

Trinity Broadcasting Network

Quarterly Report

January, February, March

2020

WMWC-TV

Galesburg, Illinois

Ascertainment List
Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Crime

Economy

Education

Family

Health/ Mental Health

Public Safety

Substance Abuse

Youth

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Crime</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	TOCB-1912	28:30	28:30	LCL	PA	1/1/2020 1/3/2020	3:30 PM 3:30 AM

It is estimated that human traffickers generate hundreds of billions of dollars each year, second only to drug trafficking as the most lucrative form of criminal activity. This episode of Taking Care of Business brings awareness and promotes prevention education as a critical strategy to fight human trafficking.

<i>Crime</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	TOCB-1922	29:00	29:00	REC	PA	3/11/2020 3/13/2020	3:30 PM 3:30 AM

The United States has the highest incarceration rate of any nation in the world. For every 100,000 citizens, over 650 individuals are serving time in a prison or jail. In this episode of Taking Care of Business, we will explore why so many people, once they serve their time, become repeat offenders and what can be done to break the cycle of recidivism.

<i>Crime</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Treasures #202	28:30	28:30	REC	PA/O/E	1/18/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. share the testimony of a former madame. Prostitution has been an epidemic for thousands of years. In fact, it is considered the world's oldest profession. The lives of those who are prostitutes are greatly affected not only physically but emotionally and mentally. There is another side to the prostitution business. Along with prostitution comes sex trafficking. Typically, we see men referred to as pimps that handle this side of the business, but on rare occasions, women have decided to step into the business as well. These women pimps, or madams as they are called, handle the money. They transport the call girls and at times get violent to protect their women. This is a problem that is taking place in inner cities around the world. Victory Outreach has seen firsthand the lives of so many who have come out of that lifestyle totally transformed. The message they give to them is that you shall know the truth, the Bible says, and the truth shall set you free. And he who the Son sets free is free indeed.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	TOCB-1924	27:30	27:30	LCL	PA	1/8/2020 1/10/2020	3:30 PM 3:30 AM

On this episode of Taking Care of Business we look into retirement. We'll hear from experts on how to plan for your retirement. Topics include financial planning, medical expenses, Social Security, Legal, and savings opportunities. And finally, we'll learn that retirement is more than just a financial issue. It's about life! Will you enjoy or endure this season of life?

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #50219	57:15	57:15	REC	PA/O/E	1/12/2020	10:00 PM

Tonight on Praise, Robert Morris, Senior Pastor of Gateway Church, Author of "The Blessed Life" and "Beyond Blessed," explains Biblical principles about generosity and stewardship to help reduce financial stress.

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<i>Economy</i>						
The Eric Metaxas Radio Show #34	21:59	21:59	REC	PA/O/E	1/17/2020	5:00 PM

Today on The Eric Metaxas Radio Show, Joe Ricketts, Founder of Ameritrade, one of the largest stock brokers in the United States; and Author of "The Harder You Work, the Luckier You Get An Entrepreneur's Memoir," expresses his concern that there are not enough people starting new businesses, which is where all the new jobs come from. He wants people to know how difficult and rewarding starting your own business can be. America is wealthy because of the free enterprise system. Socialism brings despair and poverty. Ricketts shares his life story and says the most satisfying thing he can do in his life is to work, achieve and accomplish.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Economy</i>						
Huckabee #127	50:30	7:00	REC	PA/O/E	3/7/2020	7:00 PM
					3/7/2020	10:00 PM
					3/8/2020	8:00 PM

Today on Huckabee, Representative French Hill (R-AR) Member House Financial Services Committee talks about the coronavirus, efforts for a vaccine, the economy, unemployment, taxes, sanctions on Iran, and the free-market capitalism. He says we will recover but there will be an international economic impact.

