

2022 Q4 (10/01/2022 - 12/31/2022)

HORIZON Quarterly Issues Programs List

Horizon Broadcasting Group is involved in their communities. Management and staff regularly attempt to ascertain the most pressing issues and needs of the community, and then to present programming which addresses those issues and needs. The following list shows some of the significant issues responded to by the station notes along with examples of programming aired to treat those issues during the quarter noted. The listing is by no means exhaustive and the order in which the issues appear does not reflect any priority or significance

RADIO STATION: KRCO-FM

ISSUE	PROGRAM	DATE(S)	TIME(S)	DURATION(S)	DESCRIPTION OF PROGRAM OR SEGMENT
VARIOUS (PUBLIC AFFAIRS)	COUNTRY'S GREATEST HITS	DAILY	HOURLY	20 TO 90 SECONDS EACH	ROTATING PUBLIC SERVICE ANNOUNCEMENTS, ONCE AN HOUR, IN ALL LOCALLY PROGRAMED HOURS (PUBLIC SERVICE ANNOUNCEMENTS ATTACHED).
VARIOUS (PUBLIC AFFAIRS, NEWS AND INFORMATION)	INSIDE CENTRAL OREGON	SUNDAYS	7:30 AM	30 MINUTES	PUBLIC AFFAIRS PROGRAM COVERING ISSUES THAT EFFECT CENTRAL OREGON AND BEYOND. (SCHEDULE ATTACHED). HOSTED BY DAVE CLEMENS.
VARIOUS (NEWS & INFORMATION)	WHAT'S TRENDING	WEEKDAYS	6:00 AM To 10:00 AM	60 Seconds	NEWSCAST THAT INCLUDES NATIONAL, STATE, REGIONAL AND LOCAL NEWS, AS WELL AS WEATHER, FIRE REPORTS, SCHOOL CLOSURES AND DELAYS AND ROAD CONDITIONS.
VARIOUS (NEWS & INFORMATION)	LOCAL NEWS ALERTS	VARIOUS	VARIOUS	VARIOUS	LOCAL NEWS ALERTS INCLUDING WILDFIRES, SCHOOL CLOSERS, WEATHER ALERTS, TRAFFIC SAFETY AND OTHER EMERGENCIES AFFECTING OUR COMMUNITIES.
VARIOUS	KRCO MORNINGS	WEEKDAYS	MORNINGS	2 TO 5 MINUTES	INTERVIEWS WITH LEADERS AND MEMBERS OF THE COMMUNITY ABOUT ISSUES THAT MATTER TO THE PUBLIC. TIMES, DATES AND GUEST INFORMATION IS ATTACHED.

INSIDE CENTRAL OREGON 2022 - QUARTER 4

10/02/2022	DeeDee Johnson Melissa Kamanya	VP of Homeowner Services, Habitat for Humanity Director of Grants Management, Habitat for Humanity	Habitat for Humanity Listening sessions
10/09/2022	Chloe Honaker Ali Burke Riley Sheets	Executive Administrator, ReachAnother Foundation Development Director, Healing Reins Development Manager, Healing Reins	The neural tube defect crisis in Ethiopia. Equine therapy Fall fundraiser
10/16/2022	Justin True	Hybrid Athlete	Mental Health
10/23/2022	REPEAT: Chloe Honaker Amy Jennifer	Executive Administrator, ReachAnother Foundation Central Program Director, S.M.A.R.T Reading Program Central Area Director, S.M.A.R.T Reading Program	The neural tube defect crisis in Ethiopia. Needed volunteers, donations Overview of the program
10/30/2022	Dave Clemens	Host, Inside Central Oregon radio show	Overview of Oregon voting measures
11/06/2022	Maureen Doooley Brendan Modina Joe Serra	Partners in Care Central Oregon Robotics Team Central Oregon Robotics Team	Hospice & Veterans Robotics Team & Fundraiser Robotics Team & Fundraiser
11/13/2022	Todd & Bobby Haaby Meagan Iverson Bess Goggins Scott Douglas	Musicians, Todd Haaby & Sola Via Executive Director, Sunriver Music Festival CEO, Boys & Girls Club of Bend Chair of the Board, Boys & Girls Club of Bend	Concert at Tower Theatre Events and fundraising Youth, Holiday season and fundraising I Like Pie running event
11/20/2022	Staley Micken Lauren Olander	Development Director, Mt. Star Family Relief Nursery Chief Development Officer, Ronald McDonald House	Holiday Fundraising Campaign House Renovation, other events, needs

