4th Quarter 2013 Heart Association Description Addendum

- 10/05/2013 Go Red For Women w/ Niecy Nash
- 10/12/2013- New nationwide Hands-Only CPR Campaign seeks to raise awareness of Hands-Only CPR
- 10/19/2013 My Heart. My Life. w/ Mariah Carey
- 11/16/2013 The Better Fats Sisters "Dinner"