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<i>Education</i>						
TOCB-1911	27:30	27:30	LCL	PA	3/4/2020	3:30 PM
					3/6/2020	3:30 AM

Education in America has followed the same formulas for teaching and learning for decades. On this episode of Taking Care of Business, find out how and why new techniques in education are being explored.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Education</i>						
Praise #22520	55:00	55:00	REC	PA/O/E	2/25/2020	7:00 PM
					2/25/2020	10:00 PM
					2/26/2020	4:00 PM
					3/4/2020	2:00 AM

Tonight on Praise, Dr. James Tour, Professor at Rice University and Nanotechnologist, talks about the study of nanotechnology, the origin of life, laser-induced graphene, and the Gospel message.

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America's	27:31	27:31	REC	PA/O/E	1/2/2020	9:00 PM
Hidden History #203					1/3/2020	1:30 AM

Today on America's Hidden History, Historian David Barton and Tim Barton, President of WallBuilders, go to Fort Smith, Arkansas. We learn that Bass Reeves was a black man born a slave in Arkansas. He later moved to Texas, where he beat up his master to escape slavery and fled into Indian Territory in Oklahoma for safety; a place where many criminals were known to hide. As he traveled throughout Oklahoma Territory, he learned to speak various Indian languages. When slavery was abolished in 1865, Reeves returned to Arkansas as a free man. Federal Judge Isaac Parker hired Reeves as Deputy Marshal for the Oklahoma Territory until Oklahoma became a state. Although Bass Reeves was illiterate, he would have others read each warrant, which he memorized. Reeves served thirty-two years, arresting 3,000 bad guys and killing only 14 bad guys. Through a shared Christian faith, Federal Judge Isaac Parker and Deputy U.S. Marshall Bass Reeves brought law and order to the Old West. WallBuilders Junior Historian, Jonathan Richie, reads a newspaper article about Bass Reeves. Next, David and Tim go to the Vicksburg National Military Park in Mississippi to tell us about Orion Howe, one of the youngest Congressional Medal of Honor recipients at just fourteen years old. Originally, Orion was a drummer in the band for the 55th Illinois Volunteer Infantry at the age of twelve with his father was the band leader. But at the age of fourteen, Orion volunteered to be a messenger in one of the most significant battles in the Civil War. WallBuilders Junior Historian, Jonathan Richie, shows us drums from the civil war. We learn that musicians played a vital role on the battlefield. The military would use music to communicate various orders and information.

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America's	27:31	27:31	REC	PA/O/E	1/9/2020	9:00 PM
Hidden History #204					1/10/2020	1:30 AM
					1/17/2020	1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Ft. Laramie, Wyoming, visiting one of the oldest post office locations in Wyoming, where the Pony Express had one of its offices. Next, they travel to Cody, Wyoming to tell us how Bronco Charlie, also known as Bronco Carlos, became one of the youngest and most famous guys ever to ride in the Pony Express, delivering mail on horseback across the country until the invention of the telegraph. He later became a part of Buffalo Bill's show, The Wild West, and even served in the military in the later years of his life. Jonathan Richie, a WallBuilders Junior Historian, shows various artifacts from the Pony Express.

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America's	55:30	55:30	REC	PA/O/E	2/17/2020	9:00 PM
Hidden History #102					2/17/2020	10:00 PM
					2/18/2020	4:00 PM
					2/25/2020	2:00 AM

Today on America's Hidden History, in honor of President's Day, David Barton, Historian and Founder of Wallbuilders; and Tim Barton, President of WallBuilders; are joined by Historian and New York Times Best-Selling Author, Steven Mansfield; to discuss various presidents from past to present. We learn about George Washington, John Adams, Thomas Jefferson, Abraham Lincoln, John Quincy Adams, James A. Garfield, Franklin D. Roosevelt, Harry S. Truman, and Dwight D. Eisenhower; and various artifacts from their lifetime.

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America's	26:00	26:00	REC	PA/O/E	2/20/2020	9:00 PM
Hidden History #209					2/21/2020	1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to New York and Oregon to tell us about Jason Lee, a minister for the Wesleyan Methodists, and the founder of Oregon. He was the first missionary to travel from the east to the west. He helped establish the Willamette Cattle Company and Willamette University. Jonathan Richie, a WallBuilders Junior Historian, shows us various artifacts about Jason Lee. Next, David and Tim travel to New York to talk about Marcus and Narcissa Whitman, two Christian missionaries who helped to blaze the Oregon Trail. David and Tim also go to Walla Walla, Washington where the Whitmans built a mission among the Cayuse Indians. The Whitman's death lead to Oregon becoming an official territory, as well as Washington, five years later. Jonathan Richie, a WallBuilders Junior Historian, shows us the autobiography "How Marcus Whitman Saved Oregon" and a tomahawk used during that time.

