Trinity Broadcasting Network

WMWC-TV Galesburg, Illinois

January, February, March 2017

Central Time

Leading Community Issues

Results of ascertainments from civic leaders, response by telephone from TBN viewers, printed media comprising newspaper and magazine publications whenever possible.

Economy

Education

Family

Health

Homeless

Public Safety

Substance Abuse

Youth

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
v								
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	02/06/2017	04:00 PM	
	#2017-07					02/07/2017	02:00 AM	

Economy

Economy

Host Pastor Scott Reece interviews Tracy White, Planning Committee, QC Empowerment Network. QC Empowerment Network started two years ago. The Network began with small groups focusing on five issues identified among African Americans. There were five issues identified-Professional Engagement, Economic Equity, Youth and Education, Political Action and Religious Affairs. QC Empowerment Network was formed off of a blueprint used in Omaha, Nebraska where their graduation rate has increased and the dropout rate has decreased. QC Empowerment has seen measurable changes, for example; Economic Equity, the goal is to empower Black Business Owners. This committee has also developed a Black Business Expo, which provides the business owner with resources, information, and networking. The first year of action, QC Empowerment Network had 20 business owners to participate in the Black Business Expo. From the surveys taken by the attendees, the network committee learned that attendees wanted more participants and suggested to have it more frequently. Lunch and Learn was then planned and implemented and also held quarterly. Each Lunch and Learn has a speaker, Best Practices segment, and lunch which is all provided free of charge. QC Empowerment is now working on an event called "Networking Unplugged". Tracy gave an example of a small business owner who was doing snow removal and lawn care, he came to the Expo and met a Property Manager. The Property Manager hired the young man to do all his properties. That gave the young man the confidence to start seeking larger contracts and has now signed contracts with a school district that has seventeen schools, the city bus, all thirty two stops, and the City of Davenport Iowa.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	02/06/2017	04:00 PM
#2017-07					02/07/2017	02:00 AM

Host Pastor Scott Reece interviews Tracy White, Planning Committee, QC Empowerment Network. QC Empowerment Network does not have a President per say, however they do have a planning committee that consists of four members. These four members oversee the individual committees. Each committee has its own chairperson. QC Empowerment Network is all about the "village concept". They truly believe in helping each other. Tracy gave an example using Luke-Chapter 10, people kept walking by the young man that needed help, however there was one to stop and that's how QC Empowerment Network is designed to be the one that offers help. QC Empowerment is a labor of love. Each member has a God-given talent and they are giving it back to the community. It is their belief that if they can affect one home, that one home can affect the neighborhood that neighborhood can affect the community, and that community can affect the nation. In the next five years QC Empowerment Network would like to see a stronger community, not so segmented, as it is today.

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	Program Title	Program Duration	Topic Duration	Segment Source	Туре	Airdate	Time
Education							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/27/2017	04:00PM
	#2017-10					2/28/2017	02:00AM

Pastor Scott Reece interviews Caleb Thomas, Executive Director of Strive for Success in Iowa City, Iowa. Caleb Thomas was on his career path as a school counselor. He came to the realization that many of the school's children were on a path of school to prison. Growing up where his mother and grandmother were his only family, Caleb was going down the wrong path. Had it not been for his junior high teacher and his grandmothers' constant encouragement, one can't imagine where he would be today. Strive for Success was created for At Risk Youth, who oftentimes are the product of single family homes, living below the poverty level with parents who are incarcerated and/or uneducated. Seeing the struggles, on a daily basis, Caleb decided to try and make a difference by preventing young people from falling through the cracks, by providing positive opportunities to deter delinquency. Statistics deem that most 'at risk youth' are those who are academically challenged and whose environment also affects the lifestyle that a child pursues. Since the program has been in operation, it has been determined that most children are bright and intelligent, in need of a 'hand up and not a hand out'.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Education							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/27/2017	04:00PM
	#2017-10					2/28/2017	02:00AM

Pastor Scott Reece interviews Caleb Thomas with Strive for Success asking him to describe what programs are offered. Strive for Success didn't start out as a faith-based, Christ-Centered program. After the program had been in operation for a year and a half, Caleb was met with continued challenges until he realized, that he had to change its focus. For without God in his life and the guardian over the program, it would not succeed. Today, the program offers, Monday through Friday, prayer, bible lessons, academic enhancement, math and reading programs for students in grades 3-8. Students can attend individual and group programs until they graduate from high school. Recommendations are received from teachers and 'word of mouth'. With a 70% success rate, Strive for Success also offers assistance with identifying scholarships for those who plan to attend college. Housed in the Church of the Nazarene in Iowa City, Strive for Success sustains on private donations. Regardless of the struggles ahead, Caleb and Strive for Success believes in making a difference, through faith in Christ Jesus... he can and will help you go through.

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	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Family							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	03/13/2017	04:00 PM
	#2017-12					03/14/2017	02:00 AM

Pastor Scott Reece interviews Susan Skoglund, Director of Pregnancy Resources. Susan came to the Quad Cities 6 $\frac{1}{2}$ years ago, as a result of the Lord answering her prayer to relocate and working is yet another blessing. Pregnancy Resources is a basic alternative to pregnancy termination. Biblically focused and gospel rooted on the body, soul and spirit, the ministry of sharing that the Lord gives life abundantly and through his love, you can be healed and forgiven. The organization is not political but following God's message of grace and truth... speaking the truth with no condemnation or rejection, only love and compassion. Pregnancy Resources provides free and totally confidential one-on-one services. With funding provided by churches and private donations.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	03/13/2017	04:00 PM
#2017-12					03/14/2017	02:00 AM

Pastor Scott Reece interviews Susan Skoglund, Director of Pregnancy Resources. In 1973 abortion became legal and considered the norm. With two centers in the Quad Cities, volunteers are a vital resource providing services to not just women but also men. Oftentimes women are encouraged, by their male companion, for an array of reasons to seek an abortion. Men are provided educational support to help them understand the window to the womb, all while keeping them included in the pregnancy process. Many of the clients are immigrants and refugees, who not only seek medical care but spiritual support through participating in bible study. During the year, over 1200 clients are seen and the numbers are increasing with the usage of the HOPE mobile van, which is staffed to provide onsite medical service three days a week. When a client makes the decision to carry her child to full term, many choose adoption as a viable alternative to abortion. Through a collaboration with Quad Cities for Life, Pregnancy Resources will be able to provide additional adoption services. Pregnancy Resources has had zero negative responses, always remembering forgiveness sets you free and choosing life will manifest life.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/02/2017	04:00 PN	4
#2017-02					01/03/2017	02:00 AN	И

Host Nathan Hurst talks with Joni Mitchell of Home Grown Health on Holistic Health. I started studying Natural Health when I was pregnant with my son, said Joni. I wanted to not only give my son the best foods possible, but also honor God at the same time. The concept of Holistic Health is knowing where your food comes from, is it really good for your body, inside and out? Honoring the systems as they were designed. Honoring our bodies and how they were made, how we can best, be our best and feel our best. We can't serve the world when we aren't our best. We take our immune system for granted, for example; our Sunday School Classes, we give kids snacks and assume their immune systems can handle them, but can they really? We should take time out and learn out immune system. My faith has grown through studying my body, stated Joni. When you think of good Biblical references that talks about health, Ezekiel is one reference that comes to mind, another reference that comes to mind is fasting, when we look at ancient cultures, thousands of years ago and how it applies to diet, it rings true. They discovered that when you fast it resets or restarts your body; that's something that we know as far back as Ester. We know that fasting can change things and it can empower you. There are certain guidelines to fasting that we should take caution to because it's not part of our culture. Low and Slow is the best way. Organic is expensive, but cancer is more expensive than that.

