

## Quarterly Issues Programs List for the 1st Quarter of 2023

**KVPM(FM)**

Arvin, California

**January 1, 2023 – March 31, 2023**

The Following is a list of some of the significant issues responded to by the station along with the most significant programming treatment of those issues for the quarter. The listing is by no means exhaustive. The order in which issues appear does not reflect a priority or significance.

### Home Safety

Air Date: 1/01/2023

Air Time: 7:02 AM

SEGMENT 1: AGING WITH YOUR HOME: RENOVATIONS TO MAKE YOUR SPACE MORE ACCESSIBLE	DURATION
<p>Synopsis: As we age, certain aspects of our home, like stairs and loose rugs, can become major obstacles. And while renovations can seem intimidating and expensive, there are many simple changes that can make a huge difference. Extreme Makeover: Home Edition's Ty Pennington explains which projects to prioritize. Host: Reed Pence. Producer: Kristen Farrah. Guests: Amy Goyer, National Family and Caregiving expert, AARP; Ty Pennington, Home Renovation Expert</p> <p>Compliance issues covered: home safety; public safety; home renovation; mobility; disabilities; home accessibility; senior living; vulnerable populations</p> <p>Links for information: <a href="https://www.aarp.org/caregiving/">https://www.aarp.org/caregiving/</a> <a href="https://www.aarp.org/caregiving/experts/info-2019/amy-goyer.html">https://www.aarp.org/caregiving/experts/info-2019/amy-goyer.html</a> <a href="http://amygoyer.com/joomla/">http://amygoyer.com/joomla/</a> <a href="https://typennington.com/">https://typennington.com/</a> <a href="https://twitter.com/AmyGoyer?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/AmyGoyer?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.instagram.com/thetypennington/?hl=en">https://www.instagram.com/thetypennington/?hl=en</a> <a href="https://twitter.com/typennington?lang=en">https://twitter.com/typennington?lang=en</a></p>	12:21

### Culture

Air Date: 1/01/2023

Air Time: 7:44 AM

SEGMENT 2: WHO IS GEN-Z?	DURATION:
<p>Synopsis: There are more than 68 million young people in the U.S. who makeup Generation Z – that is anyone born between 1997 and 2012. Research shows that this cohort is the most racially and ethnically diverse than any other previous generation and are progressive in their mindsets. On top of this, they're extremely tech-savvy and believe that mental health is equally as important as physical health. Culture expert John Schlimm helps us understand who Gen Z and what impact they'll have on the future world. Host: Marty Peterson. Guest: John Schlimm, researcher, professor, author, <i>What Would Gen-Z Do? Everything You Don't Know About Gen-Z But Should</i>.</p> <p>Links for more info: <a href="https://www.pewresearch.org/fact-tank/2019/01/17/where-millennials-end-and-generation-z-begins/">https://www.pewresearch.org/fact-tank/2019/01/17/where-millennials-end-and-generation-z-begins/</a> <a href="https://www.barnesandnoble.com/w/what-would-gen-z-do-john-schlimm/1141059890?ean=9781641707367">https://www.barnesandnoble.com/w/what-would-gen-z-do-john-schlimm/1141059890?ean=9781641707367</a> <a href="https://fivethirtyeight.com/features/how-gen-z-could-transform-american-politics/">https://fivethirtyeight.com/features/how-gen-z-could-transform-american-politics/</a></p> <p>Compliance Issues: Culture, Technology, Psychology, Mental Health, Cultural Trends, Social Media</p>	7:56

