### WMOV Norfolk, VA

Quarterly Issues/Programs List First Quarter, 2023

### VOMW

Quarterly Issues/Programs List

WMOV provides its listeners with programming and public service announcements that address issues of concern to our local community. Among the issues determined to be of most concern to the community during the preceding calendar quarter were: : Veteran Affairs, Suicide Awareness, Public Health, Childhood Obesity, Health & Wellness, Addiction & Recovery, Inspiration & Careers, Healthy Eating, Health & Education, Mental Health Care, Education in underserved communities, Women's Day, Finances

# Section I LOCAL PROGRAMMING

Section I lists regularly-scheduled and special programs that represent the station's issue-responsive programming providing the most significant treatment of the issues listed above for the calendar quarter.

ISSUE	PROGRAM / TITLE	DESCRIPTION	GUEST	DATE/TIME	DURATION
Veteran∳s Affairs, Suicide Aw	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	Jim Lorraine President & CEO of America's Warrior Partnership - Jim Lorraine joins the show to discuss some of the top issues facing veterans across the country, along with the work AWP is doing to assist those veterans. Dr. David Rudd Director of the Rudd Institute for Veteran & Military Suicide Prevention - Dr. Rudd checks in to discuss mental health around the holidays, the prevalence of suicide among veterans, and strategies to address the country's suicide epidemic. Tatum Hunter Technology Writer for the Washington Post - Tatum Hunter breaks down some bad habit breaking and sobriety apps for those looking to make changes in the new year, data privacy dos and don'ts, and new scams to be aware of	J. Lorraine, Dr. D. Rudd, T.	01/01/2023 06:00 AM	029:49

Public Health	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	Dr. Comilla Sasson Practicing Emergency Medicine Physician in Denver and Vice President for Science & Innovation for Emergency Cardiovascular Care at the American Heart Association - Dr. Sasson discusses the cardiac event involving Buffalo Bills Safety Damar Hamlin, including steps everyone can take in an emergency situation like that to help save a life, and warning signs and symptoms associated with cardiac arrest, heart attacks, and strokes	SASSON	01/08/2023 05:59 AM	029:50
CHILDHOOD OBESITY, HEALTH	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	• Dr. Raquel Hernandez Medical Director for the Johns Hopkins All Children's Healthy Weight Initiative - Dr. Hernandez breaks down new guidelines released by the American Academy of Pediatrics for addressing childhood obesity, including changes to treatment recommendations and tips for parents to make sure their children get off to a healthy start in 2023.	HERNANDEZ	01/15/2023 05:59 AM	029:49
Health and Wellness, Supporti	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	• Dr. Baia Lasky, Medical Director for the American Red Cross - For National Blood Donor Month, Dr. Lasky explains	Dr. B. Lasky, A. O�Connor, B.	01/22/2023 06:01 AM	029:49

			the work the			
			American Red			
			Cross does			
			involving blood			
			donations across			
			the country,			
			along with			
			important			
			information on			
			who can donate			
			and how blood			
			donations are			
			utilized.			
			Anahad O'Connor			
		•				
			Washington Post			
			Eating Lab			
			Columnist -			
			Anahad explains			
			the health			
			benefits of Dry			
			January, how a			
			simple change in			
			diet can lead to			
			tremendous health			
			results, and new			
			data behind when			
			we eat and how it			
			impacts our			
			body.			
		•	Bill Alexander			
			Executive			
			Director of the			
			National Law			
			Enforcement			
			Memorial - Bill			
			provides info on			
			=			
			how NLEM supports			
			law enforcement			
			nationwide, along			
			with their			
			families. Bill			
			also runs through			
			recent trends in			
			members of law			
			enforcement being			
			killed in the			
			line of duty and			
			ways to help			
			prevent that			
			moving forward.			
Public			CAN HEART			
Health,	LOCAL PUBLIC	ASSOC	IATION	Dr. R.O	00/05/0000	
American	AFFAIRS SHOW			Valdez.,	02/05/2023	029:49
Heart	1/29/23		Valdez, Director		05:59 AM	
Association			of the Agency for			
	<u> </u>	<u> </u>	or one agency for	<u> </u>		

		Healthcare Research & Quality - Dr. Valdez explains the work AHRQ does, including its role in the national response to the COVID-19 pandemic and the battle against Long COVID. Plus, Dr. Valdez explains how the agency addresses issues of patient safety.  Case Kenny, Mindfulness Expert and Host & Founder of the Self-Help Podcast New Mindset, Who Dis - Case Kenny offers strategies and tips for prioritizing mental and physical health in the new year, including ways to work yourself out of difficult times and achieve goals set for			
Public Health, Addition and Recovery	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	• Alison Barkoff, Acting Administrator and Assistant Secretary for Aging and Principal Deputy Administrator at the Administration for Community Living. Alison Barkoff explains the role of ACL in assisting older adults and those with disabilities, along with the	A. Barkoff, B. Hooks	02/12/2023 06:01 AM	029:49

