

PUBLIC AFFAIRS REPORT  
For  
KSPX-TV  
Sacramento, CA  
For  
Second Quarter Ending June 30<sup>th</sup> 2016

In accordance with Section 73.3526(e) (11) (i) of the Federal Communications Commission's rules, the following, in the opinion of KSPX-TV, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

Issues:

1. Traffic/Commute/Transportation Alternatives
2. Food Service/Local Foods
3. Entertainment
4. History/Regional History
5. Health and Fitness
6. Travel-Local/Travel–National/International-Tourism
7. Health and Diet/Nutrition/Fitness
8. Networking/Social Events
9. Motivational Speaking
10. Volunteering
11. Business Equality/Education/Business Environment Change

A detailed summary of each program's content, including guests, affiliations, and date of broadcast is included in this report

Bay Area Vista is a one-half hour community affairs program that highlights the best of the Bay Area and Sacramento regions showcasing organizations, events and newsmakers, with compelling personal stories, interviews & entertainment all of which impact the local community.

California Living is a one-half hour community affairs program that features local talent Aprilanne Hurley as host in exploring California's trends in food, travel and healthy living. This program offers information concerning local travel as well as awareness and education of health related issues.

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SECOND QUARTER 2016

Program:	Bay Area Vista	Episode: #535
Air Date:	Tuesday, April 5, 2016	6:00am
	Thursday, April 7, 2016	6:00am
Topic/Title:	Bay Area Vista: Julie Motz	
Duration:	26:25 minutes	
Style/Type:	Interview	
Source:	Bay Area Vista	
Issues Addressed:	Alternative Health	
Host:	Janice Edwards	
Guests:	Julie Motz, Author and Radio Talk Show Host – Hands of Life	

Author and Radio Talk Show Host Julie Motz is interviewed about her book “Hands of Life.” Energy Healing is discussed as an “alternative” to traditional medicine along with understanding the causes of illness and the cures for them. Julie talks about how to utilize your own body’s energy as a medicine for healing recovery and transformation.

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Program:	California Living With Aprilanne	Episode: #1013
Air Date:	Tuesday, April 5, 2016 6:30am	
Topic/Title:	California Living: Relaxed California Living	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Travel, Food	
Host:	Aprilanne Hurley	
Guests:	Brian Gipson, Owner – Carneros Inn Magnolia Polley, Masseur – Carneros Inn Jeffrey Starr, Winery Chef – Trincherro Family Estates	

Aprilanne interviewed Brian Gipson, of Carneros Inn, located in Napa, CA, about their spa destination package. He talked about the philosophy of the spa and inn, which is laid back, simple way of life that is in Carneros. Brian showed Aprilanne one of the cottages where people can stay for the day (10AM-6PM). Aprilanne did the human gem and stone massage and she explained with the masseuse, Magnolia Polley, on how this massage is done. Then Aprilanne interviewed Diana (note: there is no CG on the name) about her philosophy of the spa treatments. According to Diana, their treatments are inspired by what surrounds them: the farms, the minerals, the flowers, the creeks, etc. They use materials that are organic and local. Aprilanne interviewed Jeffrey Starr, Winery Chef, and Trincherro Family Estates. He talked about where he gets his ingredients from (mostly Napa Valley). He talked about how food has to look good. Garnishes have to make sense to the dish. He showed Aprilanne how he pairs food with wine. He talks about how food has to enhance the wine. It is about balancing taste and making sure that it has a positive effect. He talks about planning ahead when putting together a dinner party and doing it in small bites. Aprilanne showed some exercises on how to help make muscles more defined by nightfall. She called it the Toned by Night workout.

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Program: California Living With Aprilanne Episode: #1003  
Air Date: Thursday, April 7, 2016 6:30am  
Topic/Title: California Living: Plump Jack Winery  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Wine Tasting, Tourism, Travel, and Entertainment  
Host: Aprilanne Hurley  
Guests: John Conover, General Manager – Plump Jack Winery  
Anthony Biagi, Wine Maker – Wine Jack Winery  
Kimball Jones, Executive Chef

Aprilanne interviewed John Conover, General Manager of Plump Jack Winery in Napa Valley. He talked about the history of Plump Jack Winery (it was founded in 1995 by a couple of people, Gavin Newsom and Gordon Getty, who are from San Francisco). The goal is to make wine less intimidating, more inviting experience for people. He talked about how he takes the mystery out of the wine experience for wine lovers by allowing people to see the grape growing, wine making, bottling process, and enjoy wines in a very casual environment. He talked about having the founders overlook the property, and their passion for fine wine. He talked about how Plump Jack Winery had gotten its name (from a character in Shakespeare's play "Falstaff"). He talked about how wine and food are theatre and entertainment. He talked about having your palate be your ultimate judge when tasting wine. He talked about screw cap wines, where there is a screw cap on the bottle instead of a cork. He talked about seeing mold in their corks about 7 – 8 years ago and if affected about 6 – 7% of all wines. It gives a moldy off character in wine. He, Gavin and Gordon looked for alternative closures for their wines. He talked about how the wine industry was kicking and screaming over this switch. He talked about the environmental aspects of using a screw cap instead of a cork (it saves trees from being used for cork and the ease of opening the bottle of wine). He gives a demonstration on how he does a wine tasting and some tips on wine tasting.

Anthony Biagi, winemaker, Wine Jack Winery, talked about the three things that go into making a great wine: 1) having a wonderful vineyard, 2) having a great team who believes in making great wine and 3) having a great ownership that supports the winemaking team. It takes 2 years for a return on an investment in wine.

Kimball Jones, Executive Chef, gives his tips on pairing wine with food and the barbecue. He talks about making the food go with the wine and making it well balanced.

Aprilanne gave the 6 steps to wine tasting.

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Program: Bay Area Vista Episode: #517  
Air Date: Tuesday, April 12, 2016, 6:00am  
Thursday, April 14, 2016, 6:00am  
Topic/Title: Bay Area Vista: Blast from the Past – Comedians  
Duration: 26:45 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Health, Love, Relationships  
Host: Janice Edwards  
Guests: Djimon Honsou, Actor – The Tempest  
J-Red, Comedian  
Johnny Steele, Comedian  
Lawrence Beamen, Singer

Janice Edwards and Charleston Pierce interviewed Djimon Honsou. He talked about parenthood and how it affected his career and what jobs that he takes. He talks about his inspiration for his role in the film: "The Tempest." Also talks about being inspired by his children. J-Red and Johnny Steele: talked about coming comedians and how their parents/family/college for Johnny (he has a bachelor's degree in media arts) and J-Red (he went to community college) steered them towards this career. J-Red and Johnny stresses the importance of education. They both talked about pursuing their dreams and how they are motivated. Sofia Coppola and Stephen Dorff: Sofia talked about the inspiration for her film, "Somewhere." She talked about the universal themes in her film. Stephen talked about taking on his role in "Somewhere" and about working with his friend, Sofia. He talked about preparing for his on screen role as a father. Scenes from a fashion show that Charleston Pierce put on. Singer Lawrence Beamen talked about how he feels when people respond to his performance. Talked about his plans after performing on "Americas Got Talent". Charleston talked about living your passion. Charleston talked about being inspired by a model, Eva Golson.

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Program: California Living With Aprilanne Episode: #1010  
Air Date: Tuesday, April 12, 2016, 6:30am  
Topic/Title: California Living: Bodega Bay, CA  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Travel, Real Estate, Housing, Commute  
Host: Aprilanne Hurley  
Guests: Claire Ramage – Links at Bodega Harbor  
Mark Dierkshing, Chef – Blue Water Bistro  
Marco Galazzo – Inn at the Tides  
Johannes Zachbauer, Property Owner – Sonoma Coast Villa and Spa  
Dennis and Kathleen Erba, Owners – Coldwell Banker Coast Properties

Links at Bodega Harbor: Aprilanne interviewed Claire Ramage, of Links at Bodega Harbor, talked about the golf course at Links at Bodega Harbor. She also talked about the remodeled restaurant, Blue Water Bistro. Then Aprilanne interviewed Mark Dierkshing, chef of the Blue Water Bistro at the Links at Bodega Harbor. He talked about Wine Country cuisine. According to Mark, it's about the agriculture and the herbs. He uses local growers for the dishes that he makes. He showed off several dishes that he made. Bob Caldwell, PGA Pro, gave Aprilanne a golfing lesson in putting. He told Aprilanne that golf beginner's need to start with putting, chipping and pitching; work on the short game. It will help the beginners to improve in the long run.

