

Program Log for *Radio Health Journal*

Program	19-24	Writer/Producers	Reed Pence and Regan Huston
Air Week	06/16/19-06/22/19	Studio Production	Jason Dickey

Time	Segment	Dur.
:00	INTRO	:60
1:00	SPOTBREAK 1: Accuray "Prostate Cancer Awareness" OUTCUE: Cyberknife.com	:62
	:02 PAUSE FOR LOCAL AVAIL	:02
2:02		
2:04	SEGMENT 1: LUNG CANCER AND ITS STIGMA	12:57
	<p>Synopsis: Most forms of cancer have a built-in constituency of patients, loved ones, and concerned others. Lung cancer patients, instead, are often blamed for their own disease because of its frequent connection with smoking. Patients are often isolated, and research dollars lag behind other, less common cancer killers.</p> <p>Host: Reed Pence. Guests: Donna Fernandez, lung cancer patient; Carly Ornstein, National Director of Lung Cancer Education, American Lung Assn.</p> <p>Compliancy issues covered: health care; public health; discrimination</p> <p>Links for more information: http://www.curetoday.com/articles/the-american-lung-association-seeks-to-end-stigma; http://www.lung.org</p>	
14:02	SPOTBREAK 2: Blue Star "Reviews Version B" OUTCUE:...who get it done	:30
	Grainger "Talk Is Cheap"	:30
15:02	02 PAUSE FOR LOCAL AVAIL	:02
15:04	SEGMENT 2: TASTY FOOD VS. HEALTHY FOOD: FINDING A BALANCE	6:59
	<p>Synopsis: Many Americans believe that healthy food doesn't taste good, and tasty food isn't healthy. A chef who is also a cardiologist discusses how to find a balance by seeking out healthy ingredients rather than whole categories of foods.</p> <p>Host: Nancy Benson. Guest: Dr. Michael Fenster, Prof. of Health Professions and Biomedical Sciences, Univ. of Montana and author, <i>Food Shaman: The Art of Quantum Food</i></p> <p>Compliancy issues covered: health care; public health; consumerism</p> <p>Links for more information: https://chefdr mike.com/home-page-tvdesign/about/</p>	
22:03	SPOTBREAK 3: Alzheimer's Assn. "ABAM 2019 #2 Recognize the Need for Help" OUTCUE:...	:58
	Grainger "Seasons—Safety"	:30
	Geico "Motorcycle Radio Click Bait"	:30
24:01	Medical Notes & News. Host: Shel Lustig	2:27
26:28	SPOTBREAK 4: Focus CHC "Take It From the Advocates" OUTCUE:...	:30
	Grainger "Gadgets"	:30
27:28	Program Conclusion	:30

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27:58	TOTAL TIME	
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