

6	Wednesday	7:15	Morning Show	60	Fr. Wade Menezes	<p>Fr. Wade L. J. Menezes, CPM is a member of the Fathers of Mercy, a missionary preaching Religious Congregation based in Auburn, Kentucky. Ordained a priest during the Great Jubilee Year 2000, he received his Bachelor of Arts Degree in Catholic Thought from the Oratory of St. Phillip Neri in Toronto, Canada and his dual Master of Arts and Master of Divinity Degrees in Theology from Holy Apostles Seminary in Cromwell, Connecticut. He is also host of the EWTN interstitial series "The Crux of the Matter" and "The Wonders of His Mercy", and in Defense of the Eucharist.</p> <p>Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.</p> <p>Director of Marriage and Family, Director of Faith Journey, Diocese of Des Moines</p>	<p>"Catholic Essentials: A Guide to Understanding Key Church Teachings" https://www.sophia-institute.com/products/item/catholic-essentials</p>
		7:45	Morning Show	60	Kristen Van Uden		<p>"The Wrath of God" Written by Fr. Livio Fanzaga, notable Rome-educated theologian and founder of Europe's largest Catholic radio network, Radio Maria.</p>
		10:00	Uncommon Good	30	Adam Storey and John Huynh		
7	Thursday	7:07	Morning Show	60	Deacon Randy Kiel	<p>Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.</p>	
		7:15	Morning Show	60	Fr. P.J. McManus	<p>Pastor at Christ the King Parish</p>	
		7:40	Morning Show	60	Julie Neilson	<p>Host Catholic Women Now</p> <p>Fr. Slawomir Szkredka, S.S.D., a native of Poland, was ordained to the priesthood for the Archdiocese of Los Angeles in 2002. He served as associate pastor at St. Genevieve Parish in Panorama City (2002–2006) and at John the Baptist Parish in Baldwin Park (2006–2008). From 2008 to 2015, he resided in Rome, pursuing biblical studies at the Pontifical Biblical Institute. A prolific author, he is now assistant professor of biblical studies at St. John's Seminary in Camarillo.</p>	<p>His new book, "Icon of Trust." https://www.sophia-institute.com/products/item/icon-of-trust</p>
7:45	Morning Show	60	Fr. Slawomir Szkredka (Slavomeer Shkredka)				
8	Friday	9:00	Catholic Women Now	30	Melanie Rigney	<p>Senior counsel ADF</p>	
		9:30	Faith on Trial	30	Jeremy Dys	<p>Senior counsel First Liberty Institute</p>	<p>Recent SCOTUS cases</p>
		7:07	Morning Show	60	Fr. Andrew Windschitl	<p>Iowa Catholic Radio Spiritual Advisor</p> <p>Michael J. Lichens is the former Editor of Catholic Exchange. When he's not revising and editing, he is often found studying and writing about GK Chesterton, Religion and Literature, or random points of local history. He holds an A.M. from the University of Chicago Divinity School and a BA from The Thomas More College of Liberal Arts.</p>	<p>"The Precious Gift of Old Age." At age 84, Fr. LaFarge was struck by the many advantages and blessings of aging, and he observed that modern men and women have lost touch with the traditional view of old age as the crowning summit of life. Seeing old age instead as a calamity, he says, is what makes aging such a misery for many.</p>
7:45	Morning Show	60	Tim O'Malley	<p>Academic Director, Notre Dame Center for Liturgy President, Society for Catholic Liturgy, Associate Professor of the Practice, Department of Theology</p>	<p>New OSV book, Invitation and Encounter: Evangelizing Through the Sacraments by Timothy O'Malley</p>		
		10:00	Making it Personal with Bishop Joensen	30	Jessica Hernandez		

11	Monday	7:15	Morning Show			60	Michael Norton	Michael Norton is a former newspaper reporter and public relations specialist. After abandoning the Catholic faith at eighteen, he spent almost forty years finding his way back. He and his wife Karen live in Old Mission, Michigan, and are avid hikers. A Hiker's Guide to Purgatory is Norton's first novel.	A Hiker's guide to Purgatory.
