

**WBTZ RADIO STATION**  
**QUARTERLY ISSUES/PROGRAM LIST**  
**APRIL 1, 2022 THROUGH JUNE 30, 2022**

AGING

EDUCATION/SAFETY

EMPLOYMENT/RECRUITMENT

FUND RAISING/VOLUNTEERISM

HEALTH

The following pages list the programs aired on WBTZ during the second quarter of 2022. The 15-minute programs, In Touch, Health Source, and Aging Matters, address a variety of issues of concern in our listening area. They ran on Sundays for a half hour from 6:30am to 7am.

GINNY McGEHEE  
WBTZ RADIO  
HALL COMMUNICATIONS  
JUNE 30, 2022

## ***AGING***

**PROGRAM:** Aging Matters

**DATE:** 4/3/22

**GUEST:** Lisa Newton, District Manager for Social Security

**DESCRIPTION:** a discussion about My Social Security week, April 4-10 with registration events at Social Security offices in the region

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 4/17/22

**GUEST:** Laura Marvin, Community Relations Coordinator for NY Meadowbeek

**DESCRIPTION:** a discussion about special events, new letters and ways to connect to residents within the community

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 5/1/22

**GUEST:** Amy Kretzer, executive director of the North Country Agency for the Visually Impaired

**DESCRIPTION:** a discussion about the work for the blind and visually impaired throughout the vast rural region and making sure they are able and safe in their homes

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** In Touch

**DATE:** 5/8/22

**GUEST:** Kirby Dunn, executive director of HomeShare Vermont

**DESCRIPTION:** a discussion about this unique program looking for homeowners, who can benefit from having another person live in their home for free or an affordable rent fee in exchange for helping with some chores and errands

**HOST:** Ginny McGehee

**PROGRAM:** Aging Matters

**DATE:** 5/15/22

**GUEST:** Heather Roust, director of the Rural Law Center for New York

**DESCRIPTION:** a discussion about estate planning, taxes, protecting assets and navigating the search for nursing homes and assisted living

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 5/29/22

**GUEST:** Jonah Milliken, administrator of the Samuel F. Vilas Home for seniors in Plattsburgh

**DESCRIPTION:** a discussion about the history of the 42-bed non-profit facility run by the Department of Health, its services and programs

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 6/12/22

**GUEST:** Julie Stockard, JCEO director

**DESCRIPTION:** a discussion about resources available for seniors in the North Country through JCEO

**HOST:** Maria Alexander, SCCCC

**PROGRAM:** Aging Matters

**DATE:** 6/26/22

**GUEST:** Kate Gardiner, program director for Americorps Seniors, a program of Catholic Charities

**DESCRIPTION:** a discussion about the new branding of the organization formerly RSVP) and how to access services and get involved

**HOST:** Maria Alexander, SCCCC

### ***EMPLOYMENT***

**PROGRAM:** In Touch

**DATE:** 4/10/22

**GUESTS:** New York State Troopers Wendy House and Lamar Phillip

**DESCRIPTION:** a discussion about the roles of New York State Troopers, the varying barracks/areas of the state and recruitment needs throughout including Raybrook, which covers a vast area

**HOST:** Ginny McGehee

### ***HEALTH***

**PROGRAM:** Health Source

**PROGRAM:** Health Source

**DATE:** 4/3/22

**GUEST:** Dr. Jeremiah Dickerson

**DESCRIPTION:** a discussion about Autism Spectrum Disorder, the rise in cases among those 3 to 17 years of age due to better diagnosis and a better knowledge of its effects

**HOST:** Michael Carrese, UVMMC

**PROGRAM:** Health Source

**DATE:** 4/10/22

**GUEST:** Dr. Doris Straighter

**DESCRIPTION:** a discussion about liver disease affected killing a million Americans a year, how to detect it, to get tested for HepC, especially Veterans, which is free.

