

Trinity Broadcasting Network

Quarterly Report

July, August, September

2020

WMWC-TV

Galesburg, Illinois

Ascertainment List
Leading Community Issues

Results of ascertainment from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Civic

Crime

Economy

Environment

Family

Health/ Mental Health

Public Safety

Youth

The figure designated as TOPIC SEGMENT DURATION is based upon our good faith judgment and may not represent exact time.

<i>Civic</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Huckabee #150	50:30	5:00	REC	PA/O/E	8/15/2020	7:00 PM
						8/15/2020	10:00 PM
						8/16/2020	8:00 PM

Tonight on Huckabee, Chad Connelly, Founder and President of Faith Wins, talks about the importance of Christians to register and vote.

<i>Civic</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Huckabee #151	50:30	14:00	REC	PA/O/E	8/22/2020	7:00 PM
						8/22/2020	10:00 PM
						8/22/2020	8:00 PM

Tonight on Huckabee, President Donald J. Trump talks about the protests, the economy, COVID-19, China, healthcare, UAE and Israel, moving the U.S. Embassy to Jerusalem, Golan Heights, terminating the Iran Deal, law and order, 2nd Amendment, the sanctity of life, and social media.

<i>Civic</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Elections #1	26:00	26:00	REC	PA/O/E	9/28/2020	9:00 PM

Today on Elections with David and Tim Barton we learn about various forms of government and why government exists.

<i>Crime</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business	29:00	29:00	REC	PA	7/08/2020	3:30 PM
	#TCOB-1922					7/10/2020	3:30 AM
						7/11/2020	4:30 AM

The United States has the highest incarceration rate of any nation in the world. For every 100,000 citizens, over 650 individuals are serving time in a prison or jail. In this episode of Taking Care of Business, we will explore why so many people, once they serve their time, become repeat offenders and what can be done to break the cycle of recidivism.

<i>Crime</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business	28:30	28:30	LCL	PA	8/19/2020	3:30 PM
	#TCOB-1912					8/21/2020	3:30 AM

It is estimated that human traffickers generate hundreds of billions of dollars each year, second only to drug trafficking as the most lucrative form of criminal activity. This episode of Taking Care of Business brings awareness and promotes prevention education as a critical strategy to fight human trafficking.

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Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #202	28:30	28:30	REC	PA/O/E	7/18/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. share the testimony of a former madame. Prostitution has been an epidemic for thousands of years. In fact, it is considered the world's oldest profession. The lives of those who are prostitutes are greatly affected not only physically but emotionally and mentally. There is another side to the prostitution business. Along, with prostitution comes sex trafficking. Typically, we see men referred to as pimps that handle this side of the business, but on rare occasions, women have decided to step into the business as well. These women pimps, or madams as they are called, handle the money. They transport the call girls and at times get violent to protect their women. This is a problem that is taking place in inner cities around the world. Victory Outreach has seen firsthand the lives of so many who have come out of that lifestyle totally transformed. The message they give to them is that you shall know the truth, the Bible says, and the truth shall set you free. And he who the Son sets free is free indeed.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #203	28:32	28:32	REC	PA/O/E	7/25/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. let's us hear from a woman who was rescued from a life of gangs, violence and crime. The life of a gang member can be very violent and dangerous at times. From drugs and alcohol, to fights and shootouts, gang members constantly risk their lives to defend their neighborhood. We often think of gang members as dangerous men with violent tempers, but they aren't the only ones defending their streets. Over the years, many women have also joined gangs. Many of them join in hopes of finding a sense of belonging, others for protection, and still others just want to be respected. They fight for their gang no matter the cost. These women are very violent and very dangerous. Through a Bible study women's lives have been changed. God has forgiven them, and he who is forgiven much, loveth much.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #204	28:30	28:30	REC	PA/O/E	8/1/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr., take us into the perilous world of some biker clubs. Over the years, biker gangs have taken on a different persona. They've gone from hanging out on the front porch and handling drugs to now traveling the nation for Multi-Million Dollar drug deals. These bikers can be seen riding their Harley Davidson bikes dressed in leather jackets, but there is more to their lifestyle than meets the eye. The reality is it's a nightmare. They've seen violence, lost friends and family members, and some have even lost their own lives. The life of a biker gang member is very dangerous and unpredictable. To those in law enforcement, these motorcycle clubs are considered organized crime organizations. Motorcycle clubs don't have to be violent and treacherous in their way of life. In fact, a motorcycle club can be a way of sharing the Gospel of Jesus Christ. The Riders Out of Darkness Motorcycle Club is full of people who once lived the biker lifestyle but have now been transformed by the power of Jesus Christ. They use their testimonies to impact the lives of those still living that dangerous lifestyle.

Crime

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #207	28:30	28:30	REC	PA/O/E	8/8/2020	1:30 AM

On today's episode of Treasures, Sonny and Julie Arguinzoni, Founders of Victory Outreach International, share how women who have been called ladies of the night, are called treasures and are being pulled out of darkness through their ministry Code Red. Operation Code Red is a powerful two-day evangelistic thrust where thousands of women from all over Victory Outreach International went into strategic cities where prostitution is widespread with one purpose in mind, to share the love of God and rescue them out of darkness.

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<i>Economy</i>	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
	Taking Care of Business	27:30	27:30	LCL	PA/O	7/29/2020	3:30 PM
	#TCOB-1914					7/31/2020	3:30 AM

Nearly 50% of adults in the U.S. don't have enough cash to cover a \$400 emergency and most can't pass a financial literacy test. With mounting debt from credit cards and student loans, there is a need for a better understanding of basic financial principles. Find out why Financial Literacy is such an important topic in our society on this episode of Taking Care of Business.