11/27/2022	Amanda Luelling Darin & Kelly Whitboldt	Events Director, Redmond Chamber of Commerce ALS patient and wife	Upcoming events ALS, fundraising
12/04/2022	Kyle Frick Molly Honea	VP of Marketing, Mid Oregon Credit Union Development & Comms. Coordinator, Think Wild	Fundraiser for local food banks Holiday Fundraiser for animals
12/11/2022	Brian Dunning Joshua Savage	Science Writer & Podcaster Author, 100 Things to Do in Bend (Before You Die)	Local guy making movie about aliens 100 Things to Do in Bend
12/18/2022	Joy Christiansen Jessica Taylor	Founder, Choose Joy Foundation Producer & Comic, Tease Bang Boom	Children affected by substance abuse Local comedy
12/25/2022	Bonnie Vandiver Deborah Bushlen Ofelia Sanchez	Kat Von Tease, Patriot Pinups, Inc Full-Time Care Giver Stroke Survivors Care Giver	Fundraising for veterans Stroke Survivors Caregiver Stroke Support Programs

INTERVIEW

Tuesday, October 4th, 2022

Guest:

Chloe Honaker

Executive Administrator, Reach Another Foundation

Topic:

- Medical self-sufficiency in Ethiopia
- Spina bifida and hydrocephalus
- An Evening for Ethiopia Gala

Length: 3 Minutes, 39 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-001

INTERVIEW

Friday, October 7th, 2022

Guest:

John Bauman
ABATE

Topic:

- Teddy Bear Run Recap
- Donation of stuffed animals to hospitals

Length: 1 Minute, 22 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-002

INTERVIEW

Monday, October 10th, 2022

Guests:

Ali Burke

Development Director, Healing Reins

Riley Sheets

Development Manager, Healing Reins

Topic:

- Equine therapy
- Fall fundraiser

Length: 2 Minutes, 28 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-003

INTERVIEW

Thursday, November 10th, 2022

Guest:

Todd & Bobby Haaby (pronounced hobby)
Musicians, Todd Haaby & Sola Via

Topic:

- Todd Haaby and Sola Via at The Tower Theatre
- November 17th, 2022
- Tower Theatre Foundation

Length: 3 Minutes, 39 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-001

INTERVIEW

Wednesday, November 23rd, 2022

Guest:

Amanda Luelling (Pronounce: Lew-Elling)
Events Director, Redmond Chamber of Commerce & CVB

Topic:

- What the Chamber of Commerce does.
- Upcoming events!

Length: 2 Minutes, 50 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-003

INTERVIEW

Friday, December 16th, 2022

Guest:

Patrick Lamb
Musician

Topic:

- Family Holiday Concert
- Non-Profit Theatre (The Tower Theatre)

Length: 1 Minute, 33 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-001

INTERVIEW

Thursday, December 29th, 2022

Guest:

Bonnie Vandiver (Van-di-ver)
Kat Von Tease, Patriot Pinups, INC.

Topic:

- Events supporting veterans
- Calendar Fundraiser

Length: 3 Minute, 50 Seconds

Interviewer: Dave Clemens

Stations: KQAK, KWPK & KRCO-FM

Find in NexGen NEWS. Cart 15005-00

PUBLIC SERVICE ANNOUNCEMENTS

HORIZON BROADCASTING GROUP 2022 Q4

[End 10/01] If you're having trouble paying for the things you need to live and you're earning too much money to qualify for financial assistance, the **Central Oregon Health Council** wants to hear from you. Join them for an evening listening session in your community and share your story. You'll receive \$50 and a free meal. Your input will help shape future decisions about funding. For more information; email info@cohealthcouncil.org.

[End 10/01] The LIVE & Virtual **Go Clean Energy Conference** will have more than 30 speakers on clean energy, efficiency, electric vehicles and more. Commercial Building owners will learn about the NEW Deschutes County financing program that requires no cash down but creates cash flow through green improvements. It takes place on Thursday, October 6th and you can register at GoCleanEnergy.ORG.