Family

Health

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/02/2017	04:00 PM
#2017-02					01/03/2017	02:00 AM

Health

Health

Pastor Nathan Hurst talks with Joni Mitchell, of Home Grown Health on Holistic Health. When I think about Natural Health, I think about Paul and the Commandments. Honoring our bodies as our temples. In your gut there are microbes, bacteria, and fungus and when one of those gets out of balance it throws off the whole body. 70% of the earth is water and our body is 70% water. When we eat well we have to have the proper amount of gut bacteria in order for it to digest properly. Balance in our Spiritual life and balance in our diets are just as important. You can't have one without the other, for example; the food that I eat I am thankful for and give thanks and that fills up your heart bucket. When we learn out bodies and what we should put in our bodies we are better off. Example; you wouldn't put diesel fuel in a gasoline or vice versa. We should eat the leanest meat possible and detox quarterly. You can do a 1,2,3,4, or 5 day detox. You can do anything from a juice cleanse to a process foods cleanse, taking the process foods out of your diet. Every time I do this I find my Spiritual self grows, stated Joni. Fasting cleanses not only your body but your mind. Joni stated, when she thinks of fasting she thinks of Paul when he says "Bowel of compassion being shut up one to another". When we fast our heart is open, we cry a little more easily.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/09/2017	04:00 PM
#2017-03					01/10/2017	02:00 AM

Pastor Nathan Hurst talks with Christopher Britton, Rock Island Youth Center Director, Youth Hope, on teenage depression. Depression is so prevalent in our Youth today. It can be defined as a state of hopelessness in our Youth. Their circumstances, family situations and many other different variables that come with being a teenager can contribute to depression. The questions that are asked the most are; "what's wrong with me"? Or "Have I done something wrong?" It's okay to feel mad, angry, etc., but how do you handle those feelings? A positive way can be school; use that energy to do homework. Creative Arts, or poetry. Poetry can be called barf on a page. You're just letting everything out. Teens need to go back to the place where they first felt that pain when performing, that way they are able to get it out and it teaches them that it doesn't define them. Anything that's a new invention can be used for good or bad, it's no different with social media. Teens have reached out to social media for help and received some negative things like cyber bullying, etc. Often times Christians and or the Church tries to medicate through scripture; meaning, it's said "give it to the Lord", "pray about it", when in reality they sometimes need a little more than that (Not negating the Power of God, but they need some long-term goals). As Christians we need to walk with them, and Jump in the trenches with them. It takes time but, genuine love is all that is needed.

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Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/09/2017	04:00 PM
#2017-03					01/10/2017	02:00 AM

Health

Health

Host Kate McGovern talks with guest Cynthia Green, LCPC South Park Psychology, regarding depression. Often people don't realize the tools they have at their disposal when it comes to mental illness. Sometimes all that is needed is encouragement, reading of scripture or a poem. Once the heart is sick it makes it hard to go through life. We know the devil is a thief and he comes to kill, steal, and destroy, but Jesus said I've come that you might have life and that more abundantly. In most cases work has to be done between sessions. Like Christians, we live from session to session or message to message, but in order to gain anything we must put in the work. When you're depressed you feel like giving up, so it's important to start with goal setting. If they have lost focus on their goals then spend time restoring them. Give them a sense of needing and purpose. This can be as simple as volunteering somewhere. Once the meaning and purpose has been established they you can go further in redefining their purpose. Passion comes back in a depressed person once they start to find their purpose again. Once they find in themselves that they can, then they begin to dare, and begin to dream again, that revives their identity.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/16/2017	04:00 PM	
#2017-04					01/17/2017	02:00 AM	

Host Kate McGovern talks with Cynthia Green, LCPC, South Park Psychology, on Mental Health. People like to hide behind spiritual masks. (One reason is because people want to appear to be Spiritual, they want to appear to be strong in the faith or strong in the Lord). People don't want to see their Sunday school teacher or Pastor battling with depression. In the book of Acts God anointed Jesus of Nazareth, who went around healing all those who were oppressed by the enemy. Oppression is a big part of Depression. Some of the signs of depression are, fatigue, having a tendency to draw away from others, isolation, detaching themselves, shutting down, and for some it can be as basic as not opening their mail, not returning phone calls, and not going out in public. Other signs can be neglecting self-care, not combing their hair, not getting dressed, and even memory loss. Treatment for depression from a Christian perspective starts with finding out if they are a Christian. If they are then how are they tapping into their faith regarding depression? Is their faith helping them? If they are not a Christian other tools are used such as therapy, medication, exercise, and helping them identify that they have an issue with depression. (A lot of times people feel they are just down or not having a good day, week or even month, but actually they are depressed). A good indicator for depression is family history. If they have a family history of depression. Another indicator would be, what's going on in their lives? Did they recently lose a job or family member? If there has been a lot of loss this could be the reason for depression. Sometimes depression can be a genetic component. Once we find out the cause of depression we then have to figure out how to treat it. Depression is a "mood disorder" and it is "treatable".

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	01/16/2017	04:00 PM
#2017-04					01/17/2017	02:00 AM

Pastor Nathan Hurst talks with Christopher Britton, Youth Hope Rock Island Director. There is no easy solution for depression of teens besides advocacy and walking with the teen. The biggest thing is to listen to their voice. Poetry and Creative Arts has been a great way for teens to express themselves. A lot of times the teens are seeking attention and asking themselves; "Do I matter"? There are three things that can help combat depression 1) Faith Based Institution 2) A Spark, something they can be good at 3) Advocacy. Often times we ask kids "what do you want to be when you grow up"? We should change that to "what do you want to be now" (say's Christopher) then let them explore and start what they want to be now. Active listening is very important. Don't just listen but actively listen and then act on what they have said. When they see that not only did you listen but you took action to what I was saying, you now have gained their trust. It's not wrong for teenagers to have the feeling of depression. In the word of God we see some really tense moments. We see battle, we even see Jesus weeping, so it's okay to have those feelings, however it doesn't define who you are. A good way to combat depression is to encourage the teen to obtain small W's, the teen begins to feel better when they start obtaining win's or victories. As the church comes around we must be willing to be an advocate for the teen.