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America's	27:31	27:31	REC	PA/O/E	2/27/2020	9:00 PM
Hidden History #210					2/28/2020	1:30 PM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Plymouth, Massachusetts to discuss the life of Squanto. While many are familiar with the name Squanto associated with Thanksgiving with the Pilgrims, Squanto was a Wampanoag Indian who was instrumental in the survival of the Plymouth colonists, which made America possible. Jonathan Richie, a WallBuilders Junior Historian, shows us The New England Memorial, one of the first books published by the pilgrims. Next, David and Tim travel to Jamestown to tell us about Pocahontas, a young Indian girl responsible for the success of the Jamestown colony and Virginia as a whole. Pocahontas also became the first Christian of that Nation. WallBuilders Junior Historian, Johnathan Richie, shows us an engraving of Pocahontas interposing and saving the life of Captain John Smith, as well as government records of the painting of Pocahontas and the baptism of Pocahontas in the Capitol.

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America's	27:30	27:30	REC	PA/O/E	3/12/2020	9:00 PM
Hidden History #212					3/13/2020	1:30 PM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel to Essex, Massachusetts, just outside of Ipswich to the home of John Wise, a pastor and the first individual from an indentured family to go to Harvard. He helped to establish law called 'due process rights.' John Wise was a leader on issues of state as well as the church, establishing "The Churches Quarrel Espoused" and the "Vindication of the Government of New England Churches," providing the principles of self-government. His ideas later became prevalent in the Declaration of Independence. Johnathan Richie, WallBuilders Junior Historian, shows us a copy of the "Vindication of the Government of New England Churches." Next, David and Tim travel to Carlisle and Valley Forge, Pennsylvania, and to the Monmouth Battlefield in Monmouth County, New Jersey, where they discuss the life of Mary Ludwig Hays, also known as Molly Pitcher; a name given to many women who served throughout the American Revolution. Mary Hays received recognition from General Washington for her bravery and sacrifice during the Battle of Monmouth, which began the nickname Sergeant Molly, and in 1822 the Pennsylvania legislature voted to give her a pension as a retired veteran. Johnathan Richie, WallBuilders Junior Historian, shows us an engraving of Mary Hays and several early American cannon balls used in the American Revolution.

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<i>Education</i>						
America's	26:00	26:00	REC	PA/O/E	3/19/2020	9:00 PM
Hidden History #213					3/20/2020	1:30 AM

Today on America's Hidden History, David Barton, Historian and Founder of Wallbuilders, and Tim Barton, President of WallBuilders, travel just outside Chattanooga, Tennessee to the Chickamauga Battlefield to discuss the life of John Clem. Only nine years old, John Clem ran away from home, followed the Michigan 22nd Infantry, found a drum and became a drummer for them. At the Battle of Shiloh he got the nickname Johnny Shiloh after a fragment shell blew up his drum as he was drumming. When he was twelve years old, John Clem shot and killed a confederate officer and was promoted to Sergeant during the Civil War. Later, General Grant promoted John Clem to Lieutenant and he continued his military career through World War I. On his retirement, John Clem was promoted to Brigadier General and Congress further honored John by promoting him to Major General; a two-star general. Johnathan Richie, WallBuilders Junior Historian, shows us pictures of John Clem and his Soldiers Handbook. Next, David and Tim travel to the Audie Murphy American Cotton Museum in Greenville, Texas and the World War II Memorial in Washington D.C., where we learn about Audie Murphy; considered the most decorated soldier from World War II and in military history, receiving the second highest award of The Distinguished Service Cross, as well as the Medal of Honor. Johnathan Richie, a WallBuilders Junior Historian, shows us Audie Murphy's autobiography entitled "To Hell and Back" and a M1 Grand rifle and ammunition used in World War II. Audie Murphy later developed a twenty-year acting career with more than forty movies made. One of his more famous movies are the Red Badge of Courage and To Hell and Back.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Education</i>						
Building on the American Heritage Series #1	26:00	26:00	REC	PA/O/E	3/26/2020	9:00 PM
					3/27/2020	1:30 PM

