

3rd Quarter 2015 –

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

July 5th, 2015 – Sunday Journal Program

Podcast Title: Red Cross (16:28)

Podcast Description: Cape, Islands and Southeast Massachusetts Red Cross Executive Director Hilary Greene talks about the 100th anniversary of the local chapter of the Red Cross.

Podcast Title: Pleasant Bay Community Boating (19:27)

Podcast Description: Pleasant Bay Community Boating is 12 years old but for the first time, it has a home. Greg Kelly and Fran Schofield explain how they acquired a unique bayfront historic property.

Podcast Title: Sea Captain's Row (16:20)

Podcast Description: Architect Mary-Ann Agresti and Brian Dale from the Cape Cod Regional Transit Authority discuss a new self-guided walking trail in Hyannis's east end called Sea Captain's Row.

July 12th, 2015 – Sunday Journal Program

Podcast Title: Bob Murray Housing with Love Walk (18:11)

Podcast Description: Don Jenkins, a volunteer with the Housing with Love Walk, Caroline Corgan, manager of Homeless Not Hopeless, and Tom Lacey, director of the Falmouth Housing Authority, talk about the 23rd year of the Bob Murray Housing with Love Walk.

Podcast Title: Cape Cod Chamber Music Festival (16:28)

Podcast Description: Elaine Lipton, executive director of the Cape Cod Chamber Music Festival, gives us an insider's look at the highlights of this year's event.

Podcast Title: Cape Cod Conservatory (16:25)

Podcast Description: Stephanie Weaver, managing director of the Cape Cod Conservatory, talks about many varied summer offerings at the conservatory.

July 19th, 2015 – Sunday Journal Program

Podcast Title: Barnstable County Fair (18:10)

Podcast Description: We take the show on the road to the Barnstable County Fair just before the opening to talk with Wendy Brown and Craig Orsi for the annual Barnstable County Fair.

Podcast Title: Summer Travel Triple A (17:15)

Podcast Description: Mary Maguire of AAA Northeast talks about summer travel tips about getting around Cape Cod and the region.

Podcast Title: Sandy Neck Beach Park (18:20)

Podcast Description: Sandy Neck Beach Park Manager Nina Coleman talks about a range of issues from erosion to piping plovers to grant funding for Sandy Neck.

July 26th, 2015 – Sunday Journal Program

Podcast Title: White Shark Season (17:44)

Podcast Description: The first ever great white shark population study is going on in waters off Orleans and Chatham. We hear about it from Cynthia Wigren of the White Atlantic Shark Conservancy.

Podcast Title: Arts Foundation of Cape Cod (17:31)

Podcast Description: The annual Pops By the Sea and Pops in the Park concerts are among the most well-known cultural events on Cape Cod. Arts Foundation Executive Director David Kaplan fills us in on these concerts and all the other Arts Foundation events.

Podcast Title: Ancient Graveyards (17:49)

Podcast Description: One of the best ways to learn about Cape Cod history is by visiting its ancient cemeteries. Donna Walcovy, superintendent of Oak Grove Cemetery in Falmouth, takes us on a virtual tour.

August 2, 2015 – Sunday Journal Program

Podcast Title: Cape Cod Quahog Challenge (17:43)

Podcast Description: The inaugural Cape Cod Quahog Challenge is a fundraiser for Housing Assistance Corporation. Deanna Bussiere and Chris Kazarian from HAC and Billy Moore and Skip Secher from Spanky's Clam Shack talk about the event.

Podcast Title: National Night Out (18:29)

Podcast Description: Police all over the country participate in the annual National Night Out on August 4. We talk to Dennis Police Officers Ryan Carr and Nick Patsavos, who organize their town's event.

Podcast Title: Community Health Centers (18:02)

Podcast Description: Heidi Nelson of Duffy Health Center and Dr. Omar Ghoneim of Harbor Health Services talk about the role of community health centers on Cape Cod.

August 9, 2015 – Sunday Journal Program

Podcast Title: Casey Sherman and "The Finest Hours" (18:20)

Podcast Description: Casey Sherman talks about the book he co-authored, "The Finest Hours," about one of the greatest Coast Guard rescues in history, the Pendleton rescue off Chatham.

Podcast Title: Coast Guard Vessel 36-500 (18:36)

Podcast Description: We talk more about the Pendleton rescue and the famous boat at the center of it with Jay Stradal from the Orleans Historical Society and Dick Ryder, who was a child in Chatham during the rescue.

Podcast Title: Cape Cod Chamber Music Festival Highlights with Jon Nakamatsu (16:50)

Podcast Description: Jon Nakamatsu of the Cape Cod Chamber Music Festival talks about his years with the festival as a performer and also co-artistic director.

August 16, 2015 – Sunday Journal Program

Podcast Title: Scams (18:18)

Podcast Description: From fake IRS agents to lottery winnings that sound too good to be true, Barnstable Police Sergeant Sean Sweeney fills us in on the latest scams.

Podcast Title: Hope Health (16:36)

Podcast Description: With Medicare preparing to reimburse doctors for discussing end of life medical care, David Rehm, CEO of Hope Health, discusses what it means for patients.

Podcast Title: Peregrine Theatre Ensemble (17:30)

Podcast Description: One of the Cape's newest theater companies is making bold choices. Peregrine Theatre Ensemble in Provincetown is putting on Carrie The Musical, the ultimate story about bullying.