		7:40	Morning Show			60	Joe Stopulos		Preview of 9am Man Up!
12	Tuesday	7:45	Morning Show			60	Ut Fidem - Peggy Munro		QUESTIONS: In your opinion, what are the benefits of Ut Fidem? What has been the most surprising part about mentoring for Ut Fidem? How have you seen the Holy Spirit work in and through this Ut Fidem group? Why should someone mentor for Ut Fidem?
		9:00	Man Up!			30	Joe Stopulos		
		10:00	Thought of the Week			30	Msgr Bognanno		
		7:15	Morning Show			60	Deacon Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:45	Morning Show			60	Kristen Van Uden	Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.	"Meditations on the Holy Rosary."
13	Wednesday	9:00	Be Not Afraid			30	Fr. PJ McManus		Forgiveness
		10:00	Straight Talk			30	Tom Chapman	Exec Dir, Iowa Catholic Conference...ORG	the Hyde amendment, death penalty, funding for abortion;
		7:15	Morning Show			60	John Gaffney	Director of Evangelization and Catechesis	
		7:45	Morning Show			60	Fr. Jeffrey Kirby	Father Jeffrey Kirby is a Catholic Priest of the Diocese of Charleston, South Carolina. He serves as the Pastor of Our Lady of Grace Parish in Indian Land. He is a moral theologian and Adjunct Professor of Theology at Belmont Abbey College. Father Kirby holds a doctorate in moral theology (STD) from the Holy Cross University in Rome. He is a Senior Contributor to the Crux news site and the author of several books. He is a Papal Missionary of Mercy	Understanding the Bible: A Catholic Guide to Applying God's Word to Your Life Today by Fr. Jeffrey K
		10:00	Uncommon Good			30	Brandon McGinley	Author of "The Prodigal Church"	Restoring Catholic tradition in an age of deception
13	Wednesday	7:07	Morning Show			60	Dcn Randy Kiel	Randy Kiel, M.A, is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:15	Morning Show			60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show			60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now

14	Thursday	7:45	Morning Show		Sr. Timothy Marie Kennedy O.C.D., a member of the Carmelite Sisters of the Most Sacred Heart of Los Angeles, was born and raised in Long Beach, California, the third of five children. She attended Mount St. Mary's College in Los Angeles and has a B.A. in English and an M.S. in educational administration.	Sister Timothy Marie Kennedy, O.C.D., a member of the Carmelite Sisters of the Most Sacred Heart of Los Angeles, was born and raised in Long Beach, California, the third of five children. She attended Mount St. Mary's College in Los Angeles and has a B.A. in English and an M.S. in educational administration.	New Book: Unleashing Hope. https://www.sophiaInstitute.com/products/item/unleashing-hope
		9:00	Catholic Women Now	60	Fr. Chris Reising	Priest in the Diocese of Des Moines	Planned Parenthood v. Reynolds
		9:30	Faith on Trial	30	John Bursch	VP for appellate advocacy ADF	Sunday Gospel & Spiritual Chat
		7:07	Morning Show	60	Fr. Andrew Windschitl	Iowa Catholic Radio Spiritual Advisor	
		7:15	Morning Show	60			
15	Friday	7:45	Morning Show	60	Kathryn Casey	Kathryn Anne Casey is a writer with a focus on faith, art, psychology, and the importance of local community. She blogs at KathrynAnneCasey.com and is a regular reporter and columnist for The Hughson Chronicle and Denair Dispatch. She studied gender complementarity and psychology at the University of St. Thomas and clinical psychology at Divine Mercy University. Kathryn lives in Hughson, California, with her husband and children.	New book: Peace in Pregnancy. QUESTIONS: Tell us about yourself, how did you come to write Peace in Pregnancy? Who is this book for? What does peace in pregnancy look like? In light of the recent Dobbs decision by the Supreme Court, how can a work like this contribute to the conversation? The book includes several reflections on holy mothers, do you have a favorite? How did you choose who to write about?
