# **Trinity Broadcasting Network**

# **Quarterly Report**

October, November, December 2016

WMPV-TV – Mobile, Alabama

Ascertainment List

# **Leading Community Problems**

Results of ascertainments from civic leaders, responses by telephone from TBN, viewers, from the printed media, comprising newspapers, magazines, publications, and from television and radio, whenever possible

YOUTH

**FAMILY** 

**EDUCATION** 

**CRIMES** 

**HOMELESS** 

HEALTH

**ECONOMY** 

**CIVIC** 

SUBSTANCE ABUSE

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

## YOUTH

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	10/17/16	05:30 PM
708.1					10/18/16	03:00 AM
					10/22/16	03:00 AM

Host Shundra Barnes Casey Jordan and Tonisha "Kassie" Houston from L.O.V.E.S.P.E.A.K.S The anatomy of a bully. The host and guests discussed what makes a bully. Tonisha said "We have to speak out for ourselves, we help bullies learn they can make it in life and they have someone in their corner. We teach them how to be true to themselves." The guests talked about how we can help the victims of bullies, because hurt people will hurt other people. Jordan said "We let them know they can learn who they are in Christ, and not be bound by their circumstances. The organization L.O.V.E.S.P.E.A.K.S stands for "Let our voices emerge while spiritually providing knowledge". They have internship programs for those who are willing to change.

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	10/17/16	05:30 PM
708.2					10/18/16	03:00 AM
					10/22/16	03:00 AM

Host Shundra Barnes Casey Jordan and Tonisha "Kassie" Houston from L.O.V.E.S.P.E.A.K.S talked about "Youth struggling with low self-esteem" The host and guests discussed how we have to counteract the pressures that social media is putting upon our youth by giving them better examples, better values. The youth are trying to keep up with the Joneses, and they think happiness or success is measured by what they have. This results in the low self-esteem, which can spiral down into drug or alcohol abuse, and gang activities. Jordan said "We know they need us to provide safe places for them to belong". The main factor is environment because they will conform to what is around them. Tonisha said "We do an all-girls summer camp with sessions to get to know them. We make sure they were able to turn any negative image about themselves into a positive. We have them write letters to their 'future' self, so they can measure how much they have grown."

ISSUES/PROBLEMS	PROGRAM TITLE	DURATION	DURATION	SOURCE	TYPE	AIRDATE	TIME
YOUTH	Joy in Our Town 710.2	28:30	13:30	L	PA/O	10/24/16 10/25/16	05:30 PM 03:00 AM
						10/29/16	03:00 AM

Host Lorenzo Martin talked to Amy Camp, Recruiter & Licensing Specialist Alabama Mentor about the number of children which are difficult to place. Our guest Amy Camp said. "At Alabama Mentor we have four types of children, therapeutic children, teenage mothers with infants. medically fragile and transitional living. The last two are the hardest to place, because of more extensive needs. We have foster care homes to teach teenage moms. We have foster homes equipped with medical equipment. Some of our children in transitional living have to be taught how to care for themselves before they age out of our system." Ms. Camp discussed how they train each foster care family to meet those specific needs. Host Lorenzo Martin and Amy Camp from Alabama Mentor discussed the children who are hard to place. There are four types of children, therapeutic, mother and infants, medically fragile and transitional living. The hardest is mothers and infants and medically fragile we are looking for people in the health care field who are already educated. A child in a wheelchair may need someone who is trained how to get them up and down maybe wheel chair access homes. The transitional living kids is the next hardest because they need help because they age out at 21 years old, we need people to train them how to live independently. The misconception that people have is that older children are a problem most people will accept the younger kids and not the older kids. Teenagers are more independent and selfsufficient to a point. Most believe that the child will be disrespectful and take over their house, maybe run away; we tell them that we are here with you every step of the way we have a 24 hours 7 days a week on-call hotline if there is a situation an you don't know what to do just call. The pre-service training will tell you everything you need. Another misconception some of our older may be age sixteen but acts like an 8 or 9 year old. Your instruction she is valuable because you are training them not to act like a smaller child but act older allowing them to be able to live independently in the future. There is a matching process the counselors will match the correct child to the family we try to make certain that they families have the same likes and dislikes. We look at all surrounding elements and then make a match, they even try to keep them in the same county making it convenient for biological visits. In regards to education the children are encouraged to go school graduate and home schooling is available for those who needed it. GED programs are available for those who need it, help them apply for jobs or colleges that is all part of the transitional learning programs. We have had parents that have had 30 to 40 kids and has aged out and still return home for holidays, the kids are loved and they appreciated the foster parents that took time to be there for them. Take time to talk to a representative and find out about Foster care.

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#### YOUTH

Joy in Our Town	28:30	13:30	${f L}$	PA/O	11/07/16	05:30 PM
717.2					11/08/16	03:00 AM
					11/12/16	03:00 AM

LaTrynnda Cunningham-Hollins talked to Beverly Thomas, Founder of OCD - One Common Denominator and LaQueena Wright, CEO of Love thy Neighbor as You Love Yourself. The quests discussed being raised by their strong single mothers; who taught them to love one another no matter what, to be there for each other. In today's society what we see is a generation that's lost; looking for direction, they don't know how to push through what they see around them, what they see in their home; what they see in the streets; so they therefore they become a candidate for what going on in the streets. That they want to be in that place, it is like a slogan they say on the streets 'it's the cards they were dealt with". The difference between the youth 20 years ago and today, is that the community was involved with youth. The village, the neighborhood, the kids could fight and then be friends. They didn't have weapons. The children want to fight their own battles instead of releasing it to God. Some kids cannot see a purpose for their future so they start reaching in areas that they have never been before. They don't know their identity and they are missing who they were created to be. When you don't know you seek a place to fit in then they are everywhere know who you are then you want follow every one. These kids (parents) are trying to parent by being their kids friend because they don't know how to parent. The children now seek love anywhere they can get it. The first person to tell them they love them now have their attention; but we tell them we love you but we must interiect that I can never love you as much as your mother love you. Beverly Thomas stated, "A child will rebel against their mother and listen to me": a mother told me that her son who had not been to church in over two years came home and told her he wanted to go to church with Ms. Beverly". Children who are in this circle and now saying, Yes ma'am and thank you." Children want to know that you give words of wisdom because of your walk or struggle. The biggest issues we are seeing today is that they do not respect one another. Moral boundary lines have grown dim, today's world is so deep and wide and the respect is gone because they see more people giving disrespect. One thing about young people is that they always know when you are lying and when you are sincere. They just want to be heard.

Joy in Our Town	28:30	13:30	${f L}$	PA/O	11/14/16	05:30 PM
720.1					11/15/16	03:00 AM
					11/19/16	03:00 AM

Pastor Joseph Johnson and Dr. Raoul Richardson, Senior Vice President Baheth Research & Development Laboratories LTD. Dr. Raoul my mission is predicated on Matthew 6:33 seek first the kingdom of God and all his Righteousness and all the other things will be added unto you. I want to recognize the development of enlightenment in young minds. Education coupled with enlightenment produces great things. The goal is to enlighten the children of God through the sphere of His Kingdom. The organization has a ministerial component called, "Vertical love Ministries" the avenue to receiving agape love. Many groups focus on the problem. When dads are not around, young men and women stray. There was a study done in the past on the intake of young men into Strickland Youth Center and we found that at risk youth was 95% African American and 5% white but now the demographics is 60% African American and 40% white. Which reflects the fact if I am not my brother's keeper what am I, because it is only a matter a time before what is happening at my neighbor's house, makes it way to my front door. We must not allow ourselves to be separated on racial lines we must understand that it is not skin thing, but a sin thing. If we walk with God then we want see things kike the world see it, if we get you off that level then we win. If the church wakes up and realize that the problem is not bad blacks or bad whites the core of the issue is sin. The church got to wake up because grace-ism trumps racism every time.

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Pastor Joseph Johnson and Dr. Raoul Richardson, Senior Vice President of Baheth Research & Development Laboratories LTD., discussed youth without direction. The real problem is fatherlessness and no fear. What to do, if you have a group of young men with guns and no fear; how do you reach them, how do you help them. Our vision after being moved by God was to instruct these young men that you were not only going to make babies, but you are going to be great fathers to your kids, why because you are destined to be men and women of the Most High God. The mechanism to produce this fruit is through education, mentoring and counseling at risk, neglected and delinquent youth. First we must change the way they see themselves. Dr. Richardson, said me must instruct the youth that Social media is not your friend, it is only there to glorified those things that separates the community into "the haves and the have nots". Those people who constitutes the have nots, wants what the haves, got. Most dreams are driven by relationships, trust and communications all of these things are important to your future accomplishments. Instruct the teens to model the behavior you want, not the behavior you see; be the change. Young people don't have representatives so they replicate, those who tried and made it. Your gift may open the door, but your character will keep you there.