## Alcohol Abuse

Air Date: 1/08/2023

Air Time: 7:02 AM

	<b>SEGMENT 1: DRUNKOREXIA: A POPULAR PRACTICE THAT LEADS TO MALNOURISHMENT</b>	<b>Duration:</b>	11:23
	<p>Synopsis: 'Drunkorexia' is a habit that's popular among young people where they refuse to eat before a night of drinking. Though many assume this will help keep their calorie consumption low, experts reveal why engaging in this practice can lead to weight gain and other health risks.</p> <p>Host: Reed Pence. Producer: Reed Pence. Guests: Dr. Dipali Rinker, Research Assistant Professor, University of Houston; Joy Stephenson-Laws, Founder, Proactive Health Labs; Dr. Petros Levounis, Professor and Chairman of Psychiatry, Rutgers New Jersey Medical School; William Mupo, Former Health Promotions Coordinator, University of Texas at Austin</p> <p>Compliance issues covered: excessive drinking; compulsive drinking; disordered eating; public safety; student safety; alcohol; alcoholism; healthy living; weight gain; peer pressure; vulnerable populations</p> <p>Links for information: <a href="https://www.uh.edu/class/psychology/about/people/dipali-rinker/">https://www.uh.edu/class/psychology/about/people/dipali-rinker/</a> <a href="https://www.phlabs.com/Board-Of-Directors">https://www.phlabs.com/Board-Of-Directors</a> <a href="https://www.linkedin.com/in/joy-stephenson-laws-252a6733/">https://www.linkedin.com/in/joy-stephenson-laws-252a6733/</a> <a href="https://njms-web.njms.rutgers.edu/profile/myProfile.php?mbmid=levounpe">https://njms-web.njms.rutgers.edu/profile/myProfile.php?mbmid=levounpe</a> <a href="https://www.linkedin.com/in/williammupo/">https://www.linkedin.com/in/williammupo/</a></p>		

## Criminal Justice

Air Date: 1/08/2023

Air Time: 7:42 AM

	<b>SEGMENT 2: A PATHWAY TO EXONERATION</b>	<b>Duration:</b>	8:37
	<p>Synopsis: Experts estimate that between 4-6 percent of prisoners behind bars are innocent. We explore what factors feed into these wrongful convictions and how advocates in the arena are fighting for justice.</p> <p>Host: Marty Peterson. Guests: Isaac Wright Jr., practicing attorney, author, <i>Marked for Life: One Man's Fight for Justice From the Inside</i>; Samuel Gross, Thomas and Mabel Long Professor Emeritus of Law at the University of Michigan – Ann Arbor, founder, senior editor, The National Registry of Exonerations.</p> <p>Links for more info: <a href="https://www.law.umich.edu/special/exoneration/Pages/about.aspx">https://www.law.umich.edu/special/exoneration/Pages/about.aspx</a> <a href="https://www.amazon.com/Marked-Life-Fight-Justice-Inside/dp/1250277485">https://www.amazon.com/Marked-Life-Fight-Justice-Inside/dp/1250277485</a></p> <p>Compliance Issues: Criminal Justice, Law, Forensic Science, Law Enforcement, Prisoner Advocacy</p>		

## Health

Air Date: 1/15/2023

Air Time: 7:14 AM

	<b>SEGMENT 2: WHY WE NEED TO HAVE BETTER DISCUSSIONS AROUND MALE INFERTILITY</b>	<b>Duration:</b>	8:24
	<p>Synopsis: Healthcare's hope is that Covid-19 soon becomes a seasonal sickness that we deal with using yearly vaccines. And while the public seems eager to put the pandemic in the past, many people aren't following up with the recommended booster shots. An expert discusses why we can't become too lax with our treatment of this virus.</p> <p>Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Sumita Khatri, Vice Chair, Respiratory Institute, Director of the Asthma Center, Cleveland Clinic, Chair Elect, American Lung Association</p> <p>Compliance issues covered: covid-19; omicron; vaccines; vaccine fatigue; virus; immunity; virus variants; long covid; mid covid</p> <p>Links for information: <a href="https://www.lung.org/about-us/our-leadership/sumita-khatri-md-ms">https://www.lung.org/about-us/our-leadership/sumita-khatri-md-ms</a> <a href="https://www.cdc.gov/coronavirus/2019-ncov/variants/index.html">https://www.cdc.gov/coronavirus/2019-ncov/variants/index.html</a> <a href="https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html">https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html</a></p>		

## Mental Health

Air Date: 1/15/2023

Air Time: 7:32 AM

	<b>SEGMENT 1: HOW TO BETTER DEAL WITH STRESS THIS YEAR</b>	<b>Duration:</b>	<b>11:12</b>
	<p>Synopsis: A new year bring new stressors. We speak with University of California – San Francisco professor and health psychologist Dr. Elissa Epel about how listeners can better manage their stress this year by employing certain lifestyle habits.</p> <p>Host: Gary Price. Guest: Dr. Elissa Epel, health psychologist, professor, vice chair, Department of Psychiatry and Behavioral Sciences, University of California – San Francisco, author, <i>The Stress Prescription: Seven Days to More Joy and Ease</i>.</p> <p>Links for more info: <a href="https://www.elissaepel.com/">https://www.elissaepel.com/</a>  <a href="https://profiles.ucsf.edu/elissa.epel">https://profiles.ucsf.edu/elissa.epel</a>  <a href="https://www.amazon.com/Stress-Prescription-Seven-Days-More/dp/014313664X">https://www.amazon.com/Stress-Prescription-Seven-Days-More/dp/014313664X</a></p> <p>Compliance Issues: Mental Health, Stress Management, Psychology, Lifestyle, Health, Literature</p>		

