PUBLIC AFFAIRS REPORT For KPXL-TV Uvalde, Texas For 2nd QUARTER ENDING JUNE 30, 2015

In accordance with Section 73.3526(e)(11)(i) of the Federal Communications Commission's rules, the following, in the opinion of **KPXL**, are the problems and needs of the community for the period noted above. They are not necessarily listed in order of importance. Each is identified by significant public affairs and/or public service programming in response to these needs.

Issues:

- Efficient Living Space: Families occasionally outgrow their homes and need more storage space. With a little creativity, they can organize their home to make it more functional, and create a play area for their children.
- 2. <u>Child Nutrition:</u> With Childhood obesity at an all-time high, local schools continue to offer healthier menu selections at lunch to encourage children to make smarter choices. Two cooking hosts prepare hidden vegetable dishes and get kids to try them and get their reactions.
- 3. Remodeling on a budget: Remodeling projects can be very expensive, however, there are some inexpensive do-it-yourself designs that can spruce up your living space without spending a lot of money.
- 4. <u>Healthier Living:</u> Go Public Initiative, created to promote Bexar County Schools, launched their heroes for health to promote healthy eating and exercise with students.
- Student Mentoring: Children at a local elementary school children learn the importance of mentoring to younger students when they get the opportunity to teach them technology.
- 6. <u>NISD's Growth:</u> Northside Independent School District recently opened two new schools to accommodate the large number of students enrolling as families continue to move into the area.
- 7. Home Improvement: Adding door and window weather stripping can help make heat and air conditioning your home more efficient. Storm doors are easy to install and can help save money on energy bills.
- 8. <u>De-Clutter Your Life:</u> The Home to Go Team offers practical yet stylish solutions to renters who desire to eliminate clutter they've accumulated over the years, and build storage that is trendy and functional.
- Educating Families: a NISD middle school offers English classes to parents that they can take at the same time that their children are attending school.

10. <u>Magnet Schools:</u> There are 5 magnet schools in the NISD school district, with specialized courses in professions such as medical, communications and construction. John Jay High School specializes in a Science and Engineering curriculum.

Living Well is a one hour community affairs program covering human interest related issues and affairs that are important to the community. Living Well provides programming that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in Living Well are "Home to Go" and "Anna & Kristina's Grocery Bag".

These programs aired on Tuesdays and Thursdays from 5:00am-6:00am.

Inside Northside Video Magazine is a locally produced thirty minute program that showcases local schools, teachers and achievements in the Northside Independent School District (NISD). These programs aired on May 21, 2015 and June 18, 2015 from 5:00am-6:00am.

Program: Title/Topic: Living Well Home to Go

Anna & Kristina's Grocery Bag

Show #:

LW305/AKGB205

Air Date:

Thursday, April 2, 2015 5:00am-6:00am

Time: Duration: Style/Type:

58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests: Home to Go Host: Peter Fallico

Guests: Robert Batulis, Mimi Pineau, Amanda Schuler Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Claudia Ibarondo

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Robert, a renter with a lot of home theater equipment, wants his living space to be more of a home but needs portable design solutions that will be suitable for when he moves into a loft.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina want to make authentic Mexican cuisine and make Gucomole, Warm Carjeta Pudding with fresh berries, and Pork Tacos with Pickled Onions and Oaxacana Black Mole with Braised chicken from the cookbook Mexican Kitchen by Rick Bayless. Chef Claudia Ibarondo samples their dishes. They also test out different electric griddles and learn about different types of chili peppers.

Program:

Living Well Home to Go

Title/Topic:

Anna & Kristina's Grocery Bag

Show #: Air Date: LW306/AKGB206

Time:

Tuesday, April 7, 2015 5:00am-6:00am

Duration: Style/Type:

58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go

Host: Peter Fallico

Guests: Mark Riedl, Maria Ricardo, Mike Ferrara, Eric

Galbraith, Mimi Pineau

Anna & Kristina's Grocery Bag

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Stephan MacIntyre

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter visits a family that has outgrown their house and needs more storage space that can be moved into a bigger home in the future. They also create an organized play area for their children.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina tackle making comfort food that can be made fast and test out the cookbook "Nigella Express" by Nigella Lawson. The recipes tested are "High Speed Hamburgers", "Roquemole", "Chicken Liver Salad", "Macaroni and Cheese", "Breakfast Bars" and "Chocolate Pear Pudding". Guest chef Stephan MacIntyre from Burgoo Bistro samples and critiques the recipes they make. Anna and Christina also show a taste test of four brands of granola bars and test out brands of kitchen scales.

