WGBZ 88.3 Issues and Programs 3rd Quarter July, August, September 2022

The following descriptions are examples of recurring programs aired that address and meet community issues; this does not represent an exhaustive list of all the public service WGTS and WGBZ provides.

ISSUE: Parenting / Single Parenting **PROGRAM:** Breakaway with Kevin Krueger AIR DATE: 7/8/22 Duration: 17:42 minutes Kevin Krueger spoke with Jonathan and Erica Catherman, authors of "Raising Them Ready: Practical Ways to Prepare Your Kids for Life on Their Own" about how to help prepare your children for adulthood.

ISSUE: Cancer **PROGRAM:** Health Minute AIR DATE: 6/22/22 Duration: 7:29 minutes June is Men's Health Month. Dr. T. Newsome is a primary care physician with Adventist HealthCare Medical Group. He reminded listeners of the necessary screenings individuals should be receiving, particularly men, and shared general tips to stay healthy.

ISSUE: Mental Health Crisis

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: 6/8/22

Duration: Newscast (4 minutes per hour 6-9AM)

988 will be the new number for National Suicide Prevention Lifeline -- There's a renewed focus on mental health in America after a wave of recent violent events. And in just one month there will be a new way to reach out for help. Effective July 6th, each state will be rolling out 988 as the new National Suicide Prevention Lifeline number. The problem is, not all states may be in a position to fund the changeover, properly staff call centers or have response teams on standby. In fact, a new report found just 16-percent of public health officials responsible for the coming transition said they had helped develop a budget to support 988 operations.

ISSUE: Parenting / Single Parenting **PROGRAM:** Morning Show with Jerry & Blanca

AIR DATE: 7/12/22 Duration: 1:42 minutes

Duration: 1:42 minutes

The relationship between parent and child does not end at adulthood, the dynamic may change but the relationship does not end. Maintaining an open and transparent relationship is not easy for a parent and adult child to cultivate. The child is an adult now, they want to make their own decisions, maybe not share as much with the parent as they did before. Hollywood producer DeVon Franklin, wrote a book, "It Takes a Woman" where he introduces us to the women in his life, his mom and aunts, who raised him. He shared how that dynamic played out for him and his mom and how fear of judgement played a part.

ISSUE: Parenting / Single Parenting

PROGRAM: Breakaway with Kevin Krueger AIR DATE: 7/10/22 Duration: 20:45 minutes Kevin Krueger spoke with Patti Reed, author of "Face To Face: Smart Conversations with Yourself, Your Teenager, and Your Young Adult".

ISSUE: Mental Health **PROGRAM:** Breakaway with Kevin Krueger AIR DATE: 7/15/22 Duration: 14:45 minutes Kevin Krueger spoke with Patrick Morely, author of "The Four Voices: Taking Control of the Conversation in Your Head".

ISSUE: Mental Health / Suicide **PROGRAM:** Morning Show with Jerry & Blanca AIR DATE: 7/18/22 Duration: Newscast (4 minutes per hour 6-9AM) People experiencing a mental health crisis now have a new way to reach out for help. Each state started rolling out 988 as the new National Suicide Prevention Lifeline number over the weekend. The hotline will provide round-the-clock confidential support from mental health professionals trained to respond to such emergencies. Experts say it could potentially help over seven and a half million people in its first year.

ISSUE: COVID **PROGRAM:** Health Minute AIR DATE: 7/20/22 Duration: 1:44 minutes Andrew Catanzaro, MD, infectious disease physician with Adventist HealthCare, gives his advice on how to stay safe while traveling this summer and protect yourself from COVID-19.

ISSUE: Child Welfare / Foster Care **PROGRAM:** Breakaway with Kevin Krueger AIR DATE: 7/24/22 Duration: 12:46 minutes Kevin Krueger spoke with Sarah Hamaker about national foster care month.

ISSUE: Conflict Resolution **PROGRAM:** Morning Show with Jerry & Blanca AIR DATE: 8/12/22 Duration: 6:26 minutes On the WGTS 91.9 morning show this week Jerry shared that a new neighbor who has lots of

parties, that sometimes can be disruptive to his family's peace. Stacey Taliaferro is a certified MANDT trainer who helps people prevent workplace violence. She shared some great advice on dealing with conflict in general.

ISSUE: Economically Disadvantaged Residents **PROGRAM:** Morning Show with Jerry & Blanca AIR DATE: 8/1/22 Duration: Newscast (4 minutes per hour 6-9AM)

Maryland 211 Ready to Help -- More than 499-thousand people utilized 2-1-1 Maryland last year. The agency connects people with resources like food, mental health, housing and healthcare, but more than seven-thousand resources are available. Calls are free and they

remain confidential. You can get help by calling or texting 2-1-1, or through live chat online at 211-md-dot-org.

ISSUE: Mental Health Among Youth **PROGRAM:** Morning Show with Jerry & Blanca AIR DATE: 8/2/22

Duration: Newscast (4 minutes per hour 6-9AM)

Family Stress And Youth Media Usage -- A new study finds that stress during the pandemic likely led to problematic media use by kids. Researchers from the University of Washington analyzed a nationally representative sample of parents in the U.S. with at least one child ages six to 17 for over a week in 2020. They found that nearly a third of children were becoming addicted to media use that led to social, behavioral, or academic issues. The results of the survey suggests that children with parents who experienced more psychological distress had notably higher problematic media use being more common among those ages 11 through 17.

ISSUE: Youth Health / Education **PROGRAM:** Health Minute AIR DATE: 8/17/22 Duration: 1:55 minutes Adrian Dyer, MD, family medicine physician with Adventist HealthCare Adventist Medical Group shares health reminders to ensure your kids are back-to-school ready this year!

ISSUE: Youth Mental Health PROGRAM: Health Minute AIR DATE: 9/7/22 Duration: 2:03 minutes How to prepare your child's mental health for back-to-school With Diane King-Shaw, Clinical Director of the Lourie Center School, part of Adventist HealthCare's The Lourie Center for Children's Social & Emotional Wellness.

ISSUE: Heart Disease PROGRAM: Health Minute AIR DATE: 9/14/22 Duration: 1:57 minutes September is National Atrial Fibrillation (AFib) Awareness Month. Pirooz Mofrad, MD, discussed what Afib is and how you can reduce your risk of developing AFib.

ISSUE: Economically Disadvantaged Children **PROGRAM:** Breakaway with Kevin Krueger AIR DATE: 9/16/22 Duration: 14:42 minutes Kevin Kreuger spoke with Marcia Carter, Founder of the Headley Carter Cares Foundation about the work the foundation does to make sure children have access to extracurricular activities that sometimes are economically beyond their reach, but are important to their development.

ISSUE: Individual Growth / Education PROGRAM: Breakaway with Kevin Krueger AIR DATE: 9/24/22 Duration: 11:14 minutes Kevin Krueger spoke with Danette Crawford author of "Limitless Thinking, Limitless Living: Think Big, Ask Big, Expect Big, and Receive Big!"