The Inn at the Tides: Aprilanne interviewed Marco Galazzo about how the Inn at the Tides is situated among the Bodega Bay coast. Galazzo discusses the amenities of the Inn at the tides, including dining options. This included a tour of the Inn, a brief history of the local area including the cameos seen in the movie "The Birds." Galazzo then further offers examples of areas of interest that provide visitors a taste of sea life, wine, cheese, as well as locally produced chocolates.

Sonoma Coast Villa and Spa: Johannes Zachbauer, the property owner gave Aprilanne a tour of the Villa property (Please note that there is no CG of his name in the show itself, only on the end credits). He also made some dishes to show to Aprilanne. Aprilanne went to the spa area where Tracey Pritchitt, Certified Massage Therapist, gave Aprilanne a Sonoma Scrub and Wrap treatment (a signature treatment at the spa.)

Real estate at Bodega Bay: Aprilanne interviewed Dennis and Kathleen Erba, owners of Coldwell Banker Coast Properties about how to find a home on the coast. Kathleen talked about the importance of having a local agent representing the buyer. Dennis talked about the considerations in buying a home at the coast. Dennis talked about how Bodega Bay has become a resort destination. Kathleen talked about how Bodega Bay is close to San Francisco (about an hour's drive north of San Francisco.)

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Program:	California Living With Aprilanne	Episode: #1018
Air Date:	Thursday, April 14, 2016 6:30am	
Topic/Title:	California Living: Super Health Fitness (R)	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Health, Fitness	
Host:	Aprilanne Hurley	
Guests:	Aprilanne Hurley, Host – California Living Jeff Clark, Founder – Mavericks Surf	

Designed to inspired healthy living in the New Year, CALIFORNIA LIVING® show #1018 V-2 offers viewers the inside look at the complete Super Abs Workout, offers step-by-step cooking instructions for 2 healthy recipes: Stuffed Artichokes and Fresh Tomato Sauce; as well as a review of "Fun & Easy Top 10 Calorie Burners." This show also includes a dynamic interview with Mavericks Surf Founder Jeff Clark on the fitness benefits of Stand up Paddle Boarding.

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Program: Bay Area Vista Episode: #558  
Air Date: Tuesday, April 19, 2016 6:00am  
Thursday, April 21, 2016 6:00am  
Topic/Title: Bay Area Vista: MJ Cirque de Soleil/Power of Forgiveness  
Duration: 26:45 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Entertainment  
Host: Janice Edwards  
Guests: Mixime Charbonneau, Publicist – Cirque de Soliel  
Carl Ray, Author – Cured: The Power of Forgiveness

Cirque du Soleil: Janice Edwards was at the HP Pavilion in San Jose recently, where “Immortal: tribute to Michael Jackson” was recently staged there. This show was about the genius of Michael Jackson and the fans who loved him so much. Janice talked to some of the fans about the show. Janice interviewed Maxime Charbonneau, the publicist for Cirque du Soleil. He talked about the history of the Immortal show. Michael Jackson was a fan of Cirque du Soleil and he wanted to do something with Cirque du Soleil. They worked with the estate of Michael Jackson to put together this show. There was a clip shown of the show.

Carl Ray: He did a one man show about how his father’s death by white racists affected him. He is also an author of the book “Cured: the Power of Forgiveness.” He talked about the back story of Cured. He saw his father being killed because of his conversation with a white man. This had changed his life: he had suffered from depression and anxiety. He met a man who helped change his life around. Carl was able to forgive the man who killed his father. He said that forgiveness is not about them, or the incident, but about freedom. It is personal.

Ballet San Jose: There were some clips from a documentary about Ballet San Jose shown. One of the clips was about how Ballet San Jose was formed in the 1970s.



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Program: California Living With Aprilanne Episode: #1002  
Air Date: Tuesday, April 19, 2016 6:30am  
Topic/Title: California Living: Marin Designers Showcase  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Volunteer, Construction, Remodeling  
Host: Aprilanne Hurley  
Guests: Sondra Bernstein, Author and Owner - Girl in the Fig  
Lori Bone, Kitchen Designer and Founder – Lori Bone Design  
Elizabeth Blackstone, Founder – Blackstone Landscape Design  
Linda Davis, CEO – Center for Volunteer and Non Profit Leadership  
Kathy Van Fleet, Auxiliary President – Center for Volunteer and Non  
Profit Leadership  
Inger Dressler, Co-House Chair – Center for Volunteer and Non Profit  
Leadership  
Bob Praszker, Construction Manager – PB Development  
Jessee Rhodes, CEO – PB Development

Lori Bone, kitchen designer and founder of Lori Bone Design, talked about how she used European elements for the design of the kitchen that is featured in the Designer's Showcase. Focusing on the kitchen as the hub of the family home Bone discusses her influences on her current style as well as how to best choose a designer.

Elizabeth Blackstone, founder of Blackstone Landscape Design, discusses her outdoor space design elements. The influences gained from central fixtures, existing flora and external artist input.

Linda Davis, CEO Center for Volunteer and Nonprofit Leadership of Marin, talked about the services that she offers for the Designers Showcase (it is the largest fundraiser for the Center for Volunteer and Nonprofit Leadership of Marin). Discussing the preparations for the Designer's Showcase as well as how the profits give back to the community.

Kathy Van Fleet, Auxiliary President, Center for Volunteer and Nonprofit Leadership of Marin, talked about the challenges, frustrations, rewards, and hard work to put on the Designer's Showcase. She talked about having opportunities for women to volunteer in the showcase.

Inger Dressler, Auxiliary Co-House Chair, talked about the three weeks that the Tuscan house in Marin County was transformed. It was hectic for all who were involved. Bob Praszker, Construction Manager for PB Development, offers a new perspective on design and build projects. Offering his own experience as a contractor Praszker discusses how to choose a contractor as well as how to check their references for any upcoming or past projects. Jesse Rhodes, CEO PB Development, talked about the property that was used for the Designer's Showcase.

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Program: California Living With Aprilanne Episode: #1009  
Air Date: Thursday, April 21, 2016 6:30am  
Topic/Title: California Living: Marin Designers Showcase - Design Elegance #2  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Volunteer, Construction, Remodeling  
Host: Aprilanne Hurley  
Guests: Linda Davis, CEO – Center for Volunteer and Non Profit Leadership  
Cathleen Gouveia, Owner – Cathleen Gouveia Design  
Eric Shromer, Host and Carpenter – HGTV  
Pablo Castro, Owner – Marin Hardwood Floor Center

Aprilanne interviewed Linda Davis, Executive Director for the Center for Volunteer and Nonprofit Leadership of Marin. Linda talked about the importance of the volunteers in the execution of the Marin Designer Showcase event (it is a yearlong process to put on the showcase event). Linda talked about how the process happens immediately after the house closes. They begin looking for another house to have the next year's showcase. They promote it to the designers and the designers come out and put bids down on the rooms. Sponsors are enrolled. They meet monthly. Aprilanne showed over some of the rooms that various designers had designed.

Aprilanne interviewed Cathleen Gouveia, owner of Cathleen Gouveia Design, about the bedroom that she designed. Cathleen talked about what had inspired her for the bedroom (this bedroom was in a historical home). She was thinking that since the home was built around the turn of the 19<sup>th</sup> century that previous owners and guest came to the home either by horseback or ferry. She talked about using the light of the room to make a summer cottage feeling. She was also inspired by butterflies when she was designing the room. She also talked about how she transformed the room by using various modern pieces and art. She wanted to blend in the warm and cool things together.