Program Title		Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
700 NewsWa	Club tch	CBN	1:00:00	5:00	REC	PA/O/E	01/16/2017	2:00 PM
#011620	17							

CBN News Reporter Lorie Johnson Reports: Our bodies use oxygen in a number of ways, including healing. Breathing alone provides about 20 percent of the oxygen our bodies need. But today, doctors can ramp up that amount to help people recover from the most debilitating injuries and illnesses with hyperbaric oxygen therapy. It's hard to believe Michael "Bean" Black survived his horrific car crash in 2011. He was thrown 40 feet from the vehicle and landed on his head. Black's grandmother, Mary Orr, said even the doctors had given up hope. When Black arrived home to Dallas he still suffered from severe injuries, including brain damage. But his condition improved after he started receiving hyperbaric oxygen therapy. Hyperbaric oxygen therapy involves breathing 100 percent pure oxygen inside a pressurized chamber for about an hour to 90 minutes per session. Dr. Alfred Johnson directs the Hyperbaric Centers of Texas in Richardson. Black said the therapy made a big difference. After the first 40 treatments, Black went back for 40 more a few months later. Costs vary depending on the provider from as little as \$100 an hour on up. Insurance and Medicare sometimes offer coverage, depending on the condition being treated. Insurance companies can reimburse for hyperbaric oxygen therapy for the treatment of traumatic brain injuries, like Black's. Dallas businessman John Derrick said the therapy is easy and has helped him sharpen his focus. Consumers can purchase or rent portable hyperbaric oxygen chambers, but they typically deliver far less oxygen and pressure than industrial-grade ones. Conditions treated with Hyperbaric Oxygen Therapy include: Autism, Burns, Cerebral Palsy, Chronic Fatigue Syndrome, Closed Head Injury, Fibromyalgia, Migraine Headaches, Multiple Sclerosis, Near Drowning, Parkinson's Syndrome, Post Traumatic Stress Disorder, Reflex Sympathetic Dystrophy, Rheumatoid Arthritis, Sports Injury, Stroke, and Traumatic Brain Injury. Johnson said stroke patients can have improved quality of life. He said he's witnessed progress for people with autism, as well. Hyperbaric oxygen therapy may not be for everyone. But today, Michael Black is in far better shape than he or his family ever dreamed possible since his nearfatal car accident. They believe this therapy has a lot to do with his recovery, so they plan to stick with it and hopefully see even more improvement.

Health

Health

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	Progr	ram Titl	le	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Health									
	700 NewsW	Club /atch	CBN	1:00:00	5:00	REC	PA/O/E	01/17/2017	2:00 PM
	#01172	2017							

CBN News Reporter Lorie Johnson Reports: Americans are increasingly getting fed up with the insurance-based medical systems. It often means long waits for appointments and doctors who seem to have one eve on the patient and the other eye on the clock. That's why many primary care doctors and patients are turning away from insurance and to what's known as concierge medicine. When it comes to healthcare, Johnny Guerry prefers old school, meaning just he and his doctor calls the shots without any input from an insurance company. With concierge medicine, patients pay their primary care physician an out-of-pocket monthly fee, sometimes an annual fee, in exchange for unlimited access, 24/7. Concierge medicine used to be something only for the rich and famous. But according to Dr. James Pinckney, known to his patients as "Dr. James," that's not the case any longer. Where he works at Diamond Physicians in Dallas, adults pay from \$95 to \$295 each month, based on age. That covers all acute procedures and medications. Sometimes patients have to pay extra for services outside the office, like a CT scan. But doctors negotiate cash rates with those third party vendors that are a fraction of what they bill insurance. The cost for children is even less than adults. Each child costs \$45 a month for unlimited access to their doctor. Liza Schlitt says her two young boys usually need medical attention after hours. Doctors recently gave her son Griffin a breathing treatment, prescription and a nebulizer to take home, all covered by the monthly fee - and on a rainy Sunday afternoon. Perhaps the biggest difference between concierge medicine and insurance-based medicine is the time patients spend with their doctors. The Affordable Care Act flooded offices of already overloaded primary care physicians to the point where face-time with doctors can average as little as eight minutes per visit. Primary care doctors who accept insurance treat on average about 3,000 patients. This is known as a doctor's patient panel. The typical concierge physician has a patient panel of about 500 patients. At Diamond, the doctors promise their patients their patient panel will never exceed 600. This ensures each patient has their doctor's undivided attention. Although concierge medicine involves paying cash for day-to-day health expenses, doctors do recommend their patients buy health insurance, but with a high deductible. So as insurance-based healthcare complicated this crucial need, more patients and doctors are going old school, with a cash-only plan, similar to the way it was a half-century ago.

Program Title Program Duration		Topic Duration	Segment Source	Type	Airdate	Time	
700 Club (NewsWatch #01182017	CBN	1:00:00	5:00	REC	PA/O/E	01/18/2017	2:00 PM

CBN News Reporter Lorie Johnson Reports: Cancer is a word no one wants to hear. Yet statistics show half of all men and a third of all women will receive the bad news. Churches should be a sanctuary for support. However, in many cases, people suffer in silence as they cope with their illness. Now the Cancer Treatment Centers of America is offering a free program to break down the wall of silence. After years of counseling cancer patients, Rev. Percy McCray knows they bear a burden unlike people fighting other illnesses. Thanks to his training, McCray knows the importance of encouragement. One conversation helped him realize others need to learn these skills, too. McCray said typically, churches deal with issues like addiction and marital problems very effectively. But it can fall short when it comes to meeting the needs of parishioners who are struggling with healthcare issues, particularly cancer. To bridge this gap, McCray and his associates at the Cancer Treatment Centers of America elected to offer complimentary cancer ministry training to representatives of churches across the country so they can better meet the needs of their brothers and sisters with cancer. It's called Our Journey of Hope. Cancer Treatment Centers of America offers free training for two people from a church who use what they learn to raise up cancer ministries in their home congregations. Participants learn the basics of the disease and treatments in order to focus on what it's like for the patient. An added incentive for a church is that the training is free of charge. That includes the two-day seminar, food, lodging, and materials. LaWanda Long attended the seminar years ago and now passes on what she learned to volunteers at Atlanta's Enon Baptist Church. Long teaches the volunteers one night a week for eight weeks. At that time they are ready to take on a cancer patient who has come forward requesting assistance. She said the extensive training ensured the patients will be cared for responsibly. She said so far the cancer ministry at Enon is a success. Lisa McDermott attends Enon. She remembers suffering through nearly five months of chemotherapy for breast cancer. She asked the cancer ministry to help her with daily needs. McDermott dealt with one main point person who recruited others to pitch in. The cancer ministry made such an impression that McDermott wanted to get the training. As Nefertiti Dixon's mother fought ovarian and colon cancer, the ministry stepped in. Although her mother lost her fight, the cancer ministry made those final days easier. They also helped Dixon with things like meals, which lifted a burden. As a working mom with two children, she became overwhelmed with the pressure of caring for her sick mother. So while cancer will likely continue to strike far too many, churches now can choose to help those within their midst who are dealing with the disease.