## Healthcare

Air Date: 1/22/2023

Air Time: 7:02 AM

	<b>SEGMENT 1: MORE AND MORE MOTHERS ARE DYING EACH YEAR – WHY CAN'T WE STOP IT?</b>	<b>DURATION:</b>	<b>11:34</b>
	<p>Synopsis: America is one of the only developed nations with a rising maternal mortality rate, according to the CDC. Even with cutting edge technology and advancements in women's health, mothers are still losing their lives. Dr. Lindsay Admon joins us this week to explain the factors feeding into this crisis and offers potential solutions that could save more women. Nicky Dawkins, a professional doula, also chimes in with the benefits of bringing in extra advocates.</p> <p>Host: Reed Pence. Producer: Kristen Farrah. Guests: Nicky Dawkins, Full Circle Holistic Reproductive Health Doula; Dr. Lindsay Admon, Assistant Professor of Obstetrics and Gynecology, University of Michigan Medical School</p> <p>Compliance issues covered: pregnancy; maternal mortality; vulnerable populations; gender issues; racial inequity; consumerism; doula; mental health; hospitalizations; children at risk</p> <p>Links for information: <a href="https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2794791">https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2794791</a>  <a href="https://www.nber.org/system/files/working_papers/w30693/w30693.pdf">https://www.nber.org/system/files/working_papers/w30693/w30693.pdf</a>  <a href="https://www.instagram.com/thankyounicky/?hl=en">https://www.instagram.com/thankyounicky/?hl=en</a> <a href="https://www.werkitmoms.com/">https://www.werkitmoms.com/</a>  <a href="https://ihpi.umich.edu/our-experts/lindskb">https://ihpi.umich.edu/our-experts/lindskb</a> <a href="https://twitter.com/lindsayadmon">https://twitter.com/lindsayadmon</a></p>		

## History

1/22/2023

Air Time: 7:42 AM

	<b>SEGMENT 2: HOW DID PAST CIVILIZATIONS KEEP TIME?</b>	<b>Duration:</b>	<b>9:16</b>
	<p>Synopsis: From sundials to mechanical clocks to atomic clocks, humans – throughout the centuries – have kept track of time using many different methods. Physics and astronomy professor Chad Orzel joins us this week to highlight just how much we rely on accurate clocks and how timekeeping technology has evolved across human history.</p> <p>Host: Marty Peterson. Guest: Chad Orzel, associate professor, physics, astronomy, Union College.</p> <p>Links for more info: <a href="https://www.union.edu/physics-and-astronomy/faculty-staff/chad-orzel">https://www.union.edu/physics-and-astronomy/faculty-staff/chad-orzel</a>  <a href="https://twitter.com/orzelc?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/orzelc?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a></p> <p>Compliance Issues: History, Timekeeping, Innovation, Invention, Culture, Archaeology, Engineering</p>		

## Child Development

Air Date: 1/29/2023

Air Time: 7:02 AM

	<b>SEGMENT 1: DOES YOUR CHILD KNOW HOW TO LEARN?</b>	<b>Duration:</b>	11:48
	<p>Synopsis: America's education system has long been focused on teaching -- but does this strategy benefit students? This week's show features education experts who say students need to be taught <i>how</i> to learn before they can be successful in the classroom.</p> <p>Host: Reed Pence. Producer: Kristen Farrah. Guests: Betsy Hill, President, BrainWare Learning Company, Author; Dr. Stephen Kosslyn, Founder and President, Active Learning Sciences, Professor Emeritus of Psychology, Harvard University</p> <p>Compliance issues covered: cognitive skills, education; public policy; teaching; psychology; student learning; active learning; academic performance; consumerism; education system</p> <p>Links for information: <a href="https://www.linkedin.com/in/betsyhill/">https://www.linkedin.com/in/betsyhill/</a> <a href="https://www.amazon.com/Your-Child-Learns-Differently-What-ebook/dp/B0BN2MQBC1">https://www.amazon.com/Your-Child-Learns-Differently-What-ebook/dp/B0BN2MQBC1</a> <a href="https://mybrainware.com/about-brainware/">https://mybrainware.com/about-brainware/</a> <a href="https://psychology.fas.harvard.edu/people/stephen-m-kosslyn">https://psychology.fas.harvard.edu/people/stephen-m-kosslyn</a> <a href="https://www.linkedin.com/in/stephen-m-kosslyn-12837a1/">https://www.linkedin.com/in/stephen-m-kosslyn-12837a1/</a> <a href="https://www.activelearningsciences.com/">https://www.activelearningsciences.com/</a></p>		