Joy in Our Town	28:30	13:30	${f L}$	PA/O	11/28/16	05:30 PM
723.1					11/29/16	03:00 AM
					12/03/16	03:00 AM

Host LaTrynnda Cunningham Hollins and guest Prophetess Lucinda White discussed the problems facing our young people. Our ministry is for young people because children are my heart. What we are missing today is how to inspire of our youth. Parents are stretched between two or three jobs and are missing that quality time; losing that opportunity to talk to their young child. Satan wants to steal their direction, it almost seems that Satan has a contract on them. They are being bullied, under peer pressure, and he is trying to eradicate their hearts. The strong young person needs to know that they are somebody. How did the adults fail the young? The adults failed them; through prayer, we stop praying. We need to get back to the altar. We need to teach them a time of intercession and prayer is needed. Parents go before the Lord and seek God's face. Intercession is a powerful tool that is needed to learn that their validation is not through social media. We must let them know that they are fearfully and wonderfully made, and God makes us perfect like we are. We need to be coachable, teachable, and trainable. Teach them to listen and follow instructions, as in Proverbs where we are told to hear the instructions of the Father. Be humble. The Word of God says, "Before I formed you in the womb, I knew you." Young believers need to get under a ministry that is sound. The young person will not seek the Father the way their grandparents did, until we teach them to trust God. Teach them to get involved, get around believers and ask God to send them friends that want to seek His face.

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YOUTH							
	Joy in Our Town 723.2	28:30	13:30	L	PA/O	11/28/16 11/29/16 12/03/16	05:30 PM 03:00 AM 03:00 AM

Host LaTrynnda Cunningham Hollins and guest Prophetess Lucinda White discussed the problems that come from lack of instruction, lack of knowledge of the Lord. We are triune beings, with a spirit, soul, and body. The spirit, soul and body need to be in alignment. We have to learn how to be aligned in every part of our being. We are His temple, and the temple needs to be aligned with our spirit. When we give the body wrong food, we have to detox every now and then. We have to get the wastes out of our spirit and cleanse the spirit from toxic behavior. In order for me to be successful I must get rid of those negative things. Cleanse the temple as the Word says "Know you not that your body is the temple of the Holy Spirit?" We easily neglect the temple, but God wants us to bring the body back to the alignment. We need to learn to be disciplined, this is a part of our spiritual growth. Everything has got to come into alignment. We must get to the place of God. This generation has become too carnal. Everything goes back to the power of prayer. There is a lot going on in the world, and we have gotten away from prayer. Commit yourself to prayer for a season. Prayer and fasting goes hand in hand. It takes twenty one days to break a cycle, or a habit. We encourage you to take the problem to the Lord and lay it at His feet. When you have a problem you may have to take it before The Lord through fasting. Our body can generate new cells in three days.

# **FAMILY**

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	10/03/16	05:30 PM
707.1					10/04/16	03:00 AM
					10/08/16	03:00 AM

Host Shundra Barnes talked to Catfish Charlie and Pastor Dale Thrasher Power Ministries Chapel about the needs of families and individuals facing hard times. We help families and individual who have trouble and tragic life events because we are here to be servants for Jesus and to show everyone that we all need help sometimes. The help comes through benefits held to raise funds. We catch and provide catfish, and then we let them find a location, and find helpers to bring supplies and set everything up. Then we come with our crew and do the cooking. The first time I did this, I went out on the river and fished for 3 days, and the Lord gave us 800 lbs. of fish. Last year were recorded 22,000 lbs. We don't get involved with the funds, they do that. One event last year they raised \$50,000.00. People know about us know, and we receive calls from all over the Gulf Coast. We do these benefits almost every weekend. We get so many calls we have to turn some down, and try to meet the most urgent needs. Some local churches and ministries get involved and help too, churches and ministries like Home of Grace and Hope Haven. We also have a radio show called "The Catfish Charlie Show" and we tell everyone about these events on the show.

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707.2					10/04/16	03:00 AM
					10/08/16	03:00 AM

Host Shundra Barnes talked to Pastor Dale Thrasher Power Ministries Chapel and Ronnie Blakeney Sure Vision Productions discussed the problems of the growing number of homeless in our area. We have pulled together a group of people who want to share our vision, and we want to collect material for television and radio programs because we see the homelessness in our area growing. We also plan to make a movie that will get the word out about these stories. We help by working with churched and ministries and coordinated with agencies that can get people into apartments and homes. We also work with them to help them resolve the problems that led to homelessness. Some of them are veterans, some are working people who had a tragic loss, and some are young people addicted to drugs or alcohol. We can pay for their down payments, and help with the first three months while they get on their feet. We can help with food too, and we help them get in contact with local churches to help mentor them and find the right direction. Sometimes we have one of our homeless go back to the street several times before they get on their feet. Some never do, and sometimes we have had to have funeral for one who has passed. We are looking for a building along the Gulf Coast to use for showers and temporary shelters. We can always use more supplies, toiletry items, food, clothing, but more than anything we want to get more laborers, we need more people to get involved.

Joy in Our Town	28:30	13:30	${f L}$	PA/O	10/24/16	05:30 PM
710.1					10/25/16	03:00 AM
					10/29/16	03:00 AM

Host Lorenzo Martin and Amy Camp Recruiter & Licensing Specialist Alabama Mentor discussed the shortage of foster care parents. We recruit and train foster care parents to temporarily take in and support children who need them because their biological parents are not able at that time; it could be from illness, incarceration or abuse. In the state of Alabama, we have over 6,000 children in foster care, so there are never enough homes. Perspective parents must take classes before being a foster parent. We give our foster parents 40 hours of training in ten weeks," it can be hard work but with grace and patients they can be a great foster parents. The child is held in a secure and loving environment until they can later be returned to their biological home. (5:00) you don't have to be a specialist to be a foster parent. After completion of the class you will be prepared and trained for any situation. Many have never worked with children who have been through abuse or trauma the classes prepare you to help the child. The Approval process is regulated by DHR the Alabama minimum standard, background checks, home safety, medical transportation all the qualifications are listed. We always strive for safety of the child. You can only have one foster child in a home at a time unless they are siblings. The kids in this program has special needs and therefore are harder to place to other kids. There is a stipend to assist with the added expense but the families must be financially stable to be a foster parent. The foster parent and the biological parents are encouraged to interact thus allowing the child to see that you are all on the same team. Let the biological parent see they you are just waiting on them to be able to return to their home. Many of the children are assigned a counselor to help them go through this difficult time. The children are placed in the school system and will try to accommodate the needs of the students. Ms. Camp discussed how each child is evaluated and the Alabama Mentor program designs a plan

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		DURATION	DURATION	SOURCE			

# **FAMILY**

Joy in Our Town	28:30	13:30	${f L}$	PA/O	11/21/16	05:30 PM
721.2					11/22/16	03:00 AM
					11/26/16	03:00 AM

Host Pastor Joseph Johnson and guest Dr. Lugenia Johnson, with Metropolitan A.M.E. discussed the problems that can be met through the helps ministries of the church. We need to learn how to reach out and partner with other churches. We are much better together. If you feel that calling, give the church a call. We did not want to interfere with other ministries. We did start up because some of the people would come and ask for help from us. We would assist them in getting information to help themselves. We started to reach out and help them. There is a time to do the kingdom work. There are different situations that play into food insecurities. I have seen individuals who have mental issues or lose their jobs, or have substance abuse issues. We try not to let the food be the only thing that we give them. We talk to them to allow them comfort time. We want them to know we care. Many of those returned to join the church and become active members. We do try to sit down and talk to them, we find that everybody wants to be affirmed, and told that they matter. The word gets out through the individuals on the street. We have grown but strictly through word of mouth. It is not about crossing denominational lines, it is about helping people. If we can sit down together and get the pastors to come up with a plan with ministries in our area, we ask if all gifts of God come together and unite then the glory of God will increase. You are not here by accident. God found you to give gifts and to work with likeminded spirits. The vision will catch a hold to your heart to meet the needs of the community and nothing is impossible with God.

