

WGBZ 88.3 Issues and Programs

2nd Quarter

April, May, June 2022

The following descriptions are examples of recurring programs aired that address and meet community issues; this does not represent an exhaustive list of all the public service WGTS and WGBZ provides.

ISSUE: Mental health crisis

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 1, 2022

Duration: Newscast

CDC Survey Shows Teen Mental Health Crisis (Atlanta, GA) -- Mental health among teenagers is seeing a steep decline, with one in five saying they've contemplated suicide. The CDC reports that more than 40-percent of teens say they feel "persistently sad or hopeless." A deputy director at the CDC says the data echoes a "cry for help," citing the COVID pandemic as one of the events to create stressors.

ISSUE: Heart disease

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 1, 2022

Duration: Newscast

Eating 2 servings a week of 1 fatty fruit can reduce heart attack risk, study says. Eating avocados reduced the risk of heart attacks in both men and women, a new study found. Cardiovascular disease is a leading killer worldwide, taking nearly 18 million lives every year, according to the World Health Organization. In the United States alone, the US Centers for Disease Control and Prevention says heart disease takes a life every 36 seconds. Lower your risk of heart attacks by replacing butter, eggs, yogurt, cheese, and processed meats with avocados, according to new research. Eating at least two servings of avocado a week reduced the risk of having a heart attack by 21% when compared to avoiding or rarely eating avocados.

ISSUE: Economically disadvantaged children

PROGRAM: Breakaway with Kevin Krueger

AIR DATE: April 2, 2022

Duration: 14:42

Kevin Kreuger spoke with Marcia Carter, Founder of the [Headley Carter Cares Foundation](#) about the work the foundation does to make sure children have access to extracurricular activities that sometimes are economically beyond their reach but crucial to their safety and development.

ISSUE: Obesity

PROGRAM: Health Minute

AIR DATE: April 6, 2022

Duration: 2:40

Obesity is a widespread, common issue. It can be hard to talk about, even with our doctors. Tuesday F. A. Cook, MD, is a surgeon in Fort Washington, Maryland. She discusses obesity, the challenges and risks and presented information about bariatric surgery.

ISSUE: Free tax help

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 6, 2022

Duration: Newscast

Maryland has a special service to help people with free tax prep. The Cash Campaign of Maryland helps Marylanders that made less than 58 thousand dollars last year. This service is available in 12 counties at no cost at all. Details can be found online at cashmd.org.

ISSUE: Women's equality in workplace

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 7, 2022

Duration: Newscast

Mayor Muriel Bowser is calling for the hiring of more women as police officers in the District. Mayor Bowser says she would like to see the Metropolitan Police Department made up of four-thousand officers with thirty-percent of the officers being women by 2030. Bowser says her proposed Fiscal Year 2023 budget includes funding for the hiring of additional officers to meet that goal. Under her proposal, forty new officers would be hired next year. Bowser is also proposing incentives to keep officers in the department on the job. The mayor's call for more police officers comes as D.C. continues to deal with a rising homicide rate.

ISSUE: Unemployment

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 7, 2022

Duration: Newscast

D.C. is hosting a multilingual hiring fair today in Northwest. Multiple D.C. government agencies, non-profit organizations and several other companies will be at Taqueria Al Lado this evening looking for talent. That's located at 1792 Columbia Road. The event begins at 6 o'clock.

ISSUE: Social media's effects on teens

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 11, 2022

Duration: less than 15:00

Dr. Danny Huerta, Vice President, Parenting and Youth at Focus on the Family joined the morning show to talk about co-parent and navigating social media access for our kids.

ISSUE: COVID

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: April 19, 2022

Duration: Newscast

It might not be a bad idea to still pack a mask before heading to the airport. Some places are keeping a mandate in place even after a court ruling. The TSA won't enforce it anymore, but President Biden is encouraging travelers to still cover up as COVID cases rise again. Several airlines have ended the two-year requirement including United, Delta, Southwest, American, Alaska, and JetBlue. Same for Amtrak and now Uber as well.

ISSUE: Mental health and stress management

PROGRAM: Health Minute

AIR DATE: April 20, 2022

Duration: 2:51

April is National Stress Awareness Month and Dr. Ogechi Anyaoku, MD, internal medicine physician talked about when too much stress is negatively affecting your health and what you can do to combat it.

ISSUE: Special needs

PROGRAM: Health Minute

AIR DATE: April 27, 2022

Duration: 2:27

Autism Awareness Month with Chad J. Lennon, MD, Child & Adolescent Psychiatrist with Adventist HealthCare Shady Grove Medical Center.

ISSUE: Mental health and children

PROGRAM: Health Minute

AIR DATE: May 4, 2022

Duration: 3:54

Amber Valentine-Minion, Clinical Training Manager with Adventist HealthCare's The Lourie Center for Children's Social & Emotional Wellness, joined the morning show to talk about children's mental health.

ISSUE: Child welfare / Foster care

PROGRAM: Morning Show with Jerry & Blanca

AIR DATE: May 24, 2022

Duration: 1:40

Sarah Hamaker, author, parenting coach, and Foster Parent Ambassador for UMFS shared some advice for conversations you should have with your family prior to fostering to make sure everyone is prepared and on the same page.

ISSUE: COVID

PROGRAM: Health Minute

AIR DATE: June 15, 2022

Duration: 2:22

Andrew Catanzaro, MD, infectious disease physician with Adventist HealthCare, gives his advice on how to stay safe while traveling this summer and protect yourself from COVID-19.

ISSUE: Health

PROGRAM: Health Minute

AIR DATE: Jun 22, 2022

Duration: 2:27

June is Men's Health Month. T. Newsome, MD, primary care physician with Adventist HealthCare Adventist Medical Group, reminds men of the necessary screenings they should be receiving, as well as general tips to keep them healthy.