[End 10/02] The 2022 First Interstate Bank **Fall Festival** offers the best of the autumn season with art, food, music and family fun for everyone. It kicks off Friday evening, September 30, in Downtown Bend, and continues through Sunday, October 2nd. Get more information at [My Central Oregon.com](http://MyCentralOregon.com)

[End 10/03] The **Oregon Historical Society** has gone back to pre-pandemic hours at its research library, as of last Tuesday. While appointments have been required to visit the library's downtown reading room to promote social distancing, researchers are now welcome to visit the library on Tuesdays from 1pm to 5pm and Wednesdays through Saturdays from 10am to 5pm, no appointment needed. Visit OHS's website for more tips on how to make the most of a visit to their research library.

[End 10/05] Local job board workability.one seeks job postings from Central Oregon employers to expand job opportunities for neurodiverse, autistic and disabled job seekers. The fee for posting jobs has been waived and is being covered by a grant funded by the **Central Oregon Health Council**. Employers can visit workability.one/post, scroll down to the bottom and select "Central Oregon Health Council funded job postings," to create an account.

[End 10/06] The 7th Annual **Go Clean Energy Conference** will be held on Thursday, October 6th this year. Over 20 experts from around the country will help individuals, businesses, and governments discover opportunities in clean energy financing, energy efficiency, building electrification, electric vehicles, infrastructure, & renewable workforce retention at the Bend COCC campus. More information at go.cleaneconomy.org.

[End 10/08] The City of Bend Police Department will host a **First Responder Job Fair and Community Event** from 11 a.m. to 4 p.m. on Saturday, Oct. 8 at Riverbend Park in Bend. Find out more about careers in law enforcement and public safety and learn about current job openings in local first responder agencies. The event is free to attend and open to the public.

[End 10/12] The **Bend Farmer's Market** takes place every Wednesday through October 12th, rain, shine, heat, or smoke! It goes from 2p-6p at Brooks Alley, between Minnesota & Franklin Streets. Get more information at bendfarmersmarket.com

[End 10/14] **Central Oregon Trail Alliance** is celebrating its 30th anniversary, and they want you to join in a weekend long extravaganza! They'll kick off the weekend, this Friday at 6pm, with a party at Silver Moon Brewing. On Saturday they do the Fall Trail Love Work Event, and then Bingo on Sunday. We have all the details at [My Central Oregon.com](http://MyCentralOregon.com)

[End 10/14] You can help make a once in a lifetime impact on families across the world by **attending ReachAnother's Evening for Ethiopia annual Gala**. This inspiring event draws hundreds of global philanthropists and supports a unique approach to solving the neural tube defect crisis in Ethiopia. The event features a live auction, marketplace, live music, dessert dash and more. It takes place on Thursday, October 15th, at the Unitarian Universalist Fellowship of Central Oregon. Get more information at ReachAnother.org

[End 10/15] The Deschutes County Sheriff's Office is hosting **free community shred events and drug disposal**. All events are from 10:00 AM-12:00 PM, and the next one is October 15 at the Terrebonne Sheriff's Office.

[End 10/15] **Christmas Valley Community Church** would like to invite you and your family to the annual Fall Festival and Auction on Saturday, October 15th! The event features a live auction, silent online auction, kid activities, country store, chicken & Tri-Tip BBQ, baked goods, kettle corn, coffee bar, hay rides, and more! All proceeds benefit global missions. To view auction items or learn more about the event visit the Christmas Valley Community Church website and click on "Fall Festival."

[End 10/21] **Stroke Awareness Oregon's first Walk-n-Wheel fundraiser** is tomorrow. The event is open to families, businesses, individuals and, of course, stroke survivors! Whether you're in a wheelchair, running in top of the line shoes, or taking a casual walk – All endeavors are going to help bring awareness to stroke and provide financial support to an educational impact in the Central Oregon Community! Get more information at [stroke awareness Oregon.org](http://strokeawarenessOregon.org)

[End 10/22] The Lapine Veterans Outreach is putting on the Community Resource Fair and EVERONE is invited. There will be a variety of Local, State, and Federal agencies that make up over 35 Vendors at the La Pine Community Center, Friday and Saturday, Oct.21st and 22nd from 10a to 2p. Get more information about the **La Pine Community Resource Fair** at [My Central Oregon.com](http://MyCentralOregon.com).

[End 10/23] **Think Wild** is hosting a Halloween wildlife-themed pumpkin-carving party on Sunday , October 23rd at 3 pm. Bring your own pumpkin and enjoy fall weather in their pollinator garden while you carve! Get more information at [think wild co.org](http://thinkwildco.org)

[End 10/25] **Envision Bend's online survey** is closing soon. To date, about 1,700 residents have completed the survey that is meant to gather input from residents about the future of the community. The survey asks residents their views on community values, change and challenges, including issues related to growth, climate resiliency, and diversity. Go to [envision bend.org](http://envisionbend.org) to check it out.

