

4th QUARTERLY PROGRAMMING LIST October 1st- December 31st 2021

LEADING COMMUNITY ISSUES IN CENTRAL JERSEY

Education
Employment, Finances, Business & Economy
Health & Public Safety
Mental Health Issues
Government & Politics
Community & Fundraising

The following is a description of WMGQ's regularly scheduled Public Affairs programs:

RADIO HEALTH JOURNAL

A weekly 30-minute program focusing on current issues in health and medicine, with America's leading health experts and the latest news in medical research Sunday 6:00 am - 6:30 am

VIEWPOINTS

A weekly 30-minute program focusing on business, economics, mental health, family issues, education, popular culture, media, current affairs, government, technology, agriculture, environment, public safety and consumerism.

Sunday 6:30 am - 7:00 am

WMGQ, Magic 98.3 FM is Central Jersey's choice for music and information. WMGQ's mix of music and up-to-the-minute news, traffic and weather keeps Central Jersey informed. In addition to WMGQ's 3 weekly public affairs programs, the station also provides the following services:

Newscasts two times an hour from 5:30am – 8:00am Monday through Friday

Traffic updates three times an hour 5:45am – 9:00am and three times per hour 4:00pm –

7:00pm Monday through Friday

Weather updates every hour 24 hours a day, 7 days a week

Viewpoint

Program 21-40

Air Week: 10/3/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: STAYING HEALTHY THROUGH THE END OF 2021 WITH DELTA IN THE BACKGROUND

Time: 1:47

Duration: 9:26

Synopsis: I don't know if it's just us, but this year really has flown by. It's odd to think that 2022 is only three months away. Unfortunately, the Delta variant is causing the COVID-19 pandemic to still linger on this year, but many are optimistic that the worst is now behind us. Pediatrician Dr. Jenna Wheeler joins us this week to offer up some advice on holiday gatherings, keeping healthy through flu season and the importance of getting younger children vaccinated as soon as they're eligible.

Host: Gary Price

Guests: Dr. Jenna Wheeler, pediatric critical care physician, Arnold Palmer's Children's Hospital.

Issues Covered: Child Development, Parenting, Education, Pediatric Health, Travel

Links for more info:

Holiday Tips from the CDC

Jenna J Wheeler, MD - Pediatric Critical Care Medicine

SEGMENT 2: THE MYSTERIES OF ALZHEIMER'S DISEASE

Time: 13:14

Duration: 9:42

Synopsis: Alzheimer's was first described in a female patient back in 1906. For many decades, scientists have been trying to decode this disease with no avail. Instead, more questions keep popping up as we learn more about this complex disease and face dead ends in treatment exploration. Two experts in the field join Viewpoints this week to shed some light on modern Alzheimer's research.

Host: Marty Peterson

Guests: Dr. Robert Vassar, scientific director, behavior neurology, Northwestern University Feinberg School of Medicine, director, Alzheimer's Disease Research Center, Mesulam Center for Cognitive Neurology and Alzheimer's Disease at Northwestern University; Dr. Karl Herrup, professor, neurobiology, investigator, Alzheimer's Disease Research Center at the University of Pittsburgh School of Medicine, author, How Not to Study a Disease: The Story of Alzheimer's

Issues Covered: Disease, Science, Technology, Aging, Scientific Research

Links for more info:

Alzheimer's Association , Alzheimer's Disease & Dementia Help

<u>Inside the Brain - Brain Basics</u>

Robert J Vassar: Faculty Profile: Faculty Profiles

Karl Herrup, PhD, Alzheimer's Disease Research Center

How Not to Study a Disease

CULTURE CRASH: HALLOWEEN HORROR

Time: 23:57

Duration: 2:30

Synopsis: We explore one of our favorite horror franchises, Scream, now streaming on HBO Max.

Host: Evan Rook

Issues Covered: Film, Culture

Program 21-41

Air Week: 10/10/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: FANCY A BEER?

Time: 1:47

Duration: 9:47

Synopsis: How long do you think beer has been around for? Well, archaeologists have recently discovered proof of beer-making in the Middle East dating back more than thirteen thousand years. While the rise of hard seltzers has been making headlines lately, beer has a rich cultural history and has evolved as a drink over thousands of years. Two brew experts join us this week to uncover some interesting facts about the beer world.

Host: Gary Price

Guests: Dr. Jeffrey Pilcher, professor, history, University of Toronto; Rich Higgins, master cicerone.

Issues Covered: Agriculture, Archaeology, Business, Culture, History, Science

Links for more info:

Master Cicerone Certification – The Ultimate Test of Beer — Cicerone.org

The Beer Archaeologist, History, Smithsonian Magazine

<u>Jeffrey Pilcher</u>, <u>Department of History</u>, <u>University of Toronto</u>

Rich Higgins: Virtual Beer Tasting, RichHiggins.com

SEGMENT 2: THE MODERN LIBRARY

Time: 13:21

Duration: 9:10

Synopsis: When's the last time you visited your community library? If it's been awhile, there's a large chance a lot has changed in recent years. Many libraries have stepped up and evolved during the pandemic to offer more remote classes and resources, as well as a place to work and connect with others if you need to get out of the house. The best part? It's all free.

Host: Marty Peterson

Guests: Joyce Cooper, director, branch library services, Los Angeles Public Library.

Issues Covered: Career, Community, Education, Internet, Literature, Public Resource

Links for more info:

Los Angeles Public Library

LAPL Labs: Creativity Within Reach

Fund Libraries Campaign, Advocacy, Legislation & Issues – American Library Association (ALA)

CULTURE CRASH: THE STAGGERED RISE TO STARDOM

Time: 23:30

Duration: 2:56

Synopsis: Dominic Fike, a popular, up-and-coming musician, performed recently at the Firefly Music Festival in Delaware. We discuss his performance at the highly anticipated event and the difficult task of becoming not only a great musician, but performer as well.

Host: Evan Rook

Issues Covered: Culture, Music, Music Industry

Program 21-42

Air Week: 10/17/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MODERN PET: A MUCH-ADORED FAMILY MEMBER

Time: 1:47

Duration: 12:03

Synopsis: You may have held out on getting a pet for years and years, but when the pandemic hit, it seemed like an opportune time to add a new furry member to the family. Today, more than 70 percent of Americans own one pet or more, and this number is only set to increase in coming years. We speak with two pet experts this week about the evolving sector and the pedestal we place our pets on in this country.

Host: Gary Price

Guests: Mark Cushing, founder, CEO, Animal Policy Group, author, Pet Nation: The Inside Story of How Companion Animals Are Transforming Our Homes, Culture, and Economy; Dan Rubenstein, CEO, PUPS Pet Club.