August 23, 2015 – Sunday Journal Program

Podcast Title: OneCape Healthcare (17:53)

Podcast Description: Cape Cod Healthcare President and CEO Michael Lauf and Communications Director Robin Lord talk about a new online resource for current local healthcare information.

Podcast Title: Immigration Laws (17:35)

Podcast Description: Barnstable County Sheriff James Cummings talks about federal immigration policy and what it means for public safety on Cape Cod.

Podcast Title: Love in Old Age (18:32)

Podcast Description: At age 92, Tony Antin has written a book of poetry that celebrates his long life and 67-year marriage to his wife.

August 30, 2015 – Sunday Journal Program

Podcast Title: Seaside Le Mans (18:18)

Podcast Description: Start Your Engines for the Seaside Le Mans Cape Cod Formula 1 race with DeWitt Davenport, CEO of the Davenport Companies and founder of the race, Beth Patkoske of Davenport, along with representatives of a beneficiary of the race, Fiona Jensen and David Troutman of Calmer Choice.

Podcast Title: Kennedy-Donovan Center (16:05)

Podcast Description: A talk about the Kennedy-Donovan Center with Juliane Dillon, community services outreach coordinator, along with John Latulipe and Cynthia Goldberg, two self-advocates who are clients of the center.

Podcast Title: Barnstable Youth Commission (16:59)

Podcast Description: The Barnstable Youth Commission is the focus of a discussion with Brendan Clark, chairman of the commission, Matthew Hersey, a member of the commission, and Jennifer Cullum, the Barnstable Town Council liaison to the commission.

September 6, 2015 – Sunday Journal Program

Podcast Title: Labor Day Tourism (17:05)

Podcast Description: Labor Day is the unofficial end of the summer season on Cape Cod and Cape Cod Chamber of Commerce CEO Wendy Northcross tells us how the season went and what to expect this fall.

Podcast Title: ALS Cliff Walk (14:31)

Podcast Description: The ALS Cliff Walk, which takes place in Buzzards Bay, is the biggest fundraiser of the year for the ALS Family Charitable Foundation on Cape Cod. The Foundation's Communications Director Tara Cronin explains the importance of the cause.

Podcast Title: MS Challenge Walk (17:35)

Podcast Description: The Challenge Walk MS is a three-day, 50-mile walk to benefit the National MS Society. Patricia Thorpe, a chapter board of trustees member, and Steven Sookikian, associate vice president of communications with the National MS Society Greater New England Chapter, give an overview.

September 13, 2015 – Sunday Journal Program

Podcast Title: NOAH Shelter on the Move (17:09)

Podcast Description: Housing Assistance Corporation President and CEO Rick Presbrey talks about the NOAH homeless shelter and the plan to move it away from Main Street, Hyannis.

Podcast Title: Rep. Tim Whelan Takes Action on Fentanyl (17:25)

Podcast Description: State Representative Tim Whelan is looking to take legislative action against fentanyl, a drug that can have deadly consequences here on Cape Cod.

Podcast Title: Cape Symphony (16:55)

Podcast Description: The new season of the Cape Symphony is more exciting than ever, with a theme of “Meet Me At The Symphony.” We get a preview with Symphony Artistic Director and Conductor Jung-Ho Pak and Cape Conservatory Managing Director Stephanie Weaver.

September 20, 2015 – Sunday Journal Program

Podcast Title: Boys and Girls Club (18:13)

Podcast Description: Ruth Provost, Executive Director of the Boys and Girls Club of Cape Cod, talks about the facility’s fall programs.

Podcast Title: JazzFest Falmouth (16:51)

Podcast Description: Roger and Judy Day of ArtsFalmouth give us the line-up for JazzFest Falmouth, an eight-day event from September 26 to October 4.

Podcast Title: Orleans ClamBQ (17:42)

Podcast Description: The annual ClamBQ Orleans Food and Music Festival is expanded and with a new location this year. We get the details from Noelle Pina, Executive Director of the Orleans Chamber of Commerce, and Erik Oliver, chairman of the board of the Orleans Chamber of Commerce.

September 27, 2015 – Sunday Journal Program

Podcast Title: Roland Valliere - Symphony (17:20)

Podcast Description: Meet the Cape Symphony and Conservatory’s new President and CEO, Roland Valliere, and hear about his plans for one of the region’s foremost cultural resources.

Podcast Title: Cobb Astro Park (17:33)

Podcast Description: A forgotten space at Barnstable High School has been turned in to Cobb Astro Park and we find out all about it from Barnstable High School teacher Mike Gyra, retired BHS teacher Ed O’Toole, Paul Pacella of Post & Beam Cape Cod, muralist Cris Reverdy, and John Tanionas, who rallied the Greek community behind the project.

Podcast Title: Behavioral Health Summit (17:20)

Podcast Description: The theme of the third annual Behavioral Health Summit is Building Bridges to Recovery. We hear about it from Cape Cod Healthcare’s Cheryl Bartlett, executive director of the Cape Cod Regional Substance Abuse Prevention Initiative for Cape Cod Healthcare, and Pat Durgin, program manager for the Partial Hospital Program; and Barnstable Police Officer Jeanne Challis.