

Trinity Broadcasting Network

Quarterly Report

January, February, March 2020

WMPV-TV

Mobile, Alabama

Central Time

Leading Community Issues

Results from civic leaders, responses by telephone from TBN viewers, from the printed media, comprising newspaper, magazines, publications, and from television and radio, whenever possible.

COVID-19

Crime

Economy

Education

Health

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

March 31, 2020

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>COVID-19 Message of Hope</i>						
Praise #31620	55:30	55:30	REC	PA/O	3/17/2020	4:00 PM
					3/24/2020	2:00 AM

Tonight on Praise, a TBN Special: How We Can Combat Fear with Faith in this Global Crisis. Greg Laurie, Pastor of Harvest Christian Fellowship, shares a special message titled "What to Do When You Don't Know What to Do." It is a message of hope to help us turn our panic into prayer, worry into worship, and provide a biblical perspective of all that is going on during this coronavirus COVID-19 pandemic. Be practical. Be prayerful. Be proclaiming. Have perspective. God is our shepherd. God is our Father who loves and cares for us. He is our king! Be prepared. Pastor Laurie prays for viewers to accept Jesus Christ as Savior and Lord.

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<i>COVID-19 Message of Hope</i>						
Praise #31920	54:42	54:42	REC	PA/O	3/19/2020	7:00 PM
					3/19/2020	10:00 PM
					3/20/2020	4:00 PM
					3/26/2020	2:00 AM

Tonight on Praise, Max Lucado, Minister of Teaching at Oak Hills Church and New York Times Best-Selling Author of his latest book, "*Jesus*," responds to newspaper headlines concerning this coronavirus COVID-19 pandemic. He tells us that God is still in control. He shares encouraging words of hope for this season. A free online Bible study is available at faithgateway.com/OBS. It is based on a Philippians 4 passage that tells us to be anxious for nothing. When our understanding of God increases our anxiety diminishes. The path to peace is paved with prayer. Jesus will never leave you or forsake you. Max Lucado invites viewers to say yes to Jesus Christ and prays Psalm 91. He encourages us to move forward in faith and courage.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>COVID-19 Message of Hope</i>						
Praise #32020	55:30	55:30	REC	PA/O	3/20/2020	7:00 PM
					3/20/2020	10:00 PM
					3/23/2020	4:00 PM
					3/27/2020	2:00 AM

Tonight on Praise, Dr. Robert Jeffress, Senior Pastor of First Baptist Church of Dallas and Host and Bible Teacher of Pathway to Victory, shares his thoughts about the coronavirus (COVID-19). For Christians, we are not to be paralyzed with panic or overcome by fear; but have a sound mind in what we do. Take the necessary precautions. We are going to get through this. This is the time for the Church of Jesus Christ to be courageous and fearless. Dr. Jeffress began writing the book, "*Courageous 10 Strategies for Thriving in a Hostile World*," two years ago. Its recent release and the discussion of being courageous is a timely message for today. Don't panic. God's people ought to stay calm and move forward with the proclamation of the Gospel. Take inventory of your resources. Gain situational awareness. Pray about those things that worry you. Have a victor's mindset. The great promise that every Christian can claim is Romans 28 for we know that God causes all things to work together for good for those who love Him and are called according to his purpose. Do the next right thing. This coronavirus is a reminder that there is only one God in the universe, and we do not control our destiny. Doing the next right thing for all of us is making sure we are in a right relationship with God.

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<i>COVID-19 Message of Hope</i>						
Praise #32320	55:15	55:15	REC	PA/O	3/23/2020	7:00 PM
					3/23/2020	10:00 PM
					3/24/2020	4:00 PM
					3/31/2020	2:00 AM

Tonight on Praise, Joseph Prince, Senior Pastor of New Creation Church, Best-Selling Author and TV Host, joins Matt and Laurie Crouch in Dallas, Texas via video from Singapore, to discuss the (coronavirus COVID-19) pandemic that is currently impacting the world. He teaches about divine protection according to Psalm 91. He tells us not to be discouraged because God is turning the whole thing around for good and for His glory. He encourages everyone not to neglect your church and to support your church digitally, talk about Jesus, spend time reading the Word, watch TBN, and be ready to give to all the wonderful ministries. Pastor Prince shares an encouraging message for this season and invites viewers to accept Jesus Christ as Lord and Savior. He closes with a prayer of blessing over everyone.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>COVID-19 Message of Hope</i>						
Praise #32420	55:30	55:30	REC	PA/O	3/24/2020	7:00 PM
					3/24/2020	10:00 PM
					3/25/2020	4:00 PM

Tonight on Praise, Founder of Hope Generation, Best-Selling Author and TV and Radio Host, Ben Courson shares that there is hope through outbreak. Just because there is a pandemic does not mean there has to be a panic and social distancing does not have to equate to isolation. We are all in this together and we're all going to get through this together. God is bigger than the corona virus. Rather than focusing on the economy and hoarding, ask yourself "How can I help others, give hope messages to others, and extend a helping hand?" The Bible tells us not to be afraid because Jesus is our Father, Shepherd, and King. He takes care of us and loves each one of us. Meditate on God's word and pray.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>COVID-19 Message of Hope</i>						
Praise #31720	56:00	56:00	REC	PA/O	3/25/2020	2:00 AM