Issues Covered: Business, Personal Finance, Relationships, Culture, Animal Welfare

Links for more info:

<u>'The Future of Pet Care' - Today's Veterinary Business</u> | An Official Journal of NAVC

'New ASPCA Survey Shows Overwhelming Majority of Dogs and Cats Acquired During the Pandemic Are Still in Their Homes' -The American Society for the Prevention of Cruelty to Animals

PUPS Pet Club - "Chicago's premier pet care provider"

Pet Nation by Mark Cushing | Penguin Random House publishing

SEGMENT 2: THE HICCUPS IN FOOD MESSAGING & NUTRITION AT THE FDA

Time: 15:38

Duration: 6:58

Synopsis: The FDA is a massive organization that handles a wide variety of regulations and responsibilities. However, some critics argue that the FDA has failed to evolve with the times, spending large amounts of resources on dated measures and messaging tactics. Former FDA employee Dr. Richard Williams joins us this week to highlight some of these issues within food messaging and nutrition guidelines.

Host: Marty Peterson

Guests: Dr. Richard Williams, former director, Center for Food Safety and Applied Nutrition, FDA, author, Fixing Food: An FDA Insider Unravels the Myths and Solutions.

Issues Covered: Marketing, Nutrition, Food Science, Government, Technology, Health, Public Health

Links for more info:

What We Do - U.S. Food and Drug Administration

'FDA renegade exposing the truth behind regulation' - richardawilliams.com

The New Nutrition Facts Label: What's in it for You? education campaign-FDA

Fixing Food by Richard A. Williams, PhD

CULTURE CRASH: THE VIEWING EXPERIENCE

Time: 23:35

Duration: 2:52

Synopsis: We discuss the dilemma of cropping full screen shows and films to fit our modern, widescreen TV's. Many who are against this edit argue that changing the format ruins the originality and nostalgia of the media.

Host: Evan Rook

Issues Covered: TV, Film, Culture

Program 21-43

Air Week: 10/24/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE RISE OF 'INFLUENCE' IN THIS WORLD

Time: 1:47

Duration: 9:42

Synopsis: Being an influencer has turned into a career option for some, and today, some college students are pursuing degrees in social media to work within the industry or try their hand at becoming an influencer themselves. We discuss the state of social media education and the larger implications of this shift in modern culture.

Host: Gary Price

Guests: Dr. Robert Kozinets, Professor of Journalism and Marketing, University of Southern California Marshall School of Business; Dr. Grace Choi, assistant professor, social media, digital strategy, Columbia College Chicago.

Issues Covered: Social Media, Business, Communication, Education, Career, Technology

Links for more info:

Robert Kozinets - USC Annenberg School for Communication and Journalism

PR 499 Influencer Relations Syllabus - USC Annenberg

Social Media Degree Program - Columbia College Chicago

Grace Choi - Columbia College Faculty

'Big 'gram on campus: At USC, students train to become influencers' - NBC News Article

SEGMENT 2: THE 150TH ANNIVERSARY OF THE GREAT CHICAGO FIRE

Time: 13:31

Duration: 9:06

Synopsis: It's been a century and a half since the fire that reshaped the Chicago landscape took hold across the city. Chicago History Museum curator Julius L. Jones joins us this week to discuss some interesting historical facts about the fire that you've probably never heard before.

Host: Marty Peterson

Guests: Julius L. Jones, historian, curator, Chicago History Museum.

Issues Covered: Public Safety, American History, Architecture, History, Urban Design

Links for more info:

Exhibitions at the Chicago History Museum

Julius L. Jones - Chicago History Museum Curator, 2021-present

'Everything went wrong' — remembering the Great Chicago Fire on its 150th anniversary - Chicago Sun Times Article

How the Great Fire changed Chicago architecture - Chicago Sun Times Article

CULTURE CRASH: THE SENSATIONAL "SQUID GAME"

Time: 23:36

Duration: 2:50

Synopsis: Netflix's new release, "Squid Game" has become an overnight sensation, garnering more than 111 million views from accounts in just its first few weeks on the platform. What makes the show just so good?

Host: Evan Rook

Issues Covered: TV, Culture

Program 21-44

Air Week: 10/31/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MENTAL TOLL OF TEACHING

Time: 1:47

Duration: 8:46

Synopsis: Across the U.S., many teachers are simply overwhelmed. In their careers, they're not only an educator, but a leader, listener and mentor. They play many other roles than simply teaching students the set curriculum. However, the pandemic has exacerbated these duties and some educators are perpetually stressed and leaving the field for good. We speak with two education experts about the current classroom landscape and what schools can do to fully support their teachers to make sure their needs are heard.

Host: Gary Price

Guests: Dr. Olga Acosta Price, associate professor, Milken Institute of Public Health, George Washington University, director, Center for Health and Health Care in Schools; Sue Gaertner, director, Trinity Church Nursery School.

Issues Covered: Mental Health, Health, Human Resources, Education, Career

Links for more info:

Olga Acosta Price, PhD - George Washington University Milken Institute School of Public Health in Washington, D.C.

Wilmette Illinois Preschool

Trinity Church Nursery School - Wilmette, Illinois Preschool

"Teacher shortages impacting schools nationwide" - Fox Business Article

"Why So Many Teachers Are Thinking of Quitting" - The Washington Post Magazine

SEGMENT 2: LIVING IN POVERTY IN THE RURAL U.S.

Time: 12:34

Duration: 10:02

Synopsis: Poverty exists, but it's hard to grasp what it's really like if you've never experienced it firsthand. Journalist Sarah Smarsh joins Viewpoints this week to share her story of growing up poor in rural America. She shares memories from her childhood and her perspective on how modern culture stigmatizes and traps people stuck in the cycle of poverty.

Host: Marty Peterson

Guests: Sarah Smarsh, journalist, author, Heartland: A Memoir of Working Hard and Being Broke in the Richest Country on Earth.

Issues Covered: Public Assistance, Wealth Inequality, Inequality, Poverty, Wealth Gap

Links for more info:

Sarah Smarsh - Journalist & Author of Heartland, Finalist for the National Book Award

Income and Poverty in the United States: 2020 - United States Census Bureau

Poverty increased amid the pandemic after years of decline, but government relief made a difference - Boston University

<u>Heartland by Sarah Smarsh - Official Publisher Page</u>

CULTURE CRASH: THE NEVER-ENDING MOVIE FRANCHISES

Time: 23:35

Duration: 2:52

Synopsis: We explore the long list of film franchises the seem to go on forever. Among these are the Star Wars franchise and the most recent installment in the Bond series, No Time to Die.

Host: Evan Rook

Issues Covered: Film, Culture

Program 21-45

Air Week: 11/7/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE LANDSCAPE OF FOOD INSECURITY AS FOOD PRICES CONTINUE TO SOAR

Time: 1:47

Duration: 8:15

Synopsis: In 2020, nearly 40 million Americans lived in food-insecure households. With food prices rising

across the country, food insecurity is only set to worsen, disproportionately affecting minority

populations. How can people help?

Host: Gary Price

Guests: Dr. Priya Fielding-Singh, sociologist, assistant professor, Department of Family and Consumer Studies, University of Utah, author, How the Other Half Eats; Zuani Villarreal, director, communication,

Feeding America.