Joy in Our Town	28:30	13:30	${f L}$	PA/O	12/12/16	05:30 PM
725.1					12/13/16	03:00 AM
					12/17/16	03:00 AM

Host LaTrynnda Cunningham Hollins and guest Dr. Yvonne Capehart discussed the problems arising through the breakdown of families. We got to this part of Black Lives Matter because we failed to see the signs. We passed the responsibility to the next person. Most people are confused and do not know where to voice their opinions, and many are operating out of anger or fear. They have been ignored. We all feel that the justice of the law will happen and the situation will be contained. Anybody looking at this can see this was a racial act. I am all for police doing their job, but sometimes even police cross the line. What do we do when a police officer crosses the line? The justice of the law should still be the same. We continue to hear story after story and you take hope away from an individual, then there is fear, and fear brings anger. Now who do you trust when all hope is gone? As a mother what do you say or feel? For example my youngest son was stopped coming home one night and all he was saying was that he did not want to die. You should not have to live in fear. My son was going home and was stopped asking for proof that he lived in our neighborhood. How do we change this? Protesting is not working. We need to have a national platform where we call all the local leaders to hear my voice. All mayors, police chiefs, and city officials. There is a spiritual component in there against African American men, but the truth is this is a heart issue. It will stop when we hold people accountable. I am for economic protests, because sit-in protests will not destroy stores that you are going to need tomorrow. We have to demand that the officials we voted in listen, and if they will not listen we have to vote them out. We need a voice that will stand up against wrong and right. We are worried about who we are going to offend, not who we are going to kill.

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725.2					12/13/16	03:00 AM
					12/17/16	03:00 AM

Host LaTrynnda Cunningham Hollins and guest Dr. Yvonne Capehart discussed the problems that arise from people who have lost or never known their own sense of purpose. The family unit breaks down, Purpose is what you discover for yourself. We see examples in the life of Joseph, and the life of Jesus was processed. Joseph's life gave us an example of the process to purpose. When you rush it, you make a lot of mistakes. You can be anointed and go into your assignment at the wrong time. Even Jesus got processed for thirty years. He was born the savior of the world but was not ready to die for the world when he was born, he had to be processed into it. A lot of people have to learn how to allow your character to match your assignment. You have to allow the flaws to be exposed. I had to expose that I was suicidal and was sitting by the water ready to kill myself. I never want to forget the bottom of my brokenness. I said to God, if you heal me I will never forget another person who comes into my presence broken because I am so busy I do not have time to encourage them. Ministry is about stuff, ministry is not about what you drive, or where you stay. Quoting a scripture is good, but don't just quote the scripture, live the ministry. Your purpose is what you passion if for. When you can't sleep or rest unless you fulfill your purpose. I will preach just as hard for one hundred people as I would for one thousand people. That is my passion. People who have been mimicking another person's ministry or conferences have lost their desire to be unique. Everything is the same, you should be unique. All through the Bible we see those who let God make them to be the first, like the mother of Jesus, or like Moses who brought God's children out of Egypt, We have to be that person who is bold enough to say "I am doing it first". Be what God called you to be, and to do. What happens when your dream dies? One season is not your destiny, your life is made up of seasons. When your season is up, God will make a way for you to move on. If you won't move, God will move you. You have to know when it is time to shift. Being in that time of shifting is painful. People may not understand your purpose. Doing what God tells you to do could cost you friends and co-workers. The signs of my "Yes", God's sign are for the individual. Don't base it on what you feel, base it on what you know. Know that God is with you, that He spoke to you, and you must know that God is ordering your steps. As long as He is ordering your steps, don't seek your confidence in people. Stay with God and stay with peace. What if it is family that is saying you should not be in ministry? Then you don't do it because you should not go into it over family. You must have the support of your spouse. If your spouse is not in agreement, then you need to wait until you are on the same page. Don't do it at the cost of family. Don't travel if it interferes with your children. It is time to let the friends go if there is no peace with them. Some people in your life are good for that season, but God has to remove them to place you into that next place in your life. I lost a close friend, and I cried. But those friends who are going to be there with you to the end will understand you in your purpose and assignment. How do you know when it is time to let people go? When you lose your peace with them. If it is costing you too much peace, then let them go. Once you let them go, and they were meant to be with you, then God will bring them back around. You are tied to the promise of God. Abraham had to release Lott, although Lott and Abraham had no issues between themselves at all. Abraham loved Lott, and Lott loved Abraham, but it was about how Abraham viewed Lott, he viewed him as a son, and God knew if you keep looking at him as your son, you will not embrace the son about to come. So God had to remove the imitation son so He could bring the promised son. So people in our lives are good for the season they are there. God will create the severing, to allow you to accept the people in your next season.

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	Joy in Our Town	28:30	13:30	L	PA/O		05:30 PM
	727.1					12/27/16	03:00 AM
						12/31/16	03:00 AM

TOPIC

PROGRAM

ISSUES/PROBLEMS

PROGRAM TITLE

Joseph Johnson and Pat Hall from Mobile Urban Growers, discussed who they spread the garden gospel and making a difference in people's lives. The Lord has given the body of Christ with everything that life maybe full. Spread the gospel through gardening, Gardening in communities is based on biblical principles to spread the good news. God loves us and cares about us. People are literal hungry for food and spiritual hungry for God's message. God loves us and cares for us. In the garden the garden doesn't care is you are young or old, black or white, tall or small, male or female we are all equal. In the garden is where we find God. Life began in the garden the Garden of Eden. We went forth into the world to spread the message of God's love and that's what we do in our gardens. We feed the body, spirit and soul. The biblical references to children in at risk areas. These children may leave school and not finish, thus decreasing the ability to get a job and being able to make a living to support themselves. Taylor Park, after school tutorial program, the children get a hot meal; their bodies are nourished with the food and then help with their homework. The after school program is the community garden. The children come out and learn how to grow. They are taught what they give to the garden and what the garden gives to them. They give seed, soil, sun, water, care and the garden given to them fruit, vegetables, grain, fun and friendship; they find god in the garden. When we start out a new group of children each year we teach them the parable of the sower. In the garden is where we learn the blessings of sowing in unhealthy soil, and living our lives as god has taught us as we bring forth love. Some of the children are the first to graduate from high school and they come back to give to the community. That first encounter with the children is that they think it is hot, sweaty, and dirty because many of them have never planted a garden, our job is to make it fun. These children learn and become to be creative and the relationships grow because these children are our future.

SEGEMENT

**TYPE** 

**AIRDATE** 

TIME

Joy in Our Town	28:30	13:30	${f L}$	PA/O	12/26/16	05:30 PM
727.2					12/27/16	03:00 AM
					12/31/16	03:00 AM

Pastor Joseph Johnson and Pat Hall, from Mobile Urban Growers discussed The message is as simple as Jesus could teach it sowing seeds in the grown and sowing seeds in the heart of the young people. The biggest seed that they sow is the seed of God's love. How our youth and community need to know about the absolute love of God. The harvest is plentiful it's the laborers which are few. We want the word to resonate in your spirit and recognize that just sitting don't make things better. The children have the opportunity to hear from growers from different countries and how they grow gardens in their villages in Africa. The children learned new methods of tending gardens from the missionaries. The children got a dinner of real home grown greens and the children experienced many different things they can do with natural food, they roasted pumpkin seeds. The children just never realized what they can do with a little bit of faith and a little bit of dirt, and a little bit of caring what they can do. Some of our students who have graduated have come back to Taylor Park and are now mentors and workers who understand where they children are coming from and helps them make it better for their lives. The children are our hope of the future and their love of God we pray continues. We give them the opportunity to grow. We have more problems with people not taking things from the garden, than not taking the vegetables. Many of the communities are coming aboard, setting up their communities' gardens. The schools are beginning to capture the vision and set up gardens at the schools. We are loving on the children while teaching them community life skills. We are up to 20 garden now and the two latest community garden are in the backyard. Another has been started in a very at risk area where the head gardener is pulling her neighborhood together to love and care and nourish the hungry souls. The gardening time is allowing people to come together and share the word of God through the garden is bring Joy in our Town.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM DURATION	TOPIC DURATION	SEGEMENT Source	TYPE	AIRDATE	TIME
EDUCATION	Joy in Our Town 716.1	28:30	13:30	L	PA/O	10/31/16 11/01/16 11/05/16	05:30 PM 03:00 AM 03:00 AM

Host LaTrynnda C. Hollins and guests Maurice Bonner, Program Coordinator and Francine Reese, Instructor, with ACS Ministries discussed how important literacy is today. Literacy affects everything, every part of your life. The job market is a need area. Social Media is being perfected and some still cannot read or write. You have to be able to read the application, but many of the young men are unable to ask for the assistance they need. Therefore they will lash out at each other. They will then begin to steal. Some of the individuals are in the program just to make it better for their families. Now I can help my children with their homework and read them a story at bedtime. The texting media uses broken words and you cannot use broken language on your college entrance exams. Most colleges require you to put at least three paragraphs of summary on why you want to attend that college. This effects the community as a whole, because there is a huge part of the community faking it. Social media has handicapped many of our children. St. John's Deliverance Temple started this because they wanted to educate the whole family. The young men who come in want to learn. Life happens, and sometimes Satan will attack. The attacks come in different ways, we need to introduce that person to Jesus. Monday through Friday from 6:00 to 8:00 pm we do an assessment test to see where they need to start. Once you take that first step then fear will go away. If their parent cannot read then the ball drops. If the child feels disqusted then we can lose them.

