many people in prison have a mental illness that keeps them from following the rules of society. Prison, its rules, and often its punitive intent may be the worst place for them, especially since treatment is often lacking there. A noted prison psychiatrist and behavioral scientist discusses this, and alternatives that may produce less recidivism when these inmates are released back into society.	8/29/2021	9:30 AM	00:12:26
EVENING EDGE WITH TODD HOLLST: Talking about mite outbreak in Dayton.	9/15/2021	6:00 PM	00:05:00
RADIO HEALTH JOURNAL, SEGMENT 1, "HEALTHCARE DATA BREACHES": Government reports say more than 265 million healthcare records have been stolen, lost, or improperly disclosed in the last decade. It may create a financial risk, but it could also mean your health conditions and secrets are all over the internet. What are health systems doing to keep data safe? What should you do when you're victim of a breach? One of the nation's top health data experts discusses. An episode every Daytonian should listen to.	9/19/2021	9:30 AM	00:13:13
WHIO REPORTS , "FALL OUTDOOR ACTIVITIES": This edition of WHIO Reports will focus on getting out and enjoying the great outdoors this Fall. The Miami Valley is fortunate to have many great parks and bike trails.	9/26/2021	8:30 AM	00:24:30

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CIVIC			
WHIO REPORTS, "SCHOOL FUNDING": This edition of WHIO Reports will focus on a big change in school funding. Since the late 1990's the Ohio Supreme Court has found the school funding system unconstitutional four times. Ever since then, state lawmakers have been trying to come up with a plan to fix that and make the funding more fair to schools, students and taxpayers.	7/11/2021	8:30 AM	00:24:30
VIEWPOINTS, SEGMENT 1, "THE TALIBAN TAKEOVER: WHAT DOES IT MEAN?": The news of the Taliban regaining control of Afghanistan has swept news headlines this month. Hundreds of thousands of Afghan citizens have already fled the country, but how will everyday life change for those who remain? We discuss the precarious situation in the region and the reversal of modern freedoms and economic stability for millions of men, women and children.	8/29/2021	9 AM, 10:30 AM	00:09:42
EVENING EDGE WITH TODD HOLLST: An episode talking about building Cheez-It statue in Dayton.	8/30/2021	6:00 PM	00:40:00
RADIO HEALTH JOURNAL, SEGMENT 1, "FORCED STERILIZATION STILL EXISTS IN THE U.S.": Entertainer Britney Spears claims in court that her conservator father won't let her remove birth control. It's merely the most celebrated recent case of something most people find surprising: forced sterilization still exists in the US, usually in cases of guardianship. Experts explain its legality, history & use.	9/12/2021	9:30 AM	00:12:20

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CIVIC			

VIEWPOINTS, SEGMENT 1, "WORKING IN INTENSIFYING HEAT": Many Americans stay home and crank up the air conditioning once temperatures reach 80 degrees. Imagine working for hours on end outside in temperatures exceeding 90 or 100 degrees. On top of this, there's little shade, minimal breaks and often not enough water. This is the reality for millions of laborers who work in agriculture, construction and other industries. Why aren't there more legal guidelines protecting these essential workers? With a construction boom the in Dayton, O region, this is relevant for the local audience.