Issues Covered: Nutrition, Inequality, Government, Parenting, Poverty, Public Assistance, Health, Food

Insecurity

Links for more info:

Take Action - Help support Feeding America's initiatives

USDA Economic Research Service | Food Price Outlook, 2021 - Summary findings

New York Times - "Higher Food Prices Hit the Poor and Those Who Help Them"

Priya Fielding-Singh, Ph.D.

How the Other Half Eats: The Untold Story of Food and Inequality in America

SEGMENT 2: CRAFTING KOREAN FARE

Time: 12:04

Duration: 10:35

Synopsis: Sharing a meal and trying something new is not only a way to expand your palate, but to learn about foreign cultures, customs, and traditions. We speak with Korean cook, Joanne Molinaro about her early memories of food and family and the traditional Korean recipes and ingredients that make up the cuisine.

Host: Marty Peterson

Guests: Joanne Molinaro, lawyer, author, The Vegan Cookbook.

Issues Covered: History, Cuisine, Relationships, Personal Finance, Literature, Poverty, Culture

Links for more info:

"The Korean Vegan Bridges Plant-Based Recipes with Her Cultural Identity" - Thrillist

The Korean Vegan - Veganize Korean Food. | Koreanize Everything Else.

Joanne Molinaro - Partner and trial lawyer with Foley & Lardner LLP's Chicago office

"Korean food: 40 best dishes we can't live without" - CNN.com

CULTURE CRASH: CULTURE CRASH: THE RELEASE OF "DUNE"

Time: 23:39

Duration: 2:50

Synopsis: The popular book, "Dune" is now hitting screens in theatres and on streaming platform, HBO Max. We discuss the highly anticipated blockbuster release featuring male lead Timothee Chalamet.

Host: Evan Rook

Issues Covered: Culture, Film

Program 21-46

Air Week: 11/14/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE GREAT RESIGNATION' AS LABOR SHORTAGES CONTINUE

Time: 1:49

Duration: 9:3

Synopsis: Today, there are close to 11 million vacant jobs in the U.S. – a record-breaking number. Why are more Americans not filling these positions? How is this affecting businesses? What will eventually happen if these jobs go unfilled? We explore these questions and more this week as we're joined by hospitality entrepreneur, Ravindra Jayara, and senior labor economist, Dr. Abigail Wozniak.

Host: Gary Price

Guests: Dr. Abigail Wozniak, senior labor economist, Federal Reserve Bank of Minneapolis, director, Opportunity and Inclusive Growth Institute; Ravindra Jayara, owner, Chic Chef Catering.

Issues Covered: Wage Inequity, Domestic Production, Business, Employment Issues, Technology, Labor, Productivity, Career, Economics, Wage Gap

Links for more info:

Abigail Wozniak - minneapolisfed.org

Chic Chef Catering | Catering in Chicago, Wisconsin & Indiana

Industries at a Glance: Leisure and Hospitality

4.3 Million Workers Are Missing. Where Did They Go?' - Wall Street Journal

'Why the labor shortage may go on for much longer' - marketplace.org

SEGMENT 2: THE VAST EXPANSE OF SPACE

Time: 13:24

Duration: 9:02

Synopsis: We've barely just scratched the surface of space exploration. Many scientists at NASA and in the private sector have set their sights on the eventual human mission to Mars – but what lies past the red planet? Will humans one day be able to travel outside of our solar system? Physicist Dr. Daniel Whiteson joins us this week to explain the strange and beautiful intricacies of the cosmos.

Host: Marty Peterson

Guests: Dr. Daniel Whiteson, professor, astronomy, physics, University of California – Irvine, and author of Frequently Asked Questions About the Universe.

Issues Covered: Science, Technology, Film, Physics, Culture, Astronomy, Space Exploration

Links for more info:

<u>Daniel O. Whiteson, PhD - UCI Department of Physics & Astronomy</u>

Daniel Whiteson on Twitter

NASA's Mars Exploration Program

CULTURE CRASH: THE THANKSGIVING SITCOM CLASSICS

Time: 23:26

Duration: 3:02

Synopsis: We explore some of our favorite Thanksgiving-themed episodes to get you in the holiday spirit. We touch on multiple "Friends" features to classic Thanksgiving installments of "The Simpsons" that never get old.

Host: Evan Rook

Issues Covered: Culture, TV

Program 21-47

Air Week: 11/21/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: A BREAKDOWN IN HOUSING

Time: 1:48

Duration: 9:06

Synopsis: In some cities, people are seeing as high as 30 percent increases on monthly rent. For middle and low-income citizens already on a tight budget, it's impossible to make ends meet – especially as prices for food, gas and other basics keep ticking upwards. We speak with two housing experts about the complete lack of affordable housing in this country and the worsening homelessness epidemic.

Host: Gary Price

Guests: Jaimie Ross, CEO, Florida Housing Coalition; Andrew Ross, professor, social & cultural analysis, New York University, and author of Sunbelt Blues: The Failure of American Housing.

Issues Covered: Inequality, Affordable Housing, Government, Poverty, Career, Wage Inequity, Homelessness

Links for more info:

Nonfiction Book Review: Sunbelt Blues: Failure of American Housing by Andrew Ross. Metropolitan, (288p)

<u>Professor Andrew Ross - NYU Faculty webpage</u>

More about the Florida Housing Coalition

Out of Reach 2021 - National Low Income Housing Coalition

Legislative Action Center - National Low Income Housing Coalition

Find Affordable Rental Housing - USA.gov

SEGMENT 2: REGAINING DIGITAL PRIVACY

Time: 12:56

Duration: 9:21

Synopsis: While it may seem like people have some control over privacy settings, this is merely an illusion argues law professor Neil Richards. This week on Viewpoints - we highlight the lack of privacy online and why consumers should expect better from corporations and their government.

Host: Marty Peterson

Guests: Neil Richards, Koch Distinguished Professor in Law, Washington University in St. Louis School of Law, Director, Cordell Institute, author of Why Privacy Matters.

Issues Covered: Advertising, Technology, Cybersecurity, Consumer Rights, Big Data, Business, Privacy, Law, Digital Law, Government

Links for more info:

Neil Richards - WashULaw

Neil Richards (@neilmrichards) on Twitter

Why Privacy Matters by Neil Richards - Powell's.com

The Boston Globe - 'Facebook's next privacy nightmare will be a sight to see'

CULTURE CRASH: A NEW PORTRAYAL OF PRINCESS DIANA

Time: 23:17

Duration: 3:09

Synopsis: Actress Kristen Stewart plays Princess Diana in the highly anticipated release, "Spencer". We highlight Stewart's performance and what we loved about this new take on the late royal.