Joy in Our Town	28:30	13:30	${f L}$	PA/O	10/31/16	05:30 PM
716.2					11/01/16	03:00 AM
					11/05/16	03:00 AM

Host LaTrynnda Cunningham Hollins and guests Maurice Bonner, Program Coordinator and Francine Reese, Instructor, with ACS Ministries discussed the difficulties of getting a job without being able to read. The process begins with an application, you must follow instructions like what color of pen to use, put your last name first, etc. How can you get through the application process without knowing how to read? There are people who have gotten as far as management positions without knowing how to read. Many are getting caught and they cannot take it anymore. There are children who will act out in class because they are embarrassed to tell anyone that they cannot read. Then they get expelled from school. If they cannot get employment, then the cycle begins, stealing, robbery and imprisonment. There is a significant number of people unemployed because they couldn't read and they gave up on life. Reading affects your life greatly. The department of Education did a test to determine if a child has not reached the score, they predict that child will end up in prison, or continue on in school. It has been found out that these adolescents and teens were experiencing problems in the third or fourth grade. The ministry have seen adults seeking GED's with their spouses and their children. Some are coming out of the system, but we must keep them interested in reading for them to learn. We must get them to see it is slow, but they are making progress. Even after title one educators program that is still a problem 30 years later. It is irritating to see that the percentage is not decreasing or not being addressed. It is still a problem with young black males, but the issue is across the board among males. We must get them to see the love of God, the agape love which is able to transcend and develop within the person to produce a whole new person. There is power, strength, deliverance, hope and salvation all available in God's love. Words cannot express the joy of watching a person who is learning to read when they complete a whole sentence for the first time. They have joy in accomplishing this exercise on their own. The expression on their face becomes confidence, and in their eyes they are begging for more. There is a glow of hope as they go to the next level and accomplishing what they thought they could not do.

ISSUES/PROBLEMS PROGRAM TITLE PROGRAM TOPIC SEGEMENT TYPE AIRDATE TIME

DURATION DURATION SOURCE

#### **CRIMES**

Joy in Our Town 28:30 13:30 L PA/O 10/03/16 05:30 PM 705.1 10/04/16 03:00 AM 10/08/16 03:00 AM

Lorenzo A. Martin, Sr. and guest Ferman Jackson, Radio Host of Fight Club Radio discussed having too many inmates in our Metro iail system. Mr. Jackson said 'I am from Mobile, and worked in the corrections field for about four years. I also host a radio show, and we are online'. We talk about different topics and issues. We want to bring life to people and it is really about changing lives one at a time. As an officer in Mobile Metro Jail we deal with people from different backgrounds, new people are incarcerated every day. I don't look at what they've done, it is about the guy. I do believe people can change their lives. God is forgiving, and there is mercy and grace every day. We want to bring possibility to someone's life every day, even just one person is a job well done. In this job you wear different hats every day. You have to be a father, mother, counselor, friend and brother. It is hard for inmates separated from family, especially at holidays. And we have to bear with these quys, we work 12 hours and we have to realize life is hard for these guys. That can make the job dangerous, but you can actually build a relationship with these guys. They get to know you and you get to know them. They can talk to you about anything they are going through. It takes an ear to hear, they have done crime, but they can change. While they are in our facility we provide health care, GED programs, and father initiative programs to help men become better fathers. We encourage them to get their lives better, go back to society and be the fathers and leaders that God wanted them to be, O a young person watching today, we want to say jail is the last place you want to go, vou're around different people, it is hard and uncomfortable. It is meant to make you want to get better, and not come back. It can be dangerous. Some inmates in jail have committed violent crimes. I learned a lot from older sergeants, some who were there for 25 years. I gained from their experience, how they survived. It's all about how you treat people. When they're upset you calm them down and speak to them with kind words. We need more programs in society, more hands on programs especially for youth. We have to steer them away from being incarcerated. We have a lot of gifted young men we need to encourage them to go to school and get an education. You can become a doctor, or lawyer. Don't just focus on becoming a football or basketball star, focus on being a CEO of a team. While they are in jail, we teach them how to represent themselves better, get fixed up, dress better, and pull up the pants! We can get those haircuts and a shave, when they go before the judge, or have a visit from family. We are seeing the inmates are getting younger. In the 1980s they said a young black man would not live to see 21 years old. Now we have a younger generation getting into crime, we have to save them. We can't turn our backs on them that is when the enemy gets his hands on them and takes them. If you see them, encourage them. They are being beat up spiritually and mentally. I have been cussed at and spit on, but God gave the gifts of mercy and grace. We can encourage and love them, and represent possibilities. Show them even though they made a mistake, they can do better. The officers experience what it is like to be in jail because you are there for 12 hours shifts, and you are away from your family. But you get to know these guys. You hear their sad stories, and you know when they have had a bad phone call or visit. Your heart goes out to them. You see some changes they made, but they still have a lot of years left in jail. You have to keep encouraging them. We still have a lot of work to do. We need more youth programs in Mobile, to develop their gifts, and make productive citizens. The most rewarding thing on my job is when somebody comes up to me on the street and says hello, and thank you for being there for me. We have to change our neighborhoods. The number one crime our young men are doing is robbery, and the second is murder. We have to teach them how to go out and work for what they want, not steal it. Teach them to save money, you can do it if you work toward it positively. The families must visit and encourage them. Our inmates in Metro are in for two years, and then transferred to state of federal prison.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

## **CRIMES**

Joy in Our Town	28:30	13:30	${f L}$	PA/O	10/03/16	05:30 PM
705.2					10/04/16	03:00 AM
					10/08/16	03:00 AM

Host Lorenzo A. Martin, Sr. and quest Ferman Jackson, Radio Host of Fight Club Radio discussed how so many inmates have no support when they are released. We see many inmates released that do not have any place to go, and they wind up on the streets. People turn their back on them. They end up doing crime again, and come back to jail. They think, if no one believes in me why I need to change. We tell them they need to believe in their self-first, and everything around you will change. The court will order some to attend programs. We have several faith based rehab centers like Wings of Life to help these guys get their life back on track. But we need more churches and ministries to really help these guys, male and female. Many felons are held back from getting jobs because of their records, but once they take that tag off they can get work. Some programs do job training; they need something positive to do to keep busy. We have a work release system at the Metro jail. It depends on what kind of crime they have got. While they are incarcerated they can get assigned jobs, or go back to jobs they had before they were incarcerated and provide for their family. We have special inmates who need monitors, some have mental health needs. The monitors give accountability and help them stay on the right track. Metro jail inmates do not have to do a follow up, but state inmates come back to court for follow up after they are released. We have to give them another chance. We have to teach them to be accountable, and what the benefits are for making a right decision, or what it costs for wrong decisions. Many inmates who are released need so much help. Some cannot even read. Some do not even have a driver's license or any form of I.D. We need more programs to help them start over. We have a program that allows inmates to become trustees. The trustees can go out on community service, and they can get time off of their jail sentence. For instance when the city has festivals they will call us for laborers. Then sometimes when those inmates get out of jail they will give them a job. We teach them that their skills will make room for you. We have the father initiative and GED programs, but we need more businesses to get involved. We see the inmates who through our programs do better. I remember one of the inmates who could draw really well. We need more businesses to help these gifted inmates when they get out. We also need more programs to help inmates get their own houses or apartments. My radio show "Fight Club" is a ministry show, and I have a co-host, Nancy in Miami Florida. We have been doing this since 2010. We talk about different topics and issues, and we are about encouraging people in their lives. We had one show dealing with different sexual orientations, and we had one who got delivered from it. We got many calls and emails thanking us for bringing this up. We are all a work in the making. I just love to see people's lives change for the better. The inmates cannot listen to the show while they are in jail, so when I come in to work they will ask me how the show went. So I will bring the show when I go to work. The inmates will ask me for what scripture to read and study for today, and ask me to pray with them to help them get through today. A lot of them will ask me to recommend a church to go to. I attend Living Word Christian Center on Government Street. We encourage them to go somewhere and be accountable when they get out. It is wonderful to see the inmates released when they have family out there ready to pick them up. They treat them like rock stars. The emotion is real. When the young people are released to see their mothers and fathers pick them up is so wonderful. But it is heartbreaking to see a sixteen year old kid go up on murder one. We have to stop that. If you have a loved one being released from prison, be there for them and support them.