Program:

Living Well Home to Go

Title/Topic:

Anna & Kristina's Grocery Bag (encore)

Show #:

LW306/AKGB206

Air Date:

Thursday, April 9, 2015

Duration:

5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go

Host: Peter Fallico

Guests: Mark Riedl, Maria Ricardo, Mike Ferrara, Eric

Galbraith, Mimi Pineau

Anna & Kristina's Grocery Bag

Hosts: Anna Wallner & Kristina Matisic

Guests: Chef Stephan MacIntyre

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode Peter visits a family that has outgrown their house and needs more storage space that can be moved into a bigger home in the future. They also create an organized play area for their children.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina tackle making comfort food that can be made fast and test out the cookbook "Nigella Express" by Nigella Lawson. The recipes tested are "High Speed Hamburgers", "Roquemole", "Chicken Liver Salad", "Macaroni and Cheese", "Breakfast Bars" and "Chocolate Pear Pudding". Guest chef Stephan MacIntyre from Burgoo Bistro samples and critiques the recipes they make. Anna and Christina also show a taste test of four brands of granola bars and test out brands of kitchen scales.

Program: Title/Topic: Living Well Home to Go

Show #:

Anna & Kristina's Grocery Bag

LW307/AKGB207

Air Date:

Tuesday, April 14, 2015 5:00am-6:00am

Time: Duration: Style/Type:

58:30 minutes Human Interest

Source:

Guests:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Margot Hines, Virginie Martocq, Michelle

Stonkus

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Mary Macintyre, 14th Vancouver Girl

Guides Unit

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easyto-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

Anyone who's accumulated too much stuff over the years understands the desire to downsize the clutter and build storage. Peter's got practical solutions for renters including removable shelves with molding for an upscale library look.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina will find out if they can trick children into eating their greens as they test out recipes from Jessica Seinfeld's Deceptively Delicious cookbook that advocates hiding vegetables in food. Chef Mary Macintyre, who owns her own restaurant geared towards children and parents alike, is there to critique Anna and Kristina's dishes and the children's reactions to the veggie hidden dishes.

Program: Title/Topic: Living Well Home to Go

Anna & Kristina's Grocery Bag (encore)

Show #:

LW307/AKGB207

Air Date:

Thursday, April 16, 2015

Time: Duration: 5:00am-6:00am 58:30 minutes

Duration: Style/Type:

Human Interest

Source:

Guests:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Margot Hines, Virginie Martocq, Michelle

Stonkus

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Mary Macintyre, 14th Vancouver Girl

Guides Unit

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

Anyone who's accumulated too much stuff over the years understands the desire to downsize the clutter and build storage. Peter's got practical solutions for renters including removable shelves with molding for an upscale library look.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina will find out if they can trick children into eating their greens as they test out recipes from Jessica Seinfeld's Deceptively Delicious cookbook that advocates hiding vegetables in food. Chef Mary Macintyre, who owns her own restaurant geared towards children and parents alike, is there to critique Anna and Kristina's dishes and the children's reactions to the veggie hidden dishes.

Program: Title/Topic: Living Well

Home to Go

Show #:

Anna & Kristina's Grocery Bag LW308/AKGB208

Air Date:

Tuesday, April 21, 2015

Time: Duration: 5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Shawn Labron, Christina Song, Tracy Foster,

Lee Buchanan

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Melissa Craig

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

In this episode Peter, along with designer Christina Song take on DIY projects to bring life to Shawn's open concept loft. Lanterns, translucent curtains and bold colors boost the open space and even the rooftop garden gets a new face. Inspired by retail shelving the modern motif is taken a trendy step forward.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Will recipes from the most powerful woman in show biz's magazine meet Anna and Kristina's high expectations or will the recipes from O, The Oprah Magazine Cookbook leave them stranded at a few culinary roadblocks? In this episode internationally versed, Chef Melissa Craig is there to test out their diverse menu.

