



5am SUNDAYS

**Section III 2022
LOCAL PROGRAMMING**

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TI ME	DURATION
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<p>Prediabetes and the risk of serious consequences of COVID-19 ----- COVID-19 vaccines now recommended for children----- ----- Latin Music trends in Florida ----- USDA Offers 4th of July Food Safety Tips to Pros and Beginners</p>	<p>Florida Exclusivo</p>	<p>Do I have prediabetes? public service campaign and highlight the serious complications of COVID-19 that people with diabetes can face, as well as ways to reverse prediabetes and prevent it from turning into type 2 diabetes. How having diabetes can increase the risk of severe illness from COVID-19. The reason so many Americans have prediabetes but don't know it. ----- With summer activities underway and the new school year fast approaching, vaccinating children against COVID-19 can help keep them protected so they can safely participate in activities that are important to their health and development. Parents with questions about COVID-19 vaccines should talk to their pediatricians and visit GetVaccineAnswers.org and HealthyChildren.org for the latest information that can help them make the right decision for their families. ----- Latin music trends and the formula for helping artists break through today. ----- As millions of Americans head to picnics, barbecues and fire up the grill this July 4th and throughout the summer, the United States Department of Agriculture (USDA) is encouraging consumers to follow the four steps to food safety</p>	<p>Betsy Rodriguez, RN, MSN, CDE, Senior Public Health Advisor and Spokesperson for the CDC ----- Dr. Ilan Shapiro, representative of the American Academy of Pediatrics ----- Jeremy Norkin of Exile Music ----- Beverly Cazares Spokesperson USDA</p>	<p>7/2/2022</p>	<p>1hr.</p>
<p>Twelve tips for the introduction of emotional intelligence.</p>	<p>Florida Exclusivo</p>	<p>Emotional intelligence (EI) is the ability to recognize, understand, and manage emotions in you and in others. EI has long been recognized as a critical component for individual and organizational success within the business realm, and there is emerging evidence that enhancing EI is equally important in all aspects of life</p>	<p>Dra. Wanda Bonet</p>	<p>7/9/2022</p>	<p>1 hr.</p>
<p>Suicide in Florida. Tips to identify the signs and ways to prevent suicide</p>	<p>Florida Exclusivo</p>	<p>Suicide is a serious public health problem that can have lasting harmful effects on individuals, families, and communities. There are many factors that contribute to suicide. The goal of suicide prevention is to reduce factors that increase risk and increase factors that promote resilience.</p>	<p>Ingrid Cruz Physiotherapist</p>	<p>7/16/2022</p>	<p>1 hr.</p>

<p>COVID vaccines for children under 5 are here. Here's what parents need to know</p> <p>-----</p> <p>How can we prevent boating accidents?</p> <p>-----</p> <p>Water safety</p>	<p>Florida Exclusivo</p>	<p>In both real-world data and clinical trials, the number and rate of reports of side effects from COVID vaccines in young children are lower than for adults. Most of the common and expected side effects in young children occur in the first 24–48 hours and include a fever, painful arm, headache and tiredness.</p> <p>-----</p> <p>According to the Florida Fish and Wildlife Conservation Commission, approximately 836 boating accidents happened in Florida in 2020. Nearly half of the recorded boating accidents were due to the “operator’s inattention or failing to maintain a proper lookout.” With that in mind, boaters need to be mindful of safe boating practices.</p> <p>-----</p> <p>Avoiding swimming accidents in Florida</p>	<p>Dr. Eneida Roldan Director of Attention media for Florida International University</p> <p>-----</p> <p>Jorge Santana Journalist for Iheartmedia</p> <p>-----</p> <p>Milton Osaria Spokesperson for Florida Fish and Wildlife Conservation Commission</p>	<p>07/23/2022</p>	<p>1 hr.</p>