Today on Building on The American Heritage Series, Historian, David Barton, answers various questions such as "Are we or are we not a Christian nation?" "Why should I as a Christians be involved in government when my main focus under the Great Commission is to share the Gospel?" "Isn't God going to pick the rulers regardless of whether I am involved or voting in the election?" "Doesn't the Bible say to submit to authority and not disagree?" David shares historical facts and biblical references of how Christianity has shaped and molded America.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Education</i>						
Somebody's Gotta Do It #109	24:34	24:34	REC	PA/O/E	3/7/2020	8:00 PM
					3/7/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Philadelphia, Pennsylvania to visit The College of Physicians, Home of the Mutter Museum. The College of Physicians is the oldest professional society in continuous operation in the United States. It's "college" as in "colleague" is not a degree-granting institution, but a place where doctors from all hospitals and universities could meet to share their ideas, techniques and camaraderie. Curator, Anna Dhody, gives us a tour and explains various historical facts about the human body.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Education</i>						
Somebody's Gotta Do It #316	24:29	24:29	REC	PA/O/E	1/4/2020	8:00 PM
					1/4/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to Dr. Mutt Merrit, Director of Horn Point Laboratory Oyster Hatchery at the University of Maryland Center for Environmental Science, who is on a mission to save America's largest estuary; the Chesapeake Bay. By the 1970's various factors caused the Chesapeake Bay to lose ninety-nine percent of its native oyster population. Oysters are known as the kidneys of the bay, filtering out impurities in the water. So, saving the bay means saving the oysters by maximizing the ecological benefit of oysters to the bay.

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<i>Education</i>	Somebody's Gotta Do It #110	24:35	24:35	REC	PA/O/E	3/14/2020 3/14/2020	8:00 PM 11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to New Albany, Indiana to meet Chad Pregracke, President and Founder of Living Lands and Waters. Along with a group of volunteers, they travel to the Ohio River to pick up and haul away trash. Rivers are important for so many reasons. Rivers provide our daily drinking water. Without rivers wildlife would not survive. Rivers are also crucial for the transportation of goods, carrying more tons with less fuel than trucks or trains. People litter and litter is plugging up our nation's waterways. After 831 clean ups, in 23 rivers, in 20 states, over 9.2 million pounds of trash have been removed by hand.

	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i>	TOCB-1926	27:30	27:30	LCL	PA	3/25/2020 3/27/2020	3:30 PM 3:30 AM

There are over 16 million single parents in America. The cause and challenges many single moms and dads face are unique and can range from tragic to the unexpected. On this edition of Taking Care of Business see how many single parents, and their children, are coping and learn how communities can come together to provide support.

	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i>	Praise #21420	55:25	55:25	REC	PA/O/E	2/17/2020 2/21/2020	4:00 PM 2:00 AM

Tonight on Praise, we join the Spark Marriage Conference at Lakewood Church where Hollywood Producer and Author, Devon Franklin, talks about marriage. Do you have a vision for your marriage; what it is supposed to look like? What unspoken expectation do you have of your spouse that you are mad at them about and they don't even know it? By the time most women get to marriage they have endured, in some instances, physical abuse, emotional abuse, spiritual abuse, or sexual abuse. Marriage should be a place to be healed. Joy can be taken out of marriage because we take what should be discretionary or optional and we make it mandatory, and if somebody doesn't do it, we judge them. When you have an expectation of your spouse, you must ask them if you can have that expectation of them, then give them time to answer with yes or no. If they say yes, now you both can hold each other accountable for the expectation you've agreed upon. If you have an unspoken expectation, you cannot hold your spouse accountable for something you have not asked them if you can hold them accountable for. Problems don't fix themselves. How do we create a loving environment that can facilitate communication? Accept your spouse for who they are now. Marriage Pastors, Clayton & Ashlee Hurst, talk with Dodie Osteen, Co-Founder of Lakewood Church, about leaving or leading a lasting legacy of love in your marriage. Are you willing to do whatever it takes to have the marriage you always hoped and dreamed of?