Aprilanne interviewed Eric Shromer, HGTV show host and celebrity TV carpenter, about some great ideas for re-imagining a home. He talked about budget and how to stand apart from the home next door (if selling a home). He talked about saving money by repurposing/resurface the existing kitchen cabinets, painting, and dimmer switches on lighting fixtures. He talked about the difficulties of turning a remodeling dream into reality. He talked about the inspiration for his book, "Do It Yourself Family," (he is the father of 3 and he wanted to get his kids involved in design).

Aprilanne interviewed Pablo Castro, Owner of Marin Hardwood Floor Center and an over 32 year volunteer of the Marin Designer Showcase. He talked about his experience of being a volunteer designer. From volunteering, he learns from the other designers. He tries to help out the designers as much as he can by doing the wood floors or decorating. According to Pablo, volunteering is a terrific thing for health. Aprilanne interviewed several volunteers after her interview with Pablo.

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Program: Bay Area Vista Episode: #598  
Air Date: Tuesday, April 26, 2016 6:00am  
Thursday, April 28, 2016 6:00am  
Topic/Title: Bay Area Vista: Brenda Vaughn/Paula Telander  
Duration: 26:35 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Entertainment, History  
Host: Janice Edwards  
Guests: Brenda Vaughn, Performing Artist  
Paula Telander, Producer and CEO – Pajama Studios  
Rosie Gaines, Performing Artist

Topics: Musicians Helping Musicians/I am my sister's keeper fundraiser for Rosie Gaines. Will be held at Geoffrey's Inner Circle nightclub in Oakland on **January 31, 2015**.

Janice interviewed Brenda Vaughn (performing artist) and Paula Telander (producer, CEO of Pajama Studios). They are part of a fundraiser for Rosie Gaines. Rosie recorded for Prince (Diamonds and Pearls) and her own tunes (Closer than Close). Brenda knew Rosie for nearly 30 years. The fundraiser is to provide housing, and support for Rosie until she can get back on her feet again. Paula talked about how this fundraiser came together through Facebook: Paula was sent a private message from Brenda saying that Rosie was sick, then she got in contact with Rosie's daughter. Brenda and Paula communicated on FB and they finally met face to face on January 5, 2015. Brenda talked about how she found out how serious Rosie's problems were. She contacted Rosie's FB friends to see if any of them were close to her. If they were, then Brenda told them about Rosie. Brenda talked about how difficult for a musician to reach out to others for help. Brenda and Paula want to create a registry of musicians so that they can check on each other. Paula talks about how musicians can suffer depression and how the music business is an animal that keeps moving forward and if you are not grounded, it can eat you alive. Brenda talks about what happens when a musician is not popular anymore; when isolation and depression happens, and how difficult it is to reach out. Brenda talked about being in Japan when they had the major earthquake/radiation leak and her life changed. She ended up leaving everything behind in Japan. She was depressed when she had to leave Japan. She talks about the importance of talking to others. Rosie has been dealing with depression. Paula talked about meeting Rosie in the 1980's, when Paula came back from overseas, and met Rosie at Roland's nightclub in San Francisco. They became friends and helped Rosie get a gig with Prince. Paula talks about how Rosie is starting to sing again. Brenda talks about how Music Cares helps out musicians in their time of need.

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Program: California Living With Aprilanne Episode: #1024  
Air Date: Tuesday, April 26, 2016 6:30am  
Topic/Title: California Living: New Hitchcock Movie Tour  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Entertainment, Travel  
Host: Aprilanne Hurley  
Guests: Nick Marlowe, Owner – Surf and Apparel Shop  
Carlo Galazzo, General Manager – At the Tides Restaurant

Aprilanne first takes us to St. Teresa's Church and Modern Schoolhouse where a scene from "The Birds" was shot (the birds attack the schoolchildren). She then tells that Bodega is a quaint town with a lot of fun stores. She then interviews Nick Marlowe, who owns a surfboard and apparel shop in town. His shop sells custom surfboards and other surf related paraphernalia. He describes Bodega as a "tiny town, but we have everything." He also says that thousands of tourist a year come to town to see locations from "The Birds."

Aprilanne then takes us to Potter's Schoolhouse, where the cast was violently attacked by objects of the ornithological kind.

We then visit the Sonoma Visitor's Center which houses books on Alfred Hitchcock (the director of "The Birds") as well as paraphernalia, accessories and clothing based on "The Birds" and Bodega Bay.

The host then takes us to the area where there used to be a house for the main character in the movie. After the house burned down in the 60's, the U.C. Davis Marine Dormitory was built in its place. She also shows us the Bodega Marine Lab nearby which is open for tours and seminars.

The restaurant where actress Tippi Hendren takes cover is next on the tour. The Tides Restaurant, is a very successful restaurant. It's a great place to shop for memorabilia about "The Birds" and offers gifts concerning Bodega Bay.

Aprilanne then explains that Hitchcock chose Bodega because of the fog. He hated beautiful, sunny days because that meant he would have to have the exposed film "tinted" to match the look of the previous "foggy" footage.

At the Tides Restaurant, Aprilanne visits the fish market where she meets Carlo Galazzo, the General Manager. He describes all of the different kinds of fish, wine and cheeses available at the restaurant. She then cooks clam chowder with Carlo.

Aprilanne then recaps all the great things that Bodega Bay offers in terms of food, wine, beautiful hotels, and great hiking trails.

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Program:	California Living With Aprilanne	Episode: #1029
Air Date:	Thursday, April 28, 2016 6:30am	
Topic/Title:	California Living: New Carneros Inn	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Food, Entertainment	
Host:	Aprilanne Hurley	
Guests:	Rick Riess, Former President and CEO – Carneros Inn Hilary Newsom, President – PlumpJackSport Brian Chipson, Manager – The Farm	

On location at the Carneros Inn Hotel & the Orchard Private Residence Club, Aprilanne interviews Rick Riess, former president and CEO of the Carneros Inn. Rick explains how to be a “fractional owner” with the available cottages next to the hotel. He explains how the timeshare works and describes the amenities included on the property. They do a brief tour of the cottages and Rick further explains the advantages of owning “a piece of the wine country.”

Aprilanne then interviews Hilary Newsom, president of the PlumpJackSport Store located at the Carneros Inn. Hilary and Aprilanne browse through all of the clothes available at the boutique store. They then move on to the Spa. Hilary talks about the available spa packages, along with a brief tour of the spa facility. Next is an overview of the main lap pool, children’s pool and Jacuzzi.

Aprilanne and Hilary then move on to “The Farm” signature restaurant. They are seated with the restaurant manager Brian Chipson. They talk about the indigenous menu and go over some of the available items on the menu. Brian also talks about the other two restaurants available at the property.

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Program: Bay Area Vista Episode: #601  
Air Date: Tuesday 3 May 2016 6:00am  
Thursday 5 May 2016 6:00am  
Topic/Title: Bay Area Vista: Walleighs: From Silicon Valley to Swaziland  
Duration: 28:25 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Volunteering  
Host: Janice Edwards  
Guests: Rick Walleigh – Author, From Silicon Valley to Swaziland  
Wendy Walleigh – Author, From Silicon Valley to Swaziland

Janice interviews Rick and Wendy Walleigh who wrote the book From Silicon Valley to Swaziland. The long-time couple explain how they decided to leave the comforts of Silicon Valley to do something socially beneficial in a remote village in Swaziland. For six months, the two lived and worked in cramped surroundings and helped local farmers by using their business acumen they learned while in the Bay Area. At the end of their six month adventure, the couple loved what they were doing so much that they decided to do spend a year in Kenya doing the same thing. They encourage others in Silicon Valley to do the same if they are feeling adventurous and want to give something back.

