

WNCB  
Raleigh, NC  
Quarterly Issues/Programs List  
Fourth Quarter, 2023  
01/02/2024  
WNCB  
Quarterly Issues/Programs List

WNCB provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were:

**Section I  
LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Recovery Month, Flu Shots, Mental Health	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Ryan Hampton, Recovery Advocate &amp; Founder of Mobilize Recovery.</b> Ryan Hampton discusses his work as a partner in iHeartRadio's iHeart Recovery Month effort, along with efforts to reduce overdoses and end the stigma attached to substance use disorder.</li> <li>• <b>Dr. Leandris Liburd (CDC) &amp; Dr. Willie Underwood (AMA).</b> Dr. Liburd and Dr. Underwood discuss the Ad Council, American Medical Association and CDC's annual "Get My Flu Shot" campaign, an initiative encouraging Americans to get their flu shot, along with an updated COVID-19 vaccine.</li> <li>• <b>Dr. Bob Murry, Chief Medical Officer of NextGen Healthcare.</b> Dr. Murry joins the show ahead of Mental Illness Awareness Week and World Mental Health Day to discuss the signs and symptoms of anxiety and depression, who's most at risk for those conditions, and resources available for those seeking mental health assistance.</li> </ul>	R. Hampton, Dr. L Liburd, Dr. B. Murry	10/01/2023 07:00 AM	030:00

Health and Recovery	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>In this special edition of the show, four guests discuss 'The Most Beautiful Sound,' a powerful and artistic representation of cancer cells being destroyed. <b>Ankit Vahia</b> explains how the sound was created. <b>Kristen Neese</b> shares the role the American Society of Clinical Oncology played in the process. <b>Heidi Floyd</b> describes the impact the sound had on her, as a two-time cancer patient. And <b>Dr. Don Dizon</b> discusses how the oncology field could use these sounds to help future cancer patients remain hopeful. <ul style="list-style-type: none"> <li><b>Dr. Don Dizon</b>, Academic Medical Oncologist</li> <li><b>Heidi Floyd</b>, 2-Time Cancer Patient &amp; Advocate</li> <li><b>Ankit Vahia</b>, Chief Strategy Officer at GREY</li> <li><b>Kristen Neese</b>, Chief Marketing &amp; Communications Officer at the American Society of Clinical Oncology</li> </ul> </li> </ul>	Dr. D. Dizon, H. Floyd, A. Va	10/08/2023 07:00 AM	030:00
Hispanic Heritage Month, Fire Prevention,	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li><b>Claudia Romo Edelman, Founder &amp; CEO of the We Are All Human Foundation.</b> Claudia Romo Edelman joins the show for Hispanic Heritage Month to discuss the contributions of Hispanics to the U.S. economy and culture.</li> <li><b>Ivanette Bonilla, Director of Communications for Kidde &amp; Captain Michael Cozo, FDNY Foundation Representative.</b> Ivanette Bonilla and Captain Cozo discuss Fire Prevention Week, including the importance of functioning fire alarms in homes and businesses and why fires spread more rapidly than ever before.</li> <li><b>Andrea Vastis, Senior Director for Public Education at the National Fire Protection Association.</b> Andrea Vastis shares numerous fire</li> </ul>	C. Edelman, I. Bonilla, M. Cozo	10/15/2023 07:00 AM	030:00