<i>Economy</i>	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
	Taking Care of Business	27:30	27:30	LCL	PA	8/12/2020	3:30 PM
	#TCOB-1925					8/14/2020	3:30 AM

Every night in America, over 500,000 people sleep on the streets without a roof over their head. Millions more are homeless without a place to call their own. While homelessness is caused by many factors, in a nation where home ownership should be attainable by any citizen, this is not the case. Many people have given up on the American dream of owning a home. The reasons are many and complicated. Taking Care of Business examines our nation's housing dilemma.

<i>Economy</i>	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
	Behind The Scenes	25:30	25:30	REC	PA/O/E	7/19/2020	2:00 PM
	#230					7/25/2020	2:00 PM
						8/06/2020	3:00 AM
						8/10/2020	3:30 AM
						8/17/2020	3:30 AM
						8/24/2020	3:30 AM
						9/01/2020	6:00 PM
						9/12/2020	12:30 AM
						9/20/2020	12:00 AM
						9/21/2020	1:30 AM
						9/30/2020	1:30 AM

Today on Behind the Scenes, Matt & Laurie Crouch are joined by Governor Mike Huckabee to discuss legacy giving or estate planning. Mike Huckabee explains how wills, unique gifts, and lifetime charitable gift annuities work, and the importance of estate of planning.

<i>Economy</i>	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
	Beyond Blessed #1	26:00	26:00	REC	PA/O/E	7/27/2020	8:30 PM
						7/28/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris talks about living a life beyond blessed; having enough for you, enough for your family, and enough to bless someone else. He explains biblical principles about generosity and good stewardship.

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<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Beyond Blessed #2	26:00	26:00	REC	PA/O/E	8/3/2020	8:30 PM
						8/4/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris talks about good stewardship; the management of the property and resources of someone else, as well as protecting and expanding their resources. He shares biblical principles about the difference between stewardship and ownership.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Beyond Blessed #4	26:00	26:00	REC	PA/O/E	8/17/2020	8:30 PM
						8/18/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris shares biblical financial tests about tithing.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Beyond Blessed #5	27:30	27:30	REC	PA/O/E	8/24/2020	8:30 PM
						8/25/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris talks about the principle of first; as believers, putting God first in your finances.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Beyond Blessed #7	26:00	26:00	REC	PA/O/E	9/7/2020	8:30 PM
						9/8/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris talks about biblical principles of multiplication.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Beyond Blessed #9	27:30	27:30	REC	PA/O/E	9/21/2020	8:30 PM
						9/22/2020	12:30 AM
						9/29/2020	12:30 AM

Today on Beyond Blessed Pastor Robert Morris talks about ten financial commandments regarding biblical principles for managing finances.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	The Eric Metaxas Show #64	24:00	24:00	REC	PA/O/E	9/11/2020	5:00 PM
						9/13/2020	9:00 PM
						9/25/2020	5:00 PM
						9/27/2020	9:00 PM

Today on The Eric Metaxas Radio Show, Governor Mike Huckabee and Co-Author Steve Feazel talk about their book: The Three Cs That Made America Great Christianity Capitalism and the Constitution. They discuss the foundation of our republic, the significance of knowing our history, and the importance of voting.

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<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Hope Generation with Ben Courson #2028	23:00	23:00	REC	PA/O/E	7/9/2020	3:30 PM

Today on Hope Generation with Ben Courson: Money Advice Part One addresses what the Bible has to say about money.

<i>Economy</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Hope Generation with Ben Courson #2029	23:00	23:00	REC	PA/O/E	7/16/2020	3:30 PM

Today on Hope Generation with Ben Courson: Money Advice Part Two addresses how to invest wisely.

<i>Environment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business #TCOB-1906	27:30	27:30	LCL	PA	9/30/2020	3:30 PM

Since the global warming topic first arose, the terms "go green" and "carbon footprint" have been thrown around so often that they now are bland and empty, lacking the fiery inspiration they were coined with. But the fact remains that we all make an impact on the world we live in. The systems that we employ and the choices that we make today do have an enduring effect. Join us for this episode of Taking Care of Business and learn how personal environmental responsibility is more than taking care of the earth - it is taking care of those we love.

<i>Environment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Huckabee #146	50:30	6:00	REC	PA/O/E	7/18/2020	7:00 PM
						7/18/2020	10:00 PM
						7/19/2020	8:00 PM

Tonight on Huckabee: David Bernhardt, U.S. Secretary of the Interior talks about protecting our American legacy, creating an American garden of heroes, and Federal land conservation.

<i>Environment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Somebody's Gotta Do It #215	24:31	24:31	REC	PA/O/E	7/18/2020	8:00 PM
						7/18/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe introduces us to the North Carolina Museum of Natural Sciences where nearly 10,000 known species of birds in the world are displayed. He also goes to the Prairie Ridge Eco station, where the museum's lead ornithologist, John Gerwin, along with his group of interns, collect data that over time can help explain patterns involving migration and disease.

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<i>Environment</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Somebody's Gotta Do It #219	24:34	24:34	REC	PA/O/E	8/15/2020	8:00 PM
						8/15/2020	11:00 PM

On this episode of Somebody's Gotta Do It, Mike Rowe goes to Caprock Canyon State Park in Quitaque, Texas to introduce us to Lynda Watson where he learns about relocating prairie dogs to benefit the survival of about 150 other species and maintain a healthy prairie.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business #TCOB-1903	27:30	27:30	LCL	PA/O	7/1/2020	3:30 PM
						7/3/2020	3:30 AM

Abortion. It's a health issue that effects over 900,000 lives each year. On this program, we'll hear stories from people who have suffered traumatically while dealing with the consequences of abortion. Including, one woman who will tell how she personally profited from the life-altering circumstances of others.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business #TCOB-1910	27:30	27:30	LCL	PA	8/26/2020	3:30 PM
						8/28/2020	3:30 AM

