



Quarterly Report of Compliancy Issues & Programs List 2021-Q2 (April - June) Radio Health Journal

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| <ul style="list-style-type: none"> ▪ Air pollution ▪ Alcohol abuse ▪ Charities ▪ Childcare ▪ Child safety ▪ Consumerism ▪ Contraception ▪ COVID-19 Pandemic ▪ Diet and nutrition ▪ Disabilities ▪ Discrimination ▪ Drinking water safety ▪ Economics ▪ Education ▪ Employment and workforce issues ▪ EMS and emergency response ▪ Environmental science ▪ Ethics ▪ Family issues ▪ Federal government and regulation ▪ Fraud ▪ Guns and gun violence ▪ Healthcare ▪ Homelessness ▪ Housing ▪ Informed consent | <ul style="list-style-type: none"> ▪ Infrastructure ▪ Insurance ▪ Local government ▪ Manufacturing and industry ▪ Mass shootings ▪ Mental health ▪ Minority issues ▪ Parenting ▪ Patient Safety ▪ Pets and people ▪ Police and law enforcement ▪ Politics ▪ Poverty ▪ Prevention ▪ Public health ▪ Public safety ▪ Rehabilitation ▪ Research ethics ▪ Self-help ▪ Sexual abuse ▪ Unemployment ▪ Vaccination ▪ Vulnerable populations ▪ Women's issues |
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Program 21-14		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	4/4/21		
SEGMENT 1: ASSESSING THE PSYCHOLOGICAL WRECKAGE OF THE PANDEMIC		Time	Duration
Synopsis:	Many people are relieved that, thanks to vaccines, the COVID-19 pandemic seems to be waning. But the mental health wreckage of the last year will take longer to overcome. Experts discuss how it's showing up and what people can do to get back on track.	1:50	12:14
Host & Producer:	Reed Pence		
Guests:	Dr. Anna Glassman-Pines, Associate Professor of Public Policy, Psychology and Neuroscience, Duke University; Dr. Robin Gurwitch, Professor of Psychiatry and Behavioral Sciences, Duke University; Dr. Jennifer Plumb-Vilardaga, clinical psychologist, Duke University School of Medicine; Dr. Judith Orloff, Los Angeles psychiatrist and author, <i>The Empath Survival Guide</i>		
Compliance issues:	healthcare; public health; mental health; consumerism; self-help; youth at risk; COVID-19 Pandemic		
Links:	Duke University Faculty Profile: Dr. Anna Glassman-Pines Duke University School of Psychiatry and Behavioral Sciences profile: Dr. Robin Gurwitch Health Care 6: Dr. Jennifer Carolyn Plumb Vilardaga Judith Orloff M.D. Website		
SEGMENT 2: THE BENEFITS OF WRITING BY HAND		Time	Duration
Synopsis:	Today's students often type their assignments, no matter the grade level. Writing by hand is done less frequently, and some students are barely able to produce cursive writing. However, studies show that writing by hand creates a better connection to the brain for learning content. Experts discuss how we might tap this connection in an increasingly tech world.	15:06	7:42
Host:	Nancy Benson		
Producer:	Libby Foster		
Guests:	Dr. Danny Oppenheimer, Professor of Decision Sciences, Carnegie Mellon University; Dr. Virginia Wise Berninger, Professor Emerita of Learning Sciences and Human Development, University of Washington.		
Compliance issues:	healthcare; prevention; consumerism; education; technology; neuroscience		
Links:	Carnegie Mellon University Profile: Dr. Danny Oppenheimer Pearson Assessments: Dr. Virginia Wise Berninger		

Program 21-15	Writers/Producers:	Reed Pence
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Air Week:
4/11/21

Studio Production: Jason Dickey

SEGMENT 1: SURVIVING AN ACTIVE SHOOTER

Time **Duration**

Synopsis: With the recent active shooter incidents in Atlanta and Boulder, Colorado, experts are concerned about a return of mass shootings that had disappeared during the pandemic. Two experts discuss the changing theory of how to survive an active shooter incident through what's called "run, hide, and fight." 1:50 12:24

