

COMMUNITY ISSUES PROGRAM LIST- KARU  
Fourth Quarter 2023 (October-December)  
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The following is a listing of some of the significant issues responded to by KARU, CACHE, OK for the period of October 1<sup>st</sup>-December 31<sup>st</sup>. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

1. Addiction
2. Special needs
3. Health
4. PTSD
5. Foster Care
6. Convoy of Hope

<b>Issue</b>	<b>Program</b>	<b>Date</b>	<b>Time</b>	<b>Duration</b>	<b>Description of Program</b>
Addiction	Closer Look	10/22/2023	7:00pm	12:55	<p><b>Closer Look: Gambling, Suicide Risk and Addiction Recovery</b>            Gambling addiction is a leading cause of suicide in the United States. The thrill of the bet buries vulnerable gamblers deep in debts matched only by their secret shame. But stats prove you can win recovery, as 2 outta 3 people who seek treatment are able to stop. Rafael Sierra talks with Derek Longmeier of Problem Gambling Network of Ohio and Keith Whyte of the National Council on Problem Gambling. Need to talk? Call the National Problem Gambling Helpline: (800) 522-4700.  <a href="https://www.klove.com/news/closer-look/dollars-and-sense/closer-look-gambling-suicide-risk-and-addiction-recovery-3518">https://www.klove.com/news/closer-look/dollars-and-sense/closer-look-gambling-suicide-risk-and-addiction-recovery-3518</a></p>
Vets	Closer Look	10/29/2023	7:00pm	17:41	<p><b>Closer Look: Disabled Vets Skydive, Drive Racecars with Ranger Road</b>            No arms? No legs? No problem! “Whether you’re an amputee, double amputee, triple amputee, you’re paralyzed, our <a href="#">skydiving</a>, <a href="#">our scuba</a>, <a href="#">our car races -- they are all adaptive capable.</a>” In fact, the leaders and trainers at RR events are themselves disabled vets. “Our skydiving program manager, he’s an 82nd airborne guy, double amputee.” Participation in these events can bring a soldier camaraderie and a renewed sense of purpose towards mental health and healing. Kindra Ponzio reports.</p>

Obesity	Closer Look	11/5/2023	7:00pm	14:46	<p><b>Closer Look: Tackle Childhood Obesity At Home, Church And School</b></p> <p>Millions of American kids suffer words like chubby or chunky – or fat – to describe their young bodies. The COVID-19 lockdowns only worsened already alarming levels of childhood obesity, as the CDC found the BMI (body mass index) in children ages 2-19 years old increase <a href="#">nearly doubled during the pandemic</a>. Excess weight weakens growing muscles and joints and can lead to juvenile diabetes or even trigger life-threatening asthma “Prevention is what we really want, right?” says Geri Henchy, Director of Nutrition Policy at the Food Research and Action Center (<a href="#">FRAC</a>). “We want kids to be in environments that are not obesogenic; where they’re gonna get healthy meals, where there isn’t a lot of junk food, where they have activities -- that’s really gonna make a difference for kids.”</p>
PTSD	Closer Look	11/12/2023	7:00pm	15:12	<p><b>Closer Look: Fishing For Combat Vets, Outdoor Adventures Rebuild Trust</b></p> <p>Fishing poles and fresh air can do a heart good, especially if that heart saw war.</p> <p><a href="#">Heroes on the Water</a> takes soldiers up a creek with paddles or pedals. “Kayak fishing really helps veterans who are struggling with PTSD,” notes Zack Clift. H.O.W. surveys show 88% of participants say the free expedition gave them confidence to develop new relationships and a whopping 98% say it helped them relax. Kindra Ponzio reports.</p> <p><a href="#">WildOps</a> invites combat vets on free epic outdoor adventures to the mountains or the wilderness. “We seek the isolated veteran – a big chunk of them that don’t wanna be found,” says founder Jeff Morris. “We work hard to give them the experience if a lifetime -- and they come to life out in the wild.” Monika Kelly reports.</p>

Foster Care	Closer Look	11/5/2023	7:00pm	14:05	<p><b>Closer Look: Teens Aged-Out Of Foster Care Get Help From ‘Dream Makers’</b></p> <p>Without family and often lacking lifeskills, former foster kids become homeless adults by the thousands, turning to drugs and crime on the streets just to survive. “Every statistic you hear that is going bad in the United States, a lot of them link back to the foster care system and those kids just not being taken care of.” Dream Makers steps in to link aged-out foster kids with practical assistance by connecting them with the generosity of strangers. “It totally up to the community to fulfill the dream.” The young adult with a need fills out an application to ask for things that teens with families could easily get from a mom or dad: like money for work clothes, or a laptop for school, or maybe a used car – but Melton says the most common dream request from these youth by far is – food.</p>
Convoy of Hope	Closer Look	11/19/2023	7:00pm	15:36	<p><b>Convoy Of Hope Brings Relief To Maui, Middle East: 2023 Update</b></p> <p>Good news from the <a href="#">Maui Visitor and Convention Bureau</a>: they’re re-open for tourists! Hawaiians are eager to say ‘aloha’ to mainlanders says Leanne Pletcher, Dir of PR and Marketing, as the island economy depends heavily on tourism. Though the historic town of Lahaina remains closed, she invites newlyweds, adventure hikers, families and surfers to enjoy a sunset from one of Maui’s other white sandy beaches.</p> <p>Convoy of Hope arrived in Lahaina, West Maui with emergency supplies days after the fire, trading their trademark big rigs for big boats. The Christ-centered ministry also remains involved in dozens of disasters and war zones in the U.S. and worldwide. “We are on the ground working in the Middle East,” confirms Convoy spokesman Ethan Forhertz, and though he ‘can’t say much’ in order to protect the safety of local partners, he says more than 40,000 pounds of food was recently delivered by cargo plane to Israel and Gaza.</p>

Marie Detty Youth & Family Services	PSA	October 30- November 12, 2023	15 seconds	112 spots, 8 times each day	Marie Detty Youth and Family Services in Lawton is available when you need them. They offer counseling, support for those experiencing domestic violence, resources for children and teens and more. Go to “Marie dash Detty dot org.”
988 Mental Health Lifeline (Oklahoma)	Local News	12/17/2023	7:30pm	n/a	Joel Reagan speaks with Heath Hayes, Deputy Commissioner with Oklahoma Department of Mental Health and Substance Abuse Services about the 988 Mental Health Lifeline. The 988 number is like 911 for physical emergencies. People can call or text 988 in Oklahoma to talk to someone or get mental health resources. Hayes speaks about Oklahoma's approach to the 988 concept. He explains how listeners can utilize this resource. Hayes also talks about people calling 988 to get help for family members or friends. He shares about the impact of 988 after a year, including the local Super Bowl commercial, promoting the hotline. ( <a href="https://988oklahoma.com/">https://988oklahoma.com/</a> )