Program Title		Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
700 Club NewsWatch	CBN	1:00:00	5:00	REC	PA/O/E	01/25/2017	2:00 PM

#01252017

Health

CBN News Reporter Lorie Johnson Reports: Hippocrates, the father of medicine, once said, "All disease begins in the gut." Now, 2,000 years later, that belief still rings true. Some of our latest medical breakthroughs focus on what's happening in our intestinal system. Bacteria, also known as bugs or germs, we assume they're all bad, right? Not so fast. Scientists recently discovered much, if not most, of the bacteria in our body is good for us. The key to good health depends on having enough of the right kind. We all have trillions of bacteria living in our intestineshundreds of different species, each with different functions. Scientists call it our "gut flora." Neurologist Dr. David Perlmutter, author of "Brain Maker" is one of many physicians warning against disrupting this fragile ecosystem. Dr. Vincent Pedre, author of "Happy Gut," agrees. Unfortunately, when it comes to good gut bacteria, many of us are sorely lacking. After all, antibiotics kill bacteria--bad and good. Perlmutter says most people have no idea how severely antibiotics damage our gut flora. In addition to antibiotics, processed food can also disrupt the gut biome. Perlmutter says processed foods contain heavy doses of the wrong kinds of fat, like heated oils such as soybean, corn and vegetable oils. He also advises against consuming hydrogenated oils, also known as trans fats, which are common in processed foods. However, he points out not all fat is bad. Even babies delivered by Caesarian section can miss out on getting enough good bacteria. So while our lifestyle choices really do a number on the gut bacteria that's so critical to our health, the good news is we can improve it with probiotics and prebiotics. Probiotics are the good bacteria we need and often lack. You can find these living, microscopic organisms in supplements as well as in cultured and fermented foods like kim chee, sauerkraut, yogurt, kefir and kombucha. Prebiotics are the food for the probiotics - they keep probiotics living and growing as they should. Just like good soil, they create a nurturing environment in your gut so your bacteria can thrive. You can get prebiotics in supplement form as well as in foods, like asparagus, onions, leeks, garlic and dandelion greens. Perlmutter says many people are only aware of the benefits of probiotics, but he stresses prebiotics are equally important. Not only can it help your mood — Perlmutter says even serious brain disorders, like attention deficit hyperactivity disorder, autism, even Alzheimer's disease can improve by increasing good bacteria. That's because they help make neurotransmitters and vitamins while at the same time aid in reducing harmful inflammation. And not just the brain. Scientists are now identifying specific strains of good bacteria that treat all kinds of problems, from skin rashes to the flu. That means a targeted probiotic could take the place of a prescribed drug. Pedre says that opens the door to a wide range of natural treatments. So if you want to boost your health, doctors say improve your gut flora. That means avoiding processed foods, even antibacterial cleansers and antibiotics when advisable. Then add good bacteria with probiotics and boost them with prebiotics, also available as supplements or in certain foods.

Program Title		le	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
700 NewsW	Club /atch	CBN	1:00:00	5:00	REC	PA/O/E	02/23/2017	2:00 PM	
#0223	2017								

Health

CBN News Reporter Lorie Johnson Reports: Today the number of Americans dying of heart disease, the number one cause of death, is higher than health experts predicted it would be. 4 out of 10 Americans suffer from a heartrelated health problem, and that number is expected to get even worse. In addition to the lives lost, the cost of treating heart disease is expected to reach one trillion dollars a year within the next 15 years. A growing number of doctors believe the root cause of heart disease is inflammation in our bodies, brought on by eating too much sugar and bread. Cardiologist Stephen Sinatra is one of those physicians who blame an inflammatory diet on the skyrocketing rates of deadly heart disease. Sinatra says to reduce inflammation, stay away from sugar and processed grains such as enriched flour, corn and rice found in bread, bagels, pasta, pizza dough, tortillas, muffins and cereal. He says as far as our health is concerned, these refined grains are very similar to sugar because our body responds to them in the same way. There are many types of sugar. Many of them end with "-ose." Sinatra says one of the worst is high fructose corn syrup, which food manufacturers began adding to soda and thousands of other foods and drinks in the past few decades, corresponding with the dramatic rise in heart disease, as well as obesity and diabetes. Nutritionist J.J. Virgin points out that was also the same time the low-fat craze kicked-in. That caused millions of Americans to replace fat with bread and sugar. In fact, some fat-free salad dressings are onethird sugar! Doctors advise checking nutrition facts labels on products, and only choose foods with no more than 2 grams of sugar per serving. When Dallas resident John Speanburg started following his doctor's recommendation to cut-back on sugar, Speanburg was surprised to discover many of the foods he thought were healthy actually contained too much sugar. When it comes to fruit, health experts say stick to the ones that are unprocessed, fresh or frozen, preferably berries, because they are lowest in sugar. However, stay away from processed fruit products like juices, jellies and snacks. They often contain super-concentrated natural sugar, fructose, accompanied by the misleading, "no sugar added" claim on the package. So to prevent heart disease, America's number one killer that's still on the rise, doctors say reduce inflammation by avoiding processed foods and drinks, and instead, embracing foods in their natural state, also known as "whole" foods. Especially load-up on a wide variety of colorful vegetables. Also choose healthy fats like olive oil, coconut oil, avocados and raw nuts. When it comes to beverages, health experts say just drink plain water, unsweetened coffee or unsweetened tea.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	1/23/2017	04:00PM
	#2017-05					1/24/2017	02:00AM

Host Kate McGovern interviews Kit Miller, Shelter Program Manager of Winnies Place. Winnies Place is an emergency shelter for Women who are homeless or victims of violence, a ministry of Churches United, and funds are raised through Winnies Wishes to keep Winnies Place running. Winnies Wishes Resale Shop is located in Davenport, Iowa, is a place where the Women of Winnies Place are able to shop free to get needed clothing for themselves and their children. After completing the program at Winnies Place and upon starting their households, the women can come to the resale store and pick out linens, furniture, pictures, and more, all at no cost, to help start up their new homes. The community can help by shopping, donating, and or volunteering. Winnies Place deals with a lot of outside agencies because of its clientele. These agencies vary from Child Abuse Council,