Host & Producer: Reed Pence

Guests: Dr. Cheryl Lero Jonson, Associate Professor of Criminal Justice, Xavier University; Dr. Park Dietz, founder and President, Threat Assessment Group

Compliance issues: mass shootings; public health; public safety; guns and gun violence; police and law enforcement; youth at risk; education

Links: [Google Scholar Profile for Dr. Cheryl Lero Jonson](#)
[Threat Assessment Group \(TAG\) profile for Dr. Park Dietz](#)

SEGMENT 2: THE PANDEMIC IN HISTORICAL PERSPECTIVE

Time **Duration**

Synopsis: Plagues such as COVID-19 are nothing new, and this pandemic is far from the worst the world has ever faced. A physician and historian examines COVID in comparison to other pandemics and discusses the lessons that will serve us well in the future. 15:16 7:21

Host: Nancy Benson

Producer: Polly Hansen

Guests: Dr. Richard Gunderman, John. A. Campbell Professor of Radiology, Indiana University and author, *Contagion: Plaques, Pandemics, and Cures From the Black Death to COVID-19 and Beyond*

Compliance issues: history, COVID-19 Pandemic; public health

Links: [Allen & Unwin Book Publishers: Contagion](#)

Program 21-16		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	4/18/21		
SEGMENT 1: GIVING CASH TO THE HOMELESS		Time	Duration
Synopsis:	Homelessness continues to be a stubborn problem despite many well-intentioned programs. A new experimental study finds that giving homeless people thousands of dollars in cash helps get many of them off the streets for good, calling into question many assumptions about the homeless and how they got that way. Experts discuss the new program and its implications for ending homelessness.	1:50	12:56
Host & Producer:	Reed Pence		
Guests:	Nan Roman, President, National Alliance to End Homelessness; Dr. Jiaying Zhou, Canada Research Chair and Associate Professor of Psychology and Institute for Resources, Environment and Sustainability, University of British Columbia; Rutger Bregman, historian and author, <i>Human Kind: A Hopeful History</i>		
Compliance issues:	homelessness; economics; poverty; charities; unemployment; alcohol abuse; government; housing		
Links:	National Alliance to End Homelessness: Our People Rutger Bregman Books University of British Columbia Profile: Dr. Jiaying Zhou		
SEGMENT 2: TRACING COVID IN ANIMALS & WATER		Time	Duration
Synopsis:	Scientists are testing hundreds of different kinds of animals as well as waste and storm water for COVID-19, looking for reservoirs for possible mutation. They've learned even pets can possibly harbor the virus but probably aren't a threat. An expert discusses how the knowledge will combat COVID variants.	15:48	7:06
Host:	Nancy Benson		
Writer:	Libby Foster		
Guests:	Dr. Vanessa Hale, Assistant Professor of Veterinary Preventive Medicine, The Ohio State University		
Compliance issues:	prevention; public health; pets and people; environmental science; COVID-19 pandemic		
Links:	The Ohio State University Profile: Dr. Vanessa Hale		

