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ISSUES/PROGRAMS FILE Quarter 1, 2023

WALC - 100.5 Charleston, SC
WCFJ - 92.1 Irmo, SC
WGFJ - 94.1 Cross Hill, SC
WLFA - 91.3 Asheville, NC
WLFH - 88.9 Claxton, GA
WLFJ-FM - 89.3 Greenville, SC
WLFS - 91.9 Port Wentworth, GA
WMBJ - 88.3 Murrells Inlet, SC
WPFJ - 1480 Franklin, NC
WRAF - 90.9 Toccoa Falls, GA
WZLC - 88.9 Summerville, SC

Issue Category	Date Range		Day Part	Time	Topic/Focus Group	Program Content
Education	1/2/2023	1/2/2023	Lunch With Brian	60 secs.	Doctor worked as a substitute teacher	Talked about a KY Dr. who used his day off to substitute teach because of a teacher shortage. Donates his pay back to the school.
Family Values/Parenting/Children	1/2/2023	1/2/2023	Lunch With Brian	60 secs.	Top Baby Names for the past year	Talked about Baby Center releasing their list of the top baby names for the past year. The top boy and girl names remain the same from the previous year.
Health/Nutrition/Fitness	1/2/2023	1/2/2023	Mid-days with Joe Polek	30 secs.	New Year Resolution / Health	Shared about ways to stay active in the new year.
Health/Nutrition/Fitness	1/3/2023	1/3/2023	Mid-days with Joe Polek	30 secs.	Stretching / Health	Shared about the importance of stretching for 10 minutes a day.
Family Values/Parenting/Children	1/4/2023	1/4/2023	Lunch With Brian	60 secs.	Last and first babies of the year	Talked about TX twins girls who were the last baby 2022 and the first baby of 2023 in their hometown. One born at 11:55p on 12/31/22 and her sister born at 12:01a on 1/1/23.
Finances	1/4/2023	1/4/2023	Lunch With Brian	60 secs.	Free or inexpensive hobbies	Talked about several hobbies that are either free or inexpensive.
Senior Citizens	1/5/2023	1/5/2023	Rob and Lizz in the Mornings	30 secs.	Retirement accounts	Changes to retirement accounts.
Health/Nutrition/Fitness	1/6/2023	1/6/2023	Rob and Lizz in the Mornings	90 secs.	Better Sleep	White noise on iphone helps improve sleep.
Economy	1/6/2023	1/6/2023	Harilyn in the Afternoon	60 secs.	Japan overcrowded problem/solution	Japan offered to pay families to move out of its overcrowded capital.
Consumer	1/9/2023	1/9/2023	Rob and Lizz in the Mornings	90 secs.	Scams	Weight loss scams.
Health/Nutrition/Fitness	1/9/2023	1/9/2023	Lunch With Brian	60 secs.	Body parts we don't wash enough	Talked about Dr. Jen Caudle who shared on TikTok the 5 body parts we aren't washing enough.
Health/Nutrition/Fitness	1/9/2023	1/9/2023	Mid-days with Joe Polek	30 secs.	New Year Resolution / Health	Shared about ways to keep your resolutions going.

Health/Nutrition/Fitness	1/11/2023	1/11/2023	Rob and Lizz in the Mornings	90 secs.	Exercise	Benefits of walking 10 mins per day.
Government	1/11/2023	1/11/2023	Rob and Lizz in the Mornings	90 secs.	Safety	Possible ban on indoor gas stoves.
Senior Citizens	1/11/2023	1/11/2023	Lunch With Brian	60 secs.	89 year old received her master's degree	Talked about Joan Donovan, an 89 year old who just received her master's degree and the advice she gives to those scared of trying, she said to keep trying.
Health/Nutrition/Fitness	1/13/2023	1/13/2023	Mid-days with Joe Polek	30 secs.	Mood / Health	Shared about Seasonal Affective Disorder and ways to help it.
Environment	1/13/2023	1/13/2023	Harilyn in the Afternoon	60 secs.	Preventing Winter Blahs	Change the environment around you to give you better health and well being during the winter months.