Tonight on Praise, a TBN Special: Unpacking Biblical Truths and How We Can Combat This Global Crisis. While news reports say the economy is crashing and scientists say that up to sixty million people might die from COVID-19, Minister, Author Speaker & TV Host, Shawn Bolz, believes God's story is not for a generation to die, it is a story for us to live and He has a plan. The Gospel is Good News. There is a God, a Father, who loves us. Romans 8:28 says God will work all things for our good, and this will serve you if you are a Christian. There is so much fear and anxiety. We need to surrender and repent of fear and anxiety. It's not wrong to have it, it's wrong to entertain it. The same place that fear and anxiety occupy is the same place that faith is built. Our virtual real estate in the Church is as important as our natural real estate in this generation. God wants us to build community and support online. The Church is learning ways to be present in ways we have never been present before. Shawn believes and prophecies that God has a plan for our economy and the world. This pandemic will pass. All hope has a spiritual substance to build faith inside of us when it comes from God. Spiritual hope is rooted in biblical principles that we know we can stand firmly upon. Shawn shares scriptures of God's promises then invites and prays with viewers to receive Jesus Christ as Lord and Savior. He encourages viewers to focus on what God is doing.

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<i>COVID-19 Message of Hope</i>						
Praise #32920	55:30	55:30	REC	PA/O	3/29/2020	9:00 PM

Tonight on Praise, Senior Pastor of The Potter's House and New York Times Best-Selling Author, Bishop T.D. Jakes, shares that in spite of all the bad news everywhere, the good news is that Jesus is still Lord and God still sits on the throne. He's got everything right in the palm of His hands. We're trusting Him to guide us through this season, not only that we might survive, but that we might thrive in a season of turbulence; using this as an opportunity to rethink our lives and use the innovation that this disruption has caused to maximize who we are, to rest, become productive, to think globally, have capacity, and value what we have. God loves you. Agree with God about you and about His love for you. He thought enough of you to send His son to die on the cross and traded Him for you that He would get the judgement that you were worthy of, so that you could get the life that you could never earn. That is the Gospel message. With all the disruption of COVID-19, maybe God has gotten your attention and that there is more to life than stuff. Everything is shaking. The only thing that is not shaking is God. Build your faith on God. The one thing you cannot buy is peace. Trust and rest in God's peace that passes all understanding.

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<i>COVID-19 Message of Hope</i>						
Praise #33020	54:55	54:55	REC	PA/O	3/30/2020	7:00 PM
					3/30/2020	10:00 PM
					3/31/2020	4:00 PM

Tonight on Praise, Pastor Greg Laurie tells us that at the direction of our government, we are sheltering in place during this (COVID-19) pandemic. Although the doors of the church building are closed, the door of opportunity for the Church is wide open. There is a door of opportunity to talk to your neighbor, to use social media to get the Gospel out, and to text your friends and talk about your faith in Christ. People are listening more than they normally listen. People are scared. Opioid use is up in homes, drinking is up, domestic violence is up. People are looking for truth. Pastor Greg Laurie shares a special message entitled "Bringing Christ into Your Crisis." Joining him are his wife, Cathe, who shares very encouraging words for the ladies, his son, Jonathan, who has a special message to share for the youth, and musical guest, Phil Wickham. Pastor Greg prays for viewers to receive Christ. God is bigger than the coronavirus and he wants to work in your life.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Crime</i>						
Taking Care of Business	28:30	28:30	LCL	PA/O	1/1/2020	3:30 PM
#TCOB-1912					1/3/2020	3:30 AM

It is estimated that human traffickers generate hundreds of billions of dollars each year, second only to drug trafficking as the most lucrative form of criminal activity. This episode of Taking Care of Business brings awareness and promotes prevention education as a critical strategy to fight human trafficking.

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<i>Crime</i>						
Taking Care of Business	29:00	29:00	REC	PA/O	3/11/2020	3:30 PM
#TCOB-1922					3/13/2020	3:30 AM

The United States has the highest incarceration rate of any nation in the world. For every 100,000 citizens, over 650 individuals are serving time in a prison or jail. In this episode of Taking Care of Business, we will explore why so many people, once they serve their time, become repeat offenders and what can be done to break the cycle of recidivism.

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Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas Radio Show #37	24:30	24:30	REC	PA/O/E	2/7/2020	5:00 PM
					2/9/2020	9:00 PM

Today on The Eric Metaxas Radio Show, Rebecca Bender, Author of *In Pursuit of Love, One Woman's Journey from Trafficked to Triumphant*, shares her story and explains various stages of becoming a victim of sex trafficking. All traffickers take victims through the cycle of 'dating-grooming' as a recruitment tactic, ultimately turning them out. Escort service and dancing can turn into prostitution. The commercial sex industry in America is a Multi-Billion Dollar industry; from strip clubs, to pornography, to street prostitution, online, camgirls, webcam, etc. Softcore porn has become our mainstream media and trafficking exists in every community in America. Parents, who are your children talking to online? Review internet safety. How are we raising young men?