Host: Evan Rook

Issues Covered: Film, Culture

Program 21-48

Air Week: 11/28/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MENTAL HEALTH EFFECTS OF SOLITARY CONFINEMENT & IMPRISONMENT

Time: 1:47

Duration: 8:57

Synopsis: The United States still has the highest number of inmates in the world, with more than 2 million people behind bars. For a segment of this population, spending weeks, months, or even years in solitary confinement is very much a reality. We speak with two criminal justice experts about the lasting effects of solitary confinement and the mental health crisis plaguing prisons.

Host: Gary Price

Guests: Dr. Keramet Reiter, Professor, Department of Criminology, Law and Society at the University of California – Irvine; Tracy Velazquez, Manager, Public Safety Research, Pew Charitable Trust.

Issues Covered: Mass Incarceration, Law, Inequality, Government, Humane Treatment, Psychology, Criminology, Mental Health

Links for more info:

Keramet Reiter - UCI School of Social Ecology Faculty

Meet the Team - Pew Charitable Trust

The research is clear: Solitary confinement causes long-lasting harm - Prison Policy Initiative

'As Corrections Officers Quit in Droves, Prisons Get Even More Dangerous' - The Marshall Project: Nonprofit journalism

'Groups put pressure on Biden to fulfill campaign pledge to end solitary confinement' - NBC News

Psychological Distress in Solitary Confinement: Symptoms, Severity, and Prevalence in the United States, 2017–2018

SEGMENT 2: THE RICH HISTORY OF COMICS

Time: 12:46

Duration: 10:06

Synopsis: There's nothing quite like comics. The art of illustration mixed with text takes on many forms, including comic strips, books, graphic novels and more. Columbia University professor and author of American Comics: A History Jeremy Dauber joins us this week to help highlight the interesting history of

comics and how it's evolved into a multi-billion-dollar industry today.

Host: Marty Peterson

Guests: Jeremy Dauber, Professor, Jewish Literature & American Studies at Columbia University, and

author of American Comics: A History.

Issues Covered: Writing, Business, Literature, Culture, Arts, Entertainment, History

Links for more info:

American Comics | Jeremy Dauber | WW Norton & Company

JeremyDauber.com

Jeremy Dauber (@JeremyDauber) on Twitter

The Golden Age Of Comics | History Detectives - PBS.org

CULTURE CRASH: EXPLORING THE WONDER OF SCIENCE FICTION

Time: 23:52

Duration: 2:34

Synopsis: The Forward is a science fiction series comprising of six short novellas written by prominent

authors in the genre. We discuss what we like about this unique format.

Host: Evan Rook

Issues Covered: Literature, Culture

Program 21-49

Air Week: 12/5/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: GIVING BACK AS CASH TRANSACTIONS BECOME LESS COMMON

Time: 1:47

Duration: 10:52

Synopsis: Do you find yourself carrying less and less cash in recent years? You're not alone. Last year, cash payments made up about 18 percent of all transactions, according to a national study conducted by the Federal Reserve Bank of Atlanta. For homeless populations and nonprofit fundraisers that rely on inperson cash giving, what's the outlook? How can the public help in different ways or donate through digital transactions?

Host: Gary Price

Guests: Donald Whitehead Jr., Executive Director, National Coalition for the Homeless; Major Kevin Stoops, General Secretary, The Salvation Army Greater New York Division.

Issues Covered: Personal Finance, Nonprofit, Inequality, Technology, Charitable Giving, Poverty, Homelessness

Links for more info:

State of Homelessness: 2021 Edition - National Alliance to End Homelessness

How to Get Help If You Are Experiencing Homelessness - National Alliance to End Homelessness

Ways to Give - The Salvation Army USA

Homeless Shelters - The Salvation Army USA

The National Coalition for the Homeless

SEGMENT 2: TIS' THE SEASON TO TAKE CARE OF YOUR MENTAL HEALTH

Time: 14:41

Duration: 8:24

Synopsis: Last minute emails. Gift buying. Traveling. Sometimes the holiday to-do list can feel neverending. It can be a stressful period. We speak with psychiatrist Dr. Frank Anderson about the importance of setting boundaries and expectations this holiday season.

Host: Marty Peterson

Guests: Dr. Frank Anderson, Psychiatrist, and author of Transcending Trauma: Healing Complex PTSD

with Internal Family Systems Therapy.

Issues Covered: Burnout, Relationships, Stress, Trauma, Communication, Mental Health

Links for more info:

<u>Dealing With Holiday Depression and Stress – Cleveland Clinic</u>

Frank Anderson MD: Trauma Specialist, Author, Psychiatrist

Transcending Trauma: Healing Complex PTSD with Internal Family Systems - Available on Amazon

CULTURE CRASH: A REVIEW OF "TICK, TICK... BOOM!"

Time: 24:05

Duration: 2:23

Synopsis: We share why we think the new Netflix release, "Tick, Tick...Boom!" is perhaps the best

musical movie of 2021.

Host: Evan Rook

Issues Covered: Culture, Music, Film

Program 21-50

Air Week: 12/12/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE MOUNTING STUDENT LOAN CRISIS

Time: 1:47

Duration: 10:11

Synopsis: Federal student loan debt has ballooned in recent years. In 2007, debt totaled \$642 billion dollars. Fourteen years later, this number has risen to close to \$1.7 trillion. More than 43 million

Americans have student loan debt, with the average person owing around \$39,000.

Host: Gary Price

Guests: Josh Mitchell, student debt and economics reporter for The Wall Street Journal, Author of The

Debt Trap: How Student Loans Became a National Catastrophe; Dr. Laura Perna, professor of education, vice provost for faculty, Graduate School of Education at the University of Pennsylvania; Executive

Director of the Alliance for Higher Education and Democracy (AHEAD).

Issues Covered: Economics, Inflation, Student Loan Debt, Higher Education, Personal Finance,

Government

Links for more info:

Student Debt and the Federal Budget: How Student Loans Impact the U.S. Fiscal Outlook - Bipartisan Policy Center

The Debt Trap | Book by Josh Mitchell | Official Publisher Page – Simon & Schuster

Josh Mitchell (@JMitchellWSJ) – Twitter profile

Laura W. Perna – Faculty at University of Pennsylvania Graduate School of Education

"Student Loan Payment Pause Ends In 60 Days, As Advocates Push For Cancellation. Here's The Latest." – Forbes

SEGMENT 2: DECODING THE ROSETTA STONE

Time: 14:00

Duration: 9:11

Synopsis: The Rosetta Stone is an intriguing slab of rock. In short, it's a vital key to understanding the

unique Egyptian language of illustrated text referred to as hieroglyphs. Writer Edward Dolnick joins us

this week to shed some light on the artifact and how the cryptic message was finally decoded.

Host: Marty Peterson

Guests: Edward Dolnick, writer, author of The Writing of the Gods: The Race to Decode the Rosetta

Stone.