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Program: California Living With Aprilanne Episode: #2002  
Air Date: Tuesday 3 May 2016 6:30am  
Thursday 5 May 2016 6:30am  
Topic/Title: Home and Design  
Duration: 30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Home Improvement Remodeling that's Comfortable and Inviting  
Host: Aprilanne Hurley  
Guest(s): Linda Davis (CEO for Center for Volunteer & Nonprofit Leadership of Marin)  
Inger Dressler (Marin Designers Showcase)  
Val Fiscalini (Designs in Petaluma)  
Michael Siniscal (Owner of Maison Michel in Tiburon, CA)  
Elizabeth Blackstone (Blackstone Landscape Design)  
Carlos Gonzalez (Saunders Design in San Francisco)  
James O'Sullivan (Master Tile in Cotati, Ca)

Aprilanne speaks with Designers for design inspiration for different rooms in the home.

Guests Inger Dressler (Marin Designers Showcase) and Val Fiscalini (Designs in Petaluma) share how color, the pieces that were chosen to make the remodeled designed rooms and a little imagination, can transform our living spaces.

Guests Linda Davis (CEO, Center for Volunteer & Nonprofit Leadership of Marin) and Michael Siniscal (Owner of Maison Michel in Tiburon, CA) talk about creating a homey environment by transforming the storage closet and hallway into a wine cellar and lounge. Michael also includes the functionality of lighting, chairs and the sound of water to tie the 2 rooms together.

Guest Elizabeth Blackstone (Blackstone Landscape Design) enhances the outside property for showcase. She keeps it simple with the use of fabrics, textures and paints to complement the outside of the home with the inside of the home.

Guest Carlos Gonzalez (Saunders Design in San Francisco) remodeled the master bedroom and master bath with a Mediterranean design. His focus was the bed itself and the spectacular views from the windows that were unobstructed with any type of window treatment.

Guest James O'Sullivan (Master Tile in Cotati, CA) helped transform the master bath into simple elegance with tiles, granite and stone. He used a Madura gold granite which is easier to maintain because it's impervious to water stains and heat.

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Program:	Bay Area Vista	Episode: #513
Air Date:	Tuesday, May 10, 2016 6:00am	
	Thursday, May 12, 2016 6:00am	
Topic/Title:	Bay Area Vista: Les Brown	
Duration:	26:45 minutes	
Style/Type:	Interview	
Source:	Bay Area Vista	
Issues Addressed:	Entertainment, History	
Host:	Janice Edwards	
Guests:	Les Brown, Motivational Speaker	

Motivational speaker Les Brown talked about his childhood, where there were not the modern conveniences that we are surrounded by today. He grew up poor in the Liberty City section of Miami, Florida. He told the young men to respect their mothers. He talks about having a mindset with money. Need to change the skill set. Understand the value in investing in yourself. This was taped at a church service in Chicago.



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Program: California Living With Aprilanne Episode: #1026  
Air Date: Tuesday, May 10, 2016 6:30am  
Topic/Title: California Living: Insider's Guide: Tiburon, CA  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: Eva Claiborne, Owner – Eva Claiborne Skin Institute  
Steve Merrifield, Owner – Demo Sport  
Maggie McDonogh, CEO and Captain – Angel Island Tiburon Ferry  
Brian Wilson, Owner – Sam's Anchor Cafe

Aprilanne went to the Eva Claiborne Skin Institute, where she interviewed the owner, Eva Claiborne, about an ultrasonic anti-aging facial treatment, which after 10 minutes will see youthful results. They used a model that had never had a facial treatment to do the facial treatment on. According to Eva, it will take several treatments for the skin of the model to have the desired result.

Aprilanne interviewed Steve Merrifield, owner of Demo Sport, about seeing the sights of the San Francisco Bay by paddle boarding. He talked about the ease of using a stand up paddle board (a long, wide surfboard which the person stands up on and uses a paddle). According to Steve, anyone can use it, especially on a lake or calm water. It takes minimal amount of training. There are some physical benefits of stand-up paddle boarding: it uses every muscle in the body. It takes a certain amount of balance to balance the legs. The mind is thinking about what's ahead and moving around.

Aprilanne interviewed Maggie McDonogh, CEO and Captain of Angel Island Tiburon Ferry about the 50<sup>th</sup> anniversary of her family running the Angel Island Tiburon Ferry. Aprilanne and Maggie talked about the various cruises that they have done for quite a few years. Video was shown of the various cruises that they had taken. Maggie talked about the sunset cruises, which happens every Friday and Saturday evening from May-October. The guests can bring out their own picnic dinners. They cruise towards the Golden Gate and back.

Aprilanne and Maggie went to Sam's Anchor Café, and Aprilanne interviewed Brian Wilson, co-owner of Sam's Anchor Café, about the specialty oyster dish, Oyster's Brian, that they make. Aprilanne and Maggie had the Oyster's Brian and a glass of wine. Then Brian brought the crab dish. He talked about using good, fresh seafood for the dishes. Danny the chef talked about some of his secrets of presenting food. He talked about making the food look right (98% of it is visual).

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1027  
Air Date: Thursday, May 12, 2016 6:30am  
Topic/Title: California Living: Healthy Dishes with Clover  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Volunteer, Construction, Remodeling  
Host: Aprilanne Hurley  
Guests: Marcus Benedetti, President – Clover Stornetta Farm  
Peter Pahk, Chef – Clover Stornetta Farm  
Marcela Valladolid, Chef – Clover Stornetta Farm

Aprilanne interviewed Marcus Benedetti, the president of Clover, Stornetta Farm. He talked about how the company was established and the products they made. Then Chef Peter Pahk showed the preparation of some dishes using fruit, veggie, yogurt and Clover's products. After that, Chef Marcela Valladolid showed the making of some Mexican dishes. Finally Aprilanne demonstrated some body exercise with the different medicine balls.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: Bay Area Vista Episode: #533  
Air Date: Tuesday, May 17, 2016 6:00am  
Thursday, May 19, 2016 6:00am  
Topic/Title: Bay Area Vista: Dr. Dorree Lynn/Fernandez/Cantrell  
Duration: 26:25 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Health, Love, Relationships  
Host: Janice Edwards  
Guests: Dr. Dorree Lynn, Author – Sex For Grown Ups  
Johnny and Laura Fernandez, Founders – Love Launch  
Greg Cantrell, Author – Capture a Dream the Power of 24

Author Dr. Dorree Lynn discusses her book “Sex for Grown Ups,” revealing how to have a passionate and healthy sex life at any age. The founders of “Love Launch,” Johnny and Laura Fernandez provide tips for individuals seeking a match or soul mate. This includes tips on staying together and avoiding pushing one another away.

Lastly author and native of Berkeley, CA, Greg Cantrell talks about his book, Capture a Dream the Power of 24.” A book that focuses on the trials and triumphs of baseball, business success, as well as spiritual reflection.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program:	California Living With Aprilanne	Episode: #1028
Air Date:	Tuesday, May 17, 2016 6:30am	
Topic/Title:	California Living: New Paso Robles	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Travel	
Host:	Aprilanne Hurley	
Guests:	Coy and Sarah Barnes, Owners – Wine Wrangler Gary Stemper, Owner – Eagle Castle Winery Joe Barton, Owner and Winemaker – Grey Wolf Cellars Norma Moye, Executive Director – Paso Robles Downtown Main Street Association	

Aprilanne interviewed Coy and Sarah Barnes, Owners of the Wine Wrangler. They talked about how they customize their tours based on their customer's preference in wine. Coy talked about how Paso Robles became the third largest wine growing region in California. Coy talked about a green getaway where the customer arrives on an Amtrak train, stays in a local hotel and give them a tour of the local area. They talked about how they founded Wine Wrangler. They took Aprilanne to Eagle Castle Winery, where she interviewed Gary Stemper, Owner of Eagle Castle Winery. He talked about how the building that the winery is based in (a castle) won an award. He talked how some of his wines had won awards. Gary and Aprilanne tasted some wine.

Aprilanne interviewed Joe Barton, Owner and Winemaker, Grey Wolf Cellars. He and Aprilanne tasted some of the wines that he had made. He got the inspiration for the Grey Wolf Cellar name from his parents, who love the idea of the family being part of a pack. He talked about the challenge of making wines that go beyond regular wines. He showed Aprilanne how he makes his wines.