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Department of Human Services, Community Action Agencies, and more. The greatest need for Winnies Place is a financial need. Through financial donations the 24 hour phone line continues to stay up and running. Financial donations also keep staff in the building. Without staff working in the building and professional services provided to the clients, all you would have is a building. The pulse of Winnies Place is the 24/7 staff. Their clients are people that haven't made the best choices or have the best lifestyles so they need structure around the clock. The structure and the program is what provides the clients with life changing opportunities.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	1/23/2017	04:00PM
	#2017-05					1/24/2017	02:00AM

Host Kate McGovern interviews Kit Miller, Shelter Program Manager of Winnies Place. Winnies Place is an emergency shelter for Women who are homeless or victims of violence, a ministry of Churches United, and funds are raised through Winnies Wishes to keep Winnies Place running. Winnies Wishes Resale Shop is located in Davenport, Iowa, is a place where the Women of Winnies Place are able to shop free to get needed clothing for themselves and their children. After completing the program at Winnies Place and upon starting their households, the women can come to the resale store and pick out linens, furniture, pictures, and more, all at no cost, to help start up their new homes. The community can help by shopping, donating, and or volunteering. Winnies Place deals with a lot of outside agencies because of its clientele. These agencies vary from Child Abuse Council, Department of Human Services, Community Action Agencies, and more. The greatest need for Winnies Place is a financial need. Through financial donations the 24 hour phone line continues to stay up and running. Financial donations also keep staff in the building. Without staff working in the building and professional services provided to the clients, all you would have is a building. The pulse of Winnies Place is the 24/7 staff. Their clients are people that haven't made the best choices or have the best lifestyles so they need structure around the clock. The structure and the program is what provides the clients with life changing opportunities.

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	1/23/2017	04:00PM
#2017-05					1/24/2017	02:00AM

Host Kate McGovern interviews Kit Miller, Shelter Program Manager of Winnies Place. Kit has been working with homeless and domestic violence victims for almost 30 years. After she finally stopped arguing with God, she found that's what drew her to Winnies Place. It was Christ led from the beginning. When you follow Christs lead, you're more willing to let him mold your heart and mold your desires. "If you would have told me that this is what I was going to be doing as a teenager, I wouldn't have believed you". Kit always knew that the need for shelters in the community was huge. While working in various shelters she found herself turning people away from shelters left and right, because there was not enough capacity. "I never dreamed I would be part of opening another shelter in the community", said Kit, but as God would have it, she was working with Churches United and there was a group who wanted to invest in women and children on the Illinois side of the river that would be long term services. So, that's how Winnies Place started, it was the desire to have a direct service through Churches United. It then narrowed down to an emergency shelter for women and children and broadened to domestic violence victims and homeless. "It's hard for me to say this work brings me joy, but in reality it does". When you're doing what God called you to do; then you can be fed, you have a better disposition knowing what you're doing is helping someone. "I knew this is what God had for me because God was very clear to me. "I had to be open enough to see what God had for me".

Homeless

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	1/30/2017	04:00PM
	#2017-06					1/31/2017	02:00AM

Host, Pastor Scott Reece interviews Pastor Lynda Sargent, CEO and Founder, Heart of Hope Ministries. Heart of Hope Ministries was a vision that was birthed out of a life changing experience. Going from a house on top of the hill not wanting for anything to being faced with divorce and becoming a single parent. Pastor Sargent had to move back below the hill into the house where she was raised. God had taken away everything to make her usable again. In May 2009 Heart of Hope Ministries began meeting in Lynda's home. Two years later, while at a treatment center she began talking to a property manager, who was also there with a client. As a result the property manager shared Lynda's plight and the doctor then offered the building to her free of charge. Two years earlier Lynda sent a letter to the same doctor asking if he would consider selling the building at a reduced price. It's all about God's timing. In 2016 Heart of Hope's food pantry gave away 46,000 pounds of food and 1,385 individuals received assistance. Heart of Hope Ministries is ran strictly by volunteers.

Homeless

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	1 ime
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	1/30/2017	04:00PM
#2017-06					1/31/2017	02:00AM

Host Pastor Scott Reece interviews Pastor Lynda Sargent CEO, and Founder, Heart of Hope Ministries. Heart of Hope is a place where the community is able to come in and use the computers to do resumes, look for jobs, etc. and works with the youth in the community. Through funding from a local foundation, Heart of Hope was able to take youth to the museum, zoo, and to a semi pro baseball game. Eight bicycles and lap top computers were also given. These youth are from immigrant families who just don't have the resources. The youth also attend bible study every Wednesday. The year is cumulated with an open house where several activities take place from poetry to singing, but most importantly the youth are able to tell everything they have learned throughout the year.

Homeless

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/13/2017	04:00PM
#2017-08					2/14/2017	02:00AM

Deuteronomy 15:11 - For the poor shall never cease out of the land: therefore I command thee, saying, Thou shalt open thine hand wide unto thy brother, to thy poor, and to thy needy, in thy land. At King's Harvest Ministries, you see this scripture being fulfilled. Pastor Scott Reece interviews Brandi Anderson, Assistant Director. A native of the Quad Cities, she manages many tasks during her day at this 'not your run of the mill' ministry in Davenport, Iowa. King's Harvest Ministries, now operating for more than twenty years, provides a wide array of community services, such as their Overflow Shelter for the homeless, providing nightly sleeping accommodations and hygiene provisions. The Food Pantry gives boxes of food twice a month and hygiene kits once a week. Unlike most shelters, King's Harvest Ministries understands that many who are homeless or in transition have pets who are members of their family. These pets are provided meals, foster care and adoption, when needed.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/13/2017	04:00PM
	#2017-08					2/14/2017	02:00AM

Winter Emergency Program, opened from December through April, offering short (30 days) and long term shelter on a (case by case) basis for the nominal fee of less than \$300 per month (utilities included). Additionally, educational classes, mental, emotional and spiritual counseling are offered. Brandi Anderson, Assistant Director of King's Harvest Ministries shares spiritual work in action with host Pastor Scott Reece. A man, visibly inebriated, happened into King's Harvest Ministries. As is their policy to never turn anyone away, he was fed and given shelter. During his time there, it was revealed that he was a US veteran and was suffering with Post Traumatic Stress Disorder (PTSD). Staff assisted our war hero and today he is able to fend for himself. Hebrews 13:16 Do not neglect to do well and to share what you have, for such sacrifices are pleasing to God. Another example of scripture in action: King's Harvest Ministries sustains solely on private donations and grants. They receive no federal or state funds.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	3/06/2017	04:00PM
	#2017-11					3/07/2017	02:00AM