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #202	28:30	28:30	REC	PA/O/E	1/18/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. share the testimony of a former madame. Prostitution has been an epidemic for thousands of years. In fact, it is considered the world's oldest profession. The lives of those who are prostitutes are greatly affected not only physically but emotionally and mentally. There is another side to the prostitution business. Along, with prostitution comes sex trafficking. Typically, we see men referred to as pimps that handle this side of the business, but on rare occasions, women have decided to step into the business as well. These women pimps, or madams as they are called, handle the money. They transport the call girls and at times get violent to protect their women. This is a problem that is taking place in inner cities around the world. Victory Outreach has seen firsthand the lives of so many who have come out of that lifestyle totally transformed. The message they give to them is that you shall know the truth, the Bible says, and the truth shall set you free. And he who the Son sets free is free indeed.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #203	28:32	28:32	REC	PA/O/E	1/25/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, let's us hear from a woman who was rescued from a life of gangs, violence and crime. The life of a gang member can be very violent and dangerous at times. From drugs and alcohol, to fights and shootouts, gang members constantly risk their lives to defend their neighborhood. We often think of gang members as dangerous men with violent tempers, but they aren't the only ones defending their streets. Over the years, many women have also joined gangs. Many of them join in hopes of finding a sense of belonging, others for protection, and still others just want to be respected. They fight for their gang no matter the cost. These women are very violent and very dangerous. Through a Bible study women's lives have been changed. God has forgiven them, and he who is forgiven much, loveth much.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #204	28:30	28:30	REC	PA/O/E	2/1/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, takes us into the perilous world of some biker clubs. Over the years, biker gangs have taken on a different persona. They've gone from hanging out on the front porch and handling drugs to now traveling the nation for Multi-Million Dollar drug deals. These bikers can be seen riding their Harley Davidson bikes dressed in leather jackets, but there is more to their lifestyle than meets the eye. The reality is it's a nightmare. They've seen violence, lost friends and family members, and some have even lost their own lives. The life of a biker gang member is very dangerous and unpredictable. To those in law enforcement, these motorcycle clubs are considered organized crime organizations. Motorcycle clubs do not have to be violent and treacherous in their way of life. In fact, a motorcycle club can be a way of sharing the Gospel of Jesus Christ. The Riders Out of Darkness Motorcycle Club is full of people who once lived the biker lifestyle but have now been transformed by the power of Jesus Christ. They use their testimonies to impact the lives of those still living that dangerous lifestyle.

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Treasures #207	28:30	28:30	REC	PA/O/E	2/8/2020	1:30 AM

On today's episode of Treasures, Sonny and Julie Arguinzi, Founders of Victory Outreach International, share how women who have been called ladies of the night, are called treasures and are being pulled out of darkness through their ministry 'Code Red.' Operation Code Red is a powerful two-day evangelistic thrust where thousands of women from all over Victory Outreach International go into strategic cities where prostitution is widespread with one purpose in mind, to share the love of God and rescue them out of darkness.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:30	27:30	LCL	PA/O	1/8/2020	3:30 PM
#TCOB-1924					1/10/2020	3:30 AM

On this episode of Taking Care of Business we look into retirement. We'll hear from experts on how to plan for your retirement. Topics include financial planning, medical expenses, Social Security, Legal, and savings opportunities. And finally, we'll learn that retirement is more than just a financial issue. It's about life! Will you enjoy or endure this season of life?

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Praise #50219	57:15	57:15	REC	PA/O/E	1/12/2020	10:00 PM

Tonight on Praise, Robert Morris, Senior Pastor of Gateway Church, Author of "The Blessed Life" and "Beyond Blessed," explains Biblical principles about generosity and stewardship to help reduce financial stress.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
The Eric Metaxas	21:59	21:59	REC	PA/O/E	1/17/2020	5:00 PM
Radio Show #34					1/19/2020	9:00 PM

Today on The Eric Metaxas Radio Show, Joe Ricketts, Founder of Ameritrade, one of the largest stock brokers in the United States; and Author of "The Harder You Work, the Luckier You Get An Entrepreneur's Memoir," expresses his concern that there are not enough people starting new businesses, which is where all the new jobs come from. He wants people to know how difficult and rewarding starting your own business can be. America is wealthy because of the free enterprise system. Socialism brings despair and poverty. Ricketts shares his life story and says the most satisfying thing he can do in his life is to work, achieve and accomplish.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #120	52:30	6:00	REC	PA/O/E	1/18/2020	7:00 PM
					1/18/2020	10:00 PM
					1/19/2020	8:00 PM

Today on Huckabee, Peter Navarro, White House Trade Advisor, talks about the Phase One China Trade Deal. It checks off intellectual property theft, forced technology transfer, and currency manipulation. The deal also includes robust purchases of Two Hundred Billion Dollars above the 2017 baseline in four categories: farmers, energy producers, services, and manufacturing, and allows access for our financial sector; banks, credit cards, and insurance companies. There is still work yet to be done.

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<i>Economy</i> Huckabee #127	50:30	50:30	REC	PA/O/E	3/7/2020	7:00 PM
					3/7/2020	10:00 PM
					3/8/2020	8:00 PM

Today on Huckabee, Representative French Hill (R-AR) Member House Financial Services Committee talks about the coronavirus, efforts for a vaccine, the economy, unemployment, taxes, sanctions on Iran, and the free-market capitalism. He says we will recover but there will be an international economic impact.