Aprilanne interviewed Norma Moye, Executive Director, and Paso Robles Downtown Main Street Association about the revitalization of Paso Robles. According to Norma, they started with Main Street, where they revitalized and preserved the old buildings. They used community volunteers and board/committees. She talked about how the revitalization started with putting a movie theatre in, followed by shops, wine tasting rooms and restaurants. She talked about having old sulfur water springs, where people come and use the spring water for healing.

Aprilanne and Coy Barnes went to an underground room, where they tried various wine and food pairings. Coy talked about the wine club that he runs. He uses various wines from various wineries, both large and small, to find the sleepers that people don't know about.

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SECOND QUARTER 2016

Program:	California Living With Aprilanne	Episode: #1011
Air Date:	Thursday, May 19, 2016 6:30am	
Topic/Title:	California Living: Half Moon Bay, CA	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Travel	
Host:	Aprilanne Hurley	
Guests:	Jeff Clark, Founder – Mavericks Surf Contest Julie Shenkman, Co-Owner – Sam's Chowder House Paul Shenkman, Co-Owner – Sam's Chowder House Tony Canadas, Director of Marketing – Oceano Hotel and Spa	

Aprilanne interviewed Jeff Clark, founder of the Mavericks Surf Contest and Mavericks Surf Shop. He talked about how he has been in the waves since he was a child (he had gotten into the ocean before he could walk). When he got older, he noticed how high the surf was in Half Moon Bay and he decided to surf the waves by himself. Jeff convinced other experienced surfers to surf in Half Moon Bay and word spread like wildfire. The next time that the high waves were happening, more surfers came and changed Half Moon Bay and the world of big wave surfing. He talked about how he and Peter Mell talked about doing an event and the next thing is that they were putting on the Mavericks Surf Contest. He also talked about custom making surf boards and designing a surf board that can be used for the Mavericks Surf Contest. His advice for those who want to learn how to surf: don't bite off more than you can chew. Start slow and sure and get a couple of lessons. Figure out where your comfort zone is and enjoy it.

Aprilanne interviewed Julie Shenkman, co-owner of Sam's Chowder House, about the secret of Sam's Chowder House's success (great seafood, great ocean view, and a world class chef). She talked about Sam's Cam (a live web camera that shows views of Pillar Point Harbor view, as well as views of the ocean and beach). She talked about having a New England Style menu based on simple, fresh and authentic ingredients with a California twist. She uses local and seasonal ingredients as well.

Aprilanne interviewed Paul Shenkman, co-owner of Sam's Chowder House. He talked about how he was originally from the East Coast, where he ate from the local seafood shacks among the East Coast. When the location for Sam's became available, he jumped on. He showed off several dishes and how he pairs this with various wines. Aprilanne and Paul tasted several items.

Aprilanne interviewed Tony Canadas, Director of Marketing, Oceano Hotel and Spa. He talked about the conveniences that of being close to everywhere in the San Francisco Bay Area. He talked about the rooms and how green the hotel is. He talked about several things that one can do in Half Moon Bay. Then Aprilanne interviewed Nichole Vroman, Spa Director, Oceano Hotel and Spa. Nichole concentrates on holistic, all-natural custom blended products and services for the customers. Nichole gave Aprilanne a spa treatment.

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SECOND QUARTER 2016

Program: Bay Area Vista Episode: #511  
Air Date: Tuesday, May 24, 2016 6:00am  
Thursday, May 26, 2016 6:00am  
Topic/Title: Bay Area Vista: Working It Out  
Duration: 26:45 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Work Environment Change, Volunteering  
Host: Janice Edwards  
Guests: Derek Mitchell, CEO, Partners in School Innovation  
Leslye Louie, HP  
Cathrine Adams Lee, Consultant – New Work Places  
Brian Lehnen, Executive Director – Village Enterprise  
Scott McMullin, Supporter – Village Enterprise

Derek Mitchell, CEO of Partners in School Innovation, talked about transitioning from one leader to the next with Leslye's help. Leslye Louie talked about transitioning from HP to non-profit work. Talked about bringing tools from the working world to the non-profit section.

Catherine Adams Lee, consultant, New Work Places and distance work, talked about how technology changes the work place; how it transitions from 20<sup>th</sup> to 21<sup>st</sup> century workplace that is based on knowledge. She talked about different work styles.

At the Spirit of '45 Celebration, Janice talked to some veterans who served in World War II.

Village Enterprise is dedicated to creating thousands of small businesses in East Africa. Brian Lehnen, Executive Director, talked about how a hand out can help get the businesses established so that they can support themselves and get out of poverty. He also talked about going from the tech sector to the non-profit sector. Scott McMullin, supporter of Village Enterprise, talked about how he got involved with Village Enterprise.

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SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1006  
Air Date: Tuesday, May 24, 2016 6:30am  
Topic/Title: California Living: Sonoma Food & Wine Pairing  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: Sondra Bernstein, Author and Owner - Girl in the Fig  
John Toulze, Executive Chef - Girl in the Fig  
Christopher Ferranti, Chef - Bay View Restaurant  
Marco Galazzo, Food and Beverage Manager, Bay View Restaurant

Aprilanne interviewed Sondra Bernstein, author and owner of Girl in the Fig restaurant, about how to pair food with wine. Sondra talked about the importance of having fun at a party, but at the same time having items that the guests will like, will be easy to make and making sure that the flavor profiles will match. The secret here is having it at home and available.

Aprilanne interviewed John Toulze, executive chef, Girl in the Fig restaurant, on how to keep it simple. His philosophy is to use the freshest, seasonal ingredients, from the garden or from the farmer to the pan and to the guest with a minimal amount of processing. His job is to highlight what the gardener/farmer had done. He talked about the importance of pairing food and wine from the same geographical area.

Aprilanne gave the top three wine tasting party planning tips: 1) choosing a theme for the wine selection. 2) The important supplies that are needed for the wine tasting, and 3) keep it simple when it comes to the menu.

Aprilanne interviewed Christopher Ferranti, chef, Bay View restaurant, about the challenge of arranging a wine tasting party at a restaurant. According to Christopher, he is dealing with 5 courses and 5 different wines. He has to be organized from the get go: from pairing the food correctly with the wine that comes from the winery, preparing it in a timely matter and getting it out.

Aprilanne interviewed Marco Galazzo, food and beverage manager, Bay View restaurant, about the wine maker dinners that Bay View restaurant puts on for the past 20 years. They do one dinner per month with a different winery every month and they have a turnout of 90-100 people. He talked about the experience that the guests will have. The owner and/or winemaker will be there and they will dine on the same food/wine as the other guests. And between courses, the owner or winemaker will go around the tables and talk to the guests.

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SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1004  
Air Date: Thursday, May 26, 2016 6:30am  
Topic/Title: California Living: Culinary Institute of America  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: John Ash, Executive Chef – Culinary Institute of America  
Damon Calegari, Taste Tester  
Ralph Pagano, Celebrity Chef – Almost Famous Chef Competition

Aprilanne interviewed John Ash, Executive Chef. He talked about the programs that are offered through the Culinary Institute of America (which was expanded to include home cooks and foodies.) He talked about how he became interested in cooking (it was helping his grandmother make comfort food while he lived on a ranch in Colorado when he was a child). He gave his secret for matching food with wine: making sure that the acidity level of the food is in balance with the acidity level in the wine. You can add acid to the food through vinegar, citrus, or wine. He talked about how he used seasonal, fresh, and local food in his cooking and how he contributed to the California Cuisine.

Aprilanne and taste tester Damon Calegari did a preview of what John teaches. John teaches how to make food and wine more enjoyable by putting things that are similar in flavor or contrasting in flavor together. Usually he looks for things that are similar. In the class that Aprilanne and Damon sat in, John talked about the most important organ for taste: the nose. He highlighted the important role that our senses play in successfully pairing wine with food. Aprilanne and Damon had gotten more appreciation of the complexities of wine and a deeper understanding on how to pair food with wine.