	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i>	Better Together #81	26:41	26:41	REC	PA/O/E	3/23/2020	12:29 PM

Today on Better Together the ladies debunk common misconceptions about marriage and discuss the reality of married life.

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<i>Family</i> Better Together #83	27:31	27:31	REC	PA/O/E	3/25/2020	12:29 PM

Today on Better Together the ladies discuss managing expectations of marriage and what the Bible really says about submitting to one another.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i> Better Together #84	27:24	27:24	REC	PA/O/E	3/26/2020	12:29 PM

Today on Better Together the ladies talk about how to endure, heal, and rebuild trust with your spouse.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i> Better Together #85	27:40	27:40	REC	PA/O/E	3/27/2020	12:29 PM

Today on Better Together the ladies talk about creating your own happily ever after through all life stages.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i> Treasures #401	28:30	28:30	REC	PA/O/E	3/7/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, shows us the life of a woman who was held captive by domestic abuse and the terrifying circumstances she had to endure, and how God ultimately changed her life. The perils of domestic violence are affecting millions of people. Day after day, physical, emotional, and verbal abuse are devastating many families. These people often endure tremendous pain and are unable to go about their daily lives. Instead they are constantly looking over their shoulder and living in fear of what awaits them at home. The answer is always found in Jesus. He is the one who can change and deliver us. Jesus is the one that is able to change a life and then change an entire family.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Family</i> Treasures #404	28:30	28:30	REC	PA/O/E	3/28/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, the topic is abortion. In the United States along, almost half of all pregnancies, four out of ten, end in abortion. While some of these women view this as their choice and go on with their lives, others are unable to shake off the shame and pain of what they've done. We hear the story of one young lady who lost all hope because of her regretful choice, until she learned about the grace and love of God.

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<i>Health</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	TOCB-1921	28:30	28:30	LCL	PA	3/18/2020 3/20/2020	3:30 PM 3:30 AM

A generation ago, we were fascinated by and allured to smoke cigarettes. Today, vaping is the trendy alternative to smoking. Is it safer? Is it causing a reduction in smoking overall or is it just creative marketing? Find out on this edition of Taking Care of Business.

<i>Health</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #40919	59:57	59:57	REC	PA/O/E	1/2/2020	3:00 AM
						1/6/2020	12:00 AM
						1/14/2020	3:00 AM
						2/25/2020	3:00 AM
						3/7/2020	3:00 AM
						3/7/2020	4:00 AM
						3/9/2020	1:00 AM
						3/16/2020	3:00 AM
						3/26/2020	3:00 AM

Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet, which is so important that it makes up ninety percent of our bodies tissues and organs. Thirty percent of all of the protein in our body is collagen, such as our skin, hair, nails, bones, discs, ligaments, tendons, connective tissue, and gut lining. What is the one food that people have been given throughout history when they're not feeling well, post-surgery in a hospital, even today all around the world, and what does grandma give you when you're feeling under the weather? Chicken soup; which is really a bone broth or chicken soup made from the bones, joints, and ligaments of the animal. Today, we skip the soup and we go for the chicken breast, nuggets, tenders, beef tenderloin and the burger. In our history when we ate meat; fish, poultry, or red meat, we would eat the meat and take the bones and make a soup, stock, or broth. The way we look, feel and move is largely related to the amount of collagen in our body, and as we age, we slow down production and eventually stop producing collagen. Multi-Collagen Protein was developed by Jordan Rubin and Dr. Josh Axe to provide people with an easy, simple way, to get collagen in the diet, in the right amounts, in virtually every meal. While calcium is needed for strong bones, there is more collagen in your bones than calcium and all other minerals combined, and it is essential for our health. When you consume collagen peptides, small chains of protein, your body begins to regenerate its collagen supply. When selecting collagen, there are various types of collagen, and just like we need multiple types of vitamins, minerals, and antioxidants, we need multiple types of collagen.