## Education

Air Date: 1/29/2023

7:42 AM

	<b>SEGMENT 2: HOW ORDINARY PEOPLE BECAME AMERICA'S FIRST PARAMEDICS</b>	<b>Duration:</b>	11:37
	<p>Synopsis: Books have been taken off shelves since the colonial period, but, in recent years, more books than ever have been deemed unsuitable for young readers. We discuss the controversy by highlighting two differing perspectives on the debate.</p> <p>Host: Marty Peterson. Guests: Jonathon Friedman, director, free expression &amp; education programs, Pen America; Tia Bess, volunteer, Moms for Liberty.</p> <p>Links for more info: <a href="https://pen.org/user/jonathan-friedman/">https://pen.org/user/jonathan-friedman/</a> <a href="https://twitter.com/jonfreedom?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/jonfreedom?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.ala.org/advocacy/bbooks">https://www.ala.org/advocacy/bbooks</a> <a href="https://www.cbsnews.com/pictures/the-50-most-banned-books-in-america/">https://www.cbsnews.com/pictures/the-50-most-banned-books-in-america/</a> <a href="https://www.momsforliberty.org/">https://www.momsforliberty.org/</a></p> <p>Compliance Issues Covered: Education, Public Policy, Government, Free Expression, Literature</p>		

## Genetics

Air Date: 2/05/2023

Air Time: 7:02 AM

1:48	<b>SEGMENT 1: GENETIC GENEALOGY: IDENTIFYING BOTH THE GUILTY AND INNOCENT</b>	<b>Duration:</b>	12:18
	<p>Synopsis: Move over, fingerprints, there's a new crime-fighting technology in town. Genetic Genealogy only needs to match with one percent of DNA to find a distant relative of an unknown suspect. Experts explain how this technology is helping police track down the guilty – and why your genetic privacy is still safe.</p> <p>Host: Reed Pence. Producer: Kristen Farrah. Guests: Edward Humes, Author, Journalist; CeCe Moore, Chief Genetic Genealogist, Parabon NanoLabs,</p> <p>Compliance issues covered: genetics; genetic genealogy; privacy; federal regulation; public safety; law enforcement; crime; murder; ancestry; DNA; consumerism</p> <p>Links for information: <a href="https://parabon-nanolabs.com/about.html">https://parabon-nanolabs.com/about.html</a> <a href="https://www.cecemoore.com/">https://www.cecemoore.com/</a> <a href="https://twitter.com/cecemoore?lang=en">https://twitter.com/cecemoore?lang=en</a> <a href="https://thednadetectives.com/about-the-company/">https://thednadetectives.com/about-the-company/</a> <a href="http://www.edwardhumes.com/">http://www.edwardhumes.com/</a> <a href="https://www.penguinrandomhouse.com/books/622592/the-forever-witness-by-edward-humes/">https://www.penguinrandomhouse.com/books/622592/the-forever-witness-by-edward-humes/</a> <a href="https://www.instagram.com/edward_humes/">https://www.instagram.com/edward_humes/</a> <a href="https://twitter.com/edwardhumes">https://twitter.com/edwardhumes</a></p>		

## Economics

Air Date: 2/5/2023

Air Time: 7:31 AM

	<b>SEGMENT 1: THE MANY CAUSES OF SUPPLY CHAIN &amp; INFLATION WOES</b>	<b>Duration:</b>	7:22
	<p>Synopsis: Economic uncertainty is on the minds of millions of Americans. Part of this uncertainty stems from continuing inflation and instability plaguing global markets. We speak with longtime economist and banker, James Rickards about the factors feeding into these rising costs and supply chain woes.</p> <p>Host: Gary Price. Guest: James Rickards, economist, former Wall Street banker, author, <i>Sold Out</i>.</p> <p>Links for more info: <a href="https://www.amazon.com/Sold-Out-Inflation-Political-Instability-ebook/dp/B09X3ZNFRR?ref_ast_author_dp">https://www.amazon.com/Sold-Out-Inflation-Political-Instability-ebook/dp/B09X3ZNFRR?ref_ast_author_dp</a>  <a href="https://twitter.com/JamesGRickards?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/JamesGRickards?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a></p> <p>Compliance Issues: U.S. Economy, Global Trade, Supply Chain Management, Inflation, Personal Finance</p>		