ISSUES/PROBLEMS PROGRAM TITLE PROGRAM TOPIC SEGEMENT TYPE AIRDATE TIME

DURATION DURATION SOURCE

**CRIMES** 

700 Club CBN 1:00:00 5:00 REC PA/O/E 11/02/2016 2:00 PM NewsWatch #11022016

CBN News Reporter Heather Sells Reports: Pete Leonard first developed a love for fresh-roasted coffee during a mission's trip to Brazil. The former Arthur Andersen business consultant returned home and made his own roaster in his Weber grill. Around the same time, he noticed that a relative who had recently been released from prison was unable to find work. Initially, Leonard thought it was an isolated incident, but he soon learned differently. He discovered that U.S. prisons release more than 600,000 people every year and that they face multiple obstacles in reentering society. Chief among these obstacles is employment. Dr. Karen Swanson, director of The Institute for Prison Ministries at Wheaton College, says that most employers simply don't want to hire anyone with a criminal background. Leonard's solution: Take advantage of America's obsession with coffee by creating a premium coffee-roasting company—and employ former felons to run it. It's a match made in coffee heaven. More than 70 million Americans have a criminal background and at the same time, Americans overall are drinking 400 million cups of coffee a day, driving specialty sales up 20 percent. One of Leonard's early hires, Louis Dooley, was released from prison after serving 15 years for armed robbery and attempted murder. Dooley told CBN News that getting out proved to be a huge challenge. Dooley became a believer and worked hard to turn his life around while behind bars. Still, no employer would take a chance. Another ex-felon, Amy, ran into similar dead-ends. In addition to a banking resume, her background included a while collar crime conviction. Neither she nor Dooley could get past a small box that's on most job applications and must be checked if an applicant has a criminal record. But at 'I Have a Bean.' Leonard's company, both Amy and Dooley found the door open. Leonard said that ultimately, he's not concerned with job seekers' pasts. Since starting the company nine years ago, Leonard has hired 35 people out of prison and says that today, all but two are the success stories he believed could happen. The positive result is no accident. Leonard carefully vets each potential employee before hiring. He finds out if they've worked to rebuild their lives while behind bars—and whether they've stuck to that path after getting out. He's also a stickler for quality. Leonard is more than a boss — he's a witness, watching his employees transform from down and discouraged to confident and marketable. Today, Dooley works as the regional director for Set Free Ministries in Illinois. The non-profit provides Bible study courses to inmates in prisons and jails in Missouri and Illinois. Amy manages the front office for I Have a Bean. Their stories speak clearly to the power of transformation and the hope that former prisoners can find once they're able to find a place in the job market. Dr. Swanson believes the concept could become a game-changer for millions who need a second chance. Such experiences can lead-not just too increased marketability—but to a shot at restoration and a new, productive life.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

#### **CRIMES**

700 Club CBN 1:00:00 5:00 REC PA/O/E 11/04/2016 2:00 PM NewsWatch #11042016

CBN News Reporter Mark Martin Reports: From hacked emails to major data breaches, cyber-attacks could potentially cripple our economy and threaten national security. Hackers shut down half of America's Internet on Oct. 21 by targeting Dyn, a company that manages key parts of the Web's infrastructure. Within minutes, the cyber-attack took major websites like Twitter and Spotify offline. It was just the latest example of cyber warfare. Other major cyber hacks garnering national attention recently include the Yahoo data breach in September, WikiLeaks emails relating to Hillary Clinton's campaign and the Clinton Foundation, and the leak of roughly 20.000 emails involving the Democratic National Committee in July. Hayman believes today's worst offenders in this computer espionage are China, Russia, and North Korea. FBI special agent Robert Cochran tries to spread the word about cybersecurity danger to companies like Eastern Data in Virginia Beach, Virginia. Cochran said that of the 14,000 agents in the FBI, 1,500 fight cybercrime -- a 60 percent increase in just the last five years. He says for now, the United States is focusing on defense in this new form of warfare. While cyber warfare between nation-states may sound far removed, it's clearly happening each day on a smaller scale. How do you protect yourself at home and on the job? One practice can work for all kinds of viruses — good hygiene. In addition to computer hygiene, Kaiser urges people to lock down the log-in. In other words, add an extra layer of protection beyond your password. There are a number of options such as fingerprint scans currently available on many smartphones and tablets. Kaiser also wants people to be cyberaware. Experts also advise not to forget to back up critical information. Hayman believes education is the best defense. The National Consumers League also helps educate consumers on cybersecurity. So what kinds of laws are on the books to fight cybercrime? Breyault says on the federal level, the protection is surprisingly minimal, and his organization is lobbying to change that.

### **HOMELESS**

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	11/07/16	05:30 PM
717.1					11/08/16	03:00 AM
					11/12/16	03:00 AM

LaTrynnda Cunningham-Hollins and Carrie Coats and Kurt Spencer from Kingdom Covenant Connection talked about being homeless. The organization is based out of love and a desire to bring people together and supply the needs of the people through love. Carrie Coats said, "The Lord gave her this mission, He wanted her to do and developed her through the process." Even in this century we are still have the issue of homelessness most people are only one pay check away. KURT SPENCER, member of Downtown Burner's Motorcycle Club, shared his story of being homeless for over two years in Daytona Beach, Florida. His situation has since changed and is now the public relations officer for their club. They are now partners with KCC in all their endeavors for the homeless and those in needs. We approach the homeless as not being dirty or shunned but as people needing love. Everyone on the street did not come from broken homes or dysfunctional families. Sometimes things happen to individuals that causes them to take a break from reality and they are not strong enough to cope and loses the will to live. Most of the people have some drastic events that caused them to end up on the street. If you meet a person the street you may be just the person the snap them back to reality; even if you don't always know their stories. Carrie Coats, said that she understand that there are many stories and we understand that many people did not just wake up and say that they chose to be homeless. Homelessness with children is even harder, but we have been able to find them housing to help them through the crisis.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

#### **HOMELESS**

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	11/21/16	05:30 PM
721.1					11/22/16	03:00 AM
					11/26/16	03:00 AM

Host Pastor Joseph Johnson and guest Dr. Lugenia Johnson, from Metropolitan A.M.E. discussed the problems of hunger in the communities. In America, one in seven are food insecure, in the Gulf Coast area it is one in five. The church feeds the homeless community lunch once a week. The meals are planned as outreach and a time to share the word in the community. The church is not making them a yearly event but a weekly event to receive a blessing. During the summer children came to eat, proving the theory that food insecurities are there and the needs are not being met. They get a hot meal on this day, and know that there are people that care about them. Many families are experiencing hard times, whether due to economics or health reasons. Our plans are to partner with the Food Banks, to give them groceries to go home with. The church was challenge when informed that, "we are more than Sunday morning". As members they were inspired by the Word, their hearts were changed too. We say, "If your doors closed tomorrow and the only people impacted or bothered by them closing are the people on the inside, then maybe you are not fulfilling your mission. When we feed the least of these we are feeding Jesus Christ. We are showing them that this is what the church is all about. We also offer them the opportunity to receive Jesus as their savior. We help provide clothing for those who had an extreme need. The fish are not going to come to the boat, you have to go where the fish are and be taught to be fish.