[End 10/25] **Empty Bowls** is back, live and in-person! Supporting NeighborImpact and its Food Program, First Interstate Banks' Empty Bowls fundraising event will take place on Sunday [October 30th] at the Central Oregon Community College Campus Center. Tickets are on sale now at [Neighbor Impact.org /empty bowls](http://NeighborImpact.org/emptybowls).

[End 10/28] **Outdoor debris burning** will open at sunrise on Friday for areas outside the City of Bend within the boundaries of Deschutes County Rural Fire Protection District #2. Debris burning is not allowed throughout the year within the city limits of Bend. You're being asked to call the burn information line every day before burning for the most current conditions and to find out if burning is open or closed that day. The number is 541-322-6335

[End 10/28] **The 20-Dollar Art Show** returns for its second year at the High Desert Museum. The show launches at the Museum on Friday, October 28 with an opening night art-buying party. Get more information and tickets for opening night at highdesertmuseum.org. Space is limited. The 20-Dollar Art Show closes Monday, October 31.

[End 10/29] The **La Pine Lodgepole Dodgers** are having a pancake breakfast on Saturday from 8a-11a at the La Pine Moose Lodge. There will be a kid's Halloween costume contest with prizes, and all proceeds from the event will go to their La Pine High School scholarship fund. It's \$10 for adults and \$6 for those 12 and under.

[11/05] The annual **open enrollment period for health coverage** begins Nov. 1. Open enrollment is the only time when anyone who are not offered coverage from a job or a public program like the Oregon Health Plan or Medicare can enroll in health coverage through the Oregon Health Insurance Marketplace. [Free expert help is available to make the process of signing up for health coverage and choosing a plan less stressful]. Licensed insurance agents and trained community groups can be found at [OregonHealthCare.gov/Get Help](http://OregonHealthCare.gov/GetHelp).

[End 11/10] Donations of bedding items for **Sleep in Heavenly Peace** are being accepted at the 8 Starbucks in Redmond and Bend. And with a donation, Starbucks will offer a free drip coffee. Your donation of bedding supplies will put kids in beds as we move into the holiday giving season. Free beds are available for any child who needs one. Learn more at SHPBeds.org/chapter/or-deschutes-co

[End 11/10] This Thursday, **Every Child Central Oregon** is doing Pint Night at Avid Cider Co. in Bend, where they are kicking off their holiday toy/gift drive and having a fundraiser between 5:30-8 p.m. This is an

opportunity to come together to support families and youth experiencing foster care in Central Oregon. Learn more at everychildcentraloregon.org

[End 11/11] **The Forest Service offers several fee-free days** annually to encourage visitors to get outside and enjoy their public lands, and the next one is Veterans Day: Nov. 11, 2022

The fee waiver applies to most Forest Service day-use recreation sites in Oregon and Washington, including many picnic areas, boat launches, trailheads, and visitor centers. Fees for camping, cabin rentals, or other permits still apply.

[End 11/12] There will be a garage sale in the Mountain View High School cafeteria on Saturday, to raise money for the **High Desert Droids**, Central Oregon oldest high school robotics team, *[and four time Pacific North-West Champions!]* The team is accepting donations of sellable items on Friday from 4 to 7p at the cafeteria, or you can text 541 815-5195 to arrange to have your donations picked-up.

[End 11/15] Back in September, **the Oregon Values and Beliefs Center** conducted a statewide survey of Oregonians' values and beliefs. It turns out, Homelessness is our biggest concern, followed by Housing, Crime and Drugs. You can learn more about Oregon Values and Beliefs Center at Oregonvbc.org

[End 11/16] **Think Wild and Crooked River Watershed Council** are hosting an event all about fire in our communities. This family-friendly event is on Thursday, November 17th from 5:30 to 7:30 pm at Crooked River Elementary School in Prineville. Come learn about wildfires, controlled burning, air quality, and more, and enjoy some free refreshments! More information at [Think Wild C O.org](http://ThinkWildCO.org)

