

Issue	Organization	Date/Time/Duration	Program Segment
Remediating Poverty	Remote Area Medical	1/1/24 to 1/14/24	Remote Area Medical will hold a free, three-day clinic Jan. 12-14, 2024 located at the Jacob Building at 3301 E. Magnolia Ave., Knoxville, TN 37914 for three days only. Clinic doors open at 6 a.m.
Cultural Heritage	Smoky Mountain Blue Society	1/1/24 -	The Smoky Mountain Blues Society preserves and promotes Blues music along with fostering unity among all people. They offer programs for veterans and have a Blues in the Schools program as well as concerts at local venues. More information can be found at smoky mountain blues dot org slash events
Cultural Heritage	Jubilee Community Arts	1/1/24 -	WDVX is a media sponsor of the Laurel Theatre's concert series presented by Jubilee Community Arts. _____ will perform on _____. Shows start at 8 PM. The Laurel Theatre is located at 16th and Laurel Avenue in Knoxville. Tickets and information are available online at JUBILEE ARTS dot org.

Cultural Heritage	Penny 4 Arts	1/1/24 -	The Penny 4 Arts program includes arts and cultural events and activities open to Knox County students for just a penny... .. made possible by Greater Knoxville arts and culture organizations. For a schedule of upcoming events, visit the website PENNY 4 (the number 4), ARTS dot com.
Sustainability/Cultural Heritage	Nourish Knoxville	1/11/24-1/20/24	Nourish Knoxville announces the reopening of the Winter Farmers Market on Market Square, scheduled for January 20, 2024, from 10 am to 2 pm. This will begin a series of markets running every Saturday through the end of March. For more information about the Winter Farmers' Market, the website is nourish knoxville dot org
Cultural Heritage	Traditional Irish Arts of Knoxville	1/15/24-2/3/24	Traditional Irish Arts of Knoxville presents the 16th Annual Tune Junkie Concert February 3, 2024, at the Historic Grove Theater in Oak Ridge, TN. The concert will feature Josh Dukes, Tony DeMarco, Dylan Foley, Patrick D'Arcy, John Skelton and more. Doors open at 6:00 and the show starts at 7 PM. For tickets and information the website is trad knox dot com.

Cultural Heritage	Knox Heritage	1/17/24-2/16/24	<p>Nominations are open for the 2024 East Tennessee Preservation Awards! Each year, Knox Heritage recognizes individuals, organizations, and projects contributing to historic preservation. You can submit nominations of historic (50+ years old) residential or commercial projects that have been completed between March 2023 and February 2024 by February 16, 2024. More information available at knox heritage dot org.</p>
Remediating Poverty	Remote Area Medical	1/22/24 - 3/23/24	<p>Remote Area Medical is seeking volunteer medical, dental and vision professionals and general support staff for its March 23-24 clinic at Jellico High School. If you or your organization would like to volunteer the website is ramusa.org or call us at 865-579-1530.</p>

Cultural Heritage	East Tennessee Historical Soci	3/26/24-4/6/24	<p>The East Tennessee Historical Society has a new Spring program, Everyday Arts on Saturday, April 6, 2024 from 10:00 a.m. – 4:00 p.m. at the East Tennessee History Center, 601 S. Gay Street, Knoxville, TN 37902.</p> <p>Throughout history, people created items they needed – often in artistic ways. The Museum of East Tennessee galleries will have historic examples of these arts and you can take your turn at creating your own at the make-and-take stations. This family friendly event is free and open to the public.</p>
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Sustainability	Ijams Nature Center	3/26/24-4/21/24	<p>Ijams Nature Center presents the third annual Fleurish: A Sustainable Fashion Event (and Fundraiser) at Ijams Nature Center bringing eco-friendly and sustainable Punk vs. Funk designs to the runway on Sunday, April 21. The cocktail hour will feature photo ops on the “green” carpet, education stations, and information about conservation efforts in the fashion realm. For more information, the website is Ijams dot org.</p>
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Remediating Poverty	CASA	3/27/24-5/18/24	CASA of the Tennessee Heartland announces it's 2nd annual Uncork and Unwind charity event dedicated to CASA and the Tennessee Heartland on Saturday May 18th at 125 Lone Ridge Lane, Clinton, TN. For tickets and more information the website is interland 3 dot donor perfect dot net.
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Culinary Cultural Heritage	Iva Spoon Wilde	1/6/2024	Cast Iron Cornbread, make your own butter, fried peach pies, Beef Stew, and "Pal's Sudden Service".
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Culinary Cultural Heritage	Sarah L. Hall	1/13/2024	<p>Sown in the Stars brings together the collective knowledge of farmers in central and eastern Kentucky about the custom of planting by the signs. Sarah Hall interviews nearly two dozen Kentuckians who still follow the signs of the moon and stars to guide planting, harvesting, canning and food preservation, butchering, and general farmwork. Hall explores the roots of this system in both astrology and astronomy and the profound connections felt to the stars, moon, planets, and the earth. Revealed in the personal narratives are the diverse interpretations of the practice. Some farmers and gardeners believe that the moon's impact on crop behavior is purely scientific, while others favor a much wider interpretation of the signs and their impact on our lives. Featuring photographs by Meg Wilson, this timely book bridges the past, present, and future by broadening our understanding of this practice and revealing its potential to increase the resiliency of our current agricultural food systems.</p>
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Culinary Cultural Heritage	Cold Weather Comfort Food	1/20/2024	<p>Today we set the table with economical Comfort Foods for Cold weather. The sort of food that we can make a big pot of and eat on for several days. Host Amy Campbell shares her recipe for chicken pot pie that came about after a failed pot of chicken and dumplings. Campbell also shares two Hoppin' John recipes from the late great Minnie Pearl and Phila Hach. Mary Dee Dee Constantine shares a Hoppin John Recipe from Lisa Smith.</p>
Culinary Cultural Heritage	Femeika "Meik" Elliott	2/3/2024	<p>Today, we are setting the table with pant-based eating and how this helps new moms. Today's first guest is Meik Elliott, creator and owner of Meik Meals. This young, black, Knoxville-based entrepreneurial chef creates foods that give us the comfort of taste while using healthier ingredients. Meik encourages people to make lifestyle choices that nurture the body, mind, and soul. She specifically works with postpartum Mothers to help them feel their best through food, education, and meditation with her Lotus program. Meik also speaks to groups throughout the community about her work.</p>

Culinary Cultural Heritage	John Coykendall	2/10/2024	<p>This week, we're sharing seed saving stories with our seed-saving pal John Coykendall of Knoxville. John tells us how he became a seed saver, some of the varieties he has saved, where to find old-time heirloom seed like the ones he saves, and shares some cute stories. John worked with host Amy Campbell in the garden at Blackberry Farm in 2007. That's where he first taught Campbell the importance of heirloom seeds.</p>
Culinary Cultural Heritage	Jessica Carr	2/24/2024	<p>This week's first guest is Jessica Carr, a young entrepreneur and creator of the Girls Gotta Eat Good, Knoxville's first Asian bakery. Jessica turned her love of baking, her mother's old recipes, and a daring leap of faith into an innovative business that has seen good results. Fred Sauceman's Potluck Radio Series also visits with Ron Hawkins of Hawk Nest Farms, a wagyu beef farm located in the Greene-Washington County area of Tennessee.</p>