		safety tips for Fire Prevention Week, with a focus on cooking safety ahead of the holidays.			
Anti-bullying and Breast Cancer	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Sarah Kate Ellis, President &amp; CEO of GLAAD.</b> Sarah Kate Ellis joins the show to recap Spirit Day 2023, the country's most visible anti-LGBTQ bullying campaign, along with some of the issues LGBTQ youth face and how GLAAD is working to address those problems.</li> <li>• <b>Dr. William Dahut, Chief Scientific Officer at the American Cancer Society.</b> Dr. Dahut joins the show for Breast Cancer Awareness Month, stressing the importance of women getting tested early and often, along with the progress made over the past few decades in diagnosing and treating breast cancer.</li> </ul>	S. Ellis, Dr. W. Dahut	10/22/2023 07:00 AM	030:00
Breast Cancer Awareness	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Dr. Dorraya El-Ashry, Chief Scientific Officer for the Breast Cancer Research Foundation.</b> Dr. El-Ashry joins the show for Breast Cancer Awareness Month to break down the latest advancements in breast cancer diagnosis and treatments, and the ongoing work towards finding a cure.</li> </ul>	Dr. D. El-Ashry	10/29/2023 07:00 AM	030:00
Public Health and Cyber Bully	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Alissa Kanowitz, Co-Founder &amp; Board Member for Families Fight Flu.</b> Alissa Kanowitz discusses the death of her four-year-old daughter Amanda to the flu, along with the work her organization does to save lives and reduce hospitalizations by protecting children, families, and communities against influenza through education and advocacy.</li> <li>* <b>Kristin Bride, Social Media Reform Advocate.</b> Kristin Bride discusses the death of her 16-year-old son to suicide following a relentless cyber-bullying campaign by classmates, along with her work on the</li> </ul>	A. Kanowitz, K. Bride	11/05/2023 07:00 AM	030:00

		bipartisan Kids Online Safety Act bill currently before Congress.			
Veterans Day Weekend Special (Veterans Affairs)	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• Veterans Day weekend special featuring the following organizations helping veterans and their families nationwide: <ul style="list-style-type: none"> <li>○ <b>Colonel Duncan S. Milne (Ret.) - U.S. Marine Corps Veteran &amp; President of the Dixon Center for Military and Veterans Services</b></li> <li>○ <b>Dan Clare - US Marine &amp; Air Force Veteran and Chief Communications &amp; Outreach Officer at Disable American Veterans</b></li> <li>○ <b>Jim Whaley - U.S. Army Veteran &amp; CEO of Mission Roll Call</b></li> <li>○ <b>Brigadier General Jack Hammond (Ret.) - U.S. Army Veteran &amp; Executive Director of Home Base</b></li> <li>○ <b>Matt Parrish - Green Beret Veteran &amp; Executive Director of Task Force Dagger</b></li> </ul> </li> </ul>	D. Milne, D. Clare, J. Whaley	11/12/2023 07:00 AM	030:00
Public Health	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Elliott Gaskins, Acting Chief Resource Development and Growth Officer at Share Our Strength.</b> Elliott Gaskins discusses the No Kid Hungry campaign, a national initiative to end hunger in America, and ways to help support this effort during the holiday season.</li> </ul>	E. Gaskins	11/19/2023 07:00 AM	030:00
SUICIDE PREVENTION	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>JP Lane, Army Veteran and Spokesperson for Semper Fi &amp; America's Fund.</b> JP Lane joins the show to discuss his struggles after being struck by an IED in Afghanistan and attempting suicide 12 times, along with the work Semper Fi &amp; America's</li> </ul>	J. Lane	11/26/2023 07:00 AM	030:00

		Fund does to help veterans like him and service members and military families.			
World AIDS Day, Veterans Affairs Suicide Prevention, Holiday Stolen Package Prevention	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Dr. Robyn Neblett Fanfair, Acting Director of CDC's Division of HIV Prevention.</b> Dr. Neblett Fanfair joins the show for World AIDS Day to discuss the progress made in combating the HIV epidemic, along with the latest information on the amount of Americans impacted by the disease and which groups are most at risk.</li> <li>• <b>Cole Lyle, USMC Veteran &amp; Executive Director of Mission Roll Call.</b> Cole Lyle breaks down the latest Department of Veterans Affairs Veteran Suicide Report and discusses ways to help prevent veteran suicide moving forward.</li> <li>• <b>Jennifer Streaks, Senior Personal Finance Reporter for Business Insider.</b> Jennifer Streaks joins the show for insight into spending best practices during the holiday season and important information on how to deal with stolen or missing packages.</li> </ul>	Dr. R. Neblett, C. Lyle, J. Streaks	12/03/2023 07:00 AM	030:00
ANIMAL WELFARE	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Susanne Kogut, CEO of Petco Love.</b> Susanne Kogut joins the show to discuss her organization's work in facilitating pet adoptions nationwide, providing vaccines and affordable pet treatment options for pet owners, and helping unify lost pets with their owners.</li> </ul>	S. KOGUT	12/10/2023 07:00 AM	030:00
Online fraud, Holiday Philanthropy	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Kathy Stokes, AARP's Director of Fraud Prevention Programs.</b> Kathy Stokes joins the show to break down some of the top scams to watch out for this holiday season, from gift card fraud to online shopping threats, along with what to do if you fall victim to a scam.</li> </ul>	K. Stokes, K. Hodder	12/17/2023 07:00 AM	030:00