Issues Covered: Middle East Culture, Civilization, Literature, Language, History, Archaeology

Links for more info:

The Writing of the Gods: The Race to Decode the Rosetta Stone - Amazon.com

Explore the Rosetta Stone - The British Museum

Rosetta Stone Found - HISTORY.com

CULTURE CRASH: A NEW PERSPECTIVE ON THE FAB FOUR

Time: 24:11

Duration: 2:14

Synopsis: Exclusive to Disney+, the new documentary, "Get Back" follows The Beatles in their natural

element as they record the album "Let It Be".

Host: Evan Rook

Issues Covered: Film, Culture, Music

Program 21-51

Air Week: 12/19/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: OUR DEEP RELIANCE ON SCENT

Time: 1:49

Duration: 8:49

Synopsis: A familiar aroma has the ability to transport us back to a different time in life or remind us of a specific place or person. Smell is deeply connected to memory and emotion, playing a significant role in how we view the world around us. This week – we highlight the power of smell, how our noses process these scents and what it's like when you lose your sense of smell.

Host: Gary Price

Guests: Sharan Sampath; Jude Stewart, journalist, author of Revelations in Air: A Guidebook to Smell.

Issues Covered: Communication, Culture, History, Health, Memory, Senses, Literature

Links for more info:

Revelations in Air: A Guidebook to Smell: Stewart, Jude: 9780143135999: Amazon.com: Books

<u>The Sense of Smell in Humans is More Powerful Than We Think</u>, <u>Discover Magazine</u>

Human nose can detect 1 trillion odors, Nature

Q&A: COVID-19 and loss of smell, taste - Mayo Clinic Health System

SEGMENT 2: THE BROKEN SCHOOL LUNCH SYSTEM

Time: 13:24

Duration: 9:02

Synopsis: For too long, school lunches in the U.S. have been overlooked. Highly processed foods are often quickly thrown together with a hodgepodge of unhealthy ingredients. Brigaid founder Dan Giusti joins Viewpoints this week to share how he, along with hundreds of professional chefs, are redefining the school lunch landscape.

Host: Marty Peterson

Guests: Dan Giusti, former head chef, Noma, founder, Brigaid.

Issues Covered: Nutrition, Child Development, Culture, Education, Health, Cooking

Links for more info:

Brigaid

National School Lunch Program, Food and Nutrition Service - USDA.gov

This Is What America's School Lunches Really Look Like - NPR

About the restaurant: noma

CULTURE CRASH: TIS' THE SEASON FOR X-MAS MUSIC

Time: 23:56

Duration: 2:31

Synopsis: We discuss some of our favorite festive tunes from over the years, including Frank Sinatra's,

"Let It Snow" and Nat King Cole's classic, "Joy to the World".

Host: Evan Rook

Issues Covered: Culture, Music

Program 21-52

Air Week: 12/26/21

Writers/Producers: Amirah Zaveri & Evan Rook

Studio Production: Jason Dickey

SEGMENT 1: THE CONSEQUENCES OF VOTER ERROR

Time: 1:47

Duration: 10:50

Synopsis: In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at a DMV in Illinois. After receiving her Voter ID in the mail, she ended up casting a ballot in the next election thinking she could do so. However, she wasn't a U.S. citizen at the time and, because of her actions, faced eventual deportation back to the Philippines. We speak with Keathley and the lawyer who helped her, Richard Hanus, about her years-long legal fight and the common confusion around the Motor Voter Law.

Host: Gary Price

Guests: Elizabeth Keathley; Richard Hanus, immigration lawyer.

Compliancy issues: Legal Issues, Voter Eligibility, Immigration, Voting Rights, Law, Government

Links for more info:

The Law Offices of Richard Hanus

<u>Immigrant who wrongly voted wins right to stay – Chicago Tribune</u>

The National Voter Registration Act Of 1993 (NVRA)

SEGMENT 2: MANAGING YOUR PET'S HEALTH HEADING INTO 2022

Time: 14:39

Duration: 8:40

Synopsis: Thinking about adding a new furry member to the family to ring in the new year? Before saying yes, make sure you have enough time to dedicate to a new dog or cat. Veterinarian Dr. Carol Osborne joins us this week to share some helpful tips on adoption, pet health and how to keep your cat or dog happy and well-adjusted at home.

Host: Marty Peterson

Guests: Dr. Carol Osborne, veterinarian, owner, Chagrin Falls Veterinary Center & Pet Clinic.

Issues Covered: Training, Pet Health, Relationships, Animal Welfare, Diet, Pet Adoption

Links for more info:

Chagrin Falls Pet Clinic

ASPCA

Why animals are not the perfect holiday gift - CNN

Dr. Carol Osborne

CULTURE CRASH: THE INTRIGUE OF "YELLOWJACKETS"

Time: 24:19

Duration: 2:08

Synopsis: We discuss Showtime's new TV series, "Yellowjackets" which has a similar feel to the hit show,

"Lost" and "Lord of the Flies".

Host: Evan Rook

Issues Covered: TV, Culture

Radio Health Journal

Program 21-40

Air Week: 10/3/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: GETTING THROUGH GRIEF

Time: 1:50

Duration: 12:02

Synopsis: Grief is unfortunately more common during the Covid-19 pandemic. But many people don't know what to do when their pain does not follow the road map they expect--the well-known five stages of grief. Two experts on grief discuss what can happen under various scenarios when a loved one dies,

and what people can do to make it through their pain.

Host & Producer: Reed Pence

Guests: Dr. Teralyn Sell, psychologist and founder, DrTeralyn.com; Dr. Katherine Shear, Professor of

Psychiatry, Columbia University and Director, Center for Complicated Grief

Compliancy issues: Mental Health, Health, Family Issues

Links for more info:

Dr. Teralyn Sell, PhD | National Board Certified Counselor | Life Coach

Complicated Grief Overview

The Compassionate Friends Non-Profit Organization for Grief

<u>GriefShare - Grief Recovery Support Groups - GriefShare</u>

SEGMENT 2: THE MIND OF A MUSICIAN

Time: 14:52

Duration: 7:58

Synopsis: Music is more than a fun pastime. Studies show that especially in children, studying music rewires the brain in beneficial ways, giving them an advantage in other cognitive skills. The scientist who's done much of this pioneering work discusses its ramifications and impact.

Host: Nancy Benson

Producer: Bridget Killian

Guests: Dr. Lutz Yanke, Professor of Neurophysiology and Cognitive Neuroscience, University of Zurich

Compliancy issues: Recreation, Arts and Culture, Children and Youth at Risk, Education, Music

Links for more info:

UZH - Neuropsychology - Lutz Jäncke

Program 21-41

Air Week: 10/10/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: SYNTHETIC BIOLOGY: FRIEND OR FOE?

Time: 1:35

Duration: 12:35

Synopsis: Researchers believe "SynBio" may eventually help address hunger, pollution, and other modern problems. Yet in the wrong hands, synthetic biology could unleash terrible biological weapons. Experts discuss.

