

KTRM—Kirksville—Issues/Programs List

For the Fourth Quarter: October through December 2023

Below is a list of some of the significant issues responded to by KTRM-FM, Kirksville, Missouri, along with the most significant programming treatment of those issues for the period October 1, 2023, to December 31, 2023. This list is by no means exhaustive. The programs are listed in chronological order.

Program: Viewpoints **Date/Time: October 3, 2023 6:00 p.m.** **Length: 23 minutes**

Issues Covered: Mental Health, Mental Illness, Rehabilitation, Public Health, Mental Health Treatment, Arts, Psychology, Communication, Government, Nonprofit Organization, History, Education, Reading Comprehension, Literacy, Parenting, Child Development, Education Policy, Inflation, Personal Finance, Global Economy, Supply Chain Management, Consumerism, Film, TV, Culture, History

Deborah Kasdan's sister, Rachel, had a bright future ahead of her. She was a natural creative, a talented student and loved to travel and meet new people. However, this future dimmed when Rachel was diagnosed with schizophrenia during her mid-twenties. The diagnosis forever impacted both Rachel and the family. She sadly passed away at age 59, but Deborah Kasdan joins us this week to share her sister's story and the wide-ranging toll of mental illness. Host: Gary Price. Producer: Amirah Zaveri. Guest: Deborah Kasdan, writer, author, Roll Back the World: A Sister's Memoir.

In 2006, Filipino immigrant Elizabeth Keathley mistakenly registered to vote while at the Illinois Department of Motor Vehicles. Keathley and her former lawyer, Richard Hanus, join us this week to share the stressful, years-long legal battle that almost led to her being deported back to the Philippines. Host: Marty Peterson. Producer: Amirah Zaveri. Guests: Richard Hanus, immigration attorney, The Law Offices of Richard Hanus; Elizabeth Keathley, immigrant.

Consumers are spending more on Halloween recently. Part of it stems from the holiday becoming more popular and people shelling out more on décor, costumes, treats and activities. However, another factor is that prices are also generally rising. We look at how candy prices have significantly jumped over the last few years. Host: Ebony McMorris. Producer: Amirah Zaveri

We rewind back in time and talk about the power of nostalgia when it comes to the music, movies and shows we prefer. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints **Date/Time: October 10, 2023 6:00 p.m.** **Length: 23 minutes**

Issues Covered: Animal Science, Science, History, Disease, Environment, Education, Psychology, Politics, Government, Free Speech, Freedom, History, Higher Education, Finance, Partisan Issues, Political Organizations, Nonprofits, Presidential Election, Political Fundraising, Poverty, Crime, Global Issues, Government, Politics, Immigration Policy, Immigration Reform, Film, TV, Culture, History

Spiders and bats are some of the most common symbols of Halloween spookiness. We speak with two experts to get the truth behind these traditionally scary creatures and hear why neither of them are nearly as scary as we think. Host: Gary Price. Producer: Amirah Zaveri. Guests: Nancy Troyano, entomologist, director of technical education & training, Rentokil North America; Merlin Tuttle, ecologist, wildlife photographer, conservationist, author of the book, The Secret Lives of Bats: My Adventure with the World's Most Misunderstood Mammals.

Have you seen an advertisement or commercial for the group, FIRE? The acronym stands for the Foundation for Individual Rights and Expression, but even after watching an ad, it can still be confusing to grasp what exactly this organization truly stands for. As the presidential cycle heats up, this kind of messaging is only going to grow more common over the next year, so we wanted to uncover what exactly FIRE stands for and why some people have mixed feelings on the nonpartisan nonprofit. Host: Marty

Peterson. Producer: Grace Galante. Guests: Nico Perrino, executive vice president, FIRE; Steve Macek, professor, communication & media studies, North Central College.

Over the last year, hundreds of thousands of migrants seeking asylum have made their way into the U.S. and have been bussed to sanctuary cities across the country. We cover how this large influx is leading to chaos and mass frustration among residents and leaders. Host: Ebony McMorris. Producer: Amirah Zaveri

Why does it seem like every person on a reality TV show is just trying to become an influencer these days? We talk about what's wrong with reality TV in 2023 and why we're fed up with these stale narratives. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints Date/Time: October 17, 2023 6:00 p.m. Length: 23 minutes

Issues Covered: Public Health, Communication, Technology, Senior Care, Mental Health, Health, Wellbeing, Local Government, Volunteerism, Grief, Marriage, Psychology, Communication, Mental Health, Relationships, Society, Public Health, Parenting, Child Development, Healthcare, Diet, Exercise, Healthy Lifestyle, Film, Culture

Even before the pandemic hit, more than half of U.S. adults responded that they struggle with feelings of loneliness and isolation. Fast forward four years and this problem has only grown worse. Millions of children, teens and adults feel completely disconnected from their neighbors, towns, and local organizations. We talk about what's fueled this decline in recent decades and how listeners can take steps to start forming new connections where they live. Host: Gary Price. Producer: Amirah Zaveri. Guest: Seth D. Kaplan, lecturer, Johns Hopkins University, senior advisor, Institute for Integrated Transitions, author, *Fragile Neighborhoods: Repairing American Society, One Zip Code at a Time*.

