

## Program Log for *Radio Health Journal*

<b>Program</b>	19-42	<b>Executive Producer</b>	Reed Pence
<b>Air Week</b>	10/20/19	<b>Studio Production</b>	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: California Table Grape Commission "Heart Health" OUTCUE: ...for more information	:59
1:59	:02 PAUSE FOR LOCAL AVAIL	:02
2:01	<b>SEGMENT 1: THE PSYCHOLOGY OF GIG WORKERS</b>	13:12
	<p>Synopsis: Gig work is becoming more and more a part of the American economy. It takes a certain temperament for a worker to thrive on the freedom gig work offers without being paralyzed by the lack of security. Experts discuss the psychological benefits and difficulties of multiple part time jobs or freelancing.</p> <p>Host and producer: Reed Pence. Guests: Jeff Kreisler, Editor in Chief, PeopleScience.com; Dr. Brianna Caza, Assoc. Prof. of Business Ethics, Univ. of Manitoba</p> <p>Compliance issues covered: economics; workplace and employment issues; mental health issues</p> <p>Links for more information: <a href="http://jeffkreisler.com">http://jeffkreisler.com</a>; <a href="https://umanitoba.ca/faculties/management/faculty_staff/academic_professors/brianna-caza.html">https://umanitoba.ca/faculties/management/faculty_staff/academic_professors/brianna-caza.html</a></p>	
15:13	SPOTBREAK 2: Grainger "Sick Days" Progressive "Dim the Lights Lounge Box OUTCUE:.....limited by state law	:30 :30
16:13	02 PAUSE FOR LOCAL AVAIL	:02
16:15	<b>SEGMENT 2: CARING FOR STRANGERS</b>	6:42
	<p>Synopsis: Emergency room physicians have to make sense of and care for complete strangers every day. A recently retired ER doctor looks back at lessons he's learned that are applicable to everyone's life.</p> <p>Host: Nancy Benson. Producer: Polly Hansen. Guest: Dr. Paul Seward, author, <i>Patient Care: Death and Life In the Emergency Room</i></p> <p>Compliance issues covered: health care; public health</p> <p>Link for more information: <a href="http://www.washingtonindependentreviewofbooks.com/index.php/bookreview/patient-care-death-and-life-in-the-emergency-room">http://www.washingtonindependentreviewofbooks.com/index.php/bookreview/patient-care-death-and-life-in-the-emergency-room</a></p>	
22:57	SPOTBREAK 3: 3M Combat Veterans Earplugs Donate Cars "Going to Do"	:60 :60
24:57	Medical Notes & News. Host: Shel Lustig. Producer: Reed Pence.	1:32

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26:29	SPOTBREAK 4: Abbvie Pharm "Break It Down"	:60
27:29	Program Conclusion	:30
27:59	TOTAL TIME	