The National Pellegrino's Almost Famous Chef Competition. Aprilanne and Damon tasted some of the dishes that were prepared by the contestants. David Awad, the winner of the Almost Famous Chef Competition, talked about what made his dish the winner. He tries to have balance and clean flavors with his dish. He talked about how he dealt with the pressure of cooking for over 200 people. He talked about putting himself into the food and the passion and love into what you are doing, and hope that everything falls into place and that the people enjoy the dish. Ralph Pagano, Celebrity Chef and co-sponsor of the Almost Famous Chef competition, talked about how he became involved in the Almost Famous Chef Competition. He is interested in mentoring the future chefs.



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SECOND QUARTER 2016

Program: Bay Area Vista Episode: #605  
Air Date: Tuesday, May 31, 2016 6:00am  
Thursday, June 2, 2016 6:00am  
Topic/Title: Bay Area Vista: Rolls Restaurant Grand Opening  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Entertainment, Food, Culture  
Host: Janice Edwards  
Guests: Windi Truong, Financial Advisor, Entrepreneur  
Martin Yan, Celebrity Chef - Yan Can Cook  
Kai Duong, Chef – Tolls Restaurant  
Chef Chu, Chef  
Jose Esteves, Mayor of Milpitas  
Ash Kalra, City Councilman of San Jose  
Ron Gonzalez – CEO – Hispanic Foundation of Silicon Valley

Janice is on site at the Grand Opening of Rolls Restaurant in San Jose. Financial Advisor turned Entrepreneur, Windi Truong, wanted to celebrate the cuisine of her home country. With 22 items on the menu, Rolls serves healthy, delicious, Vietnamese food with the concept in mind for busy people on the go, to “take-n-go.”

The Grand Opening is attended by close friends who are chefs and community leaders. The list of distinguished guests supporting Windi at her Grand Opening includes a performance by Vietnamese superstar Dan Truong. Renowned Celebrity Chef and author, Martin Yan of “Yan Can Cook,” Chef Khai Duong, Chef at Rolls Restaurant, Lawrence Chu from Chef Chu’s Restaurant, Mayor of Milpitas, Jose Esteves, City Councilman of San Jose, Ash Kalra and CEO Hispanic Foundation of Silicon Valley, Ron Gonzalez.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1025  
Air Date: Tuesday, May 31, 2016 6:30am  
Topic/Title: California Living: Home Design Tips and Tricks  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Entertainment, Travel  
Host: Aprilanne Hurley  
Guests: Val Fiscalini, Designer  
Elizabeth Blackstone – Blackstone Landscape Design  
Tricia Sheridan – Decorative Design of CA Murals

The host Aprilanne talked about some tips in home design. She started with interviewing Val Fiscalini, a designer, to talk about space re-configuration of a pantry and guest bath, and about 6 steps of properties of staging. She then talked to Jessie of P.D. Development about some tips in remodeling a house. She interviewed Elizabeth Blackstone of Blackstone Landscape Design about modeling patio and deck. Lisa showed some designs with plants, pots, bowls and moss. Finally, she talked to Tricia Sheridan, Decorative Design of CA Murals about decorative painting and Tricia shows how to make a painting with stencils.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program:	California Living With Aprilanne	Episode: #1018
Air Date:	Thursday, June 2, 2016 6:30am	
Topic/Title:	California Living: Super Health Fitness (R)	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Health, Fitness	
Host:	Aprilanne Hurley	
Guests:	Aprilanne Hurley, Host – California Living Jeff Clark, Founder – Mavericks Surf	

Designed to inspired healthy living in the New Year, CALIFORNIA LIVING® show #1018 V-2 offers viewers the inside look at the complete Super Abs Workout, offers step-by-step cooking instructions for 2 healthy recipes: Stuffed Artichokes and Fresh Tomato Sauce; as well as a review of "Fun & Easy Top 10 Calorie Burners." This show also includes a dynamic interview with Mavericks Surf Founder Jeff Clark on the fitness benefits of Stand up Paddle Boarding.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: Bay Area Vista Episode: #605  
Air Date: Tuesday, June 7, 2016 6:00am  
Thursday, June 9, 2016 6:00am  
Topic/Title: Bay Area Vista: Rolls Restaurant Grand Opening  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Entertainment, Food, Culture  
Host: Janice Edwards  
Guests: Windi Truong, Financial Advisor, Entrepreneur  
Martin Yan, Celebrity Chef - Yan Can Cook  
Kai Duong, Chef – Tolls Restaurant  
Chef Chu, Chef  
Jose Esteves, Mayor of Milpitas  
Ash Kalra, City Councilman of San Jose  
Ron Gonzalez – CEO – Hispanic Foundation of Silicon Valley

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KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1024  
Air Date: Tuesday, June 7, 2016 6:30am  
Topic/Title: California Living: New Hitchcock Movie Tour  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Entertainment, Travel  
Host: Aprilanne Hurley  
Guests: Nick Marlowe, Owner – Surf and Apparel Shop  
Carlo Galazzo, General Manager – At the Tides Restaurant

Aprilanne first takes us to St. Teresa's Church and Modern Schoolhouse where a scene from "The Birds" was shot (the birds attack the schoolchildren). She then tells that Bodega is a quaint town with a lot of fun stores. She then interviews Nick Marlowe, who owns a surfboard and apparel shop in town. His shop sells custom surfboards and other surf related paraphernalia. He describes Bodega as a "tiny town, but we have everything." He also says that thousands of tourist a year come to town to see locations from "The Birds."

Aprilanne then takes us to Potter's Schoolhouse, where the cast was violently attacked by objects of the ornithological kind.

We then visit the Sonoma Visitor's Center which houses books on Alfred Hitchcock (the director of "The Birds") as well as paraphernalia, accessories and clothing based on "The Birds" and Bodega Bay.

The host then takes us to the area where there used to be a house for the main character in the movie. After the house burned down in the 60's, the U.C. Davis Marine Dormitory was built in its place. She also shows us the Bodega Marine Lab nearby which is open for tours and seminars.

The restaurant where actress Tippi Hendren takes cover is next on the tour. The Tides Restaurant, is a very successful restaurant. It's a great place to shop for memorabilia about "The Birds" and offers gifts concerning Bodega Bay.

Aprilanne then explains that Hitchcock chose Bodega because of the fog. He hated beautiful, sunny days because that meant he would have to have the exposed film "tinted" to match the look of the previous "foggy" footage.

At the Tides Restaurant, Aprilanne visits the fish market where she meets Carlo Galazzo, the General Manager. He describes all of the different kinds of fish, wine and cheeses available at the restaurant. She then cooks clam chowder with Carlo.

Aprilanne then recaps all the great things that Bodega Bay offers in terms of food, wine, beautiful hotels, and great hiking trails.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1029  
Air Date: Thursday, June 9, 2016 6:30am  
Topic/Title: California Living: New Carneros Inn  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: Rick Riess, Former President and CEO – Carneros Inn  
Hilary Newsom, President – PlumpJackSport  
Brian Chipson, Manager – The Farm

On location at the Carneros Inn Hotel & the Orchard Private Residence Club, Aprilanne interviews Rick Riess, former president and CEO of the Carneros Inn. Rick explains how to be a “fractional owner” with the available cottages next to the hotel. He explains how the timeshare works and describes the amenities included on the property. They do a brief tour of the cottages and Rick further explains the advantages of owning “a piece of the wine country.”

Aprilanne then interviews Hilary Newsom, president of the PlumpJackSport Store located at the Carneros Inn. Hilary and Aprilanne browse through all of the clothes available at the boutique store. They then move on to the Spa. Hilary talks about the available spa packages, along with a brief tour of the spa facility. Next is an overview of the main lap pool, children’s pool and Jacuzzi.