<i>Health</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #10720	55:20	55:20	REC	PA/O/E	1/7/2020	7:00 PM
						1/7/2020	10:00 PM
						1/8/2020	4:00 PM
						1/15/2020	2:00 AM

Tonight on Praise, Dr. Scott Hannen, Licensed Chiropractic Physician, Ordained Minister, and Author of "Stop the Pain Six to Fix," shares that pain is something that everyone has dealt with at some point in their life. Pain is the number one thing that causes people to go to the doctor. The body has an alarm system (pain) that is trying to tell you that something is not correct. If you continue to do something that is not correct you bring injury into the body. The six to fix are: 1. Biomechanics 2. Oxidation 3. Immune Response 4. Inflammation 5. Neural Reprogramming and 6. Spiritual Alignment.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Health</i>						
Praise #32620	54:00	54:00	REC	PA/O	3/26/2020	7:00 PM
					3/26/2020	10:00 PM
					3/27/2020	4:00 PM
					3/29/2020	10:30 PM

Tonight on Praise, Dr. Josh Axe, Chiropractic Physician and Nutritionist, joins America's Biblical Health Coach, Jordan Rubin, to discuss the top foods, essential oils, supplements, and the power of prayer, to help strengthen and optimize our immune systems. A free "optimize your immune system" e-guide is available at tbn.org/immunesupport.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Health</i>						
Praise #33120	55:15	55:15	REC	PA/O	3/31/2020	7:00 PM
					3/31/2020	10:00 PM

Tonight on Praise, Dr. Scott Hannen discusses the Coronavirus; COVID-19. CO stands for Coronavirus, VI stands for Virus, D stands for Disease, and 19 is the year (2019) it was identified. Since it is a new strain or new virus, the Coronavirus is called a novel virus. COVID is an umbrella of viruses, such as Sars and the common cold. Like most flus, the way it proliferates is there will be a peak, it will flatten, then it will decline. The goal is to try to do everything you can in your immune system to try to remain resistant to it. The cure is always going to be prevention first, followed by medical care. Currently, there is no cure for COVID-19. There are some things you can do to safeguard and try to help your body to resist such as taking Vitamin C with bioflavonoids, Vitamin D3, Zinc (zinc with copper formula), Vitamin E, Proanthocyanidins (found in grapeseed extract and pine bark). Over the next few weeks it would be to your advantage to refrain from refined sugars, smoking and tobacco products, alcoholic beverages, breathing aerosols, and immune suppressing drugs. Go to [TBN.org/Dr. Hannen](http://TBN.org/Dr.Hannen) for free information (cheat sheet). Dr. Hannen reports that in America 50,000 suicides are committed annually and there have been 35,000 suicides for this virus worldwide. He encourages viewers not to allow fear into our spirit for God has not given us the spirit of fear. God's peace is greater.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #26	27:11	27:11	REC	PA/O/E	1/2/2020	12:29 PM

Today on Better Together the ladies discuss overcoming shame.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #106	25:50	25:50	REC	PA/O/E	1/13/2020	12:29 PM

Today on Better Together the ladies discuss mending our wounded minds and hearts through inner healing. They share their journey and how they regained power and freedom through telling their story.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #76	27:45	27:45	REC	PA/O/E	3/9/2020	12:29 PM

Today on Better Together the ladies discuss mental health, suicide, shame and grief. Kayla Stoecklein shares her husband's battle with depression and the unexpected loss that shook her family, church, and community.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #77	27:33	27:33	REC	PA/O/E	3/10/2020	12:29 PM

Today on Better Together the ladies discuss grief and the loss of a child. Dr. Cheryl Salem shares her daughter's battle with an inoperable brain tumor and how her family found hope after devastating loss.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Mental Health</i>						
Better Together #78	27:29	27:29	REC	PA/O/E	3/11/2020	12:29 PM