On this episode of Taking Care of Business, we discover why young people in our society struggle with emotional vulnerabilities that impact their ability to cope with challenging and stressful situations. We learn how these obstacles affect their ability to function in their adult years.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business #TCOB-1907	28:30	28:30	LCL	PA/O	9/16/2020	3:30 PM
						9/18/2020	3:30 AM

The long reach of the opioid epidemic touches every community in America. It's sprawling across our farmlands and small towns. It's quietly creeping into our families and even our church pews. On this episode of "Taking Care of Business" we take an honest look at this growing problem of substance abuse and explore some possible solutions and how a dose of unconditional love may be required to fix it.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #41420	57:05	57:05	REC	PA/O	8/16/2020	1:00 AM

Tonight on Praise: Pastor Jentezen Franklin, seen on Kingdom Connection on TBN and Author of Acres of Diamonds, shares that the coronavirus has shut down everything and we have been given the greatest opportunity to focus alone in the house with our families and with God. The worst thing that could happen is to go through this and not establish some patterns of reading the word more and praying as a family. Don't let your family just go through this time and not grow. Let's turn to the Lord with our families with all our heart as never before. Pastor Jentezen encourages us that God is with us, He is for us, and He is in us. He believes this is a wake-up call for this generation and in God's goodness and mercy God is saying to get your house in order, and turn your priorities, your homes, and your families back to Me. Hold on to your faith through this crisis. Viewers are presented with an opportunity to accept the gift of salvation.

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<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #90120	54:59	54:59	REC	PA/O/E	9/01/2020	7:00 PM
						9/02/2020	12:00 AM
						9/02/2020	4:00 PM
						9/06/2020	10:00 PM
						9/09/2020	2:00 AM
						9/21/2020	7:00 PM
						9/21/2020	10:00 PM
						9/22/2020	4:00 PM
						9/25/2020	2:00 AM
						9/27/2020	10:00 PM
						9/29/2020	2:00 AM

Tonight on Praise: Bishop T. D. Jakes, Senior Pastor of the Potter's House and New York Times Best-Selling Author of his timely new book, "Crushing God Turns Pressure into Power," shares that he believes crushing is a step to conquering, and once you have gone through your crushings, you become a conqueror; wise, and strong because of what you went through. He addresses various suffering such as physical, death, COVID-19, a broken heart, divorce, the loss of a child, and family issues.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Praise #92920	55:30	55:30	REC	PA/O/E	9/29/2020	7:00 PM
						9/29/2020	10:00 PM
						9/30/2020	4:00 PM

Tonight on Praise: Jimmy Evans, Founder and CEO of Marriage Today, Pastor, Golfer, and Author of his new book, "The Four Laws of Love," shares the foundational laws of marriage. Pastor Evans talks about Harvard Sociologist Carle C. Zimmerman's report published in 1947 titled "Family and Civilization" which identifies the eight signs of an atomistic society. Currently, America has all eight signs present in our society today. Marriage is the foundation of all society. When you have stable marriages, you have a stable society.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Huckabee #152	50:30	8:00	REC	PA/O/E	8/29/2020	7:00 PM
						8/29/2020	10:00 PM
						8/30/2020	8:00 PM

Tonight on Huckabee, Rick Rigsby, PhD, Author of "Lessons from a Third Grade Dropout" and "Afraid to Hope" shares lessons learned from his father. He also talks about the breakdown of the family and the importance of Fathers.

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	Treasures #111	28:31	28:31	REC	PA/O/E	7/11/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzi, Founder of Victory Outreach International, lets us hear stories of mothers who have had to live with the harsh reality that their child is sentenced to many years in prison. This topic has affected families from different backgrounds and social status. Every parent has hopes and dreams for their children. When you see them going in the wrong direction and headed for tragedy, most parents can feel helpless. One wrong decision can change a life forever. As a parent, you never dream or even imagine a son or daughter would be sentenced like a caged animal alone in a 5x8 foot cell or having to deal with the pain that your child has little to no hope of being free again. When your child is locked up in a cold prison cell, the pain can be devastating to a mother. But even in the midst of this horrific situation, God has given peace to many of these mothers. A peace that surpasses all understanding. God has been an anchor to these mothers during their time of hardship and turned their pain into hope.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Treasures #401	28:30	28:30	REC	PA/O/E	9/5/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzi, Founder of Victory Outreach International, shows us the life of a woman who was held captive by domestic abuse and the terrifying circumstances she had to endure, and how God ultimately changed her life. The perils of domestic violence are affecting millions of people. Day after day, physical, emotional, and verbal abuse are devastating many families. These people often endure tremendous pain and are unable to go about their daily lives. Instead they are constantly looking over their shoulder and living in fear of what awaits them at home. The answer is always found in Jesus. He is the one who can change and deliver us. Jesus is the one that is able to change a life and then change an entire family.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Treasures #404	28:30	28:30	REC	PA/O/E	9/26/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzi, Founder of Victory Outreach International, the topic is abortion. In the United States alone, almost half of all pregnancies, four out of ten, end in abortion. While some of these women view this as their choice and go on with their lives, others are unable to shake off the shame and pain of what they've done. We hear the story of one young lady who lost all hope because of her regretful choice, until she learned about the grace and love of God.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Your Best Life Now #5	27:30	27:30	REC	PA/O/E	7/19/2020	3:00 AM
7/20/2020						9:00 PM	
7/24/2020						12:30 AM	
9/14/2020						9:00 PM	
9/18/2020						12:30 AM	

Today, On Your Best Life Now, Joel Osteen asks the question, "Have you ever found yourself asking if this is all there is, was my life intended for more? God created you with a specific purpose in mind. In order to see your life the way God sees you, you have to enlarge your vision. God created us to live an abundant life. Limited thinking will cause you to have a limited life. Don't let mediocrity become the norm. The enemy wants to contain you, but God wants to enlarge you. Stay open to new opportunities. Your past is not a blueprint, it's just the foundation for the life God is building. Your parents and relatives laid the foundation, you're supposed to build on what they did. You're supposed to set a new standard. That's not a resting place, it's a stepping-stone for you to rise higher, a launching pad for you to go further. You have to enlarge your vision. You can rise to a new level and go where no one in your family has gone. You have to learn how to encourage yourself.