Family Values/Parenting/Children	1/13/2023	1/13/2023	Harilyn in the Afternoon	60 secs.	Talking to kids about stress levels	Talk to your kids about stress.. research showed it's the number one thing that they wont talk to parents about.
Finances	1/16/2023	1/16/2023	Rob and Lizz in the Mornings	30 secs.	Taxes/Finance	IRS tax filing date is April 18th for 2023.
Health/Nutrition/Fitness	1/16/2023	1/16/2023	Rob and Lizz in the Mornings	90 secs.	Mental Health	Best medicine for anxiety/depression.
Environment	1/16/2023	1/16/2023	Rob and Lizz in the Mornings	90 secs.	Weather	Record snowfall in California could end drought.
Health/Nutrition/Fitness	1/16/2023	1/16/2023	Mid-days with Joe Polek	30 secs.	Mood / Health	Shared about today being "Blue Monday" and ways to help your mood.
Welfare/Safety	1/17/2023	1/17/2023	Rob and Lizz in the Mornings	30 secs.	Driving	Best and worst drivers live in these states.
Health/Nutrition/Fitness	1/17/2023	1/17/2023	Rob and Lizz in the Mornings	30 secs.	Exercise	Six minutes of exercise all that is needed for a brain boost.
Government	1/17/2023	1/17/2023	Rob and Lizz in the Mornings	90 secs.	Energy	The US Govt recommendations on where to set thermostat in Summer and Winter.
Consumer	1/17/2023	1/17/2023	Lunch With Brian	60 secs.	Pepsi ending Sierra Mist	Talked about Pepsi discontinuing Sierra Mist after 24 years and replacing it with a new drink called "Starry".
Media	1/17/2023	1/17/2023	Lunch With Brian	60 secs.	History at a college football game	Talked about history being made at this year's Hula Bowl. It was the first time ever an all female crew officiated a college football game.
Family Values/Parenting/Children	1/17/2023	1/17/2023	Mid-days with Joe Polek	30 secs.	Parenting Kids	Shared about taking family trips benefit your childs happiness.
Health/Nutrition/Fitness	1/18/2023	1/18/2023	Mid-days with Joe Polek	30 secs.	Mood / Health	Shared about the three pillars of health.
Senior Citizens	1/18/2023	1/18/2023	Harilyn in the Afternoon	60 secs.	82-year-old British Columbia man	Canadian man, 82, became the world's oldest to perform a headstand.
Health/Nutrition/Fitness	1/19/2023	1/19/2023	Mid-days with Joe Polek	30 secs.	Health / Illness	Shared about cold remedies.

Family Values/Parenting/Children	1/19/2023	1/19/2023	Mid-days with Joe Polek	30 secs.	Parenting / Motherhood	Shared about moms putting a lot of pressure on themselves.
Media	1/19/2023	1/19/2023	Harilyn in the Afternoon	60 secs.	Mistakes at work	British Airways steward makes £50,000 mistake on first day of work by activating slide by accident.
Economy	1/19/2023	1/19/2023	Harilyn in the Afternoon	60 secs.	Egg replacements	With the increase cost in eggs, what can we use instead of eggs to make our food.
Family Values/Parenting/Children	1/23/2023	1/23/2023	Lunch With Brian	60 secs.	Kid correspondent for Super Bowl 57	Talked about a 12 year old Arizona girl being selected by Good Morning America as their Kid Correspondent for Super Bowl 57.
Health/Nutrition/Fitness	1/23/2023	1/23/2023	Mid-days with Joe Polek	30 secs.	Mood / Health	Shared about "Sunday Night Blues".
Finances	1/23/2023	1/23/2023	Harilyn in the Afternoon	30 secs.	IRS will start accepting Tax returns	The IRS started accepting 2022 tax returns and begin issuing refunds.
Crime & Drugs	1/24/2023	1/24/2023	Rob and Lizz in the Mornings	30 secs.	Crime	US Customs sees a rise in eggs being smuggled in from Mexico.
Consumer	1/24/2023	1/24/2023	Rob and Lizz in the Mornings	30 secs.	Inflation	Car prices are down and there is more inventory.