[End 11/18] **Visions of Sugar Plums Food/Bake Sale Extravaganza** sponsored by Sunriver Christian Fellowship will be held Saturday, November 19th from 10am - 3pm at SHARC in Sunriver. All the proceeds go to local charities in south Deschutes County. They will have a children's activity table to keep the little ones entertained while adults are shopping. To see pictures of many of the amazing items join their Facebook page: "Visions of Sugar Plums"

[End 11/20] NeighborImpact's **Child Care Resources** is seeking qualified applicants for free, quality child care for children ages six weeks to three years. The program, Baby Promise, provides fully-funded quality child care through multiple licensed child care providers in Crook, Deschutes and Jefferson counties and the Confederated Tribes of Warm Springs. Get more information at [Neighbor Impact.org](http://NeighborImpact.org)

[End 11/22] **Shepherd's House** is asking for food donations to serve Thanksgiving meals to homeless and those in need in our community. Meal Service will be held Wednesday (November 23rd) at the Lighthouse Navigation Center. You can get more information at shepherds house ministries.org

[End 11/23] Shepherd's House Ministries will serve a **Thanksgiving Meal** with all the fixings from 2 to 4 this afternoon. Because of the current economic challenges, Shepherd's House is opening this meal up to *anyone* in need. This will be at the Lighthouse Navigation Center, located at 275 NE 2nd Street in Bend. For those wanting to support this effort, monetary donations can be made at: shepherds house ministries.org/donate

[End 11/25] It's almost time for the annual **lighted Christmas parade in Prineville!** The parade route will be from Harwood to Fairview, along 3rd Street on Saturday, November 26th. You can get more information from the Prineville-Crook County Chamber of Commerce and Visitor Center.

[End 11/29] Darin Whitboldt has been diagnosed with ALS, so they're doing a **spaghetti and meatball benefit dinner** at Northside next Tuesday (11/29), to support Darin and his family. It's only 10 bucks a plate, and will go from 4:30-7pm.

[End 12/01] **Hospice of Redmond's Festival of Trees Gala** Tickets are Now On Sale! Hospice of Redmond will host a Free Family Fun Tree Preview and a Gala with the live tree auction. Both events will be held on December 3rd, get more information and tickets at hospice of redmond.org

[End 12/01] Veterans can now apply for the state's first **Veteran Dental Program for Oregon veterans** who do not qualify for the Oregon Health Plan program using the OHP application. This state-funded program is separate and distinct from the dental benefit offered by the U.S. Department of Veterans Affairs. To apply, veterans can visit one.oregon.gov

[End 12/01] The Internal Revenue Service is once again recruiting people to assist in the free preparation of taxes as part of its **Volunteer Income Tax Assistance** or Tax Counseling for the Elderly programs, and the Department of Revenue's Taxpayer Advocate is encouraging Oregonians to volunteer. More information at [IRS.gov/individuals/irs-tax-volunteers](https://www.irs.gov/individuals/irs-tax-volunteers)

[End 12/02] **Bend Fire and Rescue and Bend Fire Association is conducting its annual coat drive.** Taking donations of new or used coats, scarves, gloves, hats and socks of all sizes for men, women, and children. For contactless drop off; donations can be dropped off at your nearest Bend Fire Station and placed inside the labeled bin outside through December 2nd.

[End 12/03] Hospice of Redmond's annual fundraising event, **Festival of Trees**, is returning to the Deschutes County Fairgrounds on December 3rd. This year, the event will return to its traditional format with in-person viewing, a formal Gala, and a live auction. Learn more at [hospice of redmond.org](https://www.hospiceofredmond.org)

[End 12/09] The Redmond Band of Brothers wanted veterans to know about the **free Christmas Trees just for veterans** at Brightside Thrift Store on 5th street in Redmond from 10 to 5 each day this week, through Friday

[End 12/15] In Bend, **The Salvation Army** provides food, rental, utility, and holiday assistance. The Salvation Army also responds to disasters, and offers community care to community centers in Oregon. There are volunteer opportunities available in Bend right now. The biggest need today is for bell ringers. To find a volunteer opportunity that fits with your schedule, go to [Ring Oregon.org](https://www.RingOregon.org)

[End 12/15] The United States Postal Service is asking for volunteers to help make sure Santa has a chance to respond to every kid's letter this year through **Operation Santa**. Go to [usps operation santa.com](https://usps.operation-santa.com) to help, or write to Santa.