**HOST:** Michael Carrese, UVMMC

**PROGRAM:** Health Source

**DATE:** 4/17/22

**GUEST:** Nurse Kate Fitzpatrick

**DESCRIPTION:** a discussion about National Nurses Week and how the UVMHC celebrates

**HOST:** Annie Macken, UVMHC

**PROGRAM:** Health Source

**DATE:** 4/24/22

**GUESTS:** Pamela Bideler, director of research, and Liz Vogel, whose father has Alzheimer's

**DESCRIPTION:** a discussion about signs and stages of Alzheimer's and how best to deal with our loved ones

**HOST:** Annie Macken, UVMHC

**PROGRAM:** Health Source

**DATE:** 5/1/22

**GUEST:** Linda Tilton, diabetes educator

**DESCRIPTION:** a discussion about the difference between type 1 and type 2 diabetes and what to do if you are diagnosed with the disease

**HOST:** Annie Macken, UVMHC

**PROGRAM:** Health Source

**DATE:** 5/8/22

**GUEST:** Michelle Belle, registered nurse

**DESCRIPTION:** a discussion about ticks, how to prevent tick-borne diseases and what to do if you suspect you've been bitten

**HOST:** Gina Brittain, UVMHC

**PROGRAM:** Health Source

**DATE:** 5/15/22

**GUEST:** Dr. Guillermo Vanerez

**DESCRIPTION:** a discussion about stroke, how to know the signs and where and how quickly to get help

**HOST:** Annie Macken, UVMHC

**PROGRAM:** Health Source

**DATE:** 5/22/22

**GUESTS:** Zapora Perry, social worker, and Jay, a Vermonter living with HIV

**DESCRIPTION:** a discussion about getting tested and living with HIV and June 27<sup>th</sup>-HIV Testing Day

**HOST:** Alex Tursey, UVMHC

**PROGRAM:** Health Source

**DATE:** 5/29/22

**GUESTS:** nurses Thelma Duckworth and Carly Hague

**DESCRIPTION:** a discussion about Elder Care and the program NICH and why CVPH should adopt it for the elderly community

**HOST:** Chirs Blake, UVMMC

**PROGRAM:** In Touch

**DATE:** 6/5/22

**GUEST:** Karen McFeeters, musician, speech-therapist and director of the Vermont Aphasia Choir

**DESCRIPTION:** a discussion about the Aphasia Choir made up of men and women, who have suffered stroke or other brain injury affecting speech. But not singing, which uses the other side of the brain

**HOST:** Ginny McGehee

**PROGRAM:** Health Source

**DATE:** 6/5/22

**GUEST:** Dr. Daniel Weinstein

**DESCRIPTION:** a discussion about summer safety, risks of some summer activities and protecting ourselves from the sun

**HOST:** Annie Macken, UVMMC

**PROGRAM:** Health Source

**DATE:** 6/12/22

**GUEST:** registered dietician Bridget Shea

**DESCRIPTION:** a discussion about Ketogenic, what is a keto diet and its pros and cons

**HOST:** Alex Tursey, UVMMC

**PROGRAM:** Health Source

**DATE:** 6/19 /22

**GUESTS:** Zapora Perry and Jay, a Vermont living with HIV

**DESCRIPTION:** a repeat of the 5/22/22 program

**HOST:** Annie Macken, UVMMC

**PROGRAM:** Health Source

**DATE:** 6/26/22

**GUESTS:** nurses Thelma Duckworth and Carly Hague

**DESCRIPTION:** a repeat of the 5/29/22 program

**HOST:** Chris Blake, UVMMC

## ***SAFETY***

**PROGRAM:** In Touch

**DATE:** 5/22/22

**GUEST:** VSP Sergeant Jay Riggan, Special Operations Traffic Safety Officer

**DESCRIPTION:** a discussion safety on the roads with pedestrians and bikes, speed, distance between cars and wearing seatbelts

**HOST:** Ginny McGehee

## ***VOLUNTEERISM/FUNDRAISING***

**PROGRAM:** In Touch

**DATE:** 4/24/22

**GUEST:** Sarah Lemnah, executive director of the Cancer Support Foundation of Vermont

**DESCRIPTION:** a discussion about this unique non-profit to help cancer patients and their families get to their treatments, pay bills and help with errands and chores

**HOST:** Ginny McGehee

**PROGRAM:** In Touch

**DATE:** 6/19.22

**GUEST:** Suzanne Johnson, executive director and founder of Sail Beyond Cancer Vermont

**DESCRIPTION:** a discussion about the healing power of sailing, a program that takes cancer patients and five guests (family, Friends or caregivers) out on Lake Champlain for a three hour cruise complete with volunteer crew, a captain and his or her sailboat along with snacks...now in 3 states.

**HOST:** Ginny McGehee