## Healthcare

Air Date: 2/12/2023

Air Time: 7:02 AM

	<b>SEGMENT 1: HOW DOCTORS CAN TRANSPLANT ORGANS WITHOUT A DONOR MATCH</b>	<b>Duration:</b>	11:01
	<p>Synopsis: Colette Hurd needed two new lungs and a kidney after being diagnosed with pulmonary arterial hypertension. Unfortunately, her high antibody count made it nearly impossible to find a donor match. This week, we discuss how creative thinking and plasma exchange technology helped save Colette's life.</p> <p>Host: Reed Pence. Producer: Kristen Farrah. Guests: Colette Hurd, Organ Transplant Patient; Dennis Hurd, Organ Donor Advocate; Lori Harada, Senior Manager, Technical Excellence Team, Terumo Blood and Cell Technologies</p> <p>Compliance issues covered: cardiology; organ donors; antibodies; high blood pressure; surgery; lung disease; kidney disease; hospital staff; consumerism; vulnerable populations; apheresis</p> <p>Links for information: <a href="https://www.linkedin.com/in/lori-harada-6221a815/">https://www.linkedin.com/in/lori-harada-6221a815/</a>, <a href="https://www.apheresis.org/">https://www.apheresis.org/</a>, <a href="https://www.organdonor.gov/">https://www.organdonor.gov/</a>, <a href="https://news.nm.org/chicago-woman-opens-the-door-for-other-transplant-patients-after-receiving-the-first-positive-crossmatch-lung-and-kidney-transplant-at-northwestern-medicine/">https://news.nm.org/chicago-woman-opens-the-door-for-other-transplant-patients-after-receiving-the-first-positive-crossmatch-lung-and-kidney-transplant-at-northwestern-medicine/</a></p>		

## Travel

Air Date: 2/12/2023

Air Time: 7:33 AM

	<b>SEGMENT 2: A DISTINGUISHING FRAMEWORK</b>	<b>DURATION:</b>	9:11
	<p>Synopsis: Last month, the Federal Aviation Administration grounded all departing flights across the U.S., leading to thousands of delayed flights and major headaches for travelers. In short, this outage was caused by a widespread system failure of the air traffic control system. Without it, pilots are essentially flying dark with no news of ground conditions, weather updates, etc. In the days and weeks following, this incident has raised many questions about the aging software and systems that we heavily rely upon. We speak with two aviation experts about this recent fiasco and what it means for all technology-reliant industries.</p> <p>Host: Marty Peterson. Guests: Laurie Garrow, professor, co-director of the Center for Urban and Regional Air Mobility at the Georgia Institute of Technology; Michael McCormick, assistant professor, air traffic management, Embry-Riddle Aeronautical University.</p> <p>Links for more info: <a href="https://www.faa.gov/newsroom/faa-notam-statement">https://www.faa.gov/newsroom/faa-notam-statement</a>  <a href="https://www.reuters.com/technology/us-faa-adopts-new-safeguards-after-computer-outage-halted-flights-2023-01-30/">https://www.reuters.com/technology/us-faa-adopts-new-safeguards-after-computer-outage-halted-flights-2023-01-30/</a>  <a href="https://www.usatoday.com/story/travel/news/2023/02/03/southwest-airlines-coo-testify-before-senate-commerce-committee/11178430002/">https://www.usatoday.com/story/travel/news/2023/02/03/southwest-airlines-coo-testify-before-senate-commerce-committee/11178430002/</a></p> <p>Compliance Issues: Travel, Information Technology, Industry Regulation, Government, Software Engineering, Consumer Protection</p>		