Aprilanne and Hilary then move on to “The Farm” signature restaurant. They are seated with the restaurant manager Brian Chipson. They talk about the indigenous menu and go over some of the available items on the menu. Brian also talks about the other two restaurants available at the property.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: Bay Area Vista Episode: #542  
Air Date: Tuesday, June 14, 2016 6:00am  
Thursday, June 16, 2016 6:00am  
Topic/Title: Bay Area Vista: Life After the Loss of a Loved One  
Duration: 26:20 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Community, Family, Coping, Counseling  
Host: Janice Edwards  
Guests: Jacqueline E. Lockett, Author – “Searching for Tina Turner”, “Passing Love”  
Mike Robbins and Mary Robbins, Authors – “Life After the Loss of a Loved One”

Jacqueline E. Lockett, Author of “Searching for Tina Turner,” talked about using Tina Turner as an inspiration character. She talked about how the character of her book looks inside of herself for change. She gave advice on how women shouldn’t lose themselves by touching base with themselves and their friends. She talked about how she switched from the corporate world to being a writer. She talked about the support system that she has with other women writers. She talked about having a new novel, “Passing Love,” that is coming out in January, 2012.

Life after the loss of a loved one: Author Mike Robbins and Mary Ryan, volunteer with the Centre for Living with Dying, talked about losing their loved ones (Mike and Janice), and how it is life transforming. Characteristics of grief were talked about, both emotional and physical. In addition, how to deal with the physical grief was discussed. Mike talked about the importance of finding safe people to talk to. Mary talked about triggers that can set someone back. Mike talked about having different rituals.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1027  
Air Date: Tuesday, June 14, 2016 6:30am  
Topic/Title: California Living: Healthy Dishes with Clover  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Volunteer, Construction, Remodeling  
Host: Aprilanne Hurley  
Guests: Marcus Benedetti, President – Clover Stornetta Farm  
Peter Pahk, Chef – Clover Stornetta Farm  
Marcela Valladolid, Chef – Clover Stornetta Farm

Aprilanne interviewed Marcus Benedetti, the president of Clover, Stornetta Farm. He talked about how the company was established and the products they made. Then Chef Peter Pahk showed the preparation of some dishes using fruit, veggie, yogurt and Clover's products. After that, Chef Marcela Valladolid showed the making of some Mexican dishes. Finally Aprilanne demonstrated some body exercise with the different medicine balls.



KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
FIRST QUARTER 2016

Program: California Living With Aprilanne Episode: #1001  
Air Date: Thursday, June 16, 2016 6:30am  
Topic/Title: California Living: Old World Italian Cooking  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: Granziano Perozzi, Owner – Graziano's Restaurant  
Demon Calegari, Customer – Graziano's Restaurant  
Sonia Perozzi, Co-Owner – Graziano's Restaurant

Show host Aprilanne Hurley explores California's trends in food, travel and healthy living. Aprilanne interviewed Granziano Perozzi, owner of Graziano's Restaurant in Petaluma, CA. He talked about his upbringing in Italy (His mom had worked as a cook in a restaurant in Italy.) When he came to Petaluma, he felt like he was in Italy. He showed Aprilanne how to make tomato sauce, meatballs, and stuffed artichokes. Damon Calegari, one of the customers of Graziano's, talked about his favorite dishes, and tasted the items that Aprilanne and Granziano made. Granziano talked about how to pair a wine with a dish. Paulie Fuller, bartender at Graziano's, showed Aprilanne how to make his signature martinis. Sonia Perozzi, co-owner of Graziano's, talked about why they keep their lounge cold (So that the vodka doesn't get warmed).

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: Bay Area Vista Episode: #543  
Air Date: Tuesday, June 21, 2016 6:00am  
Thursday, June 23, 2016 6:00am  
Topic/Title: Bay Area Vista: Flying High with Lisa Bernard  
Duration: 26:45 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Entertainment, History, Health  
Host: Janice Edwards  
Guests: Earl Hibler, Pilot  
Seth Miller, Volunteer – Painted Turtle Camp

Flying High: Lisa confronted her fears of flying. She went flying with Earl Hibler, who is one of the most respected pilots in the world. He is based in the San Francisco Bay Area. She was given the opportunity to fly the plane. They flew from Hayward to Half Moon Bay and back to Hayward. Lisa had gotten over her fears of flying.

Painted Turtle Camp: a camp for children who have chronic illnesses that allows them to be like everyone else for a week. Many of the doctors and nurses of UCSF volunteer at Painted Turtle Camp. Seth Miller, volunteer, talked about dedicating each of the eight weeks of camp to a specific chronic illness. He talked about some of the challenges and amazing things that these children face and how they are encouraged to do different things, like swimming and a high rope course. He talked about how volunteering at camp changed him. He helps children how to give them their own medicine so that they will have the freedom from their parents/caregivers to go out into the world. He teaches the children to believe in themselves and to explore who they really are with support of the camp. He talked about how everything is paid for so that the campers and their families (many of whom are low income) do not have to pay anything. They rely on donations from corporations and small donations from individuals and families.

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1026  
Air Date: Tuesday, June 21, 2016 6:30am  
Topic/Title: California Living: Insider's Guide: Tiburon, CA  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Entertainment  
Host: Aprilanne Hurley  
Guests: Eva Claiborne, Owner – Eva Claiborne Skin Institute  
Steve Merrifield, Owner – Demo Sport  
Maggie McDonogh, CEO and Captain – Angel Island Tiburon Ferry  
Brian Wilson, Owner – Sam's Anchor Cafe

Aprilanne went to the Eva Claiborne Skin Institute, where she interviewed the owner, Eva Claiborne, about an ultrasonic anti-aging facial treatment, which after 10 minutes will see youthful results. They used a model that had never had a facial treatment to do the facial treatment on. According to Eva, it will take several treatments for the skin of the model to have the desired result.

Aprilanne interviewed Steve Merrifield, owner of Demo Sport, about seeing the sights of the San Francisco Bay by paddle boarding. He talked about the ease of using a stand up paddle board (a long, wide surfboard which the person stands up on and uses a paddle). According to Steve, anyone can use it, especially on a lake or calm water. It takes minimal amount of training. There are some physical benefits of stand-up paddle boarding: it uses every muscle in the body. It takes a certain amount of balance to balance the legs. The mind is thinking about what's ahead and moving around.

Aprilanne interviewed Maggie McDonogh, CEO and Captain of Angel Island Tiburon Ferry about the 50<sup>th</sup> anniversary of her family running the Angel Island Tiburon Ferry. Aprilanne and Maggie talked about the various cruises that they have done for quite a few years. Video was shown of the various cruises that they had taken. Maggie talked about the sunset cruises, which happens every Friday and Saturday evening from May-October. The guests can bring out their own picnic dinners. They cruise towards the Golden Gate and back.

Aprilanne and Maggie went to Sam's Anchor Café, and Aprilanne interviewed Brian Wilson, co-owner of Sam's Anchor Café, about the specialty oyster dish, Oyster's Brian, that they make. Aprilanne and Maggie had the Oyster's Brian and a glass of wine. Then Brian brought the crab dish. He talked about using good, fresh seafood for the dishes. Danny the chef talked about some of his secrets of presenting food. He talked about making the food look right (98% of it is visual).

KSPX-TV, Sacramento, CA  
PUBLIC AFFAIRS REPORT  
SECOND QUARTER 2016

Program:	California Living With Aprilanne	Episode: #1013
Air Date:	Thursday, June 23, 2016 6:30am	
Topic/Title:	California Living: Relaxed California Living	
Duration:	28:30 minutes	
Style/Type:	Interview	
Source:	Inside Look TV	
Issues Addressed:	Travel, Food	
Host:	Aprilanne Hurley	
Guests:	Brian Gipson, Owner – Carneros Inn Magnolia Polley, Masseuse – Carneros Inn Jeffrey Starr, Winery Chef – Trincherro Family Estates	

Aprilanne interviewed Brian Gipson, of Carneros Inn, located in Napa, CA, about their spa destination package. He talked about the philosophy of the spa and inn, which is laid back, simple way of life that is in Carneros. Brian showed Aprilanne one of the cottages where people can stay for the day (10AM-6PM). Aprilanne did the human gem and stone massage and she explained with the masseuse, Magnolia Polley, on how this massage is done. Then Aprilanne interviewed Diana (note: there is no CG on the name) about her philosophy of the spa treatments. According to Diana, their treatments are inspired by what surrounds them: the farms, the minerals, the flowers, the creeks, etc. They use materials that are organic and local. Aprilanne interviewed Jeffrey Starr, Winery Chef, and Trincherro Family Estates. He talked about where he gets his ingredients from (mostly Napa Valley). He talked about how food has to look good. Garnishes have to make sense to the dish. He showed Aprilanne how he pairs food with wine. He talks about how food has to enhance the wine. It is about balancing taste and making sure that it has a positive effect. He talks about planning ahead when putting together a dinner party and doing it in small bites. Aprilanne showed some exercises on how to help make muscles more defined by nightfall. She called it the Toned by Night workout.