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<i>Education</i> Taking Care of Business #TCOB-1911	27:30	27:30	LCL	PA/O	3/4/2020	3:30 PM
					3/6/2020	3:30 AM

Education in America has followed the same formulas for teaching and learning for decades. On this episode of Taking Care of Business, find out how and why new techniques in education are being explored.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Education</i> Praise #91919	57:18	57:18	REC	PA/O	2/9/2020	2:00 AM

Tonight on Praise, Founder of WallBuilders & Historian, David Barton; and President of WallBuilders & National Speaker, Tim Barton; talk about 'America's Hidden History' and share stories about various American heroes such as Annie Oakley, Bass Reeves, Isaac Parker, 'Bronco Charlie' Miller, Douglas MacArthur, Francis Scott Key, and Phillis Wheatley. Some of the best character lessons we learn in life we learn through people's stories. What is sad today, is that even though we may recognize the name, we don't know the whole story from American history. WallBuilders has one of the largest collections in America of original material from early America. The name WallBuilders comes from the Bible book of Nehemiah. Just as Nehemiah wanted to see his nation rebuilt and strong again, WallBuilders wants to rebuild America. The teaching of history has been so over-simplified down to make it agenda-driven; telling only portions of stories. There is so much we can learn from the entire story; the good, the bad and the ugly. When the new National A.P. History Standards came out, when it came to World War II, there was no mention of Douglas MacArthur, President Dwight D. Eisenhower, George S. Patton, Chester W. Nimitz, Adolf Hitler, D-Day Normandy Landings, or the Holocaust. They discuss the history of lynching in America, and various black heroes during the American Revolution such as Crispus Attucks, James Armistead Lafayette, Wentworth Cheswell, and Jack Sisson. American history is becoming more hidden as these stories are just not being told. Truth is the object for history and historians.

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America's	27:31	27:31	REC	PA/O/E	1/2/2020	9:00 PM
Hidden History #203					1/3/2020	1:30 AM

Education

Today on America's Hidden History, Historian David Barton and Tim Barton, President of WallBuilders, go to Fort Smith, Arkansas. We learn that Bass Reeves was a black man born a slave in Arkansas. He later moved to Texas, where he beat up his master to escape slavery and fled into Indian Territory in Oklahoma for safety; a place where many criminals were known to hide. As he traveled throughout Oklahoma Territory, he learned to speak various Indian languages. When slavery was abolished in 1865, Reeves returned to Arkansas as a free man. Federal Judge Isaac Parker hired Reeves as Deputy Marshal for the Oklahoma Territory until Oklahoma became a state. Although Bass Reeves was illiterate, he would have others read each warrant, which he memorized. Reeves served thirty-two years, arresting 3,000 bad guys and killing only 14 bad guys. Through a shared Christian faith, Federal Judge Isaac Parker and Deputy U.S. Marshall Bass Reeves brought law and order to the Old West. WallBuilders Junior Historian, Jonathan Richie, reads a newspaper article about Bass Reeves. Next, David and Tim go to the Vicksburg National Military Park in Mississippi to tell us about Orion Howe, one of the youngest Congressional Medal of Honor recipients at just fourteen years old. Originally, Orion was a drummer in the band for the 55th Illinois Volunteer Infantry at the age of twelve with his father was the band leader. But at the age of fourteen, Orion volunteered to be a messenger in one of the most significant battles in the Civil War. WallBuilders Junior Historian, Jonathan Richie, shows us drums from the civil war. We learn that musicians played a vital role on the battlefield. The military would use music to communicate various orders and information.

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America's	27:31	27:31	REC	PA/O/E	1/9/2020	9:00 PM
Hidden History #204					1/10/2020	1:30 AM
					1/17/2020	1:30 AM

Education

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Ft. Laramie, Wyoming, visiting one of the oldest post office locations in Wyoming, where the Pony Express had one of its offices. Next, they travel to Cody, Wyoming to tell us how Bronco Charlie, also known as Bronco Carlos, became one of the youngest and most famous guys ever to ride in the Pony Express, delivering mail on horseback across the country until the invention of the telegraph. He later became a part of Buffalo Bill's show, The Wild West, and even served in the military in the later years of his life. Jonathan Richie, a WallBuilders Junior Historian, shows various artifacts from the Pony Express.

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America's	27:31	27:31	REC	PA/O/E	1/23/2020	9:00 PM
Hidden History #205					1/24/2020	1:30 AM

Education

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, go on location to Cascade, Montana where Mary Fields, known as Stagecoach Mary; was the first black female mail carrier in the United States and the first black person to live in Cascade. Next, they travel to New York, the birthplace of Jedediah Smith, one of the most significant discoverers and explorers in American history. He was the first American to go across the Rockies from the east to the west ending up in California, then left California to go back East across the Sierra Nevadas, ending up in what we call Nevada, and explored the vast desert through the Great Salt Lake Basin from north to south and from east to west, mapping out what we call the Oregon Trail. Jonathan Richie, a WallBuilders Junior Historian, shows various artifacts.

