

Program Log for *Radio Health Journal*

Program	19-45	Executive Producer	Reed Pence
Air Week	11/10/19	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: GSK "COPD Awareness" OUTCUE: ...at COPD.com	:60
	:02 PAUSE FOR LOCAL AVAIL	:02
2:00		
2:02	SEGMENT 1: SUICIDE SURVIVORS	13:43
	<p>Synopsis: For those left behind when a loved one dies of suicide, recovery can be difficult. Stigma, guilt, and blame are exceptionally common. They need more support, but often get less, and their own risk of suicide is elevated. Experts—one a suicide survivor herself—discuss the difficulties and ways survivors can cope.</p> <p>Host and producer: Reed Pence. Guests: Joyce Bruggeman, Exec. Director, Survivors of Suicide Loss; Dr. Holly Prigerson, Co-Director, Center for Research on End of Life Care, Prof. of Geriatrics and Sociology in Medicine, Weill-Cornell Medical College</p> <p>Compliance issues covered: mental health; public health; suicide; family issues</p> <p>Links for more information: https://www.soslsd.org/board-leadership/#bruggeman; http://vivo.med.cornell.edu/display/cwid-hgp2001; https://suicidepreventionlifeline.org; https://save.org/what-we-do/grief-support/</p>	
15:45	SPOTBREAK 2: Armstrong Pharma "Can Happen Anywhere New" Grainger "The Right Tools" OUTCUE:.....who get it done	:30
		:30
16:45	02 PAUSE FOR LOCAL AVAIL	:02
16:47	SEGMENT 2: FERTILITY RATE DECLINE AND THE AGING POPULATION	6:00
	<p>Synopsis: Birth rates in the US are at an all time low, and fertility for all age groups under age 30 is dropping. Experts explain that it may not be as good a thing as we may think, and cite nations like Japan and Italy which are facing labor shortages and elderly populations as a result of less-than-replacement-level fertility.</p> <p>Host: Nancy Benson. Guests: Richard Jackson, President & founder, Global Aging Institute; Dr. Elise Berlan, Director, Young Women's Contraception Program, Nationwide Children's Hospital, Columbus, OH</p> <p>Compliance issues covered: health care; teen pregnancy; labor and employment; economics; generational conflict</p> <p>Links for more information: http://www.globalaginginstitute.org/about-gai/team.html; http://www.nationwidechildrens.org/elise-d-berlan</p>	
22:47	SPOTBREAK 3: Alzheimer's Association "National Family Caregivers Month" NeoTract :Keep Ahead of Your Health"	:60
		:61
24:48	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:40

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26:28	SPOTBREAK 4: AbbVie "Break It Down"	:60
27:28	Program Conclusion	:30
27:58	TOTAL TIME	