Program: Title/Topic: Living Well Home to Go

Anna & Kristina's Grocery Bag (encore)

Show #:

LW308/AKGB208

Air Date:

Thursday, April 23, 2015

Time: Duration: Style/Type: 5:00am-6:00am 58:30 minutes Human Interest

ION Life

Source:

ION Life

Issue(s) Addressed: Guests: Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Shawn Labron, Christina Song, Tracy Foster,

Lee Buchanan

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Melissa Craig

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

In this episode Peter, along with designer Christina Song take on DIY projects to bring life to Shawn's open concept loft. Lanterns, translucent curtains and bold colors boost the open space and even the rooftop garden gets a new face. Inspired by retail shelving the modern motif is taken a trendy step forward.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Will recipes from the most powerful woman in show biz's magazine meet Anna and Kristina's high expectations or will the recipes from O, The Oprah Magazine Cookbook leave them stranded at a few culinary roadblocks? In this episode internationally versed, Chef Melissa Craig is there to test out their diverse menu.

Program: Title/Topic: Living Well Home to Go

Show #:

Anna & Kristina's Grocery Bag

LW309/AKGB209

Air Date:

Tuesday, April 28, 2015 5:00am-6:00am

Time: Duration: Style/Type:

58:30 minutes Human Interest

Source:

Guests:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico Guests: Kirsty, John, Kabeer, Sabrina Linn

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Tom Douglas, Linda Meinhardt

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easyto-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode we meet three university graduates sharing a large apartment that is a mixture of furniture and lacking style.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out "The Joy of Cooking- 75th Anniversary Edition" by Ethan Becker. Chef Tom Douglas will taste test their dishes. The girls will also test out four different brands of potato peelers and taste test different types of salt.

Program:

Living Well

Title/Topic:

Home to Go

Show #:

Anna & Kristina's Grocery Bag (encore)

LW309/AKGB209

Air Date:

Thursday, April 30, 2015

Time:

5:00am-6:00am 58:30 minutes

Duration: Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Kirsty, John, Kabeer, Sabrina Linn

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Tom Douglas, Linda Meinhardt

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Description:

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In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out "The Joy of Cooking- 75th Anniversary Edition" by Ethan Becker. Chef Tom Douglas will taste test their dishes. The girls will also test out four different brands of potato peelers and taste test different types of salt.

Program:

Living Well

Title/Topic:

Home to Go

Show #:

Anna & Kristina's Grocery Bag LW310/AKGB210

Air Date:

Tuesday, May 5, 2015

Time:

5:00am-6:00am

Duration: Style/Type:

58:30 minutes **Human Interest**

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Scott Temblay, Dylan Roberts, Virginie

Martocq

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Brian Marchesi

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easyto-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode we learn to overcome the challenges of decorating the unconventional space of a loft apartment.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Thai Food" by David Thompson and cook an entire Thai meal for Chef Brian Marchesi to taste. The girls also taste test four brands of coconut milk and test four different brands of pineapple slicers.

Program:

Living Well

Title/Topic: Home to Go

Anna & Kristina's Grocery Bag (encore)

Show #:

LW310/AKGB210

Air Date:

Thursday, May 7, 2015

Time: Duration: 5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

Guests:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Scott Temblay, Dylan Roberts, Virginie

Martocq

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Brian Marchesi

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Description:

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In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Thai Food" by David Thompson and cook an entire Thai meal for Chef Brian Marchesi to taste. The girls also taste test four brands of coconut milk and test four different brands of pineapple slicers.

Program:

Living Well

Title/Topic:

Home to Go Anna & Kristina's Grocery Bag

Show #:

LW311/AKGB211

Time:

5:00am-6:00am

Air Date:

Tuesday, May 12, 2015

Duration:

58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home To Go Host: Peter Fallico

Guests: Kendra Hawke, Pat Travers, Christina Song,

Barbara Barrett

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Andrea Froncillo

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

A young couple who doesn't want to put down roots still wants a comfortable home with room to put up out-of-town guests. Peter takes advantage of different spaces to double the function of a room as well as creating a hideaway workspace. With help from Barbara Barrett the design team puts a modern twist on antique inspirations.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Vampires beware! Anna and Kristina are testing a cookbook where every recipe – yes, even dessert – contains garlic. While they're at it, they'll find out if any modern mincing gadget is better for garlic than your standard chef's knife and which type of garlic you should use for your dishes.