		<ul style="list-style-type: none"> <li>• <b>Commissioner Kenneth Hodder, National Commander of The Salvation Army.</b> Commissioner Hodder checks in to discuss the services provided by The Salvation Army, the Red Kettle campaign, and the need Americans are experiencing nationwide.</li> </ul>			
Veterans Issues, Search & Rescue, Aid	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Bryan Stern</b>, Founder &amp; CEO of Project Dynamo, a veteran-led, donor-funded, international search, rescue, aid, and assistance 501(c)(3) non-profit organization. Bryan Stern discusses his organization’s work rescuing Americans and our allies from countries where the U.S. government is no longer operating, such as Afghanistan, Ukraine, and Russia, along with their previous rescue work in disaster areas like Southwest Florida following Hurricane Ian.</li> </ul>	B. Stern	12/24/2023 07:00 AM	030:00
Substance Abuse, Recovery	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	<ul style="list-style-type: none"> <li>• <b>Laurie Dhue</b>, Chief Branding Officer for RecoveryEducation.com &amp; Former Fox News Anchor – Laurie Dhue joins the show to discuss her personal battle with alcohol use disorder, along with the work RecoveryEducation.com does providing families with resources to help teens and young adults navigate substance use.</li> </ul>	L. Dhue	12/31/2023 07:00 AM	030:00

**Section II**

**NETWORK (and/or SYNDICATED) PROGRAMMING**

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

ISSUE	PROGRAM / TITLE	DESCRIPTION	DATE/TIME	DURATION
Food Waste, Education	VIEWPOINTS	<b>Synopsis:</b> Each year, we throw away the equivalent of 130 billion meals. This wasted food could feed hundreds of millions of people and negatively impacts the environment both from its production and then the methane it releases once in a landfill. We cover the ongoing food waste crisis in America and hear from one tech platform that’s helping to connect hungry people to food that would otherwise be tossed into a trash bin.	10/01/2023 07:30 AM	030:00

		<p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Sarah Soteroff, North American spokesperson, Too Good To Go</p> <p><b>Synopsis:</b> Millions of kids are failing to meet reading comprehension standards. With so many young people falling through the cracks, we look at what's broken within the current curriculum and how new research on reading education can lead to some improvements. Education expert Natalie Wexler joins us to share important insights and what parents can also do at home to bolster these skills.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Natalie Wexler, education expert, author, The Knowledge Gap: The Hidden Cause of America's Broken Education System - And How to Fix It</p>		
Mental Health, Communication, Immigration Law	VIEWPOINTS	<p><b>Synopsis:</b> Deborah Kasdan's sister, Rachel, had a bright future ahead of her. She was a natural creative, a talented student and loved to travel and meet new people. However, this future dimmed when Rachel was diagnosed with schizophrenia during her mid-twenties. The diagnosis forever impacted both Rachel and the family. She sadly passed away at age 59, but Deborah Kasdan joins us this week to share her sister's story and the wide-ranging toll of mental illness.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Deborah Kasdan, writer, author, Roll Back the World: A Sister's Memoir</p> <p><b>Synopsis:</b> In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at the Illinois Department of Motor Vehicles. Keathley and her former lawyer, Richard Hanus, join us this week to share the stressful, years-long legal battle that almost led to her being deported back to the Philippines.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Richard Hanus, immigration attorney, The Law Offices of Richard Hanus; Elizabeth Keathley, immigrant</p>	10/08/2023 07:30 AM	030:00
Animal Science, Environment, Free Speech	VIEWPOINTS	<p><b>Synopsis:</b> Spiders and bats are some of the most common symbols of Halloween spookiness. We speak with two experts to get the truth behind these traditionally scary creatures and hear why neither of them are nearly as scary as we think.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Nancy Troyano, entomologist, director of technical education &amp; training, Rentokil North America; Merlin Tuttle, ecologist, wildlife photographer, conservationist, author of the book, The Secret Lives of Bats: My Adventure with the World's Most Misunderstood Mammals</p>	10/15/2023 07:30 AM	030:00