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<p>What has changed this year in terms of voting processes? -----</p> <p>Be ready for Back to School -----</p> <p>Among the summer traveling tips, Attackers may try to steal travelers' credentials through phishing campaigns that pretend to be an airline, credit card company, or the TSA. -----</p> <p>World Hepatitis Day -----</p> <p>Emergency Supply Kit</p>	<p>Florida Exclusivo</p>	<p>AARP Florida shares the key deadlines, options to vote before the primary elections -----</p> <p>The Florida Department of Health in Seminole County (DOH-Seminole) is urging parents to prepare their children early for this upcoming school year. Parents may visit their child's medical provider or the health department to obtain their required vaccines and school physicals for school entry and help keep their children safe from vaccine preventable diseases. -----</p> <p>The summer travel season is officially underway with an estimated 60 percent of Americans planning at least one trip in the next two months. It is also the time hackers, knowing travelers are overwhelmed, distracted or in vacation mode, steal your personal information. -----</p> <p>Increase awareness about viral hepatitis, which impacts the lives of 354 million people worldwide. -----</p> <p>The 2022 Atlantic hurricane season started June 1, and the Florida Department of Health wants to make sure you and your family is prepared. To assist, here are some tips on what supplies you need to gather for your emergency supply kit.</p>	<p>Ivonne Fernandez Sub Director of Multicultural Reach For AARP -----</p> <p>Mirna Chamorro Public Information Officer Florida Department of Health, Seminole County -----</p> <p>Duarte Pereira Cyber security tech for FITECHG ELB -----</p> <p>Kimberly Cruz Spokesperson Florida Department of Health in Orange County -----</p> <p>Elizabeth Hamlett Spokesperson FEMA Florida</p>	<p>7/30/2022</p>	<p>1hr.</p>
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<p>Assistance with insurance premiums and/or ancillary services associated with the disease also may be available</p> <p>-----</p> <p>Sound it Out Campaign</p> <p>-----</p> <p>Need Hispanics on Kidney research</p> <p>-----</p> <p>Hurricane Season</p>	<p>Florida Exclusivo</p>	<p>Provide direct payment for co-pays, co-insurance, and deductibles for patients who need financial assistance.</p> <p>-----</p> <p>When your child can't find the words, help them find the lyrics. Today, the national Sound It Out campaign launches with a new album and resources to help parents and caregivers have meaningful conversations about emotional wellbeing with their middle schoolers. The songs will be available across all major streaming platforms and can be heard on the campaign website at SoundItOutTogether.org, which also offers free expert-vetted resources to guide conversations.</p> <p>-----</p> <p>Kidney Disease Hits the Hispanic Community at an Alarming Rate, there's a need of Hispanics for Research.</p> <p>-----</p> <p>Is time to be totally prepared for the Hurricane season. Step by step what you need to have in your home and in case of an emergency, where to go.</p>	<p>Anita Reynolds Spokesperson Relationship Manager, Patient Programs</p> <p>-----</p> <p>Dr. Regina Miranda Physiologist and expert en Mental Health</p> <p>-----</p> <p>Dr. Pablo Garcia American Kidney Fund</p> <p>-----</p> <p>Daniel Llargues Spokesperson FEMA</p>	<p>08/06/2022</p>	<p>1 hr.</p>
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<p>The direct connection between the Corridor and the daily lives of Floridians</p> <hr/> <p>World Breastfeeding Week 2022 This year's theme is Step up for Breastfeeding: Educate and Support.</p> <hr/> <p>Children's Welfare "Mental Health Pandemic"</p> <hr/> <p>Back to School: COVID Vaccine Updates for Children 6 Months to 17 Years</p> <hr/> <p>Tips to Prevent Wildfires</p> <hr/> <p>How does CPR Save Your Life?</p>	<p>Florida Exclusivo</p>	<p>Today, 10 million acres of the Corridor are already protected, including 75 state parks and 32 state forests, but 46% of its vast network is still at risk and, with approximately 1,000 people moving to Florida every day, preserving these unprotected areas and positioning nature as a green infrastructure solution for the state is even more urgent.