Is there a right or wrong way to grieve the loss of someone you love? We speak with two adults who've dealt with the loss of a spouse to get a better sense of the grieving process and what people do & don't need to hear during this difficult time. Host: Marty Peterson. Producer: Grace Galante. Guests: Megan Devine, psychotherapist. Michael Korda, former editor-in-chief, Simon & Schuster, author, *Passing: A Memoir of Love and Death*.

The American Academy of Pediatrics has an updated set of guidelines urging pediatricians to take a more proactive and stringent approach on young patients struggling with obesity. We highlight some of these updated policies and the lasting effects of early childhood obesity. Host: Ebony McMorris. Producer: Amirah Zaveri

We cover some of our favorite scary movies from big blockbusters to lesser-known indie films. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints Date/Time: October 24, 2023 6:00 p.m. Length: 23 minutes

Issues Covered: Personal Finance, Parenting, Childcare, Child Development, Government Assistance, Mental Health, Politics, Annual Holidays, Consumerism, American Traditions, Society, Culture, Entertainment, Psychology, Environment, Natural Disasters, Natural Resource, Indigenous Populations, Climate Change, Ecosystem, Animal Extinction, Extreme Weather, Film, Culture

Americans are struggling to bear the extremely large price tag of early childhood care. In some big cities, parents are paying upwards of \$30,000 per year, per child, for this service. We speak with mother, Christina Kuhn, who lives in Michigan about how high childcare costs are impacting her day-to-day and talk to childcare policy expert, Patricia Cole, about what needs to change to better support families and create an environment that encourages raising healthy children. Host: Gary Price. Producer: Amirah Zaveri. Guests: Patricia Cole, Senior Director of Federal Policy, Zero to Three; Christina Kuhn, mother.

It's the time of year when we transform into a different character through costume, set up scary decorations and maybe check out a haunted house or two. Even though these things can be scary, we enjoy the fun and festivities that Halloween brings us each year. We speak with two guests about why Halloween

has become such a popular global event and why many of us get a kick out of feeling temporarily scared. Host: Marty Peterson. Producer: Evan Rook. Guests: Ben Armstrong, co-owner, Netherworld Haunted House, president, America Haunts; Dr. Janina Scarlet, clinical psychologist.

The Amazon rainforest is in peril. After several decades of deforestation, the massive forest - home to millions of animal and insect species, trees and people - is now facing another critical challenge. Host: Ebony McMorris. Producer: Amirah Zaveri

We cover writer & director Mike Flanagan's newest drop on Netflix, "The Fall of the House of Usher". We also highlight some of our other favorites from this master of miniseries horror. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints **Date/Time: October 31, 2023 6:00 p.m.** **Length: 23 minutes**
Issues Covered: Health, Mental Health, Physical Disorders, Psychology, Science, Medicine, Scientific Research, Space, Astronomy, Astrophysics, Scientific Research, Solar System, Conspiracy Theories, Communication, Government, Public Safety, Personal Finance, Social Media, Investing, Finance, Government Regulation, Cryptocurrency, Film, Culture

The Cleveland Clinic estimates that about 1 in 3 Americans struggle with sleep. The problems are wide-ranging, including trouble falling or staying asleep or just not feeling rested each morning. We speak with sleep expert, Dr. Aric Prather about what the latest research shows us is the best way to improve sleep. In many cases, these recommendations are focused on setting good habits, retraining the brain, and checking off some items that can help aid slumber in the bedroom. Host: Gary Price. Producer: Amirah Zaveri. Guest: Dr. Aric Prather, psychologist, director, Behavioral Sleep Medicine Research Program, University of California, San Francisco.

There seems to be a lot of narratives, conspiracy theories and research funneling into if aliens really do exist. We speak with two experts about how the scientific community approaches this field of study and some of the challenges that come with working within this space. Host: Marty Peterson. Producer: Tabor Brewster. Guests: Paula Bontempi, dean, Graduate School, Oceanography, University of Rhode Island; Nathalie Cabrol, chief scientist, Carl Sagan Center for Research at the SETI Institute.