Program:

Living Well Home to Go

Title/Topic:

Anna & Kristina's Grocery Bag (encore)

Show #:

LW311/AKGB211

Air Date:

Thursday, May 14, 2015

Time: Duration: Style/Type: 5:00am-6:00am 58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home To Go Host: Peter Fallico

Guests: Kendra Hawke, Pat Travers, Christina Song,

Barbara Barrett

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Andrea Froncillo

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

A young couple who doesn't want to put down roots still wants a comfortable home with room to put up out-of-town guests. Peter takes advantage of different spaces to double the function of a room as well as creating a hideaway workspace. With help from Barbara Barrett the design team puts a modern twist on antique inspirations.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Vampires beware! Anna and Kristina are testing a cookbook where every recipe – yes, even dessert – contains garlic. While they're at it, they'll find out if any modern mincing gadget is better for garlic than your standard chef's knife and which type of garlic you should use for your dishes.

Program: Title/Topic: Living Well Home to Go

Anna & Kristina's Grocery Bag

Show #:

LW312/AKGB212

Air Date:

Tuesday, May 19, 2015

Time: Duration:

5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed: Guests:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Jeanine Noyes, Beth Halstead

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Jeff Nathan

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

A musician and composer has squeezed a home office into her tiny apartment and needs to find a way to divide the space and make for a homier feel. Peter helps create more space in the home by using simple decorating tricks.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina take on recipes from the Jewish Home Cooking cookbook as they try to impress a famed New York Kosher chef. The author's philosophy is that Yiddish cooking can be modernized and made in a healthful manner. And a pickle test finds out which grocery store brand produces the perfect kosher pucker.

Program:

Inside Northside Video Magazine Episode #88

5:00am

Air Date:

Thursday, May 21, 2015

Duration: Style/Type: 30:00 minutes Documentary

Source:

Northside Independent School District

Issues addressed: Education Hostess: Laurie Salazar

Sul Ross Middle School parents go to school at the same time as their children - but they are learning English; Pre-K students receive a bright beginning for school @ NISD; Second graders at Aue Elementary School connect with kindergarten students as the teach them technology; The Go Public initiative to promote Bexar County public schools launches heroes for health to promote healthy eating and exercise with students. The Excel Academy for at risk students celebrates 25 years with the renaming of the school after first principal and founder; The John Jay Science and Engineering Academy promotes magnet school to 8th graders.

Program:

Inside Northside Video Magazine Episode #86

Air Date:

Thursday, May 21, 2015 5:30am

Duration: Style/Type:

30:00 minutes Documentary

Source:

Northside Independent School District

Issues addressed: Education

Hostess:

Laurie Salazar

NISD's takes a look at two of the newest schools in the district - Bonnie Ellison Elementary and Dr. Joe J. Bernal Middle School- as they celebrate the first day of school.

Program: Title/Topic:

Living Well Home to Go

Anna & Kristina's Grocery Bag

Show #: Air Date: LW313/AKGB213 Tuesday, May 26, 2015

Time: Duration:

5:00am-6:00am 58:30 minutes

Style/Type: Source:

Human Interest

Issue(s) Addressed:

ION Life Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Derek Hooper, Brenda Irving, Virginie

Martocq, Thomas Hafey

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Yves Potuin, Nilmini Wijewickereme

"Living Well" is a one hour community affairs program that is dedicated to active lifestyles, wellness & helpful information that leads to a more empowered life. The featured shows in "Living Well" are "Home to Go" and "Anna & Kristina's Grocery Bag".

Description: "Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode resident renters Derek and Brenda need their oddly configured apartment to become more functional and dressed up a bit, without being able to paint and invest a lot in new furniture.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Good House Keeping's Vegetarian Meals". Chef Yves Potuin will taste their creations from the cookbook. They also test different types of produce wash and different types of goat cheese.

Program:

Living Well

Title/Topic:

Home to Go Anna & Kristina's Grocery Bag (encore)

Show #:

LW313/AKGB213

Air Date:

Thursday, May 28, 2015

Time: Duration: 5:00am-6:00am 58:30 minutes

Style/Type:

58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Derek Hooper, Brenda Irving, Virginie

Martocq, Thomas Hafey

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Yves Potuin, Nilmini Wijewickereme

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Program:

Living Well

Title/Topic:

Home to Go Anna & Kristina's Grocery Bag

Show #:

LW314/AKB214

Air Date:

Tuesday, June 2, 1015

Time: Duration:

5:00am-6:00am

Duration: Style/Type: 58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico Guests:Gallant Law, Stuart Swing

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Andrey Durbach

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Description: "Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode renter Gallant Law is waiting to be able to move into a condo. In the meantime he would like to update his current living space to have the look of a luxury hotel.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Fat" By Jennifer McLagen. Chef Andrey Durbach tastes the recipes they make from this cookbook. They also test out different types of butters and thermometers.