		9	Making it Personal with Bishop Joensen	30	Rich and Kelly Rondeau	COVID-19 survivors and members of Our Lady's Immaculate Heart Parish in Ankeny	Having COVID-19 and the impact on their faith
		7:07	Morning Show		Msgr. Frank Bognanno	Retired Pastor	Reflection on yesterday's Sunday gospel
		7:15	Morning Show	60			
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up! on Iowa Catholic Radio	Preview of 9am Man Up!
18	Monday	7:45	Morning Show	60	John Huynh	Director of Faith Journey	Didn't get back to me about topic.
		9:00	Man Up!	30	Joe Stopulos	Man Up Host	Iowa Catholic Mens Conference Keynote (2)
		7:15	Morning Show	60	Brother Angelo Marie	Knights of the Holy Eucharist	
		7:45	Morning Show	60	Greg Wasinski	Executive Director of Let Me Be ministries	Questions in studio
		9:00	Be Not Afraid	30	Fr. PJ McManus	Seminarian Nick Stark	Discernment and Prudence
		7:15	Morning Show	60	Jeanne and Jimmy		Iowa State Fair Food Fight
		7:45	Morning Show	60	Rick Ball		Final Push for Concert
20	Wednesday	10:00	Uncommon Good	30	DR. KENNETH CRAYCRAFT	DR. KENNETH CRAYCRAFT is an attorney and the James J. Gardner Family Chair of Moral Theology at Mount St. Mary's Seminary & School of Theology. He holds a Ph.D. in moral theology from Boston College, and a J.D. from Duke University School of Law.	Religious Liberty in the thought of the U.S. Founders vs. the Church
		7:07	Morning Show	60	Don Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	Ask Father PJ
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	Preview 9am Catholic Women Now
21	Thursday	7:45	Morning Show	60	Stephanie or Kyle Klapatauskas (invited)	host of YouTube Done on This Side	Catholic/family comedy skits
		9:00	Catholic Women Now	30	Chris Coulter	Youth Pastor Well Covenant Church, Des Moines	Upcoming youth rally

25	Monday	New book: American Pilgrimage Additional info: https://ignatius.com/american-pilgrimage-aph/ QUESTIONS: 1- You write in the introduction that there are many roads to Jerusalem and a pilgrim cannot take them all. How did you choose which road to travel when you were writing AN AMERICAN PILGRIMAGE? 2- What are you hoping readers take away after reading the book? 3- Do you think readers will be surprised at learning about certain aspects of the Catholic Church in North America such as the trials of converting the Indigenous peoples or the prominent place that the Catholic Church held in creating an education system in our country? 4- What ages is AN AMERICAN PILGRIMAGE appropriate for? 5- The book is lengthy and detailed in both the historical and faith aspects. Were there stories you ended up having to leave out from the final version of the book? 6- One part of the book has changed since it was published – the overturning of Roe v. Wade. What effect did Catholics have on overturning the famous Supreme Court case that granted the right to an abortion for any reason at any point in pregnancy? 7- Do you think the Catholic Church can ever recover from the vocation shortage? If so, how would that happen?								
		7:15	Morning Show	60	Christopher Shannon	Christopher Shannon is an Associate Professor of History at Christendom College. He is the author of several works of American cultural and intellectual history, including, with Christopher O. Blum, The Past as Pilgrimage: Narrative, Tradition and the Renewal of Catholic History.				
		7:40	Morning Show	60	Joe Stopulos	Host of Man Up! on Iowa Catholic Radio				
		7:45	Morning Show	60						
		9:00	Man Up!	30	Fr. Nicholas Akindele	Catholic Priest				
		7:15	Morning Show	60	Belle Marasco					
		7:45	Morning Show	60						
		9:00	Be Not Afraid	30	Fr. Fabian Moncada and Fr. P.J. McManus					
		10:00	Straight Talk	30	Steve Angrisano	Catholic musician				
		26	Tuesday							
7:15	Morning Show			60	Ellen Miller	In its 20th year, Mary's Meals is honored to feed 2.2 + million children every day in 20 countries including those experiencing conflict or humanitarian crises like Ethiopia, Yemen, and South Sudan				

27	Wednesday	7:45	Morning Show	60	Kristen Van Uden	Kristen Van Uden serves as an author spokesperson at Sophia Institute Press. She received her MA in History from the College of William & Mary and her BA in History & Russian from Saint Anselm College. She studies the persecution of Catholics under communist regimes. She has been featured on a wide range of media platforms including Coast to Coast AM, The Federalist, and the Catholic Faith Network.	Visions and Revelations This is the book that explains everything you need to know about true Catholic mysticism. Spiritual master Fr. Gabriel of St. Mary Magdalen, O.C.D., will guide you in understanding contemplative prayer and the preeminence of faith over revelations in the spiritual life. QUESTIONS: 1. What attitude should a soul possess regarding divine favors?	