Last year, Americans lost almost nine billion dollars to scams. This is a 30 percent increase from 2021. We discuss what's one of the fastest growing frauds out there and why thousands of people each day are getting tricked. Host: Ebony McMorris. Producer: Amirah Zaveri

Looking to get into vinyl records? We discuss why vinyl is making a comeback and will never really, in our opinion, go out of style. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints **Date/Time: November 7, 2023 6:00 p.m.** **Length: 23 minutes**
Issues Covered: Auto Industry, Labor Issues, Labor Movement, Wage Inequity, Technology, Manufacturing, Mental Health, Psychology, Health, Sleep Disorders, Lifestyle, Climate, Technology, Immigration Policy, War, Poverty, Global Migration, Public Assistance, Local Politics, Government, Film, Culture

Almost 50,000 American employees - a third of the total workforce between GM, Ford and Stellantis - walked off the job and went on strike for six weeks earlier this fall. This coordinated effort marks the first time that employees walked out on all three companies at once. We discuss why this massive strike was a long-time coming and how this recent walk-off is a sign of an ever-growing labor activism movement in the U.S. Host: Gary Price. Producer: Grace Galante & Amirah Zaveri. Guests: Lane Windham, labor historian, Georgetown University; Kate Bronfenbrenner, senior lecturer, director, Labor Education Research, Cornell University.

Experts estimate that about 10 million Americans deal with seasonal affective disorder, or SAD, each year. Interestingly, women are four times more likely to be diagnosed than men. And this number is also

thought to be higher than reported since many adults go undiagnosed. We cover just how much SAD (and lesser variations like the winter blues) can affect your life during the colder, gloomier winter months and how some easy lifestyle changes can help ease symptoms each year. Host: Marty Peterson. Producer: Amirah Zaveri. Guests: Carrie Ditzel, clinical psychologist, Baker Street Behavioral Health

Chicago has received more than 20,000 migrants over the last 14 months. And it's not alone. New York City, Washington D.C, Los Angeles and other areas are all dealing with an influx of several thousands of migrants from Central America. As temperatures drop and winter sets in, tensions are beginning to boil over as this crisis reaches new heights. Host: Ebony McMorris. Producer: Amirah Zaveri

At 80 years of age, Martin Scorsese - one of the greatest film directors of his generation - is back with another blockbuster release with an all-star cast. We discuss why "Killers of the Flower Moon" is a definite must-watch this year. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints **Date/Time: November 14, 2023 6:00 p.m.** **Length: 23 minutes**

Issues Covered: Exercise, Community, Recreation, Entertainment, Mental Health, Public Safety, Health, Relationships, History, Archaeology, Religion, Culture, Language, Communication, Ancient Civilizations, Digital Currency, Investing, Personal Finance, Criminal Justice, Government, Film, Culture

Running clubs have exploded in recent years thanks to the pandemic. And there's a different running club for everyone. You don't have to be fast or extremely athletic to take part these days. We speak with two members of different running clubs about the benefits of being in this kind of group and how listeners can easily get involved. Host: Gary Price. Producer: Polly Hansen. Guests: Beth McHugh, runner, member, 261 New England Run Club; Billy Heatherly, runner, member, Fleet Feet Club, Asheville, North Carolina.

It's an intriguing slab of rock, but why was finding and decoding the Rosetta Stone so important to scholars? In short, it's the key to unlocking the unique Egyptian language of illustrated text referred to as hieroglyphs. We speak with Edward Dolnick, author of *The Writing of the Gods: The Race to Decode the Rosetta Stone*, about the monumental impact of this discovery. Host: Marty Peterson. Producer: Polly Hansen. Guest: Edward Dolnick, writer, author, *The Writing of the Gods: The Race to Decode the Rosetta Stone*.

We cover the recent conviction of FTX founder & former CEO, Sam Bankman-Fried. Will people build up trust in cryptocurrency again? Host: Ebony McMorris. Producer: Amirah Zaveri

We cover the successful career of filmmaker, David Fincher and his newest movie, "The Killer". Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints **Date/Time: November 28, 2023 6:00 p.m.** **Length: 23 minutes**

Issues Covered: Literature, Publishing, Reading, Career, Creative Arts, Writing, Technology, Diversity, Health, Chronic Disease, Research, Medicine, Contraception, Family Planning, Science, News, Journalism, Politics, Communication, Technology, Social Media, Media, Mass Media, Film, Culture, Technology

Last year, revenue in publishing exceeded 28 billion dollars. But - the reality is that just a handful of giant publishers hold much of the power in this sector. We cover how publishing has changed over the last 50 years and how this affects what books you see and read. Host: Gary Price. Producer: Amirah Zaveri. Guest: Dan Sinykin, assistant professor, English, Emory University, author, *Big Fiction: How Conglomeration Changed the Publishing Industry and American Literature*.