Program:

Living Well

Title/Topic:

Home to Go

Show #:

Anna & Kristina's Grocery Bag (encore)
LW314/AKB214

Air Date:

Thursday, June 4, 1015

Time:

5:00am-6:00am

Duration: Style/Type:

58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home To Go Host: Peter Fallico Guests: Gallant Law, Stuart Swing

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Chef Andrey Durbach

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Description: "Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks. In this episode renter Gallant Law is waiting to be able to move into a condo. In the meantime he would like to update his current living space to have the look of a luxury hotel.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals. In this episode Anna and Kristina test out the cookbook "Fat" By Jennifer McLagen. Chef Andrey Durbach tastes the recipes they make from this cookbook. They also test out different types of butters and thermometers.

Program:

Living Well

Title/Topic:

Home to Go Anna & Kristina's Grocery Bag

Show #:

LW315/AKB215

Air Date:

Tuesday, June 9, 2015

Time: Duration: 5:00am-6:00am

Duration: Style/Type: 58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home to Go Host: Peter Fallico

Guests: Jelena Mihajlovic, Jennifer Leonard, Virginie

Martocq, Ed Atkinson

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Vicky Gabereau

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easy-to-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

How do you turn a wonky attic space into a calming meditation zone for two young roommates? All kinds of tricks are pulled out, from storage ideas to padded walls and even help from the crafty tenants. With help from Virginie Martocq the creative team puts together a warm and reflective space that's ready to move anytime.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina review classic recipes from the 1975 cookbook, The Best of the Best and more. The book has been updated since to include fresher ingredients, but will recipes like "Hamburger Soup" and "Classy Chicken" be enough to impress celebrity guest judge Vicky Gabereau?

Program:

Living Well

Title/Topic:

Home to Go

Show #:

Anna & Kristina's Grocery Bag (encore)

Air Date:

LW315/AKB215

Thursday, June 11, 2015

Time: Duration: 5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests:

Home To Go Host: Peter Fallico

Guests: Jelena Mihajlovic, Jennifer Leonard, Virginie

Martocq, Ed Atkinson

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Vicky Gabereau

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easyto-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

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Anna and Kristina review classic recipes from the 1975 cookbook, The Best of the Best and more. The book has been updated since to include fresher ingredients, but will recipes like "Hamburger Soup" and "Classy Chicken" be enough to impress celebrity guest judge Vicky Gabereau?

Program: Title/Topic: Living Well Home to Go

Show #:

Anna & Kristina's Grocery Bag

LW316/AKB216

Air Date:

Tuesday, June 16, 2015

Time: Duration:

5:00am-6:00am 58:30 minutes

Style/Type:

Human Interest

Source:

ION Life

Issue(s) Addressed: Guests:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Carole Mackereth and Christina Song

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Jamie Maw and Shaun Layton

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Description:

"Home to Go" is an innovative do-it yourself design series that presents original, easyto-execute, and inexpensive décor ideas and solutions for people living in temporary spaces. Each week, Peter works with roommates, singles, and young couples to help them make over their spaces into beautiful and functional homes that can be packed up and move on when it's time to pick up sticks.

A dancer on the move wants to personalize her apartment in a more feminine style but definitely wants it portable. Learn how to create French chic style with fabric, color and simple touches. Great storage that looks good is the goal, and Peter demonstrates how to build decorative aesthetics hidden storage using bookcases.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Entertaining dinner guests can be stressful, but the Barefoot Contessa, Ina Garten believes you can still get maximum flavor without too much. Anna and Kristina take a cue and some recipes from her cookbook Back to Basics to present to food critic, Jamie Maw. The hosts also taste test some bacon, pumpkin and try out some cocktail shakers to put together a dinner party worthy of a great review.