Economy	1/24/2023	1/24/2023	Mid-days with Joe Polek	30 secs.	Energy / Savings	Shared about US Department of Energy's recommended thermostat settings.
Consumer	1/25/2023	1/25/2023	Rob and Lizz in the Mornings	30 secs.	Prescriptions	Amazon offers a prescription plan.
Economy	1/26/2023	1/26/2023	Rob and Lizz in the Mornings	30 secs.	Productivity	Extra sleep benefits productivity.
Senior Citizens	1/26/2023	1/26/2023	Rob and Lizz in the Mornings	90 secs.	Dementia	Using Real Maps instead of GPS could offset dementia.
Welfare/Safety	1/27/2023	1/27/2023	Rob and Lizz in the Mornings	90 secs.	Safety	Storing eggs properly.
Senior Citizens	1/27/2023	1/27/2023	Lunch With Brian	60 secs.	Grannys instead of chefs	Talked about a NYC restaurant that hires grandmothers instead of chefs. They rotate around and cook food from their homelands.
Senior Citizens	1/31/2023	1/31/2023	Harilyn in the Afternoon	60 secs.	Elderly man skydived	Preacher went skydiving for his 98th birthday.
Family Values/Parenting/Children	2/1/2023	2/1/2023	Rob and Lizz in the Mornings	30 secs.	Birth Rate	The US birth rate went up in 2021.
Health/Nutrition/Fitness	2/1/2023	2/1/2023	Rob and Lizz in the Mornings	90 secs.	Mental Health	Free or cheap ways to improve Mental Health.
Health/Nutrition/Fitness	2/1/2023	2/1/2023	Rob and Lizz in the Mornings	90 secs.	Nutrition	Research found that potatoes have good nutritional value.
Welfare/Safety	2/2/2023	2/23/2023	Rob and Lizz in the Mornings	30 secs.	Safety	Certain brands of eye drops may lead to bacterial infections according to the CDC.
Economy	2/2/2023	2/2/2023	Rob and Lizz in the Mornings	30 secs.	Economy	Federal Reserve raised interest rates again.

Family Values/Parenting/Children	2/3/2023	2/3/2023	Lunch With Brian	60 secs.	Senior Class mails letters	Talked about a senior class at a Maine high school that takes a walk to the post office every year. The purpose is to mail letters to the mentors that helped shape their lives.
Health/Nutrition/Fitness	2/6/2023	2/362023	Rob and Lizz in the Mornings	30 secs.	Health and Sickness	Study showed that most Americans go to work even when sick.
Political Issues	2/6/2023	2/6/2023	Rob and Lizz in the Mornings	30 secs.	Chinese Government	Chinese Spy Balloon shot down over the Atlantic Ocean.
Health/Nutrition/Fitness	2/6/2023	2/6/2023	Lunch With Brian	60 secs.	CPR education at the Super Bowl	Talked about the inspiring life saving actions on Buffalo Bill Damar Hamlin has led many to take CPR classes. The NFL partnered with the American Heart Association to offer free CPR training during Super Bowl week.
Economy	2/7/2023	2/7/2023	Rob and Lizz in the Mornings	30 secs.	Jobs	Subway added more employees.
Health/Nutrition/Fitness	2/7/2023	2/7/2023	Mid-days with Joe Polek	30 secs.	Sleep / Mental Health	Shared about ways to help "power down" at end of day.
Welfare/Safety	2/7/2023	2/7/2023	Harilyn in the Afternoon	60 secs.	Universal Studios ride	Universal's Mario Kart ride had controversial size requirement.
Disaster Relief	2/9/2023	2/9/2023	Rob and Lizz in the Mornings	30 secs.	Earthquake Relief	Syria and Turkey recovery efforts after 7.8 magnitude earthquake.
Senior Citizens	2/9/2023	2/9/2023	Lunch With Brian	60 secs.	The Sodfather's last Super Bowl	Talked about 94 year old NFL groundskeeper George Toma who is known as "The Sodfather". He has looked after every field at every Super Bowl and this year will be his last.
