

**KMRB-AM 1430**  
**QUARTERLY ISSUES PROGRAMMING REPORT**  
**1<sup>st</sup> Quarter 2024**  
**January 1 – March 31, 2024**

**Date: 01/03/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Dr. Wu – Mental Health Doctor  
Topic: Renaissance Music

Host Julie invited a frequent guest of the program named Dr. Wu, who is a mental health doctor, to share his knowledge and interest in music therapy. In this episode, he focus on the history of music during the Renaissance period.

**Date: 01/10/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Elsa  
Guest: Meipo  
Topic: Creativity

Host Elsa invited a guest named Meipo, who is a cat rescuer, shared her passion for painting and writing. She talked about her creative process of how an idea would come up for her writing and painting, and what other famous writers create their works.

**Date: 01/17/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Dr. Yeung – Psychologist  
Topic: Anxiety (Part 5)

Host Julie invited a frequent guest named Dr. Yeung, who is a Psychologist residing in Vancouver, Canada, in this episode Dr. Yeung continued to talk about what the different anxieties people face and how to cope with it. In this episode, the topic is about the different type of fears we sometimes face in our daily lives.

**Date: 01/24/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Elsa  
Topic: Vegetable Juices

Host Julie invited a guest named Elsa to talk about her interest in knowledge of making vegetable juices to help our bodies. She shared her story about how someone she knew had early stages of cancer and how she found out certain type of vegetable juices can benefit our health.

**Date: 02/07/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Professor Yu  
Topic: High Crime Rate

Host Julie invited a guest named Professor Yu, who currently teaches Data Science at the University of Azusa Pacific. In this episode, Professor Yu shared his thoughts and reasons why he moved from Los Angeles to Hawaii. He told the audience the main reason is the high crime rate such as burglaries, homicides, flash mob thieves which have also caused some people to move out of California.

**Date: 02/14/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Elsa  
Guest: Dr. Tam, Ph.D.  
Topic: Eddie Lau – HK Designer

Host Elsa invited a frequent guest, Dr. Tam, Ph.D. To share her love of books and would recommend books to the audience to expand their knowledge. In this episode, she shared a book she read long time ago about the life of one of the most famous and iconic designer in Hong Kong – Mr. Eddie Lau.

**Date: 02/21/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Mr. Tin  
Topic: Year of Dragon

Host Julie invited a guest named Mr. Tin, who is a Chinese medicine physician, who specialize in Acupuncture, who is also a priest. In this episode, Dr. Tin shared his knowledge on how we can take care of our body and improve our health in the year of Dragon.

**Date: 02/28/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Elsa & Dave  
Topic: Movies Review

Host Julie invited two guest named Elsa and Dave, who shared their love and reviews on Hong Kong movies. In this episode, they reviewed a movie from Hong Kong called “Narrow Road” which did well with critics but not much in the box office.

**Date: 03/06/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Dr. Wu – Mental Health Doctor  
Topic: Renaissance Music (2)

Host Julie invited a frequent guest of the program named Dr. Wu, who is a mental health doctor, to share his knowledge and interest in music therapy. In this episode, he continues to focus on the history of music during the Renaissance period.

**Date: 03/13/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Elsa  
Guest: Hazel – Nutritionist  
Topic: World Nutritionist Day

Host Elsa invited a frequent guest, who’s a licensed nutritionist named Hazel, shared her experience attending the annual “World Nutritionist Day”. In this episode, we get to know more about what this event is about.

**Date: 03/20/2024**

Time: 7:00 p.m. – 8:00 p.m.  
Program Name: Rainbow Sky  
Host: Julie  
Guest: Dr. Yeung – Psychologist  
Topic: Anxiety (Part 6)

Host Julie invited a frequent guest named Dr. Yeung, who is a Psychologist residing in Vancouver, Canada, in this episode Dr. Yeung continued to talk about his difficult relationship with his mother which leads to anxiety for both. He shared tips on how we can cope with it.

**Date: 03/27/2024**

Time: 7:00 p.m. – 8:00 p.m.

Program Name: Rainbow Sky

Host: Julie

Guest: Philip – Financial Planner

Topic: Old World Currency

Host Julie invited a guest named Philip who is a financial planner & analyst, to talk about the history of currency.