[End 12/15] **The Giving Plate's "Santa's Plate"** holiday experience happens at The Riverhouse on the Deschutes on December 18th.
[Your children will walk through holiday landscapes, meet Buddy the Elf, Santa, princesses, and more! Before leaving, they will get to create their

own 2022 Santa's Cookie Plate to take home just in time for Christmas and a keepsake to treasure forever].

This event is a fundraiser to help The Giving Plate provide over 800 low-income children in Central Oregon the opportunity to attend The Jingle Store for free. More information at the [giving plate.org/santa](http://givingplate.org/santa)

[End 12/16] Mid Oregon Credit Union invites you to participate in their annual **Holiday Dough fundraiser**, which supports local charities to provide food, clothing, and shelter to individuals and families in need during the holiday season. 100% of the contributions stay in the community where they are collected. Donations will be collected at each of its seven branches and online at midoregon.com/dough through December 16th.

[End 12/16] Santa and the **Bend Fire Department Santa Express** are back spreading holiday cheer! You can drop off non-perishable foods, new toys or clothing at any of the Bend Fire & Rescue Fire Stations. Blue recycling bins are at each station for drop offs until Friday December 16. If you need help for this holiday season with food or presents, please call The Salvation Army at 541-389-8888.

[End 12/17] In the depth of winter, a deep layer of snow quiets the High Desert's forests. But under the surface, a secret world comes to life. A new **High Desert Museum** exhibit dives into the snow, where voles, shrews, insects and porcupines build a matrix of tunnels to survive the winter and hide from the predators that lurk just above the surface. Under the Snow opens at the Museum on Saturday, December 17,

[End 12/20] **Central Oregon Gives** is back. Go to Central Oregon Gives.com and search the missions of dozens of charities. Pick the missions you believe in and give \$25 or more to receive a special gift, like a cup of coffee or a pint of beer. The gifts change every week, so check back often, and make a difference by helping more than 60 nonprofits serving Central Oregon's diverse community needs. [Central Oregon Gives.com](http://CentralOregonGives.com)

[End 12/22] In response to the extreme cold weather, **Shepherd's House Ministries** has opened a daytime warming shelter in Redmond until 5:00 pm, today. The daytime shelter is at Mountain View Fellowship Church on 35th in Redmond. Shepherd's House is providing a safe and warm space for people experiencing homelessness in Redmond today.

[End 12/24] Over the holidays, **Shepherd's House** hands out hundreds of turkeys and hams to needy families and also makes holiday meals for the homeless throughout the month. Supplies for these important items are running very low and Shepherd's House is asking for the community to help. You can drop off Turkeys and Hams at their Division Street location Monday through Saturday, 9 am to 4 pm. The address is 1854 NE Division Street in Bend. Drive to the back of the main building where donations are being accepted.

[End 12/27] For the first time since 2019, Oregon State Parks will host **Whale Watch Week** in person along the Oregon Coast Dec. 28 – Jan. 1. Every year, thousands of Gray whales migrate south through Oregon's waters at the end of December. Trained volunteers will be stationed at most of the 17 sites to help visitors spot whales, share information and answer questions from 10 a.m. to 1 p.m. each day.

[End 12/28] **Whale Watch Week** opens today, despite a blustery Whale Watch eve that brought downed trees, power outages and high water to the Oregon Coast. You'll still want to check state.parks.oregon.gov and search by park before visiting.

[End 12/29] The High Desert Museum has brought back **Winter Nights** every Thursday this month. For those looking for a unique evening out, the Museum will remain open until 7:30 pm with seasonal themes, a chance to see new exhibitions, activities for families and students and reduced admission rates. Go to HighDesertMuseum.org to learn more,

[End 12/30] You can give the gift of the outdoors and save this season with the Oregon State Parks 12-month parking permit sale through December. **Oregon State Parks** is offering \$5 off annual parking permit purchases this month. Learn more at store.oregonstateparks.org.

[End 12/31] The **Tower Theatre Foundation** needs your help to expand its LessonPLAN arts education programming. Your year-end gift will enable the Tower to go into more schools with plans to offer programs to 8,000 students in the 2023-24 school year. Visit towertheatre.org for more information and to support creativity in Central Oregon classrooms.

[End 12/31] The nomination process for the **Bend Chamber's annual Business Excellence Awards** is now open through January 1st. The 2023

Business Excellence Awards event is a celebration of the accomplishments and contributions of the Bend Chamber's member organizations in 2022. Detailed descriptions, criteria, and nomination forms for each award category can be found at BendChamber.org/Excellence.