		<p><b>Synopsis:</b> Have you seen an advertisement or commercial for the group, FIRE? The acronym stands for the Foundation for Individual Rights and Expression, but even after watching an ad, it can still be confusing to grasp what exactly this organization truly stands for. As the presidential cycle heats up, this kind of messaging is only going to grow more common over the next year, so we wanted to uncover what exactly FIRE stands for and why some people have mixed feelings on the nonpartisan nonprofit.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri, Grace Galante  <b>Guests:</b> Nico Perrino, executive vice president, FIRE; Steve Macek, professor, communication &amp; media studies, North Central College</p>		
Public Health, Grief, Relationships	VIEWPOINTS	<p><b>Synopsis:</b> Even before the pandemic hit, more than half of U.S. adults responded that they struggle with feelings of loneliness and isolation. Fast forward four years and this problem has only grown worse. Millions of children, teens and adults feel completely disconnected from their neighbors, towns, and local organizations. We talk about what's fueled this decline in recent decades and how listeners can take steps to start forming new connections where they live.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Seth D. Kaplan, lecturer, Johns Hopkins University, senior advisor, Institute for Integrated Transitions, author, Fragile Neighborhoods: Repairing American Society, One Zip Code at a Time</p> <p><b>Synopsis:</b> Is there a right or wrong way to grieve the loss of someone you love? We speak with two adults who've dealt with the loss of a spouse to get a better sense of the grieving process and what people do &amp; don't need to hear during this difficult time.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri, Grace Galante  <b>Guests:</b> Megan Devine, psychotherapist; Michael Korda, former editor-in-chief, Simon &amp; Schuster, author, Passing: A Memoir of Love and Death</p>	10/22/2023 07:30 AM	030:00
Child Development, Parenting, Culture, Psychology	VIEWPOINTS	<p><b>Synopsis:</b> Americans are struggling to bear the extremely large price tag of early childhood care. In some big cities, parents are paying upwards of \$30,000 per year, per child, for this service. We speak with mother, Christina Kuhn, who lives in Michigan about how high childcare costs are impacting her day-to-day and talk to childcare policy expert, Patricia Cole, about what needs to change to better support families and create an environment that encourages raising healthy children.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri</p>	10/29/2023 07:30 AM	030:00

		<p><b>Guests:</b> Patricia Cole, Senior Director of Federal Policy, Zero to Three; Christina Kuhn, mother</p> <p><b>Synopsis:</b> It's the time of year when we transform into a different character through costume, setup scary decorations and maybe check out a haunted house or two. Even though these things can be scary, we enjoy the fun and festivities that Halloween brings us each year. We speak with two guests about why Halloween has become such a popular global event and why many of us get a kick out of feeling temporarily scared.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri</p> <p><b>Guests:</b> Ben Armstrong, co-owner, Netherworld Haunted House, president, America Haunts; Dr. Janina Scarlet, clinical psychologist</p>		
Health, Medicine, Government, Astrophysics	VIEWPOINTS	<p><b>Synopsis:</b> The Cleveland Clinic estimates that about 1 in 3 Americans struggle with sleep. The problems are wide-ranging, including trouble falling or staying asleep or just not feeling rested each morning. We speak with sleep expert, Dr. Aric Prather about what the latest research shows us is the best way to improve sleep. In many cases, these recommendations are focused on setting good habits, retraining the brain, and checking off some items that can help aid slumber in the bedroom.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri</p> <p><b>Guests:</b> Dr. Aric Prather, psychologist, director, Behavioral Sleep Medicine Research Program, University of California, San Francisco</p> <p><b>Synopsis:</b> There seems to be a lot of narratives, conspiracy theories and research funneling into if aliens really do exist. We speak with two experts about how the scientific community approaches this field of study and some of the challenges that come with working within this space.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Tabor Brewster</p> <p><b>Guests:</b> Paula Bontempi, dean, Graduate School, Oceanography, University of Rhode Island; Nathalie Cabrol, chief scientist, Carl Sagan Center for Research at the SETI Institute</p>	11/05/2023 07:30 AM	030:00
Labor Issues, Manufacturing, Climate,	VIEWPOINTS	<p><b>Synopsis:</b> Almost 50,000 American employees - a third of the total workforce between GM, Ford and Stellantis - walked off the job and went on strike for six weeks earlier this fall. This coordinated effort marks the first time that employees walked out on all three companies at once. We discuss why this massive strike was a long-time coming and how this recent walk-off is a sign of an ever-growing labor activism movement in the U.S.</p> <p><b>Host:</b> Gary Price</p>	11/12/2023 07:30 AM	030:00