Political Issues	2/13/2023	2/13/2023	Rob and Lizz in the Mornings	30 secs.	Unidentified Object	US Government shot down another high altitude object over Alaska.
Family Values/Parenting/Children	2/13/2023	2/13/2023	Rob and Lizz in the Mornings	90 secs.	Romance	Importance in keeping romance alive even with small children in the home.
Consumer	2/13/2023	2/13/2023	Lunch With Brian	60 secs.	Losing Super Bowl gear	Talked about how the NFL partners with Good360 to distribute the gear of the losing Super Bowl team. For 9 years the gear has been distributed to people in other parts of the world in great need.
Consumer	2/13/2023	2/13/2023	Lunch With Brian	60 secs.	Money spent on Valentine's day	Talked about the amount of money Americans plan to spend on Valentine's Day, 26 billion dollars. It's the second highest total since 2004.
Political Issues	2/14/2023	2/14/2023	Rob and Lizz in the Mornings	30 secs.	Americans	Government is urging US Citizens to leave Russia.
Disaster Relief	2/14/2023	2/14/2023	Rob and Lizz in the Mornings	30 secs.	Earthquake Relief	UN said rescue efforts in Turkey and Syria are winding down.
Consumer	2/14/2023	2/14/2023	Rob and Lizz in the Mornings	30 secs.	Valentine's Day	Americans spent \$26 billion on Valentine's Day.
Economy	2/14/2023	2/14/2023	Rob and Lizz in the Mornings	90 secs.	Jobs	In 2023, jobs will be in these industries.

Family Values/Parenting/Children	2/15/2023	2/15/2023	Rob and Lizz in the Mornings	30 secs.	Teen Girls	CDC said more than half US teen girls struggle with sadness and depression.
Health/Nutrition/Fitness	2/15/2023	2/15/2023	Rob and Lizz in the Mornings	30 secs.	Life Span	Sports are related to a longer life span.
Family Values/Parenting/Children	2/15/2023	2/15/2023	Lunch With Brian	60 secs.	Lost wallet returned	Talked about Dee leaving her wallet in a shopping cart at Walmart. 19 year old Delivontae found it and drove over 30 miles just to make sure it was returned to the rightful owner.
Family Values/Parenting/Children	2/15/2023	2/15/2023	Lunch With Brian	60 secs.	Barney is back	Talked about Mattel relaunching the Barney franchise next year. It will include TV, film and YouTube content as well as music, toys, books and clothing.
Economy	2/15/2023	2/15/2023	Mid-days with Joe Polek	30 secs.	Tax Season	Shared about ways to get ready for Tax Season.
Media	2/15/2023	2/15/2023	Harilyn in the Afternoon	60 secs	Pickle in a blanket	A new Tic Toc trend.
Senior Citizens	2/15/2023	2/15/2023	Harilyn in the Afternoon	60 secs	Live longer	Play these sports according to the Mayo Clinic – as compared to sitting on your bottom.
Political Issues	2/16/2023	2/16/2023	Rob and Lizz in the Mornings	30 secs.	Presidential Candidate	Former SC Governor, Nikki Haley, announced run for Presidency.
Disaster Relief	2/17/2023	2/17/2023	Rob and Lizz in the Mornings	30 secs.	Train Derailment	Train Derailment in Michigan.
Disaster Relief	2/21/2023	2/21/2023	Rob and Lizz in the Mornings	30 secs.	Earthquake	Another earthquake in Turkey. 6.4 magnitude.
Education	2/21/2023	2/21/2023	Rob and Lizz in the Mornings	90 secs.	Technology	Internet Explorer is no more.
Education	2/21/2023	2/21/2023	Rob and Lizz in the Mornings	30 secs.	Graduation	Many 22 graduates missed out on 3.5 billion dollars in college grants.
Family Values/Parenting/Children	2/21/2023	2/21/2023	Lunch With Brian	60 secs.	Mother to pay people to be friends to her son	Talked about a mom in Missouri who wanted to make sure her son with Down Syndrome had friends. She offered on social media to pay people to hang out with her 24 year old son. So many people offered to hang out, her calendar is full for the next few months and her son is the happiest he's been in years
Media	2/21/2023	2/21/2023	Lunch With Brian	60 secs.	Michael Jordan's 60th birthday celebration	Talked about one way Michael Jordan was celebrating his 60th birthday, making a 10 million dollar donation to Make-A-Wish. It's the largest individual donation in the organization's history.
