



KUBE-FM

Q1 2016

K: Quarterly Issues Report Addendum

January 2016

Air Date: Sunday, January 3rd, 2016

Length: 30:14

Organization: Knitted Knockers

Issue: Health/Cancer

Description: Knitted Knockers are special handmade breast prosthesis for women who have undergone mastectomies or other procedures to the breast. The purpose of Knitted Knockers is to connect volunteer knitters with breast cancer survivors to offer free Knitted Knockers to any woman who wants them. The show focused on self-esteem issues with cancer survivors, the disease itself and this wonderful organization.

Air Date: Sunday, January 10th, 2016

Length: 30:09

Organization: Open Doors

Issue: Families/Developmental Disabilities

Description: The mission of Open Doors for Multicultural Families is to ensure that diverse families who have family members with developmental disabilities and special health care needs have equal access to culturally and linguistically appropriate information, resources, and services. They promote culturally competent services through community collaboration, training and partnerships. The show focused on family issues that can arise for the family members of the developmentally disabled and talked about the developmentally disabled themselves.

Air Date: Sunday, January 17th, 2016

Length: 30:16

Organization: League of Education Voters

Issue: Education

Description: The League of Education Voters is a non-partisan organization that partners with parents, students, and civic leaders who believe in a quality education from cradle to career. It is the only Washington-based organization working to improve public education from early learning through higher education. They shape the debate, build powerful coalitions, and grow the grassroots to achieve meaningful reform and ample resources for education. Their vision is that every student in Washington State has access to an excellent public education that provides the opportunity for success. The show focused on their policy work, the different challenges for urban and rural communities, under-represented communities, the opportunity gap, and their agenda for 2016.

Air Date: Sunday, January 24th, 2016

Length: 29:59

Organization: Cancer For College

Issue: Health/Education

Description: Cancer for College has been providing hope and inspiration to cancer survivors by granting college scholarships. Cancer is a horrible disease. It can destroy a person physically and emotionally. It can wipe out a family financially as well. Cancer for College works to help those individuals who have been adversely affected by cancer and help them realize their dream of a college education. The show focused on what Cancer for College does, the challenges of having cancer and paying college tuition, the requirements for applying for one of their scholarships and how to apply. We also talked about their upcoming event "Taste to Educate."

Air Date: Sunday, January 31st, 2016

Length: 29:49

Organization: Environmental Coalition of South Seattle (ECOSS)

Issue: Environmental education for businesses

Description: ECOSS is a nonprofit organization that encourages urban redevelopment and a healthy environment by providing education, resources and technical assistance to diverse businesses and communities in the Puget Sound region. The show focused on the work ECOSS does, the resources and technical assistance they provide, small and medium business challenges trying to be green, the Duwamish Valley communities, their work with immigrant and refugee communities.

February 2016

Air Date: Sunday, February 7th, 2016

Length: 29:49

Organization: United Negro College Fund (UNCF)

Issue: Minorities/Education

Description: UNCF is the nation's largest and most effective minority education organization. The show focused on UNCF, its work, how it supports itself, their partners, their Portfolio Project, events going on around Black History Month.

Air Date: Sunday, February 14th, 2016

Length: 29:38

Organization: Businesses Ending Slavery & Trafficking (BEST)

Issue: Human Trafficking/Business

Description: Businesses Ending Slavery and Trafficking (BEST) aligns and equips leaders to use the power of business to prevent human trafficking. Through training, consultation and collaboration, BEST works with businesses to drive behavioral change and improve the lives of the victims involved. The show focused on BEST's work, their origins, how to get involved, their priorities for 2016, what to do if people suspect they are in the presence of human trafficking.

Air Date: Sunday, February 21st, 2016

Length: 30:04

Organization: Emergency Food Network

Issue: Hunger/Food/Health

Description: Emergency Food Network provides 16 million pounds of healthy, nutritious food annually to 70 food banks, hot meal sites and shelters for distribution to low-income families and individuals. In 2015, more than 1.4 million visits were made to food banks in Pierce County Emergency Food Network aided these visits distributing more than 16 million pounds of food to the programs it serves. Each time a community member walks into a food program with nothing, Emergency Food Network assures they walk out with enough food for nine meals. The show focused on how they work, who they help, food waste, child hunger, Breakfast after the Bell, the Break Bag program, their Mother Earth Farm.

