

WODC-HD3 Radio

Issues/Programs

3RD QUARTER/2020

Quarterly Issues Program List

WODC-HD3

Third Quarter 2020 (1 July to 30 September)

The following is a listing of some of the significant issues responded to WODC-HD3, ASHVILLE, OH, along with the most significant programming treatment of those issues for the period of 1 July to 30 September. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific.

1. VETERANS
2. FAMILY ISSUES
3. MENTAL HEALTH
4. FOOD INSECURITY
5. EDUCATION
6. HOMELESSNESS
7. ADDICTION
8. HEALTHCARE

Issue	Program	Date	Time	Duration	Description of Program
Childhood Issues	Closer Look	7/5/20	7:00pm	29min	<p>4,000 Babies Safely Dropped Off With 'Safe Haven' Laws 20-yrs ago the first Safe Haven laws passed allowing a woman who cannot care for her baby to walk away. Anonymously. Laws vary state-to-state but hospitals are approved surrender locations everywhere. Air1's Monika Kelly talks with Exec Dir. of The Hope Box, Sarah Keoppen and Heather Burner, Exec Dir of the National Safe Haven Alliance. Call to Safely Surrender a Child: HOTLINE 1-888-510-BABY(2229) or Text SAFEHAVEN to 313131 Related Links: National Safe Haven Alliance HOTLINE 1-888-510-BABY(2229) or Text SAFEHAVEN to 313131 The Hope Box (official) "Healthy newborn safely surrendered in New Haven Safe Haven Baby Box," The IndyChannel (Feb 2020) "Senate panel agrees adding time to safe haven for babies a good step," KSL.com (Feb 2020) "Safely Surrendered Baby Makes Guest Appearance at Baby Box Dedication" (RTV6 Indianapolis)</p>
Food Insecurity	Closer Look	7/12/20	7:00pm	16min	<p>Backyard Gardeners Can Donate Veggies Through Ampleharvest.org Stay-at-home orders in Spring 2020 gave millions of new green thumbs a chance to grow. What can Americans do with all those extra cucumbers and tomatoes? Take them to a participating food pantry! Air1's Marya Morgan talks with Ampleharvest.org founder and lifelong backyard gardener Gary Oppenheimer. Related Links: Ampleharvest.org (official) - Find a Pantry Near You</p>
Addiction	Closer Look	7/12/20	7:16pm	15min	<p>Celebrate Recovery Continues to Meet Despite COVID-19 Stay-at-home orders required the Christ-centered 12-step program to adopt virtual alternatives to traditional face-to-face meetings. Air1's Frank Hammond asks Christe Dejourie, South Carolina Celebrate Recovery state rep about online groups, anonymity, and confidentiality rules for Zoom meetings and plans to go forward with the annual Celebrate Recovery conference in July. Related Links: Celebrate Recovery (official)</p>