Lifestyle, Mental Health		<p><b>Producer:</b> Grace Galante, Amirah Zaveri  <b>Guests:</b> Lane Windham, labor historian, Georgetown University; Kate Bronfenbrenner, senior lecturer, director, Labor Education Research, Cornell University</p> <p><b>Synopsis:</b> Experts estimate that about 10 million Americans deal with seasonal affective disorder, or SAD, each year. Interestingly, women are four times more likely to be diagnosed than men. And this number is also thought to be higher than reported since many adults go undiagnosed. We cover just how much SAD (and lesser variations like the winter blues) can affect your life during the colder, gloomier winter months and how some easy lifestyle changes can help ease symptoms each year.  <b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Carrie Ditzel, clinical psychologist, Baker Street Behavioral Health</p>		
Exercise, Health, Community, Archaeology, History, Culture	VIEWPOINTS	<p><b>Synopsis:</b> Running clubs have exploded in recent years thanks to the pandemic. And there's a different running club for everyone. You don't have to be fast or extremely athletic to take part these days. We speak with two members of different running clubs about the benefits of being in this kind of group and how listeners can easily get involved.  <b>Host:</b> Gary Price  <b>Producer:</b> Polly Hansen  <b>Guests:</b> Beth McHugh, runner, member, 261 New England Run Club; Billy Heatherly, runner, member, Fleet Feet Club, Asheville, North Carolina</p> <p><b>Synopsis:</b> It's an intriguing slab of rock, but why was finding and decoding the Rosetta Stone so important to scholars? In short, it's the key to unlocking the unique Egyptian language of illustrated text referred to as hieroglyphs. We speak with Edward Dolnick, author of The Writing of the Gods: The Race to Decode the Rosetta Stone, about the monumental impact of this discovery.  <b>Host:</b> Marty Peterson  <b>Producer:</b> Polly Hansen  <b>Guests:</b> Edward Dolnick, writer, author, The Writing of the Gods: The Race to Decode the Rosetta Stone</p>	11/19/2023 07:30 AM	030:00
Parenting, Pet Care,	VIEWPOINTS	<p><b>Synopsis:</b> As pet owners, many of us are guilty of sometimes treating our furry friends with too many treats - especially during the holidays. We speak with Dr. Carol Osborne, an integrative veterinarian, to get some insightful tips on what foods owners should avoid feeding their pets this holiday season and how you can maintain and best care for the health of your pet.  <b>Host:</b> Gary Price</p>	11/26/2023 07:30 AM	030:00