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<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Your Best Life Now #7	27:30	27:30	REC	PA/O/E	8/2/2020	3:00 AM
						8/3/2020	9:00 PM
						8/7/2020	12:30 AM

Today, On Your Best Life Now, Joel Osteen tells us that many people are praying for a miracle. They're saying, God, please send me a friend. God, I need help with these kids. God, I need a good break. You can become the miracle they need. You're a miracle waiting to happen. No matter where you are, or what challenges you're facing, you can start living your best life now. You could be the answer to someone else's prayer. Look around at who's in your life. Listen to what they're saying. Be sensitive to their needs. Is there a way you could help? This is the mindset of someone who lives to give. Helping hurting people is the closest thing to the heart of God. We don't see ourselves as powerful as we really are.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Joseph Prince	27:29	27:29	REC	PA/O/E	8/24/2020	9:30 PM
	Live the Let Go Life #9					8/25/2020	1:00 AM

Today on Joseph Prince: Live the Let Go Life: Are you stressed out by fussy toddlers, dealing with rebellious teenagers, worrying about family members that are going through a difficult time? I want you to know that God's blessing is not just for you but your entire family. You can be at rest knowing God loves and cares about the ones you love. It's time to let go of the fear filled worrisome thoughts concerning your loved ones and give them over to God. You can trust that He has a promise and a good plan for them.

<i>Family</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Huckabee #145	50:30	9:00	REC	PA/O/E	7/11/2020	10:00 PM
						7/12/2020	8:00 PM

Tonight on Huckabee: Pastor Matthew Barnett, Co-Founder of the Los Angeles Dream Center and Author of his latest book "One Small Step," shares how the Dream Center, open 24/7, houses and serves recovering addicts, homeless families, homeless veterans, emancipated minors, and human trafficking victims; providing the luxury of time to rebuild their lives.

<i>Health</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business	28:30	28:30	LCL	PA/O	9/2/2020	3:30 PM
	#TCOB-1909					9/4/2020	3:30 AM

Obesity in America has reached epidemic proportions with 1 in every 3 adults considered obese. The reasons behind this dangerous and growing health crisis may not always be what you expect. In any case, losing the weight is a journey. Keeping it off can be even harder. On this episode of "Taking Care of Business" we will discover that how we choose to lose weight is just as important as why.

<i>Mental Health</i>	<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
	Taking Care of Business	28:15	28:15	LCL	PA/O	9/23/2020	3:30 PM
	#TCOB-1916					9/25/2020	3:30 AM

In a recent year, 47,000 individuals committed suicide in this country, 70,000 people died of drug overdose and many more died because of alcohol addictions. What is happening and, more importantly, what is being done to intervene? Depression and addictions are causing more suicide related deaths than at any other time in American history. Self-harm is not always caused by a gun; often it is a drug overdose or alcohol induced event. On this edition of Taking Care of Business, see the sad realities facing our society and meet those who are trying to intervene.

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #40919	57:20	57:20	REC	PA/O/E	7/04/2020	3:00 AM
					7/11/2020	3:00 AM
					7/11/2020	1:30 PM
					7/13/2020	1:00 AM
					7/18/2020	3:00 AM
					7/20/2020	3:00 AM
					7/27/2020	3:00 AM
					8/03/2020	12:00 AM
					8/06/2020	3:00 AM
					8/16/2020	12:00 AM
					8/17/2020	12:00 AM
					8/24/2020	4:00 PM
					8/27/2020	3:00 AM
					8/28/2020	2:00 AM
					8/30/2020	12:00 AM
					8/31/2020	3:00 AM
					9/01/2020	2:00 AM
					9/05/2020	12:00 AM
					9/07/2020	12:00 AM
					9/10/2020	3:00 AM
					9/14/2020	1:00 AM
					9/15/2020	3:00 AM
					9/26/2020	12:00 AM
					9/28/2020	12:30 AM

Tonight on Praise, Jordan Rubin, Founder of Ancient Nutrition, and Chiropractic Physician and Nutritionist, Dr. Josh Axe, discuss the nutrient, collagen, that virtually everyone is missing from their daily diet, which is so important that it makes up ninety percent of our bodies tissues and organs. Thirty percent of all of the protein in our body is collagen, such as our skin, hair, nails, bones, discs, ligaments, tendons, connective tissue, and gut lining. What is the one food that people have been given throughout history when they're not feeling well, post-surgery in a hospital, even today all around the world, and what does grandma give you when you're feeling under the weather? Chicken soup; which is really a bone broth or chicken soup made from the bones, joints, and ligaments of the animal. Today, we skip the soup and we go for the chicken breast, nuggets, tenders, beef tenderloin and the burger. In our history when we ate meat; fish, poultry, or red meat, we would eat the meat and take the bones and make a soup, stock, or broth. The way we look, feel and move is largely related to the amount of collagen in our body, and as we age, we slow down production and eventually stop producing collagen. Multi-Collagen Protein was developed by Jordan Rubin and Dr. Josh Axe to provide people with an easy, simple way, to get collagen in the diet, in the right amounts, in virtually every meal. While calcium is needed for strong bones, there is more collagen in your bones than calcium and all other minerals combined, and it is essential for our health. When you consume collagen peptides, small chains of protein, your body begins to regenerate its collagen supply. When selecting collagen, there are various types of collagen, and just like we need multiple types of vitamins, minerals, and antioxidants, we need multiple types of collagen.