## Drugs

Air Date: 2/19/2023

Air Time: 7:14 AM

<b>SEGMENT 2: FINDING PAIN MANAGEMENT STRATEGIES THAT DON'T INVOLVE OPIOIDS</b>	<b>DURATION:</b>	8:25
<p>Synopsis: We have coaches for nearly every aspect of our lives, so why not have one to help patients work through their health crises? Life Care Coaches are being integrated into hospitals to help patients safely use prescription opioids and even offer pain management strategies that don't involve drugs. Experts explain how this new position is helping decrease rates of addiction and opioid overdoses.</p> <p>Host: Nancy Benson. Producer: Kristen Farrah. Guests: Cammie Wolf Rice, Author, <i>The Flight</i>, Founder, Christopher Wolf Crusade; Dr. Mara Schenker, Chief of Orthopedics, Grady Memorial Hospital</p> <p>Compliance issues covered: opioids; drug abuse; pain management; addiction; drug overdose; pain medication; vulnerable populations; consumerism</p> <p>Links for information: <a href="https://www.gradyhealth.org/doctors/mara-schenker/">https://www.gradyhealth.org/doctors/mara-schenker/</a> <a href="https://cammiewolfrice.com/the-author/">https://cammiewolfrice.com/the-author/</a> <a href="https://twitter.com/maraschenker?lang=en">https://twitter.com/maraschenker?lang=en</a> <a href="https://www.instagram.com/cammierice/?hl=en">https://www.instagram.com/cammierice/?hl=en</a> <a href="https://www.instagram.com/christopherwolfcrusade/?hl=en">https://www.instagram.com/christopherwolfcrusade/?hl=en</a></p>		

## Personal Finance

Air Date: 2/26/2023

Air Time: 7:32 AM

<b>SEGMENT 1: LOOKING UP: THE PATH TO FINANCIAL WEALTH</b>	<b>Duration:</b>	8:12
<p>Synopsis: For Scarlett Cochran, money management wasn't a topic of conversation growing up. Her parents never went to college and money was always a touchy subject for her family. It wasn't until she was in her early twenties and struggling with money that she realized the importance of budgeting and accruing savings. We sit down and speak with Cochran to learn about her inspiring journey and path to financial wealth.</p> <p>Host: Gary Price. Guest: Scarlett Cochran, attorney, financial expert, author, <i>It's Not About the Money: A Proven Path to Building Wealth and Living the Rich Life You Deserve</i>.</p> <p>Links for more info: <a href="https://www.penguinrandomhouse.com/books/692667/its-not-about-the-money-by-scarlett-cochran-id/">https://www.penguinrandomhouse.com/books/692667/its-not-about-the-money-by-scarlett-cochran-id/</a> <a href="https://www.instagram.com/onebighappyife/?hl=en">https://www.instagram.com/onebighappyife/?hl=en</a></p> <p>Compliance Issues: Personal Finance, Parenthood, Personal Development, Personal Wealth, Poverty</p>		

## Healthcare

Air Date: 3/05/2023

Air Time: 7:14 AM

<b>SEGMENT 2: MEDICAL MALPRACTICE: I'M PRIVY TO INFORMATION THAT WOULD SHOCK PEOPLE</b>	<b>Duration:</b>	8:52
<p>Synopsis: All hospitals in the US operate under a standard of care that changes based on the clinic's size and abilities. But what happens when that care isn't upheld? Dr. Stanley Berry takes us through instances of medical malpractice and his experience dealing with negligent physicians.</p> <p>Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Stanley Berry, Professor of Obstetrics and Gynecology, Wayne State University</p> <p>Compliance issues covered: medical malpractice; patient safety; standard of care; misdiagnosis; surgical errors; birth injuries; full disclosure; safety techniques</p> <p>Links for information: <a href="https://stanleymberry.com/">https://stanleymberry.com/</a> <a href="https://obgyn.med.wayne.edu/profile/ad5156">https://obgyn.med.wayne.edu/profile/ad5156</a></p>		

## Gambling

Air Date: 3/5/2023

Air Time: 7:42 AM

	<b>ONLINE SPORTS BETTING: A LUCRATIVE NEW INDUSTRY OR A GATEWAY TO GAMBLING ADDICTION?</b>	<b>Duration:</b>	9:11
	<p>Synopsis: Online sports betting is a multi-billion-dollar industry and is only increasing in size year over year. We cover this burgeoning sector, the lack of overhead regulation in the U.S. and the risks this pervasive form of gambling has on a younger population.</p> <p>Host: Marty Peterson. Guests: Dr. Lia Nower, professor, School of Social Work, Rutgers University, director, Center for Gambling Studies, Rutgers University; Dr. Timothy Fong, clinical professor, psychiatry, University of California-Los Angeles, co-director, UCLA Gambling Studies Program.</p> <p>Links for more info: <a href="https://www.mayoclinic.org/diseases-conditions/compulsive-gambling/symptoms-causes/syc-20355178">https://www.mayoclinic.org/diseases-conditions/compulsive-gambling/symptoms-causes/syc-20355178</a> <a href="https://www.gamtalk.org/">https://www.gamtalk.org/</a> <a href="https://www.ncpgambling.org/help-treatment/national-helpline-1-800-522-4700/">https://www.ncpgambling.org/help-treatment/national-helpline-1-800-522-4700/</a> <a href="https://www.ncpgambling.org/wp-content/uploads/2020/01/Sports-gambling_NCPGLitRvwExecSummary.pdf">https://www.ncpgambling.org/wp-content/uploads/2020/01/Sports-gambling_NCPGLitRvwExecSummary.pdf</a></p> <p>Compliance Issues: Gambling Addiction, Mental Health, Psychology, Technology, Public Health, Entertainment Regulation, Youth Development, Parenting, Social Media</p>		