#### **HEALTH**

Joy in Our Town	28:30	13:30	${f L}$	PA/O	12/19/16	05:30 PM
726.1					12/20/16	03:00 AM
					12/24/16	03:00 AM

Pastor Joseph Johnson talked to Christian Counselor Dr. Minnie Claiborne, about Post traumatic stress disorder. We must deal with the whole body, if God is concerned with our bodies, why would He not be concerned about our mind. There is much more that Jesus wants to give you to make you whole. Don't live by your feelings, but we must acknowledge them to be delivered. Working out your soul salvation, is not doing physical work but growing in Jesus that is the Christian walk and growing in spiritual maturity. Learning how to understand any circumstance, whether it is physical or mental. What we have not done is deal with the soul. I Thessalonian 5:23 the apostle Paul said, "I want you to be sanctified and Holy so that your spirit soul and body may be preserved." We have dealt with the spirit part of us; next is deliverance, where we cast out the demon, from our mind. We have to heal the whole man, his mind, his will and his emotions, Jesus came to heal the broken hearted. A broken heart can be received in other ways beside romantic, it can be received through suffering, grief, abuse, or trauma these actions thwart the plan of God. Dr. Claiborne said, "We are not in touched with our feelings we often deny them, and say we must live by faith. We don't live by feelings but, do not deny the feelings." The scripture says, "Many are the afflictions of the righteous and god will deliver us out of them all". Sometime we are afraid to admit to God that we are hurting, then you will remain in the state of suffering. God loves you receive it, let him heal the abuse that was not your fault, the neglect which was not your fault, the abandonment which was not your fault; these problems are not yours to hold, on to because you was abandon but not forsaken. During your private time God will reveal himself to be, whatever you need him to be.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

### **HEALTH**

Joy in Our Town	28:30	13:30	$\mathbf{L}$	PA/O	12/19/16	05:30 PM
726.2					12/20/16	03:00 AM
					12/24/16	03:00 AM

Pastor Joseph Johnson talked to Christian Counselor Dr. Minnie Claiborne, about mental stress. Stop trying to be this or be that, be what you are, a Christian. Let the spirit abide within you, allow Him to transform you into what you are supposed to be. When you come to the Lord, you expect an immediate transformation and that is not how it works. The spirit-man is transformed immediately, then we have resource beyond us given by God to assist with our daily activities in real life relationship. People often think that God is just for religious stuff, tell God all your secrets don't keep those bad thoughts allow God to bring healing. Dr. Claiborne, says "We are still human, born again, with a new nature, spiritually we have the capacity to be transformed totally, but we have to work it. We have to learn how to apply the word of God for stressor and traumas in our lives." Tell God, "I have flash-backs of when that bad thing happened to me". If you have experienced a traumatic event and never received therapy how do you expect them to be okay? Yes, they are under the blood, but their minds may still needing clearing of the event to stop revisiting it in your mind. Many believe that the physician can heal it through psycho tropic drugs, which alter behavior and relieves depression. We need to understand that the God that we serve gives us things, to transform; David ask God to create in him a clean heart, and have mercy upon me, this is how the Holy Spirit can counsel you. God is not just these Christian scriptures, If God heals you, you will no longer have to seek a technique on how to handle things, because he gives you a voice to speak to that inner part of your brain and meditate on the word and it becomes part of your subconscious. Meditation bring memorization and he will equip you to be heal and whole. Who the son set free is free in deed.

Dr. Leaf Show	26:55	26:55	REC	PA/O/E	10/12/2016	5:30 PM
#0002					10/19/2016	4:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss relearning what to eat, how to cook, and how to think about food. Real food is made the way God designed it, without chemicals, herbicides, pesticides, or Genetically Modified Organisms (GMO). Biomimicry is looking at the intelligence of nature. The ecosystem is completely diverse. Going from diversity to monoculture is very dangerous. We need the variability. Learn how to eat properly. Find out what it's doing for and to your body - the good and the bad stuff. Get the knowledge to change your diet and lifestyle.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM DURATION	TOPIC DURATION	SEGEMENT Source	TYPE	AIRDATE	TIME
HEALTH							
	Dr. Leaf Show #0003	26:50	26:50	REC	PA/O/E	10/05/2016 12/14/2016	4:00 AM 5:30 PM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the importance of the mind and its impact on our food choices. Brain research and memory research shows you build memory about food. Information enters through the five senses and goes into the brain. What you put in your body is going to change the way your body reacts and functions. Be mindfully aware and have conscious consumerism. Ask yourself: What is on my plate? What is it going to do to my body? Where did it come from? What has this done to the earth? Research shows that 80% of an eating decision is in the mind. We need to be healthy mentally and physically. Research has shown that it takes twenty-one days to build a long-term memory. Then it's another two cycles of twenty-one days, which comes to around sixty-three to stabilize or automatize, which is the scientific word for building a habit The Modern American Diet is more addictive than heroin and cocaine. We have to recognize that what you are thinking about is having a physiological effect. Your mind is your soul; it's your intellect, your will, and your emotions. Then you have your physical body, of which your brain is a part. So, your mind is changing your brain, which is changing your body. We need to be very conscious of what we are thinking about when it comes to food and everything in life.

Dr. Leaf Show	27:05	27:05	REC	PA/O/E	10/05/2016	5:30 PM
#0001					10/12/2016	4:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the importance of eating and the difference between real food and what we call the Modern American Diet, shortened to the "MAD" Diet. Real food is nutritious, has very few ingredients, is organically grown from the ground, is sustainable, and picked when it is ripe. A happy animal is allowed to do what it does the way God designed it to do; roam freely and eat things as it's roaming around, which produces happy food. When you've had sufficient nutrition for your body, you stop eating. However, on the MAD diet the opposite happens. The MAD diet contains conventional-processed, food-like, products. An unhappy animal is restricted, force-fed, fattened up with hormones, full of antibiotics, and stressed. We have to eat food to survive, but the problem is what man has done to food. If we eat for health and not for losing weight, we will naturally get the correct weight. It's real food that you should be eating.

12/21/2016

4:00 AM

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
		DURATION	DURATION	SOURCE			

#### **HEALTH**

Dr. Leaf Show 27:30 27:30 REC PA/O/E 10/26/2016 5:30 PM #0005 11/02/2016 4:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss living under a sense of urgency. With the advances of technology, we're just rushing from one thing to the next and we're constantly living under this directorate of time instead of going through life calmly and peacefully. Rushing from one thing to the next impacts our choice of food, when we eat, our physiology, our brain, and our brain functioning, which is called, literally, hurry sickness. The hurry sickness puts us in toxic stress. Stress is good to help us focus. Toxic stress takes that away, and then you have the opposite reaction. It pushes you into that zone where you're not thinking straight, where you make wrong choices. If you lead a disciplined lifestyle and you learn to renew and discipline your mind, you can apply that kind of thinking to your everyday life, including eating. Be intentional about your eating process. Try to separate your mealtime from your work. Don't eat standing up. Make eating your relaxation. Eat when you are calm to get more benefit from that food.

Dr. Leaf Show 27:30 27:30 REC PA/O/E 11/09/2016 5:30 PM #0007 11/16/2016 4:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist; Dr. Avery M. Jackson III, a neurosurgeon; and Dr. Lillian Lockett Robertson, an OB/GYN; to discuss the gut-brain connection. Brain tissue that we find in the brain is also in the gut. That gut-brain connection is a two-way connection and it's controlled by the enteric nervous system that contains 200-600 million neurons, which is more neurons than in the spine. In the Blue Zones of the world is where you find centenarians; people who live more than a hundred years of age. The underlying commonality is spirituality, community, attitude, and nutrition. And, the nutrition that they have is real food. When you decide to change the way you're thinking, you're going to change your physical status. Your brain and your whole body will respond. That's the eighty percent of the signal, and then the biology, the biological components of food, forms the other twenty percent of the signal. The thought that you are thinking right now at this moment is actually influencing all 75-1000 trillion of your cells, either positively or negatively. Fasting is important spiritually and physically. Some of the benefits of fasting are cardiovascular benefits, increased longevity and resistance to age-related diseases, enhanced mental and physical health, increased cellular energy, decreased inflammation, protects against the onset of illness, and protects against stroke and high blood pressure.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM DURATION	TOPIC DURATION	SEGEMENT SOURCE	TYPE	AIRDATE	TIME
HEALTH							

27:30

27:30

Dr. Leaf Show

#0009

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Dr. Irinel Stanciu, an endocrinologist, and Dr. Lillian Lockett Robertson, an OB/GYN, to explore the supermarket, how to cook, what to do, and how to shop. Eat real food. Buy real food. There is a definite engineered design in the supermarket. A lot of people have heard: avoid the center aisles and go to the outside, where your fresh produce is because everything down the center aisles are basically in boxes and containers. The Modern American Diet food-like products are industrially manufactured. When something is added, that means that something is being removed, so we should be wary of an added anything. Eating is eighty-percent dominated by our thought life and what we've built memories of. Eat real food. Read the labels. Buy local. You can find community-supported agriculture. Real food makes physiological changes in your brain. So, your mind, the thinking to choose to eat well, the intellectual stimulation, the being happy, and then choosing to eat the real food, and eating the real food, satisfies you. Eating real food is the way God designed us to eat.