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Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #71420-91020	55:17	55:17	REC	PA/O/E	7/14/2020	7:00 PM
					7/14/2020	10:00 PM
					7/15/2020	4:00 PM
					7/19/2020	2:00 AM
					7/22/2020	2:00 AM
					9/10/2020	7:00 PM
					9/10/2020	10:00 PM
					9/11/2020	4:00 PM
					9/13/2020	10:00 PM
					9/17/2020	2:00 AM
					9/24/2020	7:00 PM
					9/24/2020	10:00 PM
					9/27/2020	11:00 PM
					9/30/2020	2:00 AM

Tonight on Praise: Max Lucado, New York Times Best-Selling Author of his new book and devotional "*Unshakeable HOPE Building Our Lives on the Promises of God,*" and Minister of Teaching at Oak Hills Church, shares that we are facing not just the pandemic, economic uncertainty, and social unrest, but we're facing the fear that comes with it all. Max believes the promises of God are our way of responding to the tragedy of mankind, helping us to face challenges with hope. Fear-filled people make foolish decisions; often, decisions that we live to regret. Statistics show that this is the most anxious generation in the history of the world. Max shares that right now everyone of us are choosing: Are we going to build a life based on fear? Are we going to build a life based on faith? Faith in the more than 7,000 promises of God contained in the Bible. If we're going to build our life on the promises of God, we need to know the promises, trust the promise, then allow those promises to become a part of our day to day life.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #90619	56:10	56:10	REC	PA/O/E	7/30/2020	3:00 AM
					8/22/2020	3:00 AM
					9/01/2020	4:00 AM
					9/21/2020	3:00 AM
					9/29/2020	3:30 AM

Tonight on Praise: America's Biblical Health Coach, Jordan Rubin and Chiropractic Physician and Nutritionist, Dr. Josh Axe, talk about the hemp plant, originally called cannabis sativa, focusing on CBD or Cannabidiol, which does not have intoxicating or hallucinogenic effects. They share its benefits to help with stress, its impact on the entire body, and nutritional benefits. They present the first to market certified organic CBD hemp supplements combined with powerful botanicals, US grown, and USDA certified organic by the United States Department of Agriculture.

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Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #73020	54:25	54:25	REC	PA/O/E	7/30/2020	7:00 PM
					7/30/2020	10:00 PM
					7/31/2020	4:00 PM
					8/06/2020	2:00 AM

Tonight on Praise: Ben Courson, Author, TV & Radio Host, and Pastor of Applegate Christian Fellowship, talks about depression and anxiety during this current season. Ben shares his own experience with depression and offers hope through Jesus Christ.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #90820	56:05	56:05	REC	PA/O/E	9/08/2020	7:00 PM
					9/09/2020	12:00 AM
					9/09/2020	4:00 PM
					9/16/2020	2:00 AM

Tonight on Praise: Ben Courson, Founder of Hope Generation, Best-Selling Author, and TV & Radio Host, talks about depression and shares practical ways to fight it.

Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #92220	56:59	56:59	REC	PA/O/E	9/22/2020	7:00 PM
					9/22/2020	10:00 PM
					9/23/2020	4:00 PM

Tonight on Praise: Jordan Rubin, America’s Biblical Health Coach and Dr. Josh Axe, Chiropractic Physician and Nutritionist, Co-Founders of Ancient Nutrition, offer simple, effective solutions for busy people. Ancient Nutrition Organic SuperGreens is a shortcut to getting more green leafy vegetables and powerful high antioxidant fruits that you would normally consume in a week or a month. They discuss energy, immune support, detoxification, and digestive health.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #39	25:45	25:45	REC	PA/O/E	7/2/2020	12:30 PM

Today on Better Together: Laurie Crouch, Jamie Ivey, Nona Jones, Christy Wright, and Ruth Chou Simons address: Identifying emotional triggers. Reaching out for help. What can we expect on the journey to healing and recovery?

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #64	24:59	24:59	REC	PA/O/E	7/30/2020	12:30 PM
					8/04/2020	9:00 PM

Today on Better Together: Laurie Crouch, Holly Wagner, Hosanna Wong, Dr. Anita Phillips, and Nona Jones address: We serve a God who makes the broken whole. How can we identify emotional triggers and find a path from trauma to recovery?

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Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Hope Generation Special with Ben Courson #6886	53:32	53:32	REC	PA/O/E	8/28/2020	7:00 PM
					8/28/2020	8:00 PM
					8/28/2020	9:00 PM
					8/28/2020	10:00 PM
					8/31/2020	4:00 PM
					9/04/2020	2:00 AM

Hope Generation Special with Host Ben Courson: We've been through a lot this year; a pandemic, social unrest, social distancing, unexpected loss, this can leave a lot of us feeling isolated, anxious and even depressed. We are going to dive into the topic of hope. Be inspired with music from America's leading worship artists like Hillsong United, Elevation Worship, Red Rocks Worship, and a special song from Terrian and encouraged by messages from Steven Furtick and Dr. Alicia Britt Chole. Ben Courson also shares ten weapons to defeat the dark lord of depression.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Hope Generation with Ben Courson #2037	23:00	23:00	REC	PA/O/E	9/10/2020	3:30 PM

Today on Hope Generation with Ben Courson: 11 Weapons to Defeat Depression Part One.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Hope Generation with Ben Courson #2038	23:00	23:00	REC	PA/O/E	9/17/2020	3:30 PM

Today on Hope Generation with Ben Courson: 11 Weapons to Defeat Depression Part Two.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Hope Generation with Ben Courson #2039	23:00	23:00	REC	PA/O/E	9/24/2020	3:30 PM

Today on Hope Generation with Ben Courson: 11 Weapons to Defeat Depression Part Three.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #147	50:30	7:00	REC	PA/O/E	7/25/2020	7:00 PM
					7/25/2020	10:00 PM
					7/26/2020	8:00 PM

Tonight on Huckabee, Robert Michaels, CEO and Founder of Serve & Protect, addresses the trauma first responders face, by providing peer advocates and services for police officers, fire fighters, doctors, and nurses. If you are a first responder and need help, call 615.373.8000 or go to serveprotect.org

