

## WBCL Fourth Quarter 2023 Community Issues

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### **PUBLIC SAFETY, HEALTH & WELFARE**

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 23, 2023**

Dr. Matthew Stanford offers a compassionate look at mental illness, which affects one in five teens and adults in the United States. He discusses the need for overcoming the stigma of reaching out for help and encourages the church community to offer hope and healing for families with loved ones suffering with mental health issues.

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 3, 2023**

Successful NFL quarterback Kirk Cousins shares his family story and his journey in football, as well as about the importance of discipleship and evangelism in impacting the culture.

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 10, 2023**

Chad Robichaux is an American hero, and he works to support American heroes worldwide. Save Our Allies, a coalition he created, was born out of his commitment to save his interpreter from the Taliban takeover in Afghanistan. The team he assembled felt called to rescue thousands more, saving Americans, allies, and those who were vulnerable.

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 24, 2023**

With forty years in the TV business and from personal experience, David Murrow understands the negative effects from overuse of screens.

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 22, 2023**

Chaplain Bill Goodrich of God Cares Ministry describes the vibrant opportunity to befriend and share Christ with the elderly in your community. He shares his heart for this forgotten generation of precious people who deserve our love and attention.

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### **FAMILY, PARENTING AND RELATIONSHIPS**

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 2, 2023**

Karis Kimmel Murray reminds parents that we need to stay calm in the midst of misbehavior, look for the reason behind the behavior and gives a “sushi menu” of discipline tactics, including tagging bad behavior, putting things in a “basket,” and teaching the behavior you want to see. She ends with insights into children’s “currency” and age-appropriate consequences.

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 3, 2023**

Dr. John Trent and his daughter, Kari Trent Stageberg, provide strategies for moving toward health, freedom, and life. They talk about Biblical truths that can lead Christ followers to a more positive future, as they share their helpful framework for overcoming past pain and challenges. (Part 1 of 2)

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 4, 2023**

Dr. John Trent and his daughter, Kari Trent Stageberg, provide strategies for moving toward health, freedom, and life. They talk about Biblical truths that can lead Christ followers to a more positive future, as they share their helpful framework for overcoming past pain and challenges. (Part 2 of 2)

#### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 9, 2023**

Deborah Smith Pegues equips women to manage finances wisely in a discussion based on her book *The One-Minute Money Mentor for Women: 21 Strategies for Financial Empowerment*.

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### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 10, 2023**

Sometimes you need to laugh, and Tim Hawkins is ‘just what the doctor ordered.’ His unique spin on the trials and tribulations of everyday life will have you in stitches.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 13, 2023**

Dave Deets shares about the four miscarriages he experienced with his wife. Recognizing the lack of resources for men dealing with miscarriages, he wrote *When Men Have Miscarriages* to help families through these difficult times.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 17, 2023**

Cynthia Tobias and Sue Acuña address why the middle school season of parenting is challenging and how parents can adapt to the changes in an effective way. Emphasis is made of the importance of keeping communication open through listening, observing and understanding.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 27, 2023**

“Generosity” isn’t just about money. In this upbeat talk, Brad Formsma explains how to have a giving mindset, and shares the importance of modeling generosity to your children. It goes beyond money: you can be generous with your thoughts, your words, your time, your influence, your attention, and your stuff.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 30, 2023**

Parents often struggle to communicate effectively during the teen years. Dr. Ken Wilgus encourages moms and dads to relax a little bit, back off from micromanaging, and start treating their teen more like a budding adult. This includes showing them more respect and communicating to them the same way you would another adult. (Part 1 of 2)

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### **Focus on the Family**

**10:00 p.m. (28:30)**

**October 31, 2023**

Parents often struggle to communicate effectively during the teen years. Dr. Ken Wilgus encourages moms and dads to relax a little bit, back off from micromanaging, and start treating their teen more like a budding adult. This includes showing them more respect and communicating to them the same way you would another adult. (Part 2 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 9, 2023**

Author Kathi Lipp offers practical suggestions for planning your family's Christmas celebration so that it can be budget-friendly, stress-free and Christ-centered.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 20, 2023**

Dr. Kathy Koch examines the importance of character in your child's life and ways you can nurture and develop it. She'll reveal your child's core needs and some solid strategies for teaching character. (Part 1 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 21, 2023**

Dr. Kathy Koch examines the importance of character in your child's life and ways you can nurture and develop it. She'll reveal your child's core needs and some solid strategies for teaching character. (Part 2 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**November 22, 2023**

Dr. Mike Bechtle helps you learn to navigate difficult conversations and stressful conditions with friends and family so you can enjoy those get-togethers and special times. You'll learn some practical ways to cope and get along better within appropriate boundaries.

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### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 1, 2023**

Robin Jones Gunn and Jenny Coffey stress that Mom should be the safest person in her daughter's life – where the conversation about puberty and development can be ongoing.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 6, 2023**

Rhonda Stoppe and her son Brandon provide practical advice and encouragement for moms raising sons. The pair discuss discipline, equipping sons for independence, talking in ways that sons will listen, and giving boys a vision for manhood. (Part 1 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 7, 2023**

Rhonda Stoppe and her son Brandon provide practical advice and encouragement for moms raising sons. The pair discuss discipline, equipping sons for independence, talking in ways that sons will listen, and giving boys a vision for manhood. (Part 2 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 8, 2023**

Gary Thomas explains the meaning of Advent, “God with us,” by using a true story about a visit to a ranch where he saw a great word picture: a lone horse and a lone sheep who wouldn't leave each other's sides.

### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 20, 2023**

Lysa TerKeurst reflects on the death of her marriage and how she had to place boundaries in her life to protect her own mental, emotional, and spiritual well-being. (Part 1 of 2)

### **Focus on the Family**

**10:00 p.m. (28:30)**

**December 21, 2023**

## **WBCL Fourth Quarter 2023 Community Issues**

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Lysa TerKeurst reflects on the death of her marriage and how she had to place boundaries in her life to protect her own mental, emotional, and spiritual well-being. (Part 2 of 2)