REC

PA/O/E

11/23/2016

11/30/2016

Dr. Leaf Show 27:50 27:30 REC PA/O/E 12/07/2016 5:30 PM #0011 12/14/2016 4:00 AM

Today on the Dr. Leaf Show, Dr. Caroline Leaf is joined by Esther Houston to discuss postpartum depression, also known as the baby blues. Suffering exists in life and we are here to learn through our suffering with the help of others. Something like postpartum depression is a very real thing that actually needs to be addressed as a very complex process unique to each individual. We can't just say it's a disease, label it, medicate it, and think that it's over and blame the mother. We've got to recognize the whole person. Who is this mum? What is she going through? What are her life circumstances? What is her past? What is her support system? What are the physical needs in her body and diet? We have to look at the whole person in a very loving and very supportive way. The more loving and supportive we are, the more we will actually help each other be better mothers.

5:30 PM

4:00 AM

ISSUES/PROBLEMS PROGRAM TITLE PROGRAM TOPIC SEGEMENT TYPE AIRDATE TIME

DURATION DURATION SOURCE

**HEALTH** 

#11162016

700 Club CBN 1:00:00 5:00 REC PA/O/E 11/16/2016 2:00 PM NewsWatch

CBN News Reporter Lorie Johnson Reports: Busy, sleep-deprived, and stressed-out. These are the terms that describe most young parents. That roller-coaster lifestyle rocks your blood sugar and hormones, creating the perfect storm for weight gain. Even Mark Macdonald, the nutrition expert and bestselling author, gained 35 pounds after becoming a father. Mark and his wife, Abbi, didn't like the direction in which they were going — so they learned to gain control instead of gaining weight. Mark shares their secrets to success in the book. "Why Kids Make you Fat. . . And How to Get Your Body Back." He explained that when it comes to managing weight, new parents fall into four traps: lack of sleep, stress, lack of exercise and poor diet. While all those factors need to be addressed, Mark notes that diet is the most important. He says the secret to losing weight and keeping it off is what he calls "Eating in Threes," which means eat a protein, a fat and a carbohydrate every three hours. Abbi said she's noticed in her own life the importance of eating frequent, balanced meals. The key to "Eating in Threes" is understanding which foods are proteins, fats and carbohydrates. Most animal products are proteins. This includes meats like beef, pork, chicken and turkey, also yogurt (Greek yogurt is higher in protein than regular) and cheese. Seafood also qualifies as protein. There are also plant-based proteins, like tofu, a soy product. Fats include foods like olive, coconut and soybean oils. These are often the main ingredient in mayonnaise and salad dressing. Butter is also a fat, as are nuts like pecans and walnuts, as well as nut butters, such as almond butter. Avocados are also considered fats. Carbohydrates cover a lot of ground. Typically the healthiest carbs are vegetables. Fruits are also carbohydrates. Grains are carbohydrates as well, such as wheat, corn and rice and all the many products that come from them such as all breads and tortillas. Perhaps the unhealthiest carbohydrate is sugar. Some foods fit into more than one category. For instance, cheese is a protein, but because it contains a lot of fat, can also be considered a fat, Mark says if you can, eat your protein, fat and carbs in a certain order. Most Americans eat way too may carbohydrates and too few proteins. Her other grab-and-go favorites include nitrate-free turkey jerky, protein bars, nuts, vegetables and fruit. Although packing your food and taking it with you is usually healthier and cheaper, you can still "Eat in Threes" at restaurants, even fast food establishments. A good choice is grilled chicken as the protein, lettuce as the carb and salad dressing as the fat. Another option is an open faced sandwich using grilled chicken as the protein, half a bun as the carb and mayonnaise the fat. Less sleep, which goes hand-in-hand with parenthood, delivers a one-two hormone punch for weight gain. This is because not getting enough sleep increases the hunger-stimulating hormone ghrelin and lowers the appetite-suppressing hormone leptin. Mark advises parents to try to get more sleep. If that's not possible, he says at least they can learn to get better quality sleep, which pays dividends. This can be accomplished by avoiding the snooze button. Replace 30 minutes of useless sleep with quality sleep. For instance, instead of setting your alarm for 6:30 a.m. and hitting the snooze until 7:00, set your alarm for 7:00 and don't hit the snooze. Too many busy parents are dehydrated, which can lead to weight gain. Believe it or not, our brain sometimes tricks us into thinking we're hungry, when we're actually thirsty. How many ounces should we drink a day? A good rule of thumb is our body weight divided by two. For example, a person who weighs 120 pounds should drink 60 ounces of water a day. Parents know all too well the pre-kid days of spending an hour a day at the gym are long gone. But with a little creativity, you can work-out while getting more family time. Family walks, especially for dog owners, can be a daily or even twice-daily routine. Mark straps on a weighted vest to make his walks a bit more challenging. Even time in front of the screen doubles as core strength training if you sit on a stability balls instead of a chair. Finally, letting go of those little annoyances that accompany parenthood goes a long way towards losing weight. The MacDonald's say following their prescribed guidelines will help shed the pounds and create new. sustainable habits that keep it from coming back.

ISSUES/PROBLEMS	PROGRAM TIT	ΓLE	PROGRAM DURATION	TOPIC DURATION	SEGEMENT SOURCE	TYPE	AIRDATE	TIME
HEALTH	700 Club C NewsWatch	EBN	1:00:00	5:00	REC	PA/O/E	12/27/2016	2:00 PM

CBN News Reporter Lorie Johnson Reports: Our bodies use oxygen in a number of ways, including healing. Breathing alone provides about 20 percent of the oxygen our bodies need. But today, doctors can ramp up that amount to help people recover from the most debilitating injuries and illnesses with hyperbaric oxygen therapy. It's hard to believe Michael "Bean" Black survived his horrific car crash in 2011. He was thrown 40 feet from the vehicle and landed on his head. Black's grandmother, Mary Orr, said even the doctors had given up hope. When Black arrived home to Dallas he still suffered from severe injuries, including brain damage. But his condition improved after he started receiving hyperbaric oxygen therapy. Hyperbaric oxygen therapy involves breathing 100 percent pure oxygen inside a pressurized chamber for about an hour to 90 minutes per session. Dr. Alfred Johnson directs the Hyperbaric Centers of Texas in Richardson. Black said the therapy made a big difference. After the first 40 treatments, Black went back for 40 more a few months later. Costs vary depending on the provider from as little as \$100 an hour on up. Insurance and Medicare sometimes offer coverage, depending on the condition being treated. Insurance companies can reimburse for hyperbaric oxygen therapy for the treatment of traumatic brain injuries, like Black's. Dallas businessman John Derrick said the therapy is easy and has helped him sharpen his focus. Consumers can purchase or rent portable hyperbaric oxygen chambers, but they typically deliver far less oxygen and pressure than industrial-grade ones. Conditions treated with Hyperbaric Oxygen Therapy include: Autism, Burns, Cerebral Palsy, Chronic Fatique Syndrome, Closed Head Injury, Fibromyalgia, Migraine Headaches, Multiple Sclerosis, Near Drowning, Parkinson's syndrome, Post-Traumatic Stress Disorder, Reflex Sympathetic Dystrophy, Rheumatoid Arthritis, Sports Injury, Stroke, and Traumatic Brain Injury. Johnson said stroke patients can have improved quality of life. He said he's witnessed progress for people with autism, as well. Hyperbaric oxygen therapy may not be for everyone. But today, Michael Black is in far better shape than he or his family ever dreamed possible since his near-fatal car accident. They believe this therapy has a lot to do with his recovery, so they plan to stick with it and hopefully see even more improvement.