</p> <hr/> <p>The World Breastfeeding Week 2022 theme encourages everyone to inform people about their role in strengthening the chain of support for breastfeeding, as part of good nutrition and more.</p> <hr/> <p>The coronavirus has upended everyday life in a way not seen since World War II. The US Surgeon General has called a "mental health pandemic" for young people. If left unattended, it could have long-lasting consequences on the future health and well-being of young people.</p> <hr/> <p>Currently, only 5% of children aged 6 months to 4 years have received at least one dose of the COVID-19 vaccine, while 30% of children aged 5 to 11 years and 60% of children between 12 and 17 years have the full dose of the initial two-dose series for COVID-19. However, there are approximately 42.3 million children in the US who have not yet been vaccinated</p> <hr/> <p>Almost 9 out of 10 wildfires are caused by humans. These preventable wildfires threaten lives, property and our precious natural resources. Whether you're a first-time visitor or a public land pro, you play a valuable role in preventing wildfires and protecting our natural resources.</p> <hr/> <p>If you perform CPR, you can triple the person's chance of survival</p>	<p>Fabiola Baeza Tarin, biologist and researcher</p> <hr/> <p>Patricia Gaige Health Educator Consultant, SES WIC and Nutrition Services Florida Dept. Health in Orange County</p> <hr/> <p>Florencia Gutierrez Senior Research Associate, Evaluation, Evidence and Information, Annie E. Casey Foundation</p> <hr/> <p>Eneida Roldan, MD, MPH, MBA: Executive Director of Florida International University Health Care Network</p> <hr/> <p>Elizabeth Hamlet Spokesperson Fl. Dept of Health</p> <hr/> <p>Dr. Gustavo Flores Director and Instructor Spokesperson American Heart Assoc.</p>	<p>8/13/2022</p>	<p>1 hr.</p>
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<p>Simple tips on how to save energy at home and reduce the cost of the monthly bill</p> <hr/> <p>Tips for packing and storing lunch boxes</p> <hr/> <p>Campaign When you graduate, they graduated</p> <hr/> <p>As children head back to school, it's also very important that they stay up-to-date on all recommended pediatric immunizations.</p> <hr/> <p>Flood Insurance</p>	<p>Florida Exclusivo</p>	<p>We all want to feel comfortable despite the sultry weather. We also want to save money on our energy bills. You can do both by being smart and taking advantage of Florida Power & Light Company (FPL) tools and resources.</p> <hr/> <p>Feeding our children as it is essential for growth, development and health. The USDA provides basic food safety tips for parents and caregivers to properly prepare and pack our children's food during this back-to-school season for healthy eating.</p> <hr/> <p>It encourages many adults to return to the classroom as it has been determined that school dropout is more common in the Hispanic community.</p> <hr/> <p>There are many Americans who need guidance on the latest regulations and how to stay up to date on vaccinations.</p> <hr/> <p>Flood insurance is a necessity regardless of your flood risk; because anywhere it rains, it can flood. Types of flood insurance.</p>	<p>Ana Espinosa, Florida Power and Light Spokesperson</p> <hr/> <p>Beverly Cazarez Spokesperson for USDA</p> <hr/> <p>Aura Perez Spokesperson for Dollar General Literacy Foundation</p> <hr/> <p>Dra. Roldan American Medical College Association</p> <hr/> <p>Daniel Llargues Spokesperson FEMA</p>	<p>8/20/2022</p>	<p>1 hr.</p>
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<p>Crime and violence affect the lives of millions of people in Latin America ----- Reduction in prescription drug prices ----- Monkeypox Vaccine</p>	<p>Florida Exclusivo</p>	<p>Some consider that social inequality is an important factor contributing to the levels of violence in Latin America, where the State fails to prevent crime and organized crime takes control of the State in areas where the State cannot help society, as in impoverished communities. ----- Health care changes in the law and help with prescription drug costs ----- The Florida Department of Health will open its Monkeypox Vaccination Appointment system by appt. only</p>	<p>Daved Mace from FocusPoint International ----- David Parra AARP ----- Gisela Suarez BSN RN Florida Department of Health</p>	<p>8/27/2022</p>	<p>1hr.</p>