Program 21-17		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	4/25/21		
SEGMENT 1: HOW HIGH DRUG PRICES LEAD TO DRUG MISUSE		Time	Duration
Synopsis:	Millions of Americans cannot afford the medications they've been prescribed. Many skip doses, split pills or don't fill prescriptions at all as a result, with sometimes even fatal consequences. But doctors are often unable to consider cost very well in prescribing, as the same drug often costs patients vastly different amounts due to insurance differences. Experts discuss the problem and what patients can do to save.	1:50	12:51
Host & Producer:	Reed Pence		
Guests:	David Mitchell, cancer patient, founder and President, Patients for Affordable Drugs; Dr. Stacie Dusetzina, Associate Professor of Health Policy, Vanderbilt University		
Compliance issues:	healthcare; economics; insurance; federal government and regulation		
Links:	Patients for Affordable Drugs - Our Team Stacie B. Dusetzina, Ph.D. - Vanderbilt University Medical Center		
SEGMENT 2: BRAIN ANEURYSM THROUGH THE EYES OF A SURVIVOR		Time	Duration
Synopsis:	Brain aneurysms—bulging in a brain blood vessel, like an inflated balloon—affect 1 in 50 people and are generally without symptoms until they burst. This occurs in about 30,000 people per year in the US, accounting for 3-5 percent of all new strokes. Here is the story of one survivor in her own words.	15:43	7:08
Host:	Nancy Benson		
Producer:	Reed Pence.		
Guests:	Janet Sutherland-Madden, brain aneurysm rupture survivor and author, <i>Nose Over Toes</i>		
Compliance issues:	healthcare; public health; EMS and emergency response; rehabilitation		
Links:	Eckhartz Press - Janet Sutherland-Madden Brain Aneurysm Foundation		

Program 21-18		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	5/2/21		
SEGMENT 1: BOTTLED WATER AND TRUST IN OUR INSTITUTIONS		Time	Duration
Synopsis:	Bottled water sales have skyrocketed, in part because many people believe it is safer than tap water. Actually, bottled water faces few of the safety regulations that tap water does. The disconnect, according to a new study, comes from society's pervasive distrust in all governmental institutions. The lead researcher discusses how restoring faith in water could begin to restore faith in all American institutions.	1:49	13:17
Host & Producer:	Reed Pence		
Guests:	Dr. Manny Teodoro, Associate Professor of Public Affairs, University of Wisconsin, Madison		
Compliance issues:	public health; local government; infrastructure; drinking water safety; federal government and regulation; politics; environmental science		
Links:	Manny Teodoro's Website		
SEGMENT 2: COVID AND PTSD		Time	Duration
Synopsis:	Studies show that as many as a third of people who were very ill with COVID-19 later develop PTSD. Caregivers and healthcare workers may be afflicted as well. An expert discusses how this develops and what people can do to get better.	16:08	6:45
Host:	Nancy Benson		
Producer:	Libby Foster		
Guests:	Dr. Sanam Hafeez, clinical psychologist, Columbia University		
Compliance issues:	healthcare; public health; mental health; consumerism; COVID-19 pandemic		
Links:	Comprehend the Mind: Sanam Hafeez, Psy.D		

Program 21-19		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	5/9/21		
SEGMENT 1: THE DISTORTED SMELL OF COVID-19		Time	Duration
Synopsis:	Many of those who've had COVID-19 have suffered from a temporary loss of their sense of smell, but some have had what seems to be an even worse symptom weeks or months later—a distorted sense of smell, where everything, from coffee to flowers, smells sickeningly awful. An expert and a former sufferer discuss how disruptive to life this can be and what people can do to make it through to recovery.	1:52	12:40
Host & Producer:	Reed Pence		
Guests:	Duika Burges-Watson, researcher and Lecturer in Medical Sciences, Newcastle University; Chrissi Kelly, founder, Abscent.org		
Compliance issues:	public health; consumerism, mental health; family issues; COVID-19 pandemic		
Links:	Newcastle University Staff Profile: Dr Duika Burges Watson Life Kitchen: Taste & Flavour Book Abscent.org		
SEGMENT 2: RESEARCH ETHICS NOW VS. THEN: A CASE STUDY		Time	Duration
Synopsis:	In the mid-1960's, many Ivy League and Seven Sister colleges as well as prestigious prep schools allowed researchers to photograph incoming students naked as part of work on a now-discredited theory linking physical characteristics to leadership potential. A former student who went through it, now a physician and writer, discusses how research ethics have changed in the last 50 years.	15:34	7:12
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. David Sklar, Emeritus Professor of Emergency Medicine, University of New Mexico, and author, <i>Atlas of Men</i>		
Compliance issues:	education; research ethics; sexual abuse; informed consent		
Links:	David Sklar's website		

Program 21-20	Writers/Producers:	Reed Pence
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Air Week: 5/16/21
Studio Production: Jason Dickey

SEGMENT 1: THE COVID BABY BUST	Time	Duration
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Synopsis: The US birth rate has been declining since the Crash of 2008, but it took an even larger decline during the pandemic to levels unseen since the Great Depression. Today fertility rates are below replacement levels, which could have big impacts on education, employment, and the tax base years down the road. Experts discuss how people make fertility decisions and the impacts they can have on the nation.