Program:

Inside Northside Video Magazine Episode #86

Air Date:

Thursday, June 18, 2015 5:00am

Duration: Style/Type: 30:00 minutes Documentary

Source:

Northside Independent School District

Issues addressed: Education Hostess:

Laurie Salazar

NISD's takes a look at two of the newest schools in the district - Bonnie Ellison Elementary and Dr. Joe J. Bernal Middle School- as they celebrate the first day of school.

Program:

Inside Northside Video Magazine Episode #88

Air Date:

Thursday, June 18, 2015 5:30am

Duration: Style/Type: 30:00 minutes Documentary

Source: Issues addressed: Education

Northside Independent School District

Hostess:

Laurie Salazar

Sul Ross Middle School parents go to school at the same time as their children - but they are learning English; Pre-K students receive a bright beginning for school at NISD; Second graders at Aue Elementary School connect with kindergarten students as the teach them technology; The Go Public initiative to promote Bexar County public schools launches heroes for health to promote healthy eating and exercise with students; The Excel Academy for at risk students celebrates 25 years with the renaming of the school after first principal and founder; The John Jay Science and Engineering Academy promotes magnet school to 8th graders.

Program: Title/Topic: Living Well Home to Go

Anna & Kristina's Grocery Bag

Show #:

LW317/AKGB217

Air Date:

Tuesday, June 23, 2015 5:00am-6:00am

Duration: Style/Type:

58:30 minutes Human Interest

Source:

Guests:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests: Sarah Harrison, Tonya Coyle, Teresa

Macdonnell

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Sylvia Weinstock

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Description:

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Longtime friends and roommates Sarah and Tonya are living in their first apartment together with a mishmash of furniture. They want a modern contemporary look for their large two bedroom apartment without spending a lot of money. Teresa Macdonnel shows ways to use metafoil, assorted fabrics and picture frames to add a dramatic splash; as well as ways to turn trash into treasure.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina take on the challenge of making a 3 tiered wedding cake for a wedding. They test the cookbook "The Cake Bible" by Rose Levy Berenbaum. They create all the components of the wedding cake from scratch including a mousseline, fondant and marzipan roses. They also test four different types of food coloring and rolling pins. They make a visit to New York City to visit cake maker Sylvia Weinstock to learn how to make marzipan roses and who will critique their finished cake later on.

Program: Title/Topic: Living Well Home to Go

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Anna & Kristina's Grocery Bag (encore)

Show #:

LW316/AKB216

Air Date:

Thursday, June 25, 2015

Time: Duration: Style/Type: 5:00am-6:00am 58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Guests: Home to Go Host: Peter Fallico

Guests: Carole Mackereth and Christina Song

Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Jamie Maw and Shaun Layton

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Description:

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LOCAL PUBLIC AFFAIRS

Program: Title/Topic:

Living Well Home to Go

Anna & Kristina's Grocery Bag

Show #:

LW318/AKB218

Air Date:

Tuesday, June 30, 2015

Time: Duration: Style/Type: 5:00am-6:00am 58:30 minutes Human Interest

Source:

ION Life

Issue(s) Addressed:

Home Improvement, Nutrition and Fitness.

Home to Go Host: Peter Fallico

Guests:

Guests: Doug Bryce, Aurelie Hatch, Sabrina Linn Anna & Kristina's Grocery Bag Hosts: Anna Wallner &

Kristina Matisic

Guests: Nico Schuermans

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Renters Doug and Aurelie need help with creating a theme that turns mismatched into a look that is as unique as they are. Peter Falico and Sabrina Linn show creative ways to bring existing pieces together that aren't hard or expensive. Also learn how to make a kitchen island out of book shelves as well as other simple storage solutions for the kitchen.

In "Anna & Kristina's Grocery Bag" hosts Anna Wallner & Kristina Matisic put popular cookbooks to the test. In each episode, they try out and review recipes, ingredients, appliances and food preparation techniques to see if the average cook can re-create the beautifully photographed meals.

Anna and Kristina test out the book "The Flexitarian Table" by Peter Berley. A book that shows how to make dishes for meat eaters or vegetarians by creating so-called "convertible dishes", which start out with the same basic preparations and then can either contain meat or a meat alternative. They test out recipes such as "Crispy pressed chicken or tofu with garlic mint marinade" and "cauliflower polenta with crispy shallots" and need to impress Chef Nico Schuermans, a high profile chef who has worked in restaurants all over the word. They will also visit a culinary school to test out four different types of Dutch Ovens and a yoga studio to test four different brands of tofu.