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Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Jay Sekulow Live #566	24:52	24:52	REC	PA/O/E	7/22/2020	12:00 AM

Today on Jay Sekulow Live, Jordan Sekulow, Executive Director of ACLJ, ACLJ Senior Counsel, Jay Sekulow; ACLJ Senior Counsel, Andy Ekonomou; ACLJ Senior Counsel, Cece Heil; and ACLJ Director of Government Affairs, Thann Bennett; discuss the Supreme Court ruling against life.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	27:30	27:30	REC	PA/O/E	7/06/2020	9:30 PM
Live the Let Go Life #2					7/07/2020	1:00 AM
					9/21/2020	9:30 PM
					9/22/2020	1:00 AM

Today on Live the Let-Go Life with Joseph Prince: Does your life feel like one big juggling act? Family, work, bills, deadlines, appointments, activities, to do lists. Do you feel that at any moment something could come crashing down? Well, what if I told you that you could stop juggling, stop worrying and just let go? Sounds too good to be true? It's not because there is someone who is ready to step in and take over from you and he is much better at resolving all your cares.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	25:59	25:59	REC	PA/O/E	7/13/2020	9:30 PM
Live the Let Go Life #3					7/14/2020	1:00 AM
					9/28/2020	9:30 PM
					9/29/2020	1:00 AM

Today on Live the Let-Go Life with Joseph Prince: Imagine taking your child to the park but instead of running off to play, your little one asks you with a worried frown, "Daddy, do we have enough milk at home? Will we have enough bread tomorrow? Can't imagine this? Why? Because that's not how kids talk, right? They would say, Mommy I want more milk. Daddy can I have more bread. They are confident you've got that covered. That's how God wants you to live. He doesn't want you to have sleepless nights wondering about deadlines, a health crisis, or your bank balance. What if I told you that you can let go of worry? What if I told you God has already provided what you need?

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	27:30	27:30	REC	PA/O/E	7/20/2020	9:30 PM
Live the Let Go Life #4					7/21/2020	1:00 AM

Today on Live the Let-Go Life with Joseph Prince: Are things moving so fast in your life that you often feel breathless and unable to keep up? If you are exhausted by the pace you are running and want to walk in the restful unhurried rhythm that our Lord Jesus walked in, the good news is you can. You can live differently. You don't have to run the rat race like the rest of the world only to become the number one rat, or focus all your energy frantically climbing the ladder, only to find it doesn't lead you where you expected. If you are need of rest, this message is for you.

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Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	25:59	25:59	REC	PA/O/E	7/27/2020	9:30 PM
Live the Let Go Life #5					7/28/2020	1:00 AM

Today on Live the Let-Go Life with Joseph Prince: When a doctor's report stares you in the face, when your rebellious teenager walks out the door, when the bills pile up on your desk, how can you possibly experience a peace stronger than what you are facing? Today we are going to learn how to tune into God's peace in the midst of the storms of life and keep our eyes on his promises through any problem. There is someone who is more than able and more than willing, and there is someone working behind the scenes on your behalf. You are not facing life alone.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	27:30	27:30	REC	PA/O/E	8/3/2020	9:30 PM
Live the Let Go Life #6					8/4/2020	1:00 AM

Today on Joseph Prince: Live the Let Go Life: Have you ever had a moment you wished you could take back? Maybe you snapped at your kids during supper or kicked the dog after a long hard day. In a pressure-filled moment you wanted to do what was right, but you failed. The computer screen beckoned, and you clicked your way off the straight and narrow path. You may even feel you've committed an unpardonable sin. Now you would do anything to take it back. Guilt, condemnation, is a heavy burden. A burden that, because of the cross, you have been freed from. Today I want to teach you how to let go of that guilt and find rest in the finished work of Christ.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	27:29	27:29	REC	PA/O/E	8/17/2020	9:30 PM
Live the Let Go Life #8					8/18/2020	1:00 AM

Today on Joseph Prince: Live the Let Go Life: In a world of stress and unrest we are constantly bombarded with the newest methods of finding inner peace like meditation. Did you know that meditation (Bible meditation) originated with God? There are a lot of alternate versions out there that encourage searching for inner peace and transformation that begin and end with looking within yourself, but true peace, true transformation, only comes through meditating God's way; fixing our eyes on Jesus and on His life-giving word.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Joseph Prince	27:30	27:30	REC	PA/O/E	8/31/2020	9:30 PM
Live the Let Go Life #10					9/1/2020	1:00 AM
					9/08/2020	1:00 AM

Today on Joseph Prince: Live the Let Go Life: Have you ever failed an exam or a job interview, loss someone close to you, faced mounting debts, experience one defeat after another? Are you overwhelmed with feelings of fear, panic, and isolation? We all have moments like this in life. Maybe you're still struggling with those feelings today, but you don't have to. You were never meant to. We need to be intentional about living the life of rest and peace that God has designed for us.

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Mental Health

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Joseph Prince	27:30	27:30	REC	PA/O/E	9/14/2020	9:30 PM
Live the Let Go Life #1					9/15/2020	1:00 AM

When the items on your to do list outnumber the hours in your day, when the bills add up to more than your paycheck, when you dread facing tomorrow. We've all felt it. We've all carried it. Stress. It may be a doctor's report, problems with your child, a looming project at work. Suddenly your shoulders tighten, your palms are sweaty, the room gets smaller, sleep eludes you, you feel completely overwhelmed. Sounds familiar? The good news is with God on your side you can let your troubles go.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Your Best Life Now #4	27:30	27:30	REC	PA/O/E	7/12/2020	3:00 AM
					7/13/2020	9:00 PM
					7/17/2020	12:30 AM
					9/07/2020	9:00 PM
					9/11/2020	12:30 AM

Today, On Your Best Life Now, Joel Osteen talks about how you can choose to be happy. Too many people drag through the day sour, with no enthusiasm, they hardly ever smile, they never laugh anymore, everything is a burden. God never created us to endure life, He created us to enjoy life. As a little child we start off happy, laughing, and enthusiastic. So often as we get older, we let the challenges of life sour our spirits. Every day is a gift from God. We can never get this day back. If we make the mistake of living it unhappy, discouraged, upset, angry, then we have wasted this day. Make a decision that you're going to live your life happy. Put a smile on your face. Start laughing again. Celebrate the fact that you're alive. Happiness is a choice. You can choose what kind of day you're going to have. How you live your life is totally up to you. You're in charge of how happy or unhappy you want to be. Why don't you make a decision to be happy every day.

Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Your Best Life Now #1	27:30	27:30	REC	PA/O/E	8/09/2020	3:00 AM
T					8/14/2020	12:30 AM
O						

Today, on Your Best Life Now Joel Osteen asks the question, "How is your self-image?" The way you see yourself and how you feel about yourself will have a tremendous impact on your destiny. The truth is you will never rise above the image you have of yourself in your own mind. God has a very high opinion of you, and He wants you to feel the same way. No matter where you are, or what challenges you're facing, you can start living your best life now. Have you ever stopped to listen to your thoughts? Are you letting the words of someone else hold you back? Pay attention to what's playing in your mind. Don't go through life being against yourself focused on your faults, feeling inferior, like nothing good is going to happen. Too many people feel wrong on the inside. There's a nagging feeling that's always reminding them of what they're not, how they don't measure up. If you don't love yourself in a healthy way, then you're not going to love others. When you feel good about yourself, you'll go further, you'll have better relationships, and you'll enjoy life more. Your best life begins on the inside. Opposition doesn't determine who you are, it simply reveals who you think you are. The more you dwell on the right thoughts the less room there is for the wrong thoughts. When you're beautiful on the inside, it will start coming out on the outside. When you criticize yourself you are criticizing God's creation. One of the biggest challenges is breaking cycles of bad thinking. We often sense the symptoms of negative thoughts before we ever diagnose the real problem. Pay attention to what you're dwelling on. Quit permitting what you should be deleting. The scripture says to guard your mind. You have to be select about you allow in. You can change. Start deleting the lies and replace them with what God says about you. Every morning take time to get your inner person ready. Start the day off by making these positive affirmations over yourself.

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Mental Health

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Your Best Life Now #6	27:30	27:30	REC	PA/O/E	7/26/2020	3:00 AM
T o d a y ,					7/27/2020	9:00 PM
					8/1/2020	12:30 AM
					9/21/2020	9:00 PM
					9/25/2020	12:30 AM

Today, On Your Best Life Now, Joel Osteen talks about the power of our thoughts and words. Have you thought about how you program your mind to think? No matter where you are, or what challenges you're facing, you can start living "Your Best Life." Our mind is like a computer. How you program it is the way it's going to function. Reprogram your thinking. When negative, discouraging thoughts come, delete them. Scriptures tell us to guard our mind. You control the doorway to what you're going to allow in. You can dwell on every negative thing people have said, every derogatory comment, or you can choose to delete it and dwell on what your Creator says about you. Clear out the negative things people have said about you. You are not who people say you are. You are who God says you are. You are His masterpiece, crowned with favor, equipped with talents, gifts, and creativity. It's time to reprogram your mind. Living your best life starts with thinking the right thoughts. Become disciplined in your thought life. Ask yourself, "Why do I think this way?" The words we speak determine the way we live. God's word is full of many promises that we can speak over our future.

Public Safety

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:30	27:30	REC	PA/O	7/22/2020	3:30 PM
#TCOB-1902					7/24/2020	3:30 AM

Is America's infrastructure "crumbling?" Driving down the street every day, hitting potholes or getting stuck in traffic, it's easy to believe. What about the quality and safety of our water? Is the power grid reliable? Can we trust what politicians, or the experts tell us? On this episode of Taking Care of Business, we're going to take a look at the reliability and safety of America's infrastructure, including transportation, water and power.

Public Safety

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Taking Care of Business	27:00	27:00	LCL	PA/O	7/15/2020	3:30 PM
#TCOB-1920					7/17/2020	3:30 AM

The leading cause of death for children under four, and the second leading cause of death for children between four and fourteen, is drowning. And while we all know that water is dangerous, most of us have misconceptions about drowning that unnecessarily put our children at risk. A lack of knowledge can leave even the best of parents facing the unthinkable. Join us for this episode of Taking Care of Business, and learn how to best protect our children and families from this common but preventable tragedy.

Public Safety

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #147	50:30	6:00	REC	PA/O/E	7/25/2020	7:00 PM
					7/25/2020	10:00 PM
					7/26/2020	8:00 PM

Tonight on Huckabee: Chad Wolf, Acting Homeland Security Director talks about defending federal property and quelling city street violence in Portland and other cities across the U.S.

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<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<i>Public Safety</i>	Huckabee #149	50:30	7:00	REC	PA/O/E	8/8/2020	7:00 PM
						8/8/2020	10:00 PM
						8/9/2020	8:00 PM
Tonight on Huckabee, Mark Morgan, Acting CBP Commissioner (U.S. Customs & Border Protection), talks about keeping our borders safe and partnering with local police.							

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<i>Public Safety</i>	Huckabee #153	50:30	5:00	REC	PA/O/E	9/5/2020	7:00 PM
						9/5/2020	10:00 PM
						9/6/2020	8:00 PM
Tonight on Huckabee, Huck's Heroe is Mercy Chefs, founded by Gary Leblanc, a non-profit disaster relief and community outreach team comprised of professional chefs that feed people in their time of need; most recently in Louisiana after hurricane Laura.							