700 Club CBN 1:00:00 5:00 REC PA/O/E 12/29/2016 2:00 PM NewsWatch #12292016

CBN News Reporter Lorie Johnson Reports: Cancer is a word no one wants to hear. Yet statistics show half of all men and a third of all women will receive the bad news. Churches should be a sanctuary for support. However, in many cases, people suffer in silence as they cope with their illness. Now the Cancer Treatment Centers of America is offering a free program to break down the wall of silence. After years of counseling cancer patients, Rev. Percy McCray knows they bear a burden unlike people fighting other illnesses. Thanks to his training, McCray knows the importance of encouragement. One conversation helped him realize others need to learn these skills, too. McCray said typically, churches deal with issues like addiction and marital problems very effectively. But it can fall short when it comes to meeting the needs of parishioners who are struggling with healthcare issues, particularly cancer. To bridge this gap, McCray and his associates at the Cancer Treatment Centers of America elected to offer complimentary cancer ministry training to representatives of churches across the country so they can better meet the needs of their brothers and sisters with cancer, It's called Our Journey of Hope, Cancer Treatment Centers of America offers free training for two people from a church who use what they learn to raise up cancer ministries in their home congregations. Participants learn the basics of the disease and treatments in order to focus on what it's like for the patient. An added incentive for a church is that the training is free of charge. That includes the two-day seminar, food, lodging, and materials. LaWanda Long attended the seminar years ago and now passes on what she learned to volunteers at Atlanta's Enon Baptist Church. Long teaches the volunteers one night a week for eight weeks. At that time they are ready to take on a cancer patient who has come forward requesting assistance. She said the extensive training ensured the patients will be cared for responsibly. She said so far the cancer ministry at Enon is a success. Lisa McDermott attends Enon. She remembers suffering through nearly five months of chemotherapy for breast cancer. She asked the cancer ministry to help her with

#12272016

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM	TOPIC	SEGEMENT	TYPE	AIRDATE	TIME
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daily needs. McDermott dealt with one main point person who recruited others to pitch in. The cancer ministry made such an impression that McDermott wanted to get the training. As Nefertiti Dixon's mother fought ovarian and colon cancer, the ministry stepped in. Although her mother lost her fight, the cancer ministry made those final days easier. They also helped Dixon with things like meals, which lifted a burden. As a working mom with two children, she became overwhelmed with the pressure of caring for her sick mother. So while cancer will likely continue to strike far too many, churches now can choose to help those within their midst who are dealing with the disease.

#### **ECONOMY**

Joy in Our Town	28:30	13:30	${f L}$	PA/O	12/05/16	05:30 PM
724.1					12/06/16	03:00 AM
					12/10/16	03:00 AM

Host LaTrynnda Cunningham Hollins and guest Prophetess Nicole Armstrong, discussed the problems that can be helped by learning to keep your spirit balanced with your finances. The Lord wants you to know about your Kingdom wealth. God is concerned about your whole body. The abundance of God in every area of your life, your spirit, soul, and body is important. The wealth of the Kingdom is more than money. The Word says, "My beloved, I wish above all things that you may prosper and be in health even as your soul prospers," Kingdom wealth starts beyond your riches, it starts with your soul. If wealth was about money, celebrities would not commit suicide and millionaires would not be on drugs. God wants us to have spiritual abundance. We are living in a nation that is doing a lot of borrowing. The Bible says we should be lenders, not borrowers. We must transition into what the Bible says, by applying the Word of God to your life. If it does not meet your need then it is your seed. The Bible speaks of seedtime and harvest. You must learn the seasons. Your kingdom seed is not a lottery ticket, I give, I get. You have to water your seed, speak life into the situation and rebuke the devourer. Many do not recognize where the good grounds are located. When God is in something then it will prosper. Pay attention to the place where you sow. The law of reciprocity says you get what you sow. God's Word works. Sow into the life of others in order to prosper. We must stop embracing living above your means. Many people are spiritually and emotionally bankrupt. In order to prosper you must respect money, not love money. When you respect money, you understand the value. With money you can only do three things, save it, spend it, or give it away. The more I have, the more I am able to give. You have to be a good steward of what you are given. If you are faithful over a little, He will make you ruler over much. But you still must have a budget, and you must learn to handle it better, you become more careful and you create an atmosphere of harvest. You can understand it but it still may not add up. Teach me how to give my way to abundance. If you budget, you can find the money to sow and tithe just like you found the money for groceries, or gas, etc. Look at your spending habits. Change your mind set and then you will see ways that your seed has been eaten up by Satan. Sometime you must sacrifice things. God doesn't operate on how we think, we must think like God to be renewed in the mind to prosper.

ISSUES/PROBLEMS	PROGRAM TITLE	PROGRAM DURATION	TOPIC DURATION	SEGEMENT	TYPE	AIRDATE	TIME
CIVIC	Joy in Our Town 724.2	28:30	13:30	L	PA/O	12/05/16 12/06/16 12/10/16	05:30 PM 03:00 AM 03:00 AM

Host LaTrynnda Cunningham Hollins and guest Prophetess Nicole Armstrong, discussed spiritual guidance for our civic leaders. Praying for our leaders is a commandment of God. Start with the heart of the people, pray for God to affect their mind to come into the realm of God's righteousness. Start by praying for their heart. The Word says, "The heart of the king is in the hand of God." Kingdom people crying out for our leaders changes all things. Prayer is a matter of warfare. It is the responsibility of believers to vote. As believers we have the power to shape the nation. God has a will for this nation. What we must ask God is, "What is Your Will?" It is not difficult for us to be sensitive to the will of God. The Old Testament scriptures give examples of men of God being advisers to the Kings. It is important to be a part of the political arena. The separation of church and state is not scriptural. Prophets give instruction and direction to God's people. The political arena affects every part of your life, and we hear more about the prophets that gave instruction to the people. They prophesied instructions about things to kings. We need to go back and recognize the gift of prophecy given to build up and edify, and comfort. The office of the prophet operates in authority. Many operate in the realm of the gift, but not the voice of authority. The authority is given by God to speak to people, pastors, elected officials, by coming through divine authority. You are a mouth piece of God, and you have to know how to use that gift. When you sit in the counsel of God, He will give you directions where to go. The advice of the prophet comes from God because God sends him. Wait until God's glory tells you to go. If you are speaking into a person's life and nothing is moving, then you need to return to His counsel and pray. Prophets pray more than they speak. You have to give God the time to speak to you. People in power are seeking the counsel of the prophet's authentic voice. Speak what God's says, the truth is all that God will speak into your life. We can pray, "Father let your will be done, let us receive your divine intervention. You have given us your mind, Your Word, and Your heart, and you are not absent from your people." Pray for those in authority.

# **SUBSTANCE ABUSE**

700 Club CBN 1:00:00 5:00 REC PA/O/E 10/20/2016 2:00 PM NewsWatch #10202016

CBN News Reporter Caitlin Burke Reports: Alcoholism remains a leading cause of death in the United States. But even with all the research poured into the problem, it's a condition that's often misunderstood. When someone consistently drinks large amounts of alcohol it injures the brain, specifically the limbic system, or the brain's control center. When alcohol is consumed, it enters the blood stream and goes to this control center where it releases dopamine. While that chemical can make you feel good, it can also injure the brain as more of it is released overtime. The alcohol essentially causes the brain's control center to short circuit, overwhelming how you think, feel, and manage your emotions. Another misunderstood fact about alcoholism: females can become addicted more easily than their male counterparts. When a female drinks, her body absorbs 50 percent more alcohol per drink than a male. Because of this, Urschel says female alcoholics face more medical problems. This becomes even more of a concern as alcohol beverage companies spend millions appealing to women through television ads and social media. Hanna Fobare, 24, believed all the hype and turned to drugs and alcohol when the pressure to perform in college athletics got to be too much. As Fobare embraced her new lifestyle—the friends, parties and boys—the addiction quickly took over. When she started failing classes, Fobare realized she couldn't lie to her family any longer. Her parents stepped in and sent her to Enterhealth. There she received a dual diagnosis—as is common with many alcoholics. Fobare is now one year sober, but it hasn't been easy. Her first attempt led to a relapse, detox and time in a state-funded rehab facility. Both she and Urschel stress that the hardest thing for a recovering addict to understand is the need for constant maintenance. While the alcohol damage never goes away, Urschel says the brain contains an amazing ability to reboot and heal. With the right treatment, there's a 85 to 90 percent chance the brain will go bac