

Sept. 9

Community Focus on Suicide Awareness and Prevention

15 minutes

We spoke with a local representative from Walk A Mile In My Shoes, a suicide prevention and awareness group here in Elmira. She told us about the work that they do and the many many different services they provide in the area to help and educate both those at risk of suicide and those who are wrestling with the guilt of having lost a loved one. She gave us a lot of good advice on how to spot a potential victim and how to handle a situation with a loved one who may be contemplating suicide and has come to you for possible help.

Sept. 16

Community Focus on Eating Right

15 minutes

We talked with a representative from Eat Smart NY, a state and county initiative to help us learn how to eat better. The Eat Smart group has many easy and tasty recipes...and in fact was sampling one of them, a dipping sauce for apples made from pumpkin pie filling (it was delicious). She suggested that we try to be more cognizant of what we eat....filling our plates with at least ½ being from the fruit and vegetable groups....the goal (though she admits not always attainable) 5 servings of fruits and vegetables a day. We also spoke to a local SNAP representative who was providing to people vouchers to specifically purchase fresh produce at local participating farmers' markets. She explained the program which works along with Eat Smart NY to help the community become healthier.

Sept 23

Community Focus on the Present and Future of Downtown as an Economic Unit

15 minutes

We spoke with Rich Lavere, a local businessman who just renewed his lease to keep his business in the downtown area, after weighing options of moving it to another venue. He told us why he feels so much optimism about the downtown revitalization and his reasons for feeling that downtown Elmira remains a vital and growing economy. He reminded us about the things currently going on to support his optimism....the revitalized and now full former Federal Building, the new construction on Water Street, the new ultra modern apartments in the Werdenberg Building, the walking bridge on Lake Street, the new medical school going in by Arnot.....

Sept 30

Community Focus on Jobs in the Twin Tiers

15 minutes

We spoke with a representative from Wayfair in Big Flats presently hiring a large cadre of people from the local area. She spoke of the work available, the conditions and hours and about the business itself. Wayfair was started by 2 college roommates from neighboring Cornell University, a business that has grown and

prospered both nationally and internationally. A shining example of the current prosperous job market here in the Twin Tiers.

October 7, 2018

Community Focus on Model Trains

15 minutes

We spoke with a representative of the Twin Tiers N Track Train Club. A very busy group of what he called "older gentlemen". He told us of the many things that they do, about the hobby itself, about the exciting history of trains and how in many places trains are having a rebirth. He also showed us the ways that new technology and computer chips are revolutionizing the model train hobby.

October 14

Community Focus on Pickleball

15 minutes

We spoke with the brand new management of Joycrest on the hot new craze of Pickleball.....a combination of tennis and racketball and badminton of sorts, pickleball courts are going up all over the area, the most recent at Pirozzolo Park in West Elmira. The sport is as strenuous and competitive as you wish to make it....great for older folks or those who love sport, but whose bodies need something a little less punishing. Joycrest offers classes for all levels throughout the week and a chance to pair up with others if you so wish during their matches, also offered throughout the mid week.

October 21

Community Focus on Vacations and Cruises

15 minutes

Want to get away from the humdrum, the weather or just get away? We spoke to Ray Ross on his latest vacation. He gave lots of tips on booking cruises, getting special "deals" and how to make your cruise a great non-stressful time. He also reminded us that like Dorothy in the Wizard Oz....just a click of your heels (or your phone) and in a matter of hours your world can change at least temporarily in a wonderful and memorable way....

Oct. 28

Community Focus - Women Build

15 minutes

We spoke to Sylvie Frost from the area Habitat For Humanity regarding a very important local women build In fact this time TWO builds. She asked to speak to us to help get helpers out to work on these very different properties. One in the later stages of completion the other a new acquisition that needs a whole lot of prep work and cleaning before work can be begun. As you can imagine here as winter is approaching.....the need for help is very important right now, since so many things can't be done as weather approaches.....or has seemed to approach a little early this year.

November 4

Community Focus on Hunting

15 minutes

We visited the hunting pro at Hesselsons to talk about the upcoming deer hunting season. He gave us lots of tips on where and when to go and what to look for. He also told us all the legalities of getting a license and staying within the law during your hunting adventures. The biggest growing segment of deer hunting is still the market to women who now make up almost half of the hunters in NYS. He also gave us some tips for hunting in Pennsylvania and reminded us of how large a tourism draw the white tail deer season is to us in the Northern and Southern Tiers.