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<i>Public Safety</i>	Somebody's Gotta Do It #222	24:31	24:31	REC	PA/O/E	9/5/2020	8:00 PM
						9/5/2020	11:00 PM
On this episode of Somebody's Gotta Do It, Mike Rowe goes to the Chicago Fire Department's Air-Sea Rescue Unit at Engine House 13 to introduce us to Deputy District Chief Ron Dorneker and the Fire Department Scuba Team 687 where Mike learns how to rescue people who have fallen through the ice in various bodies of water.							

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<i>Youth</i>	Taking Care of Business #TCOB-1917	27:30	27:30	LCL	PA	8/5/2020	3:30 PM
						8/7/2020	3:30 AM
Adults who mentor young people in our culture may often go un-noticed, but their work and dedication have a long lasting, positive impact on our society. Whether it's professional, personal or spiritual, those who mentor young people often become a catalyst for growth and accomplishment. The support of a caring adult can be powerful in the life of a young, impressionable boy or girl. On this edition of Taking Care of Business, meet those who are mentors and the individuals they have impacted.							

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>	
<i>Youth</i>	Taking Care of Business #TCOB-1904	27:30	27:30	LCL	PA/O	9/09/2020	3:30 PM
						9/11/2020	3:30 AM
On this emotional episode of Taking Care of Business we explore the difficult subject of youth suicide. Youth Suicides are now a pandemic in our country. The suicide rate for young people between the ages of 14 and 19 has jumped 70% in the past 10 years. 157,000 young people are hospitalized each year for self-harm. Many feel that this coincides with the launch and popularity of many of the social media apps and platforms. Most young people don't realize that social media sites are not accurate representations of the authentic lives of those using them. Meet young people who tell their stories of how they attempted to end their lives but lived to tell about it!							

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Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Praise #80620	55:30	2:00	REC	PA/O	8/06/2020	7:00 PM
					8/06/2020	10:00 PM
					8/07/2020	4:00 PM
					8/13/2020	2:00 AM

Tonight on Praise: We go behind the shield of the National Football League. James Brown, Host of CBS's The NFL Today, takes us inside NFL Headquarters in New York City to meet Roger Goodell, named the most powerful man in sports by Sports Illustrated; the Commissioner of the National Football League since 2006. In addition to the NFL, Roger talks about racism, domestic violence, 2nd Chance Ministry, as well as GENYOUth, which partners with the National Dairy Counsel to address food insecurity in schools across the nation and teaches the importance of healthy food and exercise for a healthy lifestyle.

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #69	26:05	26:05	REC	PA/O/E	7/9/2020	12:30 PM

Today on Better Together: Laurie Crouch, Christine Caine, Latasha Morrison, Dianna Nepstad, and Jamie Ivey address: How can we empower the next generation to champion justice and peace?

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Better Together #94	25:44	25:44	REC	PA/O/E	8/20/2020	12:30 PM
					8/25/2020	9:00 PM

Today on Better Together: Laurie Crouch, Victoria Osteen, CeCe Winans, Holly Wagner, and Jeannie Munsey address: Who helped you understand God's purpose for your life? How can we encourage the next generation to pursue His plans?

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #146	50:30	6:00	REC	PA/O/E	7/18/2020	7:00 PM
					7/18/2020	10:00 PM
					7/19/2020	8:00 PM

Tonight on Huckabee: Xavier DeGroat, Founder and CEO of the Xavier DeGroat Autism Foundation, shares some of the challenges of autism and how his autism motivated him to become an advocate for others with similar challenges and families with autism.

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #148	50:30	7:00	REC	PA/O/E	8/1/2020	7:00 PM
					8/1/2020	10:00 PM
					8/2/2020	8:00 PM

Tonight on Huckabee: Adam Carolla, No Safe Spaces and author of "I'm Your Emotional Support Animal" talks about what's wrong with "woke" and the cancel culture. Many students today have degrees but lack the ability to think and reason.

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Youth

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Huckabee #149	50:30	6:00	REC	PA/O/E	8/8/2020	7:00 PM
					8/8/2020	10:00 PM
					8/9/2020	8:00 PM

Tonight on Huckabee, Huck's Heroes Barb Mains, Founder and Director of Help 4 Kids / Backpack Buddies, shares how she discovered children in her area did not have food to eat over the weekend or adequate clothing for school. As a result, Help 4 Kids was created to provide food, clothing, school supplies and other resources for children and their families.

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Huckabee #155	50:30	4:00	REC	PA/O/E	9/19/2020	7:00 PM
					9/19/2020	10:00 PM
					9/202020	8:00 PM

Tonight on Huckabee, U.S. Congresswoman Tulsi Gabbard (D-HI) talks about the Netflix "Cuties" film and the sexualizing and dehumanizing of our kids, further fueling the flames of child pornography, child prostitution and sex trafficking.

Youth

<i>Program Title</i>	<i>Program Duration</i>	<i>Topic Duration</i>	<i>Segment Source</i>	<i>Type</i>	<i>Airdate</i>	<i>Time</i>
Treasures #110	28:30	28:30	REC	PA/O/E	7/4/2020	1:30 AM

On today's episode of Treasures, Sonny Arguinzoni, Founder of Victory Outreach International, and Pastor Sonny Arguinzoni, Jr. introduce us to real life stories of people who overcame heroin and methamphetamine abuse. It has been reported that an estimated 4.2 million people over the age of twelve have used heroin, while twenty-three percent of these people become dependent on it. Sadly, more than fifty percent of all heroin related deaths are people between the ages of fifteen and thirty-five. When it comes to meth, an alarming thirteen million people over the age of twelve have used meth in the United States alone. Many of these people never live a normal life again, battling with liver, kidney, lung damage, depression, permanent brain and heart damage and sometimes even death. While much of society considers it a hopeless case, that is not necessarily true. In Victory Outreach, we believe that no person is too far gone that God can't reach and change their lives.

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