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America's Hidden History #206	27:31	27:31	REC	PA/O/E	1/30/2020 1/31/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, go to The National Annie Oakley Center at Garst Museum in Greenville, Ohio; the National Cowgirl Museum and Hall of Fame in Fort Worth, Texas; and the Buffalo Bill Center of the West Museum in Cody, Wyoming; to talk about one of the most famous names in American history; Annie Oakley. A sharpshooter, she also became known as "Little Sure Shot" and one of the leading stars in Buffalo Bill's Wild West Show. Jonathan Richie, a WallBuilders Junior Historian, shows artifacts Annie Oakley used during one of her shows.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #207	27:31	27:31	REC	PA/O/E	2/6/2020 2/7/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Charleston, South Carolina to tell us about John Marrant. As a young black boy, John Marrant was converted to Christianity under the ministry of George Whitefield. His conversion was so dramatic he successfully evangelized Native Americans, even living among them for years, and later became an ordained minister. Jonathan Richie, a WallBuilders Junior Historian, shows us a copy of the Narrative of the Life of John Marrant. Next, David and Tim travel to Philadelphia, Pennsylvania in front of City Hall, where a statue of John Wanamaker still stands today. John Wanamaker was a very successful businessman, a Christian leader in the town, was involved in politics on some levels, and even financed the founding of Mother's Day. He opened John Wanamaker's Department Store, which became the largest department store in the world. His business philosophy of treating others as you would want to be treated, and his numerous innovations, completely transformed the way all department stores, and most business, was done going forward. John Wanamaker was also the Founder of Bethany Presbyterian Church, which began as a Sunday school. Jonathan Richie, a WallBuilders Junior Historian, shows us several books distributed from the American Sunday Schools Union.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #208	27:31	27:31	REC	PA/O/E	2/13/2020 2/14/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Woodstock, Virginia; Valley Forge, Pennsylvania; New York City; and Washington, D.C. to tell us about the Muhlenberg brothers. Both Lutheran ministers, John Peter Gabriel Muhlenberg served in the American Revolution and Frederick Augustus Muhlenberg, became the first Speaker of the House and signed the Bill of Rights. Jonathan Richie, a WallBuilders Junior Historian, shows us various artifacts from the Muhlenberg brothers.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #102	55:30	55:30	REC	PA/O/E	2/17/2020 2/17/2020 2/18/2020 2/25/2020	9:00 PM 10:00 PM 4:00 PM 2:00 AM

Today on America's Hidden History, in honor of President's Day, David Barton, Historian and Founder of Wallbuilders; and Tim Barton, President of WallBuilders; are joined by Historian and New York Times Best-Selling Author, Steven Mansfield; to discuss various presidents from past to present. We learn about George Washington, John Adams, Thomas Jefferson, Abraham Lincoln, John Quincy Adams, James A. Garfield, Franklin D. Roosevelt, Harry S. Truman, and Dwight D. Eisenhower; and various artifacts from their lifetime.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #209	26:00	26:00	REC	PA/O/E	2/20/2020 2/21/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to New York and Oregon to tell us about Jason Lee, a minister for the Wesleyan Methodists, and the founder of Oregon. He was the first missionary to travel from the east to the west. He helped establish the Willamette Cattle Company and Willamette University. Jonathan Richie, a WallBuilders Junior Historian, shows us various artifacts about Jason Lee. Next, David and Tim travel to New York to talk about Marcus and Narcissa Whitman, two Christian missionaries who helped to blaze the Oregon Trail. David and Tim also go to Walla Walla, Washington where the Whitmans built a mission among the Cayuse Indians. The Whitman's death led to Oregon becoming an official territory, as well as Washington, five years later. Jonathan Richie, a WallBuilders Junior Historian, shows us the autobiography "How Marcus Whitman Saved Oregon" and a tomahawk used during that time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #210	27:31	27:31	REC	PA/O/E	2/27/2020 2/28/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Plymouth, Massachusetts to discuss the life of Squanto. While many are familiar with the name Squanto associated with Thanksgiving with the Pilgrims, Squanto was a Wampanoag Indian who was instrumental in the survival of the Plymouth colonists, which made America possible. Jonathan Richie, a WallBuilders Junior Historian, shows us The New England Memorial, one of the first books published by the pilgrims. Next, David and Tim travel to Jamestown to tell us about Pocahontas, a young Indian girl responsible for the success of the Jamestown colony and Virginia as a whole. Pocahontas also became the first Christian of that Nation. WallBuilders Junior Historian, Johnathan Richie, shows us an engraving of Pocahontas interposing and saving the life of Captain John Smith, as well as government records of the painting of Pocahontas and the baptism of Pocahontas in the Capitol.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #211	27:31	27:31	REC	PA/O/E	3/5/2020 3/6/2020	9:00 PM 1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Sullivan Island and Secessionville in South Carolina to discuss the life of Robert Smalls. Although born into slavery, Robert Smalls, a black man, was placed in the Confederate Navy, to pilot the Planter Ship. Over time, he and his crew sought freedom and successfully turned over their ship to the Union Navy. Robert Smalls continued to pilot ships, but for the Union Navy, providing vital information significant to the battle in the Charleston Harbor during the American Revolution. He later became the first black captain of a naval vessel in the Civil War, a successful businessman, and served in the U.S. House of Representatives. Johnathan Richie, WallBuilders Junior Historian, shows us pictures and articles about Robert Smalls, a national hero.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #212	27:30	27:30	REC	PA/O/E	3/12/2020	9:00 PM
					3/13/2020	1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Essex, Massachusetts, just outside of Ipswich to the home of John Wise, a pastor and the first individual from an indentured family to go to Harvard. He helped to establish law called 'due process rights.' John Wise was a leader on issues of state as well as the church, establishing "*The Churches Quarrel Espoused*" and the "*Vindication of the Government of New England Churches*," providing the principles of self-government. His ideas later became prevalent in the *Declaration of Independence*. Johnathan Richie, WallBuilders Junior Historian, shows us a copy of the "*Vindication of the Government of New England Churches*." Next, David and Tim travel to Carlisle and Valley Forge, Pennsylvania, and to the Monmouth Battlefield in Monmouth County, New Jersey, where they discuss the life of Mary Ludwig Hays, also known as Molly Pitcher; a name given to many women who served throughout the American Revolution. Mary Hays received recognition from General Washington for her bravery and sacrifice during the Battle of Monmouth, which began the nickname Sergeant Molly, and in 1822 the Pennsylvania legislature voted to give her a pension as a retired veteran. Johnathan Richie, WallBuilders Junior Historian, shows us an engraving of Mary Hays and several early American cannon balls used in the American Revolution.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
America's Hidden History #213	26:00	26:00	REC	PA/O/E	3/19/2020	9:00 PM
					3/20/2020	1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel just outside Chattanooga, Tennessee to the Chickamauga Battlefield to discuss the life of John Clem. Only nine years old, John Clem ran away from home, followed the Michigan 22nd Infantry, found a drum and became a drummer for them. At the Battle of Shiloh he got the nickname Johnny Shiloh after a fragment shell blew up his drum as he was drumming. When he was twelve years old, John Clem shot and killed a confederate officer and was promoted to Sergeant during the Civil War. Later, General Grant promoted John Clem to Lieutenant and he continued his military career through World War I. On his retirement, John Clem was promoted to Brigadier General and Congress further honored John by promoting him to Major General; a two-star general. Johnathan Richie, WallBuilders Junior Historian, shows us pictures of John Clem and his Soldiers Handbook. Next, David and Tim travel to the Audie Murphy American Cotton Museum in Greenville, Texas and the World War II Memorial in Washington D.C., where we learn about Audie Murphy; considered the most decorated soldier from World War II and in military history, receiving the second highest award of The Distinguished Service Cross, as well as the Medal of Honor. Johnathan Richie, a WallBuilders Junior Historian, shows us Audie Murphy's autobiography entitled "To Hell and Back" and a M1 Grand rifle and ammunition used in World War II. Audie Murphy later developed a twenty-year acting career with more than forty movies made. One of his more famous movies are the Red Badge of Courage and To Hell and Back.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Building on the American Heritage Series #1	26:00	26:00	REC	PA/O/E	3/26/2020	9:00 PM
					3/27/2020	1:30 AM