Air Date: Sunday, February 28th, 2016

Length: 30:32

Organization: Advancing Leadership Youth

Issue: Youth Empowerment

Description: Advancing Leadership sprung from a fundamental need within our community to have more of our community dynamically engaged. The spirit of the name, Advancing Leadership, derived from various conceptual aspects pulled from The Leadership Challenge book. It was about inspiring the leadership potential that resides in a diverse population (measured by every measure of diversity) which may not have necessarily recognized those traits or have previously applied them in a highly visible way. We purposefully directed our efforts toward individuals who were innately "life-long learners" with capacity, self-motivation and high degree of commitment to community. The show focused on their work with young people, length of the program, a typical day during "classes," their partners, volunteer opportunities.

March 2016

Air Date: Sunday, March 6th, 2016

Length: 29:59

Organization: National Alliance on Mental Illness (NAMI)

Issue: Mental Illness

Description: NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. What started as a small group of families gathered around a kitchen table in 1979 has blossomed into the nation's leading voice on mental health. Today, we are an association of hundreds of local affiliates, state organizations and volunteers who work in your community to raise awareness and provide support and education that was not previously available to those in need. The show focused on NAMI's work, mental illness, help for people with mental illnesses, the Ending the Silence Program, what to do if a friend or family member seems to be suffering some sort of mental illness, suicide, medical coverage, medication, exercise and diet.

Air Date: Sunday, March 13th, 2016

Length: 30:00

Organization: Friend To Friend & Lifelong

Issue: Isolation

Description: The mission of Friend To Friend America is to end loneliness in the lives of seniors, one senior at a time, "Friend to Friend". Friend to Friend America recruits and trains volunteers in the community to visit lonely and isolated seniors. Lifelong has been a leader in the fight against HIV/AIDS since 1983, when we first passed a soup can around Volunteer Park and collected \$42 to help feed, house and stand by those who were fighting this disease. Our history is grounded in the support of the HIV/AIDS community and so is our future. As long as this disease is here, so are we. Building on our rich experience of caring for the most vulnerable and marginalized individuals, we are also now serving people with a wide diversity of other serious illnesses, especially those disproportionately affected by health disparities. The show focused on isolation, how it affects people's health, donating, volunteering, the "Silver Tsunami," the Senior to Senior program, the Chicken Soup Brigade, and medically specific meals.

Air Date: Sunday, March 20th, 2016

Length: 29:53

Organization: Academy of Nutrition & Dietetics

Issue: Health/Nutrition

Description: The Academy of Nutrition and Dietetics is the world's largest organization of food and nutrition professionals founded in Cleveland, Ohio, in 1917, by a visionary group of women dedicated to helping the government conserve food and improve the public's health and nutrition during World War I. Today, the Academy has over 75,000 members — registered dietitian nutritionists, dietetic technicians, registered, and other dietetics professionals holding undergraduate and advanced degrees in nutrition and dietetics, and students — and is committed to improving the nation's health and advancing the profession of dietetics through research, education and advocacy. The show focused on national Nutrition Month, the theme for this year "Savor the Flavor of Eating Right," 2015 dietary guidelines, physical activity, nutrients we're not getting enough of and how to get them, supplements, salt, mindful eating, added sugar, water.

Air Date: Sunday, March 27th, 2016

Length: 30:05

Organization: Pushing Boundaries

Issue: Health/Exercise/Rehabilitation

Description: Pushing Boundaries is the Northwest's full-service exercise based therapy center, providing intensive exercise based recovery programs focused on regaining function in those paralyzed due to illness, injury, or other neurological disorders. The show focused on their mission, paralysis, how it affects people's lives, using exercise to recover, technology's role, assistance for caregivers and family members, how to get involved with Pushing Boundaries, upcoming events and fundraisers.