Host: Reed Pence

Producer: Polly Hansen

Guests: Dr. Michael Jewett, Professor of Chemical and Biological Engineering, Northwestern University and Director, Center for Synthetic Biology; Dr. Arthur Caplan, Head of Division of Medical Ethics, Grossman School of Medicine, New York University

Compliancy issues: Covid-19 Pandemic, International Relations, Technology, Nuclear Weapons, Health Care, Ethics, Health, Pollution, Environment, Federal Government and Regulation

Links for more info:

Michael C. Jewett – Jewett Lab

Arthur L. Caplan, PhD

SEGMENT 2: THE LANGUAGE OF ADDICTION: WHY WORDS MATTER

Time: 15:12

Duration: 7:32

Synopsis: Addiction specialists are seeking to change the words we use to describe addictive behaviors, as they've learned the wrong language creates stigma and drives people away from treatment. Experts discuss the problem and solutions.

Host: Nancy Benson

Producer: Polly Hansen

Guests: Dr. George Koob, Director, National Institute on Alcohol Abuse and Alcoholism, National Institutes of Health; Dr. Nora Volkow, Director, National Institute on Drug Abuse, National Institutes of Health

Compliancy issues: Substance and Drug Abuse, Alcoholism, Health Care, Substance Abuse Treatment

Links for more info:

Find Your Way to Alcohol Treatment | Navigator | NIAAA

Rethinking Drinking Homepage - NIAAA

Director's Page

NIH > National Institute on Drug Abuse | Director's Page

rogram 21-42

Air Week: 10/17/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: ARE REGULAR PEOPLE EQUIPPED TO MAKE COMPLICATED MEDICAL DECISIONS?

Time: 1:43

Duration: 13:05

Synopsis: Patients have to make medical choices today that they never did before. But do they have enough information to make those choices? Are normal people able to understand the flood of information and the medical terms to make good choices? An expert discusses how patients can work through these issues.

Host: Reed Pence

Producer: Libby Foster

Guests: Dr. Talya Miron-Shatz, visiting researcher, University of Cambridge and author, Your Life

Depends On It: What You Can Do to Make Better Choices About Your Health

Compliancy issues: Communication, Economics, Consumerism, Health Care

Links for more info:

Your Life Depends On It: The Book authored by Talya Miron-Shatz

More information about Dr. Miron-Shatz

Dr. Miron-Shatz's other published works

SEGMENT 2: HEADACHES: MORE THAN YOU THINK

Time: 15:48

Duration: 6:53

Synopsis: Headaches affect far more lives far more severely than most people realize. A sufferer and an

expert physician discuss headaches and their treatment.

Host: Nancy Benson

Producer: Polly Hansen

Guests: "Ryan," severe headache sufferer; Dr. Steven Meyers, Vice Chair for Quality and Informatics,

Department of Neurology, NorthShore University HealthSystem

Compliancy issues: Education, Employment Issues, Consumerism, Health Care

Links for more info:

Steven M. Meyers, M.D. - Northshore University HealthSystem profile

Program 21-43

Air Week: 10/24/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: ENDEMIC COVID: THE DISEASE THAT NEVER LEAVES

Time: 1:50

Duration: 13:33

Synopsis: Many experts believe we have missed our chance to eliminate Covid-19, and that now it is very likely to become an endemic disease--one that persists, though at lower levels, and never goes away. Two noted infectious disease experts discuss what that means for precautions and lifestyles in

perpetuity.

Host & Producer: Reed Pence

Guests: Dr. Iahn Gonsenhauser, Chief Quality and Patient Safety Officer, Ohio State Wexner Medical Center; Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University

Compliancy issues: Medicine, Public Safety, Consumerism, Health Care, Health, Lifestyles

Links for more info:

Iahn Gonsenhauser, MD, MBA - The Ohio State University Wexner Medical Center

William Schaffner, MD - Department of Health Policy - Vanderbilt University Medical Center

SEGMENT 2: ECZEMA IN INFANCY: A GATEWAY FOR ALLERGIES AND ASTHMA

Time: 16:25

Duration: 6:35

Synopsis: Doctors have learned that childhood allergies and asthma may have their start in dry, dysfunctional skin in infancy, when allergens such as food particles enter the body through cracks in the skin. A noted pediatric allergist discusses this "atopic march" and ways to combat it.

Host: Nancy Benson

Producer: Reed Pence

Guests: Dr. Donald Leung, Head, Pediatric Allergy Division, National Jewish Health, Denver

Compliancy issues: Public Health, Consumerism, Health Care, Children and Youth at Risk

Links for more info:

Donald YM Leung, PhD, MD - National Jewish Health Profile

More about National Jewish Health

Program 21-44

Air Week: 10/31/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: THE DANGERS OF FACIAL RECOGNITION

Time: 1:50

Duration: 13:30

Synopsis: Facial recognition technology is everywhere, from your smartphone to the grocery store to city streets. But do we really want to be constantly tracked? Law enforcement finds it immensely helpful, but many experts say it's a massive invasion of privacy that needs limitation. Experts discuss.

Host & Producer: Reed Pence

Guests: Dr. Michal Kosinski, Associate Professor of Organizational Behavior, Stanford University Graduate School of Business; Shawn Shan, PhD candidate, University of Chicago and member of team developing Fawkes facial recognition cloaking software

Compliancy issues: Discrimination, Law Enforcement, Public Safety, Economics, Social Media, Technology, Right to Privacy, Consumerism

Links for more info:

More info about Michal Kosinski

More info about Shawn Shan - University of Chicago Department of Computer Science

The Economist Article - "What Machines Can Tell From Your Face: Life in the age of facial recognition"

<u>Download Fawkes cloaking software from the University of Chicago SAND Lab website</u>

SEGMENT 2: ANIMAL, VEGETABLE, CRIMINAL: WILDLIFE LAWBREAKERS

Time: 16:25

Duration: 6:35

Synopsis: Wild animals carry out "criminal acts" with amazing frequency, ranging from simple breaking and entering to theft to manslaughter. Wildlife managers spend much of their time trying to prevent

these acts or clean up after them. Noted science writer Mary Roach discusses animal criminals and how human behavior is encroaching on wildlife habitat, forcing them into more criminal acts than ever.

Host: Nancy Benson

Producer: Reed Pence

Guests: Mary Roach, author, Fuzz: When Nature Breaks the Law

Compliancy issues: Economic Development, Wildlife, Law Enforcement, Environment

Links for more info:

Fuzz: When Nature Breaks the Law by Mary Roach

Program 21-45

Air Week: 11/7/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: PREVENTING MILITARY SUICIDES

Time: 1:50

Duration: 13:30

Synopsis: Among active duty and veterans of the War on Terror, suicides have claimed four times more lives than combat since 9-11, according to a recent study. The study's author discusses why the toll is higher than for previous conflicts, and he and another expert in tragedy recovery discuss what the military, VA, and loved ones can do to prevent suicide.