Today on Better Together the ladies discuss grief. Dr. Rhiannon Bell shares how to recognize the aftershocks of grief, navigate triggers and begin the journey to recovery.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Public Safety</i>						
TOCB-1913	27:30	27:30	LCL	PA	2/26/2020 2/28/2020	3:30 PM 3:30 AM

The relationship between law enforcement officers and citizens is constantly being challenged. On this episode of Taking Care of Business, we learn how Community Policing is used as a strategy of policing to gain civilian's trust by building ties and working closely with the public.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Public Safety</i>						
Somebody's Gotta Do It #111	24:32	24:32	REC	PA/O/E	3/21/2020 3/21/2020	8:00 PM 11:00 PM

On this episode of Somebody's Gotta Do It, Host, Mike Rowe, goes to Tehachapi, California where he meets Thomas Coyne, Survival Instructor at Survival Training School of California. Mike learns valuable information that just might save your life. He learns how to make fire, basic search and rescue signals, and how to make primitive tools and weapons.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Public Safety</i>						
Huckabee #129	50:30	7:00	REC	PA/O/E	3/21/2020	7:00 PM
					3/21/2020	10:00 PM
					3/22/2020	8:00 PM

Tonight on Huckabee, Dr. David M. Aronoff, M.D., Director of the Division of Infectious Diseases at Vanderbilt University, talks about personal safety and the coronavirus COVID-19. Compared to other viruses, the key difference is how easy it transmits and that it causes severe disease. In countries that have already gone through much of the coronavirus pandemic, such as China, South Korea, and Italy, we are beginning to see some cresting. Most people that get infected with the virus are asymptomatic or have very mild symptoms. Only about twenty percent of people have a difficult time with this infection and need perhaps to be hospitalized. Currently, only ten percent are needing to be in the intensive care unit. Somewhere between one and three percent of people who get infected are dying from this infection. While the use of malaria medicine as a potential cure for coronavirus is promising, is inexpensive, and has a very long safety record in human use, we do not yet know how effective it will be. Safety measures include not touching your face, wash hands with soap and water for twenty seconds, use hand sanitizer if you do not have soapy water, avoid shaking hands and hugging, cough in the corner of your elbow instead of in your hands, try to be a home-body and go out in public when absolutely necessary. One of the main lessons we keep learning about infectious diseases is how much they can disrupt society, politics, culture, and the way we interact.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Substance Abuse</i>						
TOCB-1916	28:15	28:15	LCL	PA	2/19/2020	3:30 PM
					2/21/2020	3:30 PM

In a recent year, 47,000 individuals committed suicide in this country, 70,000 people died of drug overdose and many more died because of alcohol addictions. What is happening and, more importantly, what is being done to intervene? Depression and addictions are causing more suicide related deaths than at any other time in American history. Self-harm is not always caused by a gun; often it is a drug overdose or alcohol induced event. On this edition of Taking Care of Business, see the sad realities facing our society and meet those who are trying to intervene.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Substance Abuse</i>						
The Eric Metaxas Radio Show #44	24:15	24:15	REC	PA/O	3/27/2020	5:00 PM

Today on The Eric Metaxas Radio Show, Dr. Linda Mintle, Best-Selling Author and Licensed Therapist, shares her new book, "*Living Beyond Pain Holistic Approach to Manage Pain.*" For the past a couple of years we have heard there is a very serious opioid crisis. Family members, neighbors, and people that we know, are dying from an opioid overdose. There are 100 million people that are in chronic pain with everything from headaches, to migraines, osteoarthritis, rheumatoid arthritis, and injuries. Dr. Mintle tells the history of the opioid crisis. Pain is an effective alarm in the body. Chronic pain is really a chronic brain disease. Not everyone that is taking an opioid for pain is an addict. There are people that are being managed very well by their physicians for pain. The problem with opioids is that people can build a tolerance and become dependent, it does not get to the source of the pain, and it only gives relief. People are not looking to get high; they want relief. Dr. Mintle explains that a person has to work on various aspects of their life, such as meaning, attitude, beliefs, managing emotions, as well as lifestyle and diet changes. The goal is not always to eliminate pain because sometimes that is not possible. The goal is to make a person more functional and to have a better quality of life. While there are various types of pain, a few non-pharmacological treatments include: osteopathic manipulative treatment (OMT) performed by a "D.O." (Doctor of Osteopathic Medicine), acupuncture, and biofeedback.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Substance Abuse