KSPX-TV, Sacramento, CA  
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SECOND QUARTER 2016

Program: Bay Area Vista Episode: #595  
Air Date: Tuesday, June 28, 2016 6:00am  
Thursday, June 30, 2016 6:00am  
Topic/Title: Bay Area Vista: Motown the Musical/Victoria Thuy Vi/Ledisi performance  
At San Jose Jazz Festival  
Duration: 26:20 minutes  
Style/Type: Interview  
Source: Bay Area Vista  
Issues Addressed: Exercise, Fitness, Health  
Host: Janice Edwards  
Guests: Nicholas Christopher, Performer – Motown the Musical  
Patrice Covington, Performer – Motown the Musical  
Victoria Thuy Vi, Singer

Motown the Musical: Janice interviewed Nicholas Christopher (he portrays Smokey Robinson) and Patrice Covington (she portrays Martha Reeves/Edna Anderson), two of the performers in “Motown the Musical.” Nicholas talked about how he realize that Smokey was a performer and songwriter, but he was also the vice president of Motown Records, and how he was integral to Motown’s success. Patrice talked about how she and Nicholas are two of the few in the cast who are portraying performers who are still living and Nicholas and Patrice were able to speak to them. Patrice talked about how Edna Anderson (the character who she portrayed the most) was one of Berry Gordy’s right hand women and was influential to his crossing over to a wider audience. Nicholas talked about how they practice for their performances. Patrice mentioned how people listen to the music of Motown, from her grandmother to future generations, and how you can’t get rid of it. Nicholas talked about how the show brings hope, how people can overcome, and the love which the music was made with. Patrice talked about her favorite part to the show (doing “Dancing in the Streets”). She talked about how the song, “What’s Going On” is still reverent today, in light of what happened in Ferguson and the racism that is still happening. Nicholas talked about how he was an understudy for the role of Smokey in the original cast and also portraying Norman Whitfield. Patrice talked how Berry Gordy called her by name and how the Motown family took her into their family.

Victoria Thuy Vi: she is 10 years old and has two CD’s out. Victoria was 4 years old when she started singing in English and she was 5 or 6 years old when she started to sing in Vietnamese. She went to Vietnam recently and met her relatives. She worked on the two CD’s while there. One of the CD’s she recorded for Buddhist Monks. When she performs, she loves to see the smiles on the people’s faces and how she brings joy to the audience. Her parents inspired her to perform and pushed her to pursue her dreams. She wants to be a surgeon when she is an adult. She talked about how she is not affected by the two cultures that she comes from (African American and Vietnamese).

Ledisi performance at San Jose Jazz Festival: Ledisi performed at the San Jose Jazz Festival last month.

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SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1010  
Air Date: Tuesday, June 28, 2016, 6:30am  
Topic/Title: California Living: Bodega Bay, CA  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Food, Travel, Real Estate, Housing, Commute  
Host: Aprilanne Hurley  
Guests: Claire Ramage – Links at Bodega Harbor  
Mark Dierkshing, Chef – Blue Water Bistro  
Marco Galazzo – Inn at the Tides  
Johannes Zachbauer, Property Owner – Sonoma Coast Villa and Spa  
Dennis and Kathleen Erba, Owners – Coldwell Banker Coast Properties

Links at Bodega Harbor: Aprilanne interviewed Claire Ramage, of Links at Bodega Harbor, talked about the golf course at Links at Bodega Harbor. She also talked about the remodeled restaurant, Blue Water Bistro. Then Aprilanne interviewed Mark Dierkshing, chef of the Blue Water Bistro at the Links as Bodega Harbor. He talked about Wine Country cuisine. According to Mark, it's about the agriculture and the herbs. He uses local growers for the dishes that he makes. He showed off several dishes that he made. Bob Caldwell, PGA Pro, gave Aprilanne a golfing lesson in putting. He told Aprilanne that golf beginner's need to start with putting, chipping and pitching; work on the short game. It will help the beginners to improve in the long run.

The Inn at the Tides: Aprilanne interviewed Marco Galazzo about how the Inn at the Tides is situated among the Bodega Bay coast. Galazzo discusses the amenities of the Inn at the tides, including dining options. This included a tour of the Inn, a brief history of the local area including the cameos seen in the movie "The Birds." Galazzo then further offers examples of areas of interest that provide visitors a taste of sea life, wine, cheese, as well as locally produced chocolates.

Sonoma Coast Villa and Spa: Johannes Zachbauer, the property owner gave Aprilanne a tour of the Villa property (Please note that there is no CG of his name in the show itself, only on the end credits). He also made some dishes to show to Aprilanne. Aprilanne went to the spa area where Tracey Pritchitt, Certified Massage Therapist, gave Aprilanne a Sonoma Scrub and Wrap treatment (a signature treatment at the spa.)

Real estate at Bodega Bay: Aprilanne interviewed Dennis and Kathleen Erba, owners of Coldwell Banker Coast Properties about how to find a home on the coast. Kathleen talked about the importance of having a local agent representing the buyer. Dennis talked about the considerations in buying a home at the coast. Dennis talked about how Bodega Bay has become a resort destination. Kathleen talked about how Bodega Bay is close to San Francisco (about an hour's drive north of San Francisco.)

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SECOND QUARTER 2016

Program: California Living With Aprilanne Episode: #1003  
Air Date: Thursday, June 30, 2016 6:30am  
Topic/Title: California Living: Plump Jack Winery  
Duration: 28:30 minutes  
Style/Type: Interview  
Source: Inside Look TV  
Issues Addressed: Wine Tasting, Tourism, Travel, and Entertainment  
Host: Aprilanne Hurley  
Guests: John Conover, General Manager – Plump Jack Winery  
Anthony Biagi, Wine Maker – Wine Jack Winery  
Kimball Jones, Executive Chef

Aprilanne interviewed John Conover, General Manager of Plump Jack Winery in Napa Valley. He talked about the history of Plump Jack Winery (it was founded in 1995 by a couple of people, Gavin Newsom and Gordon Getty, who are from San Francisco). The goal is to make wine less intimidating, more inviting experience for people. He talked about how he takes the mystery out of the wine experience for wine lovers by allowing people to see the grape growing, wine making, bottling process, and enjoy wines in a very casual environment. He talked about having the founders overlook the property, and their passion for fine wine. He talked about how Plump Jack Winery had gotten its name (from a character in Shakespeare's play "Falstaff"). He talked about how wine and food are theatre and entertainment. He talked about having your palate be your ultimate judge when tasting wine. He talked about screw cap wines, where there is a screw cap on the bottle instead of a cork. He talked about seeing mold in their corks about 7 – 8 years ago and if affected about 6 – 7% of all wines. It gives a moldy off character in wine. He, Gavin and Gordon looked for alternative closures for their wines. He talked about how the wine industry was kicking and screaming over this switch. He talked about the environmental aspects of using a screw cap instead of a cork (it saves trees from being used for cork and the ease of opening the bottle of wine). He gives a demonstration on how he does a wine tasting and some tips on wine tasting.

Anthony Biagi, winemaker, Wine Jack Winery, talked about the three things that go into making a great wine: 1) having a wonderful vineyard, 2) having a great team who believes in making great wine and 3) having a great ownership that supports the winemaking team. It takes 2 years for a return on an investment in wine.

Kimball Jones, Executive Chef, gives his tips on pairing wine with food and the barbecue. He talks about making the food go with the wine and making it well balanced.

Aprilanne gave the 6 steps to wine tasting.