Pastor Scott Reece interviews Rusty Boruff, Founder and Executive Director, of One Eighty Ministries. Rusty grew up in a hardworking blue collar family, who went to church regularly. During his teens, Rusty experienced many tragedies that left him questioning God. He took the road to destruction with drug addiction and homelessness. This lifestyle of drugs and crime led him to jail and if convicted a 14 year prison sentence. Thinking it was luck and not God's grace and mercy, Rusty only received a one year sentence. While in prison, Rusty met Merle, a ninety year old prison ministry volunteer. During his year in prison, TBN was the only television station you could watch. The daily messages increased his faith, coupled with Merle, Rusty came to believe that God is forgiving and that he needed him in order to change his life. Merle and his teachings stayed with Rusty even after he left prison. As a felon, it was hard to find a place to live, get a job and/or keep a job. In 2010, Rusty and some of his friends, put their life savings together and purchased a trailer and started what is now One Eighty Ministries. One Eighty Ministries is a faith based, Christ centered, nonprofit, started as an incubator for those who had been incarcerated. Rusty was not well educated, he only had a GED and didn't even know how to write out a check. With little success initially, God continued to bless the ministry and One Eighty was blessed to find volunteers who provided support in the areas that were weak.

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	Program Title		Program Duration	Topic Duration	Segmen Source	t Type	Airdate	Time
Homeless								
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	3/06/2017	04:00PM	
	#2017-11					3/07/2017	02:00AM	

Pastor Scott Reece interviews Rusty Boruff, Founder and Executive Director, of One Eighty Ministries. One Eighty partnered with area elementary schools and it was quickly determined that many of the children are unchurched. Through the partnership, the Quest for Christ program provides before and after in-school activities for 400-500 students. It also has athletic programs through a partnership with the NBA for basketball and MLB for baseball. Food pantry and life programs are also provided. One Eighty is focused on three areas: prevent, reach and develop. The Prevent Program is focused on reaching and helping young people before they develop associations with negative influences. The Reach Program works with those who are homeless and/or coming out of prison and the Development Program provides residential housing. Residents are also employed by the ministry affording them an opportunity to learn a trade or skill. Staff includes 20 full time, who are all graduates of One Eighty, over 100 team members, and 230 volunteers. Presently, One Eighty partners with 60 area churches, businesses, and organizations in the Quad Cities. They have been blessed to purchase an abandoned city block in a crime infested area in Davenport, Iowa. This location is the One Eighty Ministries campus which houses onsite training, a community center, two homes, an office building and achievement center. With 70 graduates, over 5 years and a 91% success rate, One Eighty Ministries teaches and believes 'change comes from the inside out'.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	3/20/2017	04:00PM
	#2017-13					3/21/2017	02:00AM

Host Pastor Scott Reece talks with David Scholl, Executive Director, of Galesburg Rescue Mission regarding homelessness. David came to Galesburg Rescue Mission 26 years ago, as a result of God directing his footsteps. David's passion was to work with the homeless and that's what he was called to do at the Galesburg Rescue Mission. Homelessness can be defined as; People who are living in a place not meant for human habitation, in emergency shelter, in transitional housing, or are exiting an institution where they temporarily resided. The Galesburg Rescue Mission, with the operative word being Mission; (a place for homeless men woman and families to come stay), is just that place. Statistics prove that the number one cause of homelessness is addiction. Although addiction can be seen in many forms the top addictions that researchers have found are; alcohol, drugs, gambling, and immorality. Over the years immorality and pornography have been added to the list and run rapid in our communities. Once you've become addicted to immorality, your mindset changes, and no matter how long you have been clean and sober, you begin to think, "I might as well drink or do drugs". This thought process is considered, one sinful behavior leading to another. When homelessness is coupled with addiction, money is obtained by any means necessary. Many games are learned and played on the innocent. (For example, a pan handler on the street, you assume that they are homeless and you want to help). David suggested that we never give them money. Instead, refer them to a local mission or shelter," save your money and be good stewards of Gods resources", says David.

	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	3/20/2017	04:00PM
	#2017-13					3/21/2017	02:00AM

Pastor Scott Reece talks with David School, Executive Director, Galesburg Rescue Mission, regarding the Galesburg Rescue Mission. The Galesburg Rescue Mission offers hope for the homeless, hungry, poor, needy, addicted, mentally challenged, victims of domestic violence, ex-prisoners, lonely and lost. GRM does not discriminate on the basis of age, sex, handicap, race, color, religion, nationality, or ethnic origin. They are locally based, supported by concerned people and groups. GRM is an arm of Christs Church, bringing his healing to the physical, psychological and spiritual needs of people. GRM also provides food, clothing, shelter, and counseling, all free of charge, to needy men, women and their children. As an extension of GRM they have the Women's Pregnancy Center. The Women's Pregnancy Center offers a variety of services from pregnancy testing to maternity clothing. They also offer referrals for medical care, adoption, and other legal services. All free of charge. The Galesburg Rescue Mission was founded in 1941 by Rev. and Mrs. Sylvester Sanford on the Public Square in Galesburg. GRM finally settled in 1983, after purchasing a former school building. The new location has since received many additions and remodeling, which includes a dining hall, where they are able to serve three meals a day Monday thru Saturday.

	Program Title			Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Homeless									
	700 NewsW	Club Vatch	CBN	1:00:00	5:00	REC	PA/O/E	02/16/2017	2:00 PM
	#0216	2017							

CBN News Reporter Talia Wise Reports: More than half-a-million Americans are currently homeless, and many of them are military veterans. As thousands of US troops make their way home from Afghanistan and Iraq in the next couple of years, that number could increase. It's a predicament facing too many veterans, like Nakisha and Gary King and their family. Nakisha and Gary are military veterans who fell on tough times after serving in Afghanistan and Guam. When they couldn't keep up with their rent, they lost their home. Nakisha told their five-year-old son. Christian, that even though they had no place to live, he still had to be a "big boy." He asked her, "Mommy, what does it mean to be a big boy?" It was a question that became the start of his book, "Being 5: My Mommy Says I'm a Big Boy," that is now being sold on Amazon. Nakisha suffers from Lupus, a disease that forced her to undergo several surgeries and blood transfusions. Gary, a 12-year Air Force veteran, was left as the sole provider. When Gary couldn't bring in enough money on his own, the family eventually lost their home and began living in their car. Veterans are all too familiar with the difficulties that come after leaving the military. They often fight invisible enemies of addiction, post-traumatic stress, and financial hardships. Dr. Priscilla Hankins, a specialist with Veterans Affairs Office of Hampton, Virginia, told CBN News that unemployment often affects a veteran's ability to find and keep a home. Gary said he felt embarrassed, scared and hopeless. It was just as hard for their three boys. Statistics show that vets make up 17% of our country's homeless population. In 2010, numbers reached as high as 76,000 on the streets. While today's estimates are closer to 40,000, there could be a major increase as thousands of troops prepare to leave Iraq and Afghanistan. It's a potential crisis driving the VA to be more strategic. Its goal is to place a veteran in permanent housing within 90 days of their discharge, but finding a home for a family is twice as difficult. Hankins said community and faith-based organizations are stepping up to help. Gary and Nakisha believe God used Operation Homefront and the VA's Office of Human Affairs to provide for them. They moved into a new home after a year of living in a car. Gary and Nakisha now both work at the Hampton, Virginia Veterans Administration office. They want to pay it forward by helping other homeless veterans get back on their feet. As for her son Christian, he's enjoying this new chapter in life: being six.