Family Values/Parenting/Children	2/21/2023	2/21/2023	Mid-days with Joe Polek	30 secs.	Parenting / Marriage	Shared about the TEAM Formula to help your marriage.

Disaster Relief	2/22/2023	2/22/2023	Rob and Lizz in the Mornings	30 secs.	Train Derailment	EPA is ordering Norfolk Southern to clean up after train derailment in Ohio.
Family Values/Parenting/Children	2/23/2023	2/23/2023	Rob and Lizz in the Mornings	30 secs.	Children's health	RSV vaccine for pregnant mothers.
Health/Nutrition/Fitness	2/24/2023	2/24/2023	Lunch With Brian	60 secs.	UK brother-in-laws set a Guinness World Record	Talked about a pair of British brother-in-laws who set a Guinness World Record for van pulling. It helped to raise money for cancer research.
Senior Citizens	2/25/2023	2/25/2023	Lunch With Brian	60 secs.	Couple renewed wedding vows on Valentine's Day	Talked about a couple married for 72 years who renewed their wedding vows on Valentine's Day.
Family Values/Parenting/Children	2/27/2023	2/27/2023	Rob and Lizz in the Mornings	30 secs.	Teenagers	Screen Time is rising at an alarming rate for US Teens.
Health/Nutrition/Fitness	2/28/2023	2/28/2023	Rob/Harilyn Morning	60 secs.	Don't skip breakfast	Many reasons you shouldn't skip the first meal of the day, benefits and health reasons.
Political Issues	2/28/2023	2/28/2023	Rob/Harilyn Morning	60 secs.	Spy balloon pictures	Pentagon released photo of Chinese spy balloon in air.
Health/Nutrition/Fitness	3/1/2023	3/1/2023	Lunch With Brian	60 secs.	New Post cereal	Talked about Post launching a new nighttime cereal designed to be a part of a healthy sleep routine.
Family Values/Parenting/Children	3/1/2023	3/1/2023	Lunch With Brian	60 secs.	New Mister Rogers album	Talked about a new album featuring Mister Roger's songs done by various artists. It will commemorate what would be his 95th birthday.
Consumer	3/2/2023	3/2/2023	Lunch With Brian	60 secs.	New Kraft cheese sizes	Talked about Kraft launching new Ultra Thin and Ultra Thick cheese slices to give you more choices for cheese.
Media	3/3/2023	3/3/2023	Lunch With Brian	60 secs.	Cheerleader competed as a squad of one	Talked about a Nebraska cheerleader who competed in her state competitions alone. The other member of her team quit and she competed alone and came in 8th out of 12 squads.
Consumer	3/4/2023	3/4/2023	Lunch With Brian	60 secs.	New Parking Tag program in the Smokies	Talked about a new parking tag program for anyone headed to and parking anywhere in the Great Smoky Mountains National Park. Daily, weekly and yearly levels.
Consumer	3/6/2023	3/6/2023	Rob and Lizz in the Mornings	90 secs.	Technology	Apple will put age requirements on AI apps.
Health/Nutrition/Fitness	3/6/2023	3/6/2023	Rob and Lizz in the Mornings	30 secs.	Sleep	Wearing an eye mask at night can lead to more alertness the next day.
Finances	3/6/2023	3/6/2023	Lunch With Brian	60 secs.	New Ford patent on self-driving cars	Talked about Ford working on a patent on self-driving cars. If you are delinquent on payments it could repossess itself.
Government	3/7/2023	3/7/2023	Rob and Lizz in the Mornings	30 secs.	Time Change	Some lawmakers want to put an end to Daylight Saving Time.
Consumer	3/7/2023	3/7/2023	Rob and Lizz in the Mornings	30 secs.	Pets and inflation	Pet food prices are rising due to inflation.