Host & Producer: Reed Pence

Guests: Dr. Ben Suitt, Contributor, Costs of War Project, Brown University and Boston University; Dr. Carla Stumpf Patton, Senior Director of Suicide Postvention, Tragedy Assistance Program for Survivors (TAPS), and a survivor of suicide loss

Compliancy issues: Family Issues, Gender Issues, Suicide, Sexual Assault, Mental Health, Military, Health Care, Veteran's Issues

Links for more info:

Cost of War Project - Profile for Thomas H. "Ben" Suitt, III

Stated mission of TAPS

Stop Soldier Suicide - Military Suicide: What you should know

8 Ways to Cope After a Suicide Loss

Additional Resources:

TEXT "hello" to 741741

National Suicide Prevention Lifeline: 800-273-8255

SEGMENT 2: THE STRUGGLES OF TWINLESS TWINS

Time: 16:25

Duration: 6:35

Synopsis: Twins share a bond that can't be understood by non-twins. When one twin suddenly dies, it can leave a huge hole and in the life of the other. A twinless twin who became a therapist specializing in twin loss discusses the issue.

Host: Nancy Benson

Producer: Reed Pence

Guests: Mary R. Morgan, psychotherapist and author, Beginning With the End: A Memoir of Twin Loss

and Healing

Compliancy issues: Family Issues, Education, Mental Health

Links for more info:

Mary R. Morgan, L.M.S.W. - Twinless Twins Support Group Bio

Twnless Twins Support Group International

Program 21-46

Air Week: 10/14/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: STAFFING STRUGGLES THREATEN SURVIVAL OF RURAL HOSPITALS

Time: 1:50 **Duration:** 12:02

Synopsis: Rural hospitals have long struggled to maintain staffing levels of nurses and other professionals that are adequate for good care. The pandemic has made it much worse, as staffers have quit and patient loads have increased. Experts discuss the roots of the staff shortage, the effects on care safety, the extreme cost of efforts to attract and retain staff, and the threat to hospital survival posed by the problem.

Host & Producer: Reed Pence

Guests: Brock Slabach, Chief Operations Officer, National Rural Health Association (NRHA); John Henderson, President and CEO, Texas Organization of Rural & Community Hospitals (TORCH)

Compliancy issues: Economics, Health Care, Rural Issues, Employment and Workplace Issues, Education,

Public Health, Employment Issues

Links for more info:

About NRHA - National Rural Hospital Health Association website

Texas A&M School of Public Health staff profile - John Henderson

SEGMENT 2: PERIPHERAL ARTERY DISEASE

Time: 14:54 **Duration:** 7:32

Synopsis: Many people are unfamiliar with arterial blockages away from the heart. Peripheral artery disease, or PAD, affects African Americans much more than other populations for unknown reasons. An expert physician discusses PAD, the possible consequences, warning signs, and a clinical trial of treatments.

Host: Nancy Benson **Producer:** Reed Pence

Guests: Dr. Jennifer Jones-McMeans, Director, Global Clinical Affairs, Abbott Vascular **Compliancy issues:** Health Care, Diversity, Minority Issues, Prevention, Technology

Links for more info:

LIFE-BTK STUDY

Diversity in Clinical Trials

Program 21-47

Air Week: 11/21/21

Executive Producer: Reed Pence

Studio Production: Jason Dickey

SEGMENT 1: HOMELESS AMERICANS: MYTH VS. REALITY

Time: 1:48

Duration: 11:35

Synopsis: Around a half million people are homeless in the US on any given night, but the street homeless who are most visible often incorrectly influence our assumptions about the homeless. A noted researcher discusses myths and truths about their addictions, employment, residences, and more, and why people often become homeless.

Host & Producer: Reed Pence

Guests: Dr. Deborah Padgett, Professor of Social Work and Global Public Health, Silver School of Social Work, New York University

Compliancy issues: Mental Illness, Affordable Housing, Economics, Employment and Unemployment, Crime, Addiction and Substance Abuse, Homelessness, Poverty

Links for more info:

Deborah K. Padgett, PhD - Fellow at the American Academy of Social Work & Social Welfare

SEGMENT 2: OLDER DADS, YOUNGER KIDS

Time: 14:25 **Duration:** 8:00

Synopsis: A National Book Award-winning author discusses his experience as a first-time dad at 56, and

now as a 73-year old father with teenagers.

Host: Nancy Benson **Producer:** Polly Hansen

Guests: Tim O'Brien, author of Dad's Maybe Book

Compliancy issues: Generational Issues, Parenting, Parenting Issues

Links for more info:

Tim O'Brien | Biography, Books and Facts - famousauthors.com

Program 21-48

Air Week: 11/28/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: KIDS' COVID VACCINES: FACT AND FICTION

Time: 1:50 **Duration:** 12:51

Synopsis: Covid-19 vaccines are now approved for children as young as 5, but while people are afraid of

getting the vaccine themselves, they're even more nervous about getting it for their children.

Misinformation is accelerating against use of the vaccine in kids. Experts discuss and correct the most

prevalent myths.

Host & Producer: Reed Pence

Guests: Dr. Nirav Shah, Director of the Maine Center for Disease Control and President of the Association of State & Territorial Health Officials (ASTHO); Dr. Stan Spinner, Chief Medical Officer & Vice President, Texas Children's Pediatrics & Texas Children's Urgent Care; Dr. Anne Zink, Chief Medical Officer for the Alaska Department of Health & Social Services and the President-Elect of ASTHO; Dr. Jose Romero, Secretary of the Arkansas Department of Health; Dr. LaQuandra Nesbitt, Director of the District of Columbia Department of Health

Compliancy issues: Consumerism, Health Care, Prevention, Children and Youth at Risk, Public Health **Links for more info:**

Dr. Nirav D. Shah | 2021 Mainers of the Year

Stanley W. Spinner, MD - Texas Children's Hospital

Anne Zink, MD, FACEP - ASTHO Member Directory

Secretary's Message - Arkansas Department of Health

LaQuandra S. Nesbitt MD, MPH - Washington D.C. Department of Health

SEGMENT 2: IMPROVING VACCINE COMMUNICATION

Time: 15:43 **Duration:** 7:18

Synopsis: The White House and many health officials have taken an aggressive approach to communicating the need for Covid-19 vaccines. Most people are prompted to get vaccinated by mandates and words that generate fear, but it's clear that they backfire with a sizable minority of others. A communications expert discusses how certain words motivate some groups and repel others.

Host: Nancy Benson **Producer:** Libby Foster

Guests: Professor S. Shyam Sundar, Co-Director of the Media Effects Research Laboratory at Penn State

University

Compliancy issues: Education, Consumerism, Federal Government, Politics, Communication

Links for more info:

S. Shyam Sundar - Donald P. Bellisario College of Communications at Penn State

Program 21-49

Air Week: 12/5/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: WHEN TBI'S CHANGE PERSONALITY

Time: 1:47

Duration: 12:28

Synopsis: Traumatic brain injury can profoundly change the injured in personality and temperament, as well as physically and cognitively. Spouses bear the brunt of these changes to the point many feel like they're living with a stranger. Two experts and the spouse of a TBI victim discuss the many ways life changes after an injury and what can help to get them through the ordeal.