Of the 24 million Americans with autoimmune diseases, about 80 percent are women. A 2020 paper in the *American Journal of Nursing* estimates that nearly 90 percent of women ages use contraception – which may worsen a preexisting disease. Our experts breakdown this research and why more research is needed in this case. Host: Marty Peterson. Producer: Reed Pence. Guests: Dr. Lisa Sammaritano, Professor of Clinical Medicine, Weill Cornell Medical College; Dr. Kristen Demoruelle, Rheumatologist, Associate Professor of Medicine, University of Colorado School of Medicine; Kristy Griffin, patient

We cover how this app is quickly becoming a dominant platform for news sharing amidst an evolving media landscape. Host: Ebony McMorris. Producer: Amirah Zaveri

We discuss the latest drop from “The Beatles” that was finally produced and released thanks to new technology powered by artificial intelligence. Host: Evan Rook. Producer: Evan Rook

Program: Viewpointe Date/Time: December 5, 2023 6:00 p.m. Length: 23 minutes

Issues Covered: African American History, American History, Aviation, Career, Innovation, Racial Discrimination, Psychology, Self-Development, Communication, Mental Health, Self-Fulfillment, Relationships, Incarceration, Inmate Rehabilitation, Health, Nutrition, Government, Diet, Inequality, Social Media Trends, Film, Video, Technology

Most Americans are well acquainted with the story of Amelia Earhart, but few have heard the story of Bessie Coleman - a courageous African American female pilot - who received her pilot’s license two years before Earhart took to the skies. This week - we cover the story of Coleman and the many barriers she faced as an African American woman in the early 1900’s determined to make a name for herself as a pioneer in performance stunt flying. Host: Gary Price. Producer: Amirah Zaveri. Guest: Tanya Hart, Flying Free Films, host & producer, Hollywood Live with Tanya Hart.

People will soon be celebrating the start of 2024, and many will be resolving to change something in their lives – the ubiquitous “New Year’s Resolution.” Maybe you’ve set a resolution to think more positively next year or gain a greater balance between work and life. We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead. Host: Marty Peterson. Producer: Pat Reuter. Guest: M.J. Ryan, expert, change & human fulfillment, author, *Habit Changers: 81 Game Changing Mantras to Mindfully Realize Your Goals*.

So much focus has been placed recently on the importance of rehabilitation while incarcerated. Yet, the meals in served to inmates are often rotten, lacking in nutrients and not enough to sustain them throughout the day. Why aren’t U.S. prison systems - which receive billions of dollars in public funding each year - doing better? Host: Ebony McMorris. Producer: Amirah Zaveri

We cover how this force in streaming maintains its dominance and what’s in the store for the future. Host: Evan Rook. Producer: Evan Rook

Program: Viewpoints Date/Time: December 27, 2023 11:30 a.m. Length: 23 minutes

Issues Covered: Mass Extinction, Climate Change, History, Paleontology, Science, Animal Sciences, Research; Grief, Loss, Psychology, Mental Health, Parenting, Relationships, Child Development, Literature; Global Culture, Customs, Traditions, History, Religion, Psychology, Entertainment; Music, Culture.

There’s something special about dinosaurs. These majestic creatures walked the Earth for more than 165 million years. Compare this to the span of humans who’ve only been around for five to seven million years so far. There’s no doubt that dinosaurs left their mark. Some scientists even wonder – would they still be around today if the asteroid never collided with Earth? We answer this question and more this week on Viewpoints. Host: Gary Price. Producer: Amirah Zaveri. Guest: Michael Benton, professor, vertebrate paleontology, University of Bristol – England

One in twelve children will lose a parent or sibling by the time they reach age 18. Experiencing grief of this kind is unbearable at any age, but in children it can present differently and may require more of a tailored approach. We speak with child therapist Natasha Daniels to get a better understanding of this emotion and how there can be different variations of grief depending on the severity of the life event. Host: Marty Peterson. Producer: Amirah Zaveri. Guest: Natasha Daniels, child therapist, author, *The Grief Rock: A Book to Understand Grief and Love*.

How do people across the world celebrate New Year's Eve and New Year's Day? We cover some interesting customs and traditions in other countries. Host: Ebony McMorris. Producer: Amirah Zaveri

We dive into Andre 3000's latest album release titled, "New Blue Sun". Host: Evan Rook. Producer: Evan Rook