Today on Building on The American Heritage Series, Historian, David Barton, answers various questions such as "Are we or are we not a Christian nation?" "Why should I as a Christians be involved in government when my main focus under the Great Commission is to share the Gospel?" "Isn't God going to pick the rulers regardless of whether I am involved or voting in the election?" "Doesn't the Bible say to submit to authority and not disagree?" David shares historical facts and biblical references of how Christianity has shaped and molded America.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It #109	24:34	24:34	REC	PA/O/E	3/7/2020	8:00 PM
					3/7/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Philadelphia, Pennsylvania to visit The College of Physicians, Home of the Mutter Museum. The College of Physicians is the oldest professional society in continuous operation in the United States. It's "college" as in "colleague" is not a degree-granting institution, but a place where doctors from all hospitals and universities could meet to share their ideas, techniques and camaraderie. Curator, Anna Dhody, gives us a tour and explains various historical facts about the human body.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #11620	54:15	54:15	REC	PA/O	1/16/2020	7:00 PM
					1/16/2020	10:00 PM
					1/17/2020	4:00 PM
					1/23/2020	2:00 AM

Tonight on Praise, Mike Rowe says the definition of a good job is not an inherent thing, we get to decide. We decide where the nobility and dignity are. You really can't be curious without being humble. If you're curious, it's because you don't know something and if you admit that you don't know something then it's hard to be haughty. For the last forty years, society bought into the idea that the best path for most people is a four-year degree, which just happens to be the most expensive path as well. In high school, originally 'Shop' was called 'Vocational Arts.' So when they took the art out of the vocation arts, it became 'Vo-Tech' which then became 'Shop' which was ultimately taken out of high schools. This is the result of taking the art out of the work. The unintended consequences after removing vocational classes from schools was an enlarged skills gap, the cost of college went through the roof, and a lot of well-educated but untrained kids moved back in with their parents. In his view, we're sitting on 1.6 Trillion Dollars of student loans and 7.3 million terrific opportunities, most of which don't require a four-year degree, and we're struggling to fill them.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #22520	55:00	55:00	REC	PA/O/E	2/25/2020	7:00 PM
					2/25/2020	10:00 PM
					2/26/2020	4:00 PM
					3/4/2020	2:00 AM

Tonight on Praise, Dr. James Tour, Professor at Rice University and Nanotechnologist, talks about the study of nanotechnology, the origin of life, laser-induced graphene, and the Gospel message.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It #316	24:29	24:29	REC	PA/O/E	1/4/2020	8:00 PM
					1/4/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to Dr. Mutt Merrit, Director of Horn Point Laboratory Oyster Hatchery at the University of Maryland Center for Environmental Science, who is on a mission to save America's largest estuary; the Chesapeake Bay. By the 1970's various factors caused the Chesapeake Bay to lose ninety-nine percent of its native oyster population. Oysters are known as the kidney's of the bay, filtering out impurities in the water. So, saving the bay means saving the oysters by maximizing the ecological benefit of oysters to the bay.

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Education

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It	24:32	24:32	REC	PA/O/E	2/1/2020	8:00 PM
#104					2/1/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Laurel, Maryland to Patuxent Wildlife Research Center to work with Dr. John French and his team who are striving to save the whooping crane from extinction through the Whooping Crane Restoration Program. Native to North America, only twenty-two birds were alive in 1942. Today there are over five hundred in total. The goal is to remove the whooping crane from the endangered species list when they are confident that there are many birds in the wild capable of reproducing themselves.