Healthcare – Pandemic	Closer Look	7/19/20	7:00pm	22min	<p>Dr. Mimi Secor Prescribes P.A.N.D.E.M.I.C. Weight-Loss and Self-Care</p> <p>Dr. Mimi Secor didn't get truly serious about her own weight-management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic."</p> <p>Air1's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.' P.lanning/Preparing, A.ccountability, N.ighttime, D.iet, E.xercise, M.indset, I.nspiration/Intimacy, C.ontrol</p> <p>RELATED LINKS: HealthConfidenceSuccess.com</p>
Healthcare	Closer Look	7/19/20	7:22pm	8min	<p>Symptoms Special for Women Having Heart Attack</p> <p>Air1's Peter Kaye gets the story of heart attack survivor Edie Weinstine and talks with cardiologist Dr. Mara Caroline about women and heart health.</p> <p>Related Links: American Heart Association - Go Red for Women</p>
Veterans	Closer Look	7/26/20	7:00pm	12min	<p>Vets Housed in Tiny Homes, Get Help for PTSD</p> <p>Veterans Community Project in Kansas City supplies jobs and mental health resources regardless of discharge status. Men and women live in 'barracks-style' homes specifically designed for vets suffering PTSD. Air1's Joel Reagan asks co-founder and disabled vet Brandonn Mixon how VCP successfully rehabilitates America's forgotten soldiers.</p> <p>RELATED LINKS: Veterans Community Project (website) Veterans Community Project (Facebook)</p>
Veterans	Closer Look	7/26/20	7:13pm	16min	<p>'Troops to Teachers' Gives Vets New Mission</p> <p>With the motto 'proud to serve again' veterans can choose to transition from military life to active duty as schoolteachers. Air1's Billie Branham finds out how from new teachers Betsy Vane, RN and Dr. Christopher Perrin.</p> <p>RELATED LINKS: Troops to Teachers - Proud to Serve Again</p>
Family Issues	Closer Look	8/2/20	7:00pm	30min	<p>Better Dads Have A Plan</p> <p>"We know in business; we know in work that you have goals you have you have to meet: well what's your fathering plan?" Air1's Bob Dittman talks with Dr. Ken Canfield of the National Center for Fathering about learning how to be good dad. "We're creating this sense of destiny for our lives that will be played out over and over."</p> <p>Related Links: National Center for Fathering Dr. Ken Canfield (bio)</p>

Domestic Abuse	Closer Look	8/9/20	7:00pm	29min	<p>Quarantine Drives Spike in Domestic Abuse</p> <p>Physical bruises are only small part of what some women and men suffer, says Annette Oltmans of The MEND Project, which brings awareness to what she calls ‘covert emotional abuse.’ “Victims begin questioning reality and their own sanity,” she explains, herself a survivor of domestic abuse – and a Christian – who knows firsthand what’s it like to ‘live it.’ Pastor Paul Cole, president of the Christian Men’s Network, has been deeply concerned by the quarantine effect on families already stuffed in a pressure cooker of unhealthy reactions. “A lot of times, we as men act out of anger, rage, disappointment – and we lash out at people,” he says, and urges men in this trap to reach out for help. Air1’s Billie Branham reports.</p> <p>RELATED LINKS: The National Domestic Abuse Hotline 1-800-799-7233 https://www.thehotline.org/ The MEND Project - Educate. Equip. Restore Christian Men's Network Advice for Men: New Surge of Domestic Violence and How to Stop it – by Pastor Paul Cole YOU ARE NOT ALONE. If your partner physically or emotional abuses you -- or you don’t know how to stop hurting your family... Call the CLOSER LOOK PASTORS (844) 364 4673 (HOPE).</p>
Healthcare	Closer Look	8/16/20	7:00pm	28min	<p>‘Rest’ Is More Than Sleep – What Kind of Tired Are You?</p> <p>Rest is the root of the word ‘restoration’ – and restoration is a principle that medical internist Dr. Sandra Dalton-Smith sees as crucial to seven distinct areas of your life. “Rest isn’t just the cessation of activity,” she says, suggesting that for optimal health “you have to get to the point of knowing what restores you. What fills you back up?”</p> <p>7 types of Rest: Physical, Mental, Emotional, Spiritual, Social, Sensory and Creative.</p> <p>Related Links: Dr. Sandra Dalton-Smith - REST QUIZ - What Kind of Rest Do You Need?</p>
Mental Health	Closer Look	8/23/20	7:00pm	14min	<p>Build ‘Emotional Resilience’ To Cope with Disasters</p> <p>Trauma can settle into your mind and affect your conscious or subconscious no matter who you are -- or how strong you think you ‘should’ be. Air1’s Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms.</p> <p>Related Links: Humanitarian Disaster Institute - Wheaton College, IL Reopening the Church (HDI) Spiritual First Aid Hub (HDI)</p>