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	Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Housing							
	Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/20/2017	04:00PM
	#2017-09					2/21/2017	02:00AM

A community is defined by how it treats its neighbors or those in need. The Arc of Quad Cities is a small multifaceted non-profit human resource agency, whose sole purpose is to help those with intellectual disabilities. Pastor Scott Reece interviews Michael Glanz, Executive Director and Sarah Wright, Director of Communications and Development at the Arc of the Quad Cities. The Arc of the Quad Cities has fourteen homes, providing services to 300 individuals, from school age to senior citizens. It was founded in 1952 by Ann Brinn when she opted to keep her mentally challenged child at home, rather than having her child institutionalized. With 225 personal care assistants, these homes provide hospice, home, and respite care along with day training for independent, residential or group homes. Limited assistance and/or twenty-four hour support care is also available. A day at the Arc is focused on the 'step ladder' process. Those who are, or suffer with autism, fetal alcohol syndrome or cerebral palsy are offered in house or outside facilities programs based on their individual need. Each client's goal is independently planned.

Housing

Program Title	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Joy In Our Town	28:30	14:00	LOCAL	PA/O/E	2/20/2017	04:00PM
#2017-09					2/21/2017	02:00AM

Pastor Scott Reece continues his interview with Michael Glanz, Executive Director and Sarah Wright, Director of Communications and Development at the Arc of the Quad Cities. The Arc is a membership based agency with 700 locations throughout the United States. The Arc of the Quad Cities is funded by federal and state grants, estate planning and endowments. The Capital Campaign will generate \$4 million dollars, all being used to help insure The Arc of the Quad Cities stability. The work of The Arc is so rewarding, as Michael shared a story of a client who was living alone in a rodent infested apartment with no electricity. He received assistance and now lives in a facility provided by The Arc. He is doing so well that recently he participated in the Celtic Festival, Special Highland Games for individuals with disabilities. With over 300 volunteers last year, who completed over 700 volunteer hours, those interested in volunteering are asked to telephone or email The Arc of the Quad Cities.

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	Prog	ram Titl	e	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
c Safety									
	700 NewsV	Club Vatch	CBN	1:00:00	5:00	REC	PA/O/E	01/19/2017	2:00 PM
	#0119	2017							

Public

CBN News Reporter Mark Martin Reports: It's been called a "bar code on steroids." Radio Frequency Identification identifies people or things and transmits information through microchips. Is it all about convenience, or are there biblical implications? A banner at the International Association of Amusement Parks and Attractions Expo, or IAAPA as it is known, reads "Prepare to be thrilled!" And if you're into amusement parks, the expo is the place to be. Each year, theme park entertainment grows more exciting and cutting edge, like the Tru-Trackless Ride Systems. From trackless to cashless, the operators described the latest ways to make the park experience more convenient for customers and employees. That includes RFID. RFID uses radio waves to transmit information at a distance. A microchip in an RFID tag contains unique identification numbers. Tom Foster, who works for Precision Dynamics Corporation, said the organization pioneered the technology around the turn of the century. Companies like PDC, which produce RFID products, say the technology helps with areas such as access control, keyless entry, and cashless point of sale. Precision Dynamics developed the first kiosk that dispenses and encodes RFID wristbands for amusement park purchases. It's like a wallet on your wrist. It raises a number of questions, however, like what about privacy? And can the information on that wristband be stolen? Consumer privacy expert Dr. Katherine Albrecht is concerned about RFID technology in general and what the future holds. She said their goal is to track the consumer's habits. Beyond the privacy concerns, Albrecht said RFID technology carries biblical implications, with hobbyists embedding microchips into their flesh. Radio isn't the only way that she is getting her message out about the dangers of RFID technology and what it can lead to. She's also a best-selling author, writing books for both adults and children. Albrecht has devoted a decade to studying RFID. One result of her research is the book, "Spychips: How Major Corporations and Government Plan to Track Your Every Move with RFID." She especially wants to reach younger readers with her book "I Won't Take the Mark, a Bible Book and Contract for Children" to help kids understand the book of Revelation. Albrecht is working to change that, wanting people to think before blindly accepting new tracking technology.

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	Prog	ram Titl	le	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Substance Abus	e								
	700 NewsV	Club Vatch	CBN	1:00:00	5:00	REC	PA/O/E	01/18/2017	2:00 PM
	#0118	2017							

CBN News Reporter Abigail Robertson Reports: A street drug called "molly" is gaining popularity with high school and college kids. Many think it's a harmless, non-addictive party drug, so they don't think twice about taking a little molly before a night out with friends. But one mother's tragic story shows how that way of thinking can have deadly consequences. Two years ago, Dede Goldsmith awoke to a call in the middle of the night telling her that her daughter was dying in a hospital hours after she had collapsed inside a concert venue. Nineteen-year-old Shelley Goldsmith, a high school valedictorian and college honor scholar, had taken the drug known as MDMA, commonly called molly, on her way to a concert. Elyse Eilerman was a friend of Shelley's who was with her the night she passed away. The same weekend Shelley died, MDMA claimed the lives of two other young adults attending a music festival in New York. Molly, short for "molecule," is a stimulant that takes users on a six- to eight-hour euphoric high. It is thought to be a pure form of its parent drug ecstasy, but in reality, there is hardly anything pure about it. Recent studies show that only 15 percent of molly drugs sold are really what they claim to be. A third sold under that name contained substances such as cocaine, bath salts, and baking soda, while more than half contained no MDMA at all. Many people think only the tainted molly carries fatal consequences, but even the purest form can be lethal. So why is this drug so appealing to college kids around the country? Eilerman believes it's because people focus more on the high and less on the danger. Dr. William Strudwick, director of the Emergency Center at Washington's Providence Hospital, says users take molly for the sense of euphoria the drug gives them, but they don't consider the negative consequences it can have on the body. These other problems include seizures, heart attacks, severe dehydration, and hyperthermia. Doctors ruled Shelley Goldsmith's cause of death as hyperthermia because her body temperature rose to fatal levels. Her autopsy revealed MDMA was the only substance in her system at the time of death, proving the drug's deadly potential. Eilerman said that taking molly in a crowded, hot venue puts you at an even greater risk of fatal reactions to the drug. Since Shelley's death, many people close to her are raising awareness about the dangers of this so-called harmless drug. Her mom is urging lawmakers to amend the 2003 Rave Act, an act that was put in place to shut down underground raves where promoters encourage illicit drug use. The current law discourages organizers from using commonsense safety measures to protect their patrons. Goldsmith said venue operators won't implement small safety measures like free water, cool down spaces, and appropriate number of medical personnel to deal with emergencies because they fear it could be seen as encouraging drug use and subject them to criminal prosecution. She believes if Shelley had known more about molly and its risks, she would be alive today. This would have been Shelley's senior year at the University of Virginia. After her death, Eilerman helped start the Shooting Star Foundation, to spread the word around the university community about the dangers of drug use. Each year on the anniversary of Shelley's death, they commemorate her life and share with students lifesaving information that could help others. Eilerman and the members of the Shooting Star Foundation have been working hard to encourage their peers to think twice about the risks of taking molly in hopes of preventing other tragedies like the death of Shelley Goldsmith.