Agriculture, Farming		<p><b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Dr. Carol Osborne, integrative veterinarian, owner, Chagrin Falls Veterinary Center &amp; Pet Clinic</p> <p><b>Synopsis:</b> Go back several decades and the items we eat today tasted a lot different. Viewpoints speaks with two food experts about the evolution of ingredients and how listeners cooking for the holidays can incorporate some of these older, more traditional recipes onto their tables.  <b>Host:</b> Marty Peterson  <b>Producer:</b> Tabor Brewster  <b>Guests:</b> David Shields, food historian, professor, English Language and Literature, University of South Carolina; Adrian Miller, food writer, "Soul Food Scholar"</p>		
Career, Diversity, Publishing, Chronic Disease, Family Planning	VIEWPOINTS	<p><b>Synopsis:</b> Last year, revenue in publishing exceeded 28 billion dollars. But - the reality is that just a handful of giant publishers hold much of the power in this sector. We cover how publishing has changed over the last 50 years and how this affects what books you see and read.  <b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Dan Sinykin, assistant professor, English, Emory University, author, Big Fiction: How Conglomeration Changed the Publishing Industry and American Literature</p> <p><b>Synopsis:</b> Of the 24 million Americans with autoimmune diseases, about 80 percent are women. A 2020 paper in the American Journal of Nursing estimates that nearly 90 percent of women ages use contraception – which may worsen a preexisting disease. Our experts breakdown this research and why more research is needed in this case.  <b>Host:</b> Marty Peterson  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Dr. Lisa Sammaritano, Professor of Clinical Medicine, Weill Cornell Medical College; Dr. Kristen Demoruelle, Rheumatologist, Associate Professor of Medicine, University of Colorado School of Medicine; Kristy Griffin, patient</p>	12/03/2023 07:30 AM	030:00
African American History, Aviation, Mental Health, Relationships	VIEWPOINTS	<p><b>Synopsis:</b> Most Americans are well acquainted with the story of Amelia Earhart, but few have heard the story of Bessie Coleman - a courageous African American female pilot - who received her pilot's license two years before Earhart took to the skies. This week - we cover the story of Coleman and the many barriers she faced as an African American woman in the early 1900's determined to make a name for herself as a pioneer in performance stunt flying.  <b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri</p>	12/10/2023 07:30 AM	030:00

		<p><b>Guests:</b> Tanya Hart, Flying Free Films, host &amp; producer, Hollywood Live with Tanya Hart</p> <p><b>Synopsis:</b> People will soon be celebrating the start of 2024, and many will be resolving to change something in their lives – the ubiquitous “New Year’s Resolution.” Maybe you’ve set a resolution to think more positively next year or gain a greater balance between work and life. We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Pat Reuter  <b>Guests:</b> M.J. Ryan, expert, change &amp; human fulfillment, author, Habit Changers: 81 Game Changing Mantras to Mindfully Realize Your Goals</p>		
Public Health, Aging, Cancer, Government, Elections, Democracy	VIEWPOINTS	<p><b>Synopsis:</b> Shannon Miller holds many titles. Former Olympic gymnast. Seven-time Olympic medalist. Mother. Wife. But she also has another, unexpected title: ovarian cancer survivor. Miller joins Viewpoints this week to share her experience and perspective after she was diagnosed with cancer at just 33 years old. She hopes her story - and the challenges she went through - will help raise awareness around the importance of keeping up to date on medical checkups and screenings as you age.</p> <p><b>Host:</b> Gary Price  <b>Producer:</b> Amirah Zaveri  <b>Guests:</b> Shannon Miller, former American gymnast, seven-time Olympic medalist, cancer advocate &amp; ovarian cancer survivor</p> <p><b>Synopsis:</b> With the 2024 presidential election right around the corner, it’s a good time to discuss a growing and debated trend in America: increasingly older politicians. Two former opponents - President Joe Biden, age 81, and Former President Trump, age 77 - are again throwing their hat into the 2024 race, but many Americans have concerns about the competency of these older candidates and other members of the Senate and Congress. We speak with two experts about both sides of the argument and how the political landscape would change if stricter term limits were put in place.</p> <p><b>Host:</b> Marty Peterson  <b>Producer:</b> Grace Galante  <b>Guests:</b> Nick Tomboulides, executive director, nonprofit, U.S. Term Limits; Casey Burgat, Legislative Affairs Program Director, George Washington University</p>	12/17/2023 07:30 AM	030:00
Addiction, Career, Mental	VIEWPOINTS	<p><b>Synopsis:</b> More than 28 million people, ages 18 and older, reported an alcohol use disorder in 2022, according to the National Survey on Drug Use and Health – a large-scale report overseen by the National Institutes of Health. This equates to about 11 percent of the overall American population who have an impaired ability to</p>	12/24/2023 07:30 AM	030:00