November 11

Community Focus - Wreaths Across America

15 minutes

We spoke to 2 very dedicated people driving the local effort for Wreaths Across America. They go to several local events and organizations talking about the work that is done here in Chemung County for the effort that places wreaths in the National Cemetery at Woodlawn on Davis Street. Their goal is to have a wreath on each of the graves there....they currently have over 1,000 wreaths ordered and are hoping for more by the end of the period this Thursday. They also asked anyone able to join them in helping to place the wreaths at the ceremony on December 15th. It's a very moving experience to honor these men and women who fought for our country.

November 18

Community Focus - Stempfle Star

15 minutes

The story of the star is the story of community effort and understanding that led a man to want to give back to the community that gave him a "new lease on life". But this year is extremely special for this special holiday landmark. As time has gone on trees have grown and partially blocked parts of the star making it harder to see. However community support led by the Southport Kiwanis has enabled the purchase and installation of LED lights on the star this year. And what an amazing difference it has made. It's safe to say the star can now be seen from much farther away from every direction. Check it out...it's fantastic. What a wonderful way to honor the memory of a man that gave so much to the community that helped him out when he needed it the most.

Nov. 25

Community Focus

15 minutes

Today we spoke to a couple of area retailers in regard to the biggest shopping weekend of the year. Black Friday, yesterday's Small Business Saturday, and tomorrow's Cyber Monday. We talked about the importance of shopping locally and considering local business first before spending your money. Not only the

exponential positive effects on the community a dollar spent locally makes, but also the support of our friends and neighbors. Today's message—Shop Small.

Dec. 2

Community Focus – Arctic League

15 minutes

Later this morning the annual Arctic League broadcast will be held at Clemens Center, and broadcast on Tower Broadcasting stations. Our friend Dave Siskin a League board member talked to us about the history of the charity, the many years he has been involved in several ways and how you can get involved, especially with the delivering of the gifts on Christmas. Mr. Siskin also wanted to stress that ALL of the funds donated go to the kids....none of it goes to any office expenses which are borne by the board members. He also told us how you can submit the names of any children you might know that need the Arctic League's services on the holiday.

December 9

Community Focus – Hanukkah

15 minutes

As Hanukkah 2018 comes to an end, we discuss with Dave Siskin the colorful history and meanings behind the holiday that is surprisingly a minor holiday in the Jewish calendar. He explained the customs and food, the 8 days of "gifts" and how those of the Jewish faith view our Christmas holiday.....and more importantly how in America the 2 holidays have come together and often blended. We also gave a shout out to the Elmira Downtown Development, Wisner Park and the local Congregation Kol Ami coming together to put up the beautiful very large Mennorah in the park....a great community addition.

December 16

Community Focus – Viet Nam Veterans Museum

15 minutes

Yesterday the members of the Viet Nam Museum, most veterans themselves, got together to join the effort in placing wreaths on the graves at the National Cemetery literally across the street from the museum. Denny Wolfe explained all the things that the Viet Nam veterans are now doing in leading veteran efforts now that the WW2 guys are dwindling in numbers. He talked about the efforts to help other veterans in dealing with the VA, with post service distress and with the very important service of just talking and listening. He also invited our audiences to visit the museum and see the many fine exhibits that are available, as well as the members that are on duty to answer any questions.

December 23

Community Focus – Holiday Edition

15 minutes

During today's broadcast we replayed the locally famous Golden Age of Radio holiday program featuring local legend Carl Proper and our own Dave Siskin doing Lady Huntington and the 12 Days of Christmas. This was followed by 2 other

legendary local performers Dominic and Tony Sgro doing "Let There Be Peace" on their harmonicas.....this with a very special personal introduction by Dom himself, telling us what this musical piece means to them.

December 30

Community Focus - Genealogy

15 minutes

A whole lot of people got those on sale 24 and Me kits to send in and learn about their genealogy. We revisited part of a segment previously recorded with Ray Ross on how he has spent many many many hours researching his family's genealogy. How to do it with or without the many kinds of DNA kits you can get and how to use the information you get. He also made many suggestions on places to go to further your research. After that we talked to a woman that had just gotten back her results and how it did and did not change the way she felt about her DNA.