## Health

Air Date: 3/12/2023

Air Time: 7:14 AM

	<b>SEGMENT 2: IS YOUR DIET SLOWLY KILLING YOU?</b>	<b>Duration:</b>	9:07
	<p>Synopsis: Ultra-processed foods first appeared in the 1950s and have since taken over much of what's on our plates today. This diet leaves us lacking in several essential nutrients we need to function. Experts discuss how you can supplement your diet – with less pills and more natural ingredients – to get your health back on track.</p> <p>Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Filippa Juul, Post-Doctoral Fellow, New York University; Dr. Chris Damman, Associate Professor of Gastroenterology and Medicine, University of Washington, Chief Medical and Science Officer, Supergut</p> <p>Compliance issues covered: gut health; probiotics; prebiotics; microbiome; ultra-processed food; health; public health; diet; supplements; federal regulations</p> <p>Links for information: <a href="https://publichealth.nyu.edu/programs/doctorate-philosophy-public-health-phd/meet-our-doctoral-students/doctoral-alumni#juul">https://publichealth.nyu.edu/programs/doctorate-philosophy-public-health-phd/meet-our-doctoral-students/doctoral-alumni#juul</a> <a href="https://academic.oup.com/ajcn/article/115/1/211/6396017">https://academic.oup.com/ajcn/article/115/1/211/6396017</a> <a href="https://gastro.uw.edu/faculty/christopher-j-damman-md-ma">https://gastro.uw.edu/faculty/christopher-j-damman-md-ma</a> <a href="https://gutbites.org/">https://gutbites.org/</a> <a href="https://twitter.com/GutbitesMD?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/GutbitesMD?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a></p>		

## Animal Health

Air Date: 3/12/2023

Air Time: 7:42 AM

	<b>SEGMENT 2: ANIMAL CONTROL AND RESCUE</b>	<b>Duration:</b>	9:31
	<p>Synopsis: More than six million companion animals enter U.S. shelters each year, and a little over four million are adopted. Sadly, shelters still rely on euthanizing when facilities are overcrowded, and an animal has been there for a while. Author Laurie Zaleski has made it her life's work to rescue hundreds of these unwanted pets and care for them on her farm. We speak with Zaleski as well Dr. Joshua Fisher, an animal expert, about the importance of caring for these animals and heading to shelters to adopt instead of a pet store or breeder.</p> <p>Host: Marty Peterson. Guests: Laurie Zaleski, author, <i>Funny Farm: My Unexpected Life with 600 Rescue Animals</i>; Dr. Joshua Fisher, Director of Animal Services, Charlotte, Mecklenburg County, North Carolina.</p> <p>Links for more info: <a href="https://funnyfarmrescue.org/our-story/">https://funnyfarmrescue.org/our-story/</a> <a href="https://www.asPCA.org/banned-from-love/how-avoid-cruelty">https://www.asPCA.org/banned-from-love/how-avoid-cruelty</a> <a href="https://www.amazon.com/Funny-Farm-Unexpected-Rescue-Animals/dp/1250272831">https://www.amazon.com/Funny-Farm-Unexpected-Rescue-Animals/dp/1250272831</a></p> <p>Compliance Issues: Animal Welfare, Pet Adoption, Pet Ownership, Companionship, Veterinary Care, Conscious Gifting</p>		