1:50 12:26

Host & Producer: Reed Pence

Guests: Nell Frizzell, author, *The Panic Years: Dates, Doubts, and the Mother of All Decisions*; Dr. Philip Cohen, Professor of Sociology, University of Maryland; Dr. Laura Lindberg, Principal Research Scientist, Guttmacher Institute

Compliance issues: women's issues; family issues; contraception; economics; poverty; education; public health; employment and workforce issues; taxes; federal government; parenting government; childcare; COVID-19 pandemic

Links: [Nell Frizzell's Website](#)

[University of Maryland Profile: Dr. Philip Cohen](#)

[Guttmacher Institute: Laura D. Lindberg](#)

SEGMENT 2: THE CHANGING FACE OF COLON CANCER	Time	Duration
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Synopsis: Colon cancer is striking much younger people than it used to, leading experts to lower the age on screening recommendations. A noted colon surgeon discusses screening and treatment options, and the way Covid-19 has changed patients' approach to getting screened.

15:18 7:35

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. James McClane, Chief of Colorectal Surgery, Norwalk Hospital, Norwalk, CT

Compliance issues: healthcare; public health; education

Links: [Castle Connolly Top Doctors: Dr. James M. McClane, MD](#)

Program 21-21	Writers/Producers:	Reed Pence
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Air Week:

5/23/21

Studio Production:

Jason Dickey

SEGMENT 1: KEEPING GENERIC DRUGS SAFE

Time Duration

Synopsis: Since the 1980's, almost all production of generic drugs has moved overseas, where FDA inspectors have a much tougher time making sure they're following rules for safety. An investigative journalist describes the ways she's found that many drugmakers cut corners, putting safety at risk, and details what consumers can do to protect themselves. 1:50 12:49

Host & Producer: Reed Pence

Guests: Katherine Eban, author, *Bottle of Lies: The Inside Story of the Generic Drug Boom*

Compliance issues: healthcare; public health; fraud; federal government and regulation; patient safety; consumerism; consumer safety

Links: [Katherine Eban's Website](#)

SEGMENT 2: COVID AND KIDNEY DISEASE

Time Duration

Synopsis: Covid-19 is usually a respiratory disease, but it can affect virtually any organ in the body. The nation's top kidney disease expert discusses how Covid can prompt life-threatening kidney effects in the previously healthy, and how those with kidney disease are more susceptible to severe Covid infection. 15:11 6:25

Host: Nancy Benson

Producer: Libby Foster

Guests: Dr. Griffin Rodgers, Director, National Institute of Diabetes, Digestive and Kidney Diseases.

Compliance issues: healthcare; public health; education; COVID-19 pandemic

Links: [Dr. Griffin Rodgers - Staff Profile](#)