Mental Health	Closer Look	8/23/20	7:15pm	15min	<p>It Doesn't Have to End This Way: Suicide Prevention</p> <p>If someone decides to end their own life, you may never fully understand why. "But you can imagine how much psychological pain that person had to be in," says Pat Gallinaugh of Range Suicide Prevention Council. But it doesn't have to end that way. Suicide can be prevented. Talking is where it starts.</p> <p>"Say, 'yeah we see you're hurting, you're in a lot of pain' -- and let them know that help is available."</p> <p>Hear Air1's Becky Hansen talk with Gallinaugh about suicide warning signs, help and hope.</p> <p>CALL THE NAT'L SUICIDE HOTLINE 1-800-273 TALK (8255)</p> <p>Sometimes no matter how hard you try it's all just 'too much'. And that's okay. If you or someone you know is thinking of suicide call the national hotline. TALK. You are loved.</p> <p>Or call the AIR1 PASTORS: 1-844-364-HOPE (4673).</p>
Government	Closer Look	8/30/20	7:00pm	29min	<p>Count Everyone! Everyone Counts! (My2020Census.gov)</p> <p>My2020Census time! Every 10 years, every person on U.S. soil is required to be counted, by order of the Constitution. For households that don't respond as required, a census taker will knock on their door. No area is too remote. No outskirts too far. "Census takers are in rural parts of Alaska on snowmobiles," Cook says, and for coastal fringes, "census takers will kayak to communities that are not connected to roads." Air1's Marya Morgan talks with Michael Cook of the U.S. Census Bureau about how the numbers are used and Rev. Dr. Marlyn Bussey, pastor of St. James AME Zion Church about why she thinks faith leaders should actively encourage people to participate.</p> <p>RELATED LINKS:</p> <p>U.S. Census - self-reporting -10 Questions</p> <p>Explore the U.S. Census Form before you answer: what do they want to know?</p>
Healthcare	Closer Look	9/6/20	7:00pm	22min	<p>Dr. Mimi Secor Prescribes P.A.N.D.E.M.I.C. Weight-Loss And Self-Care</p> <p>Dr. Mimi Secor didn't get truly serious about her own weight-management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic."</p> <p>Air1's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.'</p> <p>P.lanning/Preparing, A.ccountibility, N.ighttime, D.iet, E.xercise, M.indset, I.nspiration/Intimacy, C.oritsol</p> <p>RELATED LINKS:</p> <p>HealthConfidenceSuccess.com</p>

Childhood Safety	Closer Look	9/13/20	7:00pm	29min	<p>4,000 Babies Safely Dropped Off With 'Safe Haven' Laws 20-yrns ago the first Safe Haven laws passed allowing a woman to walk away from her baby. Anonymously. Laws vary state-to-state but hospitals are always approved surrender locations. Air1's Monika Kelly talks with exec dir. of The Hope Box, Sarah Keoppen and Heather Burner, Exec Dir of the National Safe Haven Alliance. They usually find these parents scared and desperate to secure a better life for their child. Call to Safely Surrender a Child: HOTLINE 1-888-510-BABY(2229) or Text SAFEHAVEN to 313131</p> <p>RELATED LINKS: National Safe Haven Alliance HOTLINE 1-888-510-BABY(2229) or Text SAFEHAVEN to 313131 The Hope Box (official) "Healthy newborn safely surrendered in New Haven Safe Haven Baby Box," The IndyChannel (Feb 2020) "Senate panel agrees adding time to safe haven for babies a good step," KSL.com (Feb 2020) "Safely Surrendered Baby Makes Guest Appearance at Baby Box Dedication" (RTV6 Indianapolis)</p>
Government	Closer Look	9/20/20	7:00pm	18min	<p>Register to Vote for Election 2020: It's Not Too Late! On Tuesday November 3rd, U.S. citizens will exercise their constitutional right to choose their own national, state and local leaders -- by vote. Will you be one of them? Air1's Marya Morgan talks with Andrea Hailey of VOTE.ORG about helping you register in time to cast your ballot for Election 2020.</p>
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