<p>Health, Government, Law Enforcement, PTSD</p>		<p>stop or control their drinking despite its negative effects. Alcohol use disorder can range from a mild dependence to a severe addiction. For author Annie Grace, it took decades to find a way forward without drinking daily. This week - She opens about her past alcoholism and what finally helped her break the cycle.</p> <p><b>Host:</b> Gary Price <b>Producer:</b> Amirah Zaveri <b>Guests:</b> Annie Grace, author, This Naked Mind: Control Alcohol, Find Freedom, Discover Happiness, and Change Your Life</p> <p><b>Synopsis:</b> It's been nearly three years since the attack on the U.S. Capitol. The January 6 insurrection marks the biggest assault on American democracy and the peaceful transfer of power since the Civil War. We speak with former Capitol Hill police sergeant Aquillino Gonell about the violence he witnessed that day and how this traumatic experience has shaped his life and perspective.</p> <p><b>Host:</b> Marty Peterson <b>Producer:</b> Polly Hansen <b>Guests:</b> Aquillino Gonell, former police sergeant, Capitol Hill Police, former U.S. Army sergeant, author, American Shield: The Immigrant Sergeant Who Defended Democracy</p>		
<p>Climate Change, Paleontology, Child Development, Grief, Literature</p>	<p>VIEWPOINTS</p>	<p><b>Synopsis:</b> There's something special about dinosaurs. These majestic creatures walked the Earth for more than 165 million years. Compare this to the span of humans who've only been around for five to seven million years so far. There's no doubt that dinosaurs left their mark. Some scientists even wonder – would they still be around today if the asteroid never collided with Earth? We answer this question and more this week on Viewpoints.</p> <p><b>Host:</b> Gary Price <b>Producer:</b> Amirah Zaveri <b>Guests:</b> Michael Benton, professor, vertebrate paleontology, University of Bristol – England</p> <p><b>Synopsis:</b> One in twelve children will lose a parent or sibling by the time they reach age 18. Experiencing grief of this kind is unbearable at any age, but in children it can present differently and may require more of a tailored approach. We speak with child therapist Natasha Daniels to get a better understanding of this emotion and how there can be different variations of grief depending on the severity of the life event.</p> <p><b>Host:</b> Marty Peterson <b>Producer:</b> Amirah Zaveri <b>Guests:</b> Natasha Daniels, child therapist, author, The Grief Rock: A Book to Understand Grief and Love</p>	<p>12/31/2023 07:30 AM</p>	<p>030:00</p>

**Section III  
PUBLIC SERVICE ANNOUNCEMENTS**

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
AWARENESS	PSA AMERICA CORE	000:59	1
AWARENESS	PSA USO	001:00	1
AWARENESS	PSA VOLUNTEER	000:59	1
AWARENESS	PSA WNCB ONLY	000:14	48
BREAST CANCER RESEARCH FOUNDA	BREAST CANCER RESEARCH FOUNDA	000:30	14
COMMUNITY INVOLVEMENT	OPERATION HOPE	000:30	2
COMMUNITY INVOLVEMENT	SHINE A LIGHT	000:30	8
HOMEBASE	HOMEBASE	000:30	15
KIDDE COMMUNITY FIRE SAFETY	KIDDE COMMUNITY FIRE SAFETY	000:29	9
KIDDE COMMUNITY FIRE SAFETY	KIDDE COMMUNITY FIRE SAFETY	000:30	4
MENTORSHIP & VOLUNTEERING	BIG BROTHERS BIG SISTERS	000:30	6
SHOW YOUR STRIPES	SHOW YOUR STRIPES	000:30	4
SHOW YOUR STRIPES	SHOW YOUR STRIPES	000:30	4
SHOW YOUR STRIPES	SHOW YOUR STRIPES	000:30	5
SU2C CANCER RESEARCH	Local Promo PSA	000:30	66