Program 21-22		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	5/30/21		
SEGMENT 1: MISSING THE GOAL OF HERD IMMUNITY		Time	Duration
Synopsis:	Since the Covid-19 pandemic began, public health experts have looked to vaccines with the goal of creating "herd immunity," where so many people are vaccinated that the virus stalls out. Now it is clear we will not reach that goal, meaning the threat of the pandemic may drag on for years. One of the nation's leading infectious disease experts discusses how we are missing the target and what it means.	1:49	12:21
Host & Producer:	Reed Pence		
Guests:	Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University Medical School		
Compliance issues:	healthcare; public health; ethics; consumerism; vulnerable populations; COVID-19 pandemic		
Links:	Vanderbilt University Medical School profile: Dr. William Schaffner		
SEGMENT 2: CLINICAL TRIALS AND TRUST IN UNDERSERVED COMMUNITIES		Time	Duration
Synopsis:	People of color are less likely than others to receive timely treatment for medical issues. This is reflected in Covid-19 vaccination numbers, in cancer treatment, and in clinical trial participation. Experts discuss ways to increase participation, especially in clinical trials that might ultimately raise trust in medicine.	15:12	7:36
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Lance Okeke, Assistant Professor of Medicine and Infectious Diseases, Duke University; Dana Dornsife, founder and CEO, Lazarex Cancer Foundation; Mike McDaniel, participant in ACTIV-2 clinical trial		
Compliance issues:	healthcare; public health; education; discrimination; minority issues; vaccination; COVID-19 pandemic		
Links:	Department of Medicine, Duke University School of Medicine: Dr Lance Okeke Lazarex Cancer Foundation riseabovecovid.org		

Program 21-23		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	6/6/21		
SEGMENT 1: UNDIAGNOSED MYSTERY DISEASES		Time	Duration
Synopsis:	Hundreds of patients nationally have diseases that have confounded doctors and yielded no diagnosis and no reliable treatment. Today the Undiagnosed Diseases Network, founded and funded by the NIH, helps these patients, but its funding is uncertain beyond 2022. Patients and a physician leader of the UDN discuss the lonely plight of these patients and the hope UDN provides.	1:50	12:32
Host:	Reed Pence		
Producer:	Polly Hansen		
Guests:	Meghan Halley, mother of child with unidentified illness; Troy Evans, patient with unidentified illness; Kimberly LeBlanc, genetic counselor and Associate Dir. of Research Operations, Undiagnosed Diseases Coordinating Center, Harvard Medical School		
Compliance issues:	healthcare; public health; ethics; consumerism; federal government and regulation		
Links:	Undiagnosed Disease Network - Harvard University UDN Peer		
SEGMENT 2: TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE		Time	Duration
Synopsis:	Many Americans believe that healthy food doesn't taste good, and tasty food isn't healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.	15:24	6:57
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Dr. Michael Fenster, Professor of Health Professions and Biomedical Sciences, University of Montana and author, <i>Food Shaman: The Art of Quantum Food</i>		
Compliance issues:	healthcare; public health; consumerism; diet and nutrition		
Links:	Chef Dr. Mike - website		

Program 21-24		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	6/13/21		
SEGMENT 1: HOW COVID MASKS HAVE AFFECTED CHILDREN'S LANGUAGE DEVELOPMENT		Time	Duration
Synopsis:	Infants, toddlers, and grade school children use many cues to learn language. Some of them are visual, involving seeing the mouth move. Some depend on clearly hearing speech. Both have been impacted by mask wearing during the pandemic. Experts now studying how far behind children are as a result discuss how language develops in children and how it's been affected in the pandemic.	1:50	12:31
Host:	Reed Pence		
Producer:	Libby Foster		
Guests:	Dr. Stephen Camarata, Professor of Hearing and Speech Sciences, Psychiatry, Psychology, Human Development and Special Education, Vanderbilt University and author, <i>The Intuitive Parent: Why the Best Thing For Your Child Is You</i> ; Sara Charney, speech pathologist, Mayo Clinic Arizona		
Compliance issues:	education; public health; consumerism; youth at risk; disabilities		
Links:	Stephen Camarata Vanderbilt Profile Health Care For People: Sara Charney		
SEGMENT 2: REFINERIES AND THEIR NEIGHBORS: HOW SAFE IS THE AIR?		Time	Duration
Synopsis:	A recent report shows that more than a dozen refineries around the US are emitting benzene pollution into the air at higher levels than allowed by the EPA. An activist discusses this newly labeled problem and what the agency can do to curb it.	15:23	7:06
Host:	Nancy Benson		
Producer:	Reed Pence		
Guests:	Eric Schaeffer, Exec. Director, Environmental Integrity Project		
Compliance issues:	air pollution; environmental science; federal government and regulation; public health; manufacturing and industry; minority issues		
Links:	Environmental Integrity Project		