[End 12/31] Would you like to try a new, exciting career in wildland fire? Whether you want to work outside or in the office, the **Bureau of Land Management** has various seasonal entry-level fire jobs for you to consider. Job announcements are open now! They will continue to open on a rolling basis through December 2022 and applications must be submitted through [USA JOBS.GOV](https://USAJOBS.GOV).

[End 12/31] The Oregon Health Authority (OHA) launched "**Rethink the Drink**," a statewide campaign to build healthier communities by calling attention to the harms caused by excessive alcohol drinking. Rethink the Drink asks people living in Oregon to consider the role of alcohol in their own lives and communities. More info at [rethink the drink.com](https://rethinkthedrink.com)

[End 12/31] **Guided First Day Hikes** led by rangers and volunteers are set for 20 Oregon State Parks on New Year's Day! Bundle up with family and friends and join hikes to learn about park history, geology, wildlife and plants at parks around the state from the high desert to the coast. Hikes are free and the \$5 day-use parking fee is waived that day for all state parks that require a parking permit and are open.

[End 01/10] **Sleep in Heavenly Peace** wants to make sure that every child in Central Oregon has their own bunk bed and mattress. The national organization has provided more than 100,000 beds across the country, including 380 purchased, assembled and delivered to children in Central Oregon in just the last two years. SHP has free beds available and is looking for families who need them. You can apply for a bed for a child, donate, or sign up to volunteer at [shp beds.org](https://shpbeds.org)

[End 01/31] High school students across Oregon are being encouraged to let their video or graphic design skills shine by engaging in a competition held for increasing awareness about workplace safety for young workers. The 2023 media contest, organized by the **Oregon Young Employee Safety Coalition** is now open for submissions. The deadline for submissions is in February. Go to [young employee safety.org/contest](https://youngemployee.safety.org/contest) for more information.

[TFN] The **Council on Aging of Central Oregon** is seeking volunteers interested in helping support seniors. They need Meals on Wheels drivers in Bend and people interested in helping them connect volunteers with isolated tri-county seniors over the phone in their Caring Connections program. Get more information at [Council On Aging.org](http://CouncilOnAging.org)

[TFN] 1 in 8 children in the U.S. live in a household with a parent with a substance abuse disorder. **The Choose Joy Foundation** provides children in Central Oregon with basic needs, and they need your help. To learn more and support their ongoing effort, go to [Choose Joy Foundation.org](http://ChooseJoyFoundation.org).

[TFN] **Heart of Oregon Corps** is looking for 16-24-year-olds that need work, are looking for a place to gain real-life skills or want to get their GED or High School diploma while earning a stipend and meeting amazing friends? Heart of Oregon Corps has 6 programs hiring youth from all over Central Oregon. Visit heartoforegon.org to find out more. Heart of Oregon Corps, Training Tomorrow's Workforce Today.

[TFN] **Every Child Central Oregon** advocates and supports local children and families impacted by foster care; committing to finding safe, nurturing homes where they can flourish during their time in care. To learn more about ECCO, how to become a resource provider, donate, or volunteer, please visit [every child central oregon.org](http://everychildcentraloregon.org)

[TFN] **CASA of Central Oregon** is looking for volunteers to help children in foster care. If you'd like to learn more about becoming a Court Appointed Special Advocate, go to [CASA of Central Orgon.org](http://CASAofCentralOregon.org).

[TFN] If you have a local event or information you'd like to share, tell us about it at **My Central Oregon.com**. My Central Oregon.com, click on events and select submit an event!

[TFN] **What If We Could.com** is a website for you to connect with over 100 local nonprofits with new opportunities every month to volunteer, give with in-kind donations, or participate in a small fundraising project. Get a co-worker or grab a family member to check it out and get involved at [what if we could dot com](http://whatifwecould.com)

[TFN] If you care for someone with Alzheimer's, you are not alone. **The Alzheimer's Association** is here to help. Visit alz.org. Or contact the 24/7 Helpline at 800-272-3900.

[TFN] **Street Dog Hero** serves dogs in need around the world and their communities through rescue, adoption, wellness, spay/neuter, and education. They also offer low-cost and free sterilization, advocacy, education, and outreach that makes lasting positive change in the lives of dogs (and cats) and their humans. To learn more about SDH, to foster or adopt, to volunteer, and to donate, go to streetdoghero.org.