Health/Nutrition/Fitness	3/7/2023	3/7/2023	Mid-days with Joe Polek	30 secs.	Health / Older Adults	Shared about the need to visit a doctor regularly.

Health/Nutrition/Fitness	3/7/2023	3/7/2023	Harilyn in the Afternoon	30 secs	Health- getting out earwax	These headphones will let you hear music better — by cleaning out your earwax.
Education	3/8/2023	3/8/2023	Rob and Lizz in the Mornings	90 secs.	High School/College	Some universities dropped need for SAT/ACT.
Media	3/8/2023	3/8/2023	Rob and Lizz in the Mornings	30 secs.	Social media	TIKTOK is limiting teen app time to 60 minutes per day.
Government	3/8/2023	3/8/2023	Rob and Lizz in the Mornings	90 secs.	Passports	New Passport Renewal guidelines.
Crime & Drugs	3/9/2023	3/9/2023	Rob and Lizz in the Mornings	90 secs.	911 calls	Officials asked you not to call 911 when you see stars/planets in the sky.
Consumer	3/9/2023	3/9/2023	Lunch With Brian	60 secs.	Airbag Jeans	Talked about a Swedish company, Mo'cycle developing air bag jeans to offer impact protection for the lower body in crashes.
Senior Citizens	3/10/2023	3/10/2023	Lunch With Brian	60 secs.	Continuing her mom's legacy	Talled about a East TN woman her continues her mom's legacy of knitting hats for premature babies, cancer patients and the elderly.
Consumer	3/13/2023	3/13/2023	Rob and Lizz in the Mornings	90 secs.	Travel	Cheapest/most expensive airports to fly out of in US.
Education	3/13/2023	3/13/2023	Lunch With Brian	60 secs.	15 year old law student	Talked about a 15 year old student who scored the highest in 3 states on the Law School Entrance Exam. He's decided on what law school to attend this fall.
Education	3/15/2023	3/15/2023	Rob and Lizz in the Mornings	90 secs.	Education	Some schools offered classes in happiness.
Environment	3/15/2023	3/15/2023	Rob and Lizz in the Mornings	90 secs.	Coast of Florida	Giant blob of seaweed invading coast of Florida.
Education	3/15/2023	3/15/2023	Lunch With Brian	60 secs.	8 year old dressed like her favorite superhero	Talked about an 8 year old girl who decided to dress like her 2nd grade teacher for Superhero Day during "Spirit Week" at her elementary school.
Health/Nutrition/Fitness	3/15/2023	3/15/2023	Mid-days with Joe Polek	30 secs.	Mood / Health	Shared about how owning a pet can help your physical and mental health.
Family Values/Parenting/Children	3/15/2023	3/15/2023	Harilyn in the Afternoon	60 secs	Mom story	Desperate mom of twins called police when she can't tell them apart.
Disaster Relief	3/15/2023	3/15/2023	Harilyn in the Afternoon	60 secs	Duluth's Miller Hill Mall evacuated	Snow collapsed the mall.
Family Values/Parenting/Children	3/16/2023	3/16/2023	Rob and Lizz in the Mornings	90 secs.	Special Needs	Special Olympics returned to Fayetteville.
Health/Nutrition/Fitness	3/16/2023	3/16/2023	Mid-days with Joe Polek	30 secs.	Health / Appetite	Shared about ways to curb your appetite.
Media	3/18/2023	3/18/2023	Lunch With Brian	60 secs.	Oscar wardrobe from a thrift store	Talked about the winner for Best Director at the Academy Awards getting his tux from the Unclaimed Baggage Center in Alabama. It's a facility where orphaned airline baggage ends up for sale.
Family Values/Parenting/Children	3/23/2023	3/23/2023	Mid-days with Joe Polek	30 secs.	Parenting / Relationships	Shared about how kids are always watching and they follow your example.

Senior Citizens	3/25/2023	3/25/2023	Lunch With Brian	60 secs.	Pandemic 5Ks	Talked about Mae who began running or walking a 5K a day during the pandemic. What started as a 100 day challenge has ended up growing as she just completed her 1,000th 5K, 2 months before she turns 80.
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