

Linda Gordon Howard, attorney, author of *"The Sexual Harassment Handbook"*

Ms. Howard talked about progress in the battle against sexual harassment. She discussed how sexually inappropriate behavior in the workplace has evolved since attention was first focused on it. She believes many situations involving sexual harassment can be prevented or resolved if victims recognize what's happening and know what to do.

Issues covered:
Sexual Harassment
Workplace Matters
Women's Issues

Length: 5:13

Show # 2017-35

Date aired: 8-27 **Time Aired:** 6:30

Tim Stockwell, Ph.D., Director of the Center for Addictions Research at the University of Victoria, British Columbia

Many people believe that having a glass of wine with dinner -- or moderately drinking any kind of alcohol -- will protect them from heart disease. However, Dr. Stockwell has conducted a series of studies that he believes cast doubt on that thinking. He outlined several issues that many researchers fail to factor into their studies.

Issues covered:
Personal Health
Substance Abuse

Length: 8:04

Justin Knoll, sociology doctoral student at the University of Arizona

With incivility in American public and political discourse increasingly in the spotlight, Mr. Knoll conducted a study that found that people's tolerance to incivility impacts the degree to which they participate in politics, especially online. He noted that people who most engage in online political discussions are five times more likely to vote.

Issues covered:
Civic Participation
Voting

Length: 9:07

Ken Blanchard, management expert and co-author of more than 60 books, including *"The One Minute Manager"* and *"One Minute Mentoring: How to Find and Work With a Mentor--And Why You'll Benefit from Being One"*

Mr. Blanchard explained why it is more critical than ever to seek out a mentor for career advancement. He said older workers can also benefit from seeking out a younger mentor for help with technology. He also talked about the positive aspects of mentoring to both parties. He also offered advice on how to locate a mentor.

Issues covered:
Career
Senior Citizens

Length: 5:04