Education

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Somebody's Gotta Do It	24:35	24:35	REC	PA/O/E	3/14/2020	8:00 PM
#110					3/14/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to New Albany, Indiana to meet Chad Pregracke, President and Founder of Living Lands and Waters. Along with a group of volunteers, they travel to the Ohio River to pick up and haul away trash. Rivers are important for so many reasons. Rivers provide our daily drinking water. Without rivers wildlife would not survive. Rivers are also crucial for the transportation of goods, carrying more tons with less fuel than trucks or trains. People litter and litter is plugging up our nation's waterways. After 831 clean ups, in 23 rivers, in 20 states, over 9.2 million pounds of trash have been removed by hand.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	28:30	28:30	LCL	PA/O	1/22/2020	3:30 PM
#TCOB-1909					1/24/2020	3:30 AM

Obesity in America has reached epidemic proportions with 1 in every 3 adults considered obese. The reasons behind this dangerous and growing health crisis may not always be what you expect. In any case, losing the weight is a journey. Keeping it off can be even harder. On this episode of "Taking Care of Business" we will discover that how we choose to lose weight is just as important as why.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	28:30	28:30	LCL	PA/O	3/18/2020	3:30 PM
#TCOB-1921					3/20/2020	3:30 AM

A generation ago, we were fascinated by and allured to smoke cigarettes. Today, vaping is the trendy alternative to smoking. Is it safer? Is it causing a reduction in smoking overall or is it just creative marketing? Find out on this edition of Taking Care of Business.

Health

Huckabee #129	50:30	7:00	REC	PA/O/E	3/21/2020	7:00 PM
					3/21/2020	10:00 PM
					3/22/2020	8:00 PM

Tonight on Huckabee, Dr. David M. Aronoff, M.D., Director of the Division of Infectious Diseases at Vanderbilt University, talks about personal safety and the coronavirus COVID-19. Compared to other viruses, the key difference is how easy it transmits and that it causes severe disease. In countries that have already gone through much of the coronavirus pandemic, such as China, South Korea, and Italy, we are beginning to see some cresting. Most people that get infected with the virus are asymptomatic or have very mild symptoms. Only about twenty percent of people have a difficult time with this infection and need perhaps to be hospitalized. Currently, only ten percent are needing to be in the intensive care unit. Somewhere between one and three percent of people who get infected are dying from this infection. While the use of malaria medicine as a potential cure for coronavirus is promising, is inexpensive, and has a very long safety record in human use, we do not yet know how effective it will be. Safety measures include not touching your face, wash hands with soap and water for twenty seconds, use hand sanitizer if you do not have soapy water, avoid shaking hands and hugging, cough in the corner of your elbow instead of in your hands, try to be a home-body and go out in public when absolutely necessary. One of the main lessons we keep learning about infectious diseases is how much they can disrupt society, politics, culture, and the way we interact.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #40919	59:57	59:57	REC	PA/O/E	1/2/2020	3:00 AM
					1/6/2020	12:00 AM
					1/14/2020	3:00 AM
					1/23/2020	7:00 PM
					1/23/2020	10:00 PM
					1/24/2020	4:00 PM
					1/25/2020	3:00 AM
					1/27/2020	1:00 AM
					1/30/2020	2:00 AM
					2/3/2020	3:00 AM
					2/3/2020	7:00 PM
					2/3/2020	10:00 PM
					2/4/2020	4:00 PM
					2/11/2020	2:00 AM
					2/13/2020	3:00 AM
					2/17/2020	3:00 AM
					2/25/2020	3:00 AM
					3/7/2020	3:00 AM
					3/7/2020	4:00 AM
					3/9/2020	1:00 AM
3/16/2020	3:00 AM					
3/26/2020	3:00 AM					

Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet, which is so important that it makes up ninety percent of our bodies tissues and organs. Thirty percent of all of the protein in our body is collagen, such as our skin, hair, nails, bones, discs, ligaments, tendons, connective tissue, and gut lining. What is the one food that people have been given throughout history when they're not feeling well, post-surgery in a hospital, even today all around the world, and what does grandma give you when you're feeling under the weather? Chicken soup; which is really a bone broth or chicken soup made from the bones, joints, and ligaments of the animal. Today, we skip the soup and we go for the chicken breast, nuggets, tenders, beef tenderloin and the burger. In our history when we ate meat; fish, poultry, or red meat, we would eat the meat and take the bones and make a soup, stock, or broth. The way we look, feel and move is largely related to the amount of collagen in our body, and as we age, we slow down production and eventually stop producing collagen. Multi-Collagen Protein was developed by Jordan Rubin and Dr. Josh Axe to provide people with an easy, simple way, to get collagen in the diet, in the right amounts, in virtually every meal. While calcium is needed for strong bones, there is more collagen in your bones than calcium and all other minerals combined, and it is essential for our health. When you consume collagen peptides, small chains of protein, your body begins to regenerate its collagen supply. When selecting collagen, there are various types of collagen, and just like we need multiple types of vitamins, minerals, and antioxidants, we need multiple types of collagen.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #10720	55:20	55:20	REC	PA/O/E	1/7/2020	7:00 PM
					1/7/2020	10:00 PM
					1/8/2020	4:00 PM
					1/15/2020	2:00 AM
					1/27/2020	7:00 PM
					1/27/2020	10:00 PM
					1/28/2020	4:00 PM
					2/4/2020	2:00 AM