Inspiration & Careers,		importance of COVID-19 vaccines for those specific groups of individuals.  Brian Hooks, Chairman & CEO of Stand Together. Brian Hooks discusses the work Stand Together does as a philanthropic community tackling the root causes of America's biggest problems. Brian also highlights the 1 Million Strong campaign, an initiative that seeks to transform the way people think about addiction and recovery.			
& Careers, Healthy Eating, Health & Education	IHEARTRADIO COMMUNITIES: PUBLIC AFFAIRS SPECIAL	THEATTHY HATTHE HEATTH I	Dr. A. Fisher, M. Bagby, D. A	02/19/2023 05:57 AM	029:49
		• Marvin B. Figueroa, Director of the Office of Intergovernmental and External Affairs (IEA) at HHS. Director Figueroa discusses HHS' efforts to reach Black Americans, specifically as its related to COVID-19, and the numerous other priorities that department is currently working on, such as mental health	M. Figueroa, Dr. T. Price	02/26/2023 05:59 AM	029:49

		care and overall health equity.  • Dr. Theresa Price, Founder & CEO of the National College Resources Foundation. Dr. Price discusses her organization's mission to reduce the high school dropout rate, increase degree and certificate enrollment among disadvantaged and underserved communities, and close the gap in educational achievement.			
Public Health, Heart Health, Mental Health	9007792 iHeartRadio Communities: Public Affairs Special	• Dr. Barbara Kevish, Associate VP at UPMC Health Plan & Practicing Primary Care Physician. Dr. Kevish discusses Heart Health Month and steps everyone can take to limit the risk of cardiovascular disease. Dr. Kevish also explains some of the most common cardiovascular issues, like heart attacks and strokes.  • Dr. Amy Green, Head of Research at Hopelab. Dr. Green breaks down a recent CDC report on youth mental health that found an alarming number of girls across the country are experiencing	Dr. B. Kevish, Dr. A. Green	03/05/2023 05:57 AM	029:49

		feelings of sadness and hopelessness. Dr. Green steps through the data and some of the potential underlying reasons for the results.			
Mental Health, Childhood Mental Health, Veteran Affairs	9007792 iHeartRadio Communities: Public Affairs Special	• Dr. Alfiee Breland-Noble, an internationally recognized psychologist, author, and founder of The AAKOMA Project. Dr. Noble discusses the Ad Council's Sound It Out Together campaign, focusing on providing resources for parents and caregivers to talk with their kids about mental health and issues they may be experiencing that are impacting their health and well-being. Dr. Noble also provides insight into the latest data on youth mental health, including an alarming new study done by the CDC. • Jim Lorraine, President & CEO of America's Warrior Partnership. Jim Lorraine discusses the issue of veteran suicide,	Dr. A. Breland- Noble, J. Lorraine	03/12/2023 06:00 AM	029:49

		including the latest strategies available to help stop veterans from reaching that crisis point. In light of National Caregivers Day, Jim Lorraine also explains the crucial role caregivers play in caring for our veterans.			
Women's Day, Public Health	9007792 iHeartRadio Communities: Public Affairs Special	• Christine Guilfoyle, President of See Her. Christine Guilfoyle joins the show to discuss Women's History Month, International Women's Day, and the See Her mission to increase the representation and accurate portrayal of all women and girls in marketing, media, and entertainment.  Jessica Malaty Rivera, Infectious Disease Epidemiologist and Research Assistant at the Johns Hopkins University School of Public Health & Center for Health Security. Jessica Malaty Rivera discusses how scientists study and research emerging viral threats, what we've learned from the COVID- 19 pandemic, and what the latest data tells us about the safety and efficacy of the COVID vaccines	C. Guilfoyle, J. Rivera	03/19/2023 06:00 AM	029:50

Finances	9007792 iHeartRadio Communities: Public Affairs Special	• Sultan Meghji, Former Chief Innovation Officer at the Federal Deposit Insurance Corporation & Duke University Professor - Sultan Meghji breaks down the U.S. banking and financial systems following the recent collapse of Silicon Valley Bank, including the role of the Federal Reserve and the FDIC.		03/26/2023 05:58 AM	029:49
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# Section II NETWORK (and/or SYNDICATED) PROGRAMMING

Section II lists the network-provided (and/or syndicated) programming that the station broadcast during the preceding calendar quarter that addresses community issues.

ISSUE	PROGRAM /	TITLE	DESCRIPTION	DATE/TIME	DURATION
(Insert	network and/or	syndicator	-provided programs	lists here.)	

# Section III PUBLIC SERVICE ANNOUNCEMENTS

Section III lists public service announcements that the station broadcast during the preceding calendar quarter that address community issues.

ISSUE	ORGANIZATION OR TITLE	DURATION	RUNS
(This station question.)	aired no public service announcements	during the quarter	r in