		10:00	Uncommon Good	30	No Guest	No Guest	2. How should a spiritual director respond to souls experiencing visions or revelations?	
		7:07	Morning Show	60	Dcn Randy Kiel	Randy Kiel, M.A. is the founder of Kardia Counseling. Randy is a licensed mental health counselor with a private practice of psychotherapy and counseling in central Iowa.	3. How important is the exercising of common sense and prudence in the spiritual life?	
		7:15	Morning Show	60	Fr. PJ McManus	Pastor at Christ the King Parish	4. How does obedience help the soul avoid deception and rest tranquilly?	
		7:40	Morning Show	60	Julie Nelson	Host Catholic Women Now	5. Why exercising the theological virtues is the shortest road to holiness.	
28	Thursday					"Common Good, Common Sense, and the Sense of the Common"	Ask Father PJ	
							Preview 9am Catholic Women Now	
								How They Love Mary Here's a powerful 30-day devotional to help you invigorate your love for Our Lady by exploring the many ways in which holy men and women have venerated Mary throughout time. From St. Damian of Molokai to Padre Pio, from St. Francis of Assisi to St. Thomas Aquinas, you'll learn new ways of honoring Mary that you hadn't considered previously, and you'll be heartened toward a holiness and love of God that only these illustrious spiritual teachers can inspire.
		7:45	Morning Show	60	Fr. Edward Looney	Director of CTO, radio show host	Sharing the weight loss journey of emtoinal healing	
		9:00	Catholic Women Now	30	Jeanne Thill	President, National Right to Work Legal Defense Foundation	Religious Liberty and Labor Unions	
29	Friday	9:30	Faith on Trial	30	Mark Mix	Iowa Catholic Radio Spiritual Advisor	Sunday Gospel & Spiritual Chat	
		7:07	Morning Show	60	Fr. Andrew Windschitl	Katie Prejean McGrady is a wife, mom, award-winning author, international speaker, podcaster & daily radio show host	Topic: Can talk about the next Ave Explores series on Healing, or I can talk about my new series with Hallow "Family Mass Prep".	
		7:15	Morning Show	60	Katie Prejean McGrady	James L. Papandrea is a Catholic professor, author, speaker, and musician. Baptized Catholic but raised Protestant and eventually ordained in a Protestant denomination, Jim reverted to the Catholic Church through his studies of the Church Fathers. He holds an M.Div. degree from Fuller Theological Seminary and a Ph.D. in the History and Theology of the Early Christian Church from Northwestern University. Jim is currently Professor of Church History and Historical Theology at Garret-Evangelical Seminary at Northwestern University, as well as a consultant in Adult Faith Formation and a regular speaker in parish and lay formation programs across the Chicago area.	Reading the Church Fathers Here is one of the most lucid and comprehensive overviews of the Patristic period ever written. With simplicity and clarity, Dr. James Papandrea introduces you to all the major theologians, philosophers, and martyrs of the early Christian church and explains the theological principles that guided the Church from the New Testament era through the apologists, and, ultimately, to the development of the major doctrines. Questions: 1. What was the hook of the Holy Fathers that lured you back to the Church?	
		7:45	Morning Show	60	Jim Papandrea	Vocation calling and then calling to serve as a military chaplain		
		9	Making it Personal with Bishop Joensen	30	Father Zach Kautzky			

31	Monday	7:15	Morning Show	60			
		7:45	Morning Show	60			
		9:00	Man Up!	30	Fr. Nicholas Akindede	Catholic Priest	The Day is Now Far Spent (1)