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	Program Title			Program Duration	Topic Duration	Segment Source	Type	Airdate	Time
Substance Abuse	2								
	700 NewsW	Club atch	CBN	1:00:00	5:00	REC	PA/O/E	02/22/2017	2:00 PM
	#02222	2017							

CBN News Reporter Lorie Johnson Reports: The goal of any nation is to extend the life span of its population. Here in America, that number has grown regularly with the average life expectancy close to 79 years. Last year, however, the U.S. saw its first decline in more than two decades. A major reason behind that drop can be traced to what's happening in rural areas. Instead of falling, death rates are actually rising, especially for middle-aged white women. Doctors point to obesity and smoking as causes, but there are others. Small towns across the country are dealing with an alarming increase in deaths from accidental opioid overdoses. Opioids are a type of narcotic that include prescription pain killers as well as heroin. Other reasons for the increased death rate are alcohol abuse and suicide. In recent years, death rates rose a reported 30 percent among middle-aged, white females living in rural areas, according to research from the U.S. Centers for Disease Control and Prevention analyzed by "The Washington Post." Alane Vance grew up in a small coal-mining town. She almost became one of those statistics. Hers is an all too common story. It begins with taking prescription pain medication and developing an addition that ultimately leads to heroin. Like many, she switched to heroin because it was cheaper and more powerful than prescription pain medication. At first, getting high helped escape painful emotions. . . in Alane's case, from divorce and poverty. Soon after, the drugs took control of her life. In rural America, many opioid addictions begin rather innocently, starting with an injury from a car crash or an on-the-job accident that prompt doctors to prescribe painkillers to these patients. Lynn Eldridge is the director of Clinical Services at Process Strategies, a drug treatment facility. In the more than 20 years she's been serving rural West Virginians, she said the current opioid abuse explosion is like nothing she's ever seen. She says the scenarios often sound similar. Eldridge says compared to the city, buying, selling and even taking drugs in the country is not hard at all. Despite the growing death toll, people can break free. Eldridge says the first step is detox. She said after detox, a 28-day inpatient treatment or three-month intensive outpatient treatment followed by outpatient therapy is often an effective strategy. Eldridge says that might include the medication naltrexone, also known as Vivitrol. While Alane credits her recovery to detox and a 12-step program, she gives most of her victory to God. Alane went to One Voice, a Christian outreach center with locations serving rural West Virginians. They offer addicts and their families treatment referrals, food, clothing, friendship and most importantly, the Gospel. Prayer is crucial to the process. In fact, most people who walk through the front door of a One Voice center don't leave before first visiting the prayer room. Alane said the blessings she received from One Voice inspired her to bless others. Davis says all Christians are responsible for fighting the war on drugs. She points out that you don't have to be a recovering addict or even a trained professional to make a difference. So while substance abuse is cutting short the lives of far too many, particularly in America's heartland, it's not a lost cause. Awareness and treatment, powered by the Holy Spirit, are making a positive difference.

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Program Title		le .	Program Duration	Topic Duration	Segment Source	Type	Airdate	Time	
700 NewsW	Club /atch	CBN	1:00:00	5:00	REC	PA/O/E	01/13/2017	2:00 PM	
#01132	2017								

Youth

CBN News Reporter Mark Martin Reports: Author and activist Erin Merryn is on a mission to protect children from being sexually abused. With millions of victims in the United States alone, the Illinois woman is taking her fight to all 50 states and beyond. People magazine named her one of 15 women changing the world. With a bubbly baby girl, supportive husband, and infectious personality, you'd never guess Erin Merryn has endured tragic, unimaginable acts. This vibrant 30-year-old is a survivor of sexual abuse. Merryn said it started when she was just 6 years old at her first sleep-over. She said the uncle of her best friend sexually abused her during the night. The first time. Merryn never told anyone, and she says until she turned 8 and a half, when her family moved from the area, the man repeatedly sexually abused her. He even brutally raped her just weeks shy of her seventh birthday. She said he continued to threaten her to keep quiet, and she complied. Even after she and her family moved to a new neighborhood, sexual abuse continued. Merryn said this time the perpetrator was an older cousin, someone she had viewed as a brother figure. Merryn wrote about her despair in her childhood diary. Merryn finally broke her silence when her younger sister told her that she, too, was being sexually abused by the same cousin. The two told their parents who believed them 100 percent. The next step was telling their story to a forensic investigator at The Children's Advocacy Center of North and Northwest Cook County. More than 900 of these non-profit centers exist around the country. The room where Merryn found her voice has a two-way mirror. As she shared her story with a trained therapist, behind that mirror investigators listened, collecting information to build a case against a perpetrator. Merryn said her cousin confessed to the crime, was sentenced to seven years probation, and put in a sex offender treatment program instead of receiving jail time. However, her early childhood abuser was never prosecuted. What Merryn and her sister went through is by no means isolated. Merryn eventually went on to become a social worker at a counseling agency. But God had different plans for her to help children and teens on a national and international level. He used her childhood diary to spark a new idea. At that, Erin's Law was born. The law requires age-appropriate personal body safety and sexual abuse prevention curriculum for pre-kindergarten through 12th grade students in public schools. It educates kids on safe touch, unsafe touch; safe secrets, unsafe secrets; how to get away and tell. Merryn is on a mission to find either a state senator or representative in each state to sponsor the bill, draft it, and introduce it to lawmakers for an eventual vote. Erin's Law is spreading like wildfire, even drawing the attention of celebrities like Oprah and Katie Couric, and magazines like People and Glamour. In a little more than four years it's passed in 21 states and pending in 22, with seven to go. It's a legacy she'll leave for her baby girl and millions of other children who, because of a law, will be protected from the grip of sexual abuse.

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