Host: Reed Pence

Producer: Morgan Kelly

Guests: Megan Horst, wife of TBI survivor; Dr. Lori Weisman, psychotherapist and educator specializing in traumatic brain injuries; Dr. Jeffrey Scott Kreutzer, Professor of Physical Medicine and Rehabilitation, Virginia Commonwealth University (VCU) School of Medicine, and Director of VCU Traumatic Brain Injury Model System of Care

Compliancy issues: Family Issues, Public Safety, Public Health, Health Care, Rehabilitation, International

Relations

Links for more info:

'Are You My Husband?' - New York Times

Lori Weisman, MA, LMHC | Individual & Couples Therapist Specializing in Brain Injury

Jeffrey Kreutzer, Ph.D. - VCU Profile

SEGMENT 2: ADDRESSING POST INTENSIVE CARE SYNDROME - HUMANIZING THE ICU

Time: 15:17 **Duration:** 7:35

Synopsis: Medicine in intensive care units has become so technically focused that many doctors believe

they've lost their connection with the humanity of patients, and a high degree of patients are experiencing post intensive care syndrome.

Host: Nancy Benson **Producer:** Polly Hansen

Guests: Dr. Wes Ely, Professor of Medicine and Critical Care at Vanderbilt University, Grant W. Liddle Chair in Medicine, Associate Director of Critical Illness, Brain Dysfunction and Survivorship (CIBS), and

author of the book Every Deep-Drawn Breath

Compliancy issues: Consumerism, Health Care, Medicine, Education, Communication, Technology

Links for more info:

Vanderbilt University School of Medicine - Faculty Profile for Dr. Ely

Dr. Ely's book Every Deep-Drawn Breath

'A stay in the ICU can be terrifying. It might not get better after release.' - The Washington Post

Program 21-50

Air Week: 12/12/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: THE DAMAGE OF TOO LITTLE SLEEP

Time: 1:50 **Duration:** 11:12

Synopsis: Getting less than six hours of sleep per night has long been known to be hazardous to health, but the discovery of the mechanisms behind those hazards is leading scientists to strengthen their

warnings.

Host & Producer: Reed Pence

Guests: Dr. Chris DeSouza, Professor of Integrative Physiology at the University of Colorado; Dr. Ehsan

Shokri-Kojori, Research Fellow, National Institutes of Health Laboratory of Neuroimaging

Compliancy issues: Public Health, Consumerism, Health Care

Links for more info:

Dr. Chris DeSouza Bio

NIH Laboratory of Neuroimaging

SEGMENT 2: BUILDING THE COVID VACCINE

Time: 14:04 **Duration:** 8:14

Synopsis: The vaccine for Covid-19 was developed with record speed while still following required safety

protocols. A noted investigative reporter discusses the development process he uncovered for his exhaustive book and explains why the hundreds of interviews he did have reassured him that the vaccine is safe.

Host: Nancy Benson **Producer:** Reed Pence

Guests: Gregory Zuckerman, Special Writer at The Wall Street Journal, and author of A Shot to Save the

World: The Inside Story of the Life-or-Death Race for a Covid-19 Vaccine

Compliancy issues: Health Care, Medicine, Vaccination, Communication, Education, Technology,

Consumerism

Links for more info:

A Shot to Save the World by Gregory Zuckerman: 9780593420393 | PenguinRandomHouse.com

gregoryzuckerman.com

Program 21-51

Air Week: 12/19/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: EASING THE OPIOID EPIDEMIC

Time: 1:50

Duration: 13:00

Synopsis: Drug overdoses killed more than 100,000 Americans in the first year of the Covid-19 pandemic, as pressures built and users sometimes had to get their fix from unfamiliar sources. Experts discuss how the pandemic cost lives beyond Covid, and how surgical painkiller drug substitutions are beginning to keep some people from going down the opioid path.

Host & Producer: Reed Pence

Guests: Dr. Thomas Stopka, Associate Professor of Public Health and Community Medicine, Tufts University; Dr. Luke Elms, general surgeon, Orlando Health Dr. P. Phillips Hospital

Compliancy issues: Substance and Drug Abuse, opioids, beroin & amp: fentanyl, Drug C

Compliancy issues: Substance and Drug Abuse, opioids, heroin & Drug Overdoses and Opioids, Public Health, Addiction and Substance Abuse, Consumerism, Federal Government, Health Care, Opioid Epidemic, Substance Abuse Treatment, State Government and Legislation

Links for more info:

Thomas Stopka, Ph.D., MHS – Tufts University profile

Survey: Most willing to forgo opioids after surgery if pain can be effectively managed without them

SEGMENT 2: NEW OVER-THE-COUNTER HEARING AID CATEGORY

Time: 15:52

Duration: 7:15

Synopsis: Many people who need hearing aids never get them, in part because they currently require a prescription and expensive treatment. An expert discusses the FDA's new proposed category of overthe-counter hearing aids.

Host: Nancy Benson **Producer:** Reed Pence

Guests: Barbara Kelley, Executive Director of the Hearing Loss Association of America **Compliancy issues:** Education, Public Health, Technology, Consumerism, Health Care

Links for more info:

Barbara Kelley Bio - hearingloss.org

Program 21-52

Air Week: 12/26/21

Executive Producer: Reed Pence **Studio Production:** Jason Dickey

SEGMENT 1: SAVING PRESCHOOL EDUCATION

Time: 1:50 **Duration:** 11:32

Synopsis: Preschool teachers have left the profession in huge numbers, closing some schools and threatening others. With nowhere to safely leave their children, millions of people are unable to return to work, sabotaging economic recovery. An expert discusses the low wages behind the 10% (or more) drop in early educators and how current legislation may finally turn the industry around.

Host & Producer: Reed Pence

Guests: Lauren Hogan, Managing Director for Policy and Professional Advancement, National

Association for the Education of Young Children

Compliancy issues: Pandemic Policy, Economics, Public Health, Education, Children and Youth at Risk, Legislation and Policy, Federal Government, Employment and Unemployment **Links for more info:**

<u>Lauren Hogan | NAEYC</u>

SEGMENT 1: ADVANCES THAT MAY ELIMINATE SCARRING

Time: 14:24

Duration: 8:33

Synopsis: Scars are a public health as well as aesthetic threat, as internal scars can compromise the function of organs and tissues. Scientists are now devising medications that promote healing without producing scars. One of the scientists on the front lines discusses how these medicines work and their possible uses.

Host: Nancy Benson

Producer: Polly Hansen

Guests: Dr. Michael Longaker, Professor of Surgery and Director, Institute of Stem Cell Biology and

Regenerative Medicine, Stanford University

Compliancy issues: Health Care, Consumerism, Technology, Public Health, Education

Links for more info:

Michael Longaker - Stanford Profile

Longaker Laboratory

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