## Covid-19

Air Date: 3/19/2023

Air Time: 7:14 AM

	<b>SEGMENT 2: NEW TEST CAN DETECT BOTH COVID-19 AND THE FLU</b>	<b>DURATION:</b>	8:24
	<p>Synopsis: The FDA has granted emergency use authorization to Lucira Health's combined Covid-19 and flu at-home testing kit. In just thirty minutes it can detect whether you're positive or negative for Covid, influenza A, and influenza B. Dr. Emily Volk explains the EUA status and how to properly use this new test.</p> <p>Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Emily Volk, President, College of American Pathologists</p> <p>Compliance issues covered: covid-19; influenza; vaccine; home testing; false negatives; false positives; consumerism; public health; public health reporting; emergency use authorization</p> <p>Links for information: <a href="https://shop.lucirahealth.com/">https://shop.lucirahealth.com/</a> <a href="https://www.fda.gov/news-events/press-announcements/fda-authorizes-first-over-counter-home-test-detect-both-influenza-and-covid-19-viruses">https://www.fda.gov/news-events/press-announcements/fda-authorizes-first-over-counter-home-test-detect-both-influenza-and-covid-19-viruses</a> <a href="https://emilyvolkmd.net/">https://emilyvolkmd.net/</a></p>		

## Nutrition

Air Date: 3/19/2023

Air Time: 7:32 AM

	<b>SEGMENT 1: FOOD'S CONNECTION TO OUR MENTAL HEALTH</b>	<b>Duration:</b>	10:47
	<p>Synopsis: You're probably familiar with the saying: 'You are what you eat.' It's no secret that the foods we consume directly correlate to how we feel, look and more. But there's more to food than just providing us with energy and nourishment. A lack of certain nutrients can exacerbate depression, anxiety, and other mental health disorders. We speak with food expert and author, Mary Beth Albright about food's intimate connection to how we feel.</p> <p>Host: Gary Price. Guest: Mary Beth Albright, food systems &amp; policy expert, food correspondent, <i>The Washington Post</i>, author, <i>Eat &amp; Flourish: How Food Supports Emotional Well-Being</i>.</p> <p>Links for more info: <a href="https://www.washingtonpost.com/people/mary-beth-albright/">https://www.washingtonpost.com/people/mary-beth-albright/</a> <a href="https://twitter.com/MaryBeth?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/MaryBeth?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.norton.com/books/9781682686904">https://www.norton.com/books/9781682686904</a></p> <p>Compliance Issues: Nutrition, Diet, Health, Mental Health, Food Systems, Food Policy, Culture, Education</p>		

## Scientific Research

Air Date: 3/26/2023

Air Time: 7:02 AM

	<b>SEGMENT 1: RESEARCH MISCONDUCT: THE GROWING ISSUE OF DATA INTEGRITY IN SCIENCE</b>	<b>Duration:</b>	11:15
	<p>Synopsis: Thousands of Alzheimer's research papers have cited a 2006 study as a basis for their work. Unfortunately, that paper is now under investigation for research misconduct. Dr. Matthew Schrag, the whistleblower of the alleged falsified paper, explains the issue and what it means for future research.</p> <p>Host: Elizabeth Westfield. Producer: Kristen Farrah. Guests: Dr. Matthew Schrag, Assistant Professor of Neurology, Vanderbilt University</p> <p>Compliance issues covered: Alzheimer's disease; scientific research; data integrity; consumerism; photoshop; research misconduct; NIH; patient safety</p> <p>Links for information: <a href="https://www.vumc.org/vmac/person/matthew-s-schrag-md-phd">https://www.vumc.org/vmac/person/matthew-s-schrag-md-phd</a> <a href="https://twitter.com/schrag_matthew">https://twitter.com/schrag_matthew</a> <a href="https://schraglab.com/">https://schraglab.com/</a></p>		



## Government

Air Date: 3/26/2023

Air Time: 7:44 AM

11:29	<b>SEGMENT 2: A WITHHOLDING OF PUBLIC INFORMATION</b>	<b>DURATION:</b>	10:18
	<p>Synopsis: Did you know that our federal government classifies more than 50 million pieces of documents each year? Why are so many documents marked as classified? And why is there such a long lag time for them to be unsealed? We uncover this outdated process and focus on one new method that's aiming to make this process more efficient and speedier.</p> <p>Host: Marty Peterson. Guest: Matthew Connelly, professor, International and Global History, Columbia University, principal investigator, History Lab, author, <i>The Declassification Engine: What History Reveals About America's Top Secrets</i>.</p> <p>Links for more info: <a href="https://history.columbia.edu/person/connelly-matthew/">https://history.columbia.edu/person/connelly-matthew/</a> <a href="https://twitter.com/mattspast?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/mattspast?ref_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a> <a href="https://www.amazon.com/Declassification-Engine-History-Reveals-Americas/dp/1101871571">https://www.amazon.com/Declassification-Engine-History-Reveals-Americas/dp/1101871571</a></p> <p>Compliance Issues: Government, National Security, Technology, Artificial Intelligence, Democracy</p>		