Treasures #110	28:30	28:30	REC	PA/O	1/4/2020	1:30 AM
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On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. introduce us to real life stories of people who overcame heroin and methamphetamine abuse. It has been reported that an estimated 4.2 million people over the age of twelve have used heroin, while twenty-three of these people become dependent on it. Sadly, more than fifty percent of all heroin related deaths are people between the ages of fifteen and thirty-five. When it comes to meth, an alarming thirteen million people over the age of twelve have used meth in the United States alone. Many of these people never live a normal life again, battling with liver, kidney, lung damage, depression, permanent brain and heart damage and sometimes even death. While much of society considers it a hopeless case, that is not necessarily true. In Victory Outreach, we believe that no person is too far gone that God can't reach and change their lives.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Substance Abuse

Treasures #402	28:30	28:30	REC	PA/O	3/14/2020	1:30 AM
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On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, shows us the life a young woman once addicted to drugs and how the Lord changed not only her life, but her family's life as well. Many young people often look to the party lifestyle and begin to drink and experiment with drugs, and some look to relationships to fill a void in their lives. Sonny shares that accepting Jesus into your life is the answer. He not only changes your life, but your home and family.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Youth

TOCB-1917	27:30	27:30	LCL	PA	1/15/2020 1/17/2020	3:30 PM 3:30 AM
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Adults who mentor young people in our culture may often go un-noticed, but their work and dedication have a long lasting, positive impact on our society. Whether it's professional, personal or spiritual, those who mentor young people often become a catalyst for growth and accomplishment. The support of a caring adult can be powerful in the life of a young, impressionable boy or girl. On this edition of Taking Care of Business, meet those who are mentors and the individuals they have impacted.

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
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Youth

Praise #11620	54:15	54:15	REC	PA/O	1/16/2020	7:00 PM
					1/16/2020	10:00 PM
					1/17/2020	4:00 PM

Tonight on Praise, Mike Rowe says the definition of a good job is not an inherent thing, we get to decide. We decide where the nobility and dignity are. You really can't be curious without being humble. If you're curious, it's because you don't know something and if you admit that you don't know something then it's hard to be haughty. For the last forty years, society bought into the idea that the best path for most people is a four-year degree, which just happens to be the most expensive path as well. In high school, originally 'Shop' was called 'Vocational Arts.' So when they took the art out of the vocation arts, it became 'Vo-Tech' which then became 'Shop' which was ultimately taken out of high schools. This is the result of taking the art out of the work. The unintended consequences after removing vocational classes from schools was an enlarged skills gap, the cost of college went through the roof, and a lot of well-educated but untrained kids moved back in with their parents. In his view, we're sitting on 1.6 Trillion Dollars of student loans and 7.3 million terrific opportunities, most of which don't require a four-year degree, and we're struggling to fill them.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
<i>Youth</i>						
Treasures #111	28:31	28:31	REC	PA/O/E	1/11/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzi, Founder of Victory Outreach International, lets us hear stories of mothers who have had to live with the harsh reality that their child is sentenced to many years in prison. This topic has affected families from different backgrounds and social status. Every parent has hopes and dreams for their children. When you see them going in the wrong direction and headed for tragedy, most parents can feel helpless. One wrong decision can change a life forever. As a parent, you never dream or even imagine a son or daughter would be sentenced like a caged animal alone in a 5x8 foot cell or having to deal with the pain that your child has little or no hope of being free again. When your child is locked up in a cold prison cell, the pain can be devastating to a mother. But even in the midst of this horrific situation, God has given peace to many of these mothers. A peace that surpasses all understanding. God has been an anchor to these mothers during their time of hardship and turned their pain into hope.

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