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<p>Respiratory syncytial virus in children ----- September is National Preparedness Month ----- Monkeypox is disproportionately affecting the Hispanic community</p>	<p>Florida Exclusivo</p>	<p>Respiratory syncytial virus in children is 100% common in children infected under 2 years of age. Which ones with the complications? ----- The month encourages everyone to be aware of the risks where they live and to have a plan to keep everyone they love safe, no matter the conditions. ----- Monkeypox safety guidelines and available vaccines and what to do if you have symptoms</p>	<p>Dr. Juanita Mora American Lung Association ----- Daniel Llargues Spokesperson FEMA ----- Dr. Edwin Bosa-Osorio, M.D</p>	<p>9/3/2022</p>	<p>1 hr.</p>
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<p>September Aneurism awareness month ----- Hispanic women at higher risk of out-of-hospital cardiac arrest</p>	<p>Florida Exclusivo</p>	<p>Awareness of brain aneurysms is critical to saving lives and better patient outcomes. The incidence of brain aneurysms is higher than most people realize. ----- Why CPR is less common in some Hispanic Communities and how to learn two easy steps to save a life.</p>	<p>Maritza Beltran Journalist and Maria Zocorro Benitez ----- Dra. Marina Del Rio American Heart Association</p>	<p>9/10/2022</p>	<p>1hr.</p>
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<p>Discrimination and the Financial Health of Working Women - New AARP Survey Results</p> <p>-----</p> <p>UCF welcomes more than 19K Hispanic students, launches partnership with Google</p> <p>-----</p> <p>American Cancer Society Cancer Action Network Heads to Capitol Hill Seeking Increased Funding for Cancer Research</p> <p>-----</p> <p>Five years have passed since Hurricane Maria hit Puerto Rico. What challenges still exist?</p>	<p>Florida Exclusivo</p>	<p>AARP recently released the results of Phase 2 of its annual survey, Mirror/Mirror: Women's Reflections on Beauty, Age and Media™, revealing a strong link between discrimination and the financial health of working women.</p> <p>-----</p> <p>The school debuts a partnership with technology giant Google to grow the nation's workforce by helping students at Hispanic Serving Institutions develop the digital skills they need to secure internships and jobs conducive to successful career paths. Other programs and initiatives to keep Latino students engaged and focused on their academic success</p> <p>-----</p> <p>Progress and Discovery: To keep pace with progress and discovery, Congress must provide sustained, long-term funding increases. The Petition: ACS CAN asks Congress to increase funding for medical research at NIH from \$4.1 billion to \$49 billion in the 2023 federal budget and from \$853 million to \$7.7 billion for the NCI.</p> <p>-----</p> <p>Five years later: How Hurricane Maria changed direct reliefs focus on disaster response.</p>	<p>Gilza Fort-Martinez licensed therapist Spokesperson AARP</p> <p>-----</p> <p>Cyndia Muñiz, director of HSI Culture and Partnerships from UCF</p> <p>-----</p> <p>Gloria Garcia, Ambassador of the American Cancer Society Cancer Action Network (ACS CAN)</p> <p>-----</p> <p>Ivonne Rodriguez Wiewall, Executive Advisor of Direct Relief in Puerto Rico</p>	<p>9/17/2022</p>	<p>1hr.</p>
<p>Why is suicide prevention such an important topic right now?</p> <p>-----</p> <p>Alzheimer's Disproportionately Affects Hispanics and Latinos, Experts Share How to Help Beat Alzheimer's During Hispanic Heritage Month</p>	<p>Florida Exclusivo</p>	<p>Suicide is among the top 10 causes of death in the United States, which results in approximately one self-inflicted death every 11 minutes.</p> <p>-----</p> <p>Although millions of Americans are currently living with Alzheimer's disease or other dementias, research shows that Hispanics and Latinos have one and a half higher chances of developing Alzheimer's disease compared to whites.</p>	<p>Dr. Danielle Madril, Chief Medical Officer UnitedHealthcare Florida</p> <p>-----</p> <p>Dr. María Corona, Neuropsychologist and Alzheimer's expert</p>	<p>9/24/2022</p>	<p>1 hr.</p>