Tonight on Praise, Dr. Scott Hannen, Licensed Chiropractic Physician, Ordained Minister, and Author of "Stop the Pain Six to Fix," shares that pain is something that everyone has dealt with at some point in their life. Pain is the number one thing that causes people to go to the doctor. The body has an alarm system (pain) that is trying to tell you that something is not correct. If you continue to do something that is not correct you bring injury into the body. The six to fix are: 1. Biomechanics 2. Oxidation 3. Immune Response 4. Inflammation 5. Neural Reprogramming and 6. Spiritual Alignment.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #32620	54:00	54:00	REC	PA/O	3/26/2020	7:00 PM
					3/26/2020	10:00 PM
					3/27/2020	4:00 PM
					3/29/2020	10:30 PM

Tonight on Praise, Dr. Josh Axe, Chiropractic Physician and Nutritionist, joins America's Biblical Health Coach, Jordan Rubin, to discuss the top foods, essential oils, supplements, and the power of prayer, to help strengthen and optimize our immune systems. A free "optimize your immune system" e-guide is available at tbn.org/immunesupport.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #33120	55:15	55:15	REC	PA/O	3/31/2020	7:00 PM
					3/31/2020	10:00 PM

Tonight on Praise, Dr. Scott Hannen discusses the Coronavirus; COVID-19. CO stands for Coronavirus, VI stands for Virus, D stands for Disease, and 19 is the year (2019) it was identified. Since it is a new strain or new virus, the Coronavirus is called a novel virus. COVID is an umbrella of viruses, such as Sars and the common cold. Like most flus, the way it proliferates is there will be a peak, it will flatten, then it will decline. The goal is to try to do everything you can in your immune system to try to remain resistant to it. The cure is always going to be prevention first, followed by medical care. Currently, there is no cure for COVID-19. There are some things you can do to safeguard and try to help your body to resist such as taking Vitamin C with bioflavonoids, Vitamin D3, Zinc (zinc with copper formula), Vitamin E, Proanthocyanidins (found in grapeseed extract and pine bark). Over the next few weeks it would be to your advantage to refrain from refined sugars, smoking and tobacco products, alcoholic beverages, breathing aerosols, and immune suppressing drugs. Go to [TBN.org/Dr. Hannen](http://TBN.org/Dr.Hannen) for free information (cheat sheet). Dr. Hannen reports that in America 50,000 suicides are committed annually and there have been 35,000 suicides for this virus worldwide. He encourages viewers not to allow fear into our spirit for God has not given us the spirit of fear. God's peace is greater.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Praise #92419	58:00	58:00	REC	PA/O/E	2/16/2020	2:00 AM

Tonight on Praise, Founder of Hope Generation, Best-Selling Author, TV and Radio Host, Ben Courson, shares that the title of his book "OPTIMISFIT" is a made-up word. It's an optimistic misfit; someone who lives as a non-conformist adventurer with childlike wonder, and unapologetic optimism. Someone who ignites a fearless rebellion against hopelessness. He shares that there are people committing suicide once every forty seconds. There are 123 suicides a day in America alone and it's been reported that it's increasing by thirty percent nationally. Americans consume more pills due to anxiety and depression than the rest of the planet earth combined by three times over. Studies reported that anti-depressants are the number one, and some reports show number two, best-selling prescribed medications. Ben goes on to share that after God delivered him from battles with mental illness, depression, and being suicidal, he became zealous and passionate about seeing this generation find the cure to depression, which he believes is found in walking with, talking to, living for, leaning into, and depending on the God of hope. Scientific neurological research has found that when you pray about your hopes, your fears, and your dreams, it has the same effect on your brain as therapy.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #26	27:11	27:11	REC	PA/O/E	1/2/2020	12:29 PM

Today on Better Together the ladies discuss overcoming shame.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #106	25:50	25:50	REC	PA/O/E	1/13/2020	12:29 PM

Today on Better Together the ladies discuss mending our wounded minds and hearts through inner healing. They share their journey and how they regained power and freedom through telling their story.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #76	27:45	27:45	REC	PA/O/E	3/9/2020	12:29 PM

Today on Better Together the ladies discuss mental health, suicide, shame and grief. Kayla Stoecklein shares her husband's battle with depression and the unexpected loss that shook her family, church, and community.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #77	27:33	27:33	REC	PA/O/E	3/10/2020	12:29 PM

Today on Better Together the ladies discuss grief and the loss of a child. Dr. Cheryl Salem shares her daughter's battle with an inoperable brain tumor and how her family found hope after devastating loss.

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #78	27:29	27:29	REC	PA/O/E	3/11/2020	12:29 PM

Today on Better Together the ladies discuss grief. Dr. Rhiannon Bell shares how to recognize the aftershocks of grief, navigate triggers and begin the journey to recovery.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Taking Care of Business #TCOB-1916	28:15	28:15	LCL	PA/O	2/19/2020 2/21/2020	3:30 PM 3:30 AM

In a recent year, 47,000 individuals committed suicide in this country, 70,000 people died of drug overdose and many more died because of alcohol addictions. What is happening and, more importantly, what is being done to intervene? Depression and addictions are causing more suicide related deaths than at any other time in American history. Self-harm is not always caused by a gun; often it is a drug overdose or alcohol induced event. On this edition of Taking Care of Business, see the sad realities facing our society and meet those who are trying to intervene.

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