Program 21-25		Writers/Producers:	Reed Pence
Air Week:		Studio Production:	Jason Dickey
	6/20/21		
SEGMENT 1:	SUDC—SUDDEN UNEXPLAINED DEATH OF A CHILD	Time	Duration
Synopsis:	Each year, some 400 US children over age 1, most of them toddlers, die overnight for no known reason. Families, longing for answers, often find that their families, friends, and even pediatricians are unfamiliar with this classification of death, or that they even occur. Family members who have lost a child, a medical examiner, and a research expert who has lost a child discuss SUDC.	2:01	12:23
Host:	Reed Pence		
Producer:	Regan Huston		
Guests:	Estuardo Torres, father of SUDC victim; Dr. Eric Eason, Assistant Medical Examiner, Cook County, IL; Laura Gould Crandall, research scientist, Dept. of Neurology, NYU Langone Comprehensive Epilepsy Center and mother of SUDC victim; Ron and Jordana Zachara, parents of SUDC victim		
Compliance issues:	youth at risk; public health; parenting; healthcare; child safety		
Links:	SUDC Foundation Cook County Medical Examiner Website Laura Gould Crandall profile at sudc.org		
SEGMENT 2:	"TONSIL STONES"	Time	Duration
Synopsis:	Some people find that small “stones” are growing on their tonsils. They’re an accumulation of skin cells, food, and other debris. While they are not medically dangerous or painful, they often produce bad breath or sometimes pain. Two expert physicians discuss tonsil stones’ formation and treatment.	15:26	6:31
Host:	Nancy Benson		
Producer:	Morgan Kelly		
Guests:	Dr. Alter Peerless, otolaryngologist, Mercy Health, Cincinnati; Dr. Lauren Bohm, Assistant Professor of Otolaryngology, University of Michigan		
Compliance issues:	healthcare		
Links:	Dr. Alter Peerless profile at Merck Health Dr. Lauren Bohm info at Michigan Medicine		

Program 21-26	Writers/Producers:	Reed Pence
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Air Week:
6/27/21

Studio Production: Jason Dickey

SEGMENT 1: GROWTH HORMONE FOR SHORT KIDS

Time Duration

Synopsis: Thousands of parents take their children to doctors each year seeking synthetic growth hormone to cure their relatively short stature, even though most of these children are merely late bloomers and have nothing wrong with them. Growth hormone also makes less difference in height than parents often imagine. Studies show that short stature generally does not create psychological damage. Experts discuss the issue. 1:50 12:23

Host: Reed Pence

Guests: Dr. Laurie Cohen, Director Growth and Neuroendocrine Programs, Boston Children’s Hospital and Associate Professor of Pediatrics, Harvard Medical School; Dr. David Sandberg, Professor of Pediatrics, University of Michigan Medical School and C.S. Mott Children’s Hospital

Compliance issues: youth at risk; parenting; healthcare; consumerism; child safety; education

Links: [Boston Children’s Hospital - Dr. Laurie Cohen](#)

[Mott Children’s Hospital - Dr. David Sandberg](#)

SEGMENT 2: MARFAN SYNDROME

Time Duration

Synopsis: Marfan syndrome produces obvious physical symptoms such as extreme height, but its hidden symptoms, especially in the heart and eyes, can be much more serious. Experts discuss its diagnosis and treatment. 15:26 6:31

Host: Nancy Benson

Producer: Scarlett O'Hara

Guests: Dr. Gregory Perens, Professor of Pediatrics, UCLA Mattel Children’s Hospital; Dr. Simon Fung, Assistant Professor of Ophthalmology, UCLA Medical Center

Compliance issues: healthcare; consumerism; youth at risk

Links: [UCLA Health: Gregory Perens